

PATIENT NAME : NIKIN T M

REF. DOCTOR : DR. MEDIWHEEL

CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	ACCESSION NO : 4053XC002939	AGE/SEX : 35 Years Male
	PATIENT ID : NIKIM2208884053	DRAWN :
	CLIENT PATIENT ID:	RECEIVED : 23/03/2024 08:02:44
	ABHA NO :	REPORTED : 23/03/2024 14:42:10

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

OPHTHAL

OPHTHAL COMPLETED

TREADMILL TEST

TREADMILL TEST COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED

**DR.INDUSARATH.S , MBBS, MD,
 DNB (Reg.No:41964)
 CONSULTANT PATHOLOGIST**



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 DDRC AGILUS PATHLABS LIMITED

KANNUR
 KERALA, INDIA
 Tel : 93334 93334
 Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600008305655

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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

ECG WITH REPORT

REPORT
 COMPLETED

USG ABDOMEN AND PELVIS

REPORT
 COMPLETED

CHEST X-RAY WITH REPORT

REPORT
 COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	6.5	Normal	: 4.0 - 5.6%.	%
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal
 More stringent goal : < 6.5 %.
 General goal : < 7%.
 Less stringent goal : < 8%.

Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	139.9 High	< 116.0	mg/dL
---------------------	-------------------	---------	-------

SREENA A
LAB TECHNOLOGIST

DR.INDUSARATH.S , MBBS, MD,
DNB (Reg.No:41964)
CONSULTANT PATHOLOGIST

DR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry & Immunology



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BLOOD COUNTS, EDTA WHOLE BLOOD

HEMOGLOBIN	15.1	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.04	4.5 - 5.5	mil/ μ L
WHITE BLOOD CELL COUNT	6.96	4.0 - 10.0	thou/ μ L
PLATELET COUNT	245	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	45.6	40 - 50	%
MEAN CORPUSCULAR VOL	90.4	83 - 101	fL
MEAN CORPUSCULAR HGB.	30.0	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	33.2	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	12.6	11.6 - 14.0	%
MENTZER INDEX	17.9		
MEAN PLATELET VOLUME	8.2	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	53	40 - 80	%
LYMPHOCYTES	39	20 - 40	%
MONOCYTES	3	2 - 10	%
EOSINOPHILS	4	1 - 6	%
BASOPHILS	1	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	3.69	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.71	1 - 3	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.21	0.20 - 1.00	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.28	0.02 - 0.50	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.4		



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Test Report Status **Final**

Results

Units

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR) 5 0 - 14 mm at 1 hr

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL NOT DETECTED NOT DETECTED

SUGAR URINE - FASTING

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**ABO GROUP TYPE AB
RH TYPE POSITIVE

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRYDR.HARI SHANKAR, MBBS MD
(Reg No - TCMC:62092)
HEAD - Biochemistry &
ImmunologyJINSHA KRISHNAN
LAB TECHNOLOGISTDR.INDUSARATH.S , MBBS, MD,
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Page 4 Of 8

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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

BUN/CREAT RATIO

BUN/CREAT RATIO 6.6 5.00 - 15.00

CREATININE, SERUM

CREATININE 1.20 18 - 60 yrs : 0.9 - 1.3 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 121
Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 125
Diabetes Mellitus : > or = 126. mg/dL
Impaired fasting Glucose/
Prediabetes : 101 - 125.
Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL 0.40 General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT 0.12 General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT 0.28 0.00 - 0.90 mg/dL
TOTAL PROTEIN 7.4 Ambulatory : 6.4 - 8.3 g/dL
Recumbant : 6 - 7.8
ALBUMIN 4.8 20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN 2.6 General Range : 2 - 3.5 g/dL
Premature Neonates : 0.29 - 1.04

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JINSHA KRISHNAN
LAB TECHNOLOGIST



