

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. DILEESH RAJ
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): 1. B/w The eye brows 2. on the Right hand.
3. Age/Date of Birth	:	30/20/09/1993 Gender: M F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 1.70 (cms)	b. Weight 88 (Kgs)	c. Girth of Abdomen ... 103 (cms)
d. Pulse Rate ... 72 (/Min)	e. Blood Pressure: 120/70	Systolic Diastolic
		1 st Reading
		2 nd Reading

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	66	NORMAL	
Mother	62	NORMAL	
Brother(s)	35	NORMAL	
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
NO	NO	NO

PERSONAL HISTORY

- | | |
|--|---|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Yes Y/N | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? NO Y/N |
| b. Have you undergone/been advised any surgical procedure? NO Y/N | d. Have you lost or gained weight in past 12 months? NO Y/N |

Have you ever suffered from any of the following?

- | | |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? NO Y/N | • Any disorder of Gastrointestinal System? Y/N |
| • Any disorders of Respiratory system? NO Y/N | • Unexplained recurrent or persistent fever, and/or weight loss Y/N |
| • Any Cardiac or Circulatory Disorders? NO Y/N | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N |
| • Enlarged glands or any form of Cancer/Tumour? NO Y/N | • Are you presently taking medication of any kind? Y/N |
| • Any Musculoskeletal disorder? Y/N | |

• Any disorders of Urinary System?:

Y/N ✓

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N ✓

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

.....
.....

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : Dr. Austin Varghees
Austin Varghees

Seal of Medical Examiner :
Dr. Austin Varghees
MBBS
TCMC Reg. No:77017

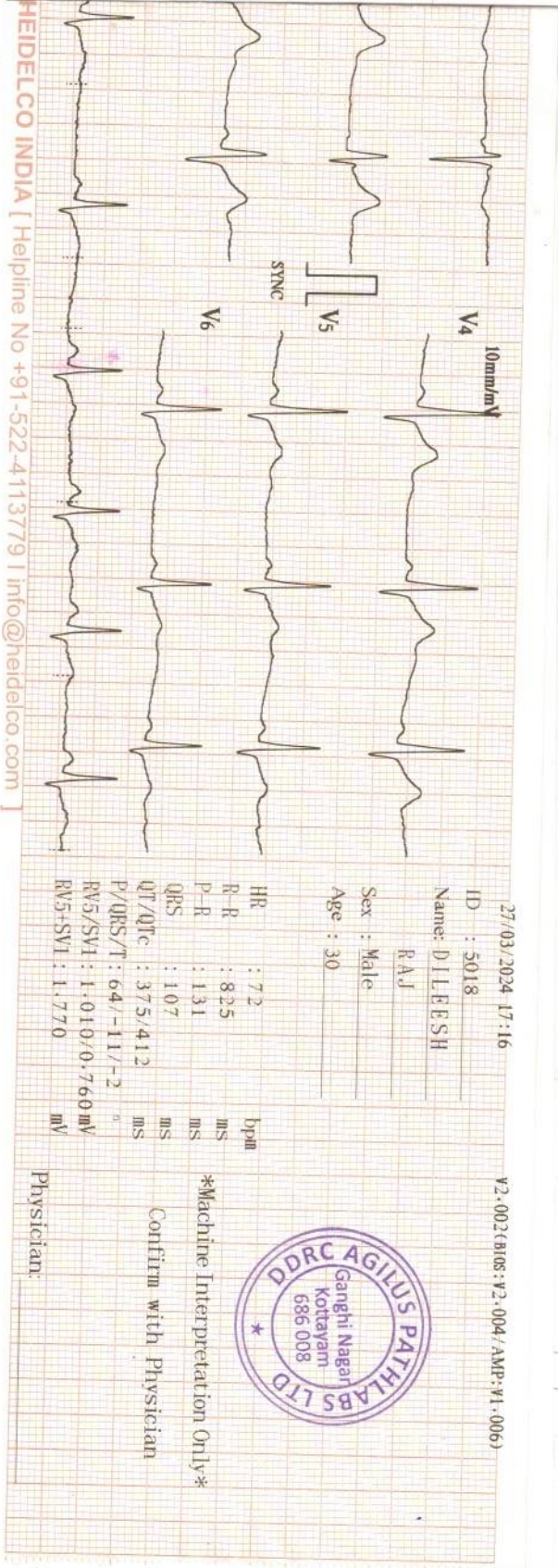


Name & Seal of DDRC SRL Branch :

Date & Time :

DDRC agilus Pathlabs Limited.

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017
Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in



27/03/2024 17:16

ID : 5018

Name: DILEESH

RAJ

Sex : Male

Age : 30

HR	: 72	bpm
R-R	: 825	ms
P-R	: 131	ms
QRS	: 107	ms
QT/QTc	: 375/412	ms
P/QRS/T	: 64/-11/-2	°
RV5/SV1	: 1.010/0.760	mV
RV5-SV1	: 1.770	mV

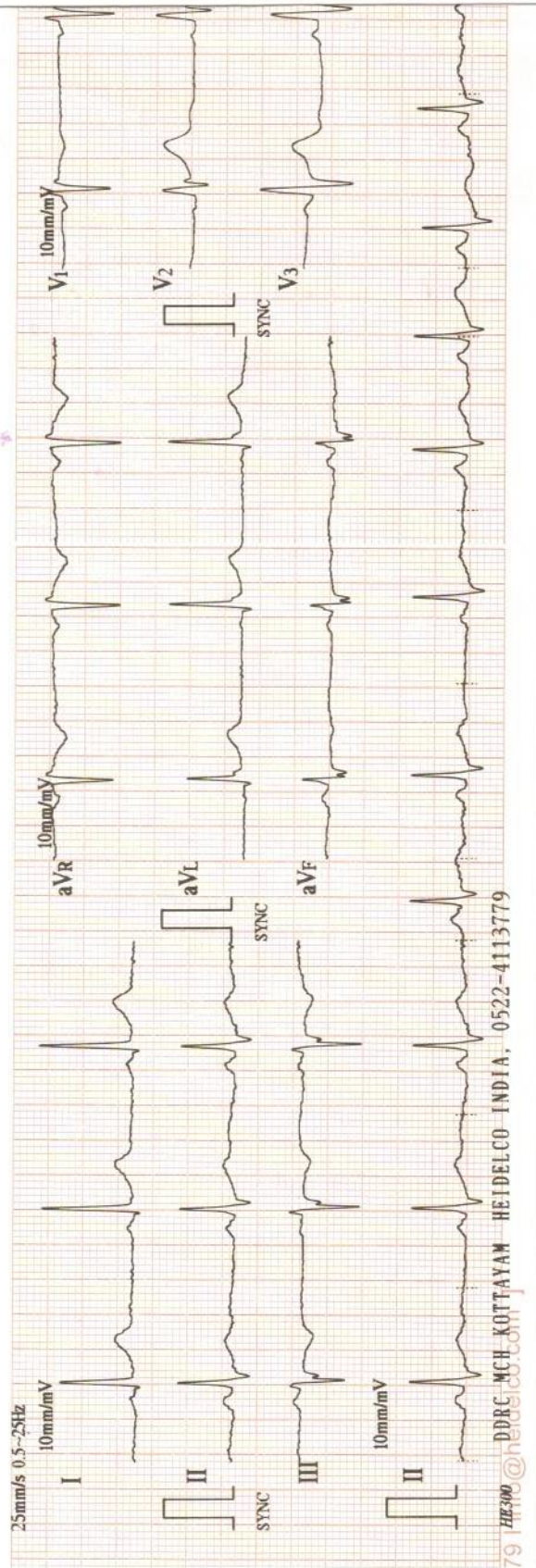
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Machine Interpretation Only

Confirm with Physician

Physician:




ECG REPORT

ACCESSION NO : 4036XC004552
NAME : DILEESH RAJ
AGE : 30
SEX : MALE
DATE : 27.03.2024
COMPANY : MEDIWHEEL

RATE : 72 BPM
RHYTHM : NORMAL SINUS RHYTHM
P. WAVE : NORMAL
P-R INTERVAL : 131 MS
Q,R,S,T. WAVES : NORMAL
AXIS : NORMAL
ARRHYTHMIAS : NIL
QT INTERVAL : 375 MS
OTHERS : NIL
OPINION : NORMAL ECG




Dr. Austin Varghees
MBBS
TCMC Reg. No:77017

R

DILEESH RAJ 30Y 6991 M CHEST-PA 27-03-2024
DDRC AGILUS GANDHINAGAR KOTTAYAM

X - RAY CHEST - PA

ACCESSION NO : 4036XC004552
NAME : DILEESH RAJ
AGE : 30
SEX : MALE
DATE : 27.03.2024
COMPANY : MEDIWHEEL

EXPOSURE : GOOD
POSITIONING : CENTRAL
SOFT TISSUES : NORMAL
LUNG FIELDS : NORMAL
HEART SHADOW : NORMAL
CARDIOPHRENIC ANGLE : NO OBLITERATION
COSTOPHRENIC ANGLE : NO OBLITERATION
HILUM : NORMAL
OTHERS : NIL
OPINION : NORMAL CHEST X- RAY




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TCMC Reg. No:77017





UNITY SCAN & DIAGNOSTIC CENTRE

Medical College - ICH Road, Gandhinagar P.O., Kottayam - 686 008.
Phone: 0481-2598927, 2960678, Mob: 94475 20678

Pt. Name	Dileesh Raj	Ref. Dr.	
Age / Sex	30 Yrs / Male	Date	27.03.24

USG ABDOMEN& PELVIS

- Liver** : Normal in size with diffuse increase in echotexture.
The surface is smooth. No focal lesion seen. The hepatic veins and portal radicals appears normal. There is no biliary dilatation.
- Gall bladder** : Distended. No calculus seen. The wall thickness is normal.
No wall oedema.
- CBD** : Not dilated.
- Portal Vein** : 10 mm
- Spleen** : Normal in size and echotexture. The surface is smooth.
No focal lesion seen.
- Pancreas** : Normal in size and echotexture. No calculus is seen.
There is no duct dilatation. The peripancreatic fat plane is preserved.
- Para aortic area** : No abnormality seen.
- Kidneys** : Normal in position, size and echotexture. CMD is preserved.
Small cortical cyst 1 x 1 cm in lower pole of left. No calculus or hydronephrosis in both
- Ureters** : Not seen dilated.
- Urinary bladder** : No luminal or wall abnormality.
- Prostate** : Normal in size and echotexture.
No mass lesion seen in the abdomen.
There is gaseous distension of bowel loops.
No free fluid.

CONCLUSION

- ❖ GRADE I FATTY INFILTRATION OF LIVER
- ❖ SMALL LEFT RENAL CORTICAL CYST
- ❖ GASEOUS DISTENSION OF BOWEL LOOPS

DR.P.V.SEBASTIAN. MD
Sr.Consultant Radiologist & Sonologist

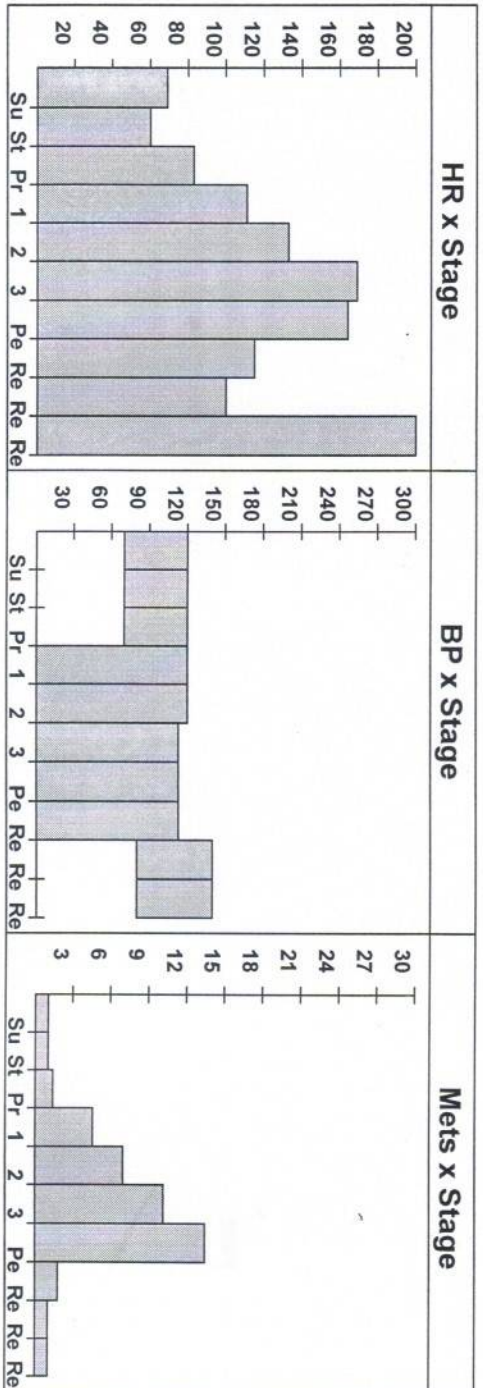

DR. NAZNEEN M.K MBBS DMRD
Radiologist & Sonologist

P.S: The ultrasound diagnosis is not 100 % accurate. It is only a conclusion based on real time image. Needs clinical correlation.

Patient Details
 Name: DILEESH RAJ ID: 513
 Age: 30 y

Date: 27-Mar-24
 Time: 16:16:08
 Sex: M
 Height: 170 cms.

Weight: 88 Kg.



Interpretation

No significant ST/T changes noted during exercise & recovery.
 No Angina/Arrhythmia.
 Good effort tolerance.
 Attained THR.
 Test is **NEGATIVE** for inducible ischemia at workload of 13.50 METS.

Ref. Doctor: -----

Doctor: DDRC

(Summary Report edited by user)

(c) Schiller Healthcare India Pvt. Ltd. V 4.7

Dr. Austin Varghees
 M. B.S.
 TCMC Reg. No: 77017



DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

Patient Details

Date: 27-Mar-24

Time: 16:16:08

Name: DILEESH RAJ ID: 513

Age: 30 y

Sex: M

Height: 170 cms.

Weight: 88 Kg.

Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce

Pr.MHR: 190 bpm

THR: 171 (90 % of Pr.MHR) bpm

Total Exec. Time: 9 m 24 s

Max. HR: 289 (152% of Pr.MHR) bpm

Max. Mets: 13.50

Max. BP: 140 / 80 mmHg

Max. BP x HR: 40460 mmHg/min

Min. BP x HR: 4200 mmHg/min

Test Termination Criteria: Attained THR.

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 26	1.0	0	0	69	120 / 70	-0.85 III	1.06 V2
Standing	0 : 16	1.0	0	0	60	120 / 70	-1.27 III	1.77 II
1	3 : 0	4.6	1.7	10	111	120 / 0	-2.34 III	5.31 III
2	3 : 0	7.0	2.5	12	133	120 / 0	-5.73 II	5.66 aVL
3	3 : 0	10.2	3.4	14	169	113 / 0	-5.94 aVF	5.66 II
Peak Ex	0 : 24	13.5	4.2	16	164	113 / 0	-5.94 II	5.66 V2
Recovery(1)	2 : 0	1.8	1	0	115	113 / 0	-5.94 aVF	5.66 II
Recovery(2)	2 : 0	1.0	0	0	100	140 / 80	-3.61 V6	-4.95 V6
Recovery(3)	1 : 47	1.0	0	0	289	140 / 80	-5.94 aVF	-4.60 V1

ST Level (mm) ST Slope (mV/s)

0.8 0.4

0.0 0.7

-0.8 0.0

-0.4 -0.7

0.8 0.4

-0.4 0.4

ST Level (mm) ST Slope (mV/s)

0.0 0.0

1.1 0.7

0.4 0.4

0.4 0.4

0.4 0.7

0.2 0.4

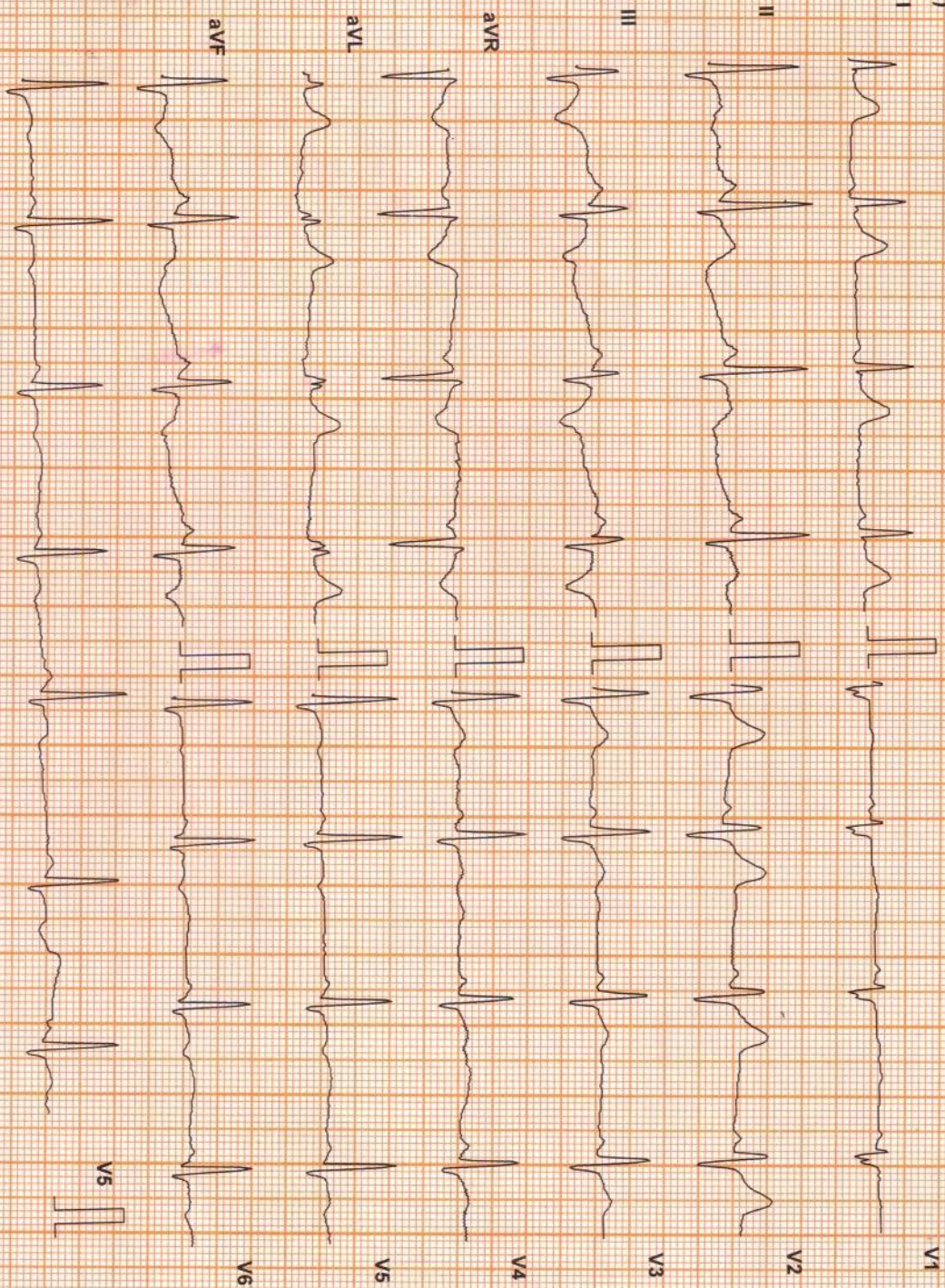


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Schiller Spandén V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 120 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

