

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Sachin Patel

DATE: 29/3/24

AGE : 33y

SEX: Male / Female

NMU: NMU000 49395

DOCTOR'S NAME:
Heath - Prakash

TEMP :	<u>97.6</u>	° f	BP :	<u>124/83</u>	mmHg
PULSE :	<u>85</u>	b/m	HEIGHT :	<u>167</u>	cm
RR :	<u>20</u>	b/m	WEIGHT :	<u>57.5</u>	kg
SPO2 :	<u>100 % RA</u>		HGT:	<u>-</u>	

REMARK:

Sahin Patil.

S/B: Dr. Mandira Kamble

OIE: Caries = 7/

Stain⁺ Calculus⁺

Advice: Oral prophylaxis.

Restoration = 7/

MKamble

Dr Mandira Sushil Kamble
MDS In Conservative Dentistry And Endodontics
Reg. No. A-43282



DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS

DATE: 29/03/24

PATIENT NAME: Mr Sochin Patil

AGE / SEX: 33 (M) NAVI MUMBAI

UMR NO: NM00049395

	RE	LE
VA (DISTANCE)	6/6 <u>eng</u>	6/6 <u>eng</u>
VA (NEAR)	N6 <u>eng</u>	N6 <u>eng</u>
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA
MRx	O D (R)	-1.25	-0.50	10'	6/6, <u>eng</u>
	O S (L)	-1.25	-0.50	180	6/6, <u>eng</u>

HISTORY :

— H/O using spectacle = 8 yrs — NO H/O ocular trauma Allergis & surgenis.
 — NO H/O systemic illness (DM, HTN, thyroid)

OCULAR FINDINGS :

(BE) - Ant seg wNL.
 (undilated) Disc (BE) - 0.1, small discs

ADVICE:

Refresh Teas dd qid 1777 X 1 month
 Fundoscopy (BE)

AS
 CDR. ANUSHREE VANJAR





Patient Name : Mr. SACHIN PATIL	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By : Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date : 29-Mar-24 06:23 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
CUE (COMPLETE URINE EXAMINATION)				
<u>PHYSICAL EXAMINATION</u>				
VOLUME	Urine	30ML		
COLOUR		PALE YELLOW	PALE YELLOW	
APPEARANCE		CLEAR	CLEAR	
DEPOSIT		ABSENT	ABSENT	
<u>CHEMICAL EXAMINATION</u>				
SPECIFIC GRAVITY	Urine	1.020	1.000 - 1.030	Dipstick
PH		6.0	5.0 - 8.0	Dipstick
PROTEIN		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
GLUCOSE		ABSENT	ABSENT	Dipstick/Benedict's test
UROBILINOGEN		NORMAL	NORMAL	Dipstick
KETONE		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
BILIRUBIN		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
BILE SALT		NEGATIVE	NEGATIVE	Hay's sulphur powder test
BILE PIGMENT		NEGATIVE	NEGATIVE	Fouchet test
NITRITE		NEGATIVE	NEGATIVE	Dipstick
LEUCOCYTE ESTERASE		NEGATIVE	NEGATIVE	
<u>MICROSCOPIC EXAMINATION</u>				
PUS CELLS	Urine	OCCASIONAL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
RBC		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
EPITHELIAL CELLS		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
CRYSTALS		NIL	NIL	MICROSCOPIC EXAMINATION
CASTS		NIL	NIL	MICROSCOPIC EXAMINATION
BACTERIA		ABSENT		MICROSCOPIC EXAMINATION
YEAST		ABSENT		MICROSCOPIC EXAMINATION
AMORPHOUS DEPOSITS		ABSENT		MICROSCOPIC EXAMINATION
MUCUS THREAD		ABSENT		MICROSCOPIC EXAMINATION
NOTE		Microscopic examination of urine is carried out on centrifuged urinary sediment.		

*** End Of Report ***





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. SACHIN PATIL	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By : Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date : 29-Mar-24 06:23 pm

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
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DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. SACHIN PATIL	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By : Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date : 29-Mar-24 03:14 pm

FINAL REPORT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
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COMPLETE BLOOD COUNT

RBC

R B C COUNT	Blood	5.87	4.5 - 5.5 $10^6/\mu\text{L}$	
HEMOGLOBIN		9.1	13.0 - 17.0 g/dl	
PCV/HCT		32.8	40 - 50 %	
MCV		56	36 - 46 %	
MCH		15.6	83 - 101 fl	
MCHC		27.8	83 - 101 fl	
RDW(cv)		19.7	27 - 32 pg	
			31.5 - 34.5 g/dL	
			11.6 - 14.0 %	

PLATELETS

PLATELET COUNT	Blood	370	150 - 400 $10^3/\mu\text{L}$	
MPV		9.1	7.5 - 11.5 fl	

WBC

TC (TOTAL LEUCOCYTE COUNT)	Blood	6.4	4.0 - 11.0 $10^3/\mu\text{L}$	
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DIFFERENTIAL COUNT

NEUTROPHILS	Blood	60	40 - 80 %	
LYMPHOCYTES		29	20 - 40 %	
MONOCYTES		09	02 - 10 %	
EOSINOPHILS		02	00 - 06 %	
BASOPHILS		00	00 - 01 %	

PERIPHERAL SMEAR EXAMINATION

RBC
Moderate anisopoikilocytosis. Microcytic hypochromic with ovalocytes, elliptocytes, tear drop cells and some target cells.

WBC
Normal morphology.

PLATELETS
Adequate in smear.

ADVISED
Haemoglobin electrophoresis/ HPLC assay.

ESR	CITRATED BLOOD	13	0 - 10 mm/1st hour	WESTERGREN'S METHOD
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*** End Of Report ***





MEDICOVER HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. SACHIN PATIL	Age /Gender :33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By :Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date :29-Mar-24 03:05 pm

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
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DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. SACHIN PATIL	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By : Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date : 29-Mar-24 02:08 pm

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
SERUM CREATININE				
CREATININE		0.78	0.8 - 1.3 mg/dl	Method : jaffe
BUN / CREATININE RATIO				
BUN (Blood Urea Nitrogen.)		12	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.78	0.8 - 1.3 mg/dL	
BUN / CREATININE RATIO		15.38	10 - 20	
LFT(LIVER FUNCTION TEST)				
TOTAL BILIRUBIN		0.5	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.2	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.3	<= 1.0 mg/dL	
SGPT (ALT)		28	<= 41 U/L	Method : UV without P5P
SGOT (AST)		29	<= 40 U/L	
ALKALINE PHOSPHATASE (ALP)		85	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		8.0	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		4.7	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		3.3	2.5 - 3.5 g/dL	
A/G RATIO		1.42	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		25	10 - 71 U/L	Method : G-glutamyl-carboxy-nitr oanilide - IFCC Ref.
BUN(BLOOD UREA NITROGEN)				
BUN (Blood Urea Nitrogen.)		12	7.0 - 21.0 mg/dL	Calculated
TOTAL PROTEIN				
TOTAL PROTEINS		8.0	6.0 - 8.0 g/dL	Method : Biuret method
LIPID PROFILE				
TOTAL CHOLESTEROL		168	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric
HDL CHOLESTEROL		43	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. SACHIN PATIL	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By : Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date : 29-Mar-24 02:59 pm

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In</u>	<u>Method</u>
LDL CHOLESTEROL		115	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	Direct-Enzymatic colorimetric
VLDL		21		
SERUM TRYGLYCERIDES		106	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	
CHO/HDL RATIO		3.91	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO		2.67		
SERUM URIC ACID		4.8	3.4 - 7.0 mg/dL	uricase
FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)				
FASTING BLOOD GLUCOSE		96	Normal Range : 70 - 99 mg/dL	Hexokinase
T3,T4 AND TSH				
T3		137.0	70 - 204 ng/dL	Method : ECLIA
T4		8.76	5.1 - 14.1 ug/dL	Method : ECLIA
TSH(THYROID STIMULATING HORMONE)		0.596	0.270 - 4.20 uIU/mL	Method : ECLIA
PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)				
PLBS (POST LUNCH BLOOD GLUCOSE)		78	110 - 180 mg/dL	Hexokinase
HBA1C (GLYCOSYLATED HAEMOGLOBIN)				
HBA1C		6.1	< 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic %	TINIA
MPG(Mean Plasma Glucose)		128	Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL	

*** End Of Report ***





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. SACHIN PATIL	Age /Gender :33 Y(s)/Male
Bill No/ UMR No : NMBC64135/NMU0049395	Referred By :Dr. DMO
Received Dt : 29-Mar-24 10:00 am	Report Date :30-Mar-24 09:42 am

Parameters **Specimen** **Result** **Biological Reference In Method**

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Head of Laboratory Services

Verified By : : 026979

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.





MEDICOVER
HOSPITALS

NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

Name : Mr. Sachin Patil

Date:-29/03/2024

Age / Sex : 33 Yrs / Male

UMR No. 0049395

Referred By : Health check up

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.
PASP = 20 mm Hg.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- No RWMA.
- Trivial MR and TR. No PH.
- Normal LV and RV systolic function.

DR. SAMEER VANKAR
MD DM CARDIOLOGY





MEDICOVER
HOSPITALS

M-MODE MEASUREMENTS:

NAVI MUMBAI

LA	35	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID(s)	31	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	31	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			Nil
TRICUSPID	20			Trivial
PULMONERY	4.4			Nil



HC 49395
33 Years

SACHIN PATIL
Male

3/29/2024 12:33:23 PM

Rate 70 . Sinus arrhythmia.....V-rate 57- 80, variation>10%
. Baseline wander in lead(s) V3

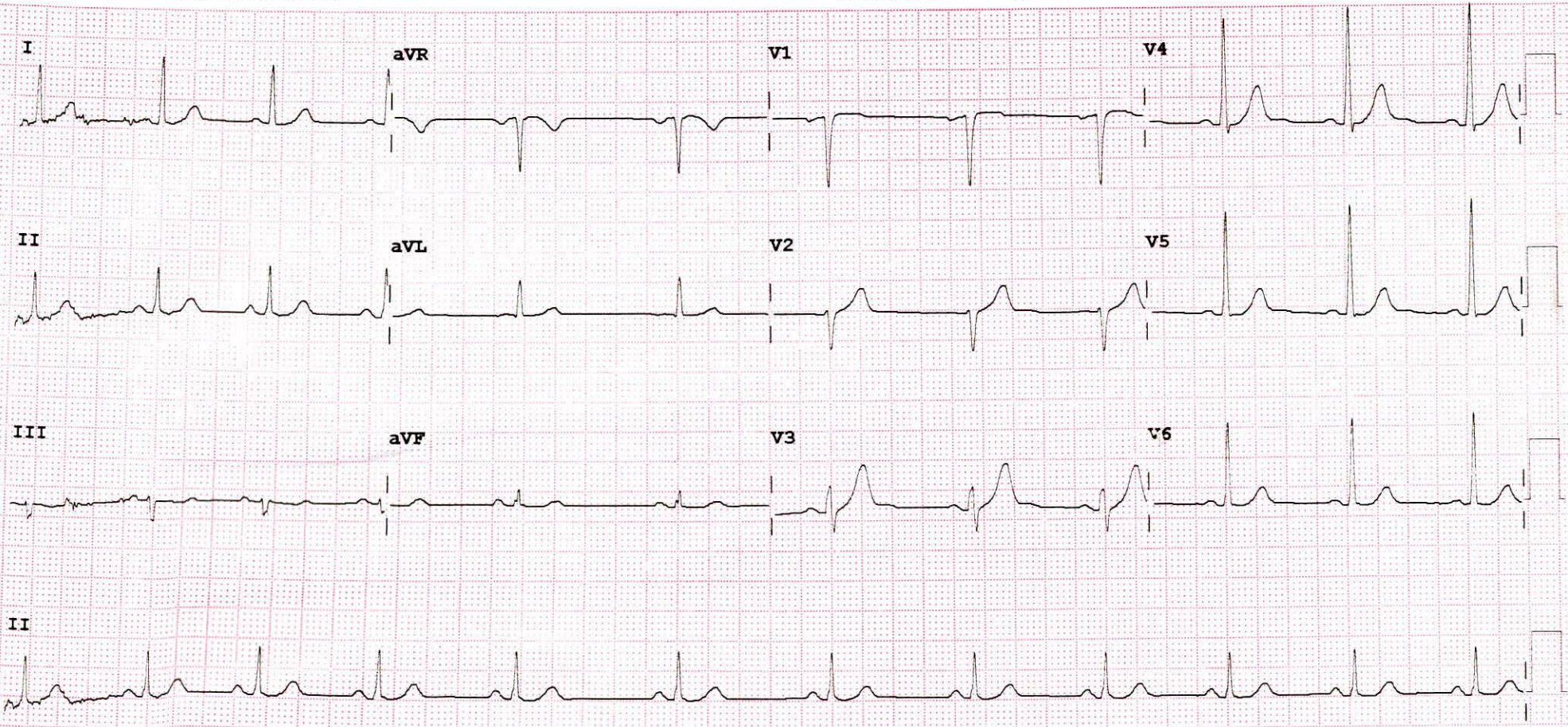
PR 137
QRSD 80
QT 348
QTc 376

--AXIS--
P 49
QRS 17
T 23

- OTHERWISE NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.50- 40 Hz W

100B CL

P?

Patient ID:	NMU0049395	Patient Name:	SACHIN PATIL
Age:	33 Years	Sex:	M
Accession Number:	NMBC64135	Modality:	DX
Referring Physician:	DR.DMO	Study:	CHEST
Study Date:	29-Mar-2024	Study Time:	10:50:27

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- **No significant abnormality is seen.**



Dr. Ashwin Y.
M.D. (Radio-Diagnosis)

Patient ID:	NMU0049395	Patient Name:	SACHIN PATIL
Age:	33 Years	Sex:	M
Accession Number:	NMBC64135	Modality:	US
Referring Physician:	DR.DMO	Study:	USG ABDOMEN WHOLE
Study Date:	29-Mar-2024	Study Time:	10:52:05

USG WHOLE ABDOMEN

LIVER is normal in size, normal in shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears partially distended with normal wall thickness. There is no obvious calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

Urinary Bladder is adequately distended; no e/o wall thickening or mass or calculi seen. Post-void residue is not significant.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

NB:- This scan does not rule out all pathologies related to bowel and appendix.

IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



Dr. Ashwin Y.
M.D. (Radio-Diagnosis)