

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MR KUSUMA SIDHARTHA  
**Referred By Dr** : MEDIWHEEL  
**Sex** : MALE    **Age** : 33 Years  
**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : LCB0105 \*LCB0105\*  
**Reg. Date** : 23-Mar-2024 9:05 am  
**Report Date** : 23-Mar-2024 2:41 pm  
**Print Date** : 28-Mar-2024 5:17 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	12.50		5 - 20 mg/dl
CREATININE	1.1	mg/dl	0.7 - 1.3 mg/dl
Serum Uric Acid	7	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	33		
eGFR	81.94	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

Checked By  
JAY

DR. BHAVINI KAMDAR  
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- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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## BLOOD GROUP

TEST	RESULT
Blood Group	'B'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	87.6	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	88.1	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15.4	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	<b>5.81</b>	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	49.1	%	Male : 37 - 51 %
MCV	84.50	fl	80- 96 fl
MCH	<b>26.50</b>	pg	27 - 32 pg
MCHC	<b>31.40</b>	gm%	32 - 37 gm%
RDW	14	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	7150	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	33	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	341000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.2	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	102.54		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more  
**CONTROL CRITERIA IN DIABETICS:**  
 Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

\* RECHECKED & CONFIRMED

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	231	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	126.6	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	45	mg / dl	35.3 - 79.5 mg / dl
VLDL	25.32	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	160.68	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	5.13		< 5
LDL / HDL	3.57		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.8	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.50	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	10	U / L	Up to 45 U / L
S.G.O.T.	15	U / L	Up to 46 U / L
Alkaline Phosphatase	53.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	6.4	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.3	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.10	mg/dl	2 - 3.5 mg / dl
A / G Ratio	2.05		1.0- 2.3
GGT	35	IU/L	55 IU/L

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## STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Colour	Brown
Form ( Consistency )	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<u>CHEMICAL EXAMINATION</u>	
Reaction	Acidic
Occult Blood	Absent
<u>MICROSCOPIC EXAMINATION</u>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	Occasional
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

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### T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	118.218	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	7.093	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	3.560	uIU/mL	HYPOTHYROID : Less than 4.71 µg/dl Hypothyroid > 15.0 Hyperthyroid : < 0.3 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g: L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine, Lithium, Amiodarone.
4. Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens, Estrogens. O C Pills, Phenytoln). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

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**Collected At** : YOGI NAGAR MAIN BRANCH

**Lab No.** : LCB0105 \*LCB0105\*  
**Reg. Date** : 23-Mar-2024 9:05 am  
**Report Date** : 23-Mar-2024 2:58 pm  
**Print Date** : 28-Mar-2024 5:17 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP: SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2809 6556 • MOB.: 90224 88354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR KUSUMA SIDHARTHA  
 Referred By Dr : MEDIWHEEL  
 Sex : MALE Age : 33 Years  
 Collected At : YOGI NAGAR MAIN BRANCH

Lab No. : LCB0105 \*LCB0105\*  
 Reg. Date : 23-Mar-2024 9:05 am  
 Report Date : 23-Mar-2024 2:58 pm  
 Print Date : 28-Mar-2024 5:17 pm

----- End of Report -----

Checked By  
 JAY


DR. BHAVINI KAMDAR  
 MD (PATH) MUM

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- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP




  
**HEALTHCARE**
  
 MEDICAL CENTRE & DIAGNOSTICS

MR KUSUMA SIDHARITHA  
 ELCB0105    23-Mar-2024  


# ELECTROCARDIOGRAM (ECG)


PATIENT MR KUSUMA SIDHARITHA    AGE 33    SEX M

REF. BY DR. ME D J WHEEL    DATE 23/03/2024

INTERPRETATION :

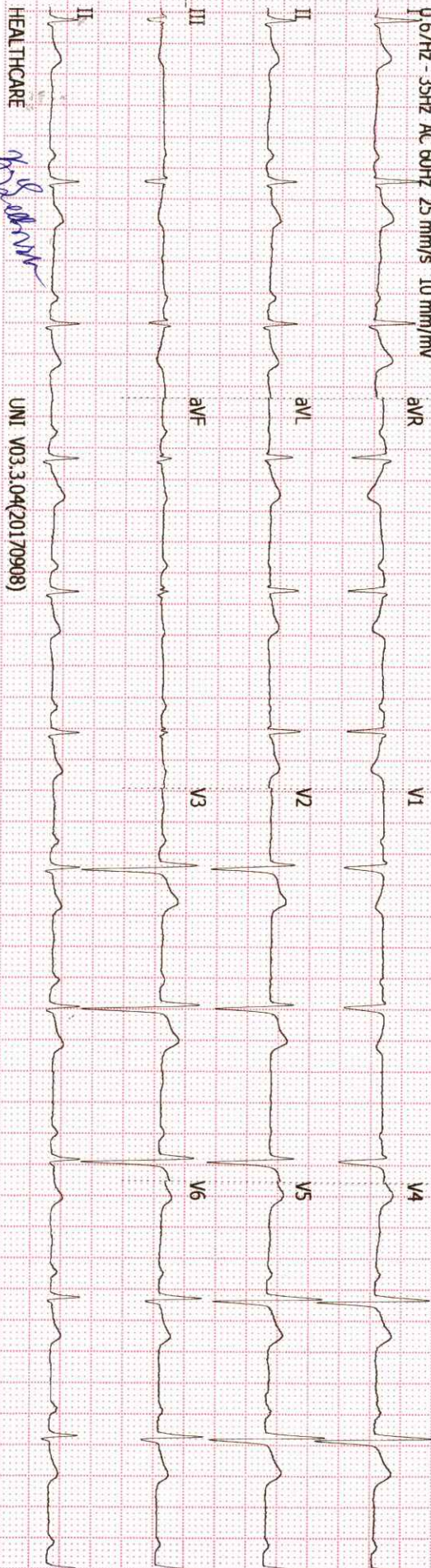
HEALTHCARE

Medical Imaging And Diagnostics  
 Yogi Birla Centre  
 1st Floor, Yogi Birla Centre  
 100 Feet Road, Madhavaram  
 Chennai - 600030  
 Tel : 20990001, 20990550



Dr.   
 Reg. No. 2019115642  
  
 Reg. No. 2019115642  
**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2019115642

0.67Hz - 35Hz AC 60Hz 25 mm/s 10 mm/mv



*Handwritten signature*

History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : .....

Ventricular Rate : .....

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : .....

P. Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : .....

Normal

**Health Check up Booking Request(bobE17288), Beneficiary Code-134116**

Mediwheel <wellness@mediwheel.in>  
 To: healthcare.medicals@gmail.com  
 Cc: customercare@mediwheel.in

Wed, Mar 20, 2024 at 12:33 PM



011-41195959

Dear Healthcare Medical Centre and Diagnostic

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

**You confirm this booking?**      Yes      No

Name : MR. KUSUMA SIDHARTHA  
 Contact Details : 6303391728  
 Hospital Package Name : Mediwheel Full Body Health Checkup Male Below 40  
 Location : 1st Floor, Yogi Avenue, Yogi Nagar, behind Vakharia institute, Borivali (W)  
 Appointment Date : 23-03-2024

Member Information		
Booked Member Name	Age	Gender
MR. KUSUMA SIDHARTHA	33 year	Male

**Tests included in this Package -**

- Stool Test
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile



భారత ప్రభుత్వం

GOVERNMENT OF INDIA

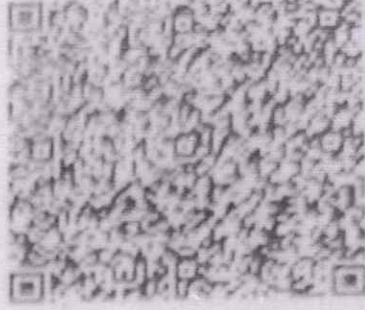
కుసుమ సిద్ధార్థ

Kusuma Sidhartha

పుట్టిన తేదీ / DOB: 12/06/1990

పురుషుడు / MALE

3158 8251 8778



*Kusuma*

ఆధార్ - సామాన్య వి హాక్యు



*K*



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR SIDHARTHA KUSUMA	DATE	23/3/2024
HEIGHT: 162CM	WT: 75KGS	AGE	33YRS
REFERRED BY	MEDIWHEEL	SEX	MALE

PRESENT COMPLAINTS: NIL

CURRENT MEDICATION: NIL

PAST HISTORY: NIL

ALLERGY: NIL      HABIT: CIGARETTE 1-2/ DAY OCCASIONALLY  
SINCE 2YRS

SLEEP: GOOD      BLADDER: NAD      BOWEL: NAD

FAMILY HISTORY - FATHER HAS IHD

GENERAL EXAMINATION:      ADVICE:-

P: 54/min      BP: 130/80mmHg

PALLOR: NAD      ICTERUS: NIL

OEDEMA: NIL      OTHERS: NIL

RS: NAD

CVS: NAD      CNS :NAD

PA: NAD

INVESTIGATION:

*Daily exercise*  
*Reduce weight*  
*Avoid fatty/oily food*

**Dr. NUPUR RAI**  
MBBS, DIPLOMA CARDIOLOGY (PGCC)  
Reg. No.: 2018115643

**HEALTHCARE**  
Medical Centre And Diagnostics  
Vijaya Nagar, Yogi Bheem Nagar,  
Bommalur, Bangalore - 560025  
Phone Number: 400 092  
28996538

- COMPU. PATHOLOGY • ALLERGY TESTING
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**OPHTHALMIC REPORT**

NAME <i>Siddhant Kusuma</i>	DATE <i>23/3/24</i>
R- NO	AGE <i>33</i>
REF. BY DR.	SEX <i>male</i>

RIGHT EYE      LEFT EYE

V.A. WITHOUT GLASSES:      *6/24*      *6/6.*

V.A. WITH GLASSES:      *6/6*      *6/6.*

SLIT LAMP EXAMINATION:

IOP - SCHIOTZ TONOMETER:      \_\_\_\_\_

FUNDUS:      \_\_\_\_\_

COLOUR VISION: (ISHIHARA CHART)      *Normal*      *Normal*

OCULAR MOVEMENTS:      \_\_\_\_\_

RETINOSCOPY:      \_\_\_\_\_

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>1.25</i>	<i>0.50</i>	<i>90</i>	<i>Plano</i>		
NEAR						

CLINICAL IMPRESSION:  
ADVICE:

DR *[Signature]*  
HEALTHCARE Medical Centre And Diagnostics  
Yogi Avenue, Yashwantrao Chavan  
Borivali (W) Mumbai - 400 092  
Tel :- 28990005 / 28996535

- COMPU. PATHOLOGY • ALLERGY TESTING
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MR KUSUMA SIDHARTHA</b>	<b>DATE</b>	<b>23.03.2023</b>
		<b>AGE</b>	<b>33 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS,**

**LIVER :** Liver is normal in size showing bright parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is well distended .The gall bladder wall of normal thickness. A calculus of size 3 3mm is seen.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 9.3 x 4.2 cms

(b) Left kidney measures: 10.5 x 4.5 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

**PROSTATE:** is normal in size and shape (vol- 17.4 gms)

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MR KUSUMA SIDHARTHA</b>	<b>DATE</b>	<b>23.03.2023</b>
		<b>AGE</b>	<b>33 YRS</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

**IMPRESSION :**

- **GRADE I FATTY LIVER.**
- **CHOLELITHIASIS.**

**SUGGEST: CLINICAL CORRELATION.**

**DR.SUDHANSHU SAXENA**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.



- COMPU. PATHOLOGY • ALLERGY TESTING
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

<b>NAME</b>	<b>MR KUSUMA SIDHARTHA</b>	<b>DATE</b>	<b>23.03.2024</b>
	Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction	<b>AGE</b>	<b>30 Years</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>MALE</b>

### **X-RAY CHEST (PAVIEW).**

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

#### **IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

  
**DR.SUDHANSHU SAXENA**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

# HEALTHCARE BORIVALI

**MR KUSUMA SIDHARTHA**

ID : 986  
 DATE : 23/03/2024  
 AGE/SEX : 33 /M  
 HT/WT : 162 / 75  
 REF. BY : MEDIWHEEL

**TREADMILL TEST REPORT**

PROTOCOL : Bruce  
 HISTORY : Checkup/Physical fitness,  
 INDICATION : CARDIAC EVALUATION  
 MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			MET.	
								I	II	III		
SUPINE												
STANDING					95	130 / 80	123	1.6	1.4	-0.2		
HYPERVENT					98	130 / 80	127	1.7	1.5	-0.2		
Stage 1	2:55	0:20	2.7	10	90	130 / 80	117	1.5	1.4	-0.1		4.6
Stage 2	5:55	2:55	4	12	120	130 / 80	156	1.6	1.9	0.3		7.0
Stage 3	8:55	2:55	5.4	14	133	130 / 90	212	1.1	1.5	0.5		9.9
PK-EXERCISE	9:22	0:22	6.7	16	152	140 / 90	235	1.1	1.9	0.7		10.
RECOVERY	10:35	1:3			157	150 / 90	235	1.1	2.8	1.7		
RECOVERY	11:34	2:2			118	160 / 80	188	1.3	1.9	0.6		
RECOVERY	12:27	2:55			108	150 / 80	162	0.9	1.4	0.5		
RECOVERY					107	140 / 80	149	0.5	0.9	0.4		

**RESULTS**

EXERCISE DURATION : 9:22  
 MAX HEART RATE : 157 bpm  
 MAX BLOOD PRESSURE : 160 / 80 mm Hg  
 REASON OF TERMINATION : THR Not Achieved, fatigue.  
 BP RESPONSE : Normal,  
 ARRYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,  
**IMPRESSIONS** :  
 Good effort tolerance,  
 No angina, No arrythmia,  
 No significant ST change noted,  
 Normal HR, Normal BP response,  
 Stress test inconclusive for inducible ischemia.

MAX WORK LOAD : 10.49 METS

**HEALTHCARE**

Medical centre And Diagnostics  
 Yogi Avenue, Yogi Nagar,  
 Borivali (West), Mumbai - 400 092  
 Tel : 28996565 / 28996535

**Dr. NUPUR RAI**

MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

( MD )

Technician : 1

MR KUSUMA SIDHARTHA  
I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 95bpm  
R.P. 130/80

PRETEST  
SUPINE

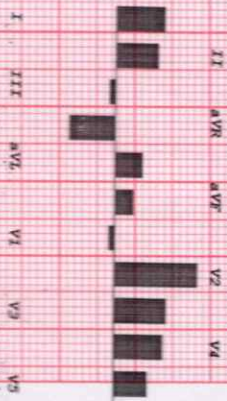
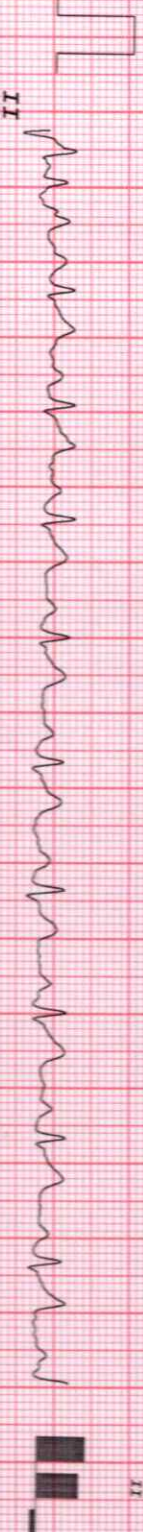
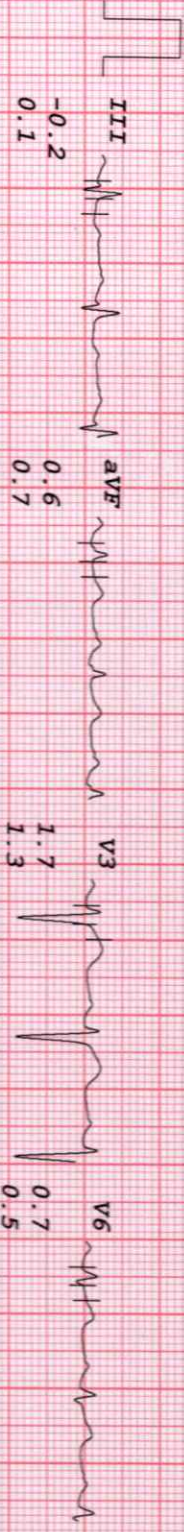
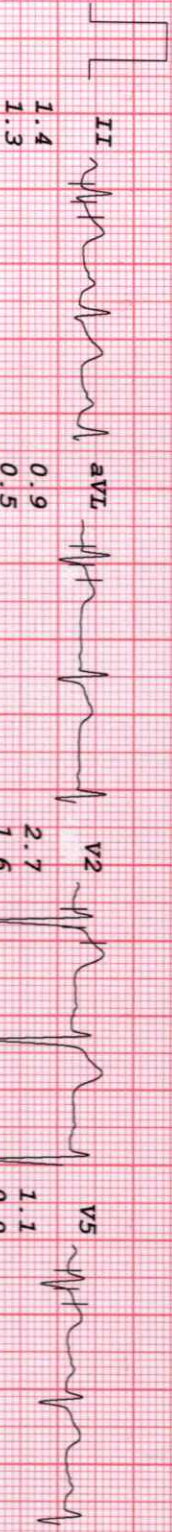
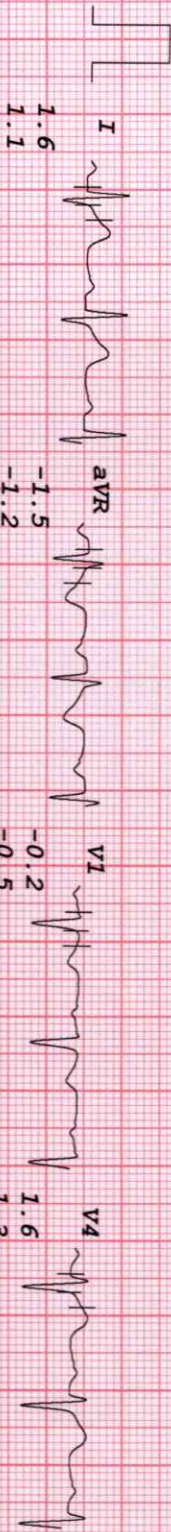
ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

HEALTHCARE BORIVALLI

Mag. X 2

V1



# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHHA  
I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 98bpm  
B.P. 130/80

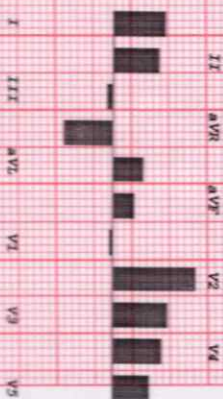
PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

V1





# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHA  
I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 90bpm  
B.P. 130/80

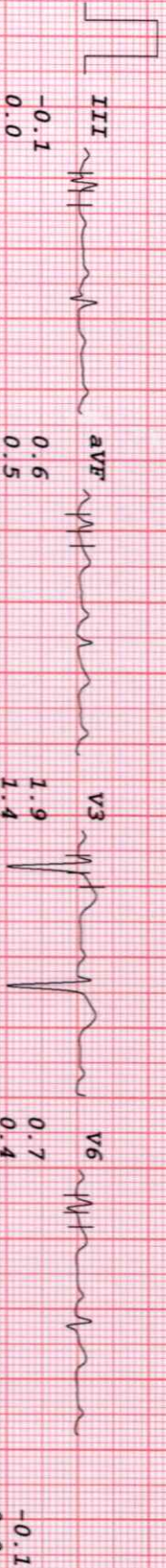
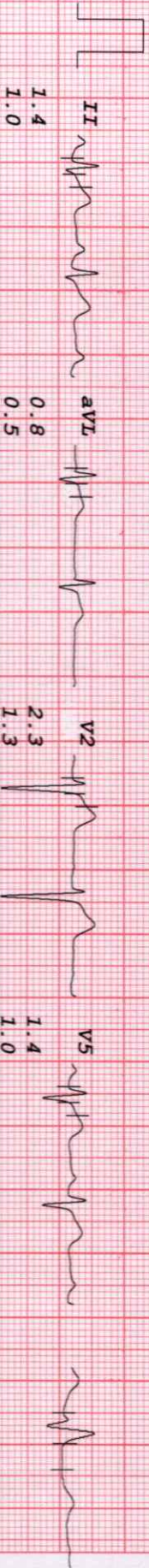
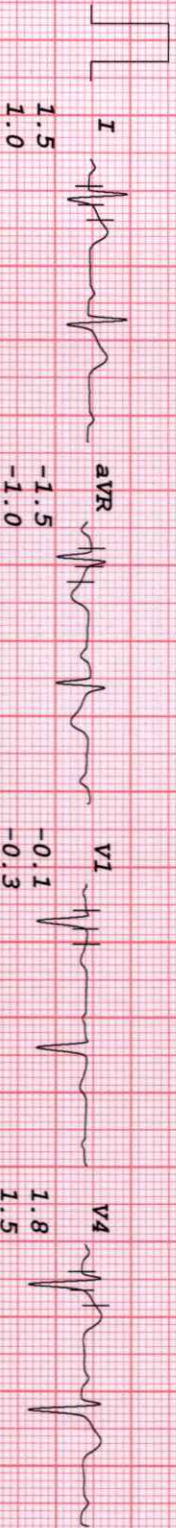
PRETEST  
HYPERVENT  
PHASE TIME 0:20

ST @ 10mm/mV  
80ms Post J

LINKED MEDIAN

Mag. X 2

III



# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHA  
I.D. 986  
Age 33/M  
Date 23/03/2024

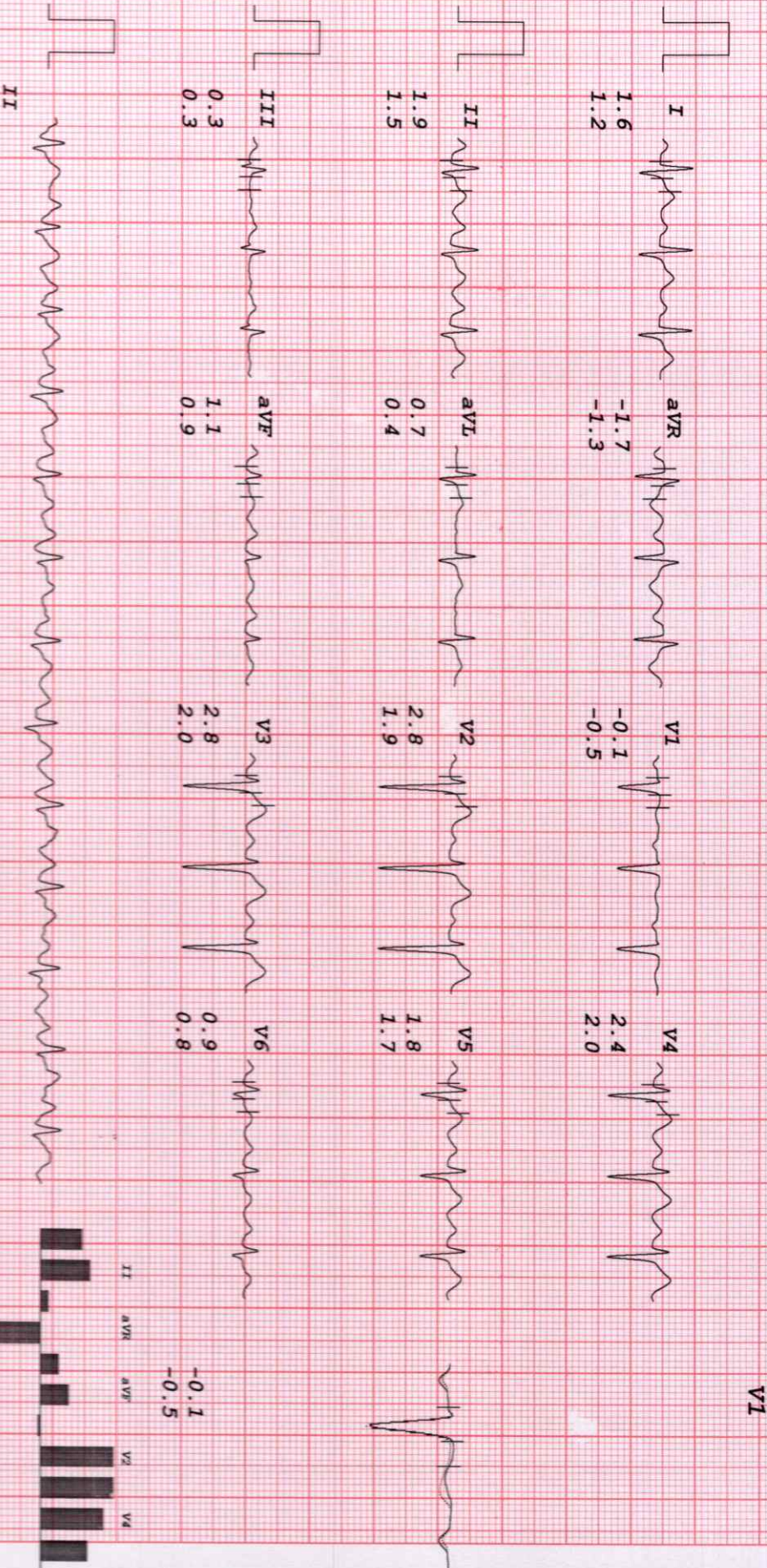
RATE 120bpm  
B.P. 130/80

Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms Post J  
Speed 2.7 km/hr  
SLOPE 10 %

LINKED MEDIAN

Mag. X 2



# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHA  
 I.D. 986  
 Age 33/M  
 Date 23/03/2024

RATE 133bpm  
 B.P. 130/90

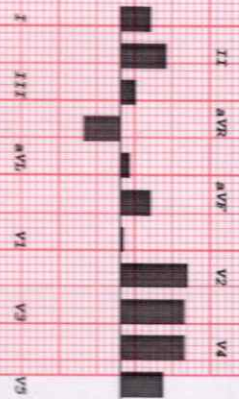
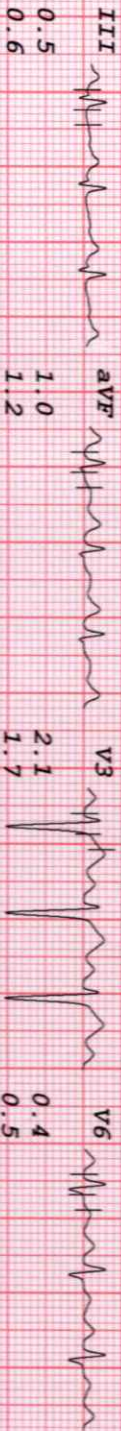
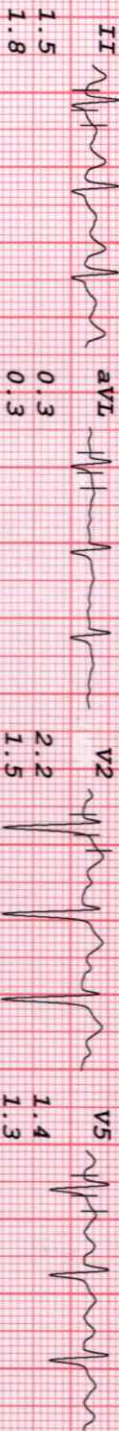
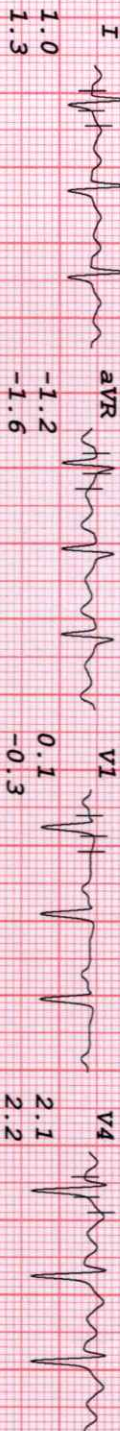
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms Post-T  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALI

MR KUSUMA SIDHARTHA  
I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 152bpm  
B.P. 140/90

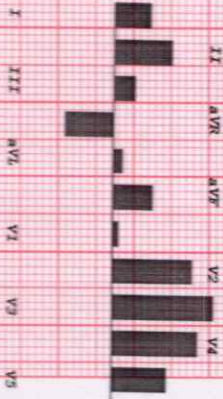
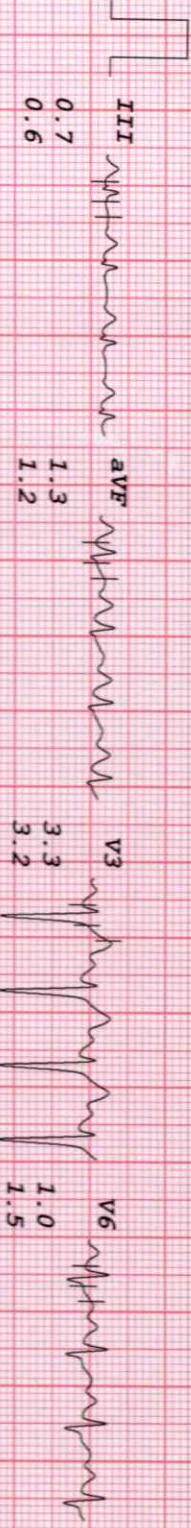
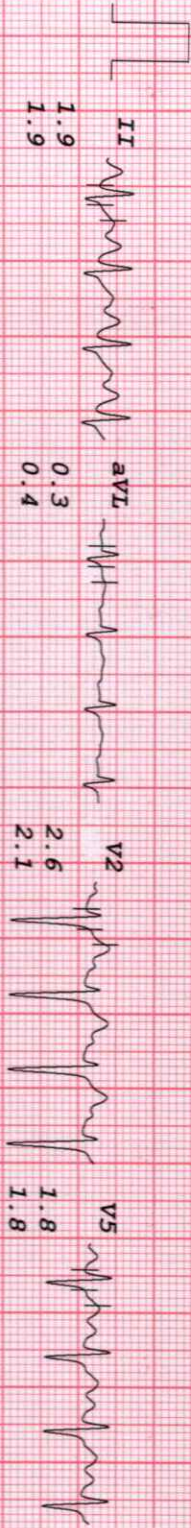
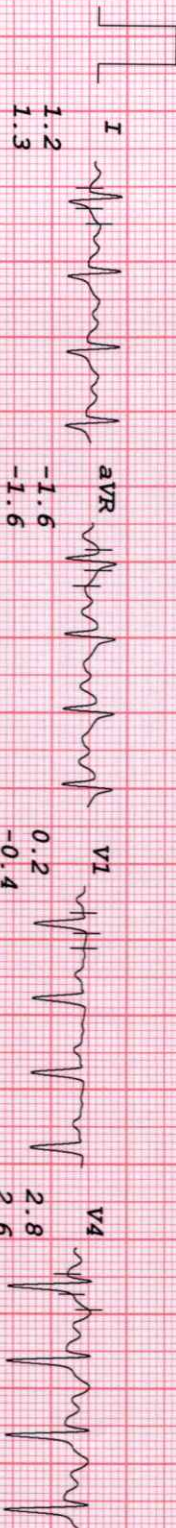
Bruce  
Stage 3  
TOTAL TIME 8:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAL

Mag. X 2

V1



# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHA

I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 157bpm  
B.P. 150/90

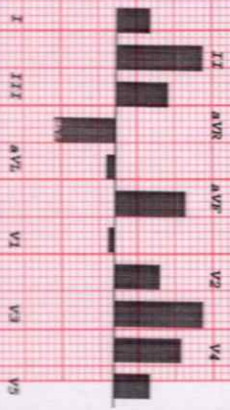
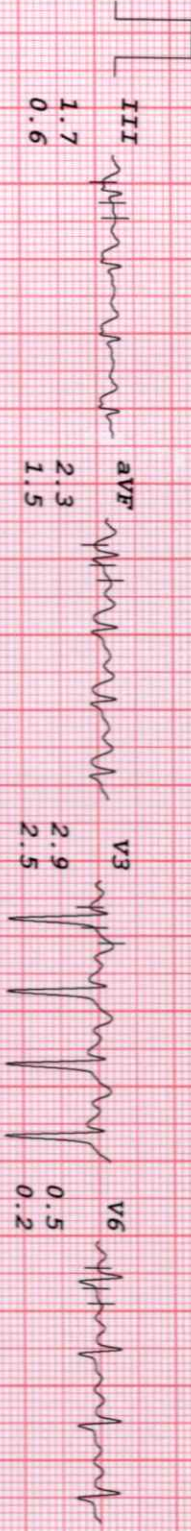
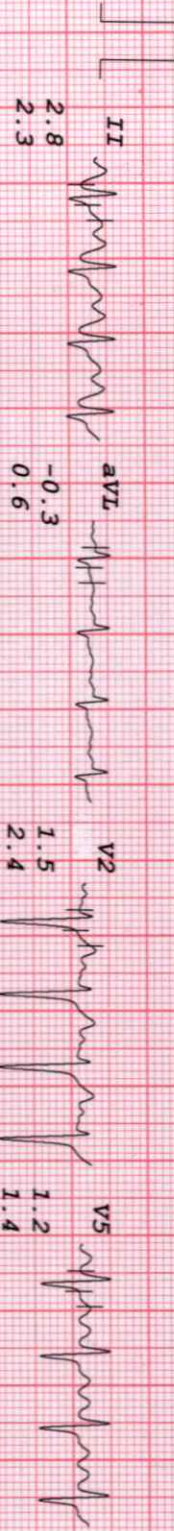
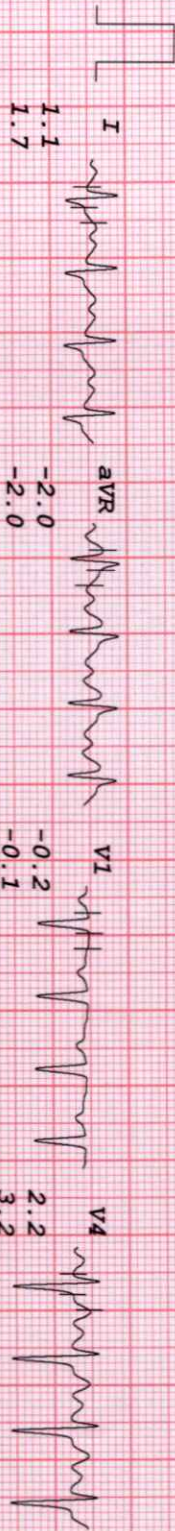
Bruce  
PK-EXERCISE  
TOTAL TIME 9:22  
PHASE TIME 0:22

ST @ 10mm/mV  
80ms PostJ  
Speed 6.7 km/hr  
SLOPE 16 %

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHA  
 I.D. 986  
 Age 33/M  
 Date 23/03/2024

RATE 118bpm  
 B.P. 160/80

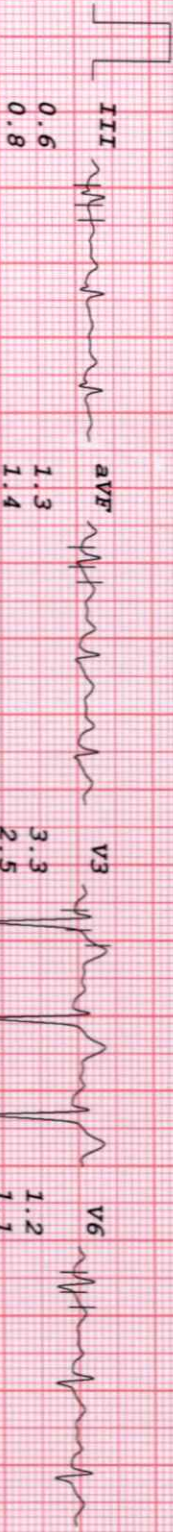
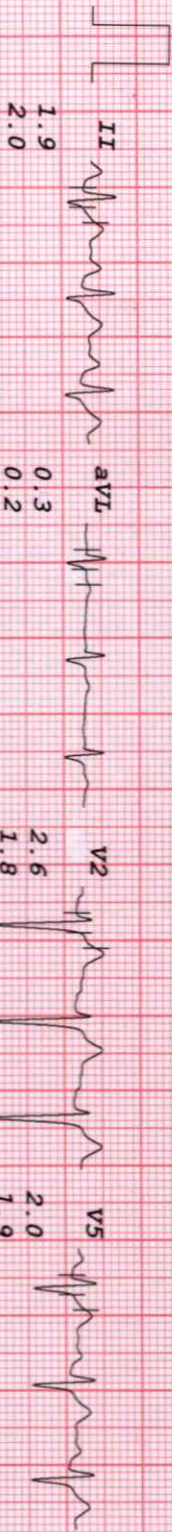
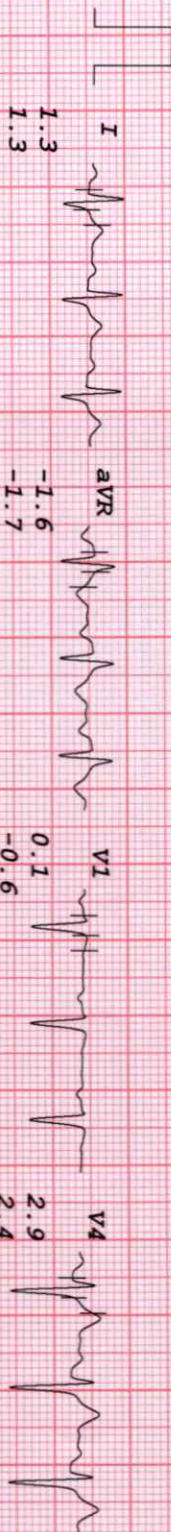
Bruce  
 RECOVERY  
 TOTAL TIME 10:35  
 PHASE TIME 1:03

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



# HEALTHCARE BORIVALI

MR KUSUMA SIDHARTHA  
I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 108bpm  
B.P. 150/80

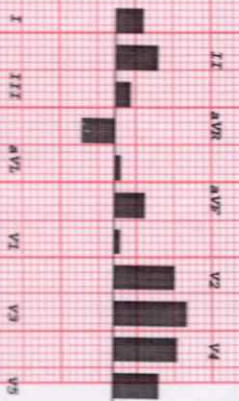
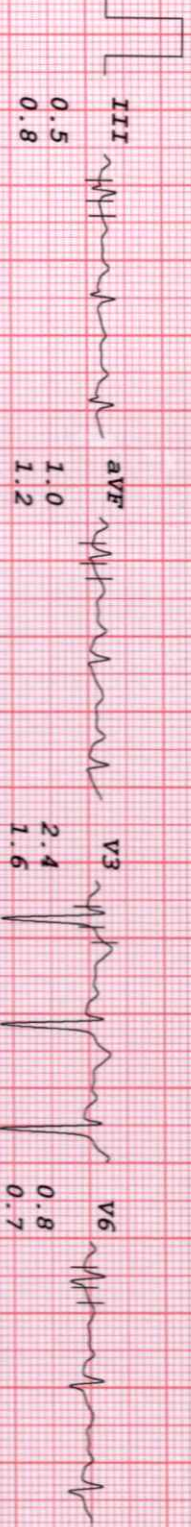
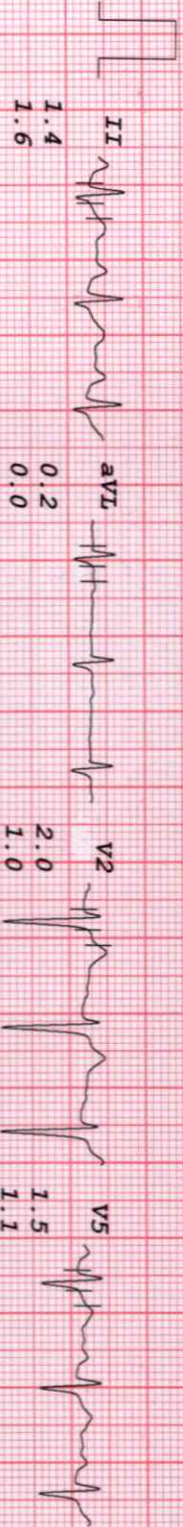
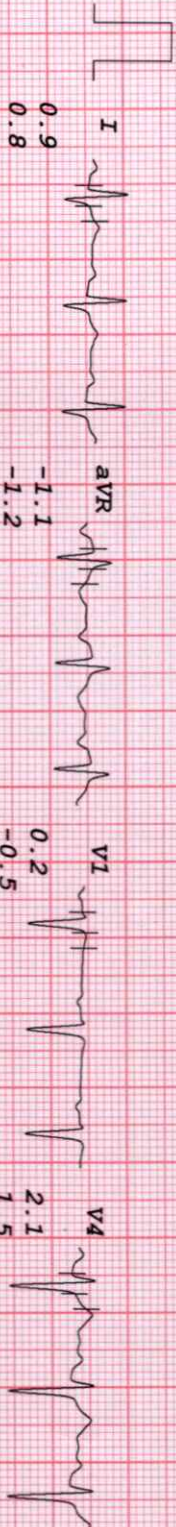
Bruce  
RECOVERY  
TOTAL TIME 11:34  
PHASE TIME 2:02

ST @ 10mm/mv  
80ms PostJ

LINKED MEDIAL

Mag. X 2

V1



# HEALTHCARE BORIVALLI

MR KUSUMA SIDHARTHA

I.D. 986  
Age 33/M  
Date 23/03/2024

RATE 107bpm  
B.P. 140/80

Bruce  
RECOVERY  
TOTAL TIME 12:27  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL

Mag. X 2

V1

