

PATIENT NAME: ANKUR MOHANLAL PARMAR REF. DOCTOR: SELF

CODE/NAME & ADDRESS : C000138364
ARCOFEMI HEALTHCARE LTD (MEDIWHEEL

F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030

8800465156

ACCESSION NO : **0321XA000887** AGE/SEX

PATIENT ID : ANKUM260189321

CLIENT PATIENT ID: ABHA NO : DRAWN :

:

RECEIVED :13/01/2024 10:00:28 REPORTED :16/01/2024 19:51:04

:34 Years

Test Report Status <u>Final</u> Results Biological Reference Interval Units

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

XRAY-CHEST

IMPRESSION PROMINENT BRONCHO VASCULAR MARKINGS NOTED

ECG

ECG NORMAL SINUS RHYTHM

MEDICAL HISTORY

RELEVANT PRESENT HISTORY NOT SIGNIFICANT

RELEVANT PAST HISTORY P/H/O BILATERAL RENAL STONE SURGERY 4 YEARS BACK

RELEVANT PERSONAL HISTORY HABITS:- ALCOHOL OCCASIONALLY

RELEVANT FAMILY HISTORY HYPERTENSION DIABETES

OCCUPATIONAL HISTORY NOT SIGNIFICANT HISTORY OF MEDICATIONS NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.58 mts
WEIGHT IN KGS. 75.0 Kgs

BMI & Weight Status as follows/sqmts

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE NORMAL PHYSICAL ATTITUDE NORMAL

Dr.Sahil .N.Shah

Consultant Radiologist

Dr.Priyank Kapadia Physician

P. V. Kapadia



Page 1 Of 22

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OBESE

GENERAL APPEARANCE / NUTRITIONAL

STATUS

BUILT / SKELETAL FRAMEWORK
FACIAL APPEARANCE
SKIN
NORMAL
UPPER LIMB
NORMAL
LOWER LIMB
NORMAL
NECK
NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

TEMPERATURE NORMAL PULSE 80/MIN RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

PERICARDIUM

APEX BEAT

BP 124/82 MM HG mm/Hg

(SITTING) NORMAL NORMAL

HEART SOUNDS S1, S2 HEARD NORMALLY

MURMURS ABSENT

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST

MOVEMENTS OF CHEST

BREATH SOUNDS INTENSITY

NORMAL

NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS ABSENT

Dr.Sahil .N.Shah Consultant Radiologist Dr. Brivank Kanad

P. V. Kapadia

Dr.Priyank Kapadia Physician





Page 2 Of 22

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View Report



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PER ABDOMEN

NORMAL APPEARANCE

NOT PALPABLE **LIVER NOT PALPABLE SPLEEN**

CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS **NORMAL** CRANIAL NERVES **NORMAL NORMAL** CEREBELLAR FUNCTIONS SENSORY SYSTEM **NORMAL NORMAL** MOTOR SYSTEM **REFLEXES NORMAL**

MUSCULOSKELETAL SYSTEM

NORMAL **SPINE NORMAL** JOINTS

BASIC EYE EXAMINATION

DISTANT VISION RIGHT EYE WITHOUT 6/9

GLASSES

DISTANT VISION LEFT EYE WITHOUT 6/12

GLASSES

NEAR VISION RIGHT EYE WITHOUT GLASSES N/6 NEAR VISION LEFT EYE WITHOUT GLASSES N/6 COLOUR VISION NORMAL

SUMMARY

NOT SIGNIFICANT RELEVANT HISTORY

Dr.Sahil .N.Shah **Consultant Radiologist** P. V. Kapadia

Dr.Priyank Kapadia **Physician**





Page 3 Of 22

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RELEVANT GP EXAMINATION FINDINGS

NOT SIGNIFICANT

HBA1C:- PRE-DIABETIC, MEAN PLASMA GLUCOSE:- HIGH RELEVANT LAB INVESTIGATIONS

S.CHOLESTEROL:- HIGH, TRIGLYCERIDES:- HIGH, LDL:- HIGH, VLDL:-

HIGH

TSH:- HIGH

RELEVANT NON PATHOLOGY DIAGNOSTICS CHEST X-RAY:- PROMINENT BRONCHO VASCULAR MARKINGS NOTED

USG ABDOMEN: - FATTY LIVER, BILATERAL RENAL CONCRETION, LEFT

RENAL CALCULI.

REMARKS / RECOMMENDATIONS 1) HBA1C:- PRE-DIABETIC, MEAN PLASMA GLUCOSE:- HIGH

ADV:- REDUCE INTAKE OF SWEET, SUGAR, STARCH IN DIET, REGULAR

PHYSICAL EXERCISE, REPEAT FBS, PPBS AND HBA1C AND

DIABETOLOGIST OPINION

2) S.CHOLESTEROL:- HIGH, TRIGLYCERIDES:- HIGH, LDL:- HIGH, VLDL:

- HIGH

ADV:- LOW FAT DIET, REGULAR PHYSICAL EXERCISE

3) TSH:- HIGH

ADV: - ENDOCRINOLOGIST OPINION

Comments

OUR PANEL DOCTORS FOR NON-PATHOLOGY TESTS:-

CHECK UP DONE BY: - DR. NAMRATA AGRAWAL (M.B.B.S)

REPORT REVIEWED BY:- DR. PRIYANK KAPADIYA (M.B.B.S DNB MEDICINE)

RADIOLOGIST: - DR. SAHIL N SHAH (M.D.RADIOLOGY)

Dr.Sahil .N.Shah **Consultant Radiologist**

Dr.Priyank Kapadia

P. V. Kapadia

Physician



Page 4 Of 22





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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

FATTY LIVER;

BILATERAL RENAL CONCRETIONS;

LEFT RENAL CALCULI

TMT OR ECHO

CLINICAL PROFILE

2D ECHO:-

- 1) NORMAL CHAMBERS AND VALVES.
- 2) GOOD LV SYSTOLIC FUNCTION. LVEF 60%. NO RWMA AT REST.
- 3) NO MR, AR, TR.
- 4) NORMAL LV COMPLIANCE.
- 5) NO PAH.
- 6) NO LV CLOT, VEGETATION OR PERICARDIAL EFFUSION.
- 7) IAS/IVS INTACT.

Interpretation(s)
MEDICAL

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

Dr.Sahil .N.Shah **Consultant Radiologist**

Dr.Priyank Kapadia **Physician**

P. V. Kapadia



Page 5 Of 22





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Biological Reference Interval Test Report Status Final Results Units

	IAEMATOLOGY - CBC					
MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE						
BLOOD COUNTS,EDTA WHOLE BLOOD						
HEMOGLOBIN (HB)	14.4	13.0 - 17.0	g/dL			
METHOD: PHOTOMETRIC MEASUREMENT						
RED BLOOD CELL (RBC) COUNT METHOD: COULTER PRINCIPLE	6.17 High	4.5 - 5.5	mil/μL			
WHITE BLOOD CELL (WBC) COUNT METHOD: COULTER PRINCIPLE	4.91	4.0 - 10.0	thou/µL			
PLATELET COUNT METHOD: COULTER PRINCIPLE	254	150 - 410	thou/μL			
RBC AND PLATELET INDICES						
HEMATOCRIT (PCV) METHOD: CALCULATED	44.9	40.0 - 50.0	%			
MEAN CORPUSCULAR VOLUME (MCV) METHOD: DERIVED PARAMETER FROM RBC HISTOGRAM	75.2 Low	83.0 - 101.0	fL			
MEAN CORPUSCULAR HEMOGLOBIN (MCH) METHOD: CALCULATED	25.1 Low	27.0 - 32.0	pg			
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD: CALCULATED	33.2	31.5 - 34.5	g/dL			
RED CELL DISTRIBUTION WIDTH (RDW) METHOD: DERIVED PARAMETER FROM RBC HISTOGRAM	15.6 High	11.6 - 14.0	%			
MENTZER INDEX	12.2					
METHOD: CALCULATED PARAMETER MEAN PLATELET VOLUME (MPV) METHOD: DERIVED PARAMETER FROM PLATELET HISTOGRAM	7.5	6.8 - 10.9	fL			
WBC DIFFERENTIAL COUNT						
NEUTROPHILS METHOD: OPTICAL IMPEDENCE & MICROCSOPY	45	40 - 80	%			
LYMPHOCYTES	42 High	20 - 40	%			

Dr.Miral Gajera Consultant Pathologist





Page 6 Of 22

View Report



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Tel: 079-48912999,079-48913999,079-48914999 Email: customer care. ahmed abad@agilus. in

METHOD: OPTICAL IMPEDENCE & MICROCSOPY





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MONOCYTES	9	2.0 - 10.0	%
METHOD: OPTICAL IMPEDENCE & MICROCSOPY			
EOSINOPHILS	4	1.0 - 6.0	%
METHOD: OPTICAL IMPEDENCE & MICROCSOPY			
BASOPHILS	0	0 - 1	%
METHOD: IMPEDANCE			
ABSOLUTE NEUTROPHIL COUNT	2.21	2.0 - 7.0	thou/µL
METHOD: CALCULATED			
ABSOLUTE LYMPHOCYTE COUNT	2.06	1.0 - 3.0	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE MONOCYTE COUNT	0.44	0.2 - 1.0	thou/µL
METHOD: CALCULATED PARAMETER			
ABSOLUTE EOSINOPHIL COUNT	0.20	0.02 - 0.50	thou/µL
METHOD: CALCULATED			
ABSOLUTE BASOPHIL COUNT	0.00 Low	0.02 - 0.10	thou/µL
METHOD: CALCULATED			
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.1		
METHOD: CALCULATED PARAMETER			

MORPHOLOGY

MILD MICROCYTIC HYPOCHROMIC, ANISOCYTOSIS PRESENT(+). **RBC**

METHOD: MICROSCOPIC EXAMINATION

WBC METHOD: MICROSCOPIC EXAMINATION

PLATELETS

METHOD: MICROSCOPIC EXAMINATION

REMARKS

METHOD: MICROSCOPIC EXAMINATION

NORMAL MORPHOLOGY

ADEQUATE

NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITE NOT DETECTED.

Interpretation(s)
BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive

Dr.Miral Gajera **Consultant Pathologist**





Page 7 Of 22

View Report



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Test Report Status Biological Reference Interval Units <u>Final</u>

Results

patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients

A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504

This ratio element is a calculated parameter and out of NABL scope.

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Page 8 Of 22

View Report



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AGE/SEX

PATIENT ID : ANKUM260189321

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HAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

E.S.R 03 0 - 14

mm at 1 hr

METHOD: WESTERGREN METHOD

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE **BLOOD**

Non-diabetic: < 5.7 HBA1C 5.7 %

> Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5Therapeutic goals: < 7.0 Action suggested : > 8.0 (ADA Guideline 2021)

METHOD: HPLC

ESTIMATED AVERAGE GLUCOSE(EAG) 116.9 High < 116.0 mg/dL

Interpretation(s)
ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an ondition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change

TEST INTERPRETATION

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy,

Earloger infection, agring. Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum. Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc.), Hypercholesterolemia False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

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Page 9 Of 22

View Report



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- 1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

 GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:
- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2. Diagnosing diabetes.
- 3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.

- 2. eAG gives an evaluation of blood glucose levels for the last couple of months. 3. eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

HbA1c Estimation can get affected due to :

- 1. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days. 2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
- 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods, falsely increasing results.

 4. Interference of hemoglobinopathies in HbA1c estimation is seen in
- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
- c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

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Page 10 Of 22





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IMMUNOHAEMATOLOGY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE O

METHOD: TUBE AGGLUTINATION

RH TYPE POSITIVE

METHOD: TUBE AGGLUTINATION

Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

Dr.Miral Gajera Consultant Pathologist



Page 11 Of 22

View Details

View Report



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METHOD: HEXOKINASE

METHOD: HEXOKINASE

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BIOCHEMISTRY

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

GLUCOSE FASTING, FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR)

93

74 - 99

mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

PPBS(POST PRANDIAL BLOOD SUGAR)

126

70 - 140

mg/dL

LIPID PROFILE WITH CALCULATED LDL

225 High CHOLESTEROL, TOTAL

Desirable: < 200

mg/dL

BorderlineHigh: 200 - 239

High: > or = 240

mg/dL

METHOD: ENZYMATIC, COLORIMETRIC

225 High TRIGLYCERIDES

Desirable: < 150 BorderlineHigh: 150 - 199

High: 200 - 499 Very High: > or = 500

METHOD: ENZYMATIC, COLORIMETRIC

CHOLESTEROL LDL

NON HDL CHOLESTEROL

VERY LOW DENSITY LIPOPROTEIN

HDL CHOLESTEROL

37 Low

143 High

45.0 High

< 40 Low

> or = 60 High

Adult levels:

mg/dL

mg/dL

Optimal < 100

Near optimal/above optimal:

100-129

Borderline high: 130-159

High: 160-189

Very high: = 190

188 High Desirable: Less than 130

> Above Desirable: 130 - 159 Borderline High: 160 - 189

High: 190 - 219

Very high: > or = 220

< or = 30

mg/dL

mg/dL

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Page 12 Of 22

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Test Report Status	<u>Final</u>	Results	Biological Reference Interval Units
CHOL/HDL RATIO		6.1 High	3.3 - 4.4
LDL/HDL RATIO		3.9 High	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk

Interpretation(s)

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category	1150 / D (11the) obelet out out and upon the unit	, ,		
Extreme risk group	A.CAD with > 1 feature of high risk group			
	B. CAD with > 1 feature of Very high risk g	group or recurrent ACS (within 1 year) despite LDL-C < or =		
	50 mg/dl or polyvascular disease			
Very High Risk	1. Established ASCVD 2. Diabetes with 2 r	najor risk factors or evidence of end organ damage 3.		
	Familial Homozygous Hypercholesterolemia	a		
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ			
	damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary			
	Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque			
Moderate Risk	2 major ASCVD risk factors			
Low Risk	0-1 major ASCVD risk factors			
Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors				
1. Age > or = 45 years in males and > or = 55 years in females 3. Current Cigarette smoking or tobacco use				
2. Family history of premature ASCVD 4. High blood pressure				
5. Low HDL				

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Therapy		
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)	
Extreme Risk Group Category A	<50 (Optional goal < OR = 30)	< 80 (Optional goal <or 60)<="" =="" td=""><td>>OR = 50</td><td>>OR = 80</td></or>	>OR = 50	>OR = 80	
Extreme Risk Group Category B	<or 30<="" =="" td=""><td>$\langle OR = 60 \rangle$</td><td>> 30</td><td>>60</td></or>	$\langle OR = 60 \rangle$	> 30	>60	
Very High Risk	<50	<80	>OR= 50	>OR= 80	
High Risk	<70	<100	>OR= 70	>OR= 100	
Moderate Risk	<100	<130	>OR= 100	>OR= 130	
Low Risk	<100	<130	>OR= 130*	>OR= 160	

^{*}After an adequate non-pharmacological intervention for at least 3 months.

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

Dr.Miral Gajera **Consultant Pathologist**





Page 13 Of 22

PERFORMED AT:

Agilus Diagnostics Ltd. Grand Mall, Opposite Sbi Zonal Office,Sm Road, Ambawadi, Ahmedabad, 380015

Gujrat, India





PATIENT NAME: ANKUR MOHANLAL PARMAR REF. DOCTOR: SELF

CODE/NAME & ADDRESS: C000138364 ACCESSION NO: 0321XA000887 AGE/SEX :34 Years ARCOFEMI HEALTHCARE LTD (MEDIWHEEL

PATIENT ID : ANKUM260189321 F-703, LADO SARAI, MEHRAULISOUTH WEST

CLIENT PATIENT ID: RECEIVED : 13/01/2024 10:00:28 DELHÍ

REPORTED :16/01/2024 19:51:04 ABHA NO **NEW DELHI 110030** 8800465156

	!		
Test Report Status <u>Final</u>	Results	Biological Reference	Interval Units
BILIRUBIN, TOTAL	1.07	Upto 1.2	mg/dL
BILIRUBIN, DIRECT	0.33 High	Upto 0.2	mg/dL
METHOD : DIAZO COLORIMETRIC	0.74	0.00 1.00	
BILIRUBIN, INDIRECT	0.74	0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.1	6.4 - 8.3	g/dL
METHOD : COLORIMETRIC	4.0	25 52	م (ط
ALBUMIN	4.8	3.5 - 5.2	g/dL
METHOD: BROMOCRESOL GREEN GLOBULIN	2.3	2.0 - 4.1	g/dL
	2.1 High	1.0 - 2.0	RATIO
ALBUMIN/GLOBULIN RATIO	_		
ASPARTATE AMINOTRANSFERASE(AST/SGOT)	21	0 - 40	U/L
METHOD: IFCC WITHOUT PYRIDOXAL-5-PHOSPHATE ALANINE AMINOTRANSFERASE (ALT/SGPT)	33	0 - 41	U/L
METHOD : IFCC WITHOUT PYRIDOXAL-5-PHOSPHATE	33	0 41	0 / L
ALKALINE PHOSPHATASE	76	40 - 129	U/L
METHOD : COLORIMETRIC			
GAMMA GLUTAMYL TRANSFERASE (GGT)	28	8 - 61	U/L
METHOD : ENZYMATIC, COLORIMETRIC			
LACTATE DEHYDROGENASE	170	135 - 225	U/L
METHOD : UV ASSAY METHOD			
BLOOD UREA NITROGEN (BUN), SERUM			
BLOOD UREA NITROGEN	6	6 - 20	mg/dL
BEGGS GREAT HERROSER	·	0 20	37 -
CREATININE, SERUM			
CREATININE	0.91	0.70 - 1.30	mg/dL
METHOD : JAFFE ALKALINE PICRATE			
BUN/CREAT RATIO			
	6.50	50 450	
BUN/CREAT RATIO	6.59	5.0 - 15.0	

Dr.Miral Gajera Consultant Pathologist



Page 14 Of 22

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CODE/NAME & ADDRESS: C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

NEW DELHI 110030 8800465156

ACCESSION NO: 0321XA000887 AGE/SEX :34 Years PATIENT ID

DRAWN : ANKUM260189321

98 - 106

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Test Report Status Results **Biological Reference Interval** Units <u>Final</u>

URIC ACID, SERUM

URIC ACID 6.3 3.4 - 7.0mg/dL

TOTAL PROTEIN, SERUM

TOTAL PROTEIN 7.1 6.4 - 8.3g/dL

METHOD: COLORIMETRIC

ALBUMIN, SERUM

g/dL 4.8 3.5 - 5.2 ALBUMIN

METHOD: BROMOCRESOL GREEN

GLOBULIN

GLOBULIN 2.3 2.0 - 4.1g/dL

ELECTROLYTES (NA/K/CL), SERUM

SODIUM, SERUM 136.2 136 - 145 mmol/L METHOD : ISE mmol/L POTASSIUM, SERUM 4.69 3.3 - 5.1METHOD: ISE

105.3

CHLORIDE, SERUM METHOD: ION SELECTIVE ELECTRODE TECHNOLOGY

Interpretation(s)

Sodium Potassium Chloride

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Page 15 Of 22



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mmol/L



REF. DOCTOR: SELF PATIENT NAME: ANKUR MOHANLAL PARMAR

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PATIENT ID : ANKUM260189321 DRAWN

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Test Report Status Results **Biological Reference Interval** Units **Final**

Decreased in: CCF. cirrhosis. Decreased in: Low potassium Decreased in: Vomiting, diarrhea. vomiting, diarrhea, excessive intake, prolonged vomiting or diarrhea, renal failure combined with salt sweating, salt-losing RTA types I and II, deprivation, over-treatment with nephropathy, adrenal insufficiency, hyperaldosteronism, Cushing's diuretics, chronic respiratory acidosis, nephrotic syndrome, water syndrome, osmotic diuresis (e.g. diabetic ketoacidosis, excessive intoxication, SIADH. Drugs: hyperglycemia), alkalosis, familial sweating, SIADH, salt-losing thiazides, diuretics, ACE inhibitors, periodic paralysis, trauma nephropathy, porphyria, expansion of chlorpropamide,carbamazepine,anti (transient). Drugs: Adrenergic agents, extracellular fluid volume, depressants (SSRI), antipsychotics. adrenalinsufficiency, diuretics. hyperaldosteronism, metabolic alkalosis. Drugs: chronic laxative, corticosteroids, diuretics. Increased in: Dehydration Increased in: Massive hemolysis, Increased in: Renal failure, nephrotic (excessivesweating, severe severe tissue damage, rhabdomyolysis, syndrome, RTA, dehydration, vomiting or diarrhea).diabetes acidosis, dehydration, renal failure. overtreatment with Addison's disease, RTA type IV, mellitus, diabetesinsipidus, saline, hyperparathyroidism, diabetes hyperaldosteronism, inadequate hyperkalemic familial periodic insipidus, metabolic acidosis from diarrhea (Loss of HCO3-), respiratory water intake. Drugs: steroids. paralysis. Drugs: potassium salts, licorice.oral contraceptives. potassium-sparing diuretics.NSAIDs. alkalosis.hyperadrenocorticism. beta-blockers, ACE inhibitors, high-Drugs: acetazolamide.androgens. dose trimethoprim-sulfamethoxazole hydrochlorothiazide, salicylates. Interferences: Severe lipemia or Interferences: Hemolysis of sample, Interferences:Test is helpful in hyperproteinemi, if sodium analysis delayed separation of serum, assessing normal and increased anion involves a dilution step can cause prolonged fist clenching during blood gap metabolic acidosis and in spurious results. The serum sodium drawing, and prolonged tourniquet distinguishing hypercalcemia due to falls about 1.6 mEq/L for each 100 placement. Very high WBC/PLT counts hyperparathyroidism (high serum mg/dL increase in blood glucose. may cause spurious. Plasma potassium chloride) from that due to malignancy levels are normal. (Normal serum chloride)

Interpretation(s)

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

Decreased in:Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease,

malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas, tolbutamide, and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within

individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin

treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors &Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys,heart,muscles, and pancreas.It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis, sometimes due to a viral infection, is chemia to the liver, chronic

Dr.Miral Gaiera Consultant Pathologist





Page 16 Of 22

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REF. DOCTOR: SELF PATIENT NAME: ANKUR MOHANLAL PARMAR

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DELHI

NEW DELHI 110030

8800465156

ACCESSION NO: 0321XA000887 AGE/SEX :34 Years

PATIENT ID : ANKUM260189321

CLIENT PATIENT ID: ABHA NO

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Test Report Status Results **Biological Reference Interval Final** Units

hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

Total Protein also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic

syndrome, Protein-losing enteropathy etc. **Albumin** is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism) Causes of decreased level include Liver disease, SIADH.

CREATININE, SERUM-Higher than normal level may be due to: Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to: Myasthenia Gravis, Muscuophy

URIC ACID, SERUM-Causes of Increased levels: Dietary(High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic

syndrome Causes of decreased levels-Low Zinc intake, OCP, Multiple Sclerosis

TOTAL PROTEIN, SERUM-is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. **Higher-than-normal levels may be due to:** Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

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Page 17 Of 22

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PATIENT NAME: ANKUR MOHANLAL PARMAR REF. DOCTOR: SELF

CODE/NAME & ADDRESS: C000138364 ARCOFEMI HEALTHCARE LTD (MEDIWHEEL F-703, LADO SARAI, MEHRAULISOUTH WEST

DELHI

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ACCESSION NO: 0321XA000887 AGE/SEX : 34 Years

PATIENT ID : ANKUM260189321

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Test Report Status Results **Biological Reference Interval Units** <u>Final</u>

CLINICAL PATH - URINALYSIS

NOT DETECTED

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

PHYSICAL EXAMINATION, URINE

COLOR Yellow APPEARANCE Clear

CHEMICAL EXAMINATION, URINE

PH	6.0	4.7 - 7.5
METHOD: REFLECTANCE SPECTROPHOTOMETRY		
SPECIFIC GRAVITY	1.010	1.003 - 1.035

METHOD: REFLECTANCE SPECTROPHOTOMETRY **PROTEIN**

METHOD: REFLECTANCE SPECTROPHOTOMETRY

GLUCOSE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

KETONES

METHOD: REFLECTANCE SPECTROPHOTOMETRY

BLOOD

METHOD: REFLECTANCE SPECTROPHOTOMETRY

BILIRUBIN

METHOD: REFLECTANCE SPECTROPHOTOMETRY

UROBILINOGEN

METHOD: REFLECTANCE SPECTROPHOTOMETRY

NITRITE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

LEUKOCYTE ESTERASE

METHOD: REFLECTANCE SPECTROPHOTOMETRY

NEGATIVE

NOT DETECTED **NEGATIVE**

NOT DETECTED NOT DETECTED

NOT DETECTED NEGATIVE

NOT DETECTED NOT DETECTED

NORMAL NORMAL

NOT DETECTED NOT DETECTED

NOT DETECTED NOT DETECTED

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
METHOD: MICROSCOPIC EXAMINATION			
PUS CELL (WBC'S)	1-2	0-5	/HPF
METHOD: MICROSCOPIC EXAMINATION			
EPITHELIAL CELLS	1-2	0-5	/HPF

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Page 18 Of 22



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PATIENT NAME: ANKUR MOHANLAL PARMAR REF. DOCTOR: SELF CODE/NAME & ADDRESS: C000138364 ACCESSION NO: 0321XA000887 AGE/SEX :34 Years Male ARCOFEMI HEALTHCARE LTD (MEDIWHEEL PATIENT ID DRAWN : ANKUM260189321 F-703, LADO SARAI, MEHRAULISOUTH WEST CLIENT PATIENT ID: RECEIVED: 13/01/2024 10:00:28 DELHI ABHA NO REPORTED :16/01/2024 19:51:04 **NEW DELHI 110030** 8800465156

Test Report Status Results Biological Reference Interval Units <u>Final</u>

METHOD: MICROSCOPIC EXAMINATION

NOT DETECTED **CASTS**

METHOD: MICROSCOPIC EXAMINATION

CRYSTALS NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

BACTERIA NOT DETECTED NOT DETECTED

METHOD: MICROSCOPIC EXAMINATION

YEAST **NOT DETECTED NOT DETECTED**

METHOD: MICROSCOPIC EXAMINATION MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON REMARKS

CENTRIFUGED URINARY SEDIMENT.

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions			
Proteins	Inflammation or immune illnesses			
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind			
	of kidney impairment			
Glucose	Diabetes or kidney disease			
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst			
Urobilinogen	Liver disease such as hepatitis or cirrhosis			
Blood	Renal or genital disorders/trauma			
Bilirubin	Liver disease			
Erythrocytes Urological diseases (e.g. kidney and bladder cancer, urolithiasis),				
	tract infection and glomerular diseases			
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either			
	acute or chronic, polycystic kidney disease, urolithiasis, contamination by			
	genital secretions			
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or			
	bladder catheters for prolonged periods of time			
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration,			
	interaction with Bence-Jones protein			
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal			
	diseases			

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Page 19 Of 22



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Test Report Status Final Results Biological Reference Interval Units

Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

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Page 20 Of 22

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REF. DOCTOR: SELF PATIENT NAME: ANKUR MOHANLAL PARMAR

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Biological Reference Interval **Test Report Status** Results Units **Final**

SPECIALISED CHEMISTRY - HORMONE

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

THYROID PANEL, SERUM

80.0 - 200.0 ng/dL T3 121.50

METHOD: ECLIA

7.57 T4 5.10 - 14.10 μg/dL

METHOD: ECLIA

4.280 High μIU/mL TSH (ULTRASENSITIVE) 0.270 - 4.200

METHOD : ECLIA

Interpretation(s)

Triiodothyronine T3, Thyroxine T4, and Thyroid Stimulating Hormone TSH are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, Free T4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid
					hormone replacement therapy (3) In cases of Autoimmune/Hashimoto
					thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical
					inflammation, drugs like amphetamines, Iodine containing drug and
					dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre
					(3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid
					hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4
					replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism

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Page 21 Of 22



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CODE/NAME & ADDRESS: C000138364

ARCOFEMI HEALTHCARE LTD (MEDIWHEEL
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Test Report Status Final Results Biological Reference Interval Units

6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

End Of Report
Please visit www.agilusdiagnostics.com for related Test Information for this accession

CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. AGILUS Diagnostics confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- 7. Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of queries please call customer care (91115 91115) within 48 hours of the report.

Agilus Diagnostics Ltd

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Page 22 Of 22

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View Report



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