

MER- MEDICAL EXAMINATION REPORT

Date of Examination	29/03/2024		
NAME	Aakanksha Khulkho		
AGE	36	Gender	Female
HEIGHT(cm)	162	WEIGHT (kg)	70 kg
B.P.	120/80		
ECG			
X Ray			
Vision Checkup	Color Vision : Normal Far Vision Ratio : Normal Near Vision Ratio : Normal		
Present Ailments	NIL		
Details of Past ailments (If Any)	NIL		
Comments / Advice : She /He is Physically Fit	FIT		
Surgery of cysts in breast in the year 2022, was admitted for days.			



Dr. VATSAL SINGH
CIMS, Bilaspur (C.G.)
CGMC-8519/2018

Signature with Stamp of Medical Examiner

Khulkho
29/03/2024


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Aakanksha Khulkho on 29/03/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	


DR. VATSAL SINGH
 CIMS, Bilaspur (C.G.)
 CGMC-8519/2018
 Medical Officer
 The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes


 29/03/2024



Mrs AAKANKSHA KHALKHO PID NO. 202429319312 AGE 36 Y / SEX Female	Reference: HEALTH CHECKUP, Bilaspur	VID: 600100/3809 Sample Received on/at: 29/03/2024 10:16AM Reported on/at 29/03/2024 04:57PM
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HAEMATOLOGY

Investigation	Observed Value	Unit	Biological Reference Interval
ESR- Erythrocyte Sedimentation Rate			
ESR- Erythrocyte Sedimentation Rate (Citrate Blood)	28	mm/hr	0 - 15

Method: Westergren manual

Interpretation:-

1. It indicates presence and intensity of an inflammatory process, never diagnostic of a specific disease. Changes are more significant than a single abnormal test.
2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
3. Also increased in pregnancy, multiple myeloma, menstruation & hypothyroidism

Blood Group ABO & Rh Typing

(EDTA Whole Blood)

Blood Group (ABO Typing)	"O"
RhD (Rh Typing)	Positive

HbA1c (Glycosylated Haemoglobin)


HbA1C-Glycated Haemoglobin	5.1	%	Less than 5.7% Non-diabetic Prediabetes 5.7% to 6.4% Diabetes 6.5% or Higher 6.4 to 7% Excellent control 7 to 8% fair to good control 8 to 10% Unsatisfactory control
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Estimated Average Glucose (EAG) 99.67

Interpretation & Remark:

1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
4. Low glycated haemoglobin (below 4%) in a non-diabetic individual are often.


Checked By
Sr. Technician


Dr. Digvijay Singh
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RIDDHI

DIAGNOSTICS PVT. LTD.

Mrs AAKANKSHA KHALKHO

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CBC Haemogram

Haemoglobin(Hb)	11.0	gm/dl	11-15
Erythrocyte (RBC) Count	4.62	mill/cu.mm.	3.0-6.0
PCV (Packed Cell Volume)	38.1	%	36-45
MCV (Mean Corpuscular Volume)	82.5	fL	78 - 92
MCH (Mean Corpuscular Haemoglobin)	23.8	pg	27 - 32
MCHC (Mean Corpuscular Hb Concn.)	28.9	g/dl	32 - 36
Total Leucocytes Count (TLC)	7700	cells/cu.mm.	4000 - 11000
Differential Leucocyte Count (DLC)			
Neutrophils	64	%	40-75
Lymphocytes	31	%	20-45
Monocytes	03	%	2 - 10
Eosinophils	02	%	1 - 6
Basophils	00	%	0 - 1
Absolute Neutrophil count	4928	/cu.mm	2000-7000
Absolute Lymphocyte count	2387	/cu.mm	1000-3000
Absolute Eosinophils Count	154	/cmm	20-500
Absolute Monocyte count	231	/cu.mm	200-1000
Absolute Basophil count	0	/cu.mm	0-200
Platelets			
PLT Count	247,000	/cmm	150,000- 450,000

Remarks (CBC)

EDTA Whole Blood - Tests done on Automated Five Part Cell Cellenium 5D Retic.

(WBC, RBC Platelet count by impedance method, WBC differential by VCS technology other parameters calculated) All


Abnormal Haemograms are reviewed confirmed microscopically.

Differential count is based on approximately 10,000 cells.

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BIOCHEMISTRY

Investigation	Observed Value	Unit	Biological Reference Interval
Creatinine	0.7	mg/dl	0.6-1.2

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BUN Urea Nitrogen Serum

BUN-Blood Urea Nitrogen (Serum,Urease)	13.4	mg/dl	7 - 20
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Remark: In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.

FBS (Fasting Blood Sugar)

Glucose- Fasting	81	mg/dl	Normal: 70-99 Impaired Tolerance: 100-125 Diabetes mellitus: >= 126
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(on more than one occassion) (American diabetes association guidelines 2018)

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BUN/Creatinine Ratio

BUN-Blood Urea Nitrogen 13.4 mg/dl 7 - 20

(Serum,Urease)

Remark: In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.

Creatinine 0.7 mg/dl 0.6-1.2

BUN/Creatinine Ratio 19.14 10-20:1

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LFT-Liver Function Test

Bilirubin - Total 0.47 mg/dl 0.1 - 1.2

(Serum,Diazo)

Bilirubin - Direct 0.15 mg/dl 0 - 0.2

(Serum,Diazo)

Bilirubin (Indirect) 0.32 mg/dl 0 - 1

(Serum,Calculated)

Total Proteins 7.67 g/dl 6.6-8.8

(Serum,Biuret)

Albumin 4.14 g/dl 3.5 - 5.2

(Serum,Bromocresol green)

Globulin 3.53 g/dl 1.8 - 3.6

(Serum)

A/G Ratio 1.17 % 1.1 - 2.2

(Serum)

SGOT (AST) 19 U/L 0 - 31

(Serum,Enzymatic)

SGPT (ALT) 30 U/L 0 - 34

(Serum,Enzymatic)

Alkaline Phosphatase 169 U/L 64 - 306

Gamma-glutamyltransferase (GGT) 27.6 U/L <32

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Lipid Profile

Cholesterol - Total	171	mg/dl	Desirable: < 200 Borderline High: 200-239 High: >= 240
Triglycerides level	128	mg/dl	40 - 140
HDL Cholesterol	47	mg/dl	Major risk factor for heart disease: < 35 Negative risk factor for heart disease: >800
LDL Cholesterol	98.40	mg/dl	Optimal:< 100 Near Optimal :100 – 129 Borderline High : 130-159 High : 160-189 Very High : >=190
VLDL Cholesterol	25.60	mg/dl	6 - 38
LDLC/HDLC Ratio	2.09		2.5 - 3.5
TCH/HDLC Ratio	3.64		0-5.0

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PP (Glucose-Post Prandial)

Glucose -Post prandial	109	mg/dl	Normal: 70-139 Impaired Tolerance: 140-199 Diabetes mellitus: >= 200
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An individual may show higher fasting glucose level in comparison to post prandial glucose level due to following reasons :

The glycaemic index and response to food consumed, Changes in body composition, Increased insulin response and sensitivity. Alimentary hypoglycemia, Renal glycosuria, Effect of oral hypoglycaemics & Insulin treatment.

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Uric Acid

Uric Acid	4.6	mg/dL	2.6 - 6.2
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IMMUNOASSAY


Investigation	Observed Value	Unit	Biological Reference Interval
Thyroid Panel-1(T3T4TSH)			
T3	1.36	ng/mL	0.69 - 2.15
T4	84.5	ng/ml	52 - 127
TSH	3.27	uIU/ml	0.3 - 4.5

Method: CLIA

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CLINICAL PATHOLOGY

Investigation	Observed Value	Unit	Biological Reference Interval
<u>Urine Examination Routine</u>			
Volume	25	ml	
Colour	Pale yellow		Straw
Transparency	Clear		Clear
Reaction (pH)	5.5		5.0 - 8.0
Specific Gravity	1.014		1.010 - 1.030
<u>Chemical Examination</u>			
Urine Protein(Albumin)	Nil		Nil
Urine Glucose(Sugar)	Nil		Nil
<u>Microscopic Examination</u>			
Pus cells	0-1	/hpf	0 - 5
Red Blood Cells	Nil	/hpf	Nil
Epithelial Cell	0-1	/hpf	0 - 4
Crystals	Nil	/hpf	Nil
Casts	Nil	/hpf	Nil

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Urine - Sugar PP

Urine S(PP) Nil Nil

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Urine Sugar - Fasting

Urine - Glucose Nil Nil

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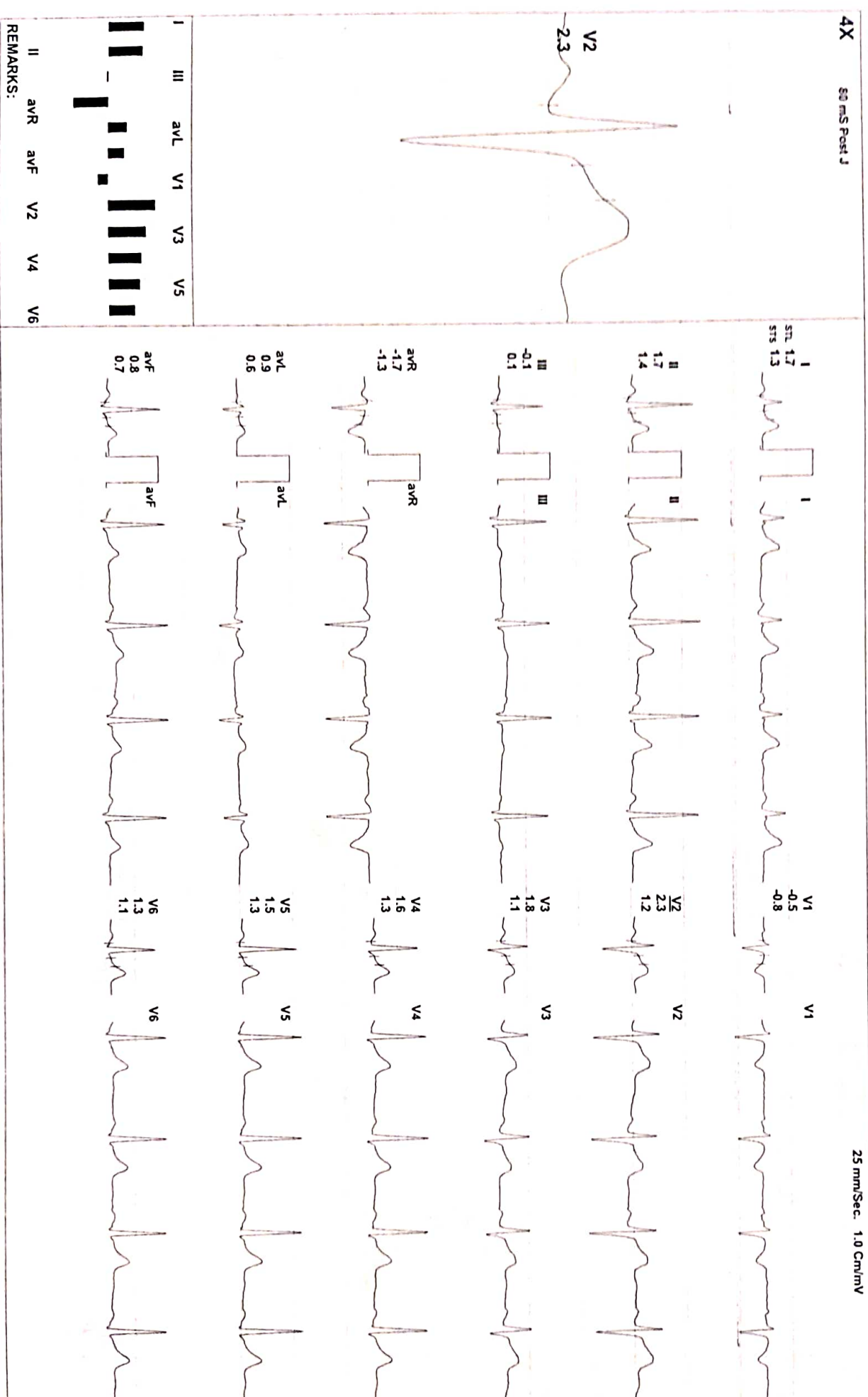
139 / MRS. AAKANKSHA KHALKHO / 36 YRS / F / 162 Cms / 70 Kg / HR : 81

Date: 29-Mar-2024 06:25 04 PM METS: 1.0/ 81 bpm 44% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 50 mS Post J

25 mm/Sec 1.0 Cm/mV



REMARKS:

I III aVL V1 V3 V5

II aVR aVF V2 V4 V6

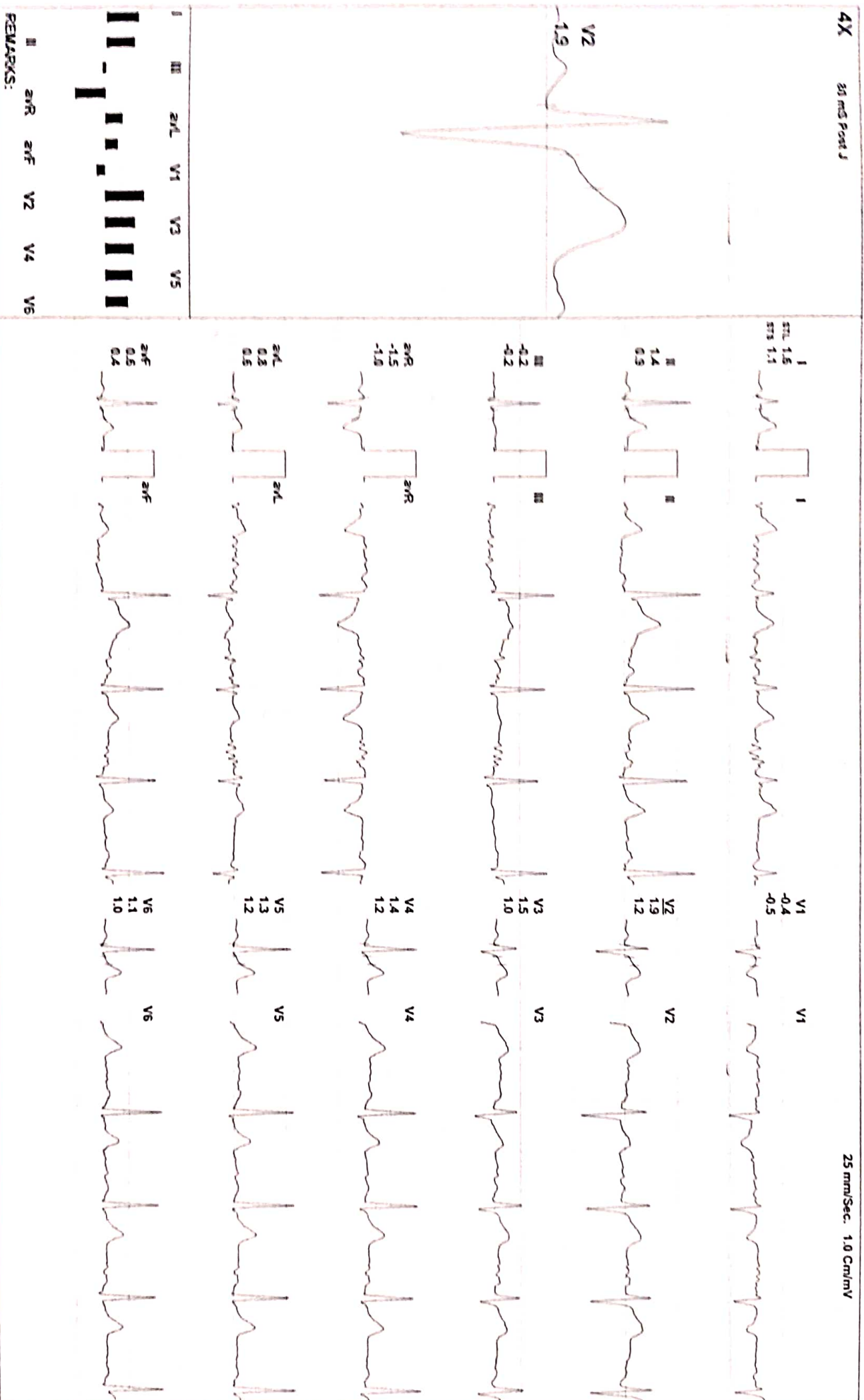
135 / MRS. AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 78

Date: 23-Mar-2024 06:25:24 PM METS: 1.0/78 bpm 42% of THR EP: 120/80 mmHg Raw ECG/ BLC On/Notch On/HF 0.05 Hz/LE 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 30 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS: I II aVR aVL V1 V2 V3 V4 V5 V6

(ADX_GEM216201125)(R)Allengers

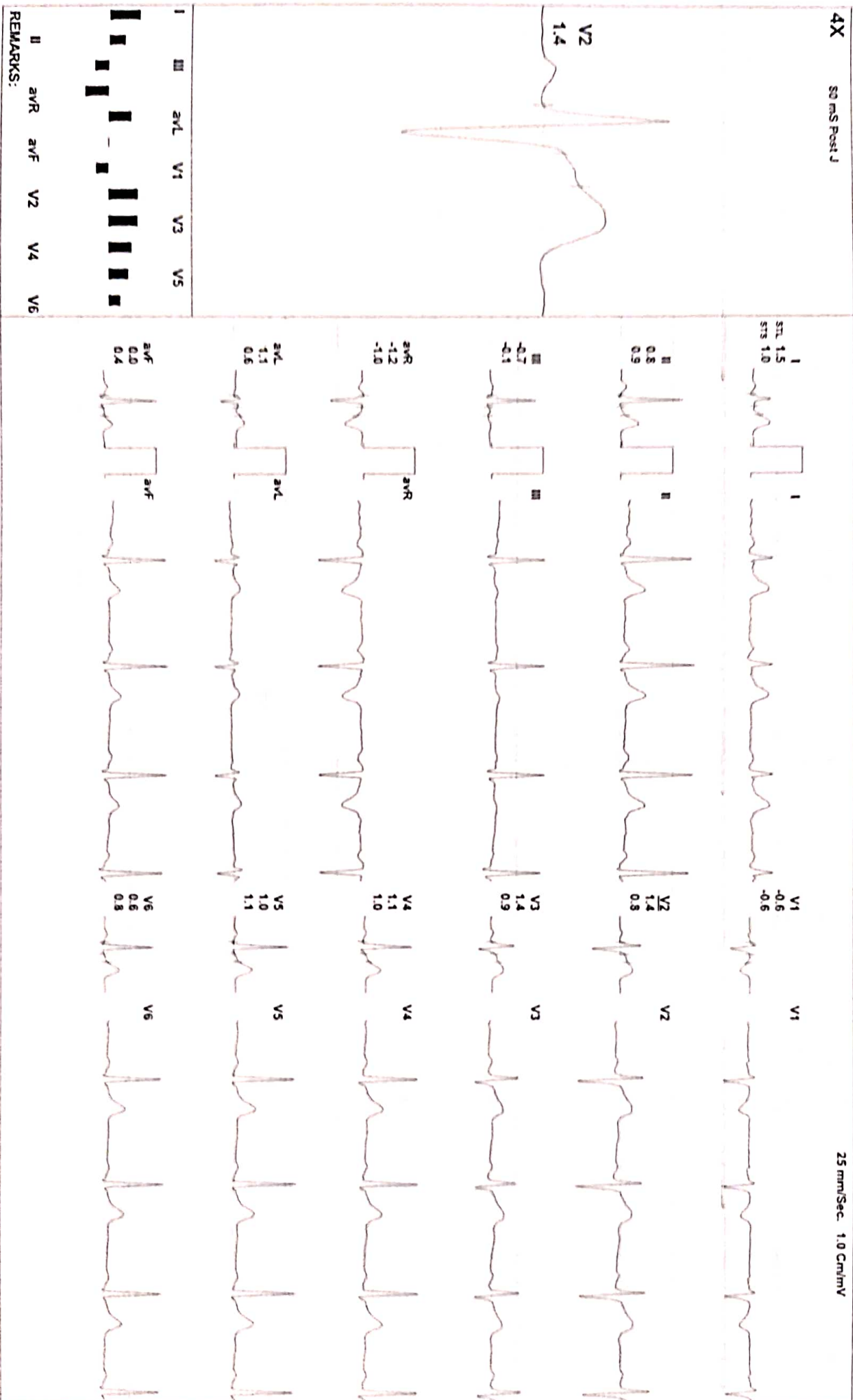
139 / MRS.AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 75

Date: 29-Mar-2024 06:25:04 PM METS: 1.0/ 75 bpm 41% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec 1.0 Cm/mV



REMARKS:

