

Name : Mr. MANOJ KASERA (55 /M)

Date : 01/04/2024

Address : 63,DUMDUM PARK, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001473859

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH202085



CHIEF COMPLAINTS

For corporate health checkup
H/O Colon cancer, had surgery in 2011 and
recurrence surgery in 2021

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma
Cancer Type of Cancer - Colon;
Treatment - Surgery done;
- Under the care of
Oncologist



DRUG ALLERGY

NO KNOWN ALLERGY

:01/04/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Symptoms - bloating; Bowel
habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

Vision - normal with glasses

ENT

Hearing loss both ears - moderate

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- hyperpigmentation



Present medications

- Nil



Past medical history

Do you have any - No
allergies?

Do you have any drug - No
allergies?

Covid 19 - Yes

Hospitalization for - No
Covid 19



Surgical history

Colectomy - in 2011 and 2021



Personal history

Marital status - Married

No. of children - 3

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - Yes

Chews tobacco since - 20 yrs

Physical activity - Mild



Family history

Father - has expired

Mother - has expired

Brothers - 1

Sisters - 2

Hypertension - mother

Coronary artery - none
disease

Cancer - father, sister

Type - Colon

PHYSICAL EXAMINATION



General

Build - over weight
Height - 170
Weight - 77
BMI - 26.64
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 104
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 136
Diastolic(mm of Hg) - 88
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/9P LE:6/
BCVA:RE:N8 LE:N8
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:+0.75/+1.25X5*(6/6)
LE:+1.00/+1.00X165*(6/6)
ADD(BE):+2.50DSPH(N6)
ADVICE:*Glass Rx.*Review
after 1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.5 *	g/dl	●	13.0-17.0
RBC COUNT	4.19 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	36.4 *	%	●	41-53
MCV	86.8	fl	●	83-101
MCH	27.3	pg	●	27-32
MCHC	31.5	%	●	31.5-34.5
RDW	16.8 *	%	●	11.8-14.0
WBC Count	6700	/cu mm	●	4000-10000
Platelet Count	3.39	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	23	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	32 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	10	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	1-2	/hpf		

Epithelial Cells	Occasional/hpf
Casts:	Found
Granular	Occasional/hpf
Crystals:	Not Found
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	35	U/L	●	0-50
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	86	U/L	●	43-115
AST (SGOT) - SERUM	31	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	209 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.3	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range

● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 68 * U/L ● 0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.19 ng/ml ● 0.87-1.78

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 86 mg/dL ● 70-99

TOTAL T4: THYROXINE - SERUM 9.46 µg/dL ● 5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 180 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 150 * mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.41 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.0 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.7 mg/dL ● 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 67 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 130 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 12 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 1.9 ng/mL ● 0.00-6.50

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.1 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 13.1 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3 ● 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

BUN/CREATININE RATIO

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BUN/CREATININE RATIO 10.2

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Cholelithiasis.
- * Prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

6

ACCEPTABLE SCORE

8

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515