

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Ritesh shahu. Date: 27/4/24.

Age: 33y Sex: M Weight: 63.7 kg Height: 172.9 inc BMI: 21.3

BP: 114/78 mmHg Pulse: 64/m bpm RBS: _____ mg/dl

SpO2: 99%

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

RITESH SHAHU 33Y(S) 0M(S) 0D(S)/M MRNP2425002770 9518531918	CONSULT DATE : 27-04-2024	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
	CONSULT ID : OPC2425009513	
	CONSULT TYPE :	
	VISIT TYPE : NORMAL	
	TRANSACTION TYPE :	

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 - °F - /min - %RA - /10 - cms
 Weight : BMI :
 - kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	LUPI HA 10ML EYE DROPS	Topical	1-1-1-1	Every Day	NA	2 months
		Instructions : BOTH EYES				
Composition : SODIUM HYALURONATE 0.1% W/V						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
-----	-----	-----	------	--------

RIGHT EYE	00	00	00	6/6
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LEFT EYE	00	00	00	6/6
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NEAR ADDITION

RIGHT EYE			00	N6
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LEFT EYE			00	N6
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REMARK-BLUE CUT GLASSES

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :27-04-2024 12:18:59



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RITESH SHAHU	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 09:43 am	Report Date : 27-Apr-24 11:45 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	15.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		44.9	40.0 - 50.0 %	Calculated
RBC Count		5.88	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		76	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		25.8	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.8	31.5 - 35.0 g/l	Calculated
RDW		15.5	11.5 - 14.0 %	Calculated
Platelet count		279	150 - 450 10^3 /cumm	Impedance
WBC Count		8000	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils		53.3	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		28.3	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		13.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4264	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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Received Dt : 27-Apr-24 09:43 am	Report Date : 27-Apr-24 11:45 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2264	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		1104	20 - 500 /cumm	Calculated
Absolute Monocyte Count		360	200 - 1000 /cumm	Calculated
Absolute Basophil Count		8	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		02	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RITESH SHAHU	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 09:42 am	Report Date : 27-Apr-24 11:45 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	241	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		378	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	9.6	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RITESH SHAHU	Age / Gender : 33 Y(s)/Male
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LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	143	Enzymatic(CHE/CHO/POD)
Triglycerides		77	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		35	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		100.34	Enzymatic
VLDL Cholesterol		15	Calculated
Tot Chol/HDL Ratio		4	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RITESH SHAHU
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 09:43 am
Report Date : 27-Apr-24 11:45 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.81	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.25	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.56	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		81	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		20	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		17	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.21	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.34	3.5 - 5.0 gm/dl	Calculated
Globulin		2.87	2.0 - 4.0 gm/dl	
A/G Ratio		1.51		

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RITESH SHAHU **Age /Gender** : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 09:43 am **Report Date** : 27-Apr-24 11:45 am

RFT

Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	18	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.28	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		164.5	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
Potassium		3.81	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Name : Mr. RITESH SHAHU	Age /Gender : 33 Y(s)/Male
UMR No : BIL2425006922/MRNP2425002770	Referred By : Dr. Vimmi Goel MBBS,MD
ed Dt : 27-Apr-24 09:43 am	Report Date : 27-Apr-24 11:45 am

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urea	Serum	18	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.28	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
eGFR		164.5	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
Potassium		3.81	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

For Clinical Correlation * If necessary, Please

Phone : 11100026

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Dr. GAURI HARDIK MD

CONSULTANT



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RITESH SHAHU
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 09:43 am
Report Date : 27-Apr-24 11:45 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.03	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.29	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.08	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. RITESH SHAHU	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 12:31 pm	Report Date : 27-Apr-24 01:25 pm

URINE SUGAR

Parameter
Urine Glucose

Result Values

4+ (Approx
1000mg/dl)
postmeal sample
*** End Of Report ***

NOTE:

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RITESH SHAHU	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 10:46 am	Report Date : 27-Apr-24 12:50 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.015	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		4+ (Approx 1000mg/dl)	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RITESH SHAHU
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 10:46 am
Report Date : 27-Apr-24 12:50 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Casts		Absent	Absent
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. RITESH SHAHU
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 10:46 am
Report Date : 27-Apr-24 01:25 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	4+ (Approx 1000mg/dl) *** End Of Report ***		STRIP

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. RITESH SHAHU	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2425006922/MRNP2425002770	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 27-Apr-24 09:43 am	Report Date : 27-Apr-24 01:15 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	RITEESH SHAHU	STUDY DATE	27-04-2024 10:48:41
AGE/ SEX	33Y 1D / M	HOSPITAL NO.	MRNP2425002770
ACCESSION NO.	BIL.2425006922-9	MODALITY	DX
REPORTED ON	27-04-2024 12:36	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



Dr Poonam Chiddarwar
MBBS, MD

PATIENT NAME:	MR. RITESH SHAHU	AGE /SEX:	33 YRS/MALE
UMR NO:	2425002770	BILL NO.	2425006922
REFERRED BY	DR. VIMMI GOEL	DATE:	27/04/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture. No evidence of any focal lesion seen.
Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head of PANCREAS is normal in shape and size. Body and tail are obscured.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt – 15.2 gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

**No significant visceral abnormality seen.
Suggest clinical correlation/ further evaluation.**



**DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST**

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Ritesh , Shahu
Patient ID: 002770
Height:
Weight:
Study Date: 27.04.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 05.04.1990
Age: 34yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

DM

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:09	0.00	0.00	87	110/70	
	WARM-UP	00:09	1.00	0.00	91		
EXERCISE	STAGE 1	03:00	1.70	10.00	110	110/70	
	STAGE 2	03:00	2.50	12.00	153	120/70	
	STAGE 3	01:29	3.40	14.00	164		
RECOVERY		01:00	0.00	0.00	126	130/70	
		02:00	0.00	0.00	90	120/70	
		00:22	0.00	0.00			


The patient exercised according to the BRUCE for 7:29 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 65 bpm rose to a maximal heart rate of 164 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg , rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to ST-T changes seen.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: ST-T changes seen.
Overall impression: Borderline Positive.

Conclusions:

TMT is Borderline Positive for inducible ischemia. by ST-T changes seen during exercise & recovery.
No angina.
To be correlated clinically.


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/0170119

PHC DEPT.

Rate 60 . Sinus rhythm.....normal P axis, V-rate 50- 99
PR 135 . Left posterior fascicular block.....trm axis(110,210), init force sup

QRSD 105
QT 391
QTc 391

--AXIS--

P 55
QRS 94
T 60

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis

