



587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg Date: 13-Apr-2024

Non-Cardiac/Pain Angina /Non-Hypercholesterolemia/Non-Diabetic/Negative Estrogen/Non-Athlete

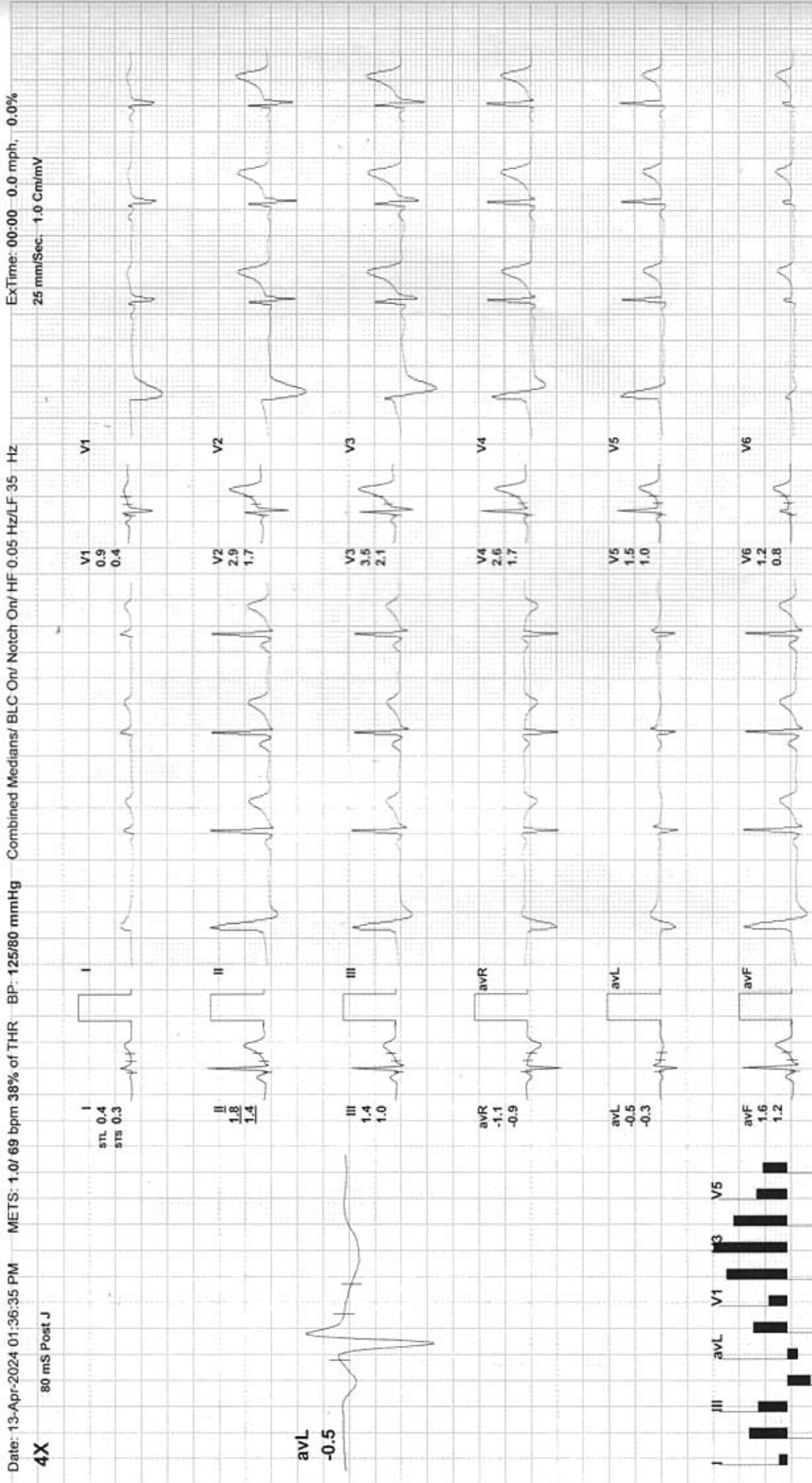
Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	01:05	1:05	00.0	00.0	01.0	069	38 %	125/80	086	00	
Standing	01:36	0:31	00.0	00.0	01.0	079	43 %	125/80	098	00	
HV	02:18	0:42	00.0	00.0	01.0	089	48 %	125/80	111	00	
ExStart	02:24	0:06	01.7	10.0	01.2	086	47 %	125/80	107	00	
BRUCE Stage 1	05:24	3:00	01.7	10.0	04.7	108	59 %	130/80	140	00	
BRUCE Stage 2	08:24	3:00	02.5	12.0	07.1	122	66 %	145/90	176	00	
PeakEx	11:13	2:49	03.4	14.0	10.0	160	87 %	155/90	248	00	
Recovery	12:13	1:00	00.0	00.0	01.1	118	64 %	155/90	182	00	
Recovery	13:13	2:00	00.0	00.0	01.0	111	60 %	155/90	172	00	
Recovery	14:13	3:00	00.0	00.0	01.0	094	51 %	145/85	136	00	
Recovery	15:13	4:00	00.0	00.0	01.0	097	53 %	130/80	126	00	
Recovery	15:13	4:01	00.0	00.0	01.0	097	53 %	130/80	126	00	

FINDINGS :

- Exercise Time : 08:49
- Max HR Attained : 160 bpm 87% of Target 184
- Max BP Attained : 155/90
- Max WorkLoad Attained : 10 Good response to induced stress
- Test Objective : RULED OUT IHD
- History : None
- Test End Reasons : Test Complete, Test Complete, Test Complete

REPORT :

Stress test is negative for exercise induced ischemia -



REMARKS:



587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 79

Date: 13-Apr-2024 01:36:35 PM

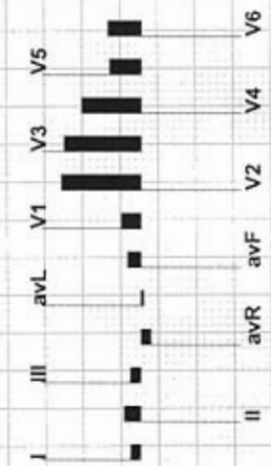
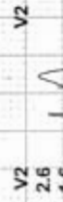
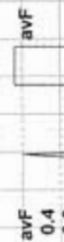
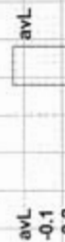
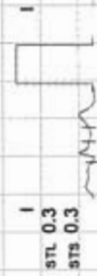
METS: 1.0/ 79 bpm 43% of THR BP: 125/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

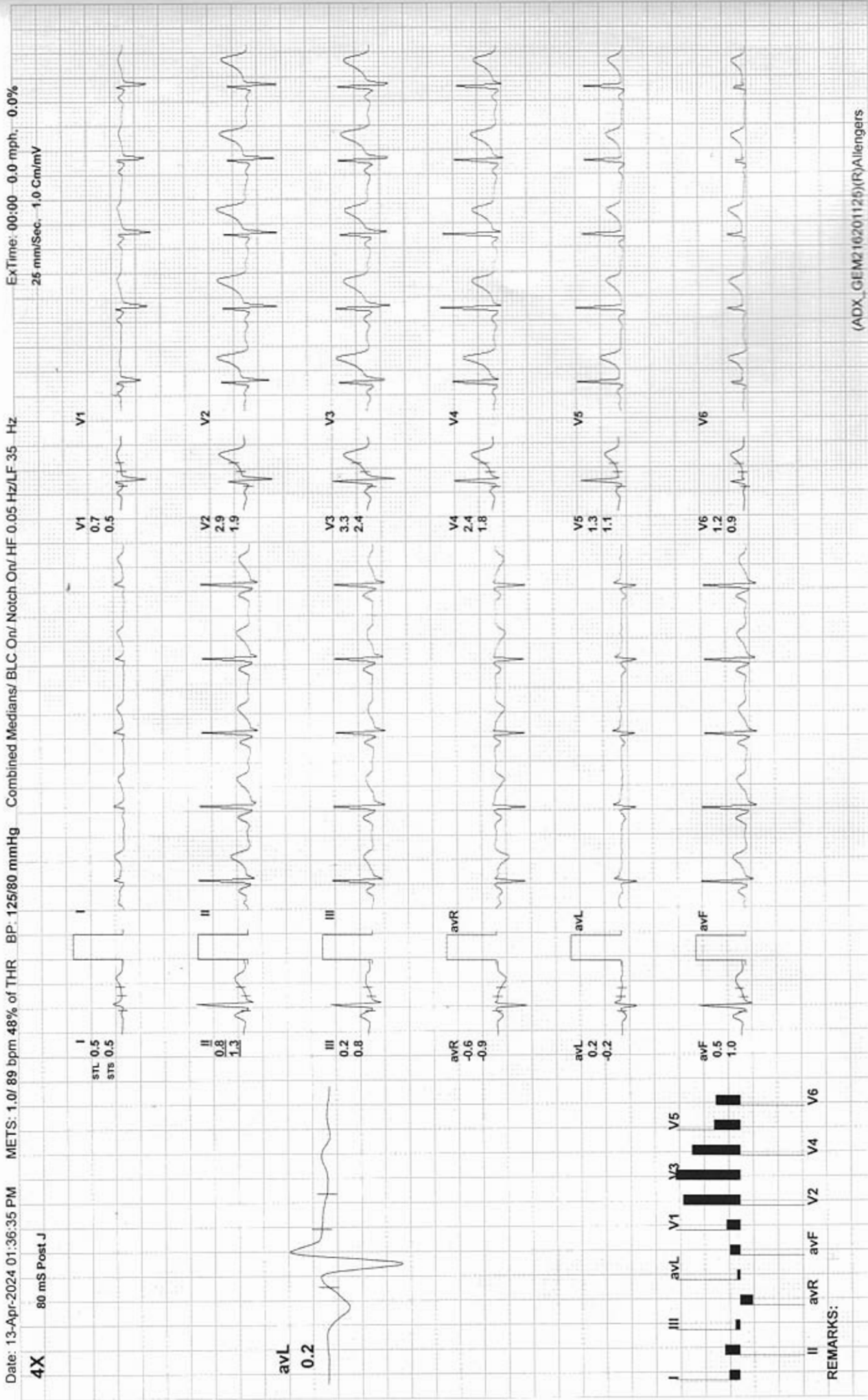
ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:





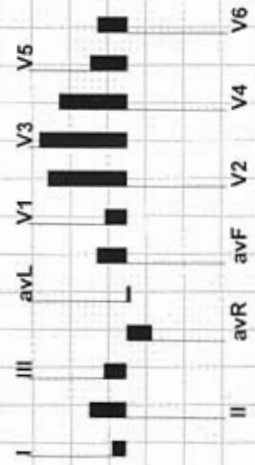
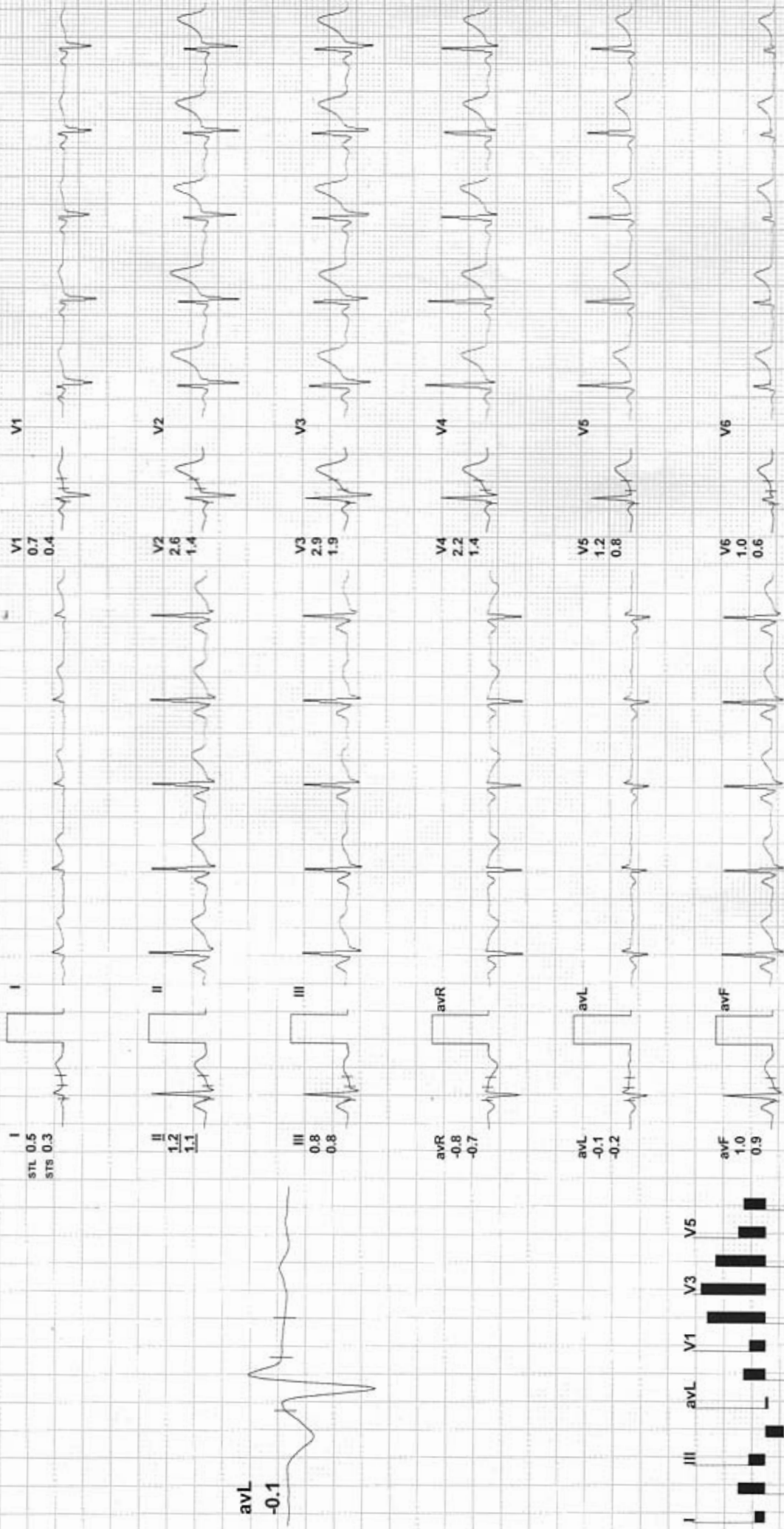
Date: 13-Apr-2024 01:36:35 PM

METS: 1.2/86 bpm 47% of THR BP: 125/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 1.7 mph, 10.0%

25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



Date: 13-Apr-2024 01:36:35 PM

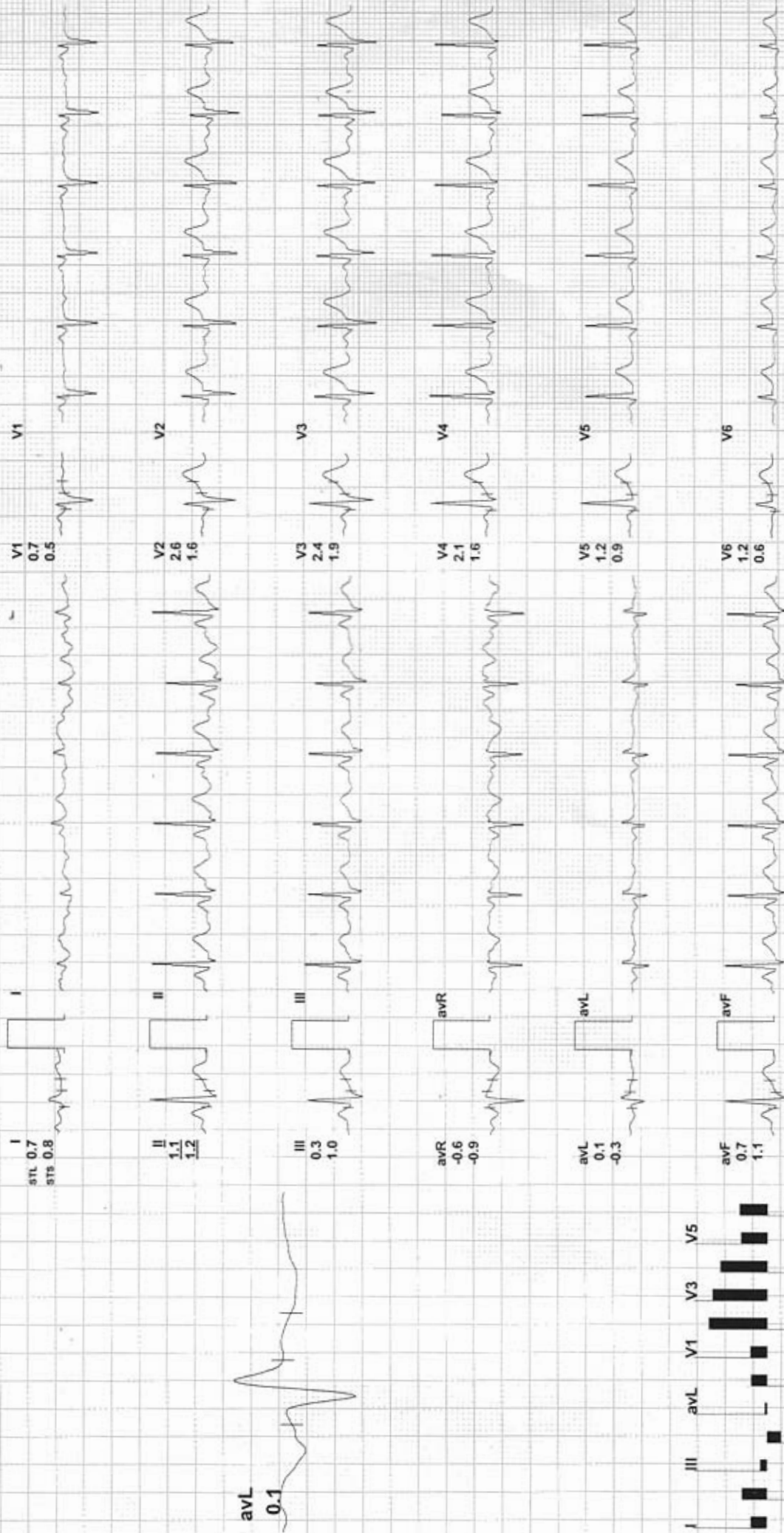
METS: 4.7 / 108 bpm 59% of THR

BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 03:00 - 1.7 mph, - 10.0%

4X 80 mS Post J

25 mm/Sec. - 1.0 Cm/mV



REMARKS: II avR avF V2 V4 V6

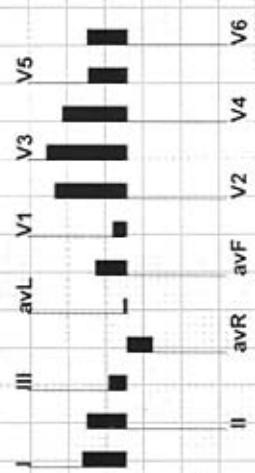
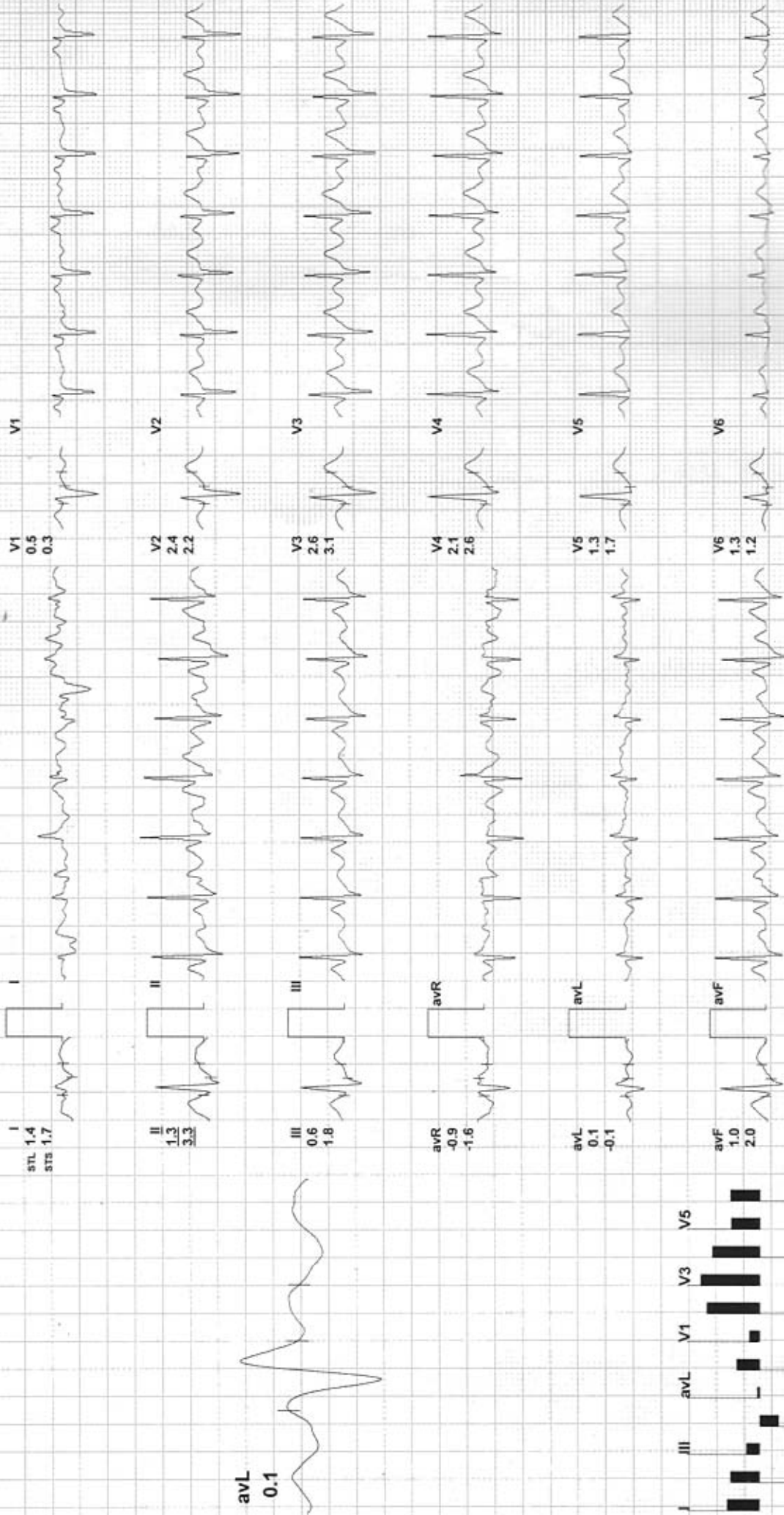


587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 122

Date: 13-Apr-2024 01:36:35 PM METS: 7.1/ 122 bpm 66% of THR BP: 145/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:00 2.5 mph, 12.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J