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ALBUMIN/GLOBULIN RATIO	1.8	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	41	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	90	Adults : < 45	U/L
ALKALINE PHOSPHATASE	58	Adult(<60yrs) : 40 - 130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	51	Adult(male) : < 60	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	7.4	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	6.9	Adults : 3.4-7	mg/dL
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BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN	8	Adult(<60 yrs) : 6 to 20	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	136	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	226 High	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL

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HEAD - Biochemistry & Immunology

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HDL CHOLESTEROL		28 Low	mg/dL
LDL CHOLESTEROL, DIRECT		81	mg/dL
		General range : 40-60	
		Optimum : < 100	
		Above Optimum : 100-129	
		Borderline High : 130-159	
		High : 160-189	
		Very High : >or= 190	
NON HDL CHOLESTEROL		108	mg/dL
		Desirable-Less than 130	
		Above Desirable-130-159	
		Borderline High-160-189	
		High-190-219	
		Very High- >or =220	
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		45.2 High	mg/dL
		4.9 High	
		</= 30.0	
		3.3 - 4.4 Low Risk	
		4.5 - 7.0 Average Risk	
		7.1 - 11.0 Moderate Risk	
		> 11.0 High Risk	
LDL/HDL RATIO		2.9	
		0.5-3 Desirable/Low risk	
		3.1-6 Borderline/Moderate risk	
		>6.0 High Risk	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

THYROID PANEL, SERUM

T3	134.80	80.0 - 200.0	ng/dL
T4	8.27	5.10 - 14.10	µg/dl
TSH 3RD GENERATION	2.400	21-50 yrs : 0.4 - 4.2	µIU/mL

CLINICAL PATH - URINALYSIS

SREENA A
LAB TECHNOLOGISTJINSHA KRISHNAN
LAB TECHNOLOGISTDR.INDUSARATH S
CONSULTANT PATHOLOGIST

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Page 7 Of 8

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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

PHYSICAL EXAMINATION, URINE

COLOR PALE YELLOW
 APPEARANCE CLEAR

CHEMICAL EXAMINATION, URINE

PH	6.0	4.8 - 7.4
SPECIFIC GRAVITY	1.020	1.015 - 1.030
PROTEIN	DETECTED (SMALL)	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	1 - 2	NOT DETECTED	/HPF
WBC	3-5	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	
REMARKS	MUCUS : PRESENT		

SREENA A
LAB TECHNOLOGIST

DR.INDUSARATH S
CONSULTANT PATHOLOGIST



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Patient Ref. No. 66600008305655

I, Nitin M hereby declare not willing to do steel sample test.
— Nitin M.



If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. NIKIN T. M.
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): Scar in forehead
3. Age/Date of Birth	:	35y, 22-8-1988 Gender: F
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 175 (cms)	b. Weight 77 (Kgs)	c. Girth of Abdomen 87 (cms)
d. Pulse Rate 54 (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 st Reading	130 130
	2 nd Reading	80 80

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	74	Healthy	
Mother	63	✓	
Brother(s)	40	✓	
Sister(s)	—		

HABITS & ADDICTIONS: Does the examinee consume any of the following?

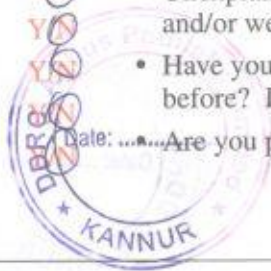
Tobacco in any form	Sedative	Alcohol
—	No	occasional

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y N
- b. Have you undergone/been advised any surgical procedure? Y N
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y N
COVID-19 - 2022 January
- d. Have you lost or gained weight in past 12 months? Y N

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? Y N
- Any disorders of Respiratory system? Y N
- Any Cardiac or Circulatory Disorders? Y N
- Enlarged glands or any form of Cancer/Tumour? Y N
- Any Musculoskeletal disorder? Y N
- Any disorder of Gastrointestinal System? Y N
- Unexplained recurrent or persistent fever, and/or weight loss? Y N
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports? Y N
- Are you presently taking medication of any kind? Y N



• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

*Advised life style modification
to a dietitian consultation for
to a dietitian*

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

Medically fit

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner :

Dr. INDUSARATH. S MBBS, MD, DNB
Reg. No: 41964
DDRC Agilus Pathlabs Limited, Kannur

Name & Seal of DDRC SRL Branch :

Date & Time :



DDRC agilus Pathlabs Limited.

