

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Kumari - Steel

DATE: 23/3/24

AGE : 33yrs

SEX: Male / Female

NMU: NMU000 48870

DOCTOR'S NAME:
Health - Package

TEMP :	<u>98F</u>	° f	BP :	<u>114/70</u>	mmHg
PULSE :	<u>66</u>	b/m	HEIGHT :	<u>172.5</u>	cm
RR :	<u>18</u>	b/m	WEIGHT :	<u>77.2</u>	kg
SPO2 :	<u>98</u> %	<u>RA</u>	HGT:	<u>-</u>	

REMARK:



DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. KUMAR ATUL	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:06 am	Report Date : 23-Mar-24 05:39 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
CUE (COMPLETE URINE EXAMINATION)				
<u>PHYSICAL EXAMINATION</u>				
VOLUME	Urine	10 ML		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		CLEAR	CLEAR	
DEPOSIT		ABSENT	ABSENT	
<u>CHEMICAL EXAMINATION</u>				
SPECIFIC GRAVITY	Urine	1.005	1.000 - 1.030	Dipstick
PH		6.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BLOOD		NEGATIVE	NEGATIVE	Dipstick/Microscopy
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulphur powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		NEGATIVE	NEGATIVE	
<u>MICROSCOPIC EXAMINATION</u>				
PUS CELLS	Urine	0-1	0 - 5 /hpf	MICROSCOPIC EXAMINATION
RBC		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
EPITHELIAL CELLS		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
CRYSTALS		NIL	NIL	MICROSCOPIC EXAMINATION
CASTS		NIL	NIL	MICROSCOPIC EXAMINATION
BACTERIA		ABSENT		MICROSCOPIC EXAMINATION
YEAST		ABSENT		MICROSCOPIC EXAMINATION
AMORPHOUS DEPOSITS		ABSENT		MICROSCOPIC EXAMINATION
MUCUS THREAD		ABSENT		MICROSCOPIC EXAMINATION
NOTE		Microscopic examination of urine is carried out on centrifuged urinary sediment.		





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

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Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:06 am	Report Date : 23-Mar-24 05:39 pm

Parameters **Specimen** **Result** **Biological Reference In Method**

*** End Of Report ***





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. KUMAR ATUL	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:06 am	Report Date : 23-Mar-24 03:36 pm

FINAL REPORT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
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COMPLETE BLOOD COUNT

RBC

R B C COUNT	Blood	4.54	4.5 - 5.5 $10^6/\mu\text{L}$	
HEMOGLOBIN		13.0	13.0 - 17.0 g/dl	
PCV/HCT		38.9	40 - 50 % 36 - 46 %	
MCV		86	83 - 101 fl 83 - 101 fl	
MCH		28.6	27 - 32 pg	
MCHC		33.4	31.5 - 34.5 g/dL	
RDW(cv)		13.5	11.6 - 14.0 %	

PLATELETS

PLATELET COUNT	Blood	134	150 - 400 $10^3/\mu\text{L}$	
MPV		11.9	7.5 - 11.5 fl	

WBC

TC (TOTAL LEUCOCYTE COUNT)	Blood	4.7	4.0 - 11.0 $10^3/\mu\text{l}$	
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DIFFERENTIAL COUNT

NEUTROPHILS	Blood	52	40 - 80 %	
LYMPHOCYTES		32	20 - 40 %	
MONOCYTES		12	02 - 10 %	
EOSINOPHILS		04	00 - 06 %	
BASOPHILS		00	00 - 01 %	

PERIPHERAL SMEAR EXAMINATION

RBC	Predominantly normocytic normochromic.
WBC	Normal morphology.
PLATELETS	Mildly reduced in smear. Macroplatelets and giant platelets are also seen.

ESR	CITRATED BLOOD	18	0 - 10 mm/1st hour	WESTERGREN'S METHOD
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*** End Of Report ***





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. KUMAR ATUL	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:06 am	Report Date : 23-Mar-24 04:12 pm

Parameters Specimen Result Biological Reference In Method





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. KUMAR ATUL	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:07 am	Report Date : 23-Mar-24 01:57 pm

FINAL REPORT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)				
FASTING BLOOD GLUCOSE		87	Normal Range : 70 - 99 mg/dL	Hexokinase
FASTING URINE SUGAR		NIL		
T3,T4 AND TSH				
T3		94.20	70 - 204 ng/dL	Method : ECLIA
T4		5.54	5.1 - 14.1 ug/dL	Method : ECLIA
TSH(THYROID STIMULATING HORMONE)		2.80	0.270 - 4.20 uIU/mL	Method : ECLIA
PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)				
PLBS (POST LUNCH BLOOD GLUCOSE)		81	110 - 180 mg/dL	Hexokinase
URINE SUGAR		NIL		Dipstick
SERUM CREATININE				
CREATININE		0.92	0.8 - 1.3 mg/dl	Method : jaffe
BUN / CREATININE RATIO				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.92	0.8 - 1.3 mg/dL	
BUN / CREATININE RATIO		9.78	10 - 20	
LFT(LIVER FUNCTION TEST)				
TOTAL BILIRUBIN		0.5	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.2	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.3	<= 1.0 mg/dL	
SGPT (ALT)		14	<= 41 U/L	Method : UV without P5P
SGOT (AST)		17	<= 40 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		79	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		7.3	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		5.0	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		2.3	2.5 - 3.5 g/dL	
A/G RATIO		2.17	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		18	10 - 71 U/L	Method : G-glutamyl-carboxy-nitroanilide - IFCC Ref.





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Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:06 am	Report Date : 25-Mar-24 10:37 am

Specimen

BUN(BLOOD UREA NITROGEN)

BUN (Blood Urea Nitrogen.) 9 7.0 - 21.0 mg/dL Calculated

TOTAL PROTEIN

TOTAL PROTEINS 7.3 6.0 - 8.0 g/dL Method : Biuret method

LIPID PROFILE

TOTAL CHOLESTEROL 240 Desirable : : < 200 mg/dL METHOD : Enzymatic colorimetric
Borderline High : : 200 - 239 mg/dL
High risk : > 240 mg/dL

HDL CHOLESTEROL 44 Low : : < 40 mg/dL Homogeneous enzymatic colorimetric
High : : > 60 mg/dL

LDL CHOLESTEROL 160 Optimal : - < 100 mg/dL Direct-Enzymatic colorimetric
Near Optimal : 100 - 129 mg/dL
Borderline High : 130 - 159 mg/dL
High : 160 - 189 mg/dL
Very High : - > 190 mg/dL

VLDL 42
SERUM TRYGLYCERIDES 211 < 150 mg/dL METHOD: Enzymatic colorimetric
Borderline High : 150 - 199 mg/dL
High : 200 - 499 mg/dL

CHO/HDL RATIO 5.45 Normal : - < 3.5
High Risk : - > 5.0

LDL/HDL RATIO 3.64
SERUM URIC ACID 8.0 3.4 - 7.0 mg/dL uricase

HBA1C (GLYCOSYLATED HAEMOGLOBIN)

HBA1C 5.7 < 5.7 Normal Prediabetic 5.7 TINIA
- 6.4 & >/=6.5 Diabetic %

MPG(Mean Plasma Glucose) 116 Excellent Control : 90 - 120 mg/dL
Good Control : 121 - 150 mg/dL

*** End Of Report ***





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. KUMAR ATUL	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC63399/NMU0048870	Referred By : Dr. DMO
Received Dt : 23-Mar-24 10:07 am	Report Date : 25-Mar-24 10:37 am

Parameters **Specimen** **Result** **Biological Reference In Method**

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Consultant in Pathology

Verified By : : 026560

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



Atul Kumar.



MEDICOVER
HOSPITALS
NAVI MUMBAI

S/B:- Dr. mandira Kamble

O/E:- Caries \bar{c} $\frac{87}{8}$.

Stain Calculus \bar{H} .

Advice:- Restoration \bar{c} $\frac{87}{8}$.

oral prophylaxis

MJKamble

Dr Mandira Sushil Kamble
MDS In Conservative Dentistry And Endodontics
Reg. No. A-43282



23/3/24



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Atul Kumar

Age: 33y

Male.

Leg Eczema

Duration: 2-3 years

Rx

① Tab Levocet 5mg
at night*

② Clot S cream qd
at night

③ Aquasoft Lotion qd
M A M

1 month
+ 1 month
= 2

Dr. Ashish Karande
MBBS, MD
Consultant Dermatologist,
Cosmetologist & Trichiatrist
(Reg No 2016/08/3372)





DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS

DATE: 23/03/24

PATIENT NAME: Mr Atul Kumar

AGE / SEX 33 / M NAVI MUMBAI

UMR NO: N0000048870

	RE	LE
VA (DISTANCE)	6/9 ENG	6/6 ENG
VA (NEAR)	N6 ENG	N6 ENG
COLOUR VISION	normal	normal

		SPHERE	CYLINDER	AXIS	VA
MRx	O D	+ 5.00	+ 0.50	180°	6/9
	O S	+ 4.50	+ 0.50	30°	6/6

HISTORY :

- NO H/O DM, HTN, thyroid
- NO H/O ocular trauma H/O spectacle use

OCULAR FINDINGS :

(BE) Ant seg WNL
 (undilated) Disc < 0.1
 0.1-0.2

ADVICE:

- Zivifresh eye gel 1777 X 1 month
- Flu for Fundoscopy (BE)

AS
 CDR. ANUSHREE VANKAR



Male

HC 48868
33 Years

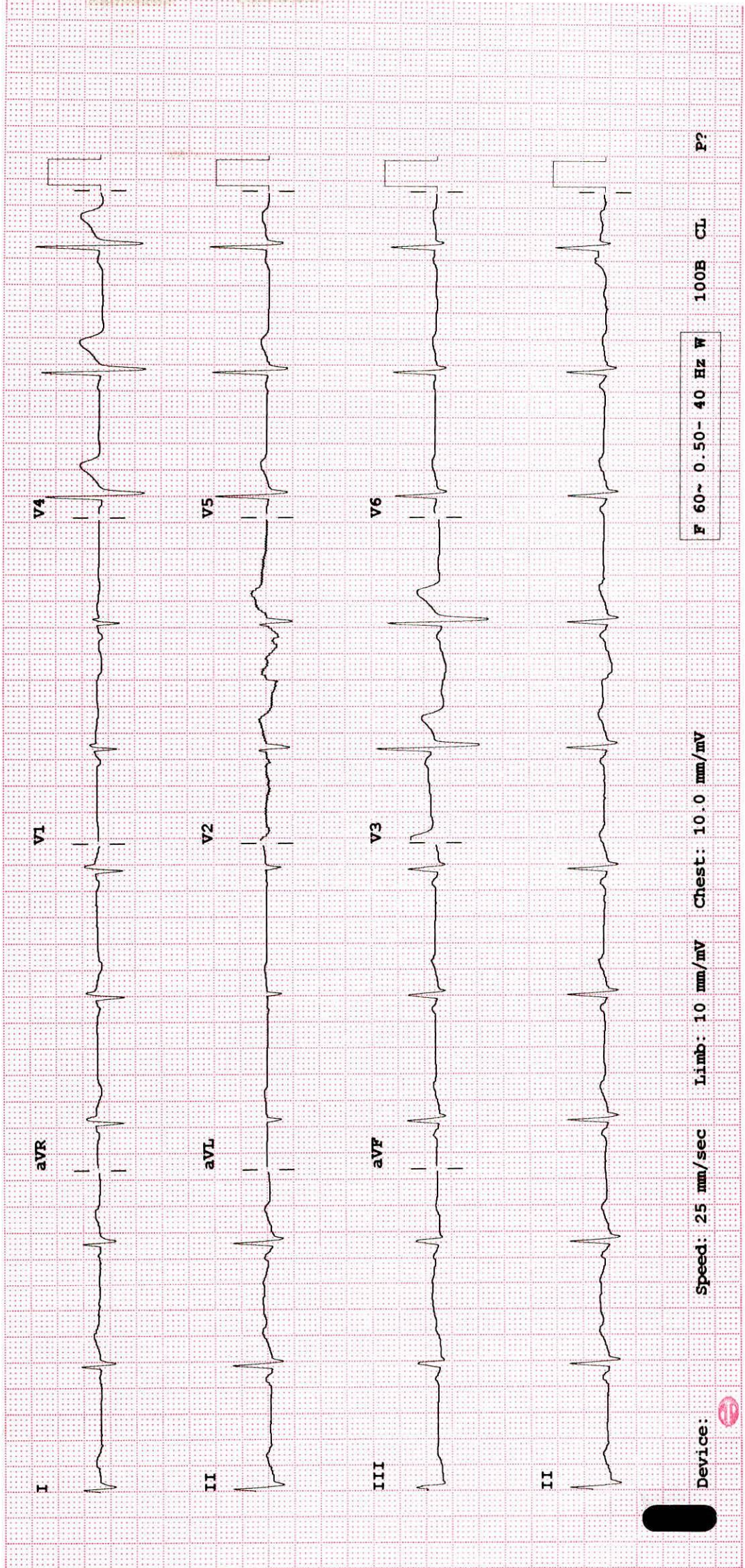
Rate 63 . Sinus rhythm.....Normal P axis, V-rate 50- 99
 PR 132 . Left atrial enlargement.....P, P'>60ms, <-0.15mV V1
 QRS 90 . ST elev, probable normal early repol pattern.....ST elevation, age<55
 QT 363
 QTc 372

WNL
[Signature]

--AXIS--
 P 72
 QRS 84
 T 35
 -- ABNORMAL ECG --

Unconfirmed Diagnosis

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 60~ 0.50- 40 Hz W

100B CL P?



MEDICOVER
HOSPITALS

NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOUR DOPPLER

<i>Name</i>	: Mr. Atul Kumar	Date:- 23/03/2024
<i>Age / Sex</i>	: 33 Yrs / Male	UMR No. 0048870
<i>Referred By</i>	: Health Checkup	

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction. No e/o raised LVEDP.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- No tricuspid regurgitation. No pulmonary hypertension.
- No left ventricle clot / vegetation.
- Intact IAS and IVS.
- Thinned IAS
- Normal right atrium and right ventricle dimensions.
- Normal left atrium and left ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- No RWMA.
- Trivial MR.
- Normal LV and RV systolic function.

DR. KESHAV KALE
DNB (Cardiology), MD (Medicine), MBBS
PhD (Cardiology), MNAMS, LL.B (Law)
FSCAI (USA), AFACC (USA), FESC (EU)
Consultant & Interventional Cardiologist





MEDICOVER
HOSPITALS

NAVI MUMBAI

M-MODE MEASUREMENTS:

LA	35	mm
AO root	28	mm
AO CUSP SEP	19	mm
LVID(s)	32	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	32	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			Nil
TRICUSPID	N			Nil
PULMONERY	5.3			Nil



Patient ID:	NMU0048870	Patient Name:	KUMAR ATUL
Age:	33 Years	Sex:	M
Accession Number:	NMBC63399	Modality:	US
Referring Physician:	DR.DMO	Study:	USG ABDOMEN WHOLE
Study Date:	23-Mar-2024	Study Time:	11:22:28

USG ABDOMEN & PELVIS

The Liver is normal in size (15.4 cm) and shows normal echotexture. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

The gall bladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

The Pancreas is normal in size and echotexture.

The spleen is normal size (10.0 cm). No focal lesion is seen.

The Right Kidney measures 10.5 x 4.0 cm

The Left Kidney measures 10.6 x 4.0 cm

Both kidneys are normal in size, shape and echotexture. They show normal cortical echogenicity with maintained cortico-medullary distinction.

There is no evidence of a calculus, hydronephrosis, or hydroureter.

The Urinary bladder is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

The Prostate gland is normal in size and echotexture. It an estimated weight of 14 gms.

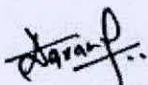
Visualised bowel loops are unremarkable.

There is no evidence of significant lymphadenopathy.

No ascitis is seen.

IMPRESSION:

- **No significant abnormality is seen.**



DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

Date: 23-Mar-2024 11:31:57

Patient ID:	NMU0048870	Patient Name:	KUMAR ATUL
Age:	33 Years	Sex:	M
Accession Number:	NMBC63399	Modality:	DX
Referring Physician:	DR.DMO	Study:	CHEST
Study Date:	23-Mar-2024		

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

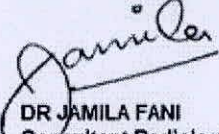
Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

No significant abnormality is seen.



DR JAMILA FANI
Consultant Radiologist
MBBS, MD

Date: 25-Mar-2024 17:47:03