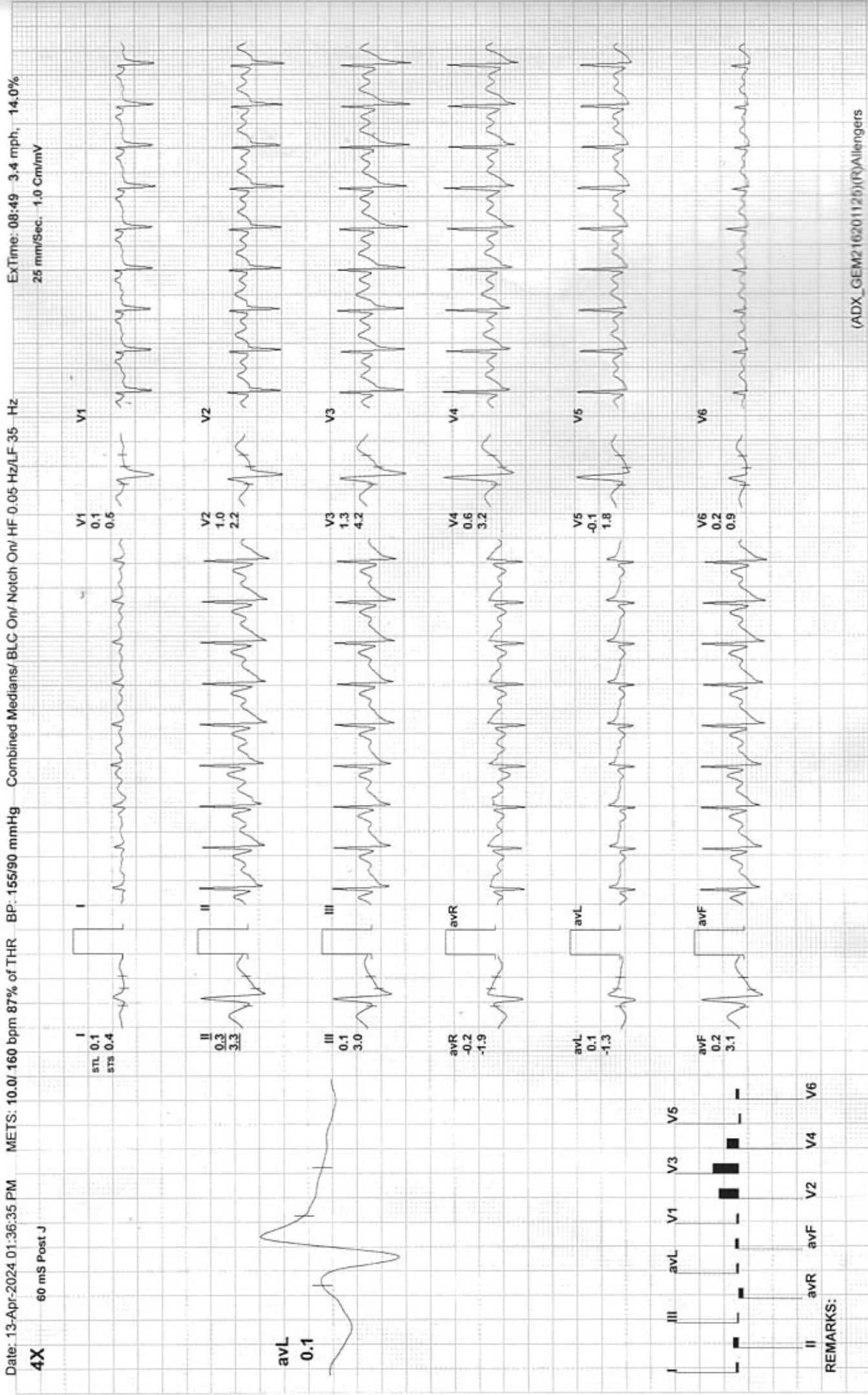


REMARKS:

ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 160

PeakEx

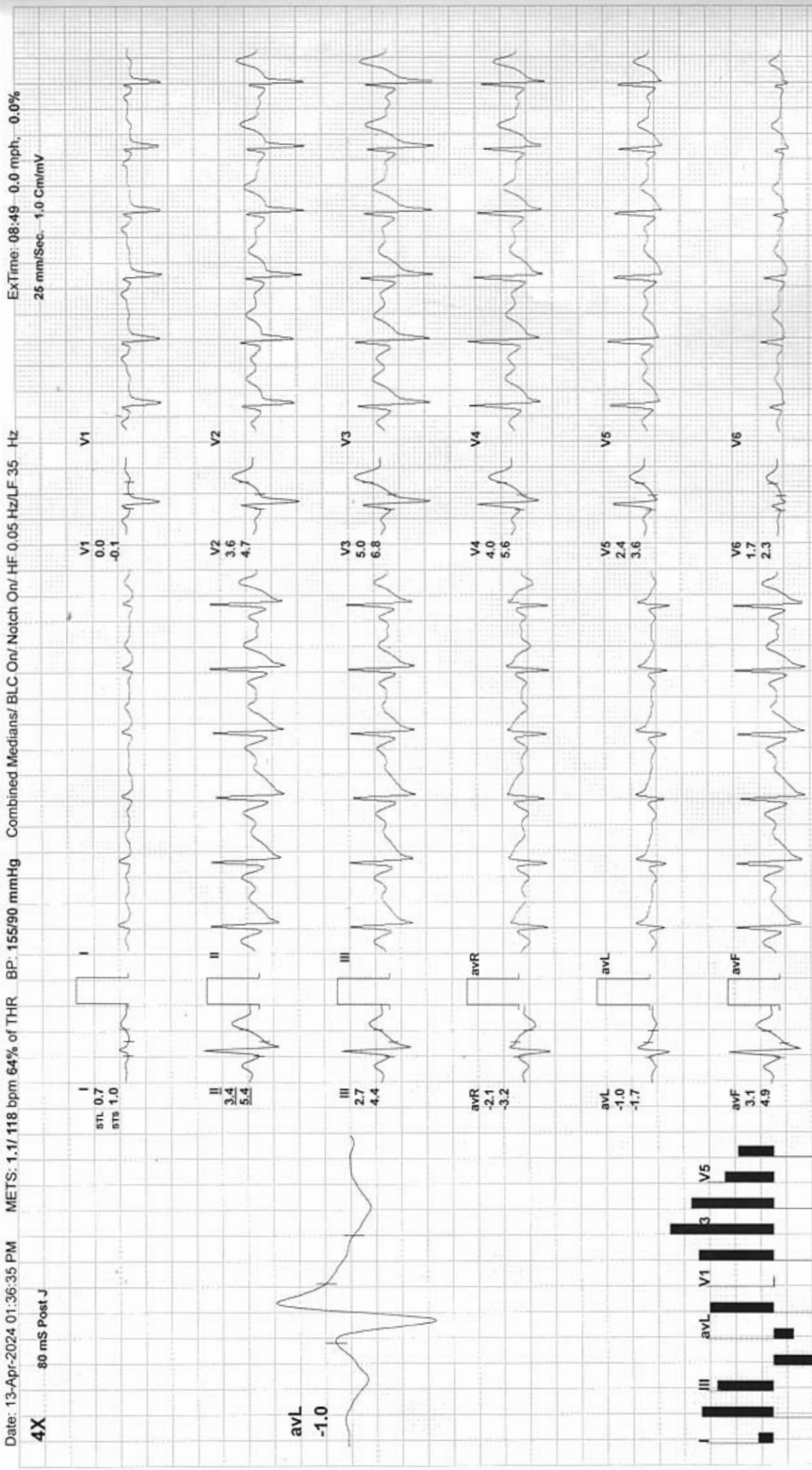




Recovery(1:00)

ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 118



REMARKS:

ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 111

Recovery(2:00)



Date: 13-Apr-2024 01:36:35 PM METS: 1.0/ 111 bpm 60% of THR BP: 155/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 08:49 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mv

4X 80 mS Post J

I
STL 0.3
STB 0.5

V1
0.4
0.5

II
1.6
3.0

V2
2.2
2.6

avL
-0.5

III
1.4
2.5

V3
2.5
3.4

avR
-1.0
-1.8

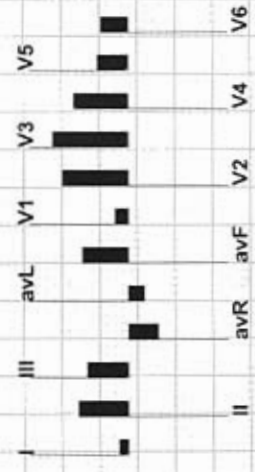
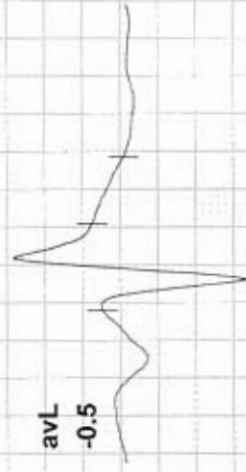
V4
1.8
2.7

avL
-0.5
-1.0

V5
1.0
1.8

avF
1.5
2.8

V6
0.9
1.2



REMARKS:



Recovery(3:00)

ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 94

Date: 13-Apr-2024 01:36:35 PM

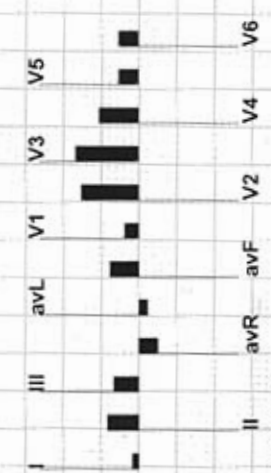
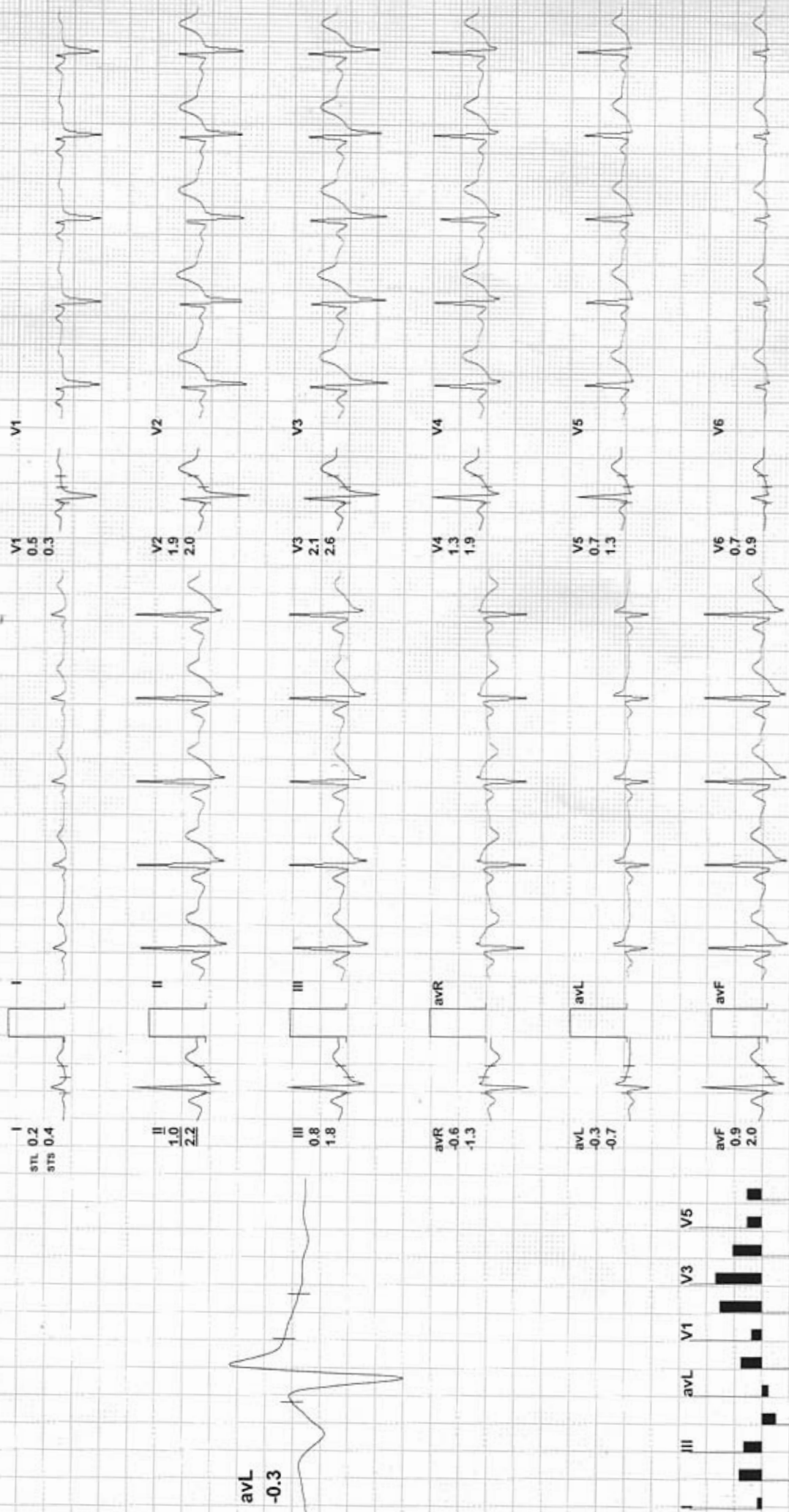
METS: 1.0/ 94 bpm 51% of THR BP: 145/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 08:49 - 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 97

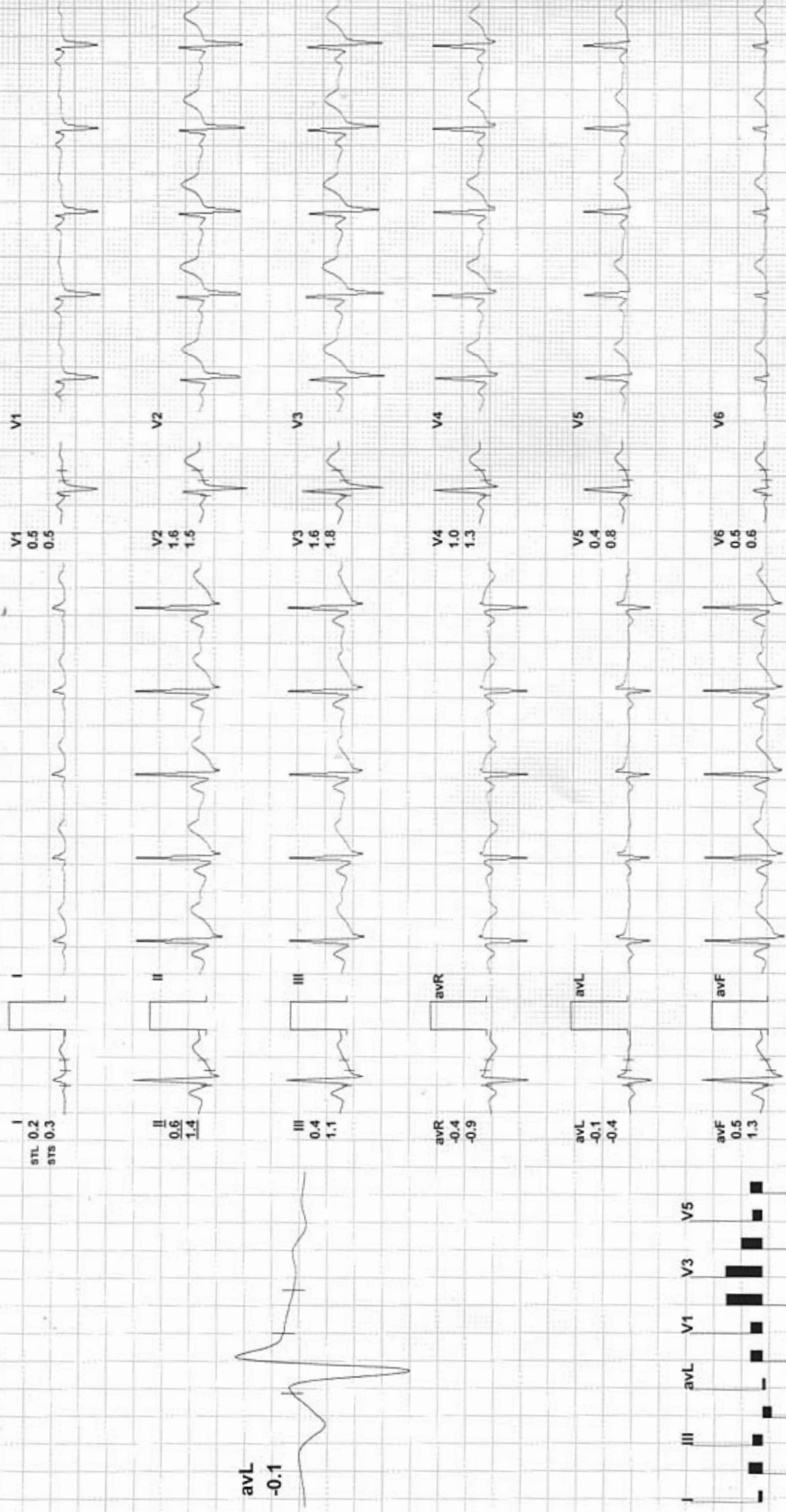
Recovery(4:00)



Date: 13-Apr-2024 01:36:35 PM METS: 1.0/ 97 bpm 53% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 08:49 - 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



Recovery(4:01)

