

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No. MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Mediwheel Rto - Nagpur
 **KIMS-KINGSWAY**
HOSPITALS

Name: Mr. Suraj Ragashe

Date: 01/04/24

Age: 37yrs Sex: M / F Weight: 67.7 kg Height: 164.3 inc BMI: 25.1

BP: 140/79 mmHg Pulse: 94/min bpm RBS: _____ mg/dl
SpO2: 96%



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.:1800 266 8346|**Mobile No.:**+91-7126789100
Email :assistance@kimshospitals.com|**Website :**www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

SURAJ RAGASHE 37Y(S) 0M(S) 1D(S)/M MRNP2425000007 9960599416	CONSULT DATE : 01-04-2024 CONSULT ID : OPC2425000055 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : **Pulse :** **BP (mmHg) :** **spO2 :** **Pain Score :** **Height :**
-- °F -- /min -- %RA -- /10 -- cms
Weight : **BMI :**
-- kgs --

CHIEF COMPLAINTS

ROUTINE CHECK UP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

NEAR ADDITION

RIGHT EYE	00	N6
LEFT EYE	00	N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :01-04-2024 11:08:49

Dr. Rahul Atara
BDS, MDS (Endodontics)
Sr. Consultant Dental Surgeon
Reg. No: A-16347



Name: Mr Suraj Ragashe Date: 01.04.24

Age: 37yr Sex: M/F Weight: _____ kg Height: _____ Inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

PMH :- Nil.

O/E lower 6t

Open down 6t s/o Deep cavities.

Adv Ref + crown 6t

V. Atara



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SURAJ RAGASHE
Age /Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 09:22 am
Report Date : 01-Apr-24 11:36 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.8	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.5	40.0 - 50.0 %	Calculated
RBC Count		5.03	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		86	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.0	31.5 - 35.0 g/l	Calculated
RDW		15.5	11.5 - 14.0 %	Calculated
Platelet count		143	150 - 450 10^3 /cumm	Impedance
WBC Count		5100	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		52.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		37.8	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.4	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		6.8	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2652	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. SURAJ RAGASHE	Age /Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 09:18 am	Report Date : 01-Apr-24 10:50 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	98	< 100 mg/dl	GOD/POD,Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	4.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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COMMENT

In view of S-window of 38.4% in HbA1c graph,
advised HPLC to rule out hemoglobinopathy.
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. SURAJ RAGASHE
Age /Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 09:22 am
Report Date : 01-Apr-24 11:16 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.68	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.30	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.38	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		86	38 - 126 U/L	Duel wavelength spectrophotometric pNPP/AMP buffer
SGPT/ALT		15	10 - 40 U/L	
SGOT/AST		20	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.97	6.3 - 8.2 gm/dl	Kinetic with pyridoxal 5 phosphate
Albumin Serum		4.53	3.5 - 5.0 gm/dl	Biuret (Alkaline cupric sulphate)
Globulin		3.44	2.0 - 4.0 gm/dl	Bromocresol green Dye Binding
A/G Ratio		1.3		Calculated

*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. SURAJ RAGASHE
Age / Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007
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Report Date : 01-Apr-24 11:16 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	152	Enzymatic(CHE/CHO/POD)
Triglycerides		< 200 mg/dl	
HDL Cholesterol Direct		< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
LDL Cholesterol Direct		> 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
VLDL Cholesterol		< 100 mg/dl	Enzymatic
Tot Chol/HDL Ratio		< 30 mg/dl	Calculated
		3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	10 yrs risk <10% >160	<160
	>190, optional at 160-189	<160

*** End Of Report ***

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. SURAJ RAGASHE	Age /Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 09:22 am	Report Date : 01-Apr-24 11:16 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.46	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.16	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.37	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. SURAJ RAGASHE
Age / Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 09:22 am
Report Date : 01-Apr-24 11:16 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	13	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		1.0	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		99.4	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		146	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.12	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SURAJ RAGASHE	Age / Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 10:31 am	Report Date : 01-Apr-24 11:31 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	20 ml	
Colour.		Yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0 Indicators
Specific gravity		1.020	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. SURAJ RAGASHE **Age / Gender** : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 10:31 am **Report Date** : 01-Apr-24 11:31 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

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Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. SURAJ RAGASHE
Age /Gender : 37 Y(s)/Male
Bill No/ UMR No : BIL2425000019/MRNP2425000007
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 01-Apr-24 09:22 am
Report Date : 01-Apr-24 11:50 am

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MR SURAJ RAGASHE	AGE /SEX:	37 Y/ M
UMR NO:	MRNP2425000007	BILL NO:	BIL2425000019-9
REF BY	DR. VIMMI GOEL	DATE:	01/04/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- **No pleuro-parenchymal abnormality seen.**



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. SURAJ RAGASHE	AGE /SEX:	37Y/M
UMR NO:	2425000007	BILL NO:	24250000019
REF BY	DR. VIMMI GOEL	DATE:	01/04/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.

No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

There is no free fluid seen.

IMPRESSION:

No other significant abnormality seen.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]



Dr. Juhi Meshram
Resident Doctor

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Suraj, Ragashe
Patient ID: 000007
Height:
Weight:
Study Date: 01.04.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 10.12.1987
Age: 36yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

Nil

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	88	130/80	
	WARM-UP	00:35	0.70	0.00	100		
EXERCISE	STAGE 1	03:00	1.70	10.00	137	130/80	
	STAGE 2	02:19	2.50	12.00	160	140/80	
RECOVERY		01:00	0.00	0.00	110	140/80	
		02:00	0.00	0.00	99	130/80	
		00:26	0.00	0.00	99	120/80	

The patient exercised according to the BRUCE for 5:18 min:s, achieving a work level of Max. METS: 7.00. The resting heart rate of 94 bpm rose to a maximal heart rate of 160 bpm. This value represents 86 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 140/90 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia at low work load.

Physical deconditioning noted.

To be correlated clinically.


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg. No.: 2014/01/0113

MR SURAJ RAGASHE
Male

01-Apr-24 9:02:45 AM
KIMS-KINGSWAY HOSPITALS

PHC DEPT.

37 Years

Rate 97 Sinus rhythm
PR 129 ST elev, probable normal early repol pattern
QRS 83 Baseline wander in lead(s) V2
QT 320
QTc 407

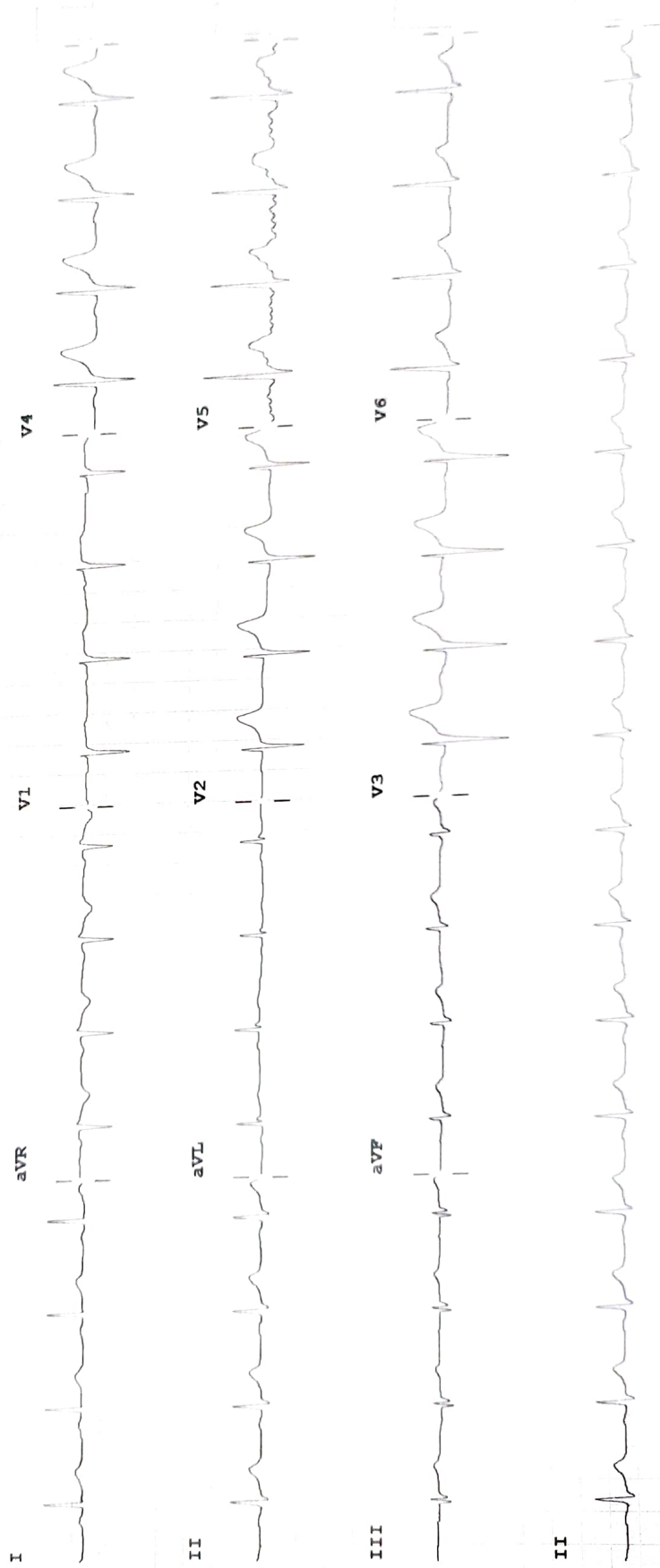
--AXIS--

P 30
QRS 15
T 55

12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50-0.50-150 Hz W 100B CLP

P7

PHILIPS