

**MEDICAL HEALTH CHECK- UP ASSESMENT FORM**

NAME : Mr / Mrs *✓* Rohan Sadashiv Suryagandh DATE: 29/3/24

AGE : 38yrs

SEX: Male / Female

NMU: NMU000 49406

DOCTOR'S NAME:  
Health-Package

TEMP :	<u>97.6</u>	° f	BP :	<u>130/81</u>	mmHg
PULSE :	<u>92</u>	b/m	HEIGHT :	<u>170</u>	cm
RR :	<u>20</u>	b/m	WEIGHT :	<u>81.8</u>	kg
SPO2 :	<u>100 % RA</u>		HGT:	<u>—</u>	

**REMARK:**



# DEPARTMENT OF OPHTHALMOLOGY

# MEDICOVER HOSPITALS

DATE: 29/03/24

PATIENT NAME: Mrs Rohan Suryagandh AGE / SEX: 38 / M NAVI MUMBAI

UMR NO: NMU0049406

	RE	LE
VA (DISTANCE)	6/12	6/12
VA (NEAR)	Ng	Ng
COLOUR VISION	Normal	Normal

			SPHERE	CYLINDER	AXIS	VA
MRx	O D R		-1.00	—		6/6 <sub>ms</sub>
	O S L	.	-0.75	-0.50	80°	6/6 <sub>ms</sub>

### HISTORY :

- NO H/O systemic illness (DM, HTN, Thyroid) NO H/O spectacle
- NO H/O ocular trauma Allergies & surgeries.

### OCULAR FINDINGS :

- . Ant seg < B.P.w.c. dryness ⊕
- . 0m - B.P.w.c

### ADVICE:

- 1) add zivifresh 1-1x1
- 2) Day CBT (1)
- 11) glass @ CARC/Blueblow.





**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. ROHAN SADASHIV SURYAGANDH	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64155/NMU0049406	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:39 am	<b>Report Date</b> : 29-Mar-24 06:01 pm

**FINAL REPORT**

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
<b>CUE(COMPLETE URINE EXAMINATION)</b>				
<b><u>PHYSICAL EXAMINATION</u></b>				
<b>VOLUME</b>	Urine	30ML		
<b>COLOUR</b>		PALE YELLOW	PALE YELLOW	
<b>APPEARANCE</b>		CLEAR	CLEAR	
<b>DEPOSIT</b>		ABSENT	ABSENT	
<b><u>CHEMICAL EXAMINATION</u></b>				
<b>SPECIFIC GRAVITY</b>	Urine	1.010	1.000 - 1.030	Dipstick
<b>PH</b>		5.0	5.0 - 8.0	Dipstick
<b>PROTEIN</b>		NEGATIVE	NEGATIVE	Dipstick/Heat coagulation test
<b>GLUCOSE</b>		ABSENT	ABSENT	Dipstick/Benedict's test
<b>UROBILINOGEN</b>		NORMAL	NORMAL	Dipstick
<b>KETONE</b>		NEGATIVE	NEGATIVE	Dipstick/Rothera's Nitroprusside test.
<b>BILIRUBIN</b>		NEGATIVE	NEGATIVE	Dipstick/Fouchet's test
<b>BILE SALT</b>		NEGATIVE	NEGATIVE	Hay's sulphur powder test
<b>BILE PIGMENT</b>		NEGATIVE	NEGATIVE	Fouchet test
<b>NITRITE</b>		NEGATIVE	NEGATIVE	Dipstick
<b>LEUCOCYTE ESTERASE</b>		NEGATIVE	NEGATIVE	
<b><u>MICROSCOPIC EXAMINATION</u></b>				
<b>PUS CELLS</b>	Urine	6-8	0 - 5 /hpf	MICROSCOPIC EXAMINATION
<b>RBC</b>		NIL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
<b>EPITHELIAL CELLS</b>		OCCASIONAL	0 - 5 /hpf	MICROSCOPIC EXAMINATION
<b>CRYSTALS</b>		NIL	NIL	MICROSCOPIC EXAMINATION
<b>CASTS</b>		NIL	NIL	MICROSCOPIC EXAMINATION
<b>BACTERIA</b>		ABSENT		MICROSCOPIC EXAMINATION
<b>YEAST</b>		ABSENT		MICROSCOPIC EXAMINATION
<b>AMORPHOUS DEPOSITS</b>		ABSENT		MICROSCOPIC EXAMINATION
<b>SPERMATOZOA</b>				MICROSCOPIC EXAMINATION
<b>MUCUS THREAD</b>		ABSENT		MICROSCOPIC EXAMINATION
<b>NOTE</b>		Microscopic examination of urine is carried out on centrifuged urinary sediment.		





**MEDICOVER**  
HOSPITALS

**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. ROHAN SADASHIV SURYAGANDH	<b>Age /Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64155/NMU0049406	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:39 am	<b>Report Date</b> : 29-Mar-24 06:01 pm

**Parameters**

**Specimen**

**Result**

**Biological Reference In Method**

\*\*\* End Of Report \*\*\*





**DEPARTMENT OF LABORATORY**

NAVI MUMBAI

<b>Patient Name</b> : Mr. ROHAN SADASHIV SURYAGANDH	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64155/NMU0049406	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:44 am	<b>Report Date</b> : 29-Mar-24 03:12 pm

**FINAL REPORT**

**Parameter**                      **Specimen**      **Result Values**      **Biological Reference**      **Method**

**COMPLETE BLOOD COUNT**

**RBC**

R B C COUNT	Blood	7.46	4.5 - 5.5 10 <sup>6</sup> /μL
HEMOGLOBIN		15.2	13.0 - 17.0 g/dl
PCV/HCT		47.6	40 - 50 % 36 - 46 %
MCV		64	83 - 101 fl 83 - 101 fl
MCH		20.4	27 - 32 pg
MCHC		31.9	31.5 - 34.5 g/dL
RDW(cv)		16.1	11.6 - 14.0 %

**PLATELETS**

PLATELET COUNT	Blood	225	150 - 400 10 <sup>3</sup> /μL
MPV		9.5	7.5 - 11.5 fl

**WBC**

TC (TOTAL LEUCOCYTE COUNT)	Blood	7.3	4.0 - 11.0 10 <sup>3</sup> /μl
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**DIFFERENTIAL COUNT**

NEUTROPHILS	Blood	38	40 - 80 %
LYMPHOCYTES		50	20 - 40 %
MONOCYTES		06	02 - 10 %
EOSINOPHILS		06	00 - 06 %
BASOPHILS		00	00 - 01 %

PERIPHERAL SMEAR  
EXAMINATION

RBC  
Mild anisocytosis moderate poikilocytosis.  
Microcytic hypochromic with ovalocytes,  
elliptocytes, tear drop cells and some target  
cells.

WBC  
Normal morphology.

PLATELETS  
Adequate in smear.

ADVISED  
Haemoglobin electrophoresis/ HPLC assay.

<b>ESR</b>	CITRATED BLOOD	05	0 - 10 mm/1st hour	WESTERGREN`S METHOD
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\*\*\* End Of Report \*\*\*





**MEDICOVER**  
HOSPITALS

**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. ROHAN SADASHIV SURYAGANDH	<b>Age /Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64155/NMU0049406	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:44 am	<b>Report Date</b> : 29-Mar-24 03:08 pm

Parameters

Specimen

Result

Biological Reference In Method





**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. ROHAN SADASHIV SURYAGANDH	<b>Age /Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64155/NMU0049406	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:44 am	<b>Report Date</b> : 29-Mar-24 02:14 pm

**FINAL REPORT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
<b>FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)</b>				
FASTING BLOOD GLUCOSE		134	Normal Range : 70 - 99 mg/dL	Hexokinase
<b>SERUM CREATININE</b>				
CREATININE		0.81	0.8 - 1.3 mg/dl	Method : jaffe
<b>BUN / CREATININE RATIO</b>				
BUN (Blood Urea Nitrogen.)		13	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.81	0.8 - 1.3 mg/dL	
BUN / CREATININE RATIO		16.0	10 - 20	
<b>LFT(LIVER FUNCTION TEST)</b>				
TOTAL BILIRUBIN		0.7	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.2	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.5	<= 1.0 mg/dL	
SGPT (ALT)		23	<= 41 U/L	Method : UV without P5P
SGOT (AST)		22	<= 40 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		76	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		8.0	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		4.9	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		3.1	2.5 - 3.5 g/dL	
A/G RATIO		1.58	1.2 - 2.5	
GAMMA GLUTAMYL TRANSFERASE(GGT)		32	10 - 71 U/L	Method : G-glutamyl-carboxy-nitr oanilide - IFCC Ref.
<b>BUN(BLOOD UREA NITROGEN)</b>				
BUN (Blood Urea Nitrogen.)		13	7.0 - 21.0 mg/dL	Calculated
<b>TOTAL PROTEIN</b>				
TOTAL PROTEINS		8.0	6.0 - 8.0 g/dL	Method : Biuret method
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL		220	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric





**DEPARTMENT OF LABORATORY**

**NAVI MUMBAI**

<b>Patient Name</b> : Mr. ROHAN SADASHIV SURYAGANDH	<b>Age /Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : NMBC64155/NMU0049406	<b>Referred By</b> : Dr. DMO
<b>Received Dt</b> : 29-Mar-24 10:44 am	<b>Report Date</b> : 29-Mar-24 05:14 pm

<b>Parameters</b>	<b>Specimen</b>	<b>Result</b>	<b>Biological Reference In</b>	<b>Method</b>
HDL CHOLESTEROL		45	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric
LDL CHOLESTEROL		145	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	Direct-Enzymatic colorimetric
VLDL		59		
SERUM TRYGLYCERIDES		294	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	METHOD: Enzymatic colorimetric
CHO/HDL RATIO		4.89	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO		3.22		
SERUM URIC ACID		6.4	3.4 - 7.0 mg/dL	uricase
<b>T3,T4 AND TSH</b>				
T3		89.74	70 - 204 ng/dL	Method : ECLIA
T4		5.09	5.1 - 14.1 ug/dL	Method : ECLIA
TSH (THYROID STIMULATING HORMONE)		1.37	0.270 - 4.20 uIU/mL	Method : ECLIA
<b>PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)</b>				
PLBS (POST LUNCH BLOOD GLUCOSE)		206	110 - 180 mg/dL	Hexokinase
URINE SUGAR		(+)		Dipstick
<b>HBA1C (GLYCOSYLATED HAEMOGLOBIN)</b>				
HBA1C		7.6	< 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic %	TINIA
MPG (Mean Plasma Glucose)		171	Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL	

\*\*\* End Of Report \*\*\*







# MEDICOVER HOSPITALS

## DEPARTMENT OF LABORATORY

NAVI MUMBAI

**Patient Name** : Mr. ROHAN SADASHIV SURYAGANDH **Age / Gender** : 38 Y(s)/Male  
**Bill No/ UMR No** : NMBC64155/NMU0049406 **Referred By** : Dr. DMO  
**Received Dt** : 29-Mar-24 10:44 am **Report Date** : 30-Mar-24 09:41 am

**Parameters**                      **Specimen**      **Result**                      **Biological Reference In Method**

**Lab Incharge**

**Dr. VISHAL MEHROTRA, MD Pathology**  
Consultant Hematologist

Verified By : : 026979

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



<b>Patient ID:</b>	<b>NMU0049406</b>	<b>Patient Name:</b>	<b>ROHAN SADASHIV SURYAGANDH</b>
<b>Age:</b>	<b>38 Years</b>	<b>Sex:</b>	<b>M</b>
<b>Accession Number:</b>	<b>NMBC64155</b>	<b>Modality:</b>	<b>DX</b>
<b>Referring Physician:</b>	<b>DR.DMO</b>	<b>Study:</b>	<b>CHEST</b>
<b>Study Date:</b>	<b>29-Mar-2024</b>	<b>Study Time:</b>	<b>11:16:26</b>

**X RAY CHEST PA VIEW**

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

**Impression:**

**No significant abnormality is seen.**



**Dr. Ashwin Y.**  
M.D. (Radio-Diagnosis)



**MEDICOVER**  
HOSPITALS

NAVI MUMBAI

Rohan.

S/B: Dr. Mandira Kamble

O/E: stain<sup>+</sup> Calculus<sup>+</sup>.

Advice:- oral prophylaxis.

mjkamble

**Dr Mandira Sushil Kamble**  
**MDS in Conservative Dentistry And Endodontics**  
**Reg. No. A-43282**



<b>Patient ID:</b>	NMU0049406	<b>Patient Name:</b>	ROHAN SADASHIV SURYAGANDH
<b>Age:</b>	38 Years	<b>Sex:</b>	M
<b>Accession Number:</b>	NMBC64155	<b>Modality:</b>	US
<b>Referring Physician:</b>	DR.DMO	<b>Study:</b>	USG ABDOMEN WHOLE
<b>Study Date:</b>	29-Mar-2024	<b>Study Time:</b>	11:22:45

### USG WHOLE ABDOMEN

LIVER is normal in size, normal in shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears partially distended with normal wall thickness. There is no obvious calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

Urinary Bladder is adequately distended; no e/o wall thickening or mass or calculi seen. Post-void residue is not significant.

PROSTATE is normal in size, shape & echotexture.


Visualised bowel loops appear normal. There is no free fluid seen.

*NB:- This scan does not rule out all pathologies related to bowel and appendix.*

### IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



**Dr. Ashwin Y.**  
M.D. (Radio-Diagnosis)



**MEDICOVER**  
HOSPITALS

NAVI MUMBAI

## 2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

Name : Mr. Rohan Suryagandh	Date:-29/03/2024
Age / Sex : 38 Yrs / male	UMR No. 0049406
Referred By : Health check up	

### FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- No mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.  
PASP = 20 mm Hg.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

### IMP:

- No RWMA.
- Trivial TR. No PH.
- Normal LV and RV systolic function.

**DR. SAMEER VANKAR**  
**MD DM CARDIOLOGY**





**MEDICOVER**  
HOSPITALS

**M-MODE MEASUREMENTS:**

NAVI MUMBAI

LA	35	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID(s)	31	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	31	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Nil
AORTIC	7			Nil
TRICUSPID	20			Trivial
PULMONERY	4.4			Nil



HC 49406  
38 Years

ROHAN SURYAGANDH  
Male

3/29/2024 1:26:52 PM

Rate 82 . Sinus rhythm.....normal P axis, V-rate 50- 99  
. Abnormal R-wave progression, early transition.....QRS area>0 in V2  
PR 148 . ST elevation, consider anterior injury.....ST >0.15mV, V1-V5  
QRSD 95  
QT 348  
QTc 407

*21m*  
*↳*

--AXIS--

P 42  
QRS 27  
T 43

- ABNORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis

