

- COMPU. PATHOLOGY • ALLERGY TESTING
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- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR MONDAL NEUTON  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE    **Age** : 35 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : LCB0203 \*LCB0203\*  
**Reg. Date** : 23-Mar-2024 10:13 am  
**Report Date** : 24-Mar-2024 12:24 pm  
**Print Date** : 29-Mar-2024 5:32 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	14.60		5 - 20 mg/dl
CREATININE	0.82	mg/dl	0.7 - 1.3 mg/dl
Total Proteins	7.77		6.4-8.3 gm / dl
Serum Uric Acid	7.2	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	35		
Albumin	4.38	g/dl	3.2 - 5.0 g / dl
eGFR	113.64	ml/min	
Globulin	3.39		2.0 - 3.5 mg / dl
A/G Ratio	1.29		1.5 - 2.0

----- End of Report -----

Page 1 of 10

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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## BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	93.7	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq$ 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	73.9	mg/dl	Normal: 70-140 mg/dL  Impaired Tolerance: 140-199 Diabetes mellitus: $\geq$ 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:  
 Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14.4	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.27	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	45.6	%	Male : 37 - 51 %
MCV	86.50	fl	80- 96 fl
MCH	27.30	pg	27 - 32 pg
MCHC	<b>31.50</b>	gm%	32 - 37 gm%
RDW	14	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6720	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	50	%	40 - 75
Lymphocytes	40	%	20 - 40
Eosinophils	06	%	0 - 6
Monocytes	04	%	2 - 8
Platelet count	153000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.1	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	99.67		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more  
**CONTROL CRITERIA IN DIABETICS:**  
 Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

\* RECHECKED & CONFIRMED

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	195	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	121.8	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	35.3 - 79.5 mg / dl
VLDL	24.36	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	<b>125.64</b>	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.33		< 5
LDL / HDL	2.79		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

----- End of Report -----

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.70	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	<b>47.80</b>	U / L	Up to 45 U / L
S.G.O.T.	22.80	U / L	Up to 46 U / L
Alkaline Phosphatase	141.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.77	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.38	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.39	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.29		1.0- 2.3
GGT	40.3	IU/L	55 IU/L

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**T3 T4 TSH**

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	164.763	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	9.129	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.561	uIU/mL	HYPOTHYROID : Less than 4.71 µg/dl Hypothyroid > 15.0 Hyperthyroid : < 0.3 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Checked By  
 JAY

DR. BHAVINI KAMDAR  
 MD (PATH) MUM





**Patient's Name** : MR MONDAL NEUTON  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE **Age** : 35 Years  
**Collected At** : THAKUR VILLAGE MAIN BRANCH

**Lab No.** : LCB0203 \*LCB0203\*  
**Reg. Date** : 23-Mar-2024 10:13 am  
**Report Date** : 23-Mar-2024 8:49 pm  
**Print Date** : 29-Mar-2024 5:32 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

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- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR MONDAL NEUTON  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 35 Years  
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----- End of Report -----

Checked By  
 JAY

DR. BHAVINI KAMDAR  
 MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
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- CORPORATE HEALTH CHECKUPS



DATE : 23/03/24

TO,

*mediawheel*

This is regarding your client Miss/Mrs./Mr. *Neelam Mandel*

Proposal number

Visited to our centre at *TV* for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: *Stool*

Reason:

We are canceling / will reschedule it as per her/his convenience.

Thank you.

*[Signature]*

Client's sign

Medical Examiner

*[Signature]*  
Dr. NUPUR RAI  
MBBS, DIP. ... OLOGY (PGDCC)  
Reg. No.: 2018115643

**HEALTHCARE**  
**MEDICAL CENTRE & DIAGNOSTICS**  
Shop No.78, Venus CHS, Evershine  
Millinium No.15 / Phase 1, Orp. TW Gardens,  
Thakur Village, Kandivali (E), Mumbai - 101.  
Mob.: 89268 41541 / 2885 7171

Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No.: 2018115643

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

**THAKUR VILLAGE  
KANDIVALI EAST**

## TREADMILL TEST REPORT

**MR MONDAL NEUTON**  
ID : 1057  
DATE : 23-03-2024  
AGE/SEX : 35 /M  
HT/WT : 158 / 64  
REF. BY : MEDIWHEEL

PROTOCOL : Bruce  
HISTORY : Checkup/Physical fitness,  
INDICATION : CARDIAC EVALUATION  
MEDICATION : NIL

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					91	120 / 80	109	0.4	-0.1		3.6
STANDING					94	120 / 80	112	0.4	0.1		3.8
HYPERVENT					99	120 / 80	118	0.5	-0.1		3.8
Stage 1	2:59	0:12	2.7	10	159	130 / 80	206	0.6	-0.6		4.6
Stage 2	5:59	2:59	4	12	178	140 / 90	249	1.2	-0.2		5.1
PK-EXERCISE	6:6	0:6	5.4	14	181	140 / 90	253	1	-0.2		5.8
RECOVERY	7:49	1:28			133	130 / 90	172	1.8	-1.9		4.4
RECOVERY	8:30	2:9			124	130 / 90	161	1.8	-1.1		4.6
RECOVERY	9:20	2:59			116	130 / 80	150	0.3	-0.7		3.6

### RESULTS

EXERCISE DURATION : 6:6  
 MAX HEART RATE : 181 bpm 97 % of target heart rate 185 bpm  
 MAX BLOOD PRESSURE : 140 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,  
 BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

### IMPRESSIONS

GOOD EFFORT TOLERANCE,  
 NO ANGINA,  
 NO ARRHYTHMIA,  
 NORMAL HR AND BP RESPONSE.  
 NO SIGNIFICANT ST CHANGES

NOTED DURING TEST AS COMPARED TO BASELINE ECG, STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 7.20 METS

Technician : 1

**HEALTHCARE  
MEDICAL CENTRE & DIAGNOSTICS**  
 Thakur Village, Kandivali East, Evershing  
 W. Gardens.  
 SMC No. 151/152/153/154/155/156/157/158/159/160/161/162/163/164/165/166/167/168/169/170/171  
 Thakur Village, Kandivali East, Evershing W. Gardens - 101.  
 Mob.: 99298 41541/2585/171

**DR. NAGAR RAI**  
 M.D.S. DIPLOMA IN CARDIOLOGY (PGCCG)  
 Reg. No. 181156A3

**DR YOGESH MEHTA ( MD )**

# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

RATE 91bpm  
 B.P. 120/80

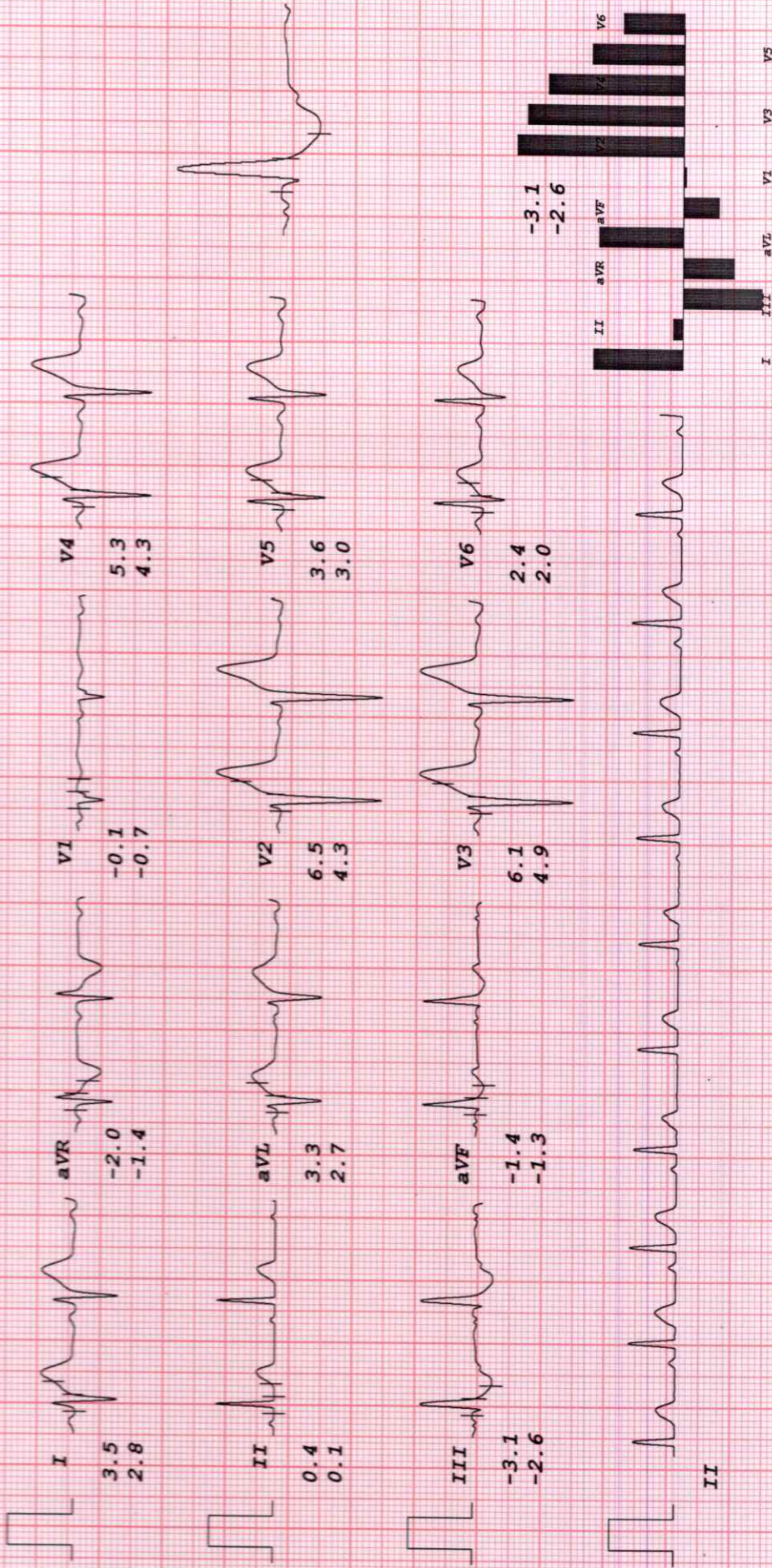
ST @ 10mm/mV  
 80ms PostJ

PRETEST  
 SUPINE

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

LINKED MEDIAN

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

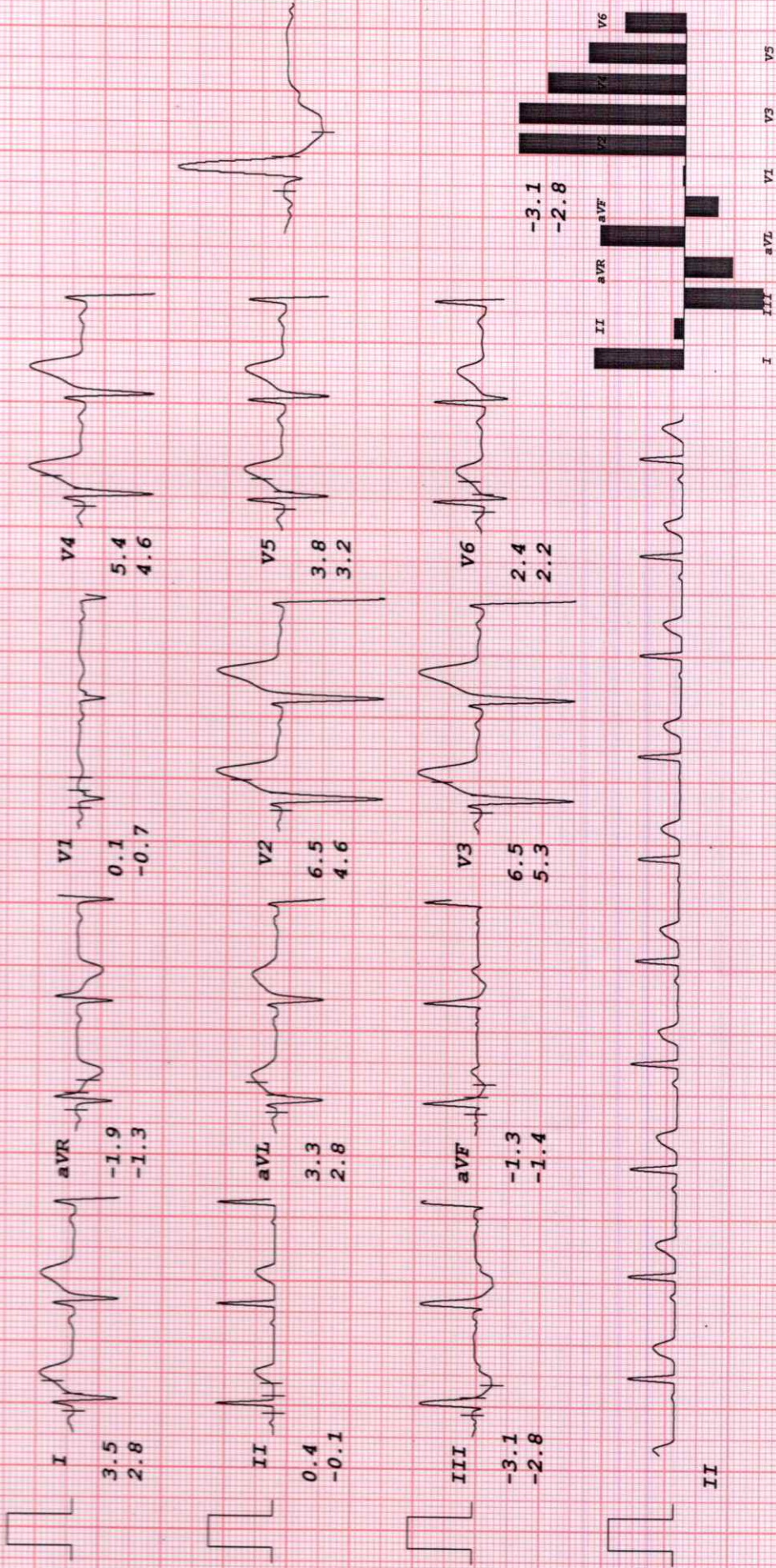
RATE 94bpm  
 B.P. 120/80

PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostJ

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

RATE 99bpm  
 B.P. 120/80

PRETEST  
 HYPERTENT

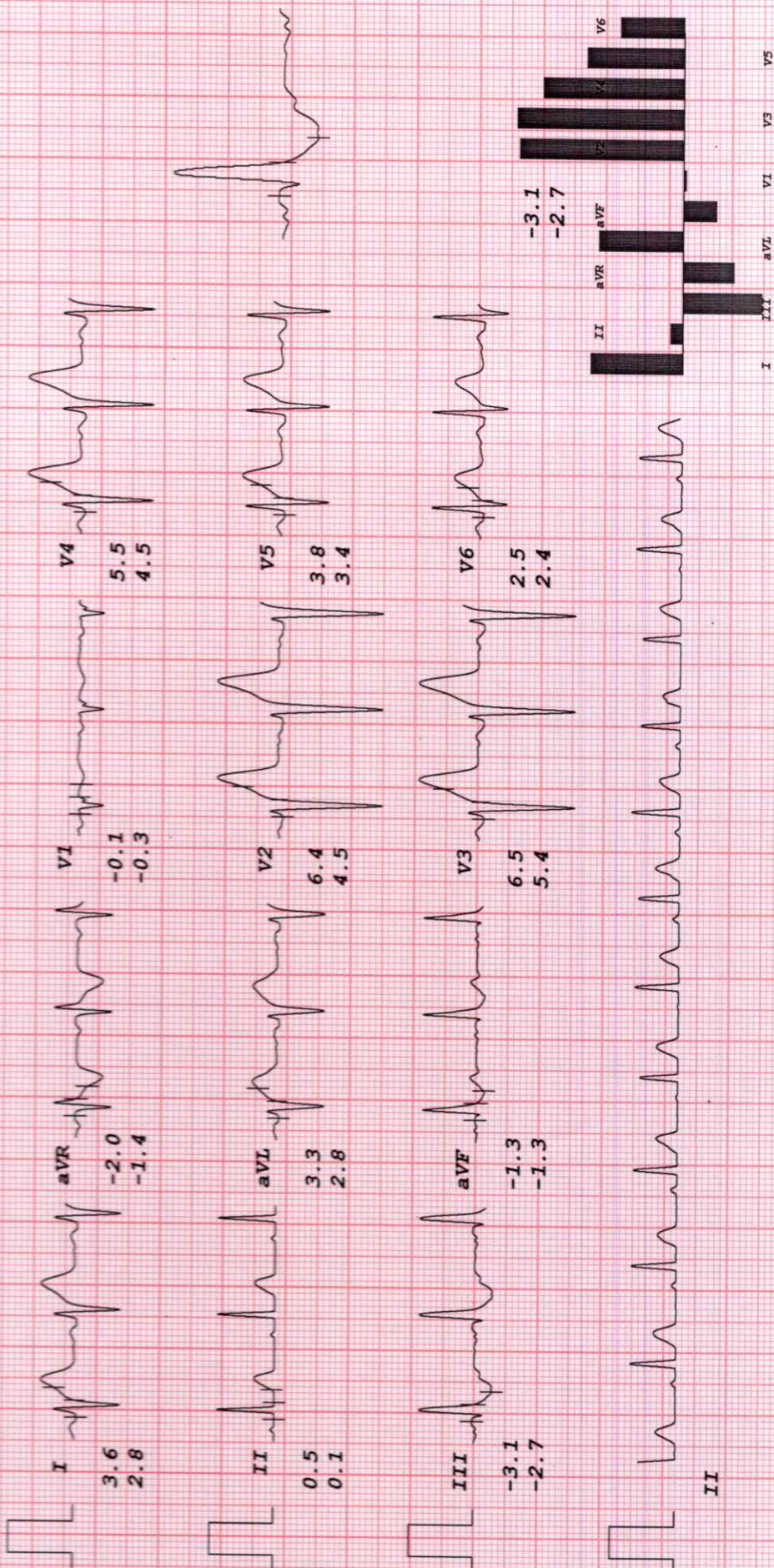
PHASE TIME 0:12

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

RATE 159bpm  
 B.P. 130/80

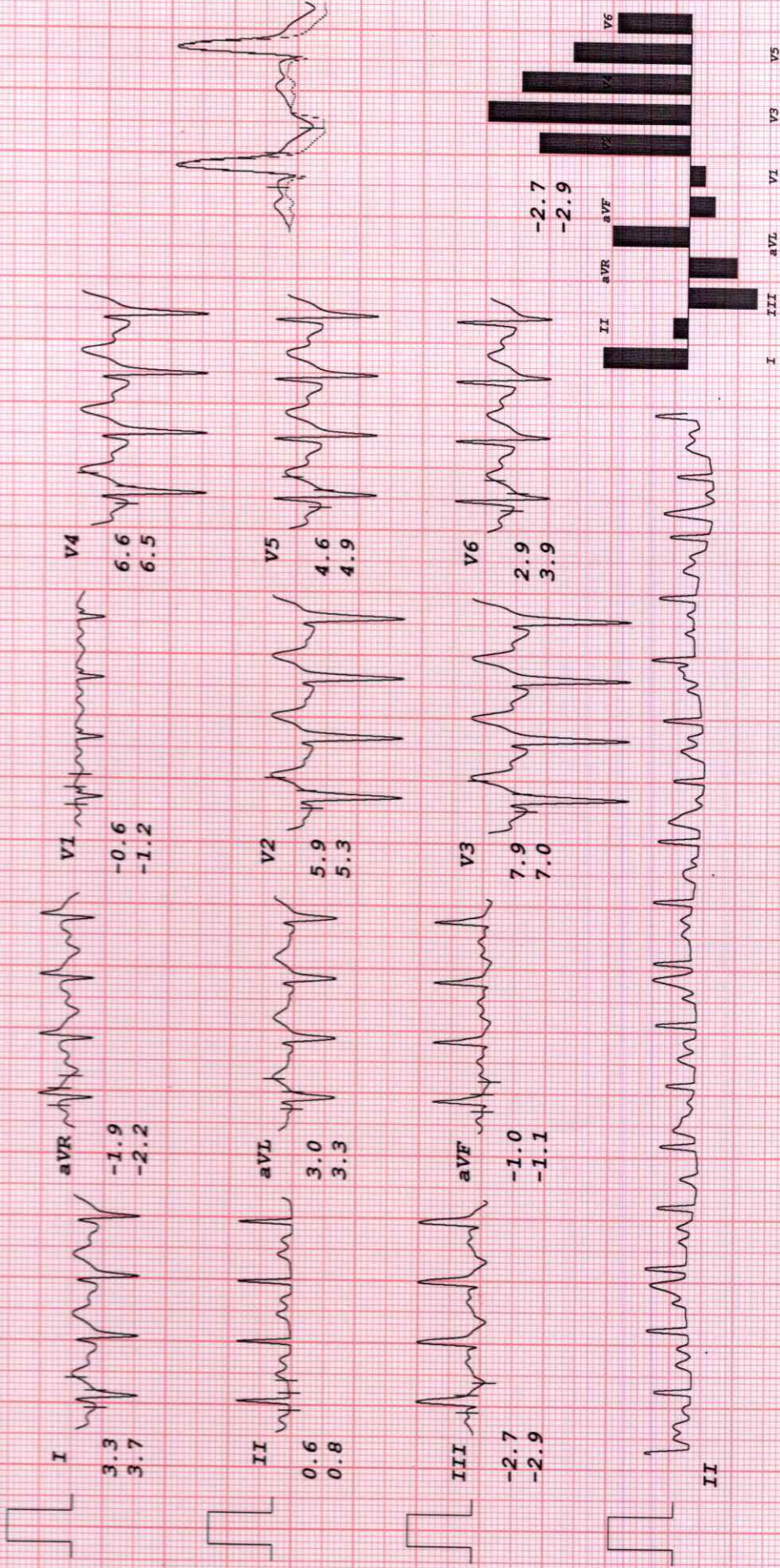
Bruce  
 Stage 1  
 TOTAL TIME 2:59  
 PHASE TIME 2:59

ST  $\theta$  10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 \*

LINKED MEDIAN

Mag. X 2

III





# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

LINKED MEDIAN

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

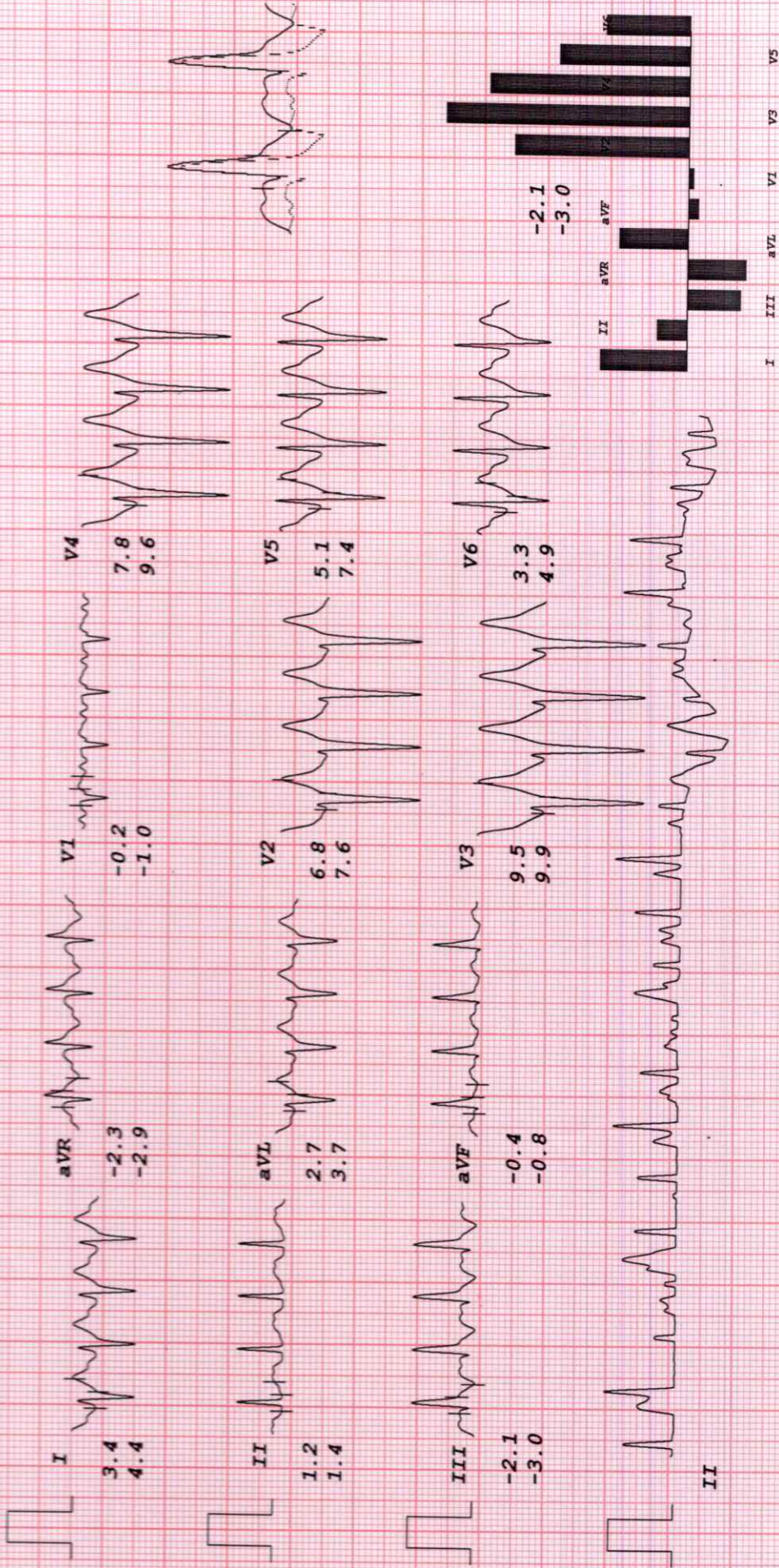
RATE 180bpm  
 B.P. 140/90

Bruce  
 Stage 2  
 TOTAL TIME 5:59  
 PHASE TIME 2:59

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

LINKED MEDIAN

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

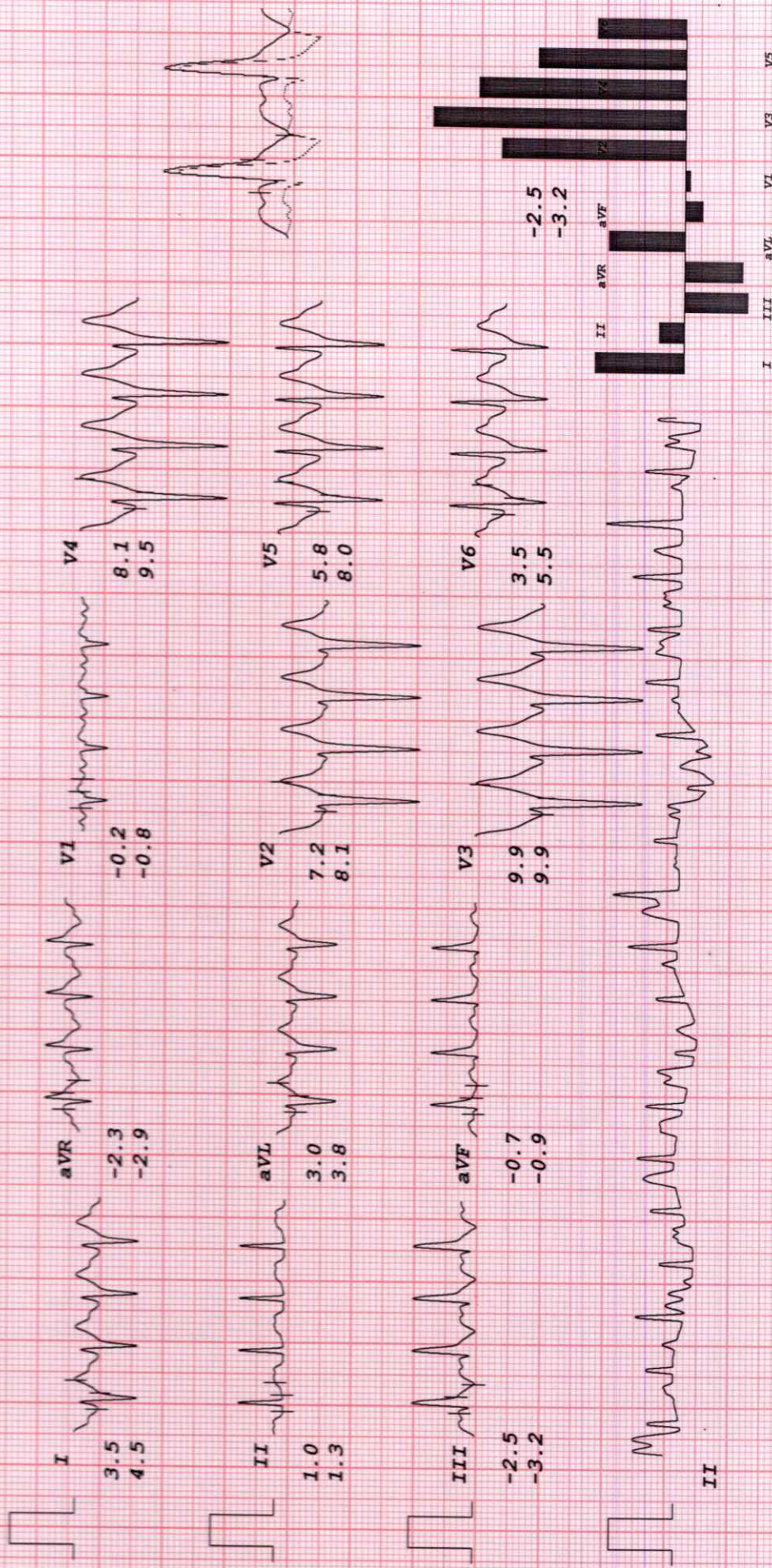
RATE 181bpm  
 B.P. 140/90

Bruce  
 PK-EXERCISE  
 TOTAL TIME 6:06  
 PHASE TIME 0:06

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 \*

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

LINKED MEDIAN

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

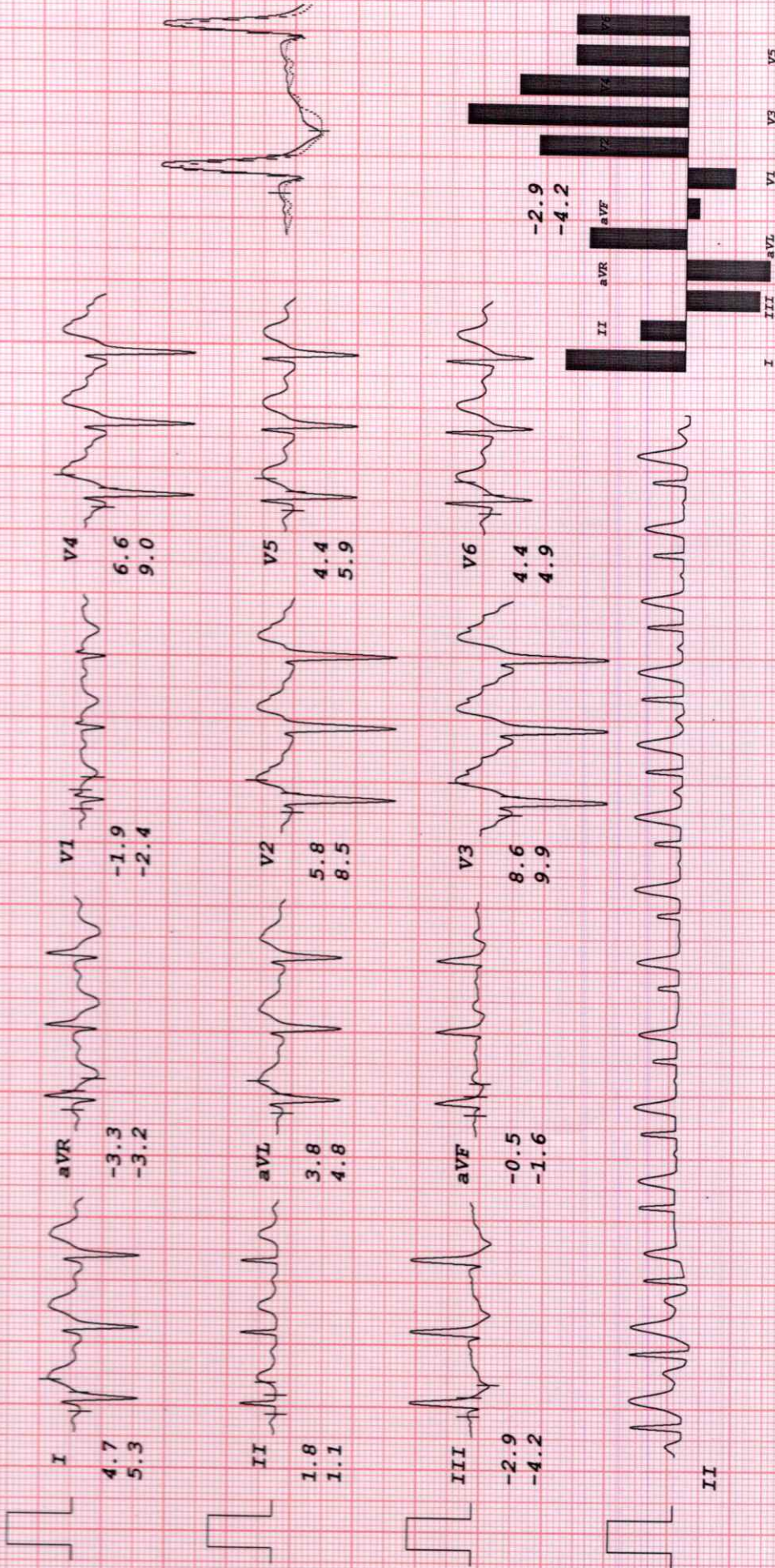
RATE 133bpm  
 B.P. 130/90

Bruce  
 RECOVERY  
 TOTAL TIME 7:49  
 PHASE TIME 1:28

