

Medical Summary

Name: *Ms. Ram Das*
 Ref Doctor:

Date of Birth: *27/11/1992* Customer ID:
 Sex: *Female* Date: *29/3/2024*

Present Complaints: *-NIL- only cough & sputum.*

Past Illness: *-NIL-*

Major medical illness: *-NIL-*
 Surgery: *C-section.*

Accident: *NIL*
 Others:

Personal history:

Smoking: *NIL*
 Tobacco: *NIL*
 Alcohol: *NIL*
 Menstrual history: *regular.*
 Obstetric history: *C-section.*

Diet: *mixed diet.*
 Exercise:
 Personality: *Average built.*
 Marital status: *married.*
 Children: *1 children.*

Family history:

Tuberculosis: *1 Mh*
 Diabetes: *parents.*
 Asthma: *NIL*
 Drug history: *NIL*

Allergy: *Dust allergy.*

Hypertension: *NIL*
 Heart Disease: *NIL*
 Others:
 Present Medications: *NIL*

General Examination:

Height:
 Conjunctiva: *(N)*
 Oedema: *no*
 Tongue: *(N)*
 Throat: *(N)*

Weight:
 Lymphnodes: *not palpable.*
 Nails: *(N)*
 Others: *(N)*
 Skin: *(N) Moist*

BP:
 Eyes: *normal glauc.*
 Genitals: *not done.*
 Dental: *(N)*

Eye Screening:

Vision	R/E	L/E
Distant Vision	<i>-2.5</i>	<i>-2</i>
Near Vision	<i>(N)</i>	<i>(N)</i>
Colour Vision	<i>(N)</i>	<i>(N)</i>

with Spectacles.



Systemic Examination:

Cardiovascular system: *S1, S2 heard.*
Peripheral Pulsations: *felt*
Heart:
Respiratory system: *Normal AP (+)*

Gastrointestinal Systems:

Higher Function: *(+)*
Cranial Nerves: *work*
Motor System: *work*

Sensory System: *(+)*
Superficial Reflexes: *(+)*
Deep Reflexes: *(+)*

Impression:

(Normal health)

Diet: *- Nil -*

Medication: *Nil*

Advice & Follow up: *Nil*

MEDALL DIAGNOSTICS
191, Poonamallee High Road,
Kilpauk, Chennai - 600 010.
Cell : 91500 42328

DR. **HARIHARAN**
Consultant General Physician


15/11/24





(Medall Healthcare Pvt Ltd)

SELF REFERRAL FORM

MED12252253 V10 2)29-03-2409:50 AM



124005674
MS RAMDAS DHIVYA 31/Y

Customer Information

I, give consent to Medall Healthcare Pvt Ltd to perform the My-Health Package investigation requested by me. I declare that **my age is 18 years or above 18 years** and I don't have any metal implants inside my body and don't have a pacemaker or stents. I am also aware that the blood tests are done in non-fasting (Random) Sample

Name: Mr/Ms/Mrs

R	A	M	D	A	S														
						D	H	I	V	Y	A								

Company Name

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Date of Birth

2	7																		

or Age:

31

Gender:

Male

Female

Contact Number

9	5	6	6	0	0	5	2	2	1										
---	---	---	---	---	---	---	---	---	---	--	--	--	--	--	--	--	--	--	--

Pin Code

6	0	0	0	3	1
---	---	---	---	---	---

Email ID

dhivya ramdas@gmail.com

Vitals Observations (to be filled by Medall team)

Place of service:

In store

Camp - (mention Location)

Height

1	5	7			
---	---	---	--	--	--

Cms

Waist

3	6		5		
---	---	--	---	--	--

Inches

Hip

3	8		5		
---	---	--	---	--	--

Inches

Weight

6	5		3		
---	---	--	---	--	--

Kgs

Fat

3	9		4		
---	---	--	---	--	--

%

Visceral Fat

8		0			
---	--	---	--	--	--

%

RM

1	3	0	9		
---	---	---	---	--	--

Cal

BMI

2	6		5		
---	---	--	---	--	--

Body Age

4	8				
---	---	--	--	--	--

Yrs

Systolic BP

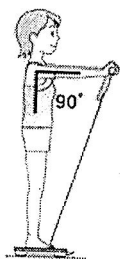
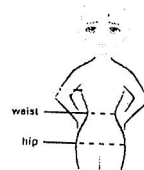
1	0	2			
---	---	---	--	--	--

mm/Hg

Diastolic BP

6	7				
---	---	--	--	--	--

mm/Hg



feet

Inches

Clinical History / Medicines Taken

NIL

	Use Tobacco Products	Drink Alcohol
Never	<input type="checkbox"/>	<input type="checkbox"/>
Some days	<input type="checkbox"/>	<input type="checkbox"/>
Daily	<input type="checkbox"/>	<input type="checkbox"/>

Check in the appropriate box

Inspiration : 37 cm

Expiration : 36.5 cm

SP O2 : 100

Pulse : 79

(Always Ensure that the customer is relaxed and in sitting position while doing BP check)

Date 29/3/24

Medall Employee Name & centre Name: Aditya

I have verified and agree with all the data in this sheet.

Fill all the information without fail

Customer Signature

DFI

Name : Ms. RAMDAS DHIVYA
PID No. : MED122522534
SID No. : 124005674
Age / Sex : 31 Year(s) / Female
Type : OP
Ref. Dr : MediWheel

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Collection On : 29/03/2024 10:58 AM
Report On : 29/03/2024 4:33 PM
Printed On : 29/03/2024 5:51 PM



<u>Investigation</u>	<u>Observed Value</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
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BLOOD GROUPING AND Rh TYPING

(EDTA Blood/Agglutination)

'AB' 'Positive'

INTERPRETATION: Reconfirm the Blood group and Typing before blood transfusion

Complete Blood Count With - ESR

Haemoglobin (EDTA Blood/Spectrophotometry)	11.4	g/dL	12.5 - 16.0
Packed Cell Volume(PCV)/Haematocrit (EDTA Blood/Derived from Impedance)	35.3	%	37 - 47
RBC Count (EDTA Blood/Impedance Variation)	3.97	mill/cu.mm	4.2 - 5.4
Mean Corpuscular Volume(MCV) (EDTA Blood/Derived from Impedance)	89.0	fL	78 - 100
Mean Corpuscular Haemoglobin(MCH) (EDTA Blood/Derived from Impedance)	28.9	pg	27 - 32
Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood/Derived from Impedance)	32.4	g/dL	32 - 36
RDW-CV (EDTA Blood/Derived from Impedance)	14.3	%	11.5 - 16.0
RDW-SD (EDTA Blood/Derived from Impedance)	44.54	fL	39 - 46
Total Leukocyte Count (TC) (EDTA Blood/Impedance Variation)	11600	cells/cu.mm	4000 - 11000
Neutrophils (EDTA Blood/Impedance Variation & Flow Cytometry)	67.8	%	40 - 75
Lymphocytes (EDTA Blood/Impedance Variation & Flow Cytometry)	21.0	%	20 - 45


Dr S SIVAKUMAR Ph.D
Consultant Microbiologist

VERIFIED BY



MC-2425




Dr ARCHANA. K MD Ph.D
Lab Director
TNMC NO: 79967

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The results pertain to sample tested.

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Eosinophils (EDTA Blood Impedance Variation & Flow Cytometry)	4.0	%	01 - 06
Monocytes (EDTA Blood Impedance Variation & Flow Cytometry)	7.0	%	01 - 10
Basophils (EDTA Blood Impedance Variation & Flow Cytometry)	0.2	%	00 - 02
INTERPRETATION: Tests done on Automated Five Part cell counter. All abnormal results are reviewed and confirmed microscopically.			
Absolute Neutrophil count (EDTA Blood Impedance Variation & Flow Cytometry)	7.86	10 ³ / μl	1.5 - 6.6
Absolute Lymphocyte Count (EDTA Blood Impedance Variation & Flow Cytometry)	2.44	10 ³ / μl	1.5 - 3.5
Absolute Eosinophil Count (AEC) (EDTA Blood Impedance Variation & Flow Cytometry)	0.46	10 ³ / μl	0.04 - 0.44
Absolute Monocyte Count (EDTA Blood Impedance Variation & Flow Cytometry)	0.81	10 ³ / μl	< 1.0
Absolute Basophil count (EDTA Blood Impedance Variation & Flow Cytometry)	0.02	10 ³ / μl	< 0.2
Platelet Count (EDTA Blood Impedance Variation)	259	10 ³ / μl	150 - 450
MPV (EDTA Blood Derived from Impedance)	9.6	fL	8.0 - 13.3
PCT (EDTA Blood/Automated Blood cell Counter)	0.25	%	0.18 - 0.28
ESR (Erythrocyte Sedimentation Rate) (Blood/Automated - Westergren method)	34	mm/hr	< 20


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Glucose Fasting (FBS) (Plasma - F/GOD-PAP)	91.9	mg/dL	Normal: < 100 Pre Diabetic: 100 - 125 Diabetic: >= 126

INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose Postprandial (PPBS) (Plasma - PP/GOD-PAP)	98.0	mg/dL	70 - 140
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INTERPRETATION:

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti-diabetic medication during treatment for Diabetes.

Blood Urea Nitrogen (BUN) (Serum/Urease UV / derived)	6.4	mg/dL	7.0 - 21
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Creatinine (Serum/Modified Jaffe)	0.87	mg/dL	0.6 - 1.1
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INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin, cefazolin, ACE inhibitors, angiotensin II receptor antagonists, N-acetylcysteine, chemotherapeutic agent such as flucytosine etc.

Uric Acid (Serum/Enzymatic)	5.30	mg/dL	2.6 - 6.0
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Liver Function Test

Bilirubin(Total) (Serum/DCA with ATCS)	0.62	mg/dL	0.1 - 1.2
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Bilirubin(Direct) (Serum/Diazotized Sulfanilic Acid)	0.14	mg/dL	0.0 - 0.3
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Bilirubin(Indirect) (Serum/Derived)	0.48	mg/dL	0.1 - 1.0
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SGOT/AST (Aspartate Aminotransferase) (Serum/Modified IFCC)	14.70	U/L	5 - 40
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SGPT/ALT (Alanine Aminotransferase) (Serum/Modified IFCC)	15.5	U/L	5 - 41
GGT(Gamma Glutamyl Transpeptidase) (Serum/IFCC / Kinetic)	13.50	U/L	< 38
Alkaline Phosphatase (SAP) (Serum/Modified IFCC)	99.70	U/L	42 - 98
Total Protein (Serum/Biuret)	7.20	gm/dl	6.0 - 8.0
Albumin (Serum/Bromocresol green)	3.7	gm/dl	3.5 - 5.2
Globulin (Serum/Derived)	3.50	gm/dL	2.3 - 3.6
A : G RATIO (Serum/Derived)	1.06		1.1 - 2.2

Lipid Profile

Cholesterol Total (Serum/CHOD-PAP with ATCS)	165.70	mg/dL	Optimal: < 200 Borderline: 200 - 239 High Risk: >= 240
Triglycerides (Serum/GPO-PAP with ATCS)	79.00	mg/dL	Optimal: < 150 Borderline: 150 - 199 High: 200 - 499 Very High: >= 500

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the "usual" circulating level of triglycerides during most part of the day.

HDL Cholesterol (Serum/Immunoinhibition)	36.40	mg/dL	Optimal(Negative Risk Factor): >= 60 Borderline: 50 - 59 High Risk: < 50
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LDL Cholesterol (Serum/Calculated)	113.5	mg/dL	Optimal: < 100 Above Optimal: 100 - 129 Borderline: 130 - 159 High: 160 - 189 Very High: >= 190
VLDL Cholesterol (Serum/Calculated)	15.8	mg/dL	< 30
Non HDL Cholesterol (Serum/Calculated)	129.3	mg/dL	Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220

INTERPRETATION: 1.Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol.
 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

Total Cholesterol/HDL Cholesterol Ratio (Serum/Calculated)	4.6		Optimal: < 3.3 Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0
Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)	2.2		Optimal: < 2.5 Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0
LDL/HDL Cholesterol Ratio (Serum/Calculated)	3.1		Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0

Glycosylated Haemoglobin (HbA1c)

HbA1C (Whole Blood/HPLC)	5.6	%	Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5
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INTERPRETATION: If Diabetes - Good control : 6.1 - 7.0 % , Fair control : 7.1 - 8.0 % , Poor control \geq 8.1 %

Estimated Average Glucose (Whole Blood)	114.02	mg/dL	
--	--------	-------	--

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values.

Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

THYROID PROFILE / TFT

T3 (Triiodothyronine) - Total (Serum/Chemiluminescent Immunometric Assay (CLIA))	1.04	ng/ml	0.7 - 2.04
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INTERPRETATION:

Comment :

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total (Serum/Chemiluminescent Immunometric Assay (CLIA))	11.58	µg/dl	4.2 - 12.0
--	-------	-------	------------

INTERPRETATION:

Comment :

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) (Serum/Chemiluminescent Immunometric Assay (CLIA))	2.460	µIU/mL	0.35 - 5.50
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Observed Value

Unit

Biological Reference Interval

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5

2 nd trimester 0.2-3.0

3 rd trimester : 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment :

- 1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
- 2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM.The variation can be of the order of 50%,hence time of the day has influence on the measured serum TSH concentrations.
- 3.Values $\leq 0.03 \mu\text{IU/mL}$ need to be clinically correlated due to presence of rare TSH variant in some individuals.


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BUN / Creatinine Ratio	7.3		6.0 - 22.0

Stool Analysis - ROUTINE

Colour (Stool)	Brown		Brown
Blood (Stool)	Absent		Absent
Mucus (Stool)	Absent		Absent
Reaction (Stool)	Acidic		Acidic
Consistency (Stool)	Semi Solid		Semi Solid
Ova (Stool)	NIL		NIL
Others (Stool)	NIL		NIL
Cysts (Stool)	NIL		NIL
Trophozoites (Stool)	NIL		NIL
RBCs (Stool)	NIL	/hpf	Nil
Pus Cells (Stool)	1 - 2	/hpf	NIL
Macrophages (Stool)	NIL		NIL
Epithelial Cells (Stool)	NIL	/hpf	NIL


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Age & Gender	31Y/FEMALE	Visit Date	29/03/2024
Ref Doctor	MediWheel		

ULTRA SOUND SCAN

WHOLE ABDOMEN

Liver is normal in size and shows homogenously increased parenchymal echoes with no focal abnormality.

There is no intra or extra hepatic biliary ductal dilatation. Portal vein and IVC are normal.

Gall bladder is normal sized and smooth walled. No evidence of calculi.

Wall thickness is normal.

Pancreas shows a normal configuration and echotexture. Pancreatic duct is normal.

Spleen is normal in size and echotexture.

Bilateral kidneys are normal in size, shape and position. Cortical echoes are normal bilaterally. There is no calculus or calyceal dilatation.

Right kidney measures 9.2 x 4.1 cm.

Left kidney measures 9.5 x 4.6 cm.

Ureters are not dilated.

Urinary bladder is smooth walled and uniformly transonic. No intravesical mass or calculus.

Uterus is anteverted, and measures 6.3 x 5.1 x 3.8 cm.

Endometrial thickness is 5.7 mm.

Bilateral ovaries are normal in size.

No significant mass or cyst is seen in the ovaries.

Parametria are free.

Iliac fossae are normal.

There is no free or loculated peritoneal fluid.



Name	MS.RAMDAS DHIVYA	ID	MED122522534
Age & Gender	31Y/FEMALE	Visit Date	29/03/2024
Ref Doctor	MediWheel		

IMPRESSION:

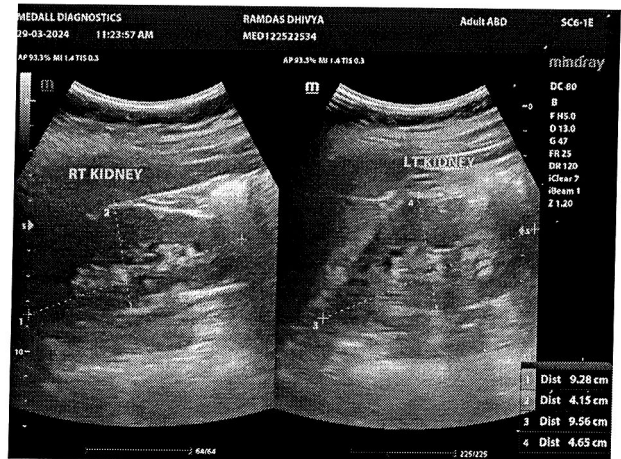
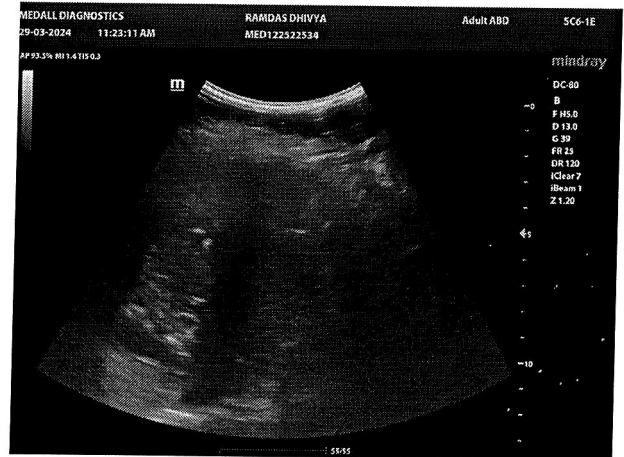
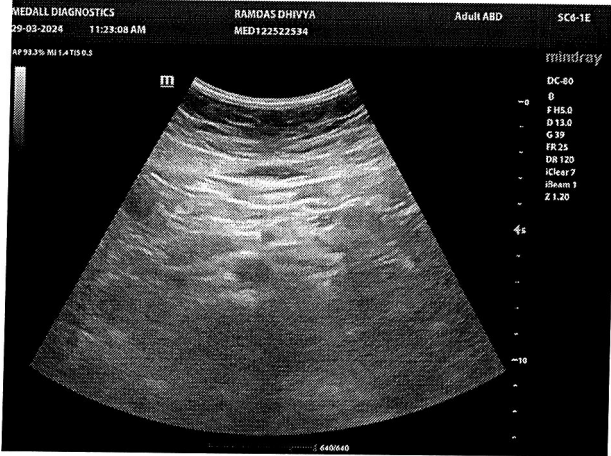
- Grade I fatty liver.

Dr.PRASHANT MOORTHY, MBBS., MD.,
Consultant Radiologist


Dr. M. JAYAPRABA.
Consultant Sonologist



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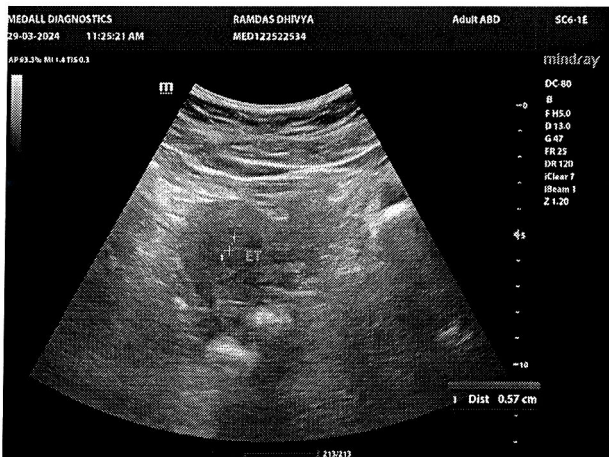
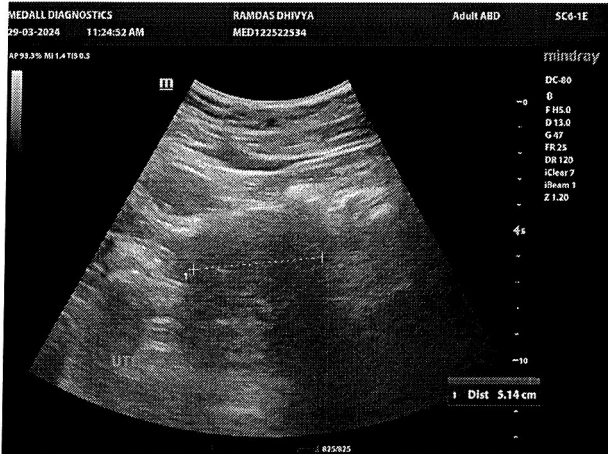


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X-RAY MAMMOGRAPHY OF BOTH BREASTS

Soft tissue X-ray mammography of both breasts was performed using the Cranio-caudal and Medio-lateral oblique views.

Bilateral heterogenous dense parenchyma.

No mass or calcification is seen in either breast.

The retro-mammary space is free.

The nipples are normal with no evidence of retraction.

The skin and subcutaneous tissues are normal.

Correlated ultrasound screening of both breasts did not reveal any abnormality.

IMPRESSION :

- No mammographic evidence of abnormality.
- BIRADS category I.

Dr.PRASHANT MOORTHY, MBBS., MD.,
Consultant Radiologist


Dr. M. JAYAPRABA.
Consultant Sonologist

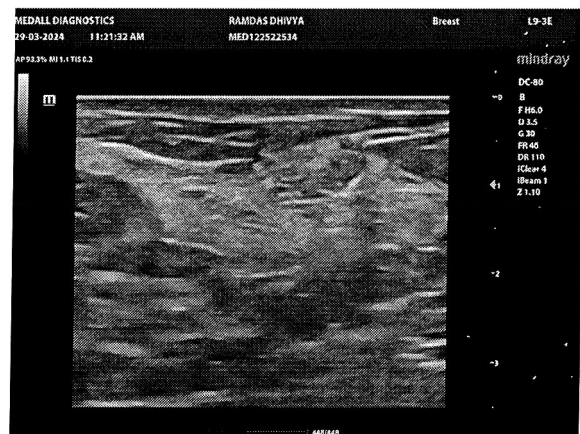
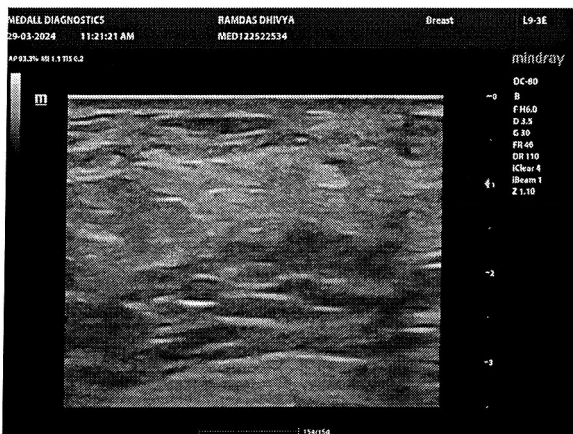
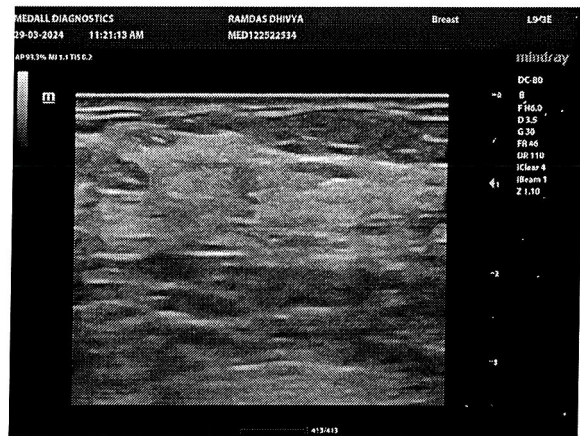
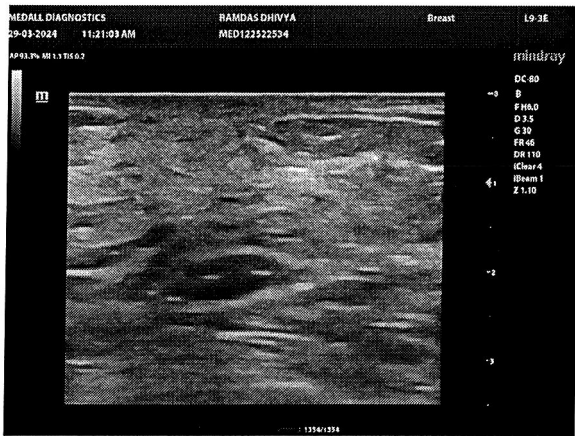
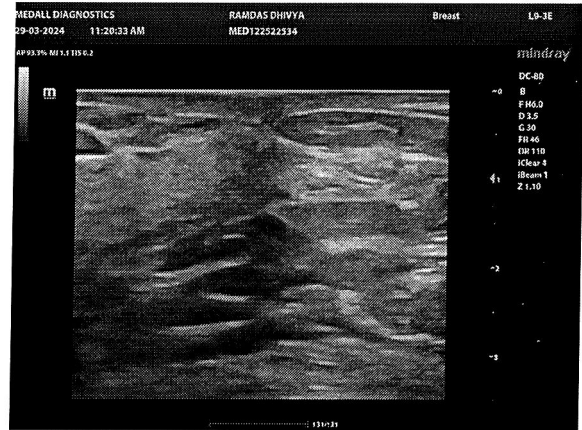
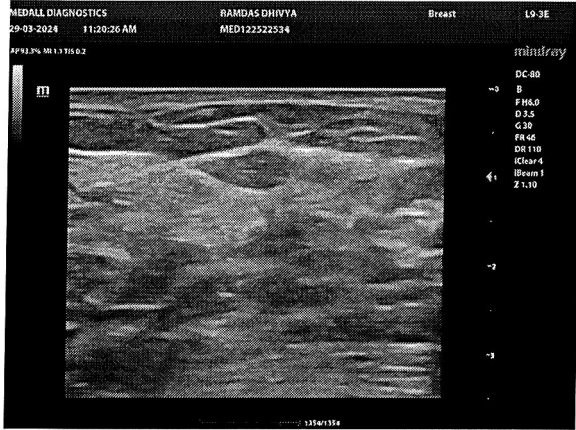


Name	MS.RAMDAS DHIVYA	ID	MED122522534
Age & Gender	31Y/FEMALE	Visit Date	29/03/2024
Ref Doctor	MediWheel		

BIRADS Category		Likely hood of cancer
0	Need additional imaging or prior examinations	N/A
1	Negative	0%
2	Benign	0%
3	Probably benign	>0% - 2 %
4	Suspicious	4a Low suspicion for malignancy (>2% to 10%) 4b Moderate suspicion for malignancy (>10% to 50%) 4c High suspicion for malignancy (>50% to 95%)
5	Highly suggestive of malignancy	95%
6	Known biopsy proven	N/A



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Name	Ms. RAMDAS DHIVYA	Customer ID	MED122522534
Age & Gender	31Y/F	Visit Date	Mar 29 2024 9:04AM
Ref Doctor	MediWheel		

X-RAY CHEST (PA VIEW)

The cardio thoracic ratio is normal. The heart size and configuration are within normal limits.

The aortic arch is normal.

The lung fields show normal broncho-vascular markings.

Both the pulmonary hila are normal in size.

The costophrenic and cardiophrenic recesses and the domes of diaphragm are normal.

The bones and soft tissues of the chest wall show no abnormality.

IMPRESSION :

- **No significant abnormality detected.**



Dr. Prashant Moorthy MBBS., MD
Consultant Radiologist



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ECHO CARDIOGRAM REPORT

2D ECHO STUDY:

- Normal chamber dimensions.
- Normal LV / RV size and systolic function (EF: 66%)
- No Regional wall motion abnormality.
- No ventricular hypertrophy.
- IAS and IVS are intact.
- No e/o of clot / Aneurysm.
- Normal pericardium.

FINAL IMPRESSION:

- **NORMAL LV / RV SIZE AND SYSTOLIC FUNCTION. (EF : 66%)**
- **NO REGIONAL WALL MOTION ABNORMALITY.**
- **NORMAL VALVES FOR AGE.**
- **NORMAL DIASTOLIC COMPLIANCE.**
- **NORMAL COLOUR FLOW STUDIES.**

LEFT VENTRICULAR MEASUREMENT:

DIMENSIONS	NORMAL	DIMENSIONS	NORMAL
AO (ed)- 2.5cm(1.5cm/3.5cm)		IVS (ed) - 1.1cm	(0.6cm/1.2cm)
LA (ed)- 3.1cm(1.5cm/3.5cm)		LVPW(ed) - 1.0cm	(0.6cm/1.1cm)
RVID(ed)- 1.0cm(0.9cm/2.8cm)		EF 66 %	(62 %-85 %)
LVID (ed)- 4.3cm(2.6cm/5.5cm)		FS 34 %	
LVID (es)- 2.9cm			



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MORPHOLOGICAL DATA:

Mitral valve

Anterior mitral leaflet (AML)	: Normal
Posterior mitral leaflet (PML)	: Normal
Aortic Valve	: Normal
Tricuspid Valve	: Normal
Pulmonary Valve	: Normal
Interatrial Septum	: Intact
Interventricular Septum	: Intact
Right Ventricle	: Normal
Right Atrium	: Normal
Pulmonary Artery	: Normal
Left Ventricle	: Normal
Left Atrium	: Normal

PERICARDIUM:

- Normal.

DOPPLER STUDY:

Continuous Wave Doppler & Colour Flow Study:

