

PATIENT NAME : ASHISH VARGHESE

REF. DOCTOR : DR. MEDIWHEEL

CODE/NAME & ADDRESS : CA00010147 -
 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : **4036XC003902**
PATIENT ID : ASHIM2303924036
CLIENT PATIENT ID:
ABHA NO :

AGE/SEX : 32 Years Male
DRAWN :
RECEIVED : 23/03/2024 09:06:27
REPORTED : 25/03/2024 12:25:02

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

OPHTHAL

OPHTHAL COMPLETED

TREADMILL TEST

TREADMILL TEST COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED

PRASEEDA S NAIR
BIOCHEMIST



View Details



View Report

PERFORMED AT :
 DDRC AGILUS PATHLABS LIMITED

GANDHI NAGAR, KTM
 KERALA, INDIA
 Tel : 93334 93334
 Email : customercare.ddrc@agilus.in



Patient Ref. No. 66600008307419

PATIENT NAME : ASHISH VARGHESE

REF. DOCTOR : DR. MEDIWHEEL

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Test Report Status **Final**

Results

Units

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**ECG WITH REPORT****REPORT**

COMPLETED

USG ABDOMEN AND PELVIS**REPORT**

COMPLETED

CHEST X-RAY WITH REPORT**REPORT**

COMPLETED

HAEMATOLOGY**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	6.0	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal

More stringent goal : < 6.5 %.

General goal : < 7%.

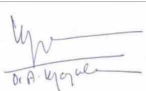
Less stringent goal : < 8%.

Glycemic targets in CKD :-

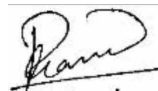
If eGFR > 60 : < 7%.

If eGFR < 60 : 7 - 8.5%.

METHOD : HPLC



Prof. Dr. A. VIJAYALAKSHMI
MBBS ,MD (path)
Formerly Professor of Pathology
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Reg.No-2306



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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN METHOD : AUTOMATED CELL COUNTER NON-CYANIDE	11.8 Low	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	5.44	4.5 - 5.5	mil/ μ L
WHITE BLOOD CELL COUNT METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	6.40	4.0 - 10.0	thou/ μ L
PLATELET COUNT METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	334	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT METHOD : RBC PULSE HEIGHT DETECTION	38.9 Low	40 - 50	%
MEAN CORPUSCULAR VOL METHOD : AUTOMATED CELL COUNTER / CALCULATED	71.0 Low	83 - 101	fL
MEAN CORPUSCULAR HGB. METHOD : AUTOMATED CELL COUNTER / CALCULATED	21.8 Low	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION METHOD : AUTOMATED CELL COUNTER / CALCULATED	30.5 Low	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH METHOD : CALCULATED PARAMETER	17.0 High	11.6 - 14.0	%
MENTZER INDEX METHOD : CALCULATED PARAMETER	13.1		

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE	60	40 - 80	%
LYMPHOCYTES METHOD : AUTOMATED CELL COUNTER	36	20 - 40	%
MONOCYTES	00 Low	2 - 10	%
EOSINOPHILS	04	1 - 6	%

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METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
BASOPHILS	00	0 - 2	%
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
ABSOLUTE NEUTROPHIL COUNT	3.84	2.0 - 7.0	thou/ μ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
ABSOLUTE LYMPHOCYTE COUNT	2.30	1.0 - 3.0	thou/ μ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
ABSOLUTE MONOCYTE COUNT	00 Low	0.2 - 1.0	thou/ μ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
ABSOLUTE EOSINOPHIL COUNT	0.26	0.02 - 0.50	thou/ μ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
ABSOLUTE BASOPHIL COUNT	00 Low	0.02 - 0.10	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.7		
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			

ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD

SEDIMENTATION RATE (ESR)	07	0 - 14	mm at 1 hr
METHOD : WESTERGREN METHOD			

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

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ABO GROUP

TYPE A

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

RH TYPE

POSITIVE

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT
CREATININE, SERUM

CREATININE	0.69	18 - 60 yrs : 0.9 - 1.3	mg/dL
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METHOD : KINETIC COLORIMETRIC

