

**MEDICAL HEALTH CHECK- UP ASSESMENT FORM**

NAME : Mr / Mrs Dr. Bal Krishna Dhakad DATE: 29/3/24

AGE : 36y / m

SEX: Male / Female

NMU: NMU000 49427

DOCTOR'S NAME:

health package

TEMP :	<u>98.2</u> ° f	BP :	<u>111/74</u> mmHg
PULSE :	<u>78</u> b/m	HEIGHT :	<u>168</u> cm
RR :	<u>22</u> b/m	WEIGHT :	<u>70.2</u> kg
SPO2 :	<u>99</u> %	HGT:	<u>—</u>

**REMARK:**





**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Mr. BALKRISHNA DHAKAD	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 11:07 am	<b>Report Date</b> : 29-Mar-24 06:21 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
<b>CUE (COMPLETE URINE EXAMINATION)</b>				
<b>PHYSICAL EXAMINATION</b>				
VOLUME	Urine	20ML		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		SLIGHTLY HAZY	CLEAR	
DEPOSIT		ABSENT	ABSENT	
<b>CHEMICAL EXAMINATION</b>				
SPECIFIC GRAVITY	Urine	1.010	1.000 - 1.030	Dipstick
PH		6.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulphur powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		+	NEGATIVE	
<b>MICROSCOPIC EXAMINATION</b>				
PUS CELLS	Urine	6-8	0 - 5 /hpf	
RBC		NIL	0 - 5 /hpf	
EPITHELIAL CELLS		2-3	0 - 5 /hpf	
CRYSTALS		NIL	NIL	
CASTS		NIL	NIL	
BACTERIA		ABSENT		MICROSCOPIC EXAMINATION
YEAST		ABSENT		MICROSCOPIC EXAMINATION
AMORPHOUS DEPOSITS		ABSENT		MICROSCOPIC EXAMINATION
MUCUS THREAD		ABSENT		MICROSCOPIC EXAMINATION
NOTE		Microscopic examination of urine is carried out on centrifuged urinary sediment.		

\*\*\* End Of Report \*\*\*





# MEDICOVER HOSPITALS

## DEPARTMENT OF LABORATORY

NAVI MUMBAI

<b>Patient Name</b> : Mr. BALKRISHNA DHAKAD	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 11:07 am	<b>Report Date</b> : 29-Mar-24 06:21 pm

Parameters

Specimen

Result

Biological Reference In Method







**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Mr. BALKRISHNA DHAKAD	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29 Mar-24 11:07 am	<b>Report Date</b> : 29-Mar-24 03:14 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
ESR	CITRATED BLOOD	12	0 - 10 mm/1st hour	WESTERGREN`S METHOD

**COMPLETE BLOOD COUNT**

**RBC**

R B C COUNT	EDTA Blood	4.45	4.5 - 5.5 10 <sup>6</sup> /μL
HEMOGLOBIN		15.2	13.0 - 17.0 g/dl
PCV/HCT		45.3	40 - 50 %
MCV		101.9	83 - 101 fl
MCH		34.1	27 - 32 pg
MCHC		33.5	31.5 - 34.5 g/dL
RDW(cv)		14.0	11.6 - 14.0 %

**PLATELETS**

PLATELET COUNT	EDTA Blood	176	150 - 400 10 <sup>3</sup> /μL
MPV		10.2	7.5 - 11.5 fl

**WBC**

TC (TOTAL LEUCOCYTE COUNT)	EDTA Blood	6.43	4.0 - 11.0 10 <sup>3</sup> /μl
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**DIFFERENTIAL COUNT**

NEUTROPHILS	EDTA Blood	46	40 - 80 %
LYMPHOCYTES		35	20 - 40 %
MONOCYTES		03	02 - 10 %
EOSINOPHILS		16	00 - 06 %
BASOPHILS		00	00 - 01 %

PERIPHERAL SMEAR EXAMINATION  
RBC

Mild anisopoikilocytosis. Predominantly macrocytic normochromic with macro-ovalocytes and some polychromatic macrocytes.

WBC

Mild eosinophilia is present.

PLATELETS

Adequate in smear.

