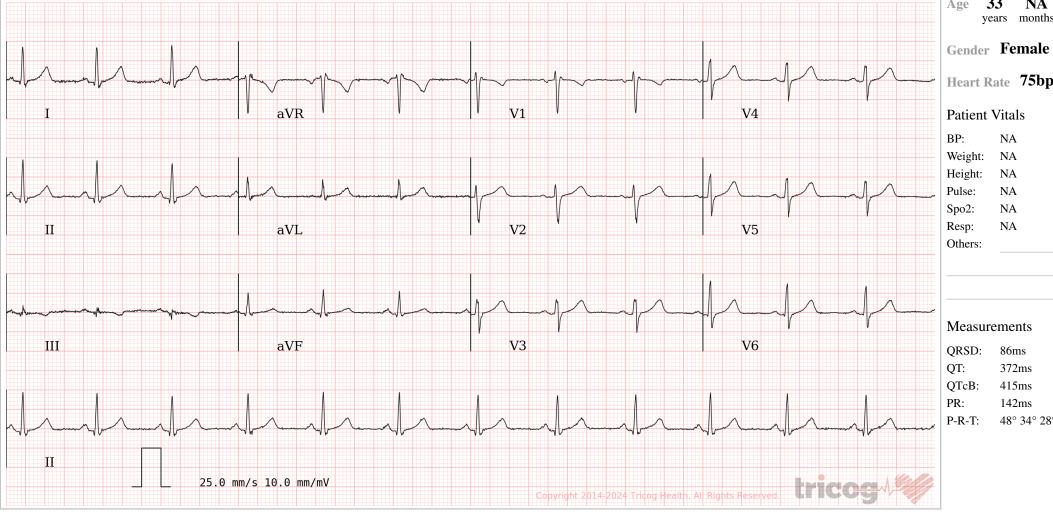
SUBURBAN DIAGNOSTICS - KALINA, SANTACRUZ EAST



Patient Name: SHASTRI ANUPAMA

Patient ID: 2408601637 Date and Time: 26th Mar 24 10:38 AM



months days

Heart Rate 75bpm

48° 34° 28°

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY

Dr Naveed Sheikh PGDCC 2016/11/4694

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



PARAMETER

CID : 2408601637

Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : -

Reg. Location: Kalina, Santacruz East (Main Centre)

RESULTS

Authenticity Check

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BIOLOGICAL REF RANGE

: 26-Mar-2024 / 10:11 : 26-Mar-2024 / 12:16

METHOD

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

IANAMETEN	INLOGETO	DIOLOGICAL INLI INAITOL	METHOD
RBC PARAMETERS			
Haemoglobin	12.8	12.0-15.0 g/dL	Spectrophotometric
RBC	4.31	3.8-4.8 mil/cmm	Elect. Impedance
PCV	38.0	36-46 %	Calculated
MCV	88.2	81-101 fl	Measured
MCH	29.7	27-32 pg	Calculated
MCHC	33.7	31.5-34.5 g/dL	Calculated
RDW	14.9	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	4870	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	BSOLUTE COUNTS		
Lymphocytes	34.7	20-40 %	
Absolute Lymphocytes	1690	1000-3000 /cmm	Calculated
Monocytes	5.9	2-10 %	
Absolute Monocytes	290	200-1000 /cmm	Calculated
Neutrophils	57.1	40-80 %	
Absolute Neutrophils	2770	2000-7000 /cmm	Calculated
Eosinophils	2.2	1-6 %	
Absolute Eosinophils	110	20-500 /cmm	Calculated
Basophils	0.1	0.1-2 %	
Absolute Basophils	10	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Platelet Count	234000	150000-410000 /cmm	Elect. Impedance
MPV	10.0	6-11 fl	Measured
PDW	18.3	11-18 %	Calculated

RBC MORPHOLOGY

Hypochromia -Microcytosis -

Page 1 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. Collected : 26-Mar-2024 / 10:11 :26-Mar-2024 / 12:26 Reported Reg. Location : Kalina, Santacruz East (Main Centre)

Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 8 2-20 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

Reference:

- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***





Dr.TRUPTI SHETTY M. D. (PATH) **Pathologist**

Page 2 of 10

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Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. :

