

OP Slip

UHID No :- UD-232416917 OP No :- OP-232441006 OP Date :- 10 Feb 2024
10:41AM
Pt. Name :- Mr Balraj Age/Sex :- 36 Y/Male Mob. No :- 9468190306
Pay Type :- Emp. Credit Token No :- NOR. - 21 Paid :- 0.00
Deptt. :- GENERAL MEDICINE Consultant :- Dr ANURAG KAUSHAL (MD)
Address :- NEW HOUSING BOARD , Empanelment :- Mediwheel
MAKAAN NO . 783,Jind

Present Complaints:

Diagnosis:

Treatment/Preventive Care/Nutrition Advised:

Adv
. Diet .adv .
- Tab. Avas (20) once night = x 20d
dry

Past/Family History:

Drug Allergy (If any):

Examination (Vitals):

BP: 122/78 PR: 71 RR: 14
Temp: 98.6 SPO2: 100%
Weight: 75 Kg Height: 5

Investigations:

Dr. Anurag Kaushal
MD (Medicine)
HMC-1504
Doctor Signatures:

Out Time:

Next Follow-up:

Nutritional Screening: Wt. Loss Loss of Appetite Muscle Wasting