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA	92	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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METHOD : HEXOKINASE

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)	96	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL
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METHOD : HEXOKINASE

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MC-6221

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LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.88	General Range : < 1.1	mg/dL
METHOD : DIAZO METHOD			
BILIRUBIN, DIRECT	0.29	General Range : < 0.3	mg/dL
METHOD : DIAZO METHOD			
BILIRUBIN, INDIRECT	0.59	0.00 - 1.00	mg/dL
TOTAL PROTEIN	6.8	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.6	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.2	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	2.1 High	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	26	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	39	Adults : < 45	U/L
ALKALINE PHOSPHATASE	79	Adult(<60yrs) : 40 - 130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	18	Adult (male) : < 60	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	6.8	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
METHOD : COLORIMETRIC			

URIC ACID, SERUM

URIC ACID	6.6	Adults : 3.4-7	mg/dL
METHOD : URICASE			

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN	7	Adult(<60 yrs) : 6 to 20	mg/dL
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MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

BUN/CREAT RATIO

BUN/CREAT RATIO 10.14 5 - 15

BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	105	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
METHOD : CHOD-POD			
TRIGLYCERIDES	110	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
METHOD : GPO - PAP			
HDL CHOLESTEROL	22 Low	General range : 40-60	mg/dL
METHOD : HOMOGENOUS DIRECT ENZYMATIC COLORIMETRIC			
LDL CHOLESTEROL, DIRECT	74	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
METHOD : HOMOGENOUS DIRECT ENZYMATIC COLORIMETRIC			
NON HDL CHOLESTEROL	83	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
METHOD : CALCULATED PARAMETER			
VERY LOW DENSITY LIPOPROTEIN	22.0	< or = 30.0	mg/dL

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METHOD : CALCULATED PARAMETER			
CHOL/HDL RATIO		4.8 High	3.30 - 4.40
METHOD : CALCULATED PARAMETER			
LDL/HDL RATIO		3.4 High	0.5 - 3.0
METHOD : CALCULATED PARAMETER			

SPECIALISED CHEMISTRY - HORMONE
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT
THYROID PANEL, SERUM

T3	110.48	20-50 yrs : 60-181	ng/dL
METHOD : CLIA			
T4	7.30	>20 yrs : 3.2-12.6	µg/dl
METHOD : CLIA			
TSH 3RD GENERATION	3.120	18-49 yrs : 0.4-4.2	µIU/mL
METHOD : CLIA			

CLINICAL PATH - URINALYSIS
MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT
PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW
METHOD : MACROSCOPY	
APPEARANCE	CLEAR
METHOD : MACROSCOPY	

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	DETECTED (OCCASIONAL)	NOT DETECTED	/HPF
EPITHELIAL CELLS	NOT DETECTED	NOT DETECTED	/HPF

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MC-6221

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CASTS		NOT DETECTED	
CRYSTALS		NOT DETECTED	
BACTERIA		NOT DETECTED	NOT DETECTED
YEAST		NOT DETECTED	NOT DETECTED

METHOD : LIGHT MICROSCOPY

MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

CHEMICAL EXAMINATION, URINE

PH	6.0	4.7 - 7.5
METHOD : PH INDICATOR		
SPECIFIC GRAVITY	1.020	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL

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Patient Ref. No. 66600008307419

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./MS. <u>ASHISH P. VARMA</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): <u>Right side forehead</u>
3. Age/Date of Birth	:	<u>27/04/1991</u> Gender: <u>F/M</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height <u>172</u> (cms)	b. Weight <u>70</u> (Kgs)	c. Girth of Abdomen <u>88</u> (cms)
d. Pulse Rate <u>90</u> (/Min)	e. Blood Pressure:	Systolic <u>120</u> Diastolic <u>80</u>
	1 st Reading	<u>120</u> <u>80</u>
	2 nd Reading	<u>120</u> <u>80</u>

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>78</u>	<u>B.P. Sugar, Cholesterol</u>	
Mother	<u>71</u>	<u>thyroid, Bp,</u>	
Brother(s)	<u>39</u>	<u>thyroid</u>	
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol

PERSONAL HISTORY

a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <u>Y/N</u>	c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <u>Y/N</u>
b. Have you undergone/been advised any surgical procedure? <u>Y/N</u>	d. Have you lost or gained weight in past 12 months? <u>Y/N</u> <u>lost eight kilos with gymed exercise</u>

Have you ever suffered from any of the following?

• Psychological Disorders or any kind of disorders of the Nervous System? <u>Y/N</u>	• Any disorder of Gastrointestinal System? <u>Y/N</u>
• Any disorders of Respiratory system? <u>Y/N</u>	• Unexplained recurrent or persistent fever, and/or weight loss <u>Y/N</u>
• Any Cardiac or Circulatory Disorders? <u>Y/N</u>	• Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <u>Y/N</u>
• Enlarged glands or any form of Cancer/Tumour? <u>Y/N</u>	• Are you presently taking medication of any kind? <u>Y/N</u>
• Any Musculoskeletal disorder? <u>Y/N</u>	

- Any disorders of Urinary System? **Y/N**
- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin **Y/N**

FOR FEMALE CANDIDATES ONLY

- a. Is there any history of diseases of breast/genital organs? **Y/N**
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) **Y/N**
- c. Do you suspect any disease of Uterus, Cervix or Ovaries? **Y/N**
- d. Do you have any history of miscarriage/abortion or MTP **Y/N**
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc **Y/N**
- f. Are you now pregnant? If yes, how many months? **Y/N**

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? **Y/N**
- Is there anything about the examine's health, lifestyle that might affect him/her in the near future with regard to his/her job? **Y/N**
- Are there any points on which you suggest further information be obtained? **Y/N**
- Based on your clinical impression, please provide your suggestions and recommendations below;

.....

- Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : *Dr. Austin Varghees*

Seal of Medical Examiner : *Just J*
Dr. Austin Varghees
MBBS
TCMC Reg. No:77017

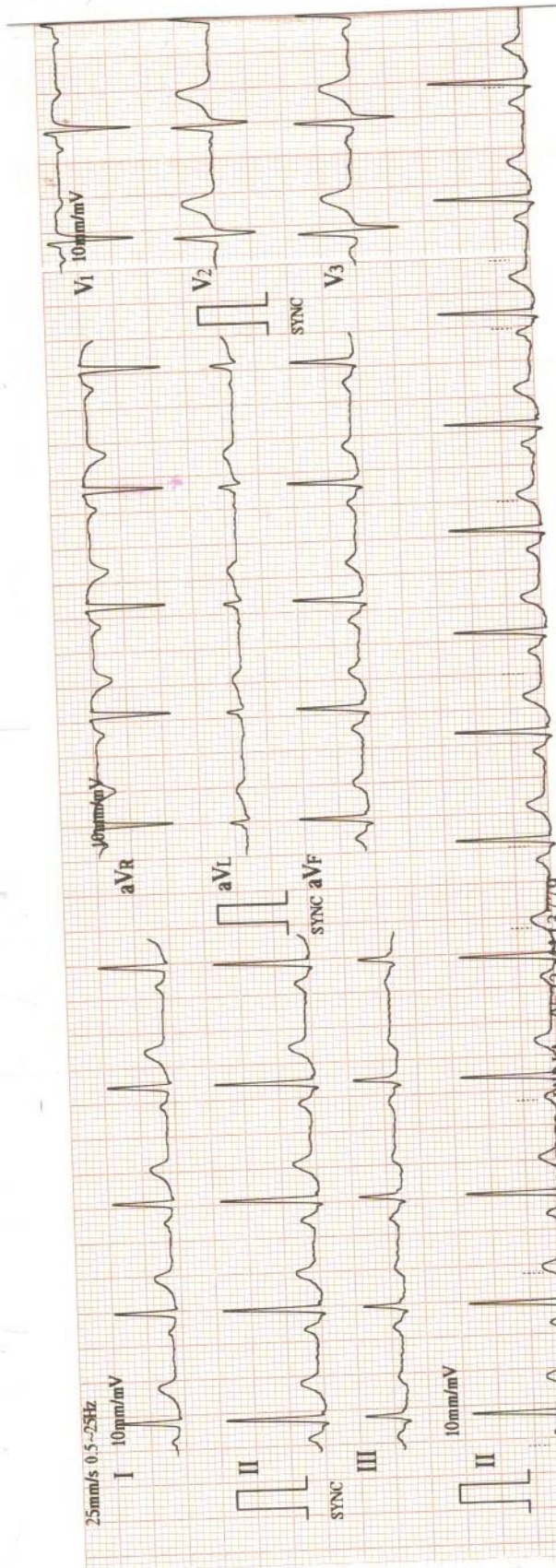


Name & Seal of DDRC SRL Branch :

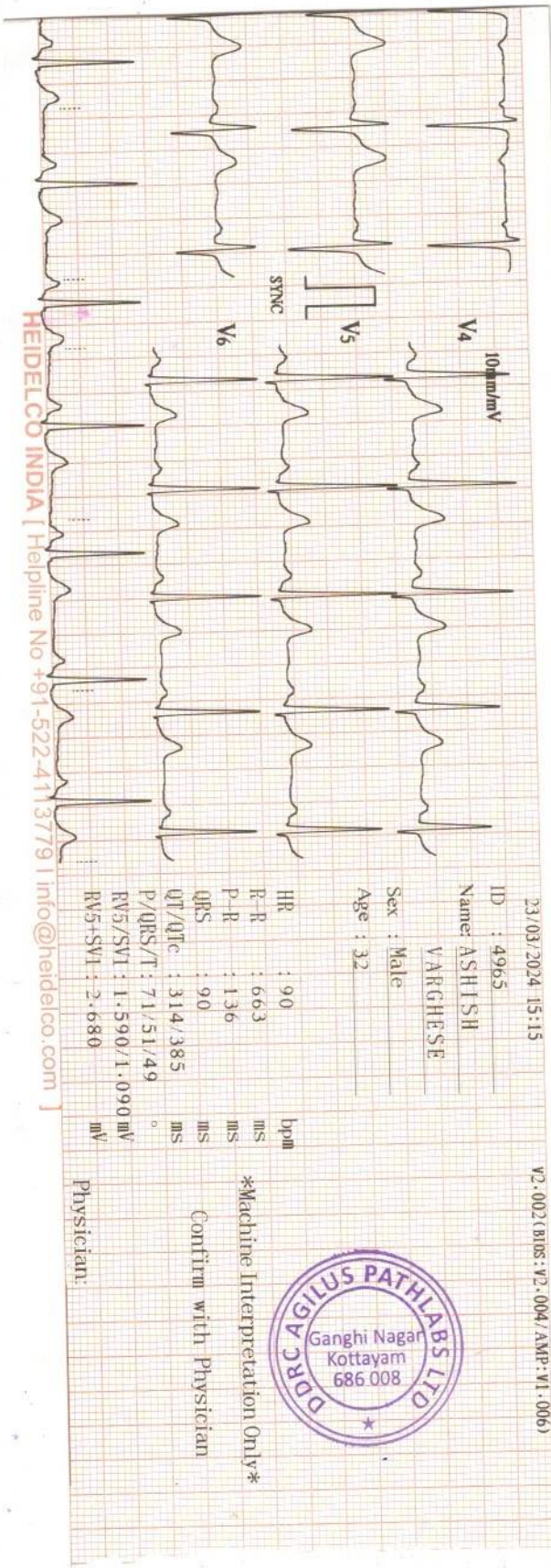
Date & Time :

DDRC agilus Pathlabs Limited.

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017
 Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in



HE300 + SYNC MCH KOFFAVM HEDELCO 0522-413779



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23/03/2024 15:13

ID : 4965

Name: ASHISH

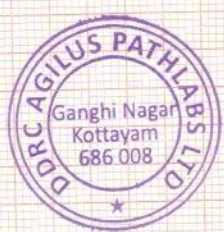
VARGHESE

Sex : Male

Age : 32

HR	: 90	bpm
R-R	: 663	ms
P-R	: 136	ms
QRS	: 90	ms
QT/QTc	: 314/385	ms
P/QRS/T	: 71/51/49	°
RV5/SVI	: 1.590/1.090	mV
RV5+SV1	: 2.680	mV

V2-0021 BURS : V2-004 / AMP : V1-0063



Machine Interpretation Only

Confirm with Physician

Physician:

ECG REPORT

ACCESSION NO : 4036XC003902
NAME : ASHISH VARGHESE
AGE : 32
SEX : MALE
DATE : 23/03/2024
COMPANY : MEDIWHEEL ARCOFEMI

RATE : 90 BPM

RHYTHM : NORMAL SINUS RHYTHM

P. WAVE : NORMAL

P-R INTERVAL : 136 MS

Q,R,S,T. WAVES : NORMAL

AXIS : NORMAL

ARRHYTHMIAS : NIL

QT INTERVAL : 314 MS

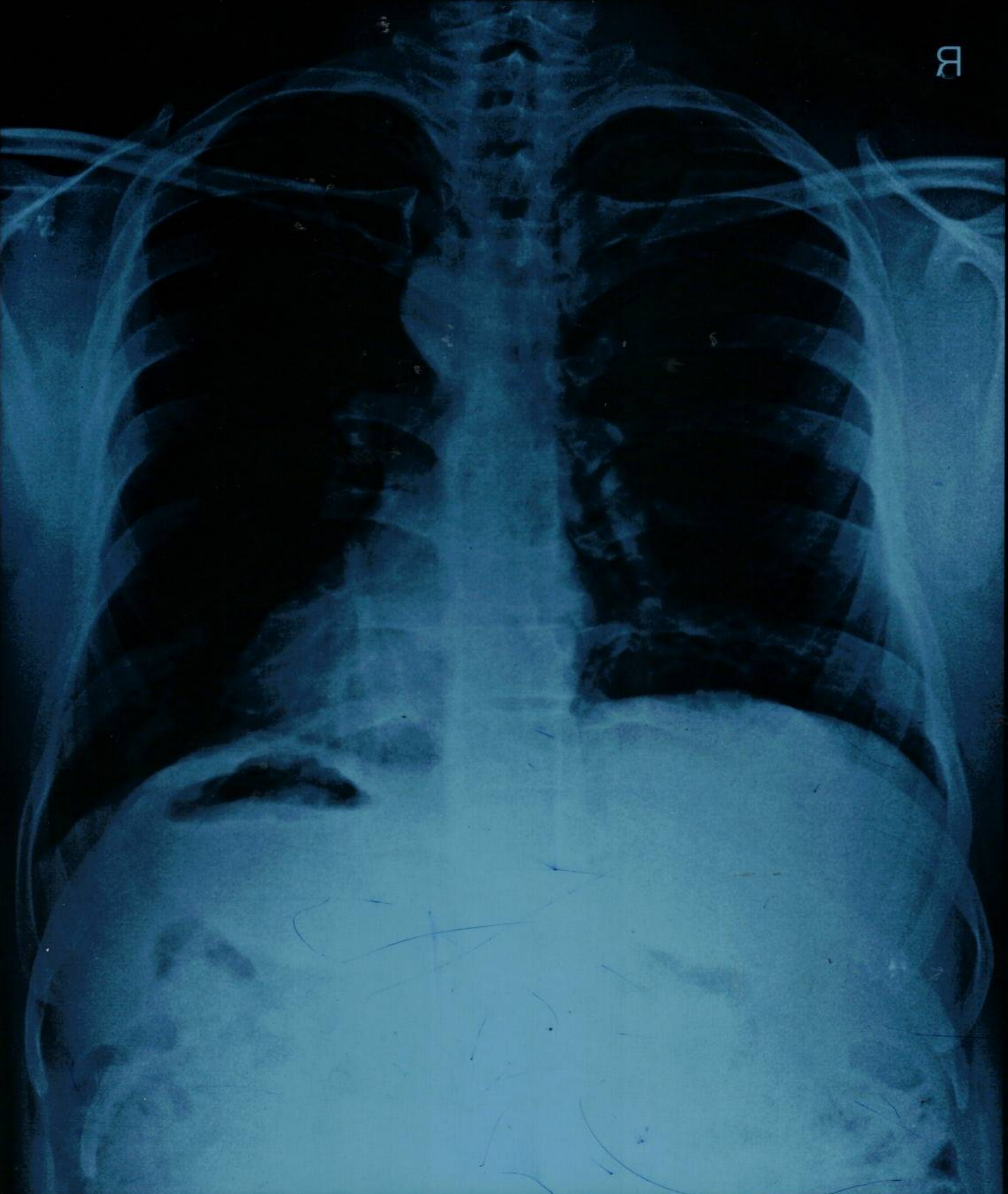
OTHERS : NIL

OPINION : NORMAL ECG




Dr. Austin Varghees
MBBS
TCMC Reg. No: 77017

R



ASHISH VARGHESE 35Y 6929 M CHEST-PA 23-03-2024
DRC AGILUS GANDHINAGAR KOTTAYAM

X - RAY CHEST - PA

ACCESSION NO : 4036XC003902
NAME : ASHISH VARGHESE
AGE : 32
SEX : FEMALE
DATE : 23/03/2024
COMPANY : MEDIWHEEL

EXPOSURE : GOOD
POSITIONING : CENTRAL
SOFT TISSUES : NORMAL
LUNG FIELDS : NORMAL
HEART SHADOW : NORMAL
CARDIOPHRENIC ANGLE : NO OBLITERATION
COSTOPHRENIC ANGLE : NO OBLITERATION
HILUM : NORMAL
OTHERS : NIL
OPINION : NORMAL CHEST X- RAY




Dr. Austin Varghees
MBBS
TCMC Reg. No:77017

OPHTHALMOLOGY REPORT

ACCESSION NO: 4036XC003902

This is to certify that I have examined

MR /MS Ashish Varghese Aged 32/m and

His / her visual standard is as follows.

Acuity of Vision

For Far R 6/6

L 6/6

For Near R N6

L N6

Colour Vision NORMAL

DATE



Handwritten signature

OPTOMETRIST

Name: ASHISH VARGHESE
Age/Sex: 32 yrs/M
Accession No: 4036XC003902

Report Date: 23.03.2024
Ref.by: Mediwheel

USG ABDOMEN & PELVIS

OBSERVATIONS:

- Liver:** Normal in size. Shows normal parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal.
- Gall bladder:** Distended. No calculus seen. No e/o of any wall thickening / edema. No e/o any pericholecystic collection.
- CBD:** Not dilated.
- Spleen:** Normal in size and echotexture. No focal lesion.
- Pancreas:** Head appear normal. Neck and tail obscured by bowel gas. No focal lesion. No calcification or duct dilatation noted.
- Kidneys:** Both kidneys are normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No calculus or mass lesion seen. No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Distended, No luminal or wall abnormality noted.
- Prostate:** Normal in size. Shows homogenous parenchymal echotexture. No evidence of any mass lesion.
- Others:** No free fluid in the peritoneal cavity.

IMPRESSION:

- **No significant abnormality detected.**

Dr. JACOB PAUL, MBBS, DMRD (DNB)
Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.

Exam

Name
Birth Date
Gender

109
ASISH
Other

Accession #
Exam Date
Description
Sonographer

23032024

[2D] G38/108dB/FA10/P90/FS1 1



[2D] G47/108dB/FA10/P90/FS1 1



[2D] G44/108dB/FA10/P90/FS1 1



[2D] G47/108dB/FA10/P90/FS1 1