: -

Reg. Location : Kalina, Santacruz East (Main Centre)

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Collected : 26-Mar-2024 / 10:11 Reported : 26-Mar-2024 / 14:13

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	187.9	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	308.6	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.51	0.3-1.2 mg/dl	Vanadate oxidation
BILIRUBIN (DIRECT), Serum	0.18	0-0.3 mg/dl	Vanadate oxidation
BILIRUBIN (INDIRECT), Serum	0.33	<1.2 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.3	5.7-8.2 g/dL	Biuret
ALBUMIN, Serum	4.7	3.2-4.8 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	43.7	<34 U/L	Modified IFCC
SGPT (ALT), Serum	75.8	10-49 U/L	Modified IFCC
GAMMA GT, Serum	29.5	<38 U/L	Modified IFCC
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BUN, Serum	10.7	9.0-23.0 mg/dl	Urease with GLDH
CREATININE, Serum	0.57	0.55-1.02 mg/dl	Enzymatic

Note: Kindly note in change in reference range w.e.f. 07-09-2023



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. :

eGFR, Serum

Reg. Location

: Kalina, Santacruz East (Main Centre)

123

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:26-Mar-2024 / 14:49

Calculated

Reported :26-Mar-2024 / 18:53

(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-

Collected

59

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure: <15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum 5.8

3.1-7.8 mg/dl

Uricase/ Peroxidase

Urine Sugar (Fasting)
Urine Ketones (Fasting)

Absent Absent

Absent

Absent

Urine Sugar (PP)
Urine Ketones (PP)

Absent

Absent Absent

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab Director

Page 4 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr.

Reg. Location : Kalina, Santacruz East (Main Centre)



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HPLC

: 26-Mar-2024 / 10:11 :26-Mar-2024 / 12:54

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **GLYCOSYLATED HEMOGLOBIN (HbA1c)**

BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD

Glycosylated Hemoglobin 9.9 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Collected

Reported

Estimated Average Glucose 237.4 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c. Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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James James Dr.VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 5 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Collected Consulting Dr. :26-Mar-2024 / 15:58 : Kalina, Santacruz East (Main Centre) Reported Reg. Location



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:26-Mar-2024 / 10:11

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **URINE EXAMINATION REPORT**

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANG	E <u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale Yellow	Pale Yellow	-
Reaction (pH)	6.5	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.005	1.001-1.030	Chemical Indicator
Transparency	clear	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION	<u>ON</u>		
Leukocytes(Pus cells)/hpf	0-1	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	15-18	Less than 20/hpf	
Others	-		

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein (1+ = 25 mg/dl , 2+ = 75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl)
- Glucose(1+ = 50 mg/dl, 2+ =100 mg/dl, 3+ =300 mg/dl, 4+ =1000 mg/dl)
- Ketone (1+ = 5 mg/dl, 2+ = 15 mg/dl, 3+ = 50 mg/dl, 4+ = 150 mg/dl)

Reference: Pack inert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report **





Dr. VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 6 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : -Collected : 26-Mar-2024 / 10:11 Reported :26-Mar-2024 / 12:49 Reg. Location : Kalina, Santacruz East (Main Centre)



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

RESULTS PARAMETER

ABO GROUP Α

Rh TYPING Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***





Dr.VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 7 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : -

Reg. Location

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: 26-Mar-2024 / 10:11 : 26-Mar-2024 / 14:13

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	143.3	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	108.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL, Serum	36.2	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	107.1	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	85.5	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	21.6	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.0	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.4	0-3.5 Ratio	Calculated

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***







Page 8 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. :

Reg. Location

: Kalina, Santacruz East (Main Centre)

Collected

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: 26-Mar-2024 / 10:11 : 26-Mar-2024 / 12:24

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	4.8	3.5-6.5 pmol/L	CLIA
Free T4, Serum	12.8	11.5-22.7 pmol/L	CLIA
sensitiveTSH, Serum	2.285	0.55-4.78 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	CLIA



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : - Collected : 26-Mar-2024 / 10:11

Reg. Location : Kalina, Santacruz East (Main Centre) Reported :26-Mar-2024 / 12:24

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation	
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.	
High	Low	Low	lypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, ty inase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism	
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)	
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.	
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.	
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.	

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid, TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

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Page 10 of 10



PARAMETER

CID : 2408601637

Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : -

Reg. Location: Kalina, Santacruz East (Main Centre)

RESULTS

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Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Platelet Count	234000	150000-410000 /cmm	Elect. Impedance
MPV	10.0	6-11 fl	Measured
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RBC MORPHOLOGY

Hypochromia -Microcytosis -

Page 1 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. Collected : 26-Mar-2024 / 10:11 :26-Mar-2024 / 12:26 Reported Reg. Location : Kalina, Santacruz East (Main Centre)

Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR 8 2-20 mm at 1 hr. Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

Reference:

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Dr.TRUPTI SHETTY M. D. (PATH) **Pathologist**

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Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. :

: -

Reg. Location : Kalina, Santacruz East (Main Centre)

Authenticity Check

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
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GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	308.6	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.51	0.3-1.2 mg/dl	Vanadate oxidation
BILIRUBIN (DIRECT), Serum	0.18	0-0.3 mg/dl	Vanadate oxidation
BILIRUBIN (INDIRECT), Serum	0.33	<1.2 mg/dl	Calculated
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ALBUMIN, Serum	4.7	3.2-4.8 g/dL	BCG
GLOBULIN, Serum	2.6	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.8	1 - 2	Calculated
SGOT (AST), Serum	43.7	<34 U/L	Modified IFCC
SGPT (ALT), Serum	75.8	10-49 U/L	Modified IFCC
GAMMA GT, Serum	29.5	<38 U/L	Modified IFCC
ALKALINE PHOSPHATASE, Serum	60.3	46-116 U/L	Modified IFCC
BLOOD UREA, Serum	22.9	19.29-49.28 mg/dl	Calculated
BUN, Serum	10.7	9.0-23.0 mg/dl	Urease with GLDH
CREATININE, Serum	0.57	0.55-1.02 mg/dl	Enzymatic

Note: Kindly note in change in reference range w.e.f. 07-09-2023



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. :

eGFR, Serum

Reg. Location

: Kalina, Santacruz East (Main Centre)

123

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:26-Mar-2024 / 14:49

Calculated

Reported :26-Mar-2024 / 18:53

(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-

Collected

59

Moderate to severe decrease:30

-44

Severe decrease: 15-29 Kidney failure: <15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum 5.8

3.1-7.8 mg/dl

Uricase/ Peroxidase

Urine Sugar (Fasting)
Urine Ketones (Fasting)

Absent Absent

Absent

Absent

Urine Sugar (PP)
Urine Ketones (PP)

Absent

Absent Absent

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT
M.D.(PATH)
Consultant Pathologist & Lab Director

Page 4 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. Collected Reported

Reg. Location : Kalina, Santacruz East (Main Centre)



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: 26-Mar-2024 / 10:11 :26-Mar-2024 / 12:54

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **GLYCOSYLATED HEMOGLOBIN (HbA1c)**

BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD

HPLC Glycosylated Hemoglobin 9.9 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Estimated Average Glucose 237.4 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

- HbA1c. Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***





James James Dr.VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 5 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Collected Consulting Dr. :26-Mar-2024 / 15:58 : Kalina, Santacruz East (Main Centre) Reported Reg. Location



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:26-Mar-2024 / 10:11

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **URINE EXAMINATION REPORT**

<u>PARAMETER</u>	<u>RESULTS</u>	TS BIOLOGICAL REF RANGE	
PHYSICAL EXAMINATION			
Color	Pale Yellow	Pale Yellow	-
Reaction (pH)	6.5	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.005	1.001-1.030	Chemical Indicator
Transparency	clear	Clear	-
Volume (ml)	40	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	0-1	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	15-18	Less than 20/hpf	
Others	-		

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein (1+ = 25 mg/dl , 2+ = 75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl)
- Glucose(1+ = 50 mg/dl, 2+ =100 mg/dl, 3+ =300 mg/dl, 4+ =1000 mg/dl)
- Ketone (1+ = 5 mg/dl, 2+ = 15 mg/dl, 3+ = 50 mg/dl, 4+ = 150 mg/dl)