\*\*\* End Of Report \*\*\*





# MEDICOVER HOSPITALS

## DEPARTMENT OF LABORATORY

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<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 11:07 am	<b>Report Date</b> : 29-Mar-24 05:11 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
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**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Mr. BALKRISHNA DHAKAD	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 11:08 am	<b>Report Date</b> : 29-Mar-24 02:03 pm

**FINAL REPORT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
<b>FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)</b>				
FASTING BLOOD GLUCOSE	PLASMA AND URINE	93	Normal Range : 70 - 99 mg/dL	Hexokinase
<b>SERUM CREATININE</b>				
CREATININE		0.86	0.8 - 1.3 mg/dl	Method : jaffe
<b>BUN / CREATININE RATIO</b>				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.86	0.8 - 1.3 mg/dL	
BUN / CREATININE RATIO		10.4	10 - 20	
<b>LFT(LIVER FUNCTION TEST)</b>				
TOTAL BILIRUBIN		0.9	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.2	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.7	<= 1.0 mg/dL	
SGPT (ALT)		28	<= 41 U/L	Method : UV without P5P
SGOT (AST)		25	<= 40 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		60	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		7.8	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		4.6	3.5 - 5.2 g/dL	Method : Bromocresol Green (BCG)
GLOBULINS		3.2	2.5 - 3.5 g/dL	
A/G RATIO		1.44	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		15	10 - 71 U/L	Method : G-glutamyl-carboxy-nitroanilide - IFCC Ref.
<b>BUN(BLOOD UREA NITROGEN)</b>				
BUN (Blood Urea Nitrogen.)		9	7.0 - 21.0 mg/dL	Calculated
<b>TOTAL PROTEIN</b>				
TOTAL PROTEINS		7.8	6.0 - 8.0 g/dL	Method : Biuret method
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL		212	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric







**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

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<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29 Mar 24 11:07 am	<b>Report Date</b> : 29-Mar-24 05:11 pm

<b>Parameters</b>	<b>Specimen</b>	<b>Result</b>	<b>Biological Reference In</b>	<b>Method</b>
HDL CHOLESTEROL		30	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric
LDL CHOLESTEROL		129	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	Direct-Enzymatic colorimetric
VLDL		64		
SERUM TRYGLYCERIDES		321	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	METHOD: Enzymatic colorimetric
CHO/HDL RATIO		7.07	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO		4.3		
SERUM URIC ACID		7.9	3.4 - 7.0 mg/dL	uricase
<b>T3,T4 AND TSH</b>				
T3		87.15	70 - 204 ng/dL	Method : ECLIA
T4		5.57	5.1 - 14.1 ug/dL	Method : ECLIA
TSH (THYROID STIMULATING HORMONE)		3.55	0.270 - 4.20 uIU/mL	
<b>PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)</b>				
PLBS (POST LUNCH BLOOD GLUCOSE)		85	110 - 180 mg/dL	Hexokinase
<b>HBA1C (GLYCOSYLATED HAEMOGLOBIN)</b>				
HBA1C		5.6	< 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic %	TINIA
MPG (Mean Plasma Glucose)		114	Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL	

\*\*\* End Of Report \*\*\*





# MEDICOVER HOSPITALS

## DEPARTMENT OF LABORATORY

NAVI MUMBAI

<b>Patient Name</b> : Mr. BALKRISHNA DHAKAD	<b>Age / Gender</b> : 36 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64182/NMU0049427	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 11:07 am	<b>Report Date</b> : 30-Mar-24 09:47 am

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
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**Lab Incharge**

**Dr. VISHAL MEHROTRA, MD Pathology**  
Head of Laboratory Services

Verified By : : 026979

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.







**MEDICOVER**  
HOSPITALS

NAVI MUMBAI

## 2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

Name : Mr. Balkrishna Dhakad

Date:-29/03/2024

Age / Sex : 36 Yrs / male

UMR No. 0049427

Referred By : Health check up

### FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- No tricuspid regurgitation. No pulmonary hypertension.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

### IMP:

- No RWMA.
- Trivial MR.
- Normal LV and RV systolic function.

**DR. SAMEER VANKAR**  
MD DM CARDIOLOGY





**M-MODE MEASUREMENTS:**

LA	35	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID( s)	31	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	31	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			Nil
TRICUSPID	N			Nil
PULMONERY	4.4			Nil







**MEDICOVER**  
HOSPITALS

NAVI MUMBAI

Balkrishna Dhakad,

S/B :- Dr. Mandira Kamble

O/E :- Caries 0 7/7.

Advice :- Restoration 0 7/7

M. Kamble

**Dr. Mandira Sushil Kamble**  
MDS in Conservative Dentistry And Endodontics  
Reg. No. A-43282

8850698203



<b>Patient ID:</b>	<b>NMU0049427</b>	<b>Patient Name:</b>	<b>BALKRISHNA DHAKAD</b>
<b>Age:</b>	<b>36 Years</b>	<b>Sex:</b>	<b>M</b>
<b>Accession Number:</b>	<b>NMBC64182</b>	<b>Modality:</b>	<b>DX</b>
<b>Referring Physician:</b>	<b>DR.DMO</b>	<b>Study:</b>	<b>CHEST</b>
<b>Study Date:</b>	<b>29-Mar-2024</b>	<b>Study Time:</b>	<b>11:58:11</b>

**X RAY CHEST PA VIEW**

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

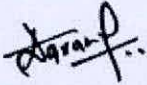
Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

**Impression:**

**No significant abnormality is seen.**



DR. ANUPKUMAR AGRAWAL  
Consultant & HOD Radiology  
MBBS, MD

Date: 29-Mar-2024 15:34:03



<b>Patient ID:</b>	<b>NMU0049427</b>	<b>Patient Name:</b>	<b>BALKRISHNA DHAKAD</b>
<b>Age:</b>	<b>36 Years</b>	<b>Sex:</b>	<b>M</b>
<b>Accession Number:</b>	<b>NMBC64182</b>	<b>Modality:</b>	<b>US</b>
<b>Referring Physician:</b>	<b>DR.DMO</b>	<b>Study:</b>	<b>USG ABDOMEN WHOLE</b>
<b>Study Date:</b>	<b>29-Mar-2024</b>	<b>Study Time:</b>	<b>12:13:42</b>

### **USG ABDOMEN & PELVIS**

**The Liver** is normal in size (14.6 cm) and shows normal echotexture. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

**The gall bladder** is physiologically distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

**The Pancreas** is normal in size and echotexture.

**The spleen** is normal size (10.8 cm). No focal lesion is seen.

The Right Kidney measures 9.7 x 3.7 cm

The Left Kidney measures 10.1 x 4.4 cm

**Both kidneys** are normal in size, shape and echotexture. They show normal cortical echogenicity with maintained cortico-medullary distinction.

There is no evidence of a calculus, hydronephrosis, or hydroureter.

**The Urinary bladder** is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

**The Prostate gland** is normal in size and echotexture.  
It an estimated weight of 15 gms.

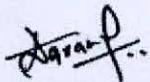
Visualised bowel loops are unremarkable.

There is no evidence of significant lymphadenopathy.

No ascitis is seen.

### **IMPRESSION:**

- **No significant abnormality is seen.**



DR. ANUPKUMAR AGRAWAL  
Consultant & HOD Radiology  
MBBS, MD

Date: 29-Mar-2024 12:31:39



HC 49427  
36 Years

BALKRISHNA DHAKAD  
Male

3/29/2024 1:30:12 PM

Rate 67 . Sinus rhythm.....normal P axis, V-rate 50- 99  
. Baseline wander in lead(s) V3,V5,V6

PR 143  
QRSD 90  
QT 397  
QTc 419

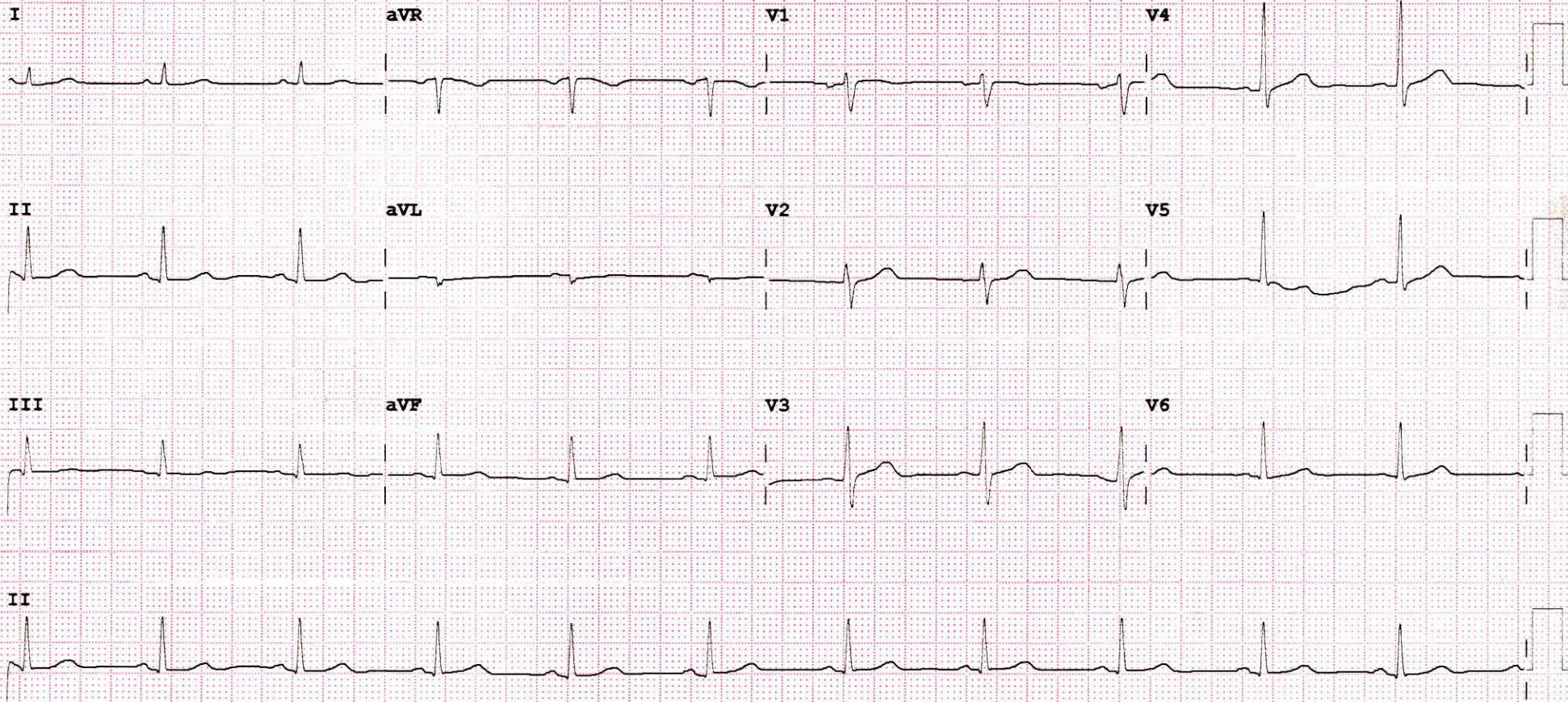
--AXIS--  
P 40  
QRS 68  
T 48

- NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis

*NIR*  
*W*



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 60~ 0.50~ 40 Hz W 100B CL P?





# DEPARTMENT OF OPHTHALMOLOGY

# MEDICOVER HOSPITALS

DATE: 29/03/24

PATIENT NAME: Mr. Balkrishna Dhakod AGE / SEX:

NAVI MUMBAI

UMR NO: NMU 00 49 4 2 7

36 / M

	RE	LE
VA (DISTANCE)	6/6	6/6
VA (NEAR)	NG	NG
COLOUR VISION	Normal	Normal

			SPHERE	CYLINDER	AXIS	VA
MRx	O	D	Plano	_____		6/6 NG
	O	S	Plano	_____		6/6 NG

### HISTORY :

— No h/o HT / DM / Thyroid .

— no h/o spectacle use .

### OCULAR FINDINGS :

(BE) - 2m - clear

(undilated) Disc 0.3  
0.2

### ADVICE:

Refresh Tears e/d q/d 1777 X 1 month

As  
CDR. ANUSHREE VANWAR