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017
Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in


ഭാരത സർക്കാർ
GOVERNMENT OF INDIA




നിക്കിൻ ടി എം
 Nikin T M
 ജനന വർഷം / Year of Birth : 1988
 പുരുഷൻ / Male




8160 5953 6437


ആധാർ - സാധാരണക്കാരന്റെ അവകാശം



ഭാരതീയ സവിശേഷ തിരിച്ചറിയൽ അതോറിറ്റി
UNIQUE IDENTIFICATION AUTHORITY OF INDIA


മേൽവിലാസം:
 S/O: ടി എം ചന്ദ്രൻ, താഴെ
 മുണ്ടായത് മൗറോസ് (ശ്രീ വന്ദനം),
 ചൊവ്വ എസ്.ഒ, കണ്ണൂർ, കേരളം,
 670006

Address:
 S/O: T M Chandran, Thazhe
 Mundayat House (Sree
 Vandanam), Chovva S.O,
 Chovva, Kannur, Kerala,
 670006

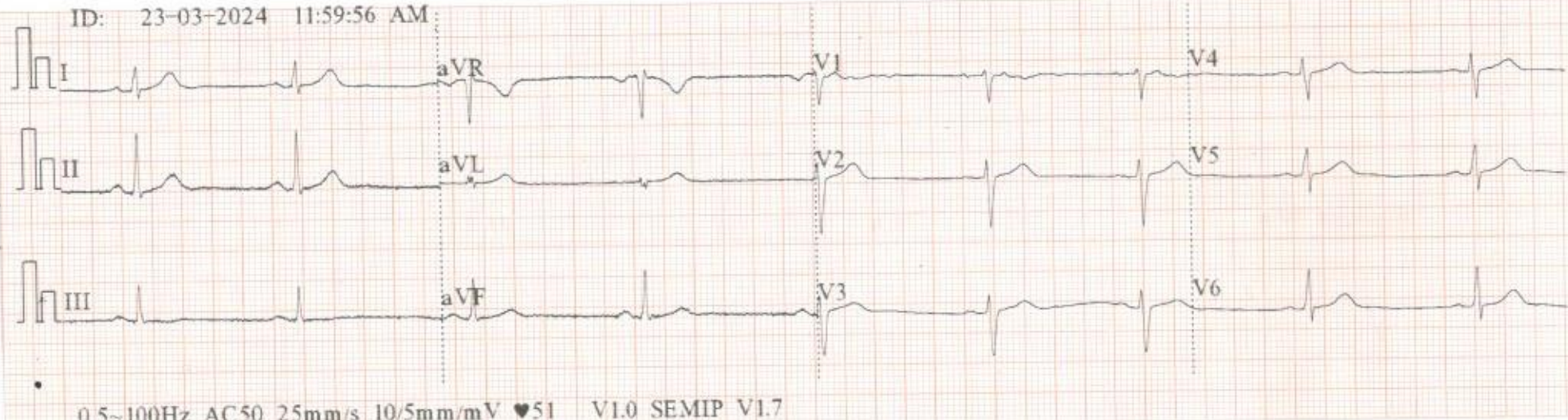

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 Bengaluru-560 001



Standard	L I	L II	L III	L III Inspiration
	<p data-bbox="324 606 784 646">ID: 23-03-2024 11:59:56 AM</p>  <p data-bbox="324 1101 1232 1141">0.5~100Hz AC50 25mm/s 10/5mm/mV ♥51 V1.0 SEMIP V1.7</p> <p data-bbox="918 1141 1064 1173">A:W CE</p>			