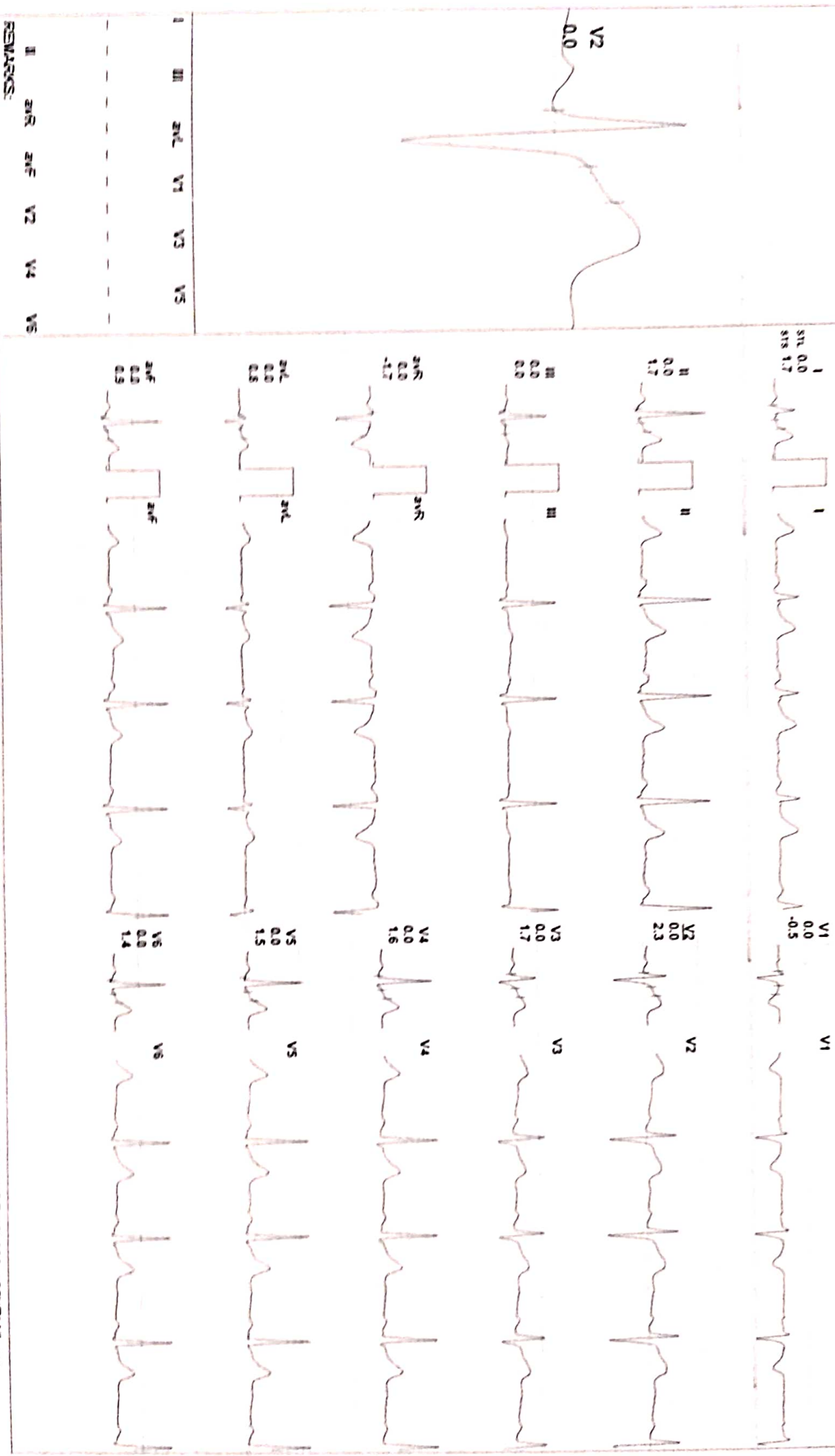
(ADX_GEM216201125)(R)Allengers

139 / MRS.AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 83

Date: 29-Mar-2024 06:25:04 PM METS: 1.0/83 bpm 45% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 ms Post J



REMARKS:
I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

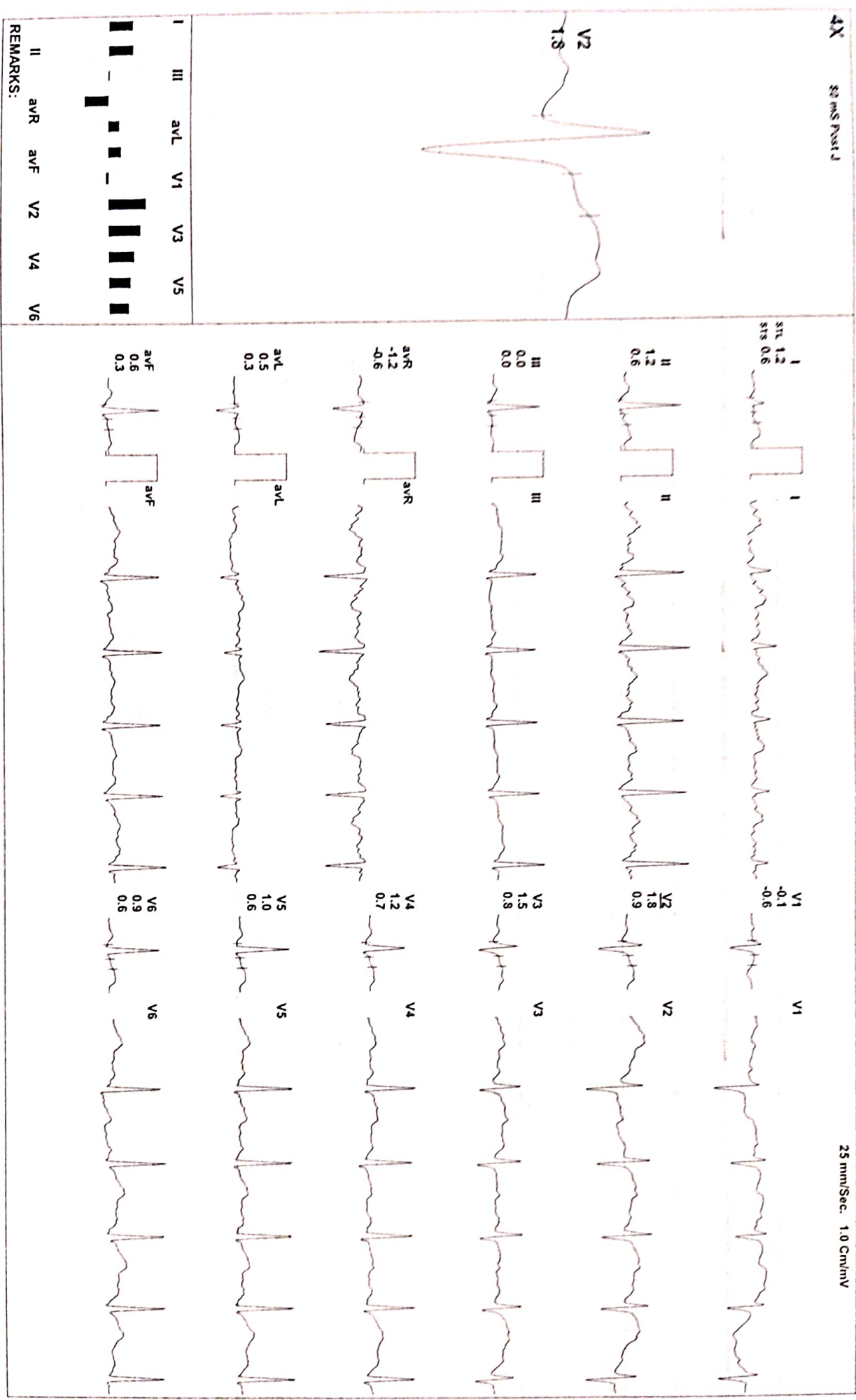
139 / MRS. AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 102

Date: 29/08/2024 06:25 PM METS: 1.0/102 bpm 55% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph. 0.0%

4X S2 MS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:
I II III aVR aVL aVF V1 V2 V3 V4 V5 V6

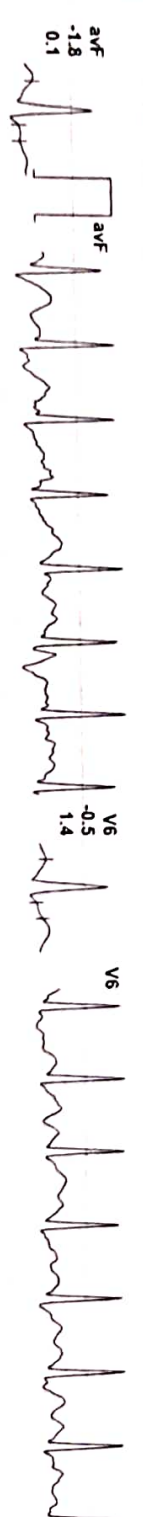
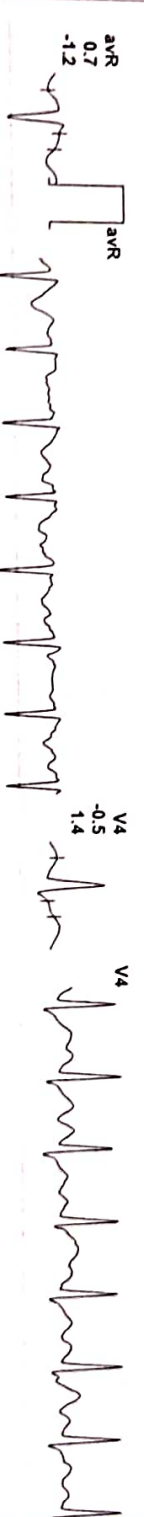
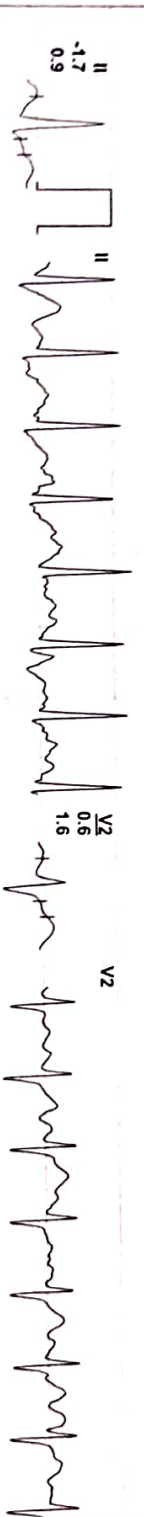
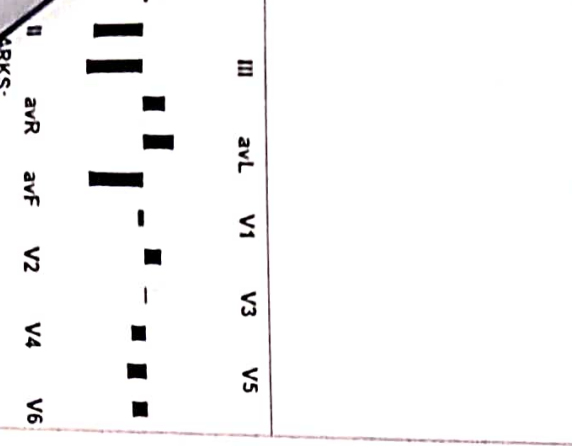
139 / MRS.AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 146

Date: 29-Mar-2024 06:25 04 PM METS: 4.71 / 146 bpm 79% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%

