

Medi-Wheel

R/O - Ramtek

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Mahendra Atkare Date: 17/04/24

Age: 35 yr Sex: M / F Weight: 62.6 kg Height: 163.9 inc BMI: 23.3

BP: 115/74 mmHg Pulse: 64 min bpm RBS: _____ mg/dl

SpO2 - 98%

FIH - neg
No addictions

Chx /
Lx /
D/A / N

Iw → wired

Sdr.

To see Dr. Susheel Dobrya
for Left Inguinal Hernia


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

Dr. Rahul Atara
BDS, MDS (Endodontics)
Sr. Consultant Dental Surgeon
Reg. No: A-16347

Name : Mr Mahendra Atkare Date : 17.06.24.

Age : _____ Sex : M/F Weight : _____ kg Height : _____ inc BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

OIE Mild calculus
Stain

Spacing auto ulcer.

Adv

Scaling ⊕

Adv

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

MAHENDRA ATKARE 35Y(S) OM(S) OD(S)/M MRNP2425001812 7385276248	CONSULT DATE : 17-04-2024 CONSULT ID : OPC2425006212 CONSULT TYPE VISIT TYPE : NORMAL TRANSACTION TYPE	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
--	---	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 -- °F -- /min -- %RA -- /10 -- cms
 Weight : BMI :
 -- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
-----	-----	-----	------	--------

RIGHT EYE	00	00	00	6/6
-----------	----	----	----	-----

LEFT EYE	00	00	00	6/6
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NEAR ADDITION

RIGHT EYE			00	N6
-----------	--	--	----	----

LEFT EYE			00	N6
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REMARK-



Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 17-04-2024 12:30:11



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHENDRA ATKARE
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:41 am
Report Date : 17-Apr-24 10:37 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.7	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		40.2	40.0 - 50.0 %	Calculated
RBC Count		4.71	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		85	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.6	31.5 - 35.0 g/l	Calculated
RDW		23.9	11.5 - 14.0 %	Calculated
Platelet count		211	150 - 450 10^3 /cumm	Impedance
WBC Count		3500	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		42.0	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		45.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		5.6	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		6.8	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		1470	2000 - 7000 /cumm	Calculated



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Parameter	Specimen	Results	Biological Reference Method
Absolute Lymphocyte Count		1596	1000 - 4800 /cumm
Absolute Eosinophil Count		196	20 - 500 /cumm
Absolute Monocyte Count		238	200 - 1000 /cumm
Absolute Basophil Count		0	0 - 100 /cumm
PERIPHERAL SMEAR			
RBC		Normochromic Normocytic	Calculated
Anisocytosis		Anisocytosis ++(11%-20%)	Calculated
Poikilocytosis		Poikilocytosis +(Few)	Calculated
Target Cells		+	Calculated
Tear Drop Cells		+	
WBC		Leukopenia	
Platelets		Adequate	
E S R		02	0 - 15 mm/hr

*** End Of Report ***

Automated Westergren's Method

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHENDRA ATKARE	Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:40 am	Report Date : 17-Apr-24 12:53 pm

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	85	< 100 mg/dl	GOB/POB, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

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Phone : +91 0712 4788100
GPN: U74886MH2014PTC005010



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. MAHENDRA ATKARE **Age / Gender** : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:41 am **Report Date** : 17-Apr-24 01:31 pm

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	117 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		64 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		42 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		74.16 < 100 mg/dl	Enzymatic
VLDL Cholesterol		13 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3 3 - 5	Calculation

<u>Intiate therapeutic</u>		<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD
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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHENDRA ATKARE **Age / Gender** : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:41 am **Report Date** : 17-Apr-24 12:53 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.29	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.00	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.27	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHENDRA ATKARE
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:41 am
Report Date : 17-Apr-24 01:31 pm

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	1.42	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.27	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		1.15	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		65	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		35	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		27	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.25	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.51	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		2.73	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.65		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss
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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHENDRA ATKARE **Age / Gender** : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:41 am **Report Date** : 17-Apr-24 01:31 pm