Expiration

V1	V2	V3	V4
	V6	Standard	

ID: NIKIN TM
 Male
 35 Years
 mmHg
 cm
 kg
 Sinus bradycardia
 HR : 53 bpm
 P : 111 ms
 PR : 156 ms
 QRS : 76 ms
 QT/QTc : 383/363 ms
 P/QRS/T : 63/61/35 °
 RV5/SV1 : 0.947/0.914 mV

Dr. INDUSARATH. S MBBS, MD, DNB
 Reg. No: 41964
 DDRC Agilus Pathlabs Limited, Kannur



OPHTHALMOLOGY REPORT

TO WHOM-SO-EVER IT MAY CONCERN

This is to certify that I have examined **Mr. NIKIN . T . M** , 35 years Male on 23.03.2024 and his visual standards are as follows:

	OD	OS
UNCORRECTED DISTANCE VISUAL ACUITY	6/6	6/6
UNCORRECTED NEAR VISUAL ACUITY	N6	N6
COLOUR VISION	NORMAL	NORMAL

NOTE:

- NO HISTORY OF SPECS.
- NO RELEVANT MEDICAL HISTORY.
- NO H/O ALLERGY.


SHEHZIYA V P
OPTOMETRIST

DATE : 23.03.2024



Name	Mr. NIKIN.T.M	Age/Sex	35Yrs/Male
Ref: By:	MEDIWHEEL	Date	23.03.2024

ULTRASOUND SCAN OF ABDOMEN AND PELVIS

(With relevant image copies)

LIVER: Mildly enlarged in size (16.5 cm) and shows diffusely increased echotexture.

No e/o focal parenchymal lesions / IHBD. PV, HV & IVC are within normal limits.

GB: Well distended, normal wall thickness. No e/o calculi/polyps/ pericholecystic collections.

CBD: Normal

PANCREAS: Head and body visualized, and are of normal size and echotexture. No e/o focal/diffuse parenchymal lesions/ductal dilatation/calculi. Tail could not be visualized due to poor acoustic window.

SPLEEN: Normal in size and echotexture. Splenic vein shows normal diameter.

KIDNEYS: Both kidneys are normal in size and echotexture. No e/o calculi/hydronephrosis/ focal lesions/ perinephric collections.

RIGHT KIDNEY: Measures 103 x 37 mms

LEFT KIDNEY: Measures 102 x 45 mms

UB: Moderately distended, shows normal wall thickness. No e/o calculi/ growth/diverticulae. Both UV junctions are within normal limits.

PROSTATE: 13.5cc, normal in size and echotexture.

No e/o intraperitoneal free fluid/ abdominal lymphadenopathy /mass lesion.

IMPRESSION:

- **MILD HEPATOMEGALY WITH GRADE II FATTY CHANGES.**
- **NO OTHER SONOLOGICALLY DETECTED ABNORMALITY.**



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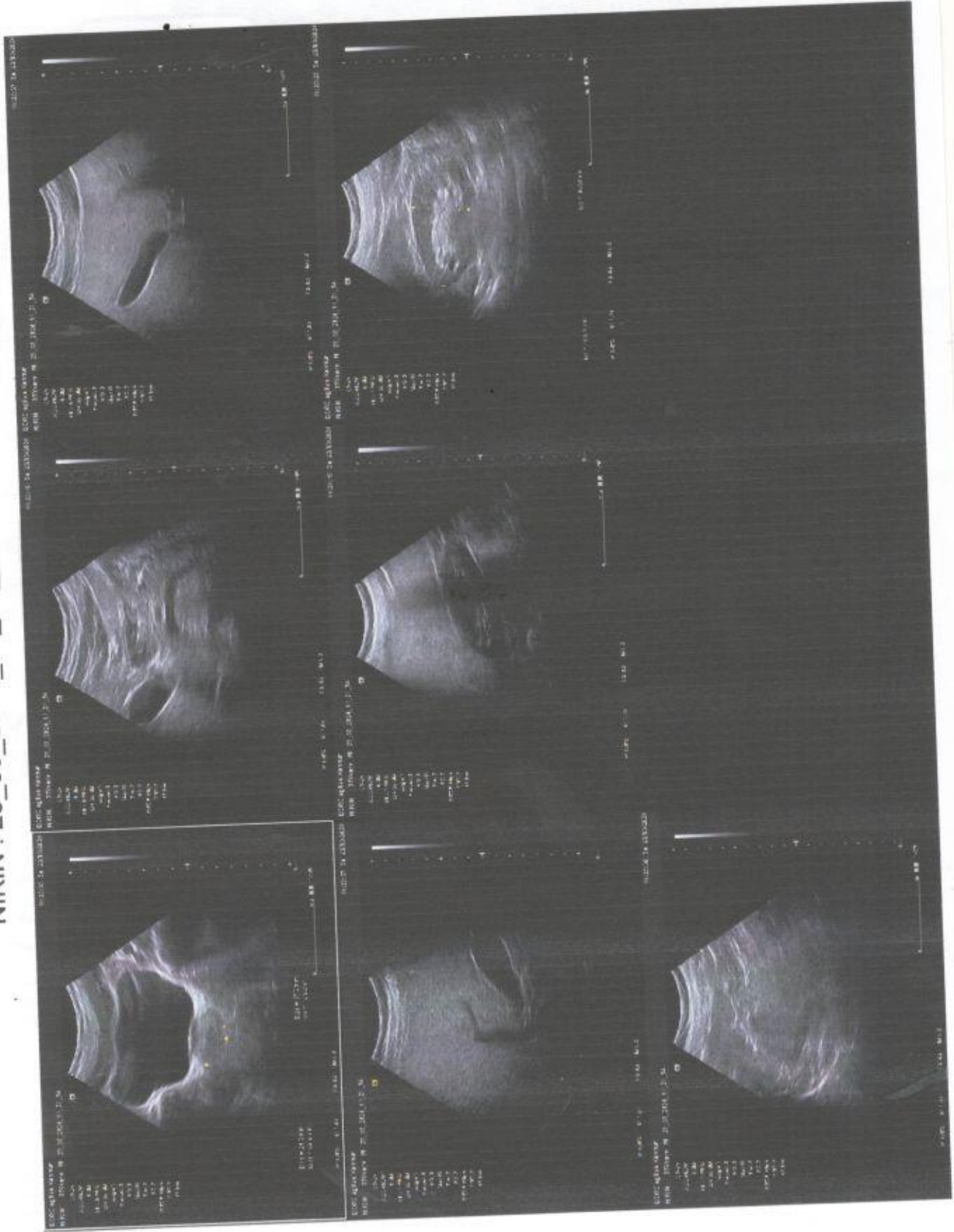
(Because of technical and technological limitation complete diagnosis cannot be assured on imaging sonography. Clinical correlation, consultation if required repeat imaging required in the event of controversies. This document is not for legal purposes).



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NIKIN : 23_03_2024_11_21_54 20240323



Name	Mr. NIKIN.T.M	Age/Sex	35Yrs/Male
Ref: By:	MEDIWHEEL	Date	23.03.2024

Thanks for referral

CHEST X-RAY – PA VIEW

Trachea is central. Carina and principal bronchi are normal.
 Cardio-thoracic ratio is within normal limits.
 Both lungs show normal Broncho-vascular markings. No definite focal opacities noted.
 No volume loss in either hemithorax.
 No definite mediastinal widening or other abnormalities noted.
 CP angles, diaphragm, bony cage and soft tissue shadows - not remarkable.

IMPRESSION:

- Normal X-ray chest



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