

MER- MEDICAL EXAMINATION REPORT

Date of Examination	29/3/24	
NAME	DEEPAK JAIN	
AGE	35	Gender M
HEIGHT(cm)	178	WEIGHT (kg) 88 BMS-27.8
B.P.	110/68	
ECG	Normal	
X Ray	Normal	
Vision Checkup	-	
Present Ailments	None	
Details of Past ailments (If Any)	None	
Comments / Advice : She /He is Physically Fit	MEDICALLY FIT	



Dr. Suresh Rastogi
MBBS, DCP
No. 137370

Signature with Stamp of Medical Examiner

You have been informed that ent ,diet, ophthal consultation facility is not available at our centre. If you are ready then your test can be start

2D echo test facility is not available at our center, instead we do TMT test.

Deepak An Jainwal



भारत सरकार
Government of India

जाधार

22/01/2012



दीपक कुमार जायसवाल
Deepak Kumar Jaiswal
जन्म तिथि / DOB : 24/05/1990
पुरुष / Male



7838 9703 3574

मेरा आधार, मेरी पहचान



Deepak Sr. Jaiswal



MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 29-Mar-2024		
Name	: Mr. DEEPAK JAISWAL	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Haemoglobin	14.4	gm%	14 - 17
-------------	------	-----	---------

Total Leucocyte Count	7800	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	59	%	45 - 70
Lymphocytes	32	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	06	mm in 1st Hr.	0 - 9
PCV	44.9	cc%	40 - 52
Corrected ESR	00	mm in 1st Hr.	0 - 9

Platelet Count	1.10	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	5.25	million/cmm	3.90 to 5.80
-----------------	------	-------------	--------------

Absolute values			
MCV	85.5	fL	77 - 97
MCH	27.4	pg	27 - 31
MCHC	32.1	gm /dl	31 - 34

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Dr. Smita Rastogi
M.B.B.S., DCP

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Date : 29-Mar-2024
Name : **Mr. DEEPAK JAISWAL**
Ref.By : APOLLO HEALTH
Age : 33 Yrs.
Sex : Male

Plasma Glucose - F
GOD-POD Method 102 mg/dl 70 - 110

Plasma Glucose - PP
GOD POD Method 124 mg/dl 110 - 170

Blood Group & Rh "B" Positive

KFT
UREA 22.4 mg % 15 - 50
CREATININE 0.86 mg % 0.5 - 1.5
URIC ACID 5.2 mg % 2 - 7
CALCIUM 9.8 mg % 8.8 - 10.0

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Date	: 29-Mar-2024		
Name	: Mr. DEEPAK JAISWAL	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

LFT T&D			
Total Bilirubin	0.61	mg%	0.2 - 1.0
Direct Bilirubin	0.28	mg%	0.0 to 0.40
Indirect Bilirubin	0.33	mg%	0.10 to 0.90
S.G.P.T	93	IU/L	5 - 40
S.G.O.T	78	IU/L	5 - 50
ALP	102	IU/L	40 to 129

Serum Gamma G.T.	31	IU/L	11 - 50
------------------	----	------	---------

Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	NIL
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Date	: 29-Mar-2024		
Name	: Mr. DEEPAK JAISWAL	Age	: 33 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

LIPID PROFILE

Triglycerids	496	mg%	70 - 190
S. Cholestrol S.	206	mg%	130 - 230
S. HDL Cholestrol	46.1	mg%	35 - 75
S. LDL Cholestrol	60.7	mg%	75 - 150
VLDL	99.2	mg%	0 - 34
Chol / HDL factor	4.47		
LDL / HDL Factor	1.32		

COMMENTS

* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).

* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.

* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 29-Mar-2024
Name : **Mr. DEEPAK JAISWAL**
Ref.By : APOLLO HEALTH
Age : 33 Yrs.
Sex : Male

Glycosylated Haemoglobin	Glycosylated Haemoglobin	Glycosylated Haemoglobin
=====	6.3	%
=====		4.5 TO 6.0

INTERPRETATION AND COMMENTS

=====

NON DIABETIC : 4.5 to 6.0 %
 GOOD CONTROL: 6.0 to 7.0
 FAIR CONTROLLED 7.0 AND 8.0
 UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Date	: 29-Mar-2024	Age	: 33 Yrs.
Name	: Mr. DEEPAK JAISWAL	Sex	: Male
Ref.By	: APOLLO HEALTH		

	THYROID TEST		
Tri-iodothyronine (T3)	1.80	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.68	mIU/ ml	0.3 to 6.0

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and esterogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 29-Mar-2024
Name : **Mr. DEEPAK JAISWAL** Age : 33 Yrs.
Ref.By : APOLLO HEALTH Sex : Male

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.030	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	0-1	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

Page 6 (End of Report)
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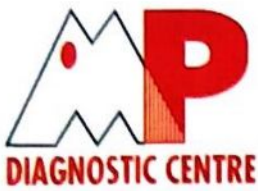
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Date : 29-Mar-2024

Name : **Mr. DEEPAK JAISWAL**

Ref.By : APOLLO HEALTH

Age : 33 Yrs.

Sex : Male

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS Platelets are reduced in number and morphology.

QTHERS No haemoparasites are seen.

IMPRESSION THROMBOCYTOPENIA

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TEST REQUEST ID :012403290048

NAME	:Mr. DEEPAK JAISWAL	SAMPLE DATE	:29/Mar/2024 09:55AM
AGE/SEX	:35 YRS/MALE	SAMPLE REC. DATE	:29/Mar/2024 09:55AM
REFERRED BY	: Apollo Health and Lifestyle Limited,	REPORTED DATE	:29/Mar/2024 01:11PM
		BARCODE NO	:01290048

USG WHOLE ABDOMEN-MALE

Liver: is enlarged in size (162 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (105 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 102 x 49 mm & LK – 90 x 47 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. **Wall thickness is mildly increased with a echogenic shadow seen at left lateral part.**

Prostate: is normal in size (40 x 34 x 28 mms, wt = 20 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median

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TEST REQUEST ID :012403290048	SAMPLE DATE	:29/Mar/2024 09:55 AM
NAME :Mr. DEEPAK JAISWAL	SAMPLE REC. DATE	:29/Mar/2024 09:55 AM
AGE/SEX :35 YRS/MALE	REPORTED DATE	:29/Mar/2024 01:11 PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01290048

lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION:

- HEPATOMEGALY.
- ..? CYSTITIS

ADVISE : Urine R/M & C/S

*** End Of Report ***

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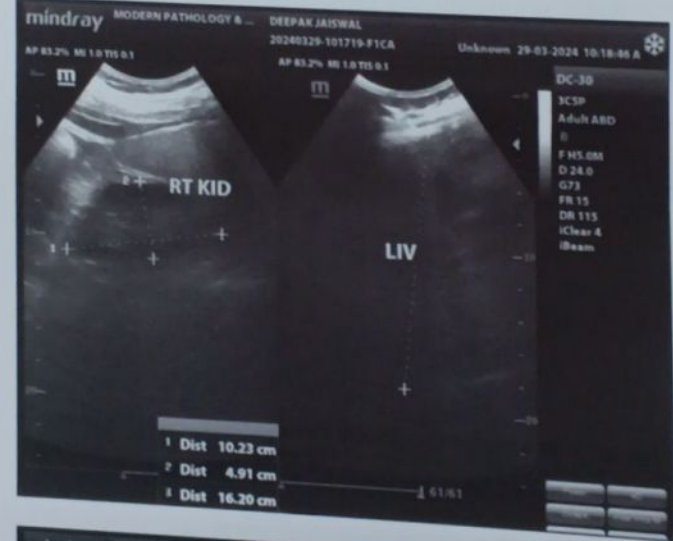
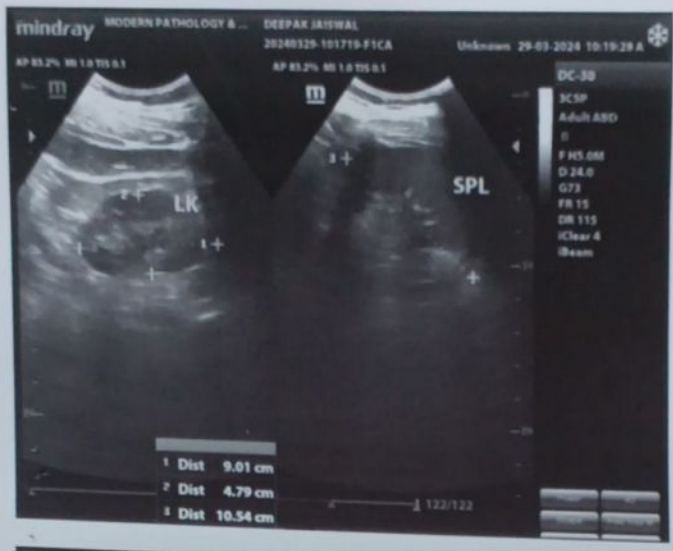
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mindray

MODERN PATHOLOGY & ...

DEEPAK

20240329-105159-F1CA

Unknown 29-03-2024 10:53:26 A



AP 83.2% MI 0.9 TIS 0.1

AP 83.2% MI 0.9 TIS 0.1

DC-30

3C5P

Adult ABD

B

F H5.0M

D 18.5

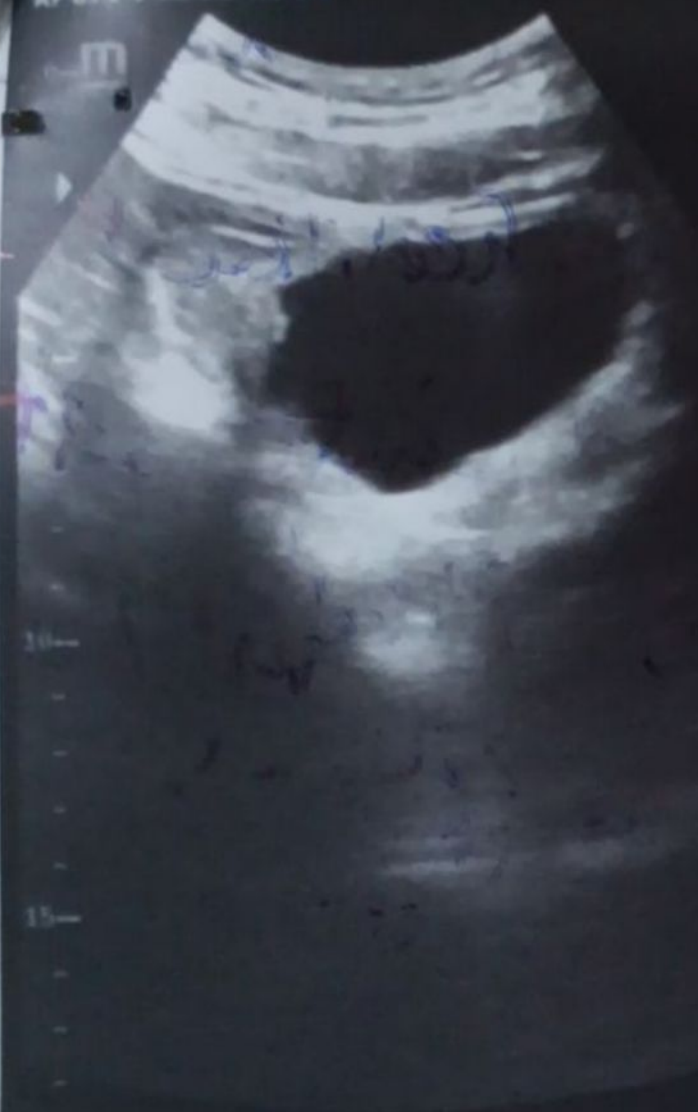
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iBeam



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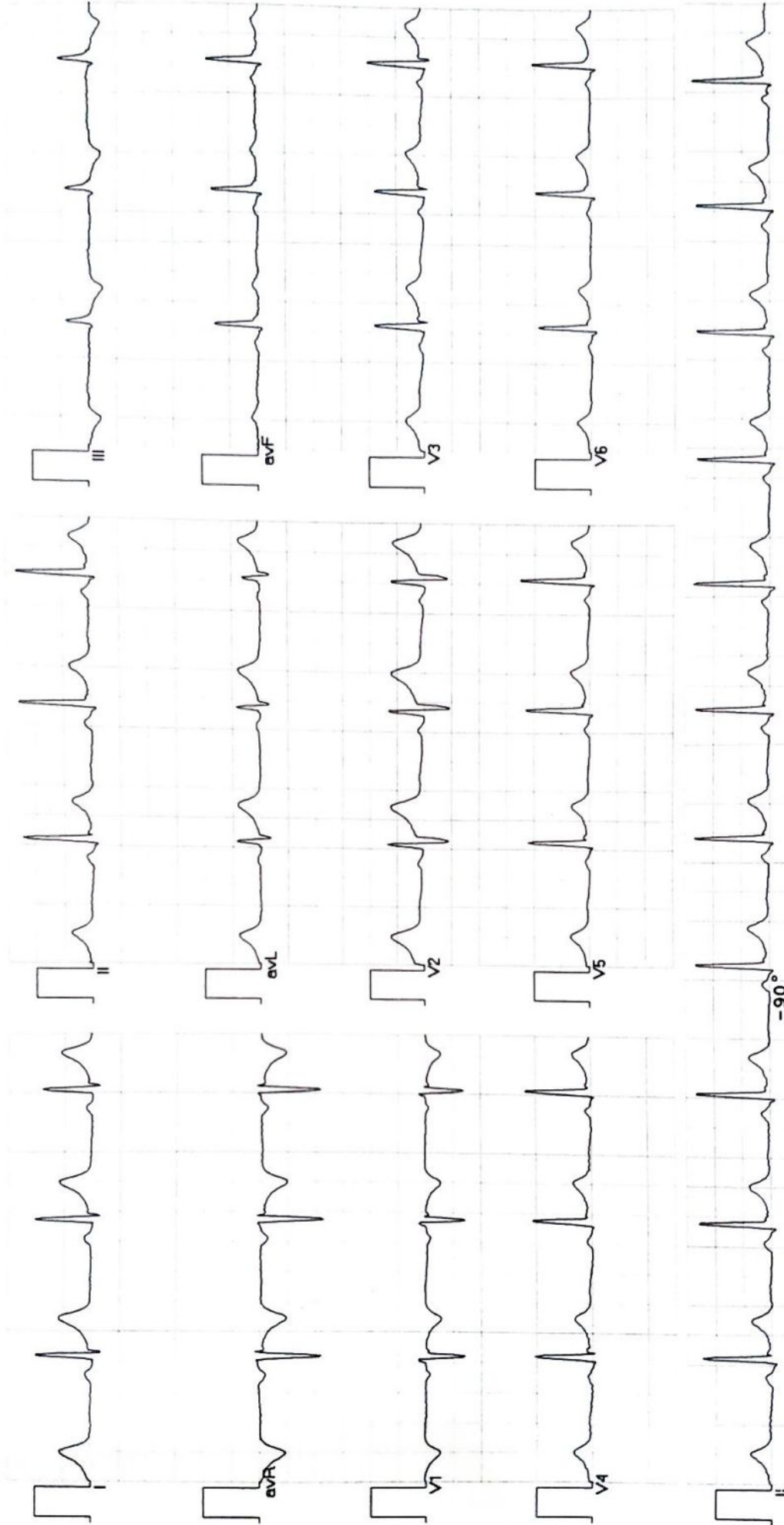
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Scope	Free Scan M

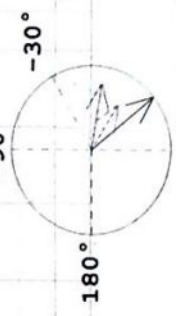
Modern Pathology And Diagnostic Centre

167 / DEEPAK JAISWAL / 33 Yrs / M / 178Cms. / 88Kgs. / Non Smoker
Heart Rate : 69 bpm / Tested On : 29-Mar-24 11:28:19 / HF 0.05 Hz - LF 100 Hz / Notch 50 Hz / Sn 1.00 Cm/mV / Sw 25 mm/s
/ Refd By.: APOLLO HEALTH

ECG



Vent Rate : 69 bpm
PR Interval : 136 ms
QRS Duration: 86 ms
QT/QTc Int : 390/406 ms
P-QRS-T axis: 32.00° 51.00° 9.00°



Normal ECG

Allergens ECG (Pisces)(PIS215191030)

Axis
Dr. AMRIT MOHAN
P 32.00°
T 9.00°
Q 51.00°
Reg. No. 44559

Deepak for Jaiswal



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AGE/SEX :35 YRS/MALE	REPORTED DATE	:29/Mar/2024 01:38PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01290048

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

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Gomti Nagar Lucknow

Report



DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg
 Date: 29 - 03 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	083	44 %	110/68	091	00	
Standing	00:07	0:04	00.0	00.0	01.0	083	44 %	110/68	091	00	
HV	00:11	0:04	00.0	00.0	01.0	080	43 %	110/68	088	00	
ExStart	00:23	0:12	00.0	00.0	01.0	080	43 %	110/68	088	00	
BRUCE Stage 1	03:23	3:00	02.7	10.0	04.7	129	69 %	126/82	162	00	
BRUCE Stage 2	06:23	3:00	04.0	12.0	07.1	155	83 %	132/86	204	00	
PeakEx	06:49	0:26	05.5	14.0	07.6	164	88 %	140/90	229	00	
Recovery	07:49	1:00	00.0	00.0	01.2	133	71 %	138/88	183	00	
Recovery	08:49	2:00	00.0	00.0	01.0	108	58 %	132/84	142	00	
Recovery	09:49	3:00	00.0	00.0	01.0	108	58 %	126/82	136	00	
Recovery	09:55	3:06	00.0	00.0	01.0	108	58 %	122/80	131	00	

FINDINGS :

Exercise Time : 06:26
 Max HR Attained : 164 bpm 88% of Target 187
 Max BP Attained : 140/90 (mm/Hg)
 Max WorkLoad Attained : 7.6 Fair response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

(Signature)
 Dr. Anil Kumar
 Reg. No. 44659

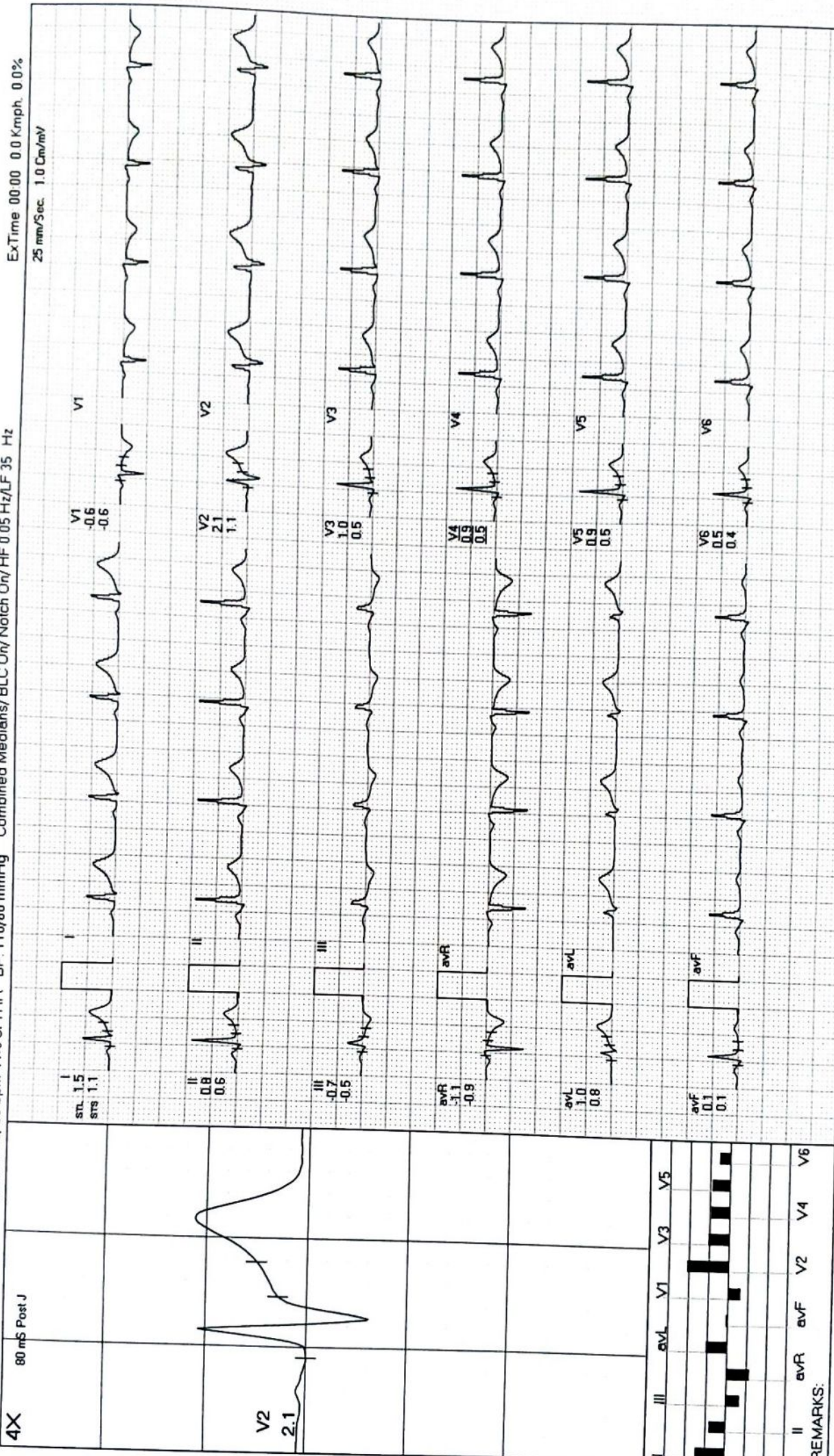
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 83

BRUCE:Supine(0:05)



Date: 29-03-2024
 METS: 1.0 / 83 bpm 44% of THR BP: 110/68 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz
 ExTime 00:00 0.0 Kmph. 0.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 83

BRUCE: Standing(0:04)

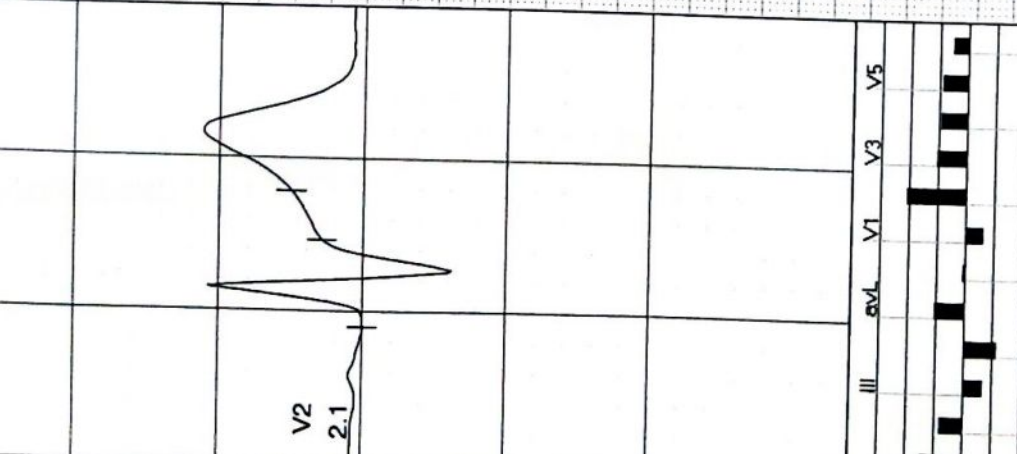


Date: 29-03-2024

METS: 1.07/83 bpm 44% of THR BP: 110/68 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

4X 80 mS Post J

ExtTime 00:00 0.0 KmPh. 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 80

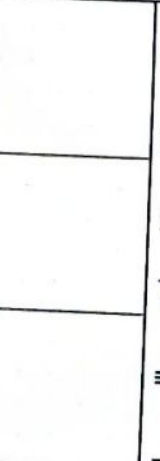
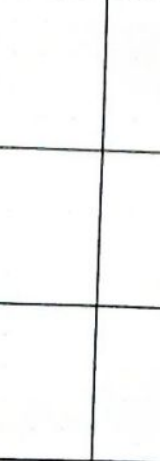
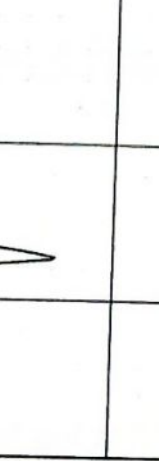
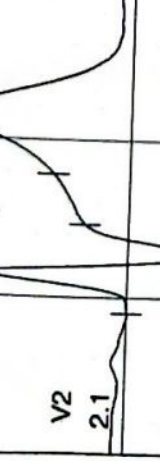
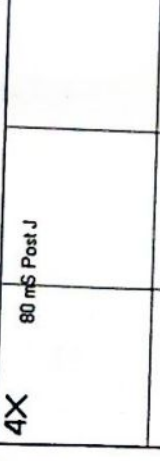
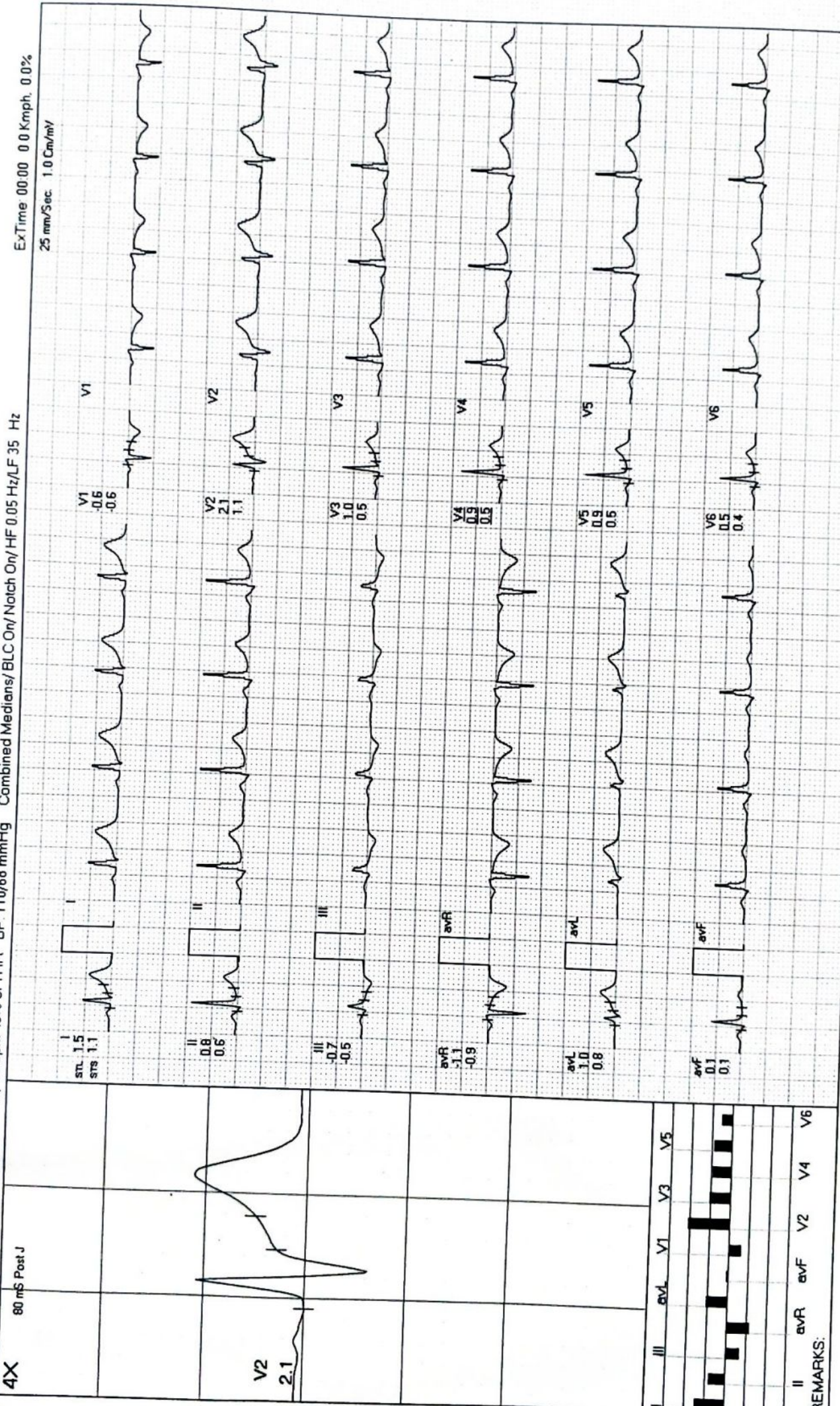
BRUCE:HV(0:06)



Date: 29-03-2024

METS: 1.0 / 80 bpm 43% of THR BP: 110/68 mmHg Combined Medians / BLC On / HF 0.05 Hz / LF 35 Hz

ExTime 00:00 0.0 KmPh. 0.0%
25 mm/Sec. 1.0 Cm/mV



II	avR	avF	V2	V4	V6
REMARKS:					

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 80

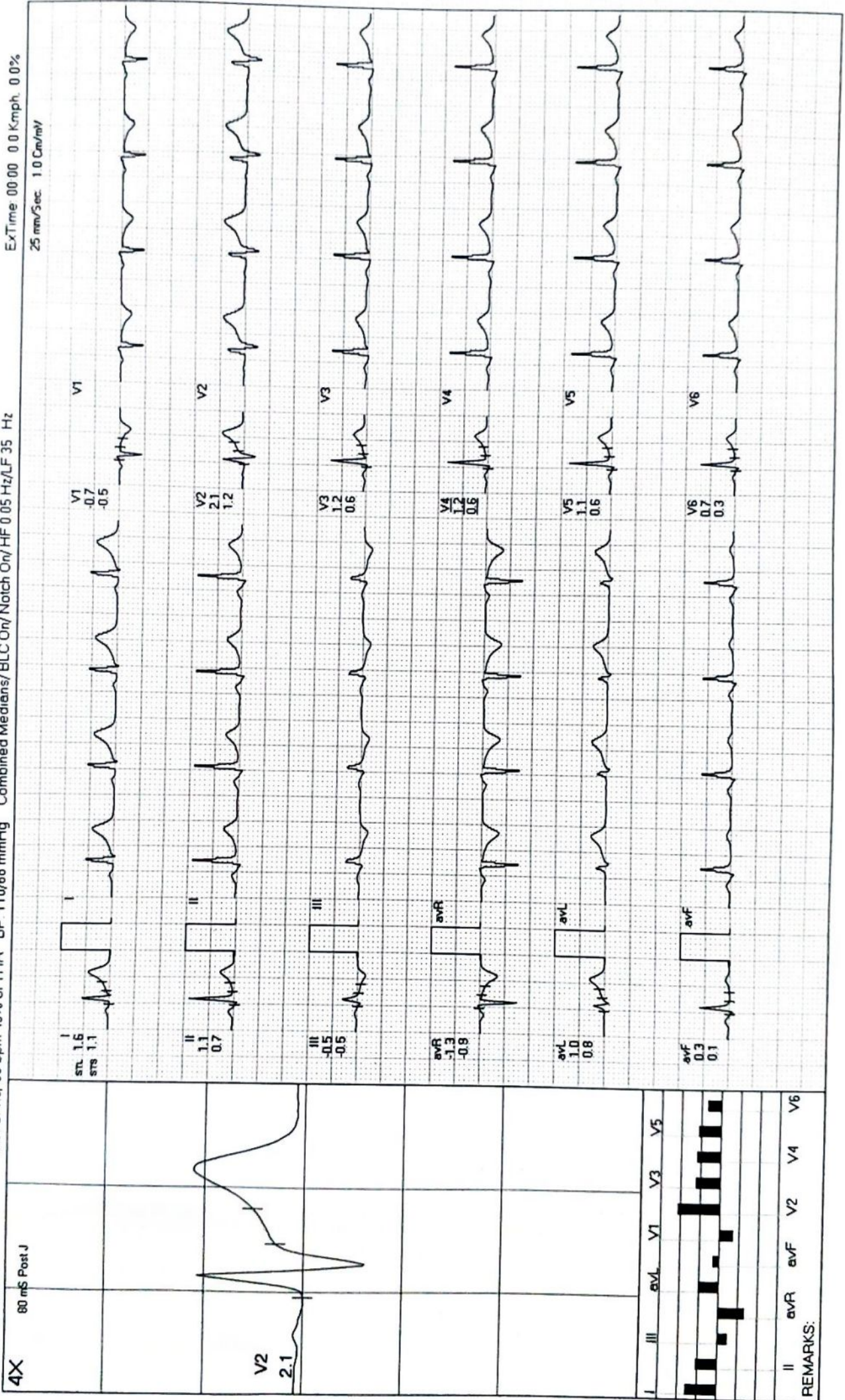
ExStart



Date 29-03-2024

METS: 1.0/80 bpm 43% of THR BP: 110/68 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph. 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS: II aVR aVF V2 V4 V6

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DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 129

BRUCE: Stage 1 (3:00)

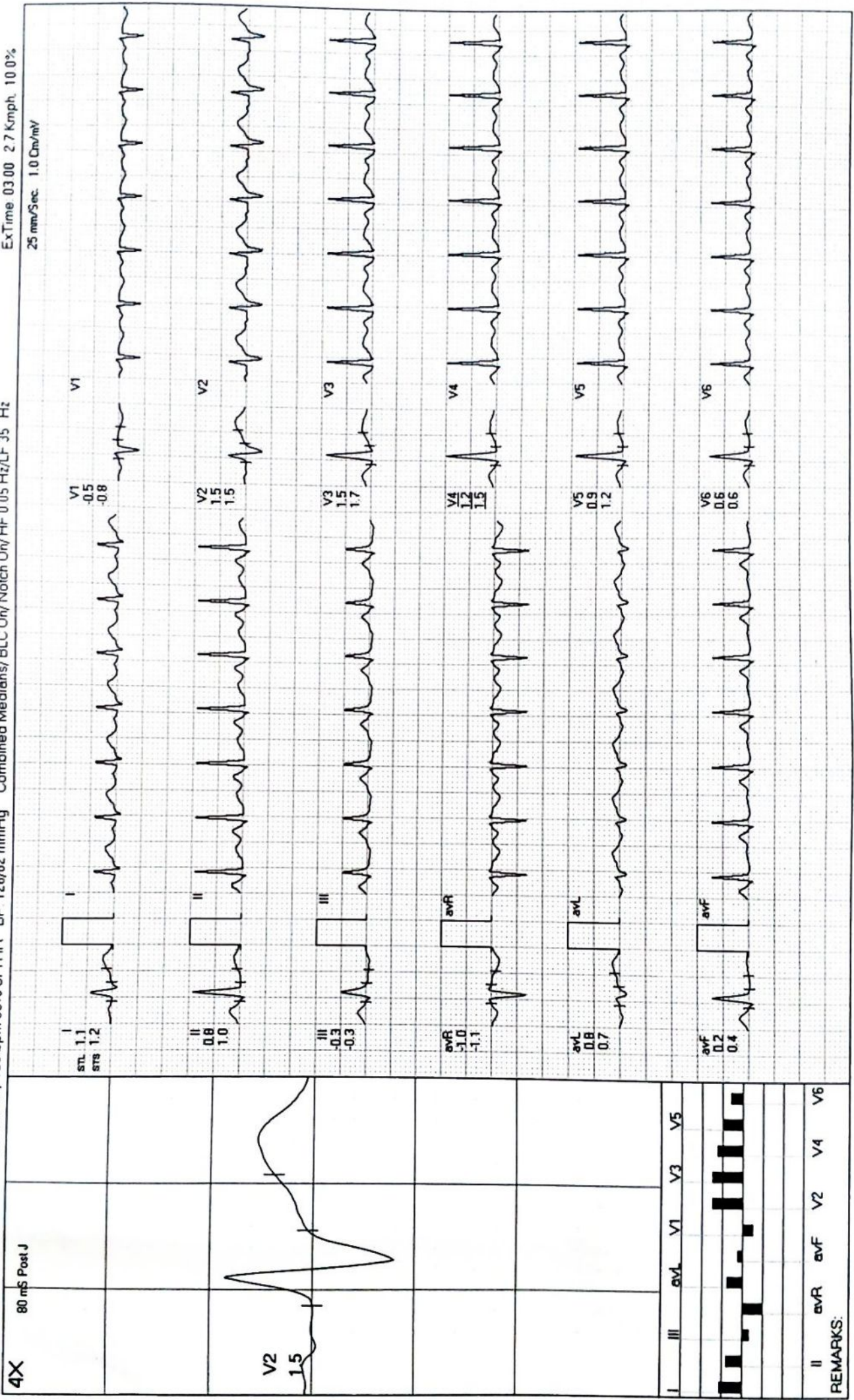


Date 29 - 03 - 2024

METS: 4.7 / 129 bpm 69% of THR BP 126/82 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 03:00 2.7 Kmph 10.0%

25 mm/Sec. 1.0 Cm/mV



REMARKS:

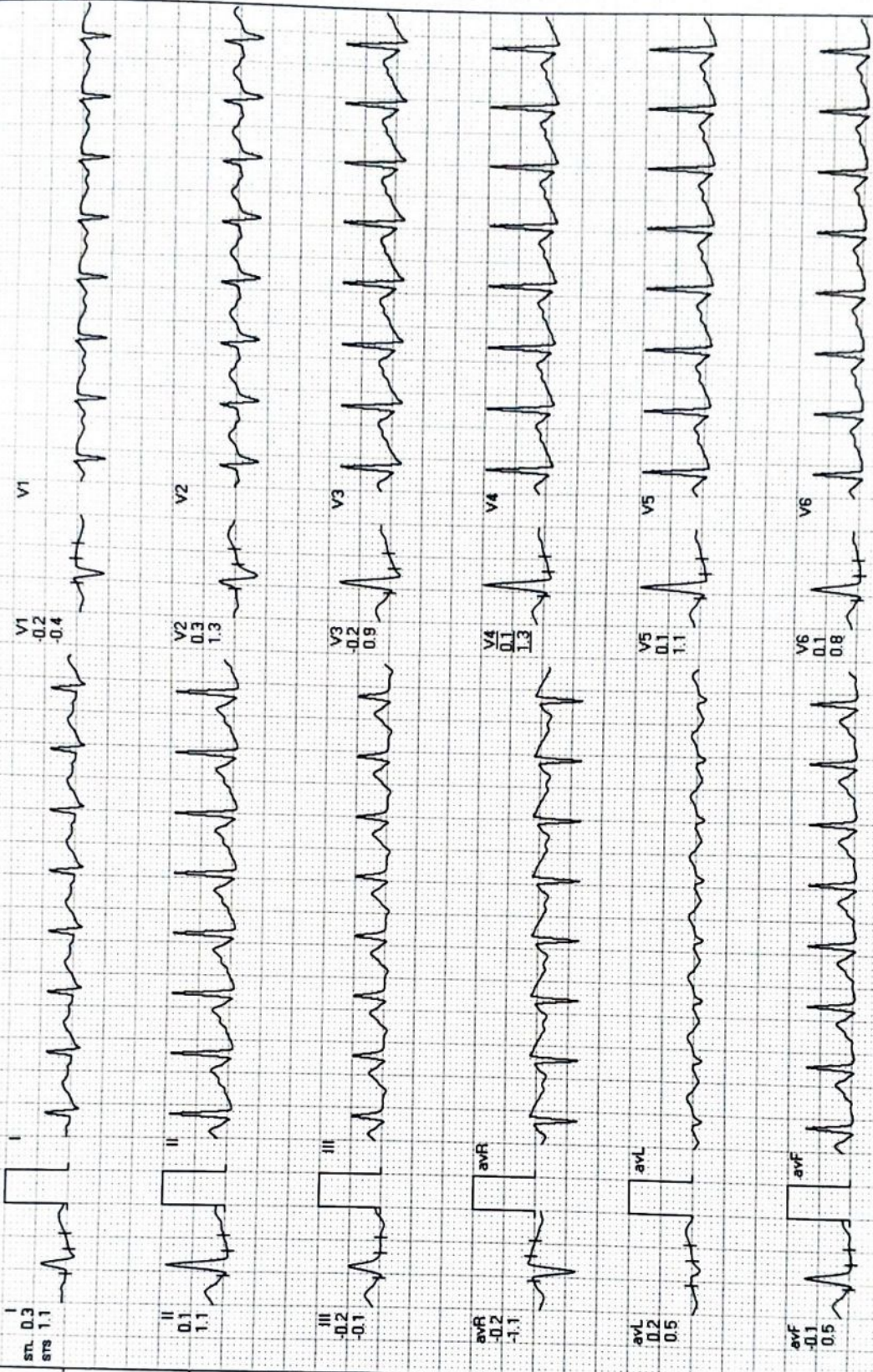
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 155

BRUCE: Stage 2(3:00)



Date 29-03-2024 METS: 7.1/155 bpm 83% of THR BP: 132/86 mmHg Combined Medions/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 60 mS Post J ExTime: 06:00 4.0 Kmph, 12.0%
 25 mm/Sec. 1.0 Cm/mV



V2	0.3				
III	aVL	V1	V3	V5	
II	aVR	aVF	V2	V4	V6
REMARKS:					

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 164

PeakEx

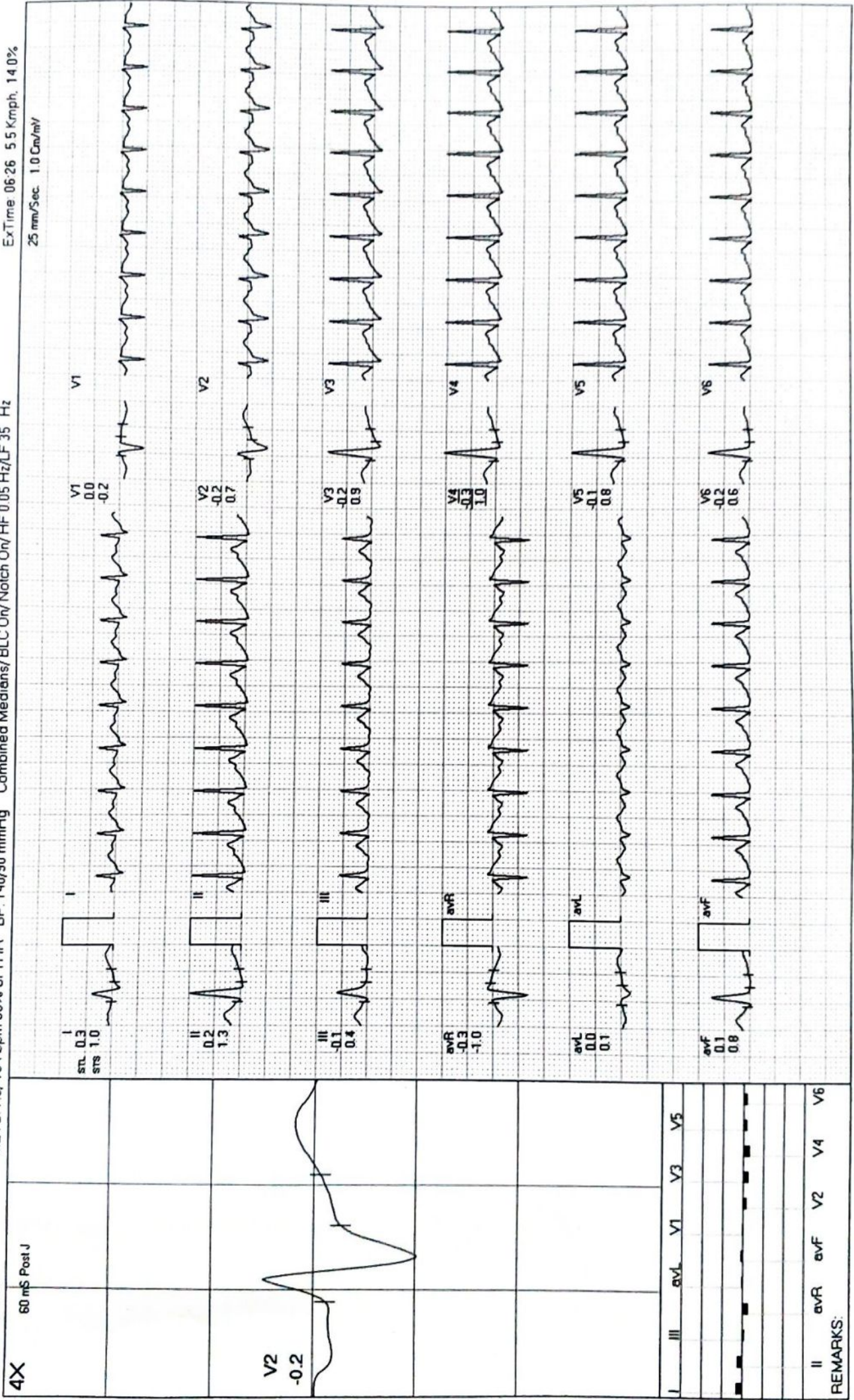


Date: 29-03-2024

METS: 7.6/164 bpm 88% of THR BP: 140/90 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 06:26 5.5 Kmph, 14.0%

25 mm/Sec 1.0 Cm/mV



4X

60 mS Post J

V2
-0.2

I III aVL aVF V1 V3 V5

II aVR aVF V2 V4 V6

REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 133

Recovery(1:00)



Date: 29-03-2024 METS 1.2/133 bpm 71% of THR BP: 138/88 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz
4X 60 mS Post J ExTime 06:26 0.0 KmPh. 0.0%
25 mm/Sec. 1.0 Cm/mV



Lead	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
ST-T	0.5	0.6	0.1	-0.5	0.2	0.3	0.4	0.4	0.5	0.5	0.4	0.4
ST-S	1.4	1.4	0.1	-1.4	0.6	0.7	0.8	1.2	1.4	1.3	1.1	0.8

REMARKS:

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DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 108

Recovery(2:00)



Date: 29-03-2024

METS: 1.0/108 bpm 58% of THR BP: 132/84 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:26 0.0 KmPh. 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 108

Recovery(3:00)



Date: 29-03-2024

METS: 1.0/108 bpm 58% of THR BP: 126/82 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz

ExTime 06:26 0.0 Kmph, 0.0%
25 mm/5sec 1.0 Cm/mV



REMARKS:

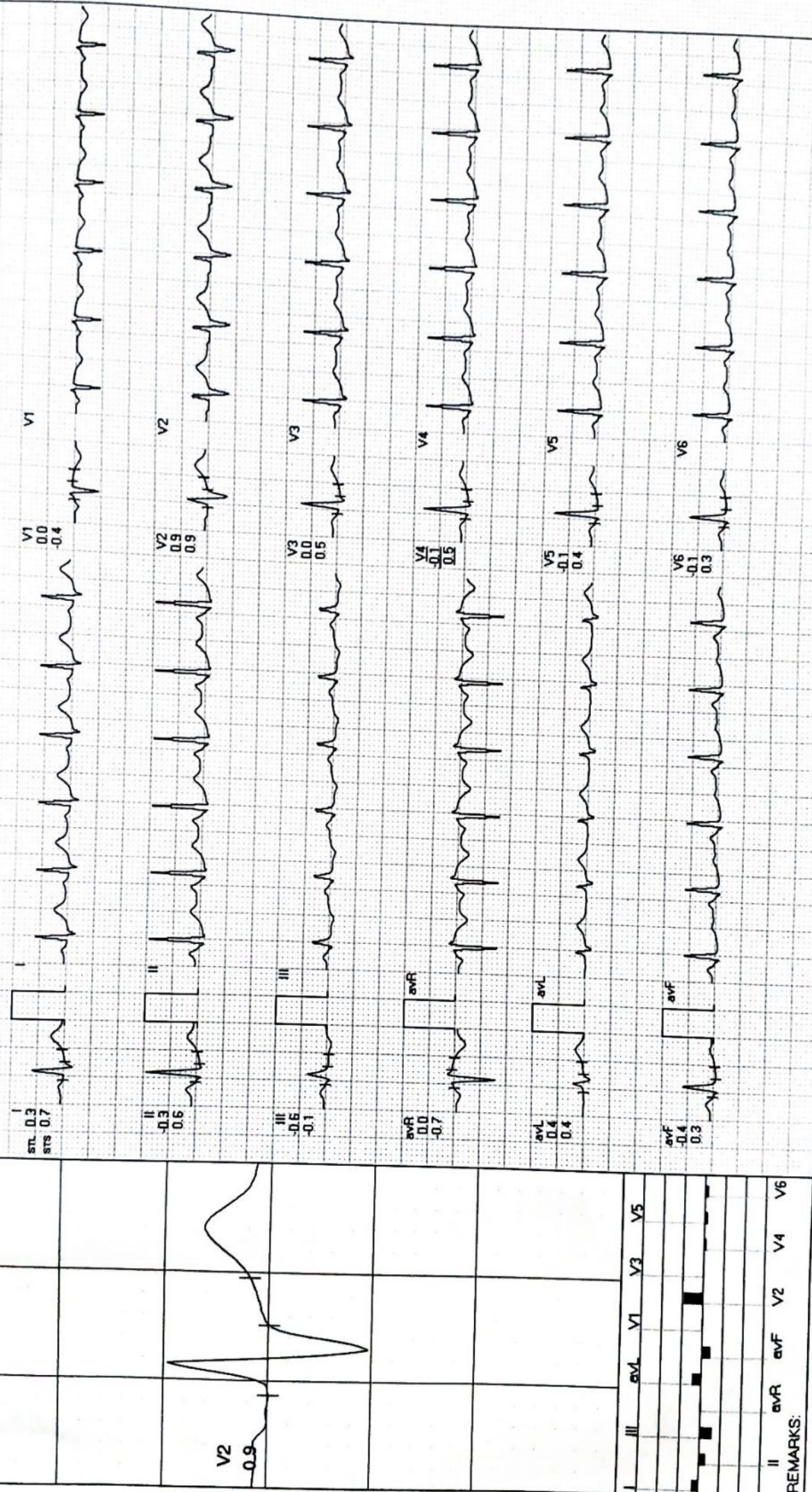
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

DEEPAK JAISWAL / 33 Yrs / M / 178 Cms / 88 Kg / HR : 108

Recovery(3:06)



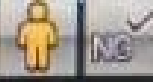
Date: 29-03-2024 METS 1.0/108 bpm 58% of THR BP: 122/80 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
 4X 80 mS Post J ExTime 0626 0.0 KmPh. 0.0%
 25 mm/Sec. 1.0 Cm/mV



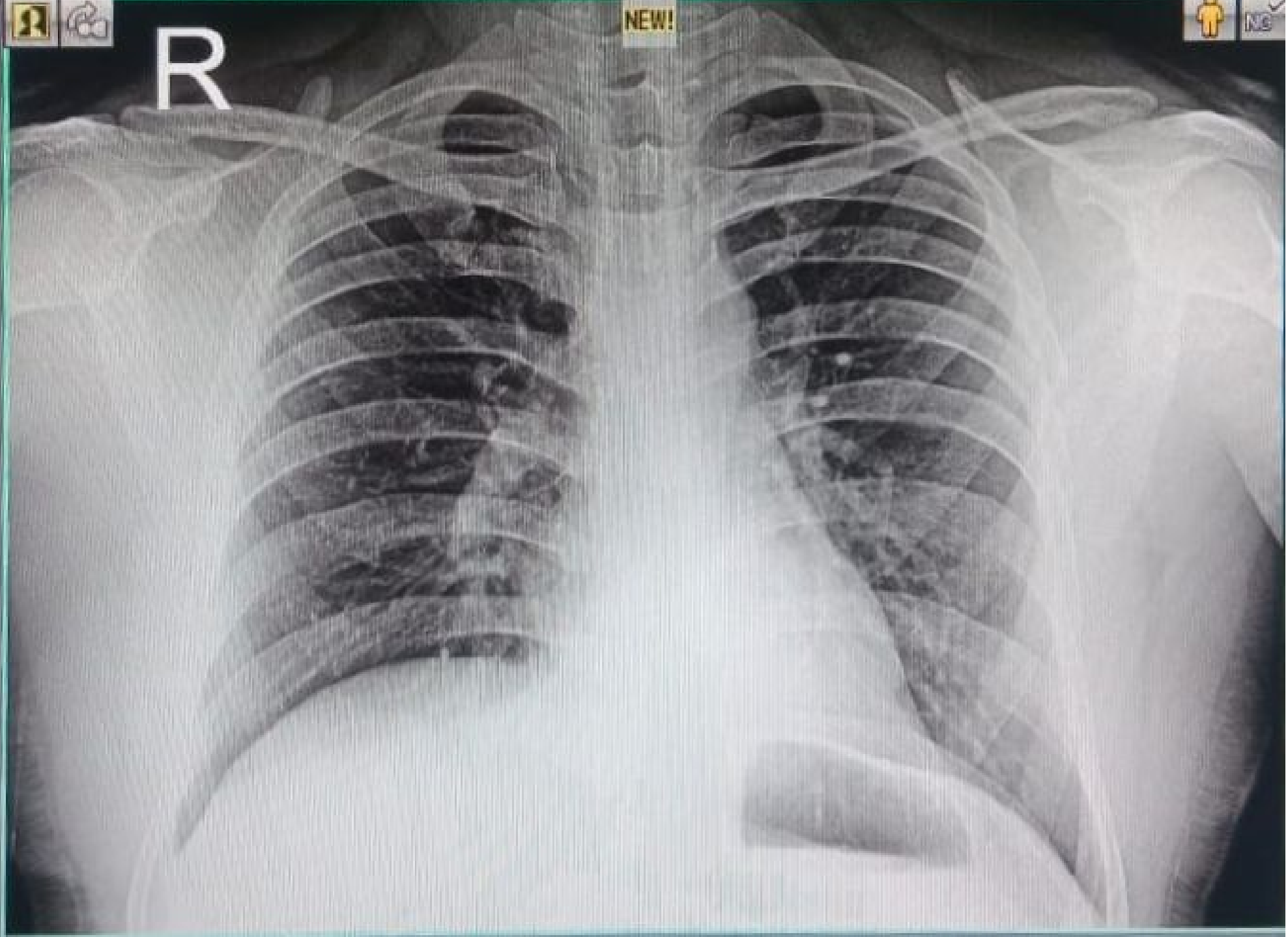
REMARKS:



NEW!



R



24032903993 MR DEEPAK JAISWAL 35 YRS M DR SELF CHEST PA
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