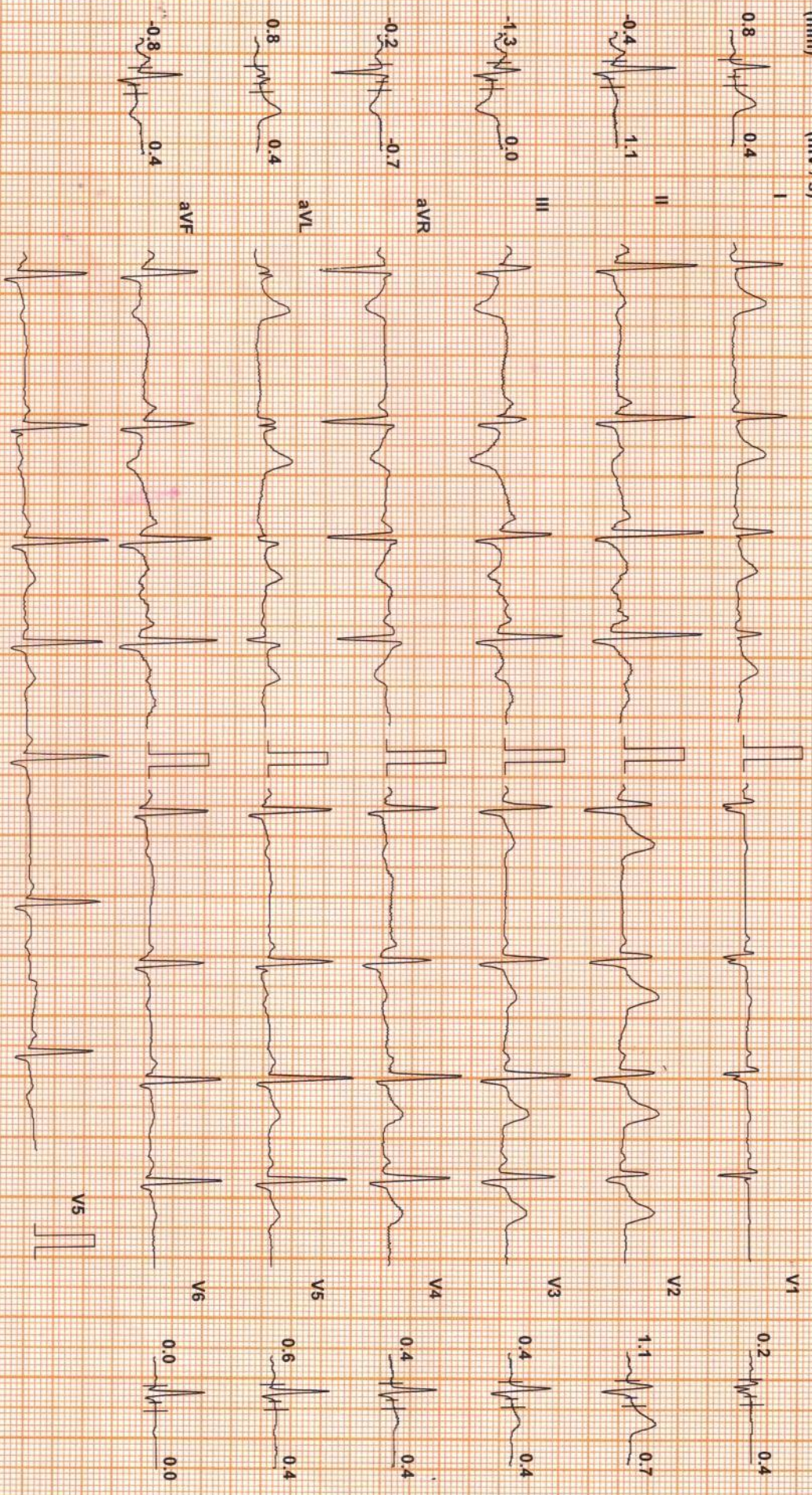


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Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Isr = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V 4.7

DILEESH RAJ (30 M)

Protocol: Bruce

ID: 513

Date: 27-Mar-24

Exec Time : 5 m 36 s Stage Time : 2 m 36 s HR: 133 bpm

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 171 bpm)

B.P: 120 / 0

ST Level (mm) ST Slope (mV/s)

0.8 1.8 I

-0.8 -2.5 II

-1.5 -3.5 III

0.2 0.7 aVR

1.1 2.1 aVL

-1.1 -2.8 aVF

ST Level (mm) ST Slope (mV/s)

0.6 1.1 V1

1.3 2.8 V2

1.3 3.2 V3

1.3 2.1 V4

1.5 2.8 V5

0.4 2.1 V6

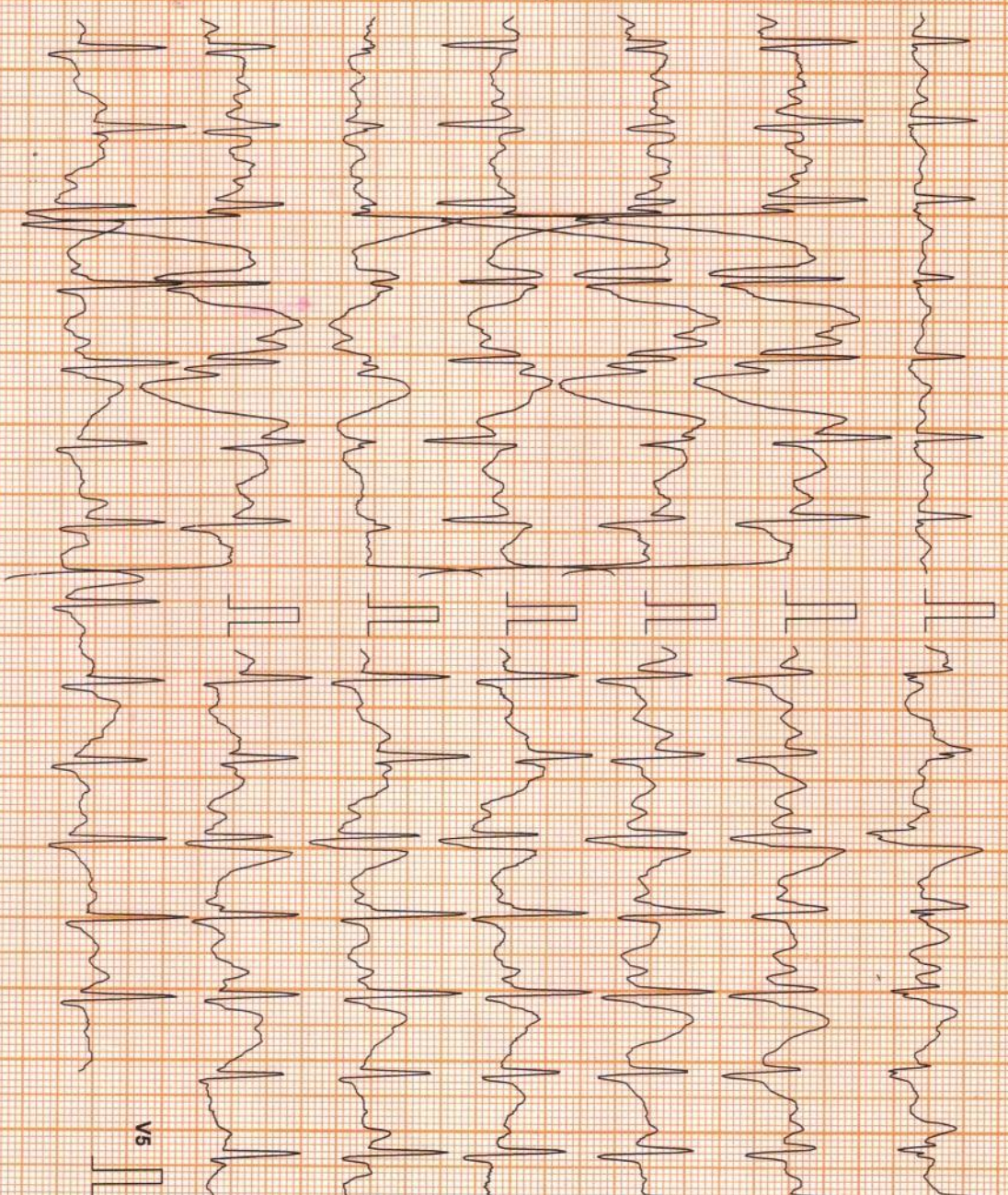


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

DILEESH RAJ (30 M)

DDRRC AGILUS DIAGNOSTICS PVT.LTD, KOJILAYAM

ID: 513

Date: 27-Mar-24

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 133 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 171 bpm)

B.P: 120 / 0

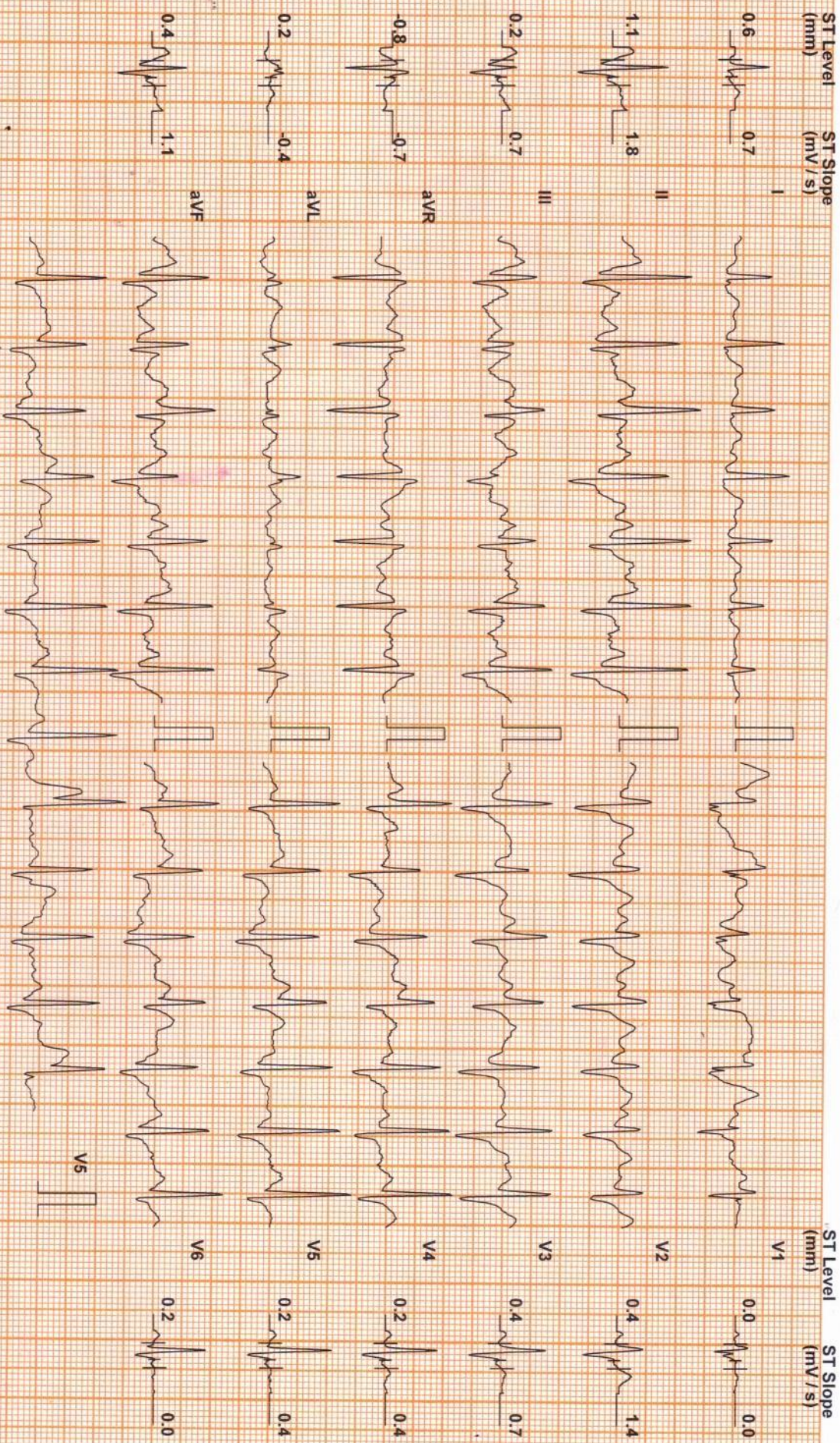


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spardan V 4.7

DILEESH RAJ (30 M)

Protocol: Bruce

ID: 513

Stage: Peak Ex

Date: 27-Mar-24

Speed: 4.2 mph

Exec Time : 9 m 24 s

Grade: 16 %

Stage Time : 0 m 24 s

HR: 164 bpm

(THR: 171 bpm)

B.P: 113/0

ST Level (mm) ST Slope (mV/s)

0.2 1.8 I

-5.9 0.4 II

-4.5 1.4 III

3.2 1.4 aVR

3.0 1.8 aVL

-5.9 0.4 aVF

ST Level (mm) ST Slope (mV/s)

1.3 0.7 V1

1.7 2.1 V2

2.8 4.6 V3

1.3 2.8 V4

3.0 3.2 V5

2.8 1.8 V6

Chart Speed: 25 mm/sec
Schlier Standard V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Not on cable