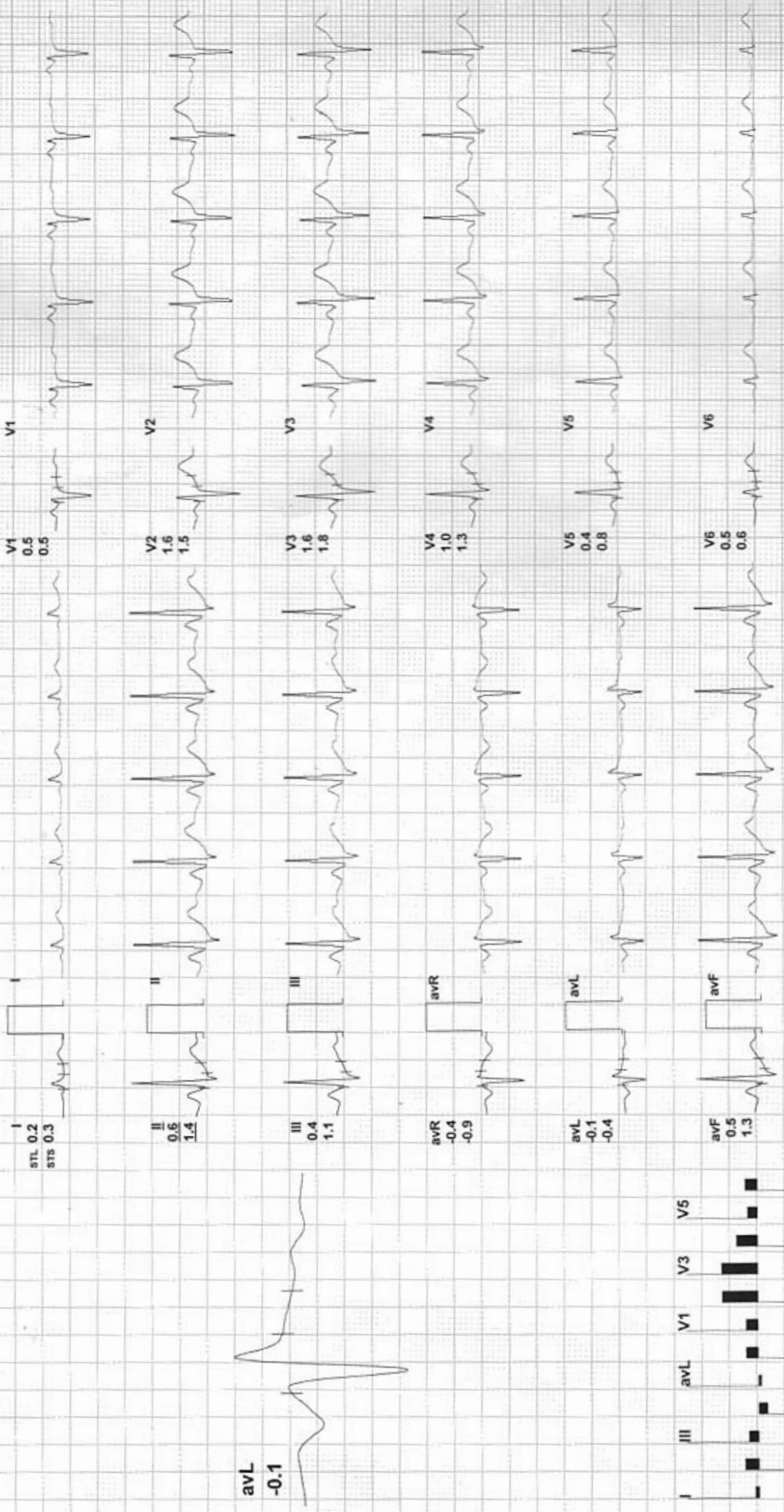
ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 97

Date: 13-Apr-2024 01:36:35 PM METS: 1.0/ 97 bpm 53% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 08:49 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:

ARAVALI HOSPITAL

BRUCE:Supine(1:06)



587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 69

Date: 13-Apr-2024 01:36:35 PM

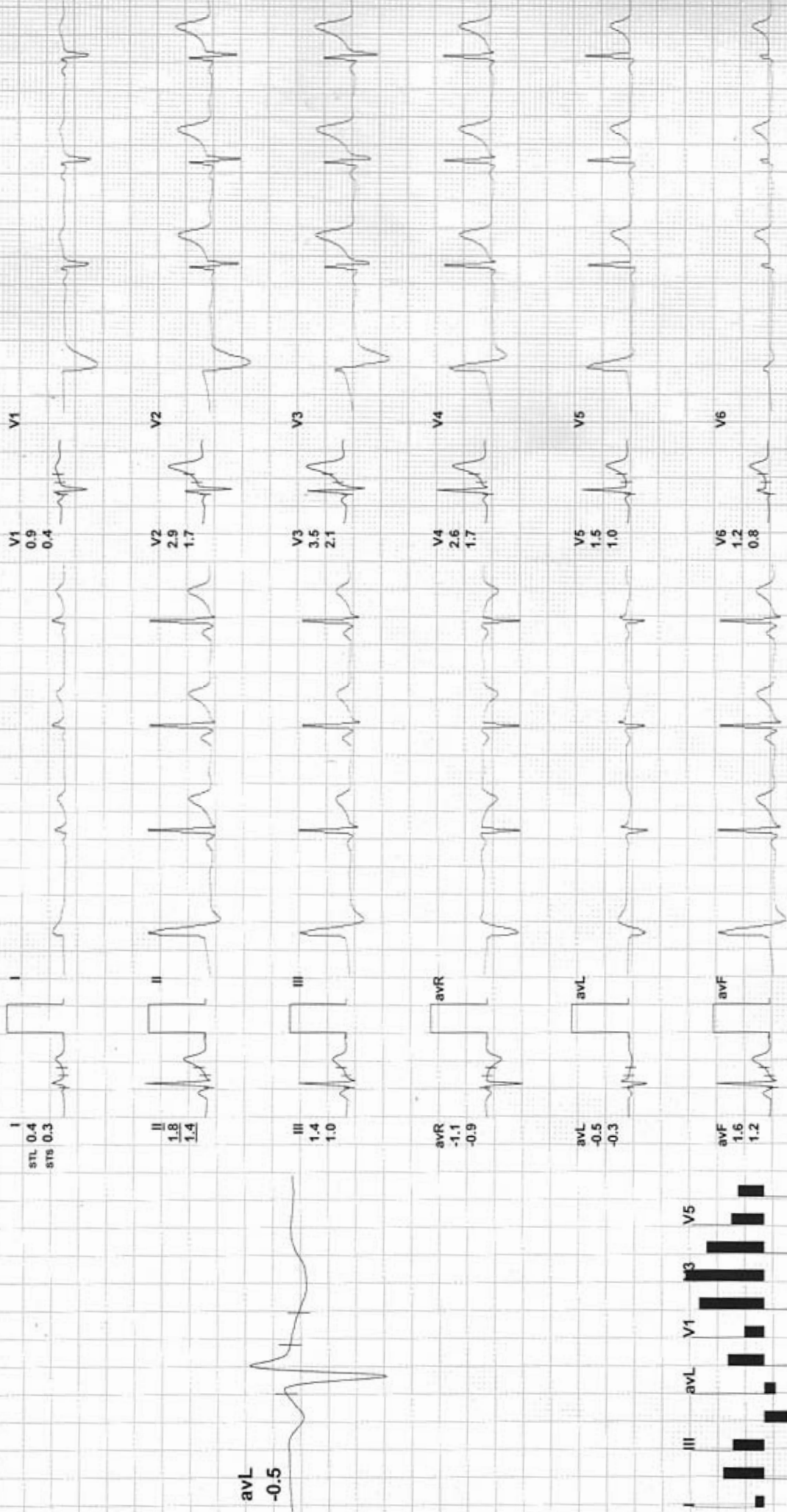
METS: 1.0/ 69 bpm 38% of THR BP: 125/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



BRUCE:Standing(0:32)

ARAVALI HOSPITAL

587 / NAVDEEP PAHAR / 36 Yrs / F / 0 Cms / 0 Kg / HR : 79

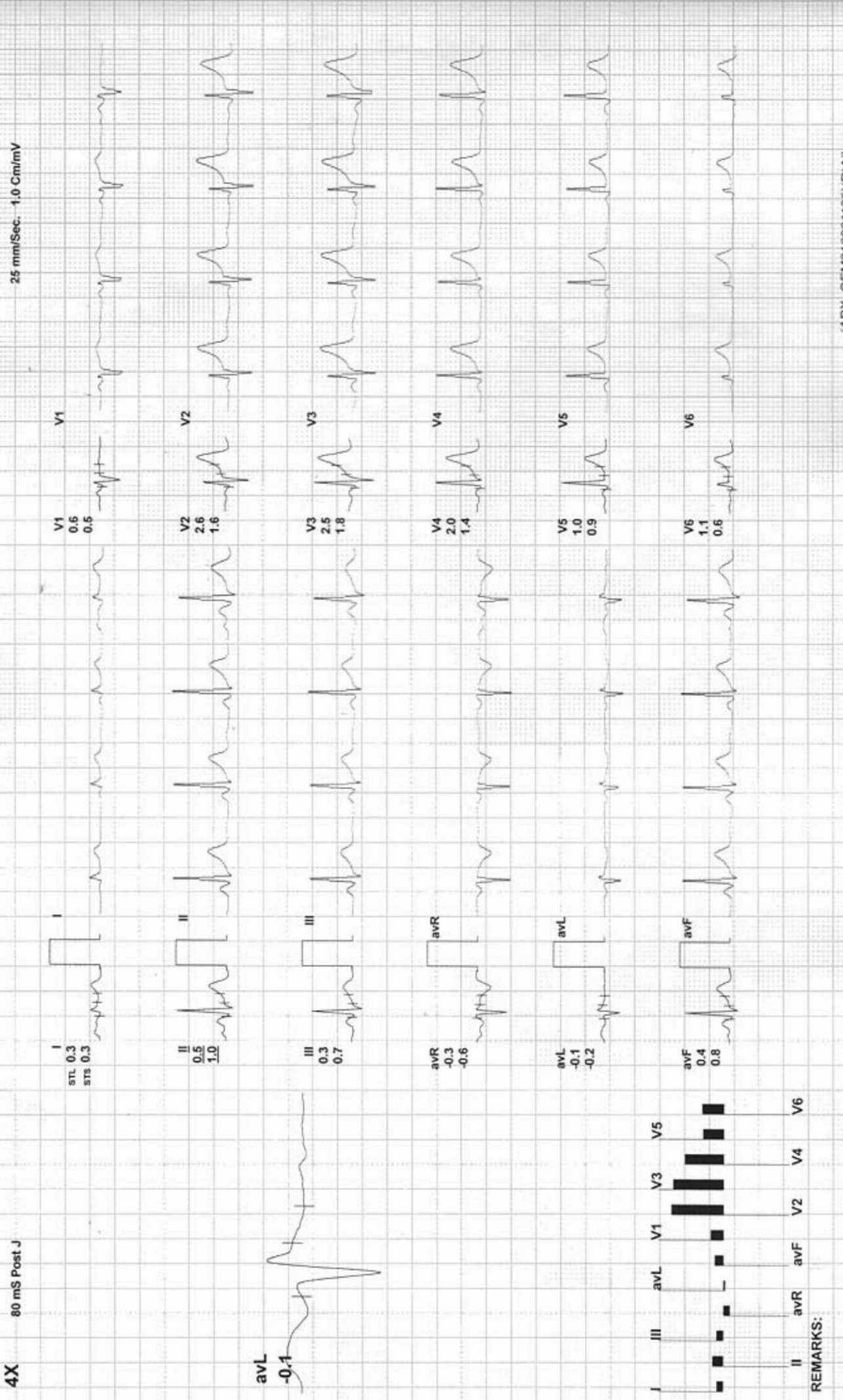
Date: 13-Apr-2024 01:36:35 PM

METS: 1.0 / 79 bpm 43% of THR BP: 125/80 mmHg

Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J



REMARKS:

Rate 65 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation
 . Sinus rhythm.....normal P axis, V-rate 50- 99
 PR 107 . Short PR interval.....PR <110ms
 QRS 87 . RSR' in V1 or V2, probably normal variant.....small R' only
 QT 385 . ST elev, probable normal early repol pattern.....ST elevation, age<55
 QTc 401 . Baseline wander in lead(s) V3,V4

--AXIS--

P 45

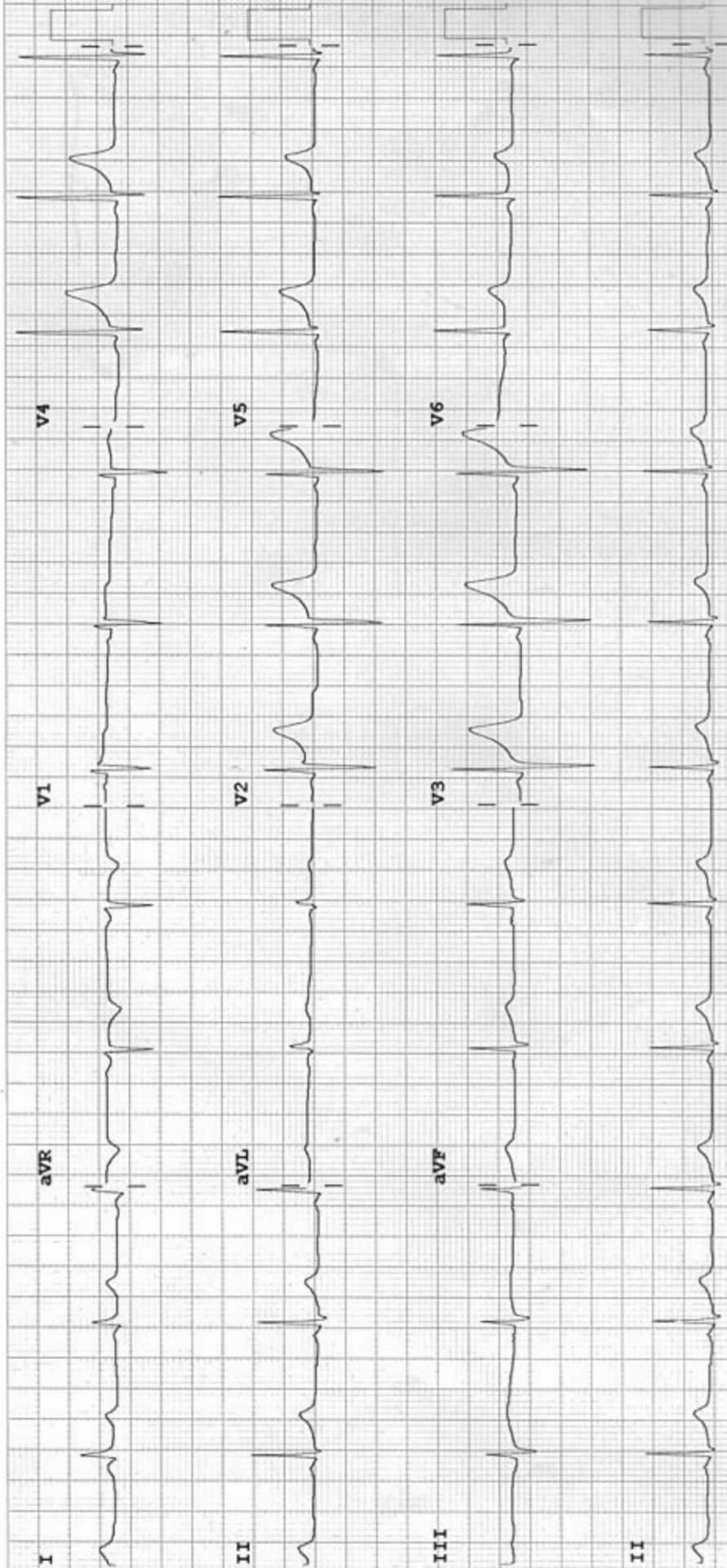
QRS 39

T 44

12 Lead; Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

100B CL

V7



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004

T: 91 294 2430222, 2431222

email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Date : 13/04/2024			
Patient's Name :	MR. NAVDEEP JI	Age: 36 yrs	Sex: Male
Ref. By :	Dr. Y.K.BOLIYA (MD)		

ULTRA SONOGRAPHY REPORT – UPPER AND LOWER ABDOMEN

- Liver** Liver is normal in size, shape, position & contour with normal homogenous echopattern. No evidence of any focal lesion is seen. IHBR are not dilated. Portal vein measures 13 mm. IVC is normal.
- Gall bladder** GB is normal in size & shape. Its wall thickness is normal. No evidence of any calculi is seen. No pericholecystic fluid collection is seen.
- Pancreas** Pancreas is normal in size, shape, position & contour with normal homogenous echo pattern. Pancreatic duct is not dilated.
- Spleen** Spleen is normal in size, shape, position and contour with normal homogenous echo pattern. Splenic vein is not dilated.
- Kidneys** Both kidneys are normal in size, shape, position & contour with well differentiated corticomedullary junction and normal cortical thickness. Pelvicalyceal system is not dilated. No evidence of any calculi is seen. Visualized portion of ureters appears normal.
Right kidney measures 102x35 mm.
Left kidney measures 99x34 mm
- Urinary Bladder** Urinary bladder is well distended with urine & is normal in size, shape & contour with normal & smooth walls.
- Prostate** Prostate is normal in size, shape, position & contour with normal homogenous echo pattern. It reveals normal & smooth capsule. Seminal vesicles are normal.
Prostate measures 39x28x22 mm, Vol – 13 cc

IMPRESSION Normal Study

Dr. SURESH CHANDRA BASER

MBBS,MD
Consultant Radiologist
(RMC-7219)

Dr. ANAND GUPTA

MBBS,DMRE
Consultant Radiologist
(RMC-17548)

Note: *The foetal gender has not been detected nor disclosed to the patient.*

This report is not valid for medico legal purpose.
Every report needs to be correlated and interpreted clinically.
In case of any query, investigation may be repeated.



Helpline : 9352 108 108

www.aravalihospital.in

Name **Mr. NAVDEEP PAHAR**

Visit Date & Time 13/04/2024

PATIENT ID **1124456**

Age 36 Yrs Sex Male

Test Authenticated at : 13/04/2024 17:28:21

Ref. By



HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
HAEMOGLOBIN (HB)	15.3		gm %	11.0 - 16.0
RBC Count	5.05		X10 ⁶ /UL	3.50 - 5.50
PCV	42.5		%	36.0 - 48.0
MEAN CORP. VOLUME (MCV)	84.3		fL	80.0 - 99.0
MEAN CORP. HB (MCH)	30.4		pg	27.0 - 32.0
MEAN CORP. HB CON. (MCHC)	36.1		g/dL	32.0 - 36.0
RDW-CV	12.6		%	11.0 - 16.0
RDW-SD	40.7		fl	35.0 - 56.0
TLC Count	5.20		/cmm	4.00 - 11.00
Differential Leucocyte Count (DLC)				
POLYMORPH	54		%	45 - 75
LYMPHOCYTE	37		%	20 - 45
EOSINOPHIL	03		%	01 - 06
MONOCYTE	06		%	01 - 10
BASOPHIL	00		%	00 - 01
TOTAL PLATELET COUNT	292		x10 ³ /uL	150 - 450
MPV	9.4			7.4 - 10.4
PDW	13.9		%	10.0 - 17.0
PCT	0.3		%	0.1 - 0.3
P-LCR	25.6		%	11.0 - 45.0
P-LCC	75.0			30.0 - 90.0
ESR	22	H	mm/Ist hr.	0 - 20



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
-----------	-------	--------	------	-------------------------

Blood Group (ABORH)	'B'	POSITIVE		
---------------------	-----	----------	--	--



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



Test Name	Value	Status	Unit	Biological Ref Interval
-----------	-------	--------	------	-------------------------

LIPID PROFILE

CHOLESTEROL TOTAL	175.00		mg/dl	<200.00
TRIGLYCERIDES	74.71		mg/dl	0.00 - 200.00
HDL CHOLESTEROL	40.55		mg/dl	30.00 - 65.00
LDL CHOLESTROL	120.00	H	mg/dl	35.00 - 100.00
VLDL CHOLESTEROL	15.00		mg/dl	12.00 - 35.00
CHOLESTEROL TOTAL / HDL RATIO	4.32			0.00 - 4.90
CHOLESTEROL LDL / HDL RATIO	2.96			0.00 - 5.00



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



Test Name	Value	Status	Unit	Biological Ref Interval
-----------	-------	--------	------	-------------------------

LIVER FUNCTION TEST (LFT)

BILIRUBIN-TOTAL	0.72		mg/dl	0.20 - 1.20
BILIRUBIN-DIRECT	0.28	H	mg/dl	0.00 - 0.25
BILIRUBIN-INDIRECT	0.44	H	mg/dl	0.10 - 0.40
SGOT-AST	15.20		U/L	0.00 - 35.00
SGPT-ALT	12.79		U/L	0.00 - 45.00
ALKALINE PHOSPHATASE	57.00		IU/L	35.00 - 129.00
PROTIEN-TOTAL	6.74		gm/dl	6.00 - 8.50
ALBUMIN	4.41		gm/dl	3.50 - 5.20
GLOBULIN	2.33	L	gm/dl	2.50 - 4.00
A:G RATIO	1.89			1.10 - 2.20



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
BLOOD SUGAR (FASTING)	78.4		mg/dl	60.0 - 110.0
BLOOD SUGAR (PP)	132.0		mg/dl	110.0 - 140.0
CREATININE	0.80		mg/dl	0.50 - 1.30
URIC ACID	5.57		mg/dl	2.60 - 7.20
BUN	9.95		mg/dl	7.00 - 22.00
GAMMA GT	19.0		U/L	10.0 - 61.0



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
HBA1C				
GLYCOSYLATED HAEMOGLOBIN-A1C	4.00		%	Below 6.5% : Good Control 6.5% - 7% : Fair Control 7.0% - 8% : Unsatisfactory Control >8% Poor Control
AVERAGE BLOOD GLUCOSE (ABG) Method: Derived from HbA1c Value	68.10	L	%	90 - 120 Good Control 121 - 150 Fair Control 151 - 180 Unsatisfactory Control > 180 Poor Control



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



Test Name	Value	Status	Unit	Biological Ref Interval
-----------	-------	--------	------	-------------------------

THYROID PROFILE

T3	1.36		ng/ml	0.87 - 1.78
T4	8.25		ug/dl	4.82 - 15.65
TSH	1.188		micro U/ml	0.340 - 5.600

TSH levels may be affected by acute illness and drugs like dopamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave's disease

TSH between 5.5 to 15.0 with normal T3,T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3,T4 with slightly low TSH suggests subclinical hyperthyroidism

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3,FT4 is important.

Free T3 is first hormone to increase in early hyperthyroidism.
Only TSH level can prove to be misleading in patients on treatment.

Therefore Free T3, Free T4 along with TSH should be checked.
During pregnancy clinically T3T4 can be high and TSH can be slightly low.



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



IMMUNOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
PSA	1.94		ng/ml	0.00 - 4.00
				40-49 years = 0 to 2.5 ng/ml 50-59 years = 0 to 3.5 ng/ml 60-69 years = 0 to 4.5 ng/ml 70-79 years = 0 to 6.5 ng/ml

Note:

1. This test is not solely recommended to screen prostate cancers in the general population.
2. False negative/ positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy.
3. PSA Total and free levels may appear consistently elevated/ depressed due to the interference by heterophilic antibodies & nonspecific protein binding.
4. PSA Total and free values obtained with different assay methods or kits cannot be used interchangeably.
5. Immediate PSA testing following digital rectal examination, ejaculation, prostatic massage, indwelling catheterization, ultrasonography and needle biopsy of prostate is not recommended as it falsely elevates Total and Free PSA levels.
6. Total and Free PSA values regardless of levels should not be interpreted as absolute evidence of the presence or clinical finding and results of other investigations.



DR. NARENDRA MOGRA
RMC NO5394



Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004
T: 91 294 2430222, 2431222
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये
भारत सरकार की
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)
द्वारा प्रमाणित

Name Mr. NAVDEEP PAHAR	Visit Date & Time 13/04/2024	PATIENT ID 1124456
Age 36 Yrs Sex Male	Test Authenticated at : 13/04/2024 17:28:21	Ref. By



CLINICAL PATHOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
-----------	-------	--------	------	-------------------------

URINE EXAMINATION

PHYSICAL EXAMINATION

QUANTITY	20
COLOUR	PALE YELLOW
SPECIFIC GRAVITY	QNS
APPEARANCE	CLEAR
DEPOSITS	NIL
PH	ACIDIC

CHEMICAL EXAMINATION

ALBUMIN	NIL
SUGAR	NIL

MICROSCOPY EXAMINATION

EPITHELIAL CELLS	1-2	/HPF
PUS CELLS	4-5	/HPF
RBC'S	2-3	/HPF
CASTS	ABSENT	
CRYSTALS	ABSENT	
BACTERIA	NIL	
YEAST CELLS	NIL	
TRICHOMONAS VAGINALIS	NIL	
SPERMATOZOA	NIL	
OTHERS	NIL	



*** End of Report ***

DR. NARENDRA MOGRA
RMC NO5394
DR. HUSSAIN ALI RANGWALA