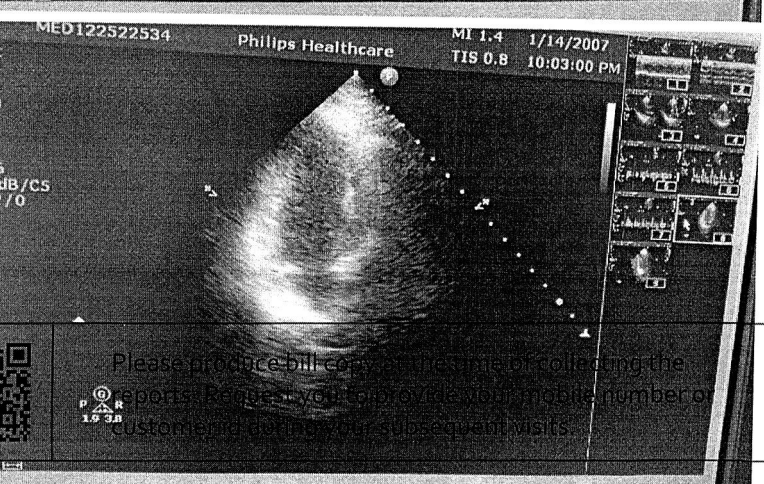
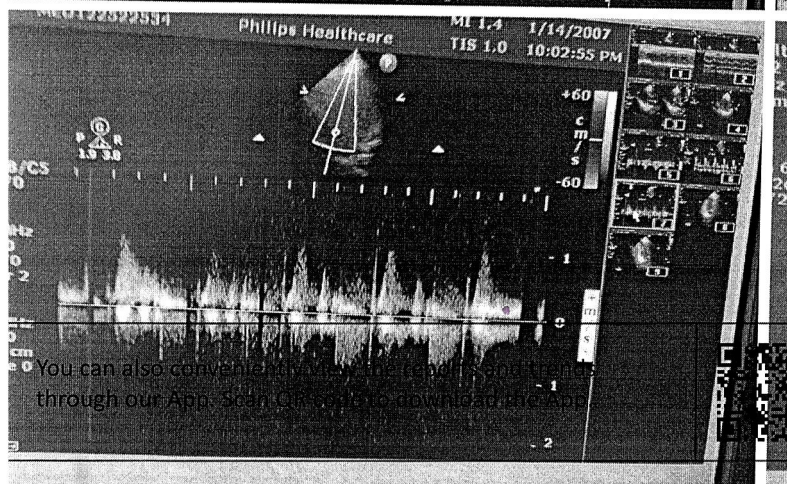
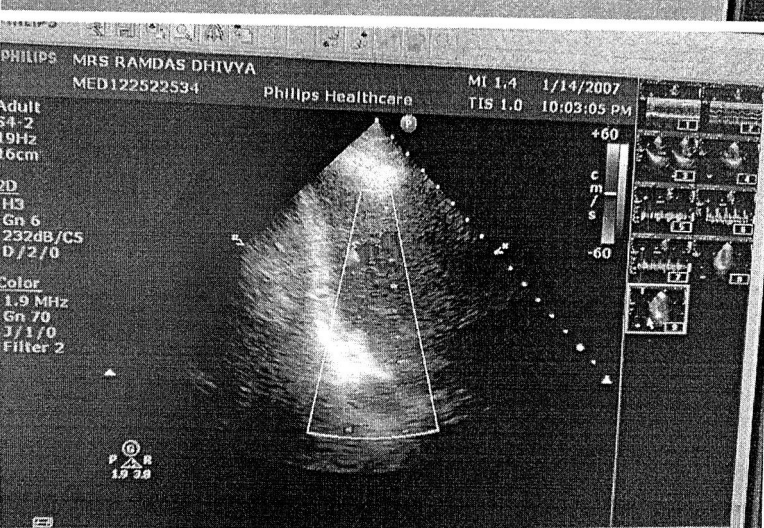
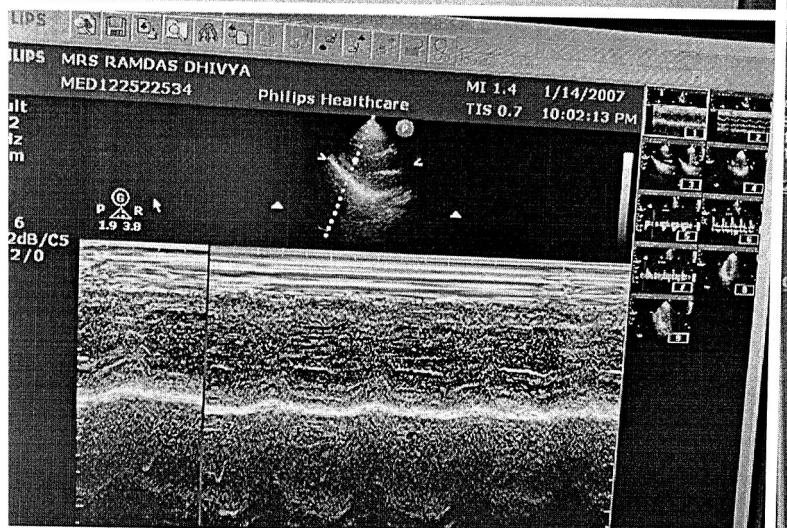
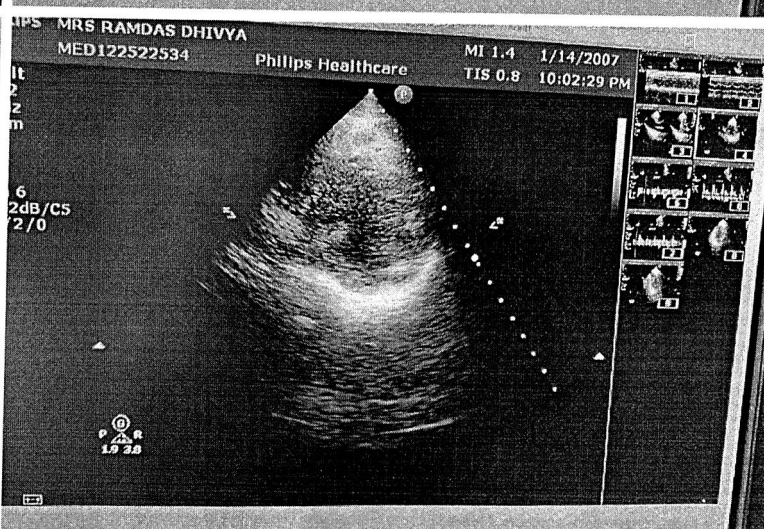
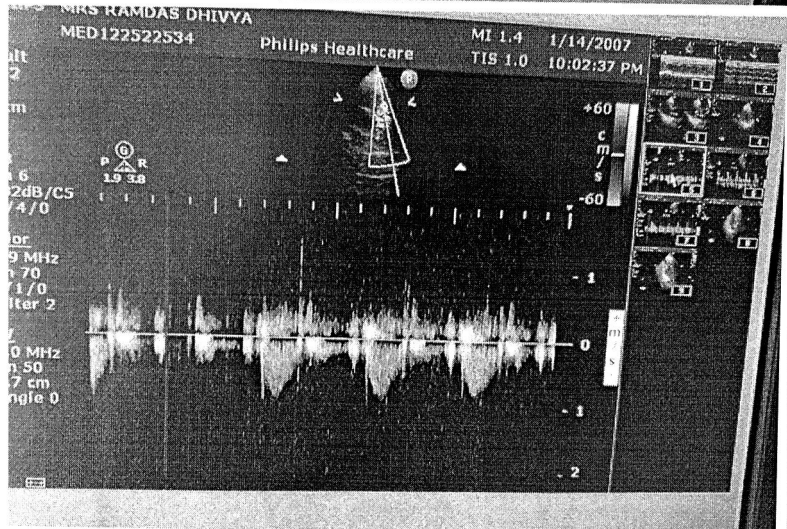
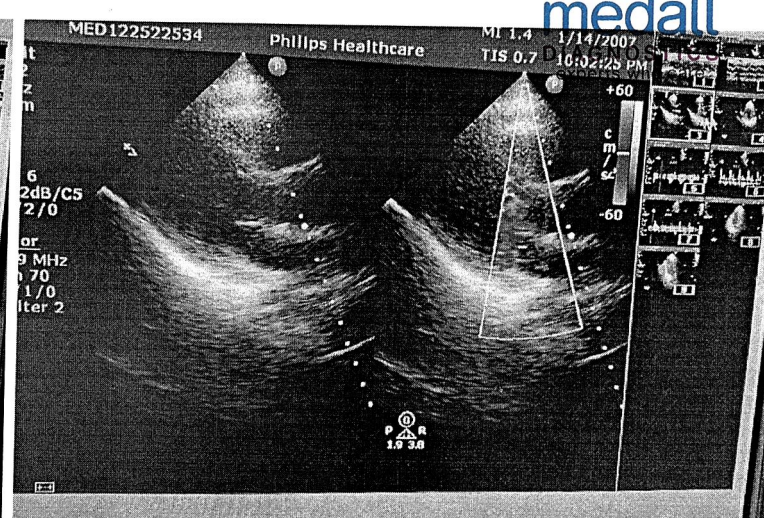
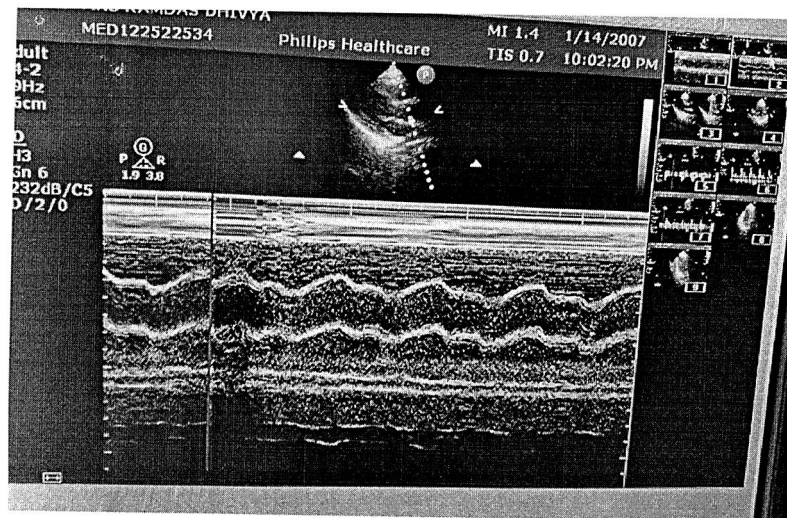
➤ *Normal colour flow studies.*

DONE BY:VIJAYALAKSHMI.P

Radha Priya.Y

DR.RADHA PRIYA.Y
Consultant Cardiologist





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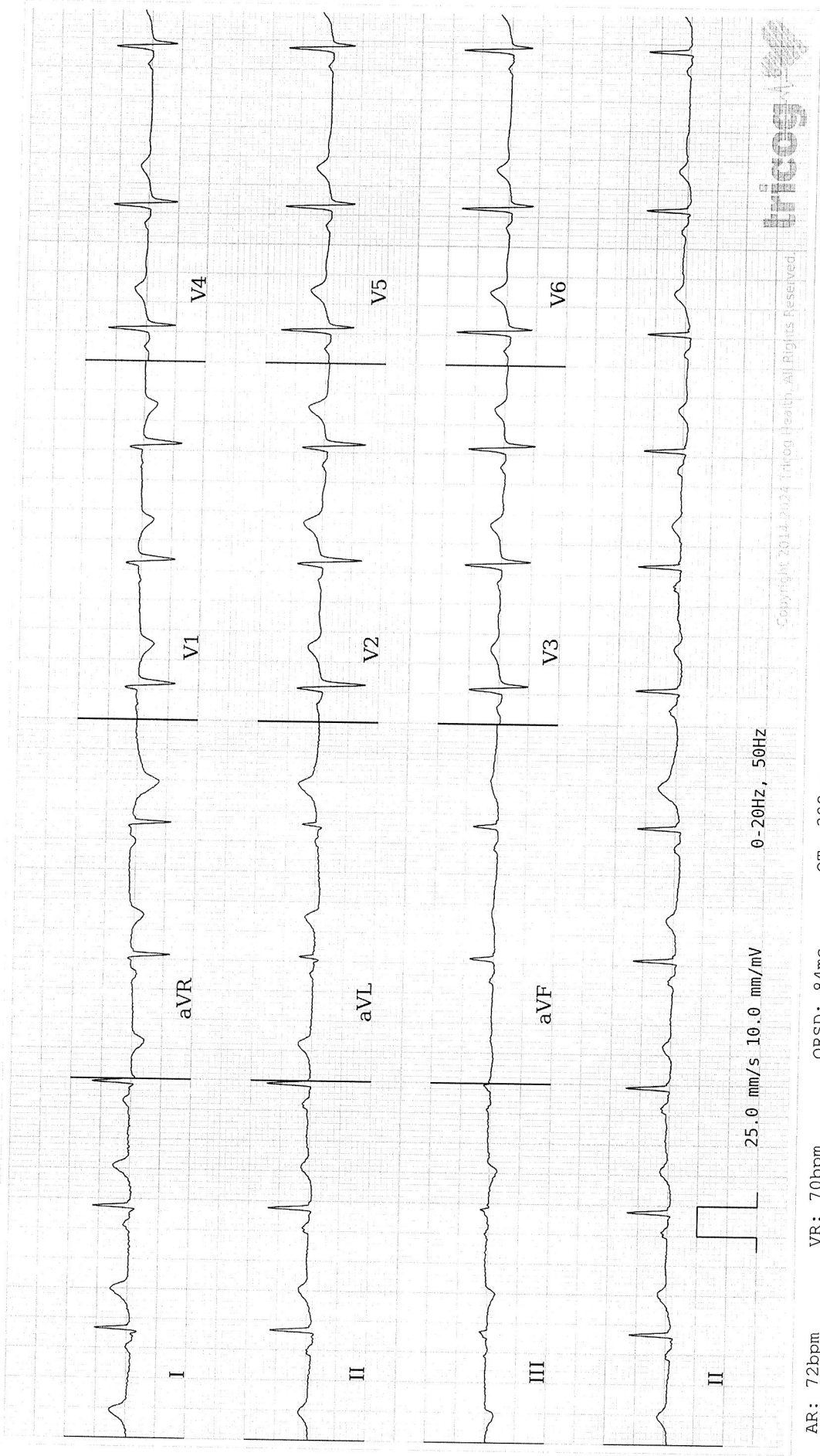


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MEDALL DIAGNOSTIC CENTER KILPAUK

Age / Gender: 31/Female Date and Time: 29th Mar 24 10:04 AM
Patient ID: med122522534
Patient Name: Mrs ramdas dhivyaa



AR: 72bpm VR: 70bpm QT: 382ms QTcB: 412.61ms PRI: 154ms P-R-T: 34° 37° 7°

ECG Within Normal Limits: Sinus Rhythm, Sinus Arrhythmia Seen. Please correlate clinically.

REPORTED BY



Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.