4X 60 mS Post J

25 mm/Sec 1.0 Cm/mV



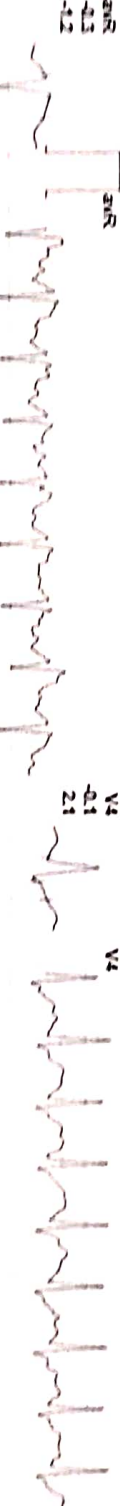
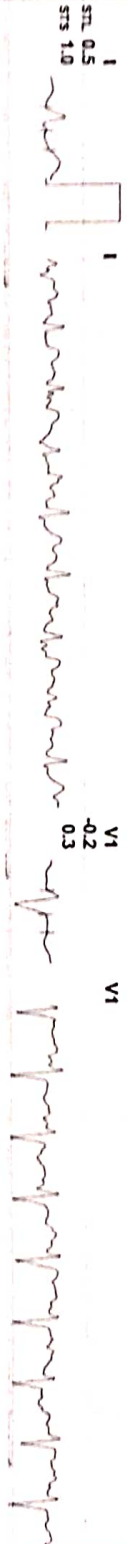
139 / MRS. AAKANKSHA KHALKHO / 36 YRS / F / 162 Cms / 70 Kg / HR : 178

Date: 29-Mar-2024 06:25:04 PM METS: 7.4/ 178 bpm 97% of THR BP: 160/100 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%

4X 60 MS Post J

25 mm/Sec. 1.0 Cm/mV



II III aVL V1 V3 V5
 I aVR aVF V2 V4 V6

REMARKS:

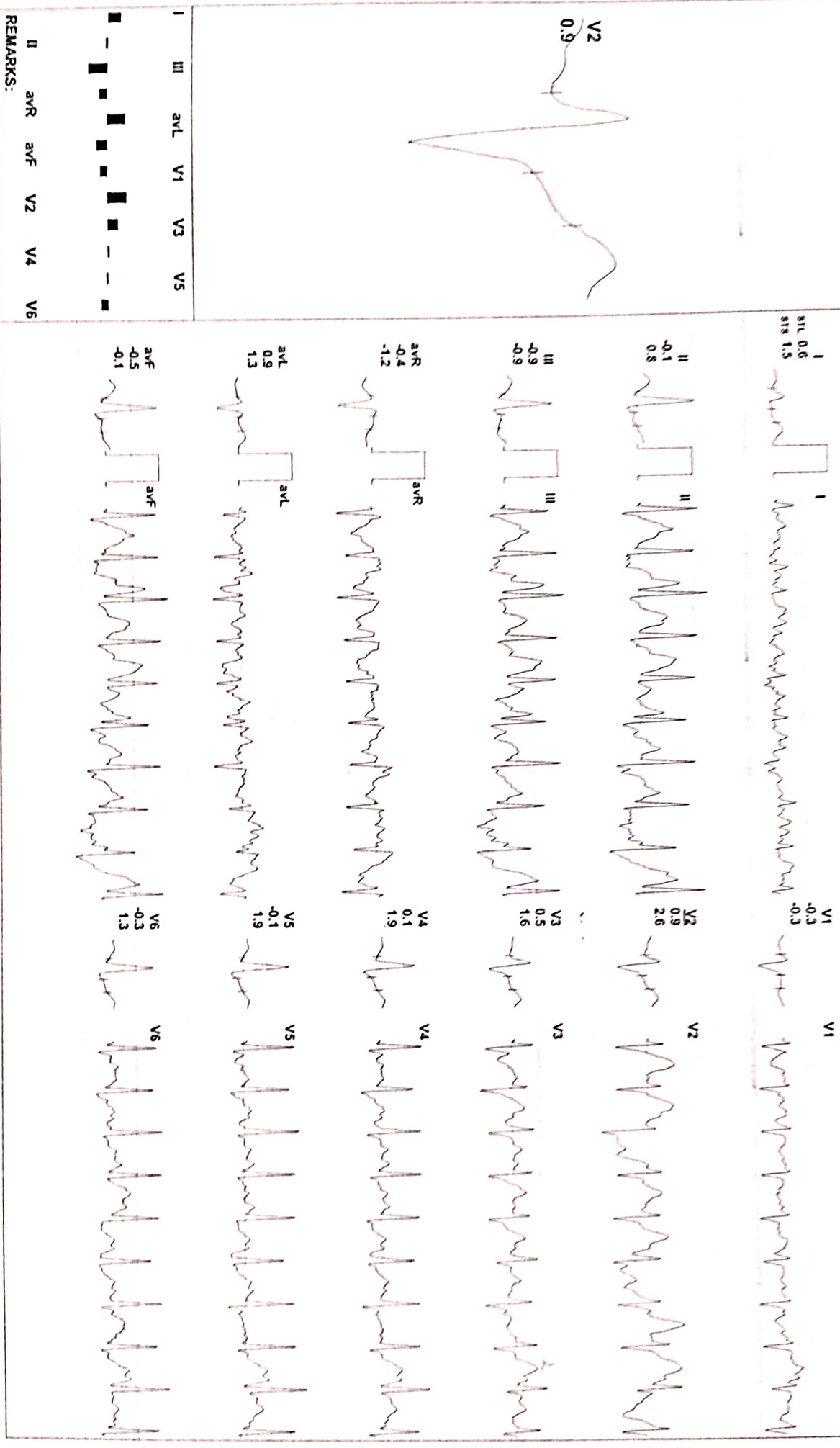
ADX_GEM216201125XRDallengers

139 / MRS. AAKANKSHA KHALKHO / 36 YRS / F / 162 Cms / 70 Kg / HR : 185

Date: 29-Mar-2024 06:29:04 PM METS: 8.0/ 185 bpm 101% of THR BP: 160/100 mmHg Raw ECG/ BLC On/ Notch On/ HF: 0.05 Hz/ LF: 35 Hz

ExTime: 06:51 3.4 mph, 14.0%
25 mm/Sec. 1.0 Cm/mV

4X 60 ms Post J



139 / MRS.AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 182

Date: 29-Mar-2024 06:25:04 PM METS: 4.11 182 bpm 99% of THR BP: 160/100 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 HzLF 35 Hz

ExTime: 06:50 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV

I
STL 1.2
STS 1.8



V1
-0.1
-0.1



II
0.4
0.4
3.1



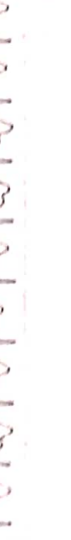
V2
1.4
3.1



III
-0.7
1.5



V3
1.5
3.1



aVR
-4.7
-2.4



V4
0.5
2.7



aVL
0.9
0.1



V5
0.3
2.5



aVF
-4.2
2.3



V6
0.3
2.3



REMARKS:

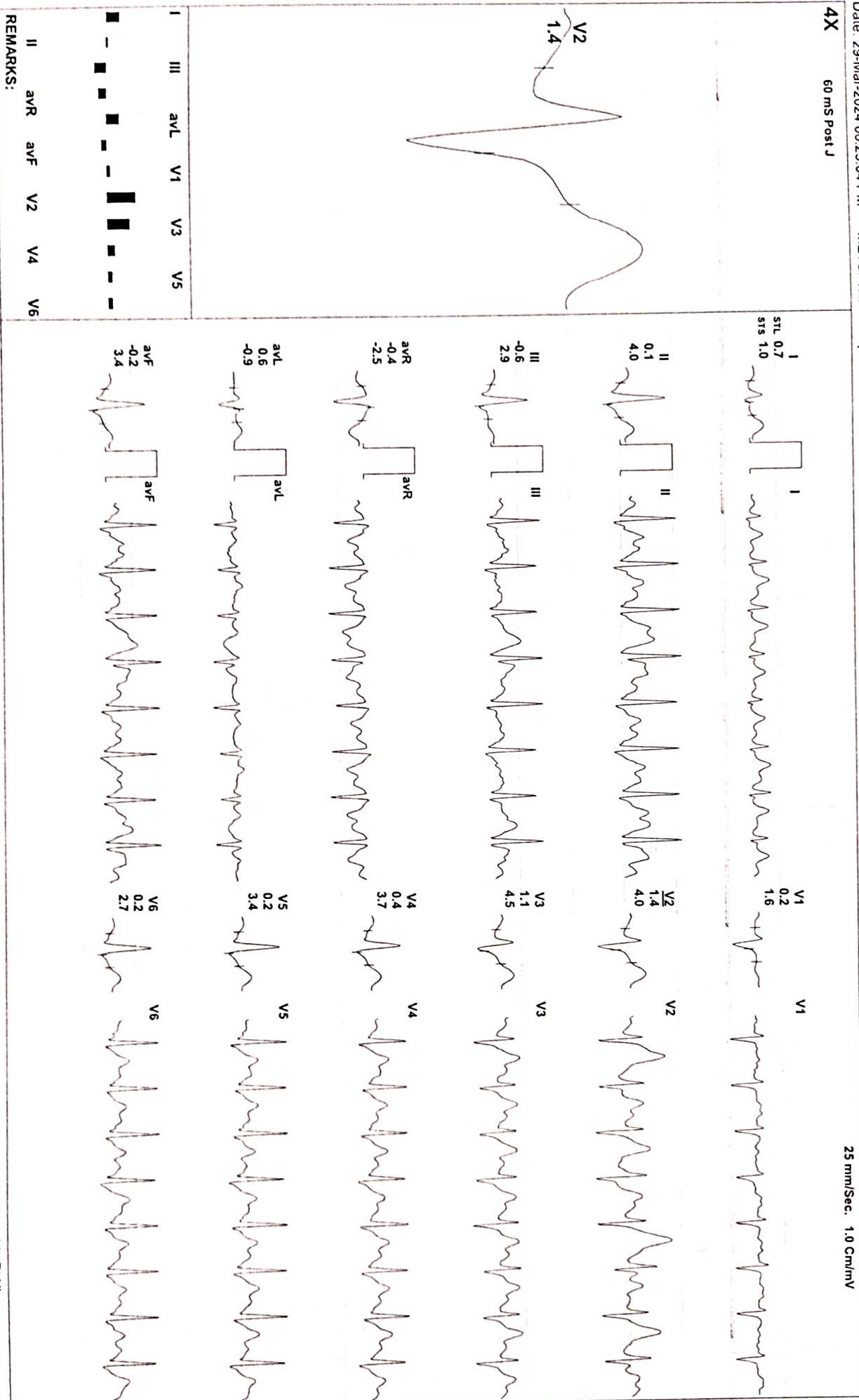
ADY_GEM123011251/RN/MP/08/25

139 / MRS. AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 170

Date: 29-Mar-2024 06:25:04 PM METS: 1.1/ 170 bpm 92% of THR BP: 170/100 mmHg Raw ECG/ BLC On/ Naich On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:50 1.1 mph, 0.0%
25 mm/Sec. 1.0 Cm/mv

4X 60 ms Post J



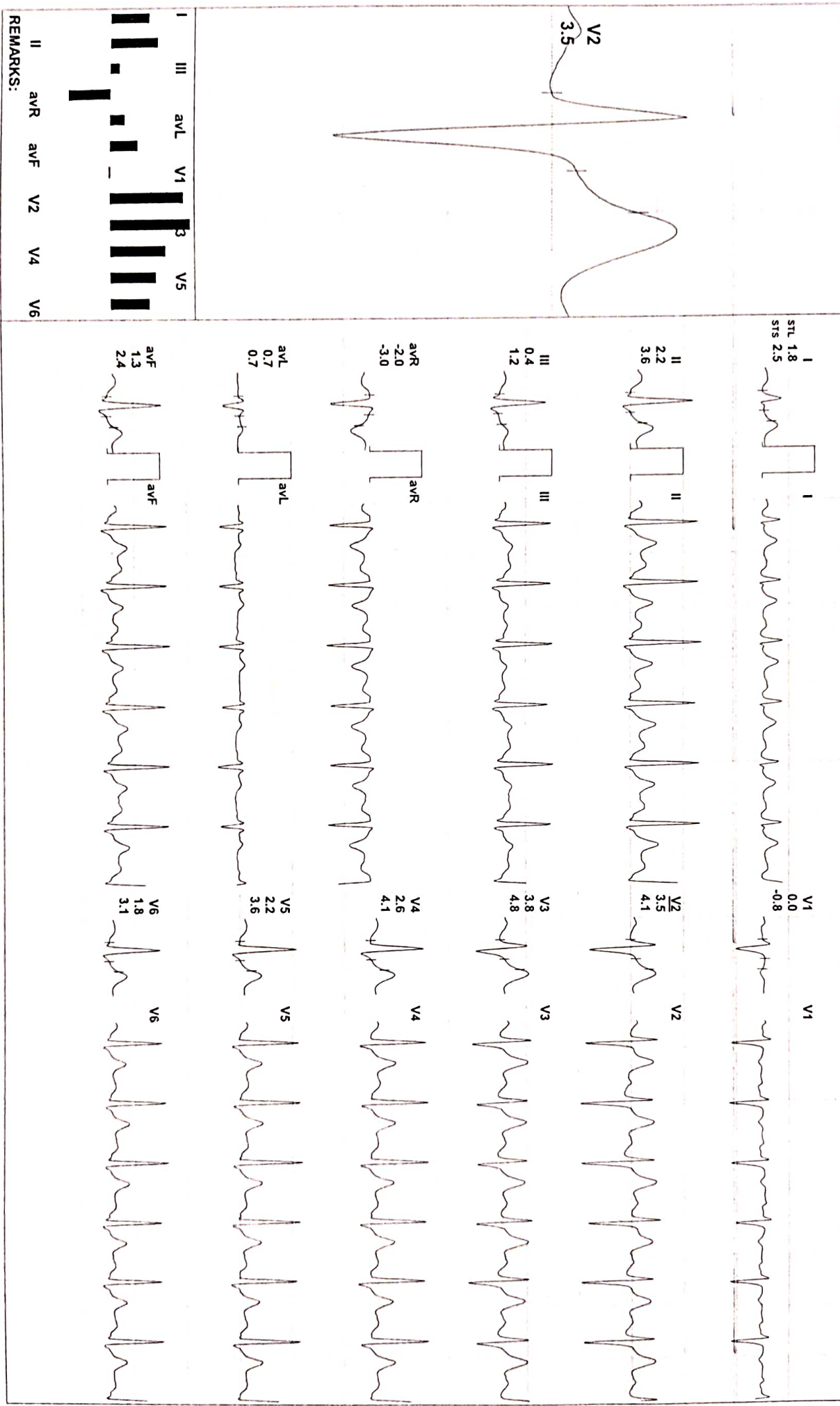
REMARKS:

Date: 29-Mar-2024 06:25:04 PM METS: 1.0/ 128 bpm 70% of THR BP: 150/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:50 0.0 mph, 0.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:
 I III
 II avR avF V2 V4 V6
 avL avF V1 V3 V5

(ADX_GEM216201125)(R)Allengers

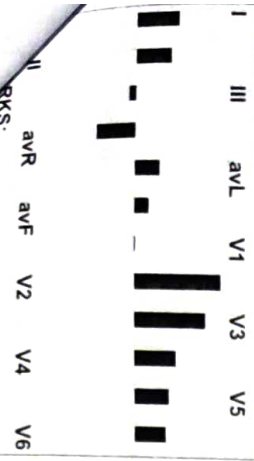
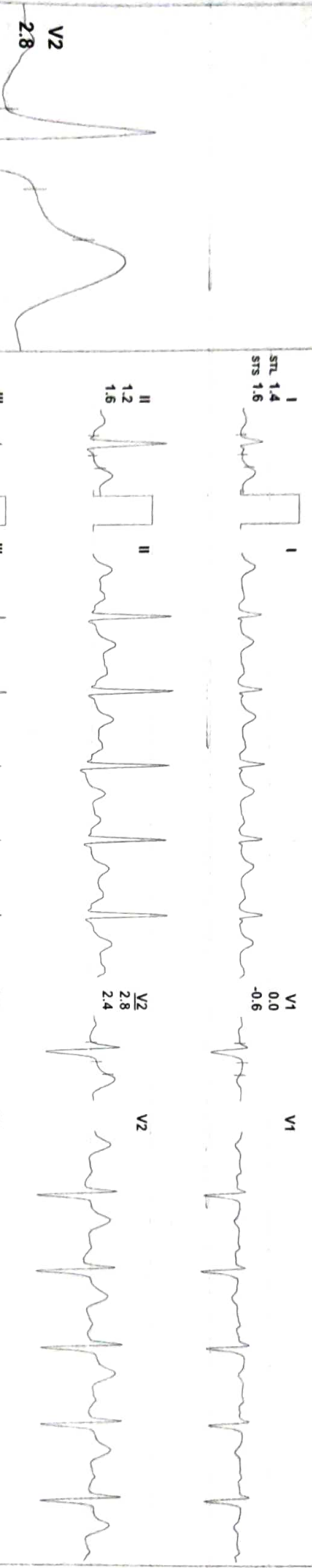
139 / MRS.AAKANKSHA KHALKHO / 36 YRS / F / 162 Cms / 70 Kg / HR : 113

Date: 29-Mar-2024 06:25:04 PM METS: 1.0/ 113 bpm 61% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 HZLF 35 HZ

EXTime: 06:50 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV

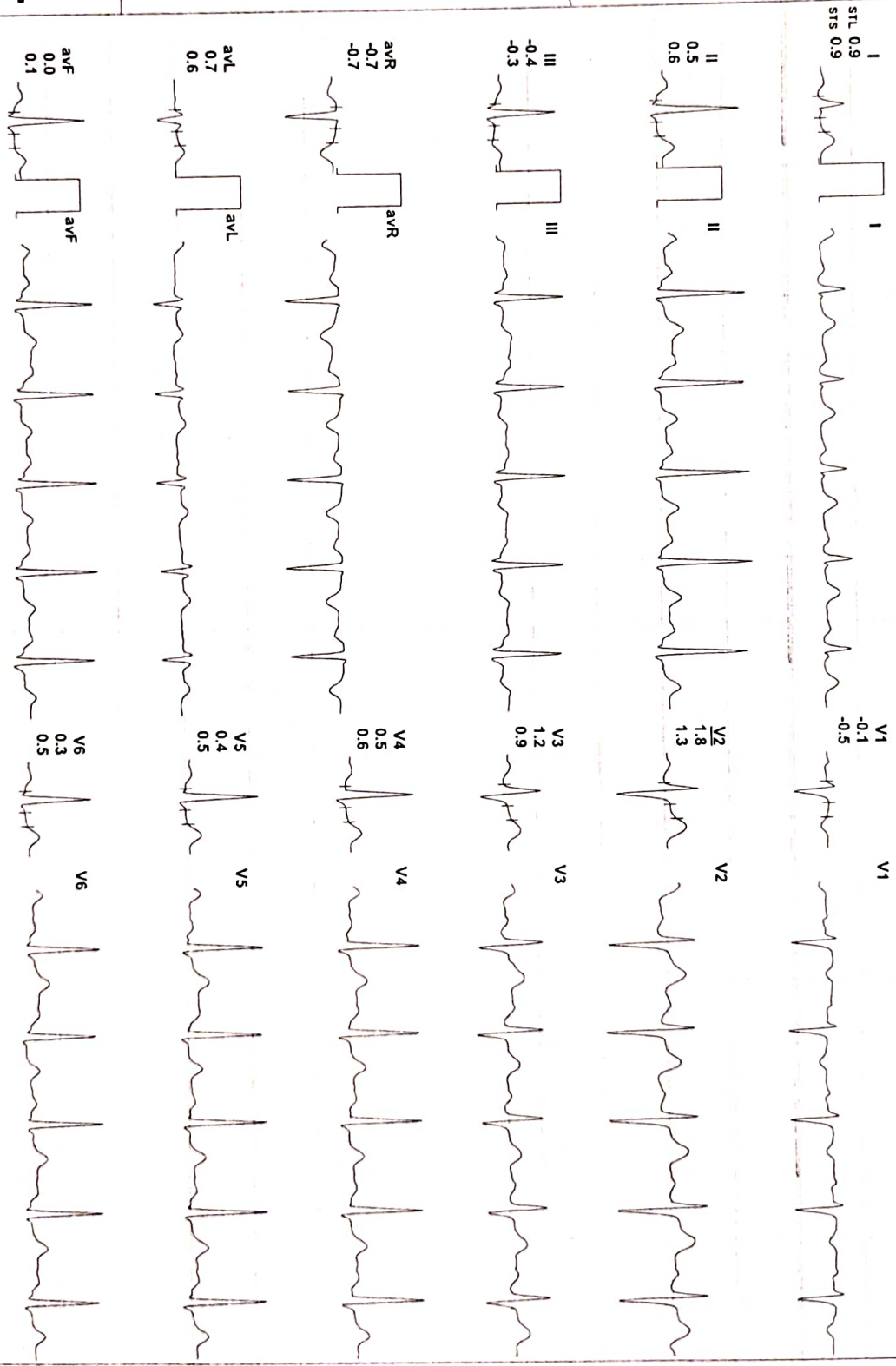
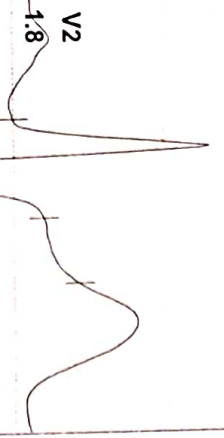


139 / MRS.AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 107

Date: 29-Mar-2024 06:25:04 PM METS: 1.0/ 107 bpm 58% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:50 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mv

4X 80 mS Post J



REMARKS:
I avR avF V1 V2 V3 V4 V5
II avR avF V2 V4 V6

RIDDHI DIAGNOSTICS CENTER

ST Measurements

AGLIDE

139 / MRS.AAKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg / HR : 67

Date: 29-Mar-2024 05:25:04 PM

Protocol : BRUCE

	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6	STS(mv/sec)
STL(mm)Supine	1.7	1.7	-0.1	-1.7	0.9	0.8	-0.5	2.3	1.8	1.6	1.5	1.3	1.3	1.4	0.1	-1.3	0.6	0.7	-0.8	1.2	1.1	1.3	1.3	1.1	
80 @ms Standing	1.6	1.4	-0.2	-1.5	0.8	0.6	-0.4	1.9	1.5	1.4	1.3	1.1	1.1	0.9	-0.2	-1.0	0.6	0.4	-0.5	1.2	1.0	1.2	1.2	1.0	
HV	1.5	0.8	-0.7	-1.2	1.1	0.0	-0.6	1.4	1.4	1.1	1.0	0.6	1.0	0.9	-0.1	-1.0	0.6	0.4	-0.6	0.8	0.9	1.0	1.1	0.8	
Warm Up	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	1.7	1.7	0.0	-1.7	0.8	0.9	-0.5	2.3	1.7	1.6	1.5	1.4	
ExStart	1.2	1.2	0.0	-1.2	0.5	0.6	-0.1	1.8	1.5	1.2	1.0	0.9	0.6	0.6	0.0	-0.6	0.3	0.3	-0.6	0.9	0.8	0.7	0.6	0.6	
Stage 1	0.1	-1.7	-1.9	0.7	1.0	-1.8	-0.2	0.6	0.0	-0.5	-0.6	-0.5	1.6	0.9	-0.7	-1.2	1.2	0.0	1.1	0.4	1.6	1.3	1.4	1.6	1.4
Stage 2	0.5	0.2	-0.3	-0.3	0.4	-0.1	-0.2	0.3	0.6	-0.1	0.0	-0.2	1.0	1.5	0.6	-1.2	0.0	1.1	0.3	1.9	2.3	2.1	2.1	1.6	
PeakEx	0.6	-0.1	-0.9	-0.4	0.9	-0.5	-0.3	0.9	0.5	0.1	-0.1	-0.3	1.5	0.8	-0.9	-1.2	1.3	-0.1	-0.3	2.6	1.6	1.9	1.9	1.3	
Recovery	1.2	0.4	-0.7	-0.7	0.9	-0.2	-0.1	1.4	1.5	0.5	0.3	0.3	1.8	3.1	1.5	-2.4	0.1	2.3	-0.1	3.1	3.1	2.7	2.5	2.3	
Recovery	0.7	0.1	-0.6	-0.4	0.6	-0.2	0.2	1.4	1.1	0.4	0.2	0.2	1.0	4.0	2.9	-2.5	-0.9	3.4	1.6	4.0	4.5	3.7	3.4	2.7	
Recovery	1.8	2.2	0.4	-2.0	0.7	1.3	0.0	3.5	3.8	2.6	2.2	1.8	2.5	3.6	1.2	-3.0	0.7	2.4	-0.8	4.1	4.8	4.1	3.6	3.1	
Recovery	1.4	1.2	-0.2	-1.3	0.8	0.5	0.0	2.8	2.3	1.3	1.1	1.0	1.6	1.6	0.1	-1.6	0.7	0.9	-0.6	2.4	2.2	1.7	1.6	1.4	
Recovery	0.9	0.5	-0.4	-0.7	0.7	0.0	-0.1	1.8	1.2	0.5	0.4	0.3	0.9	0.6	-0.3	-0.7	0.6	0.1	-0.5	1.3	0.9	0.6	0.5	0.5	
Recovery	0.8	0.3	-0.5	-0.5	0.7	-0.1	0.1	1.9	1.0	0.4	0.3	0.2	0.7	0.5	-0.3	-0.6	0.5	0.1	-0.4	1.2	0.6	0.5	0.4	0.4	

ST(p/v/s)	I	II	III	AVR	AVL	AVF	V1	V2	V3	V4	V5	V6
Suqine	15.2	16.1	1.1	-15.6	7.1	8.5	-4.7	17.9	14.1	14.2	14.2	12.9
Standing	15.4	15.3	0.0	-15.4	7.7	7.6	-5.4	16.0	12.6	14.1	14.1	12.2
HV	17.3	18.3	0.9	-17.8	8.3	9.6	-5.9	18.9	14.9	16.4	16.3	14.5
Warm Up	16.3	16.7	-0.1	-16.3	8.3	8.2	-5.5	19.2	14.9	15.6	15.8	14.3
ExStart	8.9	10.4	1.2	-9.9	4.2	5.8	2.3	14.9	8.9	8.3	9.1	10.6
Stage 1	2.9	-1.7	-4.5	-0.7	3.4	-3.0	0.3	4.9	2.1	0.5	-1.3	-1.2
Stage 2	1.3	-1.9	-3.4	0.3	2.5	-2.6	0.5	2.5	1.0	-0.9	-1.8	-1.6
PeakEx	0.3	-9.0	-8.9	4.5	4.4	-8.9	0.7	-2.0	0.9	-0.1	-0.9	-1.9
Recovery	1.1	-6.0	-7.0	2.5	3.9	-6.4	0.6	1.0	-0.4	-2.6	-3.3	-4.8
Recovery	0.8	-5.8	-6.3	2.7	3.5	-6.1	0.0	2.3	-0.2	-3.9	-4.4	-3.5
Recovery	6.7	7.6	0.9	-7.1	3.0	4.3	1.2	14.2	15.0	9.2	7.3	6.0
Recovery	7.6	6.5	-1.1	-7.2	4.4	2.7	1.1	16.3	13.4	7.5	6.2	5.7
Recovery	6.7	3.9	-2.6	-5.2	4.8	0.7	-0.2	13.1	8.8	4.0	3.2	2.5
Recovery	6.2	2.8	-3.5	-4.4	4.9	-0.4	0.4	13.6	7.5	3.2	2.7	2.2

Time	HR	PR Int	QRS Wtd	QRS Axis	QTC	P(μV)	R(μV)	S(μV)	T(μV)	Min. J Leads for	Min. Post JRR	Var	VEB	Missed Beats
(Min.)	(bpm)	(mS)	(mS)	(Deg.)	(mS)	(Max)	(Max)	(Min)	(Max)	(μV) (J & P)	(μV)	(%)	(Counts)	(Counts)
00:30	78	262	68	68	440	151	1325	-849	440	-118	V1	-41	0	0
01:00	83	148	66	64	444	163	1299	-854	466	-110	V1	-26	0	0
01:30	77	278	68	68	422	-225	1322	-853	-466	-179	V1	-23	0	0
02:00	102	138	66	73	467	220	1244	-773	284	-179	V1	-23	0	0
02:30	105	188	114	62	454	201	1216	-852	273	6	V+	-54	0	0
03:00	127	140	64	66	484	234	1211	-828	278	-11	V1	-33	0	0
03:30	139	140	76	68	441	209	1167	-525	169	-34	III	-33	0	0
04:00	146	130	76	67	426	198	1088	-533	198	-45	V1	-46	0	0
04:30	149	124	76	73	430	244	1156	-514	212	-37	V1	-27	0	0
05:00	146	126	58	72	428	236	1107	-532	202	-70	III	-34	0	0
05:30	160	114	74	71	411	370	1107	-533	246	-96	III	-109	0	0
06:00	164	108	74	75	410	220	1105	-554	187	-100	III	-78	0	0
06:30	169	106	76	74	389	277	1061	-549	220	-123	III	-83	0	0
07:00	172	104	74	76	400	275	1082	-549	229	-83	III	-56	0	0
07:30	172	102	74	78	408	303	1086	-567	222	-45	V1	-42	0	0
08:00	178	98	74	77	412	303	1058	-630	232	-155	III	-26	0	0
08:30	165	92	78	82	333	315	1079	-589	332	-137	III	-151	0	0
09:00	185	90	74	83	405	275	1027	-604	219	-166	III	-99	0	0
09:30	176	100	74	80	386	305	1013	-596	357	-22	V1	-15	0	0
10:00	163	110	62	69	411	334	1048	-655	465	74	avL	-13	0	0
10:30	139	130	56	74	414	261	1237	-898	506	74	avL	-13	0	0
11:00	127	96	56	73	417	239	1276	-915	526	-184	V1	8	0	0
11:30	113	88	58	73	438	221	1306	-926	436	10	avL	4	0	0
12:00	115	104	78	71	416	221	1324	-919	345	-16	V1	-3	0	0
12:30	108	182	58	72	438	208	1335	-915	318	15	avL	0	0	0

(ADX_GEM216201125)(R)Allengers

Time (Min.)	HR (bpm)	PR Int (ms)	QRS Wid (ms)	QRS Axis (Deg.)	QTC (ms)	P(μV) (Max)	R(μV) (Max)	S(μV) (Min)	T(μV) (Max)	Min. J Leads for (μV) (U & PJ)	Min. Post JRR Var (%)	VEB (Counts)	Missed Beats (Counts)		
13 : 00	107	150	80	70	448	206	1340	-893	304	-22	V1	-1	0.00	0	0

139 / MRGAANKANKSHA KHALKHO / 36 Yrs / F / 162 Cms / 70 Kg Date: 29-Mar-2024

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:26	0:26	00.0	00.0	01.0	081	44 %	120/80	097	00	
Standing	00:43	0:17	00.0	00.0	01.0	078	42 %	120/80	093	00	
HV	00:58	0:15	00.0	00.0	01.0	075	41 %	120/80	090	00	
Warm Up	01:18	0:20	00.0	00.0	01.0	083	45 %	120/80	099	00	
ExStart	02:16	0:58	00.0	00.0	01.0	102	55 %	120/80	122	00	
BRUCE Stage 1	05:16	3:00	01.7	10.0	04.7	146	79 %	130/80	189	00	
BRUCE Stage 2	08:16	3:00	02.5	12.0	07.1	178	97 %	160/100	284	00	
PeakEx	09:06	0:50	03.4	14.0	08.0	185	101 %	160/100	296	00	
Recovery	09:36	0:30	01.1	00.0	04.1	182	99 %	160/100	291	00	
Recovery	10:06	1:00	01.1	00.0	01.1	170	92 %	170/100	289	00	
Recovery	11:06	2:00	00.0	00.0	01.0	128	70 %	150/90	192	00	
Recovery	12:06	3:00	00.0	00.0	01.0	113	61 %	140/90	158	00	
Recovery	13:06	4:00	00.0	00.0	01.0	107	58 %	130/80	139	00	
Recovery	13:21	4:14	00.0	00.0	01.0	107	58 %	130/80	139	00	

FINDINGS :

Exercise Time : 06:50
 Max HR Attained : 185 bpm 101% of Target 184
 Max BP Attained : 170/100
 Max Workload Attained : 8 Fair response to induced stress
 Test End Reasons : Test Complete, Heart Rate Achieved, Test Complete, Heart Rate Achieved

REPORT :

TMT is Negative

Dr. Prakash Jaiswal

Dr. Prakash Jaiswal
 MD Medicine, MBBS, FCCP
 CCMTD, BLS, ACLS, FCCS
 Reg. No. 4236712

ID: V13

aakanksha khalkho

Female 36Years

Req. No. :

29-03-2024 05:45:37 PM

HR : 76 bpm

P : 110 ms

PR : 138 ms

QRS : 86 ms

QT/QTcBz : 372/419 ms

PQRST : -2.62/39 °

RV5/SV1 : 1.40/40.876 mV

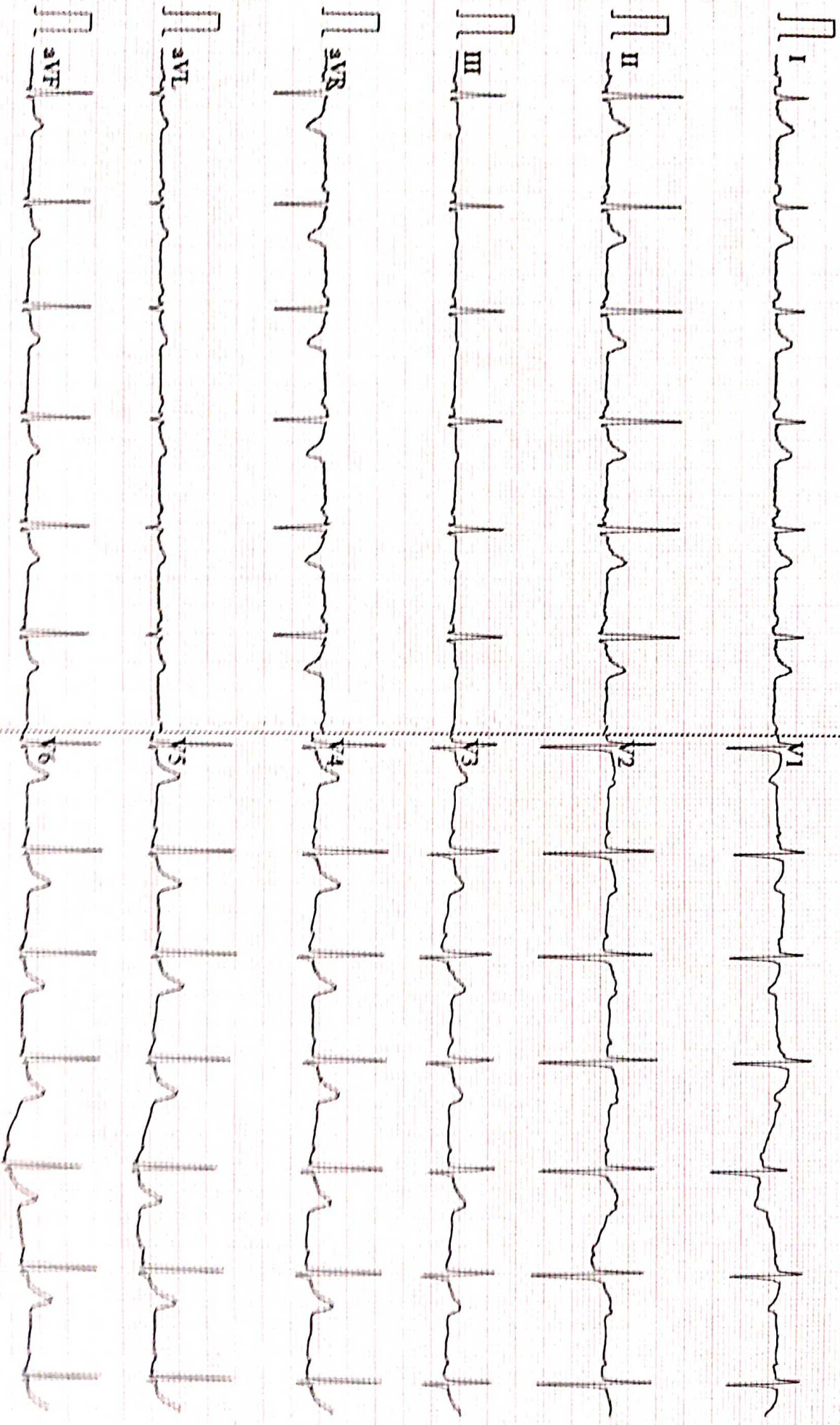
Diagnosis Information:

Sinus rhythm

Normal ECG

Handwritten signature
29/3/2024

Report Confirmed by:





RIDDHI

DIAGNOSTICS PVT. LTD.

NAME	MRS AAKANKSHA KHALKHO	AGE /SEX	36Y/FEMALE
REF BY.	DR. SELF	DATE	29/ 03/ 2024

X-RAY CHEST PA VIEW

FINDINGS :-

Mild haziness noted at bilateral lower zones due to breast shadow.

Both hila are normal.

Cardiophrenic and costophrenic angles are normal.

The trachea is central.

The mediastinal and cardiac silhouette are normal.

Cardiothoracic ratio is normal.

Bones of the thoracic cage are normal.

Soft tissues of the chest wall are normal.

IMPRESSION :- Mild haziness noted at bilateral lower zones due to breast shadow.

ADVICE :- Clinical correlation and follow up.

Dr. Avinash. Rathod.
MBBS, DMRD.
Consultant Radiologist
Reg.no 2011/05/1616.

Disclaimer: Report is done by teleradiology after the images acquired by PACS (picture archiving and communication system). Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirm the final diagnosis. Conclusion is markedly affected by input provided at that time. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

R



CHEST PA

MRS. ANOKSHA,
SELF

30Y Female

24/03/2024 6:16:23 PM

ANUSHKA DIAGNOSTICS

Dr. Prashant S. Barpande

Consultant Radiologist

M.B.B.S, D.M.R.D

D.N.B. (Radiodiagnosis), M.N.A.M.S.

Reg. No.: CGMC-3232/2010



Dr. Chitrangi P. Barpande

Consultant Pathologist

MBBS, MD (Pathology)

Msc. (Medical Biochemistry)

Reg. No.: CGMC-3298/2011

Near Ganesh Chowk, Besides Lav Kush Phal Bhandar, Balram Talkies Road, Nehru Nagar, Bilaspur (C.G.) Mob.: +91 7720044949, E-mail : anushka.diagnostics@gmail.com

NAME : AAKANSHA KHALKO

AGE : 36 YEARS

SEX : F

REF. BY : RD

DATE : 29-03-2024

WHOLE ABDOMINAL SONOGRAPHY STUDY :

- LIVER** : Normal in Size- 12.1 cm, Normal in Shape.
No Focal Or Diffuse Lesion Seen.
IHBR's & CBD are Normal in Appearance.
Portal vein appears normal in caliber.
- GALL BLADDER** : Lumen Is Well Distended & Echo free. No Calculus Or Sludge Is Seen.
Wall thickness is normal(2 mm). No evidence of pericholecystic collection.
- SPLEEN** : Normal In Size- 9.8 cm, Normal In Shape & Echotexture.
No Focal Lesion Seen. Splenic Vein – Normal.
- PANCREAS** : Pancreas Normal In Size And Echotexture.
- RIGHT KIDNEY** : Normal in size(9.5 x 4.5 cm) shape position and echotexture seen.
Cortical Thickness & Corticomedullary Differentiation Normal.
No Calculus Seen. No Hydronephrosis.
- LEFT KIDNEY** : Normal in size(9 x 4.3 cm) shape position and echotexture seen.
Cortical Thickness & Corticomedullary Differentiation Normal.
No Calculus Seen. No Hydronephrosis.
- UTERUS** : Uterus Is Anteverted And Appears normal In Size- 7.2 X 3.6 X 4.5 cm.
Normal In Shape & Echotexture.
Myometrium And Endometrium Appear To Be Normal.
Endometrial Thickness- 8 mm.
- OVARIES** : Appear Normal In Size. Normal In Shape And Echo Morphology.
- Cervix Appears Normal. No Evidence Of Adenexal Mass Lesion Seen.
 - No Free Fluid In Pouch Of Douglas Seen. No Evidence Of Lymphadenopathy Seen.
 - Visualized Bowel Loops Appears Normal. No Sonographic Evidence Of Appendicitis In Present Scan.

URINARY BLADDER : Shows Normal Uniform Wall Thickness- 4 mm. And Echo free Lumen.

IMPRESSION :

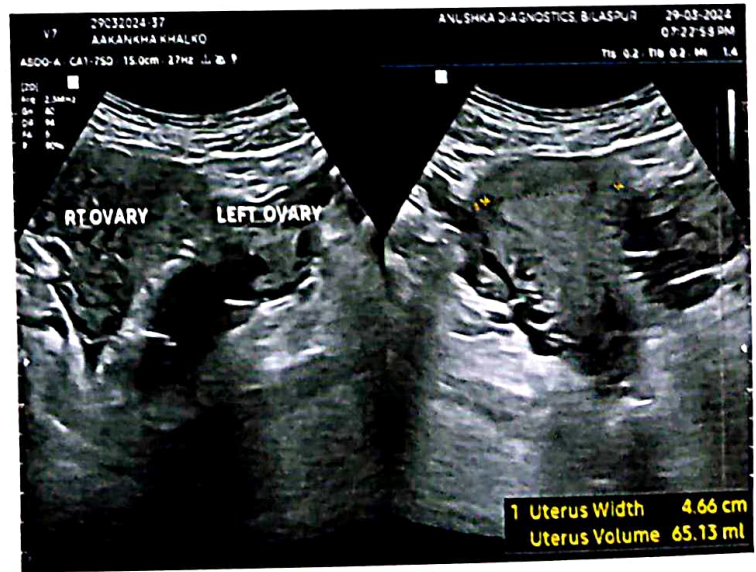
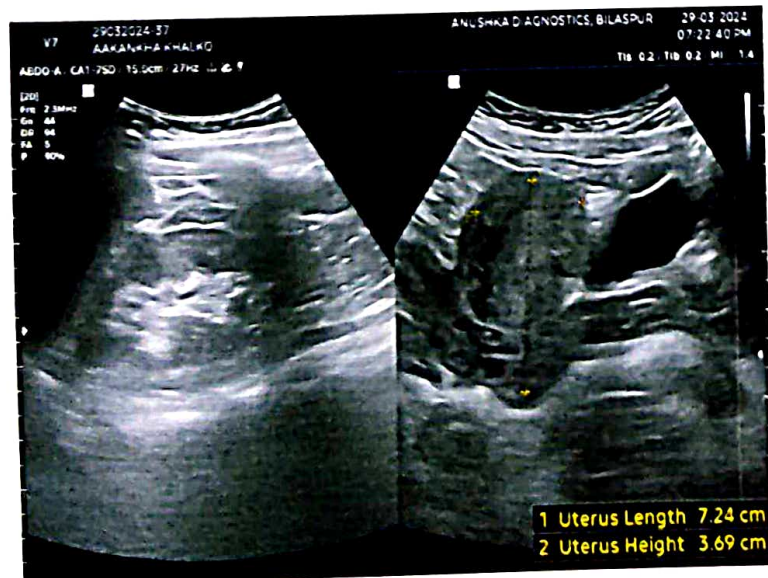
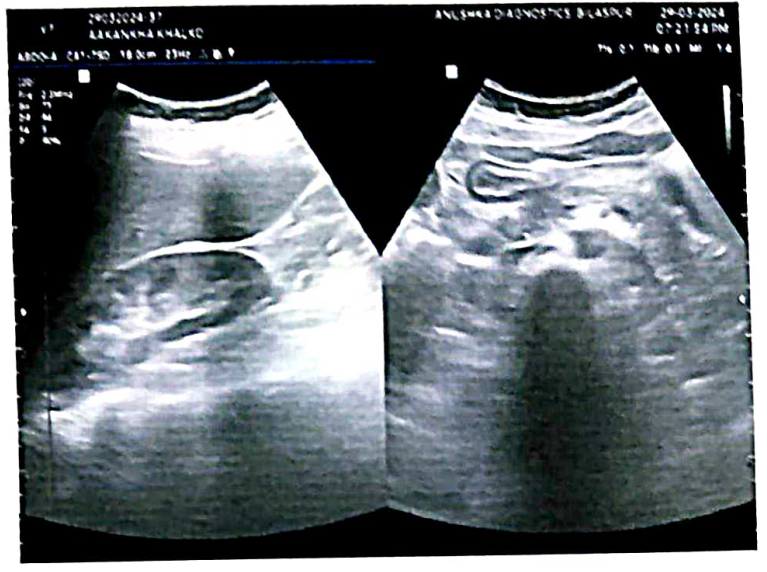
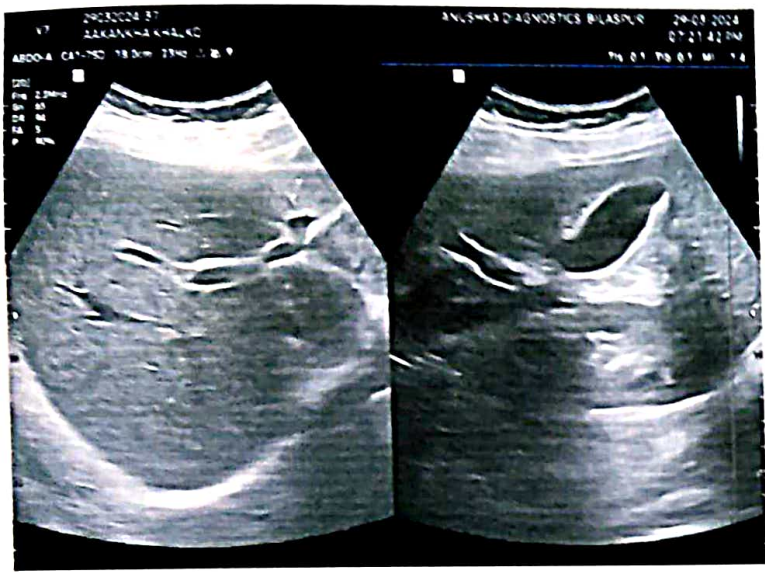
- No Abnormal Sonographic Finding Detected.

Thanks For Referral.

DR. PRASHANT S. BARPANDE
MBBS, D.M.R.D, DNB (RADIO DIAGNOSIS)
M.N.A.M.S, CONSULTANT RADIOLOGIST
REG. NO.- CGMC-3232/10



बेटी बचाओ - बेटी पढ़ाओ



भारत सरकार
Government of India

आकांक्षा खल्खो
Ankanksha Khalkho
जन्म तिथि/DOB: 18/11/1987
पहिला/ FEMALE

Issue Date: 11/01/2020

Download Date: 21/01/2020

5861 8716 5986
VID : 9182 8422 4967 9751

मेरा आधार, मेरी पहचान

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

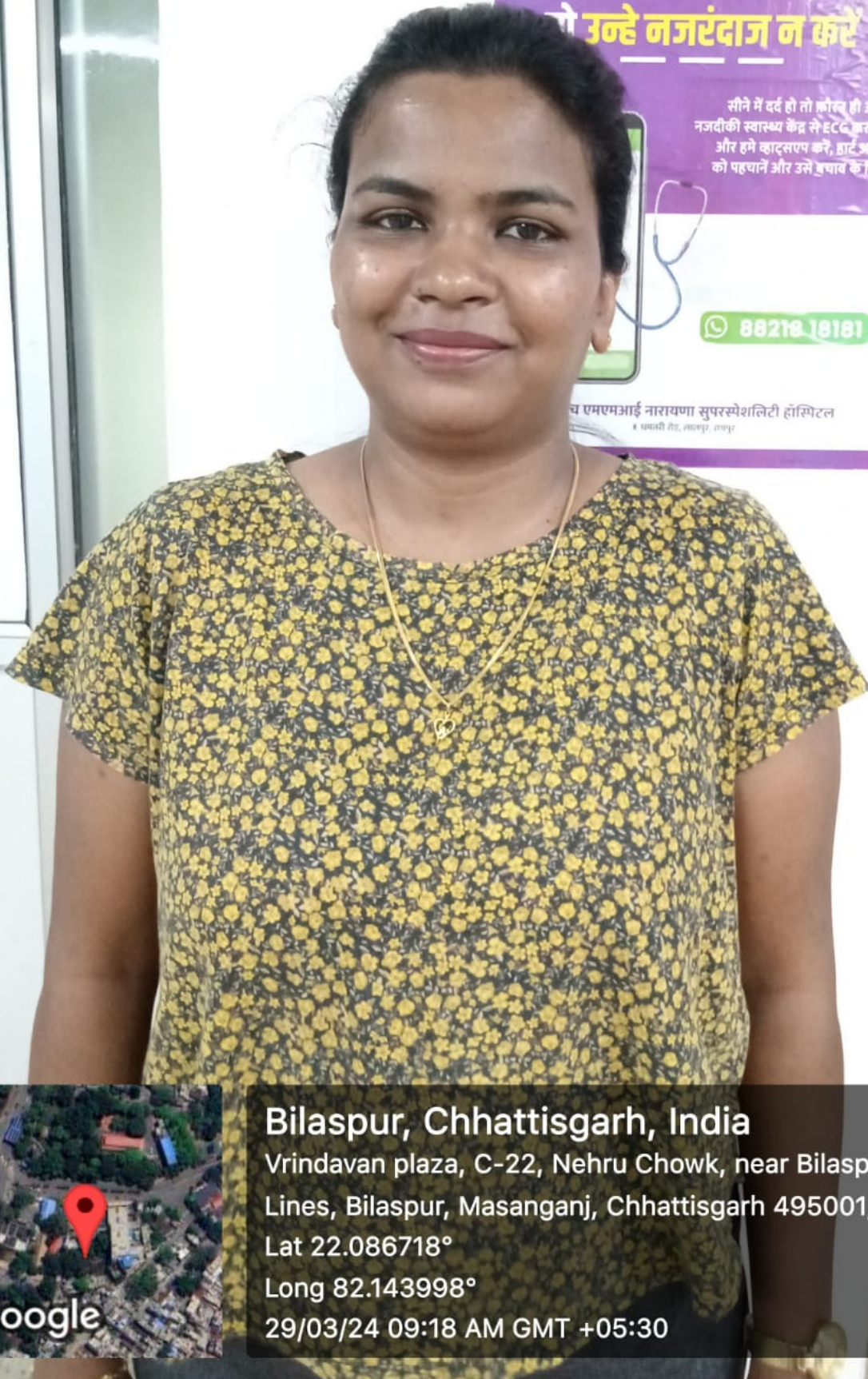
पता:
C/O Dr Anmol Madhur Minz, एस-18 शांति नगर ई 2 आर
2, मजदूक वेक्टर टैंक गौरव पथ रिंग रोड न 02,
बिलासपुर(म.नि.), बिलासपुर,
छत्तीसगढ़ - 495001

Address:
C/O Dr Anmol Madhur Minz, S-18 shanti
nagar e 2 r 2, near water tank gaurav path
ring road no 02, Bilaspur(m. Corp), Bilaspur,
Chhattisgarh - 495001

5861 8716 5986
VID : 9182 8422 4967 9751

1847 | help@uidai.gov.in | www.uidai.gov.in

Prakhar
29/03/2024



Bilaspur, Chhattisgarh, India

Vrindavan plaza, C-22, Nehru Chowk, near Bilaspur Post Office, Civil Lines, Bilaspur, Masanganj, Chhattisgarh 495001, India

Lat 22.086718°

Long 82.143998°

29/03/24 09:18 AM GMT +05:30



Google



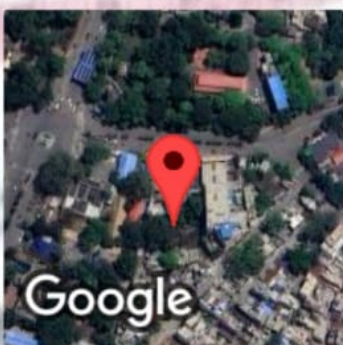
Bilaspur, Chhattisgarh, India

Vrindavan plaza, C-22, Nehru Chowk, near Bilaspur Post Office, Civil Lines, Bilaspur, Masanganj, Chhattisgarh 495001, India

Lat 22.086718°

Long 82.143998°

29/03/24 09:20 AM GMT +05:30





 GPS Map Camera

Bilaspur, Chhattisgarh, India

Vrindavan plaza, C-22, Nehru Chowk, near Bilaspur Post Office, Civil Lines, Bilaspur, Masanganj, Chhattisgarh 495001, India

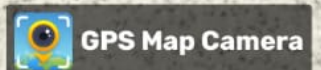
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Long 82.143998°

29/03/24 09:16 AM GMT +05:30



Google



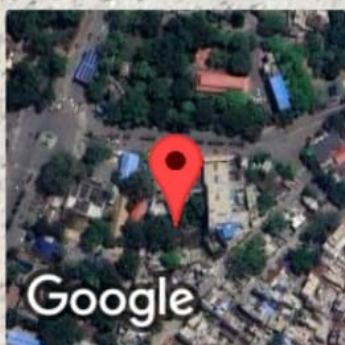
Bilaspur, Chhattisgarh, India

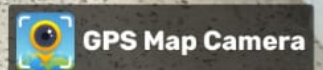
Vrindavan plaza, C-22, Nehru Chowk, near Bilaspur Post Office, Civil Lines, Bilaspur, Masanganj, Chhattisgarh 495001, India

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29/03/24 09:18 AM GMT +05:30





Bilaspur, Chhattisgarh, India

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29/03/24 09:18 AM GMT +05:30