ST @ 10mm/mV  
 80ms PostJ

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

RATE 124bpm  
 B.P. 130/90

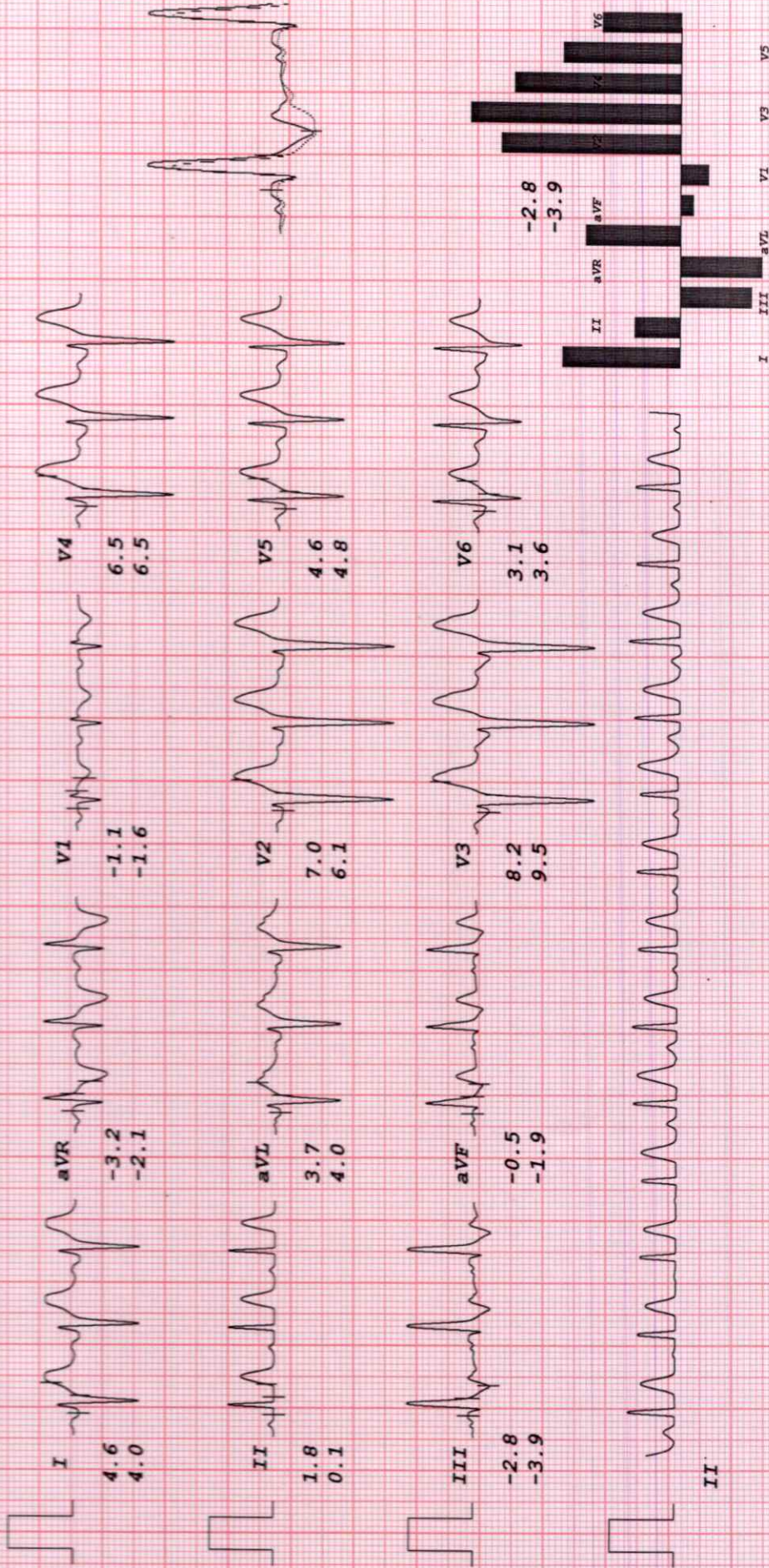
Bruce  
 RECOVERY  
 TOTAL TIME 8:30  
 PHASE TIME 2:09

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

MR MONDAL NEUTON  
 I.D. 1057  
 Age 35/M  
 Date 23-03-2024

RATE 116bpm  
 B.P. 130/80

Bruce  
 RECOVERY  
 TOTAL TIME 9:20  
 PHASE TIME 2:59

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III