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	12	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.84	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		116.6	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		143	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.53	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHENDRA ATKARE
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 11:59 am
Report Date : 17-Apr-24 12:54 pm

URINE SUGAR

Parameter
Urine Glucose
NOTE:

Result Values

Negative
Post Meal Urine Sugar
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHENDRA ATKARE Age / Gender : 35 Y(s)/Male
 Patient No/ UMR No : BIL2425004467/MRNP2425001812 Referred By : Dr. Vimmi Goel MBBS,MD
 Received Dt : 17-Apr-24 09:17 am Report Date : 17-Apr-24 10:41 am

URINE MICROSCOPY

Parameter	Specimen	Results	Method
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	20 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		7.0	4.6 - 8.0
Specific gravity		1.005	1.005 - 1.025
Urine Protein		Negative	Indicators ion concentration
Sugar		Negative	protein error of pH indicator
Bilirubin		Negative	GOD/POD
Ketone Bodies		Negative	Diazonium
Nitrate		Negative	Legal's est Principle
Urobilinogen		Negative	
		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	
R.B.C.		Absent	0 - 4 /hpf Manual
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

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Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 09:17 am
Report Date : 17-Apr-24 10:41 am

Parameter	Specimen	Results	Method
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHENDRA ATKARE
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 09:17 am
Report Date : 17-Apr-24 10:41 am

USF (URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative *** End Of Report ***		STRIP

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. MAHENDRA ATKARE
Age / Gender : 35 Y(s)/Male
Bill No/ UMR No : BIL2425004467/MRNP2425001812
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 17-Apr-24 08:41 am
Report Date : 17-Apr-24 11:34 am

BLOOD GROUPING AND RH

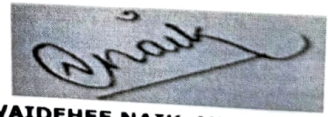
<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" A "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MR. MAHENDRA ATKARE	AGE /SEX:	35 YRS/M
UMR NO:	MRNP2425004467	BILL NO:	2425001812
REF BY	DR. VIMMI GOEL	DATE:	17/04/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- **No pleuro-parenchymal abnormality seen.**



DR. ANIKET KUSRAM
MBBS, MD, DNB
CONSULTANT RADIOLOGIST.

PATIENT NAME:	MR. MAHENDRA ATKARE	AGE /SEX:	35 YRS/M
UMR NO:	MRNP2425004467	BILL NO:	2425001812
REF BY	DR. VIMMI GOEL	DATE:	17/04/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture.

A defect of size 1.3 cm is seen at the left deep inguinal region through which omentum is seen herniating.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

F/suggestive of left indirect inguinal hernia.
No other significant visceral abnormality seen.
Suggest clinical correlation.



DR. ANIKET KUSRAM
MBBS, MD, DNB
CONSULTANT RADIOLOGIST

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Mahendra , Atkare
Patient ID: 001812
Height:
Weight:
Study Date: 17.04.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 07.04.1989
Age: 35yrs
Gender: Male
Race: Indian
Referring Physician: -- *Mediwheel* HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:05	0.00	0.00	74	110/70	
	HYPERV.	00:01	0.00	0.00	74		
	WARM-UP	00:08	1.00	0.00	76		
EXERCISE	STAGE 1	03:00	1.70	10.00	103	110/70	
	STAGE 2	03:00	2.50	12.00	117	120/70	
	STAGE 3	02:56	3.40	14.00	141	130/70	
RECOVERY		01:00	0.00	0.00	99	130/70	
		02:00	0.00	0.00	89	130/70	
		00:37	0.00	0.00	83		

The patient exercised according to the BRUCE for 8:56 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 77 bpm rose to a maximal heart rate of 146 bpm. This value represents 78 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: THR not achieved.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

MR MAHENDRA ATKARE
Male

35 Years

17-Apr-84 9:06:43 AM
KIMS-KINGSWAY HOSPITALS
PBC DEPT.

Rate 55 Sinus rhythm.....normal P axis, V-rate 50-99

PR 161
QRS 94
QT 393
QTc 376

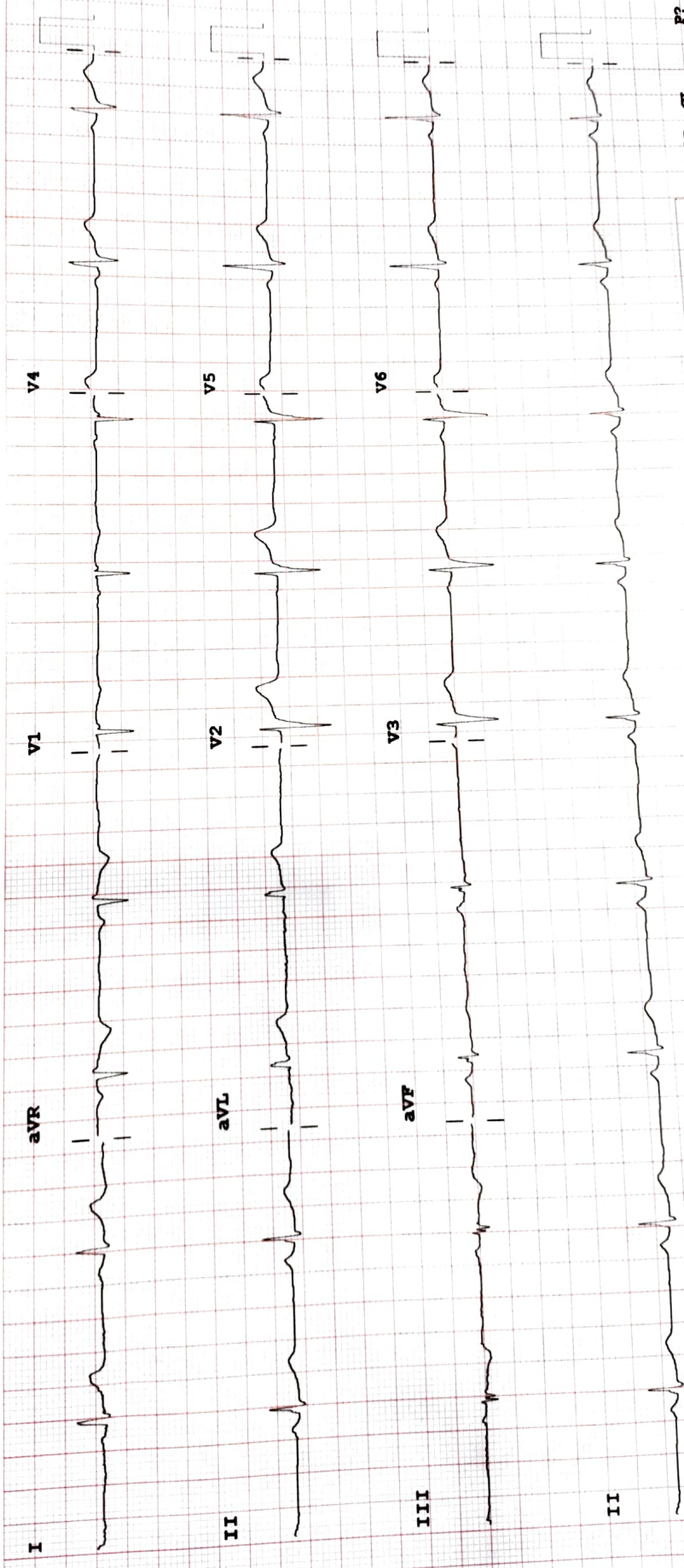
--AXIS--

P 62
QRS 21
T 8

12 Lead; Standard Placement

-- NORMAL ECG --

Unconfirmed Diagnosis



F 50- 0.50-150 Hz W 100B CL P?

Chest: 10.0 mm/mV

Limb: 10 mm/mV

Speed: 25 mm/sec

Device:

PHILIPS