



**MEDICOVER  
HOSPITALS**

# MEDICOVER HOSPITALS

## MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Utam Geerov

DATE: 29/3/24

AGE : 48y/m

SEX: Male / Female

NMU: NMU000 49404

DOCTOR'S NAME:

TEMP :	<u>98.2</u>	° f	BP :	<u>121 / 83</u>	mmHg
PULSE :	<u>90</u>	b/m	HEIGHT :	<u>163.5</u>	cm
RR :	<u>22</u>	b/m	WEIGHT :	<u>83</u>	kg
SPO2 :	<u>98</u> %		HGT:		

REMARK:



# DEPARTMENT OF OPHTHALMOLOGY

# MEDICOVER HOSPITALS

DATE: 29/03/24

PATIENT NAME: रमेश उतसरा गुजराव.

AGE / SEX 48/80 M NAVI MUMBAI

UMR NO: 200100049404

	RE	LE
VA (DISTANCE)	6/6 P 20/4	6/6 P 20/4
VA (NEAR)	Ng 20/4	Ng 20/4
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA	
MRx	O D	-0.75	-0.50	107.0	6/6	<u>Axon</u> +1.75 → Ng
	O S	-0.50	-0.75	90.0	6/6	+1.75 → Ng

### HISTORY :

- NLO using spectacle (DISH + near)

- H/O from 1 year : 13 yrs. NO H/O occur trauma, Allergic & surgery.

### OCULAR FINDINGS :

(BE) - Ant seg WNL.

(undilated) Disc < 0.6, Thin superior rim  
0.5

### ADVICE:

Refresh Tears 4x/da 1777 X 1 month.

Endoscopy (BE) i/v/o PM & 10P

~~measurement~~  
measurement

AS  
CDR. ANUSHREE VANIKAR





**MEDICOVER**  
HOSPITALS

NAVI MUMBAI

Uttam .

S/B :- Dr. Mandira Kamble

PIE :- Stain calculus

Deep fissure 5/6

Adm<sup>n</sup> :- OCT 5/6

oral prophylaxis

MfKamble

**Dr Mandira Sushil Kamble**  
**MDS In Conservative Dentistry And Endodontics**  
**Reg. No. A-43282**





**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. UTTAM PANDURANG GURAV	<b>Age / Gender</b> : 45 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64147/NMU0049404	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:23 am	<b>Report Date</b> : 29-Mar-24 12:51 pm

**FINAL REPORT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
<b>COMPLETE BLOOD COUNT</b>				
<b>RBC</b>				
R B C COUNT	Blood	4.86	4.5 - 5.5 $10^6/\mu\text{L}$	
HEMOGLOBIN		13.1	13.0 - 17.0 g/dl	
PCV/HCT		39.5	40 - 50 % 36 - 46 %	
MCV		81	83 - 101 fl 83 - 101 fl	
MCH		27.0	27 - 32 pg	
MCHC		33.2	31.5 - 34.5 g/dL	
RDW(cv)		13.8	11.6 - 14.0 %	
<b>PLATELETS</b>				
PLATELET COUNT	Blood	269	150 - 400 $10^3/\mu\text{L}$	
MPV		8.4	7.5 - 11.5 fl	
<b>WBC</b>				
TC (TOTAL LEUCOCYTE COUNT)	Blood	6.9	4.0 - 11.0 $10^3/\mu\text{l}$	
<b>DIFFERENTIAL COUNT</b>				
NEUTROPHILS	Blood	60	40 - 80 %	
LYMPHOCYTES		30	20 - 40 %	
MONOCYTES		06	02 - 10 %	
EOSINOPHILS		04	00 - 06 %	
BASOPHILS		00	00 - 01 %	
ESR	CITRATED BLOOD	15	0 - 10 mm/1st hour	WESTERGREN`S METHOD

\*\*\* End Of Report \*\*\*





**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Mr. UTTAM PANDURANG GURAV	<b>Age / Gender</b> : 45 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64147/NMU0049404	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:23 am	<b>Report Date</b> : 29-Mar-24 02:08 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
<b>SERUM ELECTROLYTES</b>				
SERUM SODIUM		136	136 - 145 mmol/L	ISE INDIRECT
SERUM POTASSIUM		4.9	3.5 - 5.1 mmol/L	ISE INDIRECT
SERUM CHLORIDES		100	98 - 107 mmol/L	ISE INDIRECT
<b>FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)</b>				
FASTING BLOOD GLUCOSE		243	Normal Range : 70 - 99 mg/dL	Hexokinase
<b>BUN / CREATININE RATIO</b>				
BUN (Blood Urea Nitrogen.)		14	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		1.38	0.8 - 1.3 mg/dL	
BUN / CREATININE RATIO		10.14	10 - 20	
<b>LFT(LIVER FUNCTION TEST)</b>				
TOTAL BILIRUBIN		0.4	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.2	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.2	<= 1.0 mg/dL	
SGPT (ALT)		17	<= 41 U/L	Method : UV without P5P
SGOT (AST)		15	<= 40 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		50	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		7.5	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		4.6	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		2.9	2.5 - 3.5 g/dL	
A/G RATIO		1.59	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		11	10 - 71 U/L	Method : G-glutamyl-carboxy-nitr oanilide - IFCC Ref.
<b>BUN(BLOOD UREA NITROGEN)</b>				
BUN (Blood Urea Nitrogen.)		14	7.0 - 21.0 mg/dL	Calculated
<b>TOTAL PROTEIN</b>				
TOTAL PROTEINS		7.5	6.0 - 8.0 g/dL	Method : Biuret method
<b>LIPID PROFILE</b>				





**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. UTTAM PANDURANG GURAV	<b>Age / Gender</b> : 45 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64147/NMU0049404	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:23 am	<b>Report Date</b> : 29-Mar-24 05:02 pm

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
TOTAL CHOLESTEROL		143	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL METHOD : Enzymatic colorimetric
HDL CHOLESTEROL		51	Low : : < 40 mg/dL High : : > 60 mg/dL Homogeneous enzymatic colorimetric
LDL CHOLESTEROL		70	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Direct-Enzymatic colorimetric
VLDL		25	Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL
SERUM TRYGLYCERIDES		127	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL METHOD: Enzymatic colorimetric
CHO/HDL RATIO		2.8	Normal : - < 3.5 High Risk : - > 5.0
LDL/HDL RATIO		1.37	
SERUM URIC ACID		4.4	3.4 - 7.0 mg/dL uricase
<b>T3,T4 AND TSH</b>			
T3		71.38	70 - 204 ng/dL Method : ECLIA
T4		7.38	5.1 - 14.1 ug/dL Method : ECLIA
TSH(THYROID STIMULATING HORMONE)		1.59	0.270 - 4.20 uIU/mL Method : ECLIA
<b>PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)</b>			
PLBS (POST LUNCH BLOOD GLUCOSE)		462	110 - 180 mg/dL Hexokinase
URINE SUGAR		(++)	Dipstick
<b>PSA (PROSTATE SPECIFIC ANTIGEN).</b>			
PROSTATE SPECIFIC ANTIGEN (PSA)		0.634	0 - 4.0 ng/mL Method : ECLIA
<b>HBA1C (GLYCOSYLATED HAEMOGLOBIN)</b>			
HBA1C		11.6	< 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic % TINIA
MPG(Mean Plasma Glucose)		286	Excellent Control 90 - 120 mg/dL Derived from HBA1c value

\*\*\* End Of Report \*\*\*





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<b>Bill No/ UMR No</b> : NMBC64147/NMU0049404	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:23 am	<b>Report Date</b> : 30-Mar-24 11:23 am

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In Method</u>
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**Lab Incharge**

**Dr. VISHAL MEHROTRA, MD Pathology**  
Head, Hematology Services

Verified By : : 022315

Test results related only to the item tested.

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<b>Patient ID:</b>	<b>NMU0049404</b>	<b>Patient Name:</b>	<b>UTTAM PANDURANG GURAV</b>
<b>Age:</b>	<b>45 Years</b>	<b>Sex:</b>	<b>M</b>
<b>Accession Number:</b>	<b>NMBC64147</b>	<b>Modality:</b>	<b>DX</b>
<b>Referring Physician:</b>	<b>DR.DMO</b>	<b>Study:</b>	<b>CHEST</b>
<b>Study Date:</b>	<b>29-Mar-2024</b>	<b>Study Time:</b>	<b>11:27:12</b>

**X RAY CHEST PA VIEW**

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

**Impression:**

**No significant abnormality is seen.**

**Dr. Ashwin Y.**  
M.D. (Radio-Diagnosis)



<b>Patient ID:</b>	<b>NMU0049404</b>	<b>Patient Name:</b>	<b>UTTAM PANDURANG GURAV</b>
<b>Age:</b>	<b>45 Years</b>	<b>Sex:</b>	<b>M</b>
<b>Accession Number:</b>	<b>NMBC64147</b>	<b>Modality:</b>	<b>US</b>
<b>Referring Physician:</b>	<b>DR.DMO</b>	<b>Study:</b>	<b>USG ABDOMEN WHOLE</b>
<b>Study Date:</b>	<b>29-Mar-2024</b>	<b>Study Time:</b>	<b>10:49:54</b>

### USG WHOLE ABDOMEN

LIVER is normal in size, normal in shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears partially distended with normal wall thickness. There is no obvious calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape with increase parenchymal reflectivity and reduced cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 10.5 x 5.3 cm.

11 x 10 mm exophytic simple cortical cyst is seen in upper pole of right kidney

LEFT KIDNEY measures 10.0 x 5.3 cm.

Multiple cortical cysts are seen at upper, mid and lower pole, largest measuring 5.4 x 4.0 cm in the interpolar region.

Urinary Bladder is adequately distended; no e/o wall thickening or mass or calculi seen.

Post-void residue is not significant.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

*NB:- This scan does not rule out all pathologies related to bowel and appendix.*

### IMPRESSION –

- Correlation with renal function test, R/o medical renal disease.
- No other significant abnormality detected.

This report is not to be used for medicolegal purpose.the contents of this report require clinical co-relation before any application.



**Dr. Ashwin Y.**  
M.D. (Radio-Diagnosis)



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NAVI MUMBAI

## 2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

Name : Mr. Uttam Gurav	Date:-29/03/2024
Age / Sex : 45 Yrs / male	UMR No. 0049404
Referred By : Health check up	

### **FINDINGS:**

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.  
PASP = 25 mm Hg.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

### **IMP:**

- No RWMA.
- Trivial MR and TR. No PH.
- Normal LV and RV systolic function.

**DR. SAMEER VANKAR**  
MD DM CARDIOLOGY





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**M-MODE MEASUREMENTS:**

NAVI MUMBAI

LA	35	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID( s)	31	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	31	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			Nil
TRICUSPID	25			Trivial
PULMONERY	4.4			Nil



HC 49404  
45 Years

UTTAM GURA  
Male

3/29/2024 1:17:22 PM

Rate 83 . Sinus rhythm.....normal P axis, V-rate 50- 99  
. Probable left atrial enlargement.....P >50ms, <-0.10mV V1  
PR 126 . ST elev, probable normal early repol pattern.....ST elevation, age<55  
QRSD 85  
QT 364  
QTc 428

*WNL 2/23/24*  
*h*

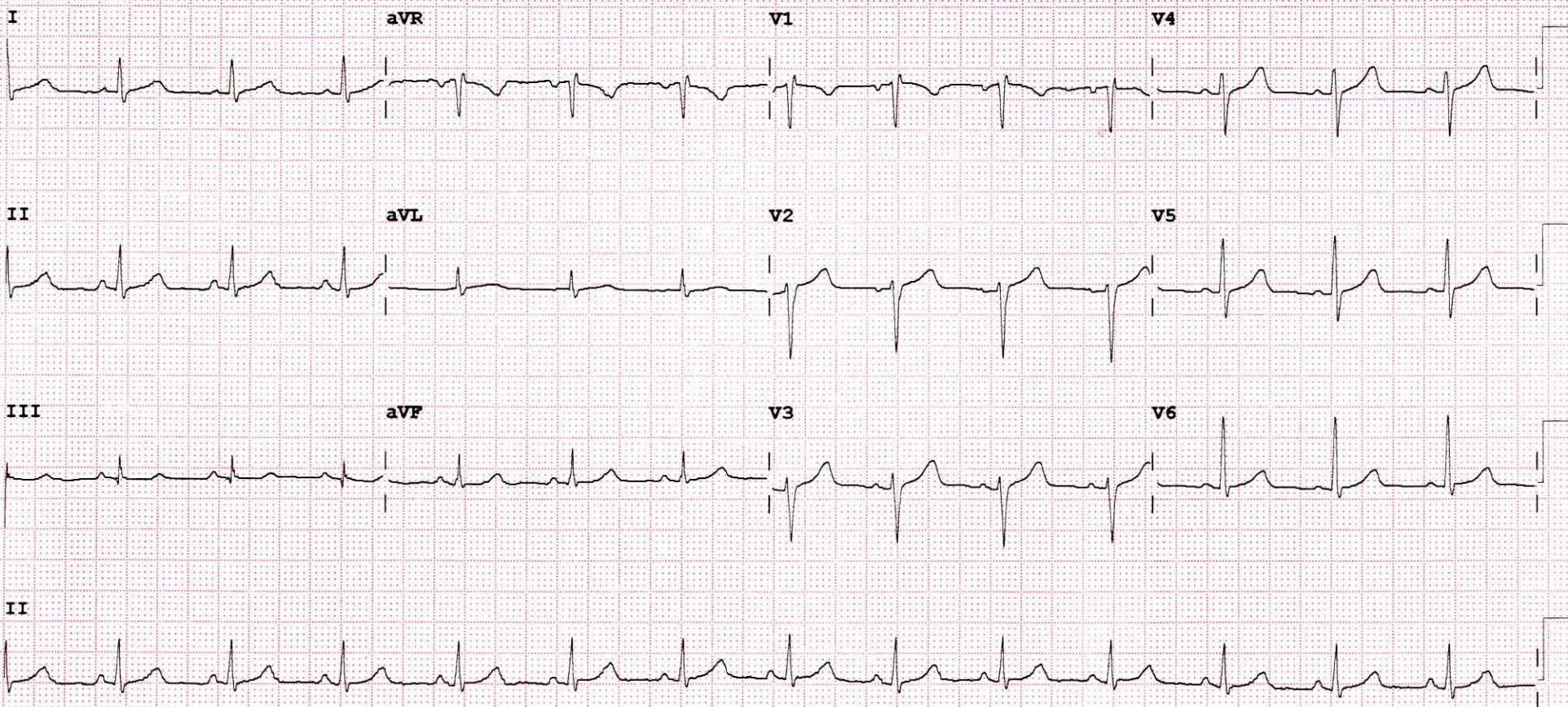
--AXIS--

P 66  
QRS 36  
T 38

- BORDERLINE ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

100B CL

P?