Reference: Pack inert

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report **





Dr. VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 6 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : -Collected : 26-Mar-2024 / 10:11 Reported :26-Mar-2024 / 12:49 Reg. Location : Kalina, Santacruz East (Main Centre)



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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

RESULTS PARAMETER

ABO GROUP Α

Rh TYPING Positive

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***





Dr.VRUSHALI SHROFF M.D.(PATH) **Pathologist**

Page 7 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : -

Reg. Location

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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	143.3	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	108.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL, Serum	36.2	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	107.1	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	85.5	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	21.6	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.0	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.4	0-3.5 Ratio	Calculated

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab *** End Of Report ***







Page 8 of 10



Name : MRS.SHASTRI ANUPAMA

Age / Gender :33 Years / Female

Consulting Dr.

Reg. Location

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:26-Mar-2024 / 12:24

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **THYROID FUNCTION TESTS**

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
Free T3, Serum	4.8	3.5-6.5 pmol/L	CLIA
Free T4, Serum	12.8	11.5-22.7 pmol/L	CLIA
sensitiveTSH, Serum	2.285	0.55-4.78 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	CLIA



Name : MRS.SHASTRI ANUPAMA

Age / Gender : 33 Years / Female

Consulting Dr. : - Collected : 26-Mar-2024 / 10:11

Reg. Location : Kalina, Santacruz East (Main Centre) Reported :26-Mar-2024 / 12:24

Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid, TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab
*** End Of Report ***





Dr.ANUPA DIXIT M.D.(PATH) Consultant Pathologist & Lab Director

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R T

Date: - 26.03.2024.

CID: 240 9601637

Name: Mrs. Shaski Arupama, Sex/Age: /33 yrs/Fernale

EYE CHECK UP

Chief complaints: N

Systemic Diseases: 1

Past history:

Unaided Vision: -

Aided Vision: NO W Ly 74/5

AJ 46.

Refraction: _

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance				6/6				6/6
Near				NS				N5

Colour Vision: Normal / Abnormal

Remark: WM.

Suburban Diagnostics (I) Pvt. Ltd. 1st Floor, Harbhajan, Above HDFC Bank, Opp. Nafa Petrol Pump, Kalina, CST Road, Santacruz (East), Tel. No. 022-61700000

R.No. 61067

Anypama Shashi | 26/3/24.

CID No: 2408601637

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Santacruz (East),
Tel. No. 022-61700000

Dr. D.G. HATALKAR R.No. 61067 M.D. (Ob.Gy)

M. D.H. 36A



नामः Anupama Shastri Name:

कर्मचारी कूट क्र. **168097** E. C. No.

जारीकर्ता प्राधिकारी, मु. प्र. (सु.) अ.का., न.दि. Issuing Authority CM (S), ZO, ND





धारक के हस्ताक्षर Signature of Holder

7351847046



Dr. D.G. HATALKAR R.No. 61067 M.D. (Ob.Gy)

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Opp. Nata Petrol Pump, Kalina, CST Road,
Santacruz (East),
Tel. No. 022-61700000



Name Testing: MRS SHASTRI ANUPAMA

Age / Gender : 33 Years/Female

Consulting Dr. :

Reg.Location : Kalina, Santacruz East (Main Centre)

Collected

: 26-Mar-2024 / 10:06

Reported

: 27-Mar-2024 / 13:37

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PHYSICAL EXAMINATION REPORT

History and Complaints:

H/O DM oon Rx since 3 and half years

EXAMINATION FINDINGS:

Height (cms):

150 cms

Weight (kg):

72.2 kgs

Temp (0c):

Afebrile

Skin:

Normal

Blood Pressure (mm/hg): 120/80 mmHg

Nails:

Normal

Pulse:

80 bpm

Lymph Node:

Not palpable

Systems

Cardiovascular: S1S2 audible, No murmur

Respiratory:

AEBE

Genitourinary:

NAD

GI System:

Liver and Spleen not palpable

CNS:

NAD

IMPRESSION:

SGOT- 44, SGPT- 76, HbA1C- 9.9, HDL- 36 USG- Mild fatty liver with single fibroids

ADVICE:

Refer to Endocrinologist

CHIEF COMPLAINTS:

1) Hypertension:

No

2) **IHD**

No

3) Arrhythmia

No

4) Diabetes Mellitus

No

5) Tuberculosis

No

6) Asthama

No



Name : MRS SHASTRI ANUPAMA

Age / Gender : 33 Years/Female

Consulting Dr. : Collected : 26-Mar-2024 / 10:06

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7)	Pulmonary Disease	No
8)	Thyroid/ Endocrine disorders	No
9)	Nervous disorders	No
10)	GI system	No
11)	Genital urinary disorder	No
12)	Rheumatic joint diseases or symptoms	No
13)	Blood disease or disorder	No
14)	Cancer/lump growth/cyst	No
15)	Congenital disease	No
16)	Surgeries	LSCS
17)	Musculoskeletal System	No

PERSONAL HISTORY:

1)	Alcohol	No
2)	Smoking	No

3) Diet Vegetarian

4) Medication Metformin 500, Calcium

*** End Of Report ***

Suburban Diagnostics (I) Pvt. Ltd.
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Tel. No. 022-61700000

Dr.Dhanwanti Hatalkar PHYSICIAN R

E

T

Dr. D.G. HATALKAR R.No. 61067 M.D. (Ob.Gy)

REGD. OFFICE: Dr. Lal PathLabs Ltd., Block E, Sector-18, Rohini, New Delhi - 110085. | CIN No.: L74899DL1995PLC065388



Name : ANUPAMA SHASTRI Mrs

Age / Sex : 33 Years/Female

Ref. Dr : Reg. Date : 26-Mar-2024

Reg. Location: Kalina, Santacruz East Main Centre **Reported**: 26-Mar-2024/13:52



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USG OF WHOLE ABDOMEN

LIVER:

The liver measures 16.1 cm, enlarge in size, is normal in shape and smooth margins. It shows bright parenchymal echo pattern.

The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

GALL BLADDER:

The gall bladder is physiologically distended and shows normal wall thickness. No evidence of pericholecystic fluid, gall stones or mass lesions seen .

PANCREAS:

The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion is noted.

KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures: 10.0 x 4.3 cms. Left kidney measures: 11.4 x 4.3 cms.

SPLEEN:

The spleen is normal in size and shape and echotexture.

No evidence of focal lesion is noted.

There is no evidence of any lymphadenopathy or ascites.

URINARY BLADDER:

The urinary bladder is well distended. It shows thin walls and sharp mucosa.

No evidence of calculus is noted. No mass or diverticulum is seen.

UTERUS:

The Uterus is anteverted and appears normal. It measures: 7.9 x 4.4 x 3.8 cm in size.

There is single small 5.7×3.7 mm size hypoechoic lesion seen at fundal posterior wall of myometrium could s/o fibroid .

The endometrial thickness is (4.8 mm).



Name : ANUPAMA SHASTRI Mrs

Age / Sex : 33 Years/Female

Ref. Dr : 26-Mar-2024 Reg. Date

: 26-Mar-2024/13:52 Reg. Location : Kalina, Santacruz East Main Centre Reported



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OVARIES:

Both the ovaries are well visualised and appears normal. Right ovary measures: $2.0 \times 1.6 \times 1.5 \text{ cms}$ (volume ~ 2.7 cc). Left ovary measures: $2.1 \times 1.6 \times 1.3 \text{ cms}$ (volume ~ 2.9 cc). There is no evidence of any ovarian or adnexal mass seen.

IMPRESSION:

Mild hepatomegaly with fatty Liver. Single small uterine fibroid.

-----End of Report-----

DR.ASHA DHAVAN MBBS; D.M.R.E

CONSULTANT RADIOLOGIST



Name : ANUPAMA SHASTRI Mrs

Age / Sex : 33 Years/Female

Reg. Date Ref. Dr : 26-Mar-2024

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Name : ANUPAMA SHASTRI Mrs

Age / Sex : 33 Years/Female

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X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

Right side cervical rib noted.

SUG - Correlate clinically.

-----End of Report-----

DR.ASHA DHAVAN
MBBS; D.M.R.E
CONSULTANT RADIOLOGIST

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Name : ANUPAMA SHASTRI Mrs

Age / Sex : 33 Years/Female

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