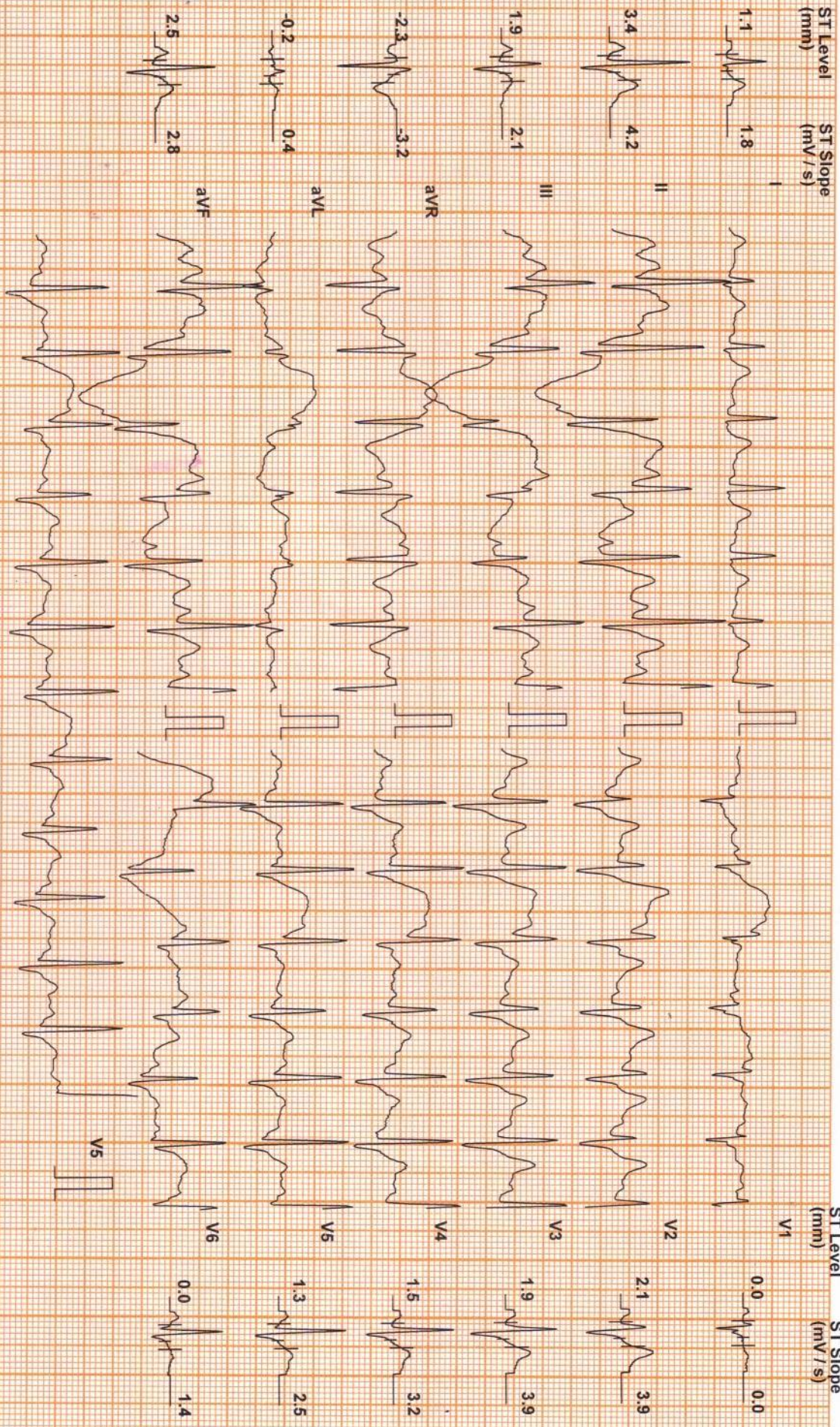


Chart Speed: 25 mm/sec
Schiller Spandan V4.7

Filter: 35 Hz

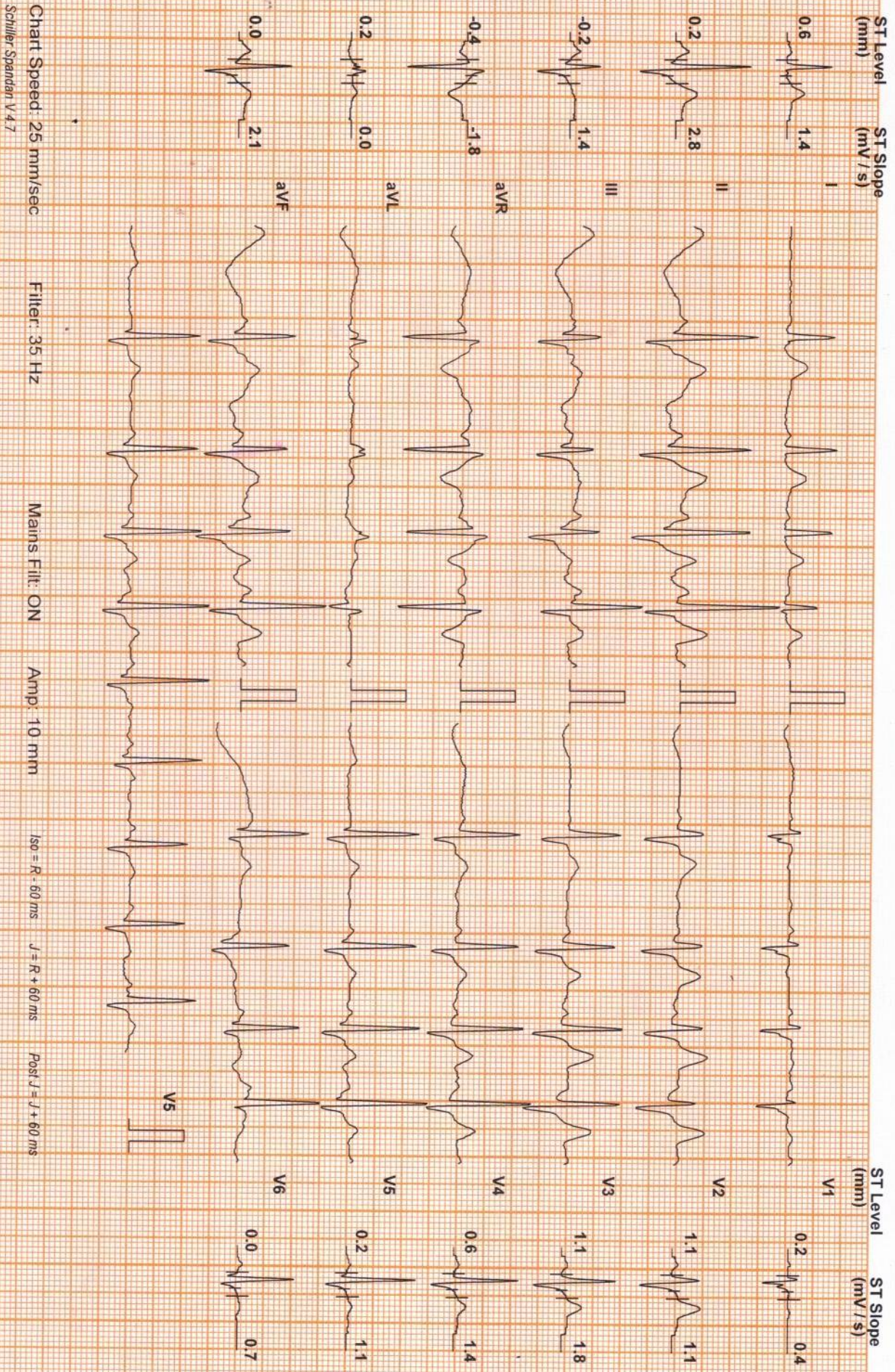
Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



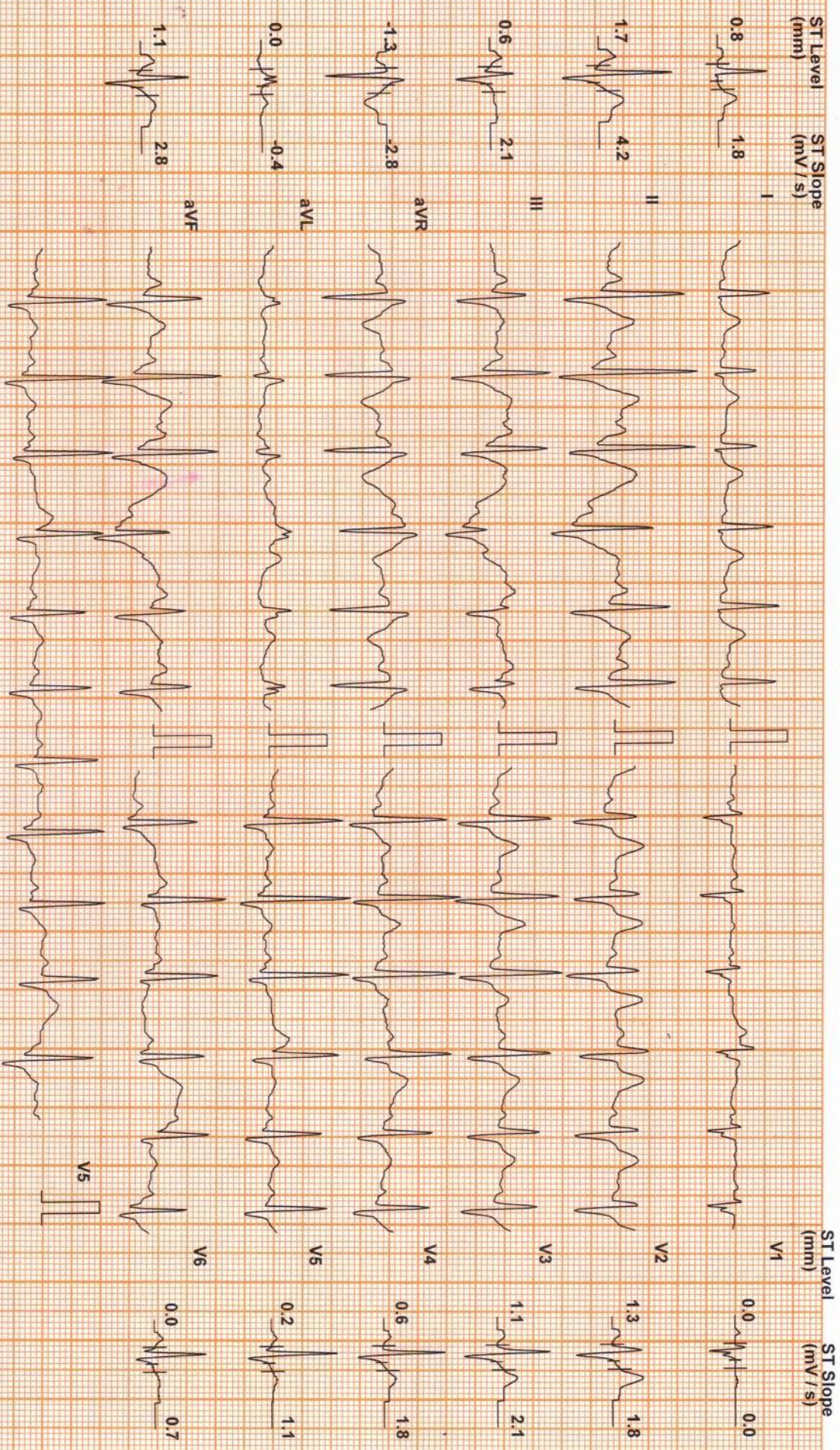


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V 4.7

DILEESH RAJ (30 M)

Protocol: Bruce

ID: 513

Date: 27-Mar-24

Exec Time : 9 m 24 s Stage Time : 0 m 14 s HR: 155 bpm

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 113/0

ST Level (mm) ST Slope (mV/s)

0.4 1.4 I

1.7 2.5 II

1.1 0.7 III

-1.1 -5.3 aVR

-0.2 -2.8 aVL

1.3 1.4 aVF

ST Level (mm) ST Slope (mV/s)

0.0 -1.8 V1

1.1 0.7 V2

0.2 -0.7 V3

0.0 -2.8 V4

0.2 -1.8 V5

-0.6 -3.2 V6

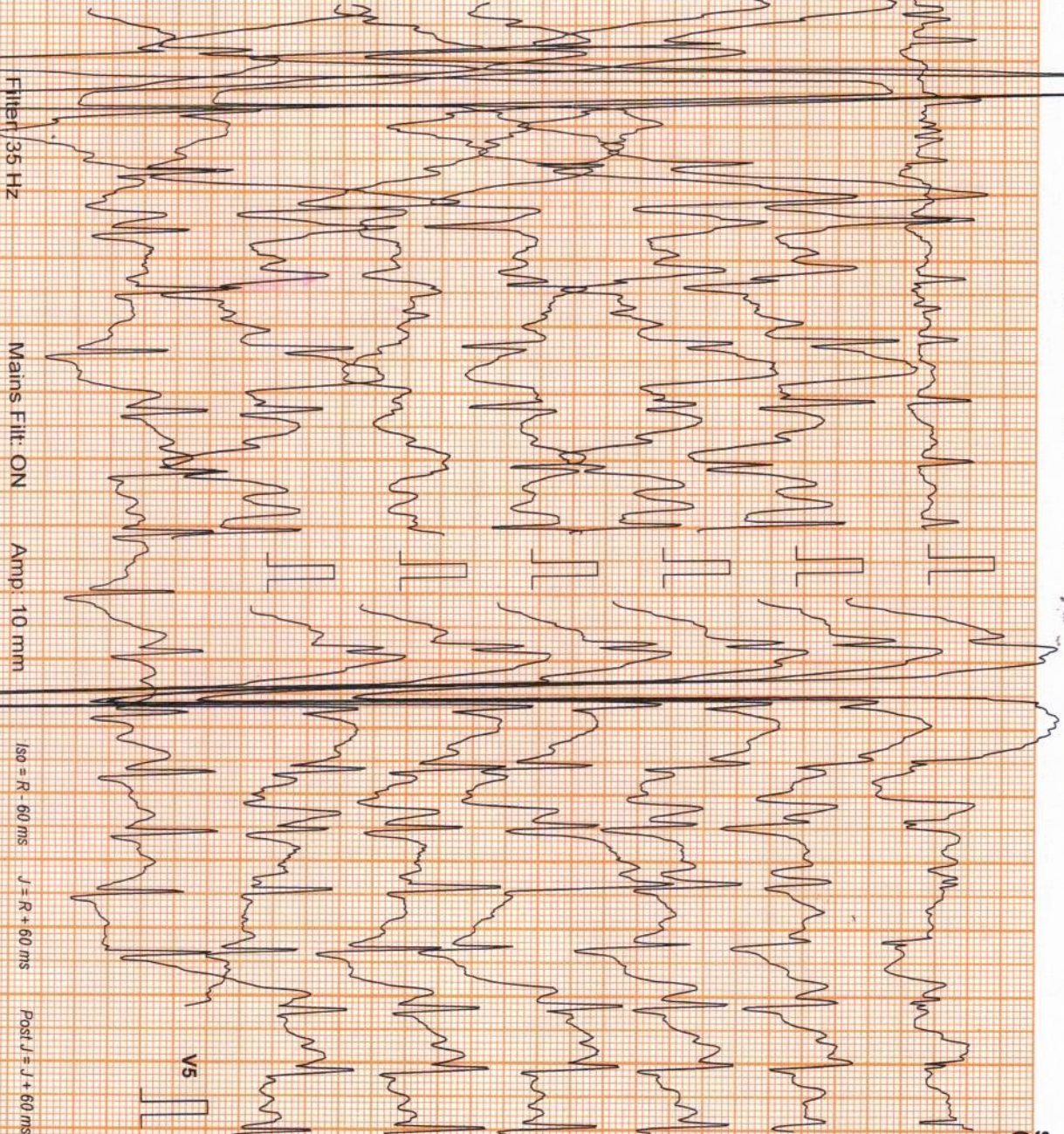


Chart Speed: 25 mm/sec

Schiller Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms J = R + 60 ms

Post J = J + 60 ms

DILEESH RAJ (30 M)

ID: 513

Date: 27-Mar-24

Exec Time : 9 m 24 s Stage Time : 2 m 0 s

HR: 100 bpm

Protocol: Bruce

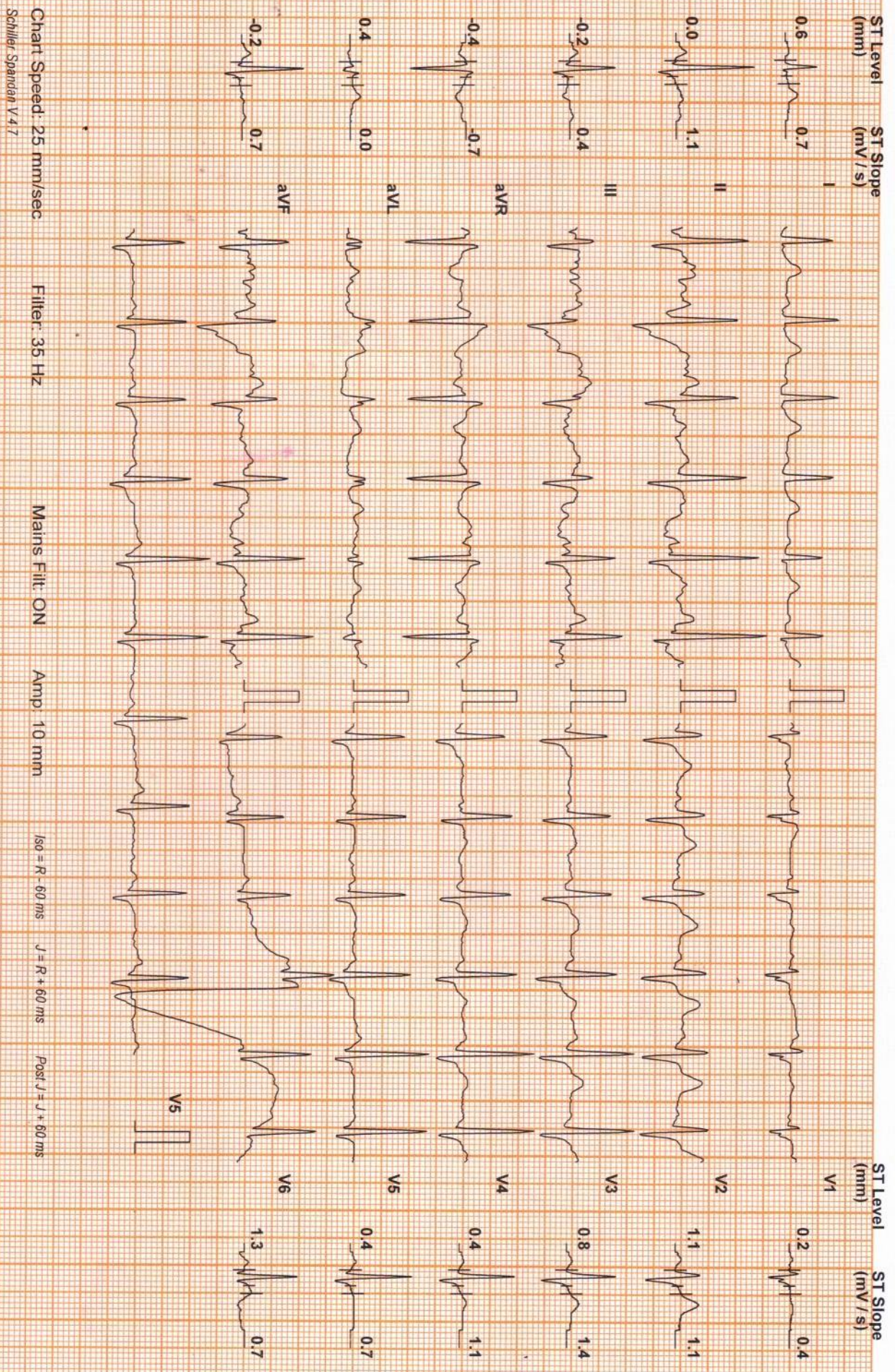
Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 171 bpm)

B.P: 140 / 80



ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

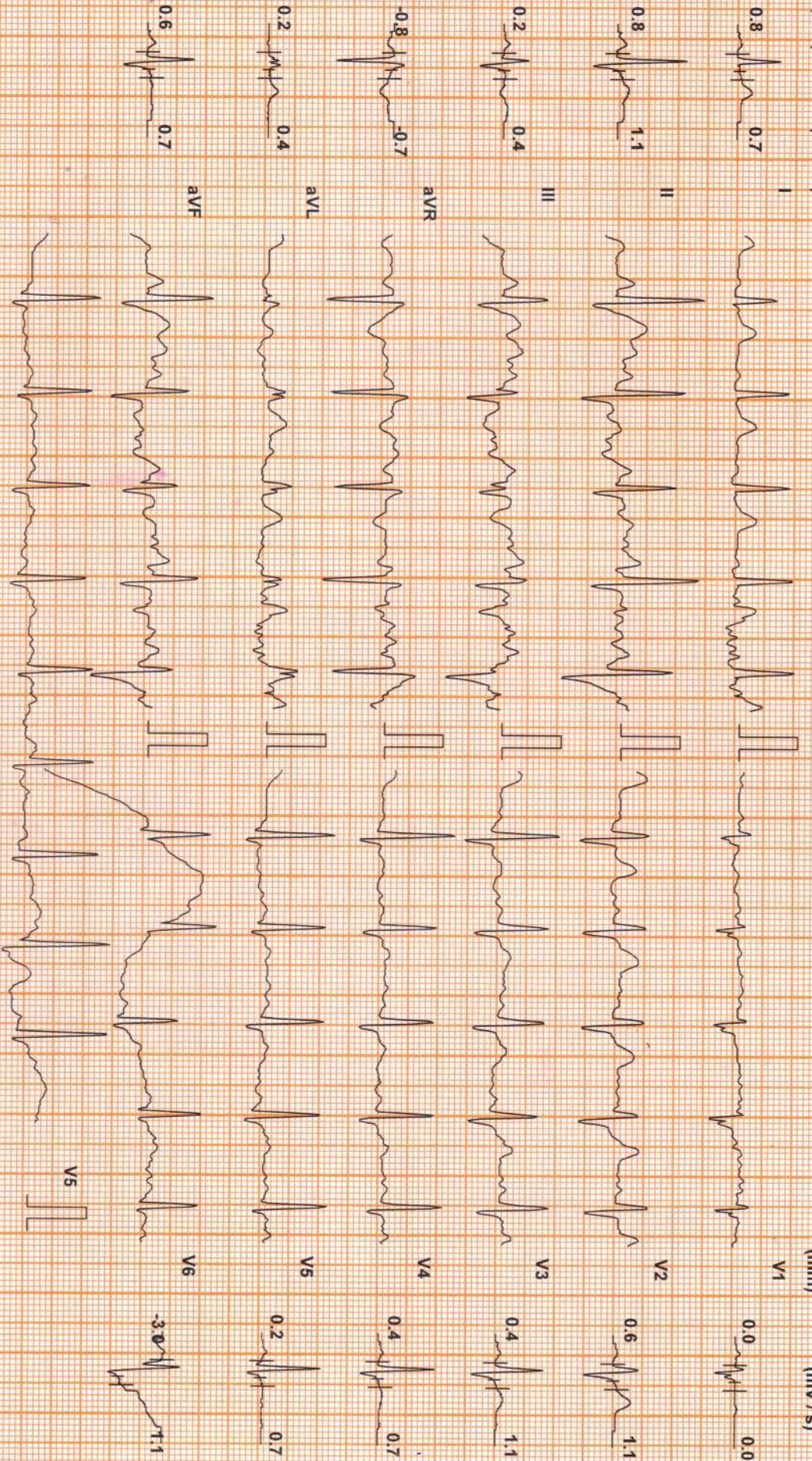


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms