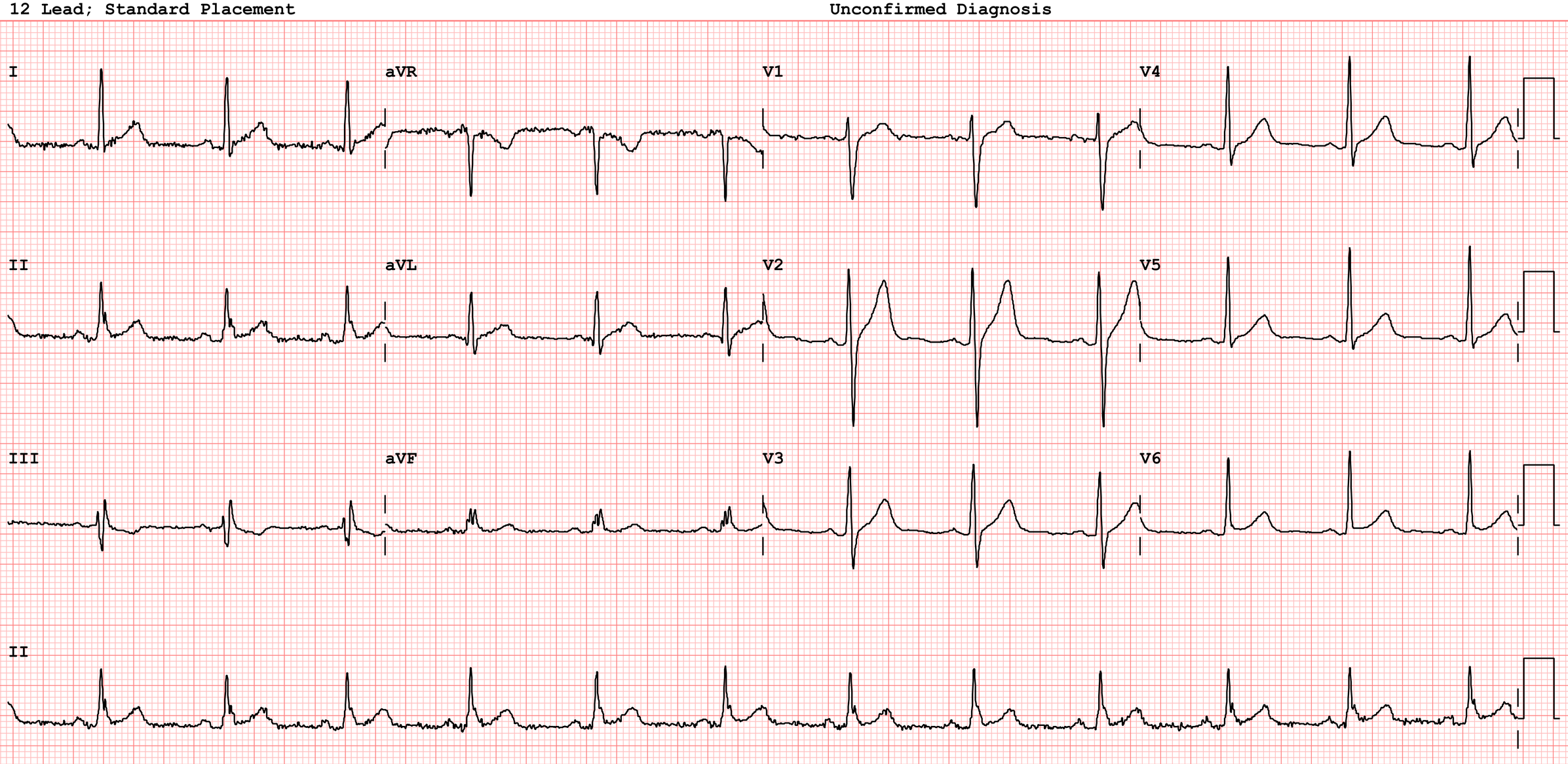
11627666 amir khan 1/15/2024 8:52:04 AM

34 Years Male

Rate	73	. Sinus rhythm	normal P axis, V-rate 50- 99
		. ST elev, probable normal early repol pattern	ST elevation, age<55
PR	160		
QRSD	92		
QT	342		
QTc	377		
--AXIS--			
P	40		
QRS	36		
T	11		

- NORMAL ECG -

12 Lead; Standard Placement Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 60~ 0.15-100 Hz 100B CL P?

Name	:	MR AMIR KHAN	**Age**	:	34 Yr(s) Sex :Male
Registration No	:	MH011627666	**Lab No**	:	31240100607
Patient Episode	:	H03000059259	**Collection Date :**		15 Jan 2024 09:42
Referred By	:	HEALTH CHECK MHD	**Reporting Date :**		15 Jan 2024 12:08
Receiving Date	:	15 Jan 2024 10:33			

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN)
Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

Blood Group & Rh typing	A Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Final Antibody Screen Result	Negative

Technical Note:
ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.
Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell,Duffy,Kidd, Lewis, P,MNS,Lutheran and Xg antigens using gel technique.

----------END OF REPORT----------

Dr Himanshu Lamba

Name	:	MR AMIR KHAN	**Age**	:	34 Yr(s) Sex :Male
Registration No	:	MH011627666	**Lab No**	:	32240105939
Patient Episode	:	H03000059259	**Collection Date :**		15 Jan 2024 09:42
Referred By	:	HEALTH CHECK MHD	**Reporting Date :**		15 Jan 2024 13:30
Receiving Date	:	15 Jan 2024 10:15			

BIOCHEMISTRY

Specimen: EDTA Whole blood

			As per American Diabetes Association(ADA) 2010
HbA1c (Glycosylated Hemoglobin)	5.2	%	[4.0-6.5] HbA1c in % Non diabetic adults : < 5.7 % Prediabetes (At Risk) : 5.7 % - 6.4 % Diabetic Range : > 6.5 %
Methodology	High-Performance Liquid Chromatography(HPLC)		
Estimated Average Glucose (eAG)	103	mg/dl	

Use :

1.Monitoring compliance and long-term blood glucose level control in patients with diabetes.
2.Index of diabetic control (direct relationship between poor control and development of complications).
3. Predicting development and progression of diabetic microvascular complications.

Limitations :

1. A1C values may be falsely elevated or decreased in those with chronic kidney disease.
2.False elevations may be due in part to analytical interference from carbamylated hemoglobin formed in the presence of elevated concentrations of urea, with some assays.
3. False decreases in measured A1C may occur with hemodialysis and altered red cell turnover, especially in the setting of erythropoietin treatment

References : Rao.L.V.,Michael snyder.L.(2021).Wallach's Interpretation of Diagnostic Tests. 11th Edition. Wolterkluwer. NaderRifai,Andrea Rita Horvath,Carl T.wittwer. (2018)Teitz Text book of Clinical Chemistry and Molecular Diagnostics.First edition,Elsevier,South Asia.

Name	:	MR AMIR KHAN	**Age**	:	34 Yr(s) Sex :Male
Registration No	:	MH011627666	**Lab No**	:	32240105939
Patient Episode	:	H03000059259	**Collection Date :**		15 Jan 2024 09:42
Referred By	:	HEALTH CHECK MHD	**Reporting Date :**		15 Jan 2024 11:26
Receiving Date	:	15 Jan 2024 10:13			

BIOCHEMISTRY

Lipid Profile (Serum)

TOTAL CHOLESTEROL (CHOD/POD)	183	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	97	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) Methodology: Homogenous Enzymatic	50	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	19	mg/dl	[10-40]
(CALCULATED)LDL- CHOLESTEROL	**114**	**#mg/dl**	**[<100]** Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	3.7		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	2.3		<3 Optimal 3-4 Borderline >6 High Risk

Note:
Reference ranges based on ATP III Classifications.
Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

Technical Notes:
Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of these tests can identify certain genetic

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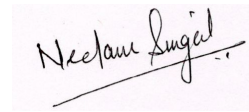
Name	:	MR AMIR KHAN	**Age**	:	34 Yr(s) Sex :Male
Registration No	:	MH011627666	**Lab No**	:	32240105939
Patient Episode	:	H03000059259	**Collection Date :**		15 Jan 2024 09:42
Referred By	:	HEALTH CHECK MHD	**Reporting Date :**		15 Jan 2024 11:26
Receiving Date	:	15 Jan 2024 10:13			

BIOCHEMISTRY

diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases.

----------END OF REPORT----------



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 32240105939
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 09:42
Referred By	: HEALTH CHECK MHD	**Reporting Date :**	15 Jan 2024 11:28
Receiving Date	: 15 Jan 2024 10:13		

BIOCHEMISTRY

THYROID PROFILE, Serum — **Specimen Type : Serum**

T3 - Triiodothyronine (ECLIA)	1.460	ng/ml	[0.800-2.040]
T4 - Thyroxine (ECLIA)	7.910	µg/dl	[4.600-10.500]
Thyroid Stimulating Hormone (ECLIA)	1.910	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.
* References ranges recommended by the American Thyroid Association
1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (Diazonium Ion)	0.77	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (Diazotization)	0.22	mg/dl	[0.00-0.30]
BILIRUBIN - INDIRECT (Calculated)	0.55	mg/dl	[0.20-1.00]
SGOT/ AST (UV without P5P)	35	U/L	[10-50]
SGPT/ ALT (UV without P5P)	**61 #**	**U/L**	**[0-41]**
ALP (p-NPP,kinetic)*	85	U/L	[45-135]
TOTAL PROTEIN (Biuret)	8.3	g/dl	[7.0-9.0]
SERUM ALBUMIN (BCG-dye)	5.2	g/dl	[3.5-5.2]
SERUM GLOBULIN (Calculated)	3.1	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio(Calculated)	1.68		[1.10-1.80]

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Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 32240105939
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 09:42
Referred By	: HEALTH CHECK MHD	**Reporting Date :**	15 Jan 2024 11:27
Receiving Date	: 15 Jan 2024 10:13		

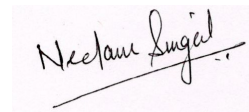
BIOCHEMISTRY

Technical Notes:
Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

Test Name	Result	Unit	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	8.00	mg/dl	[6.00-20.00]
SERUM CREATININE (Jaffe's method)	**0.79 #**	**mg/dl**	**[0.80-1.60]**
SERUM URIC ACID (Uricase)	5.9	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	10.47	mg/dl	[8.00-10.50]
SERUM PHOSPHORUS (Molybdate, UV)	4.0	mg/dl	[2.5-4.5]
SERUM SODIUM (ISE)	137.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	5.00	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE Indirect)	100.2	mmol/L	[95.0-105.0]
eGFR	117.2	ml/min/1.73sq.m	[>60.0]

Technical Note
eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

----------END OF REPORT----------



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 32240105940
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 14:09
Referred By	: HEALTH CHECK MHD	**Reporting Date :**	15 Jan 2024 15:37
Receiving Date	: 15 Jan 2024 14:56		

BIOCHEMISTRY

Specimen Type : Plasma

PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase)	105	mg/dl	[70-140]

Note : Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption , post exercise

Specimen Type : Plasma

GLUCOSE-Fasting (Hexokinase)	93	mg/dl	[74-106]

----------END OF REPORT----------

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 33240103795
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 09:43
Referred By	: HEALTH CHECK MHD	**Reporting Date :**	15 Jan 2024 13:47
Receiving Date	: 15 Jan 2024 10:15		

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR	3.0	mm/1sthour	[0.0-10.0]

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit	Biological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	5630	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.32	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	16.7	g/dL	[13.0-17.0]
Haematocrit (PCV)	49.2	%	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	92.5	fL	[83.0-101.0]
MCH (Calculated)	31.4	pg	[25.0-32.0]
MCHC (Calculated)	33.9	g/dL	[31.5-34.5]
Platelet Count (Impedence)	193000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	12.4	%	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	62.6	%	[40.0-80.0]
Lymphocytes (Flowcytometry)	29.7	%	[20.0-40.0]

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Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 33240103795
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 09:43
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HAEMATOLOGY

Monocytes (Flowcytometry)	5.3	%	[2.0-10.0]
Eosinophils (Flowcytometry)	2.0	%	[1.0-6.0]
Basophils (Flowcytometry)	**0.4 #**	**%**	**[1.0-2.0]**
IG	0.50	%	
Neutrophil Absolute(Flouroscence flow cytometry)	3.5	/cu mm	[2.0-7.0]x10³
Lymphocyte Absolute(Flouroscence flow cytometry)	1.7	/cu mm	[1.0-3.0]x10³
Monocyte Absolute(Flouroscence flow cytometry)	0.3	/cu mm	[0.2-1.2]x10³
Eosinophil Absolute(Flouroscence flow cytometry)	0.1	/cu mm	[0.0-0.5]x10³
Basophil Absolute(Flouroscence flow cytometry)	0.0	/cu mm	[0.0-0.1]x10³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

----------END OF REPORT----------

Lakshita Singh

Dr.Lakshita singh

Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 38240101011
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 09:43
Referred By	: HEALTH CHECK MHD	**Reporting Date :**	15 Jan 2024 13:29
Receiving Date	: 15 Jan 2024 12:00		

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH] (Reflectancephotometry(Indicator Method))	6.0	(5.0-9.0)
Specific Gravity (Reflectancephotometry(Indicator Method))	1.010	(1.003-1.035)
Bilirubin	Negative	NEGATIVE
Protein/Albumin (Reflectance photometry(Indicator Method)/Manual SSA)	Negative	(NEGATIVE-TRACE)
Glucose (Reflectance photometry (GOD-POD/Benedict Method))	NOT DETECTED	(NEGATIVE)
Ketone Bodies (Reflectance photometry(Legal's Test)/Manual Rotheras)	NOT DETECTED	(NEGATIVE)
Urobilinogen Reflactance photometry/Diazonium salt reaction	NORMAL	(NORMAL)
Nitrite Reflactance photometry/Griess test	NEGATIVE	NEGATIVE
Leukocytes Reflactance photometry/Action of Esterase	NIL	NEGATIVE
BLOOD (Reflectance photometry(peroxidase))	NIL	NEGATIVE
MICROSCOPIC EXAMINATION (Manual)	**Method: Light microscopy on centrifuged urine**	
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	2-4 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	

Interpretation:

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Name	: MR AMIR KHAN	**Age**	: 34 Yr(s) Sex :Male
Registration No	: MH011627666	**Lab No**	: 38240101011
Patient Episode	: H03000059259	**Collection Date :**	15 Jan 2024 09:43
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CLINICAL PATHOLOGY

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders
Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria,dehydration, urina tract infections and acute illness with fever
Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.
Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.
Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.
Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.
Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.
Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.
Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.
pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.
Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.
Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.
Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

----------END OF REPORT----------

Dr. Priyanka Bhatia
CONSULTANT PATHOLOGY

Name:	**AMIR KHAN**	Hospital No:	MH011627666
Age:	34Yrs Sex: M	Episode No:	H03000059259
Doctor:	Health Check MHD	Result Date:	16 Jan 2024 10:02
Order:	Tread Mill Test		

EXERCISE STRESS TEST REPORT (TMT)

Findings:

Baseline ECG	NSR
Premedications	Nil

Protocol	Bruce	MPHR	186
Duration of exercise	10 Minutes 31 sec	85% OF MPHR	158
Reason for termination	THR achieved	METS	13.40
Peak achieved	166	%of MPHR achieved	89%

Stage	Time	Heart rate (bpm)	BP (mmHg)	ECG(ST/T changes/arrhythmia)	Sympton
Control	0.00	89	140/90	No ST-T changes	Nil
Stage I	3.00	106	140/90	No ST-T changes	Nil
Stage II	3.00	121	150/90	No ST-T changes	Nil
Stage III	3.00	146	160/90	No ST-T changes	Nil
Stage IV	1.31	166	160/90	No ST-T changes	Nil
Recovery	5.00	100	150/90	No ST-T changes	Nil

Result:

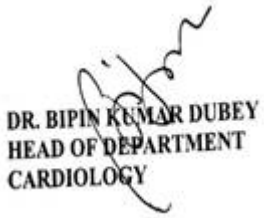
- Normal heart rate and BP response.
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial Ischemia.
- Good effort tolerance.

Please correlate clinically

Name:	**AMIR KHAN**	Hospital No:	MH011627666
Age:	34Yrs Sex: M	Episode No:	H03000059259
Doctor:	Health Check MHD	Result Date:	16 Jan 2024 10:02
Order:	Tread Mill Test		



Dr. Bipin Dubey
CONSULTANT
MBBS ,MD,DM

NAME	**MR Amir KHAN**	**STUDY DATE**	**15/01/2024 9:21AM**
AGE / SEX	**34 y / M**	**HOSPITAL NO.**	**MH011627666**
ACCESSION NO.	**R6717999**	**MODALITY**	**CR**
REPORTED ON	**15/01/2024 11:23AM**	**REFERRED BY**	**Health Check MHD**

X-RAY CHEST – PA VIEW

Cardia appears normal.

Lung fields appear normal on both sides.

Both costophrenic angles appear normal.

Both domes of the diaphragm appear normal.

Bony cage appear normal.

IMPRESSION: No significant abnormality noted.

Kindly correlate clinically.

Dr. Simran Singh DNB, FRCR(UK) DMC N0.36404
CONSULTANT RADIOLOGIST

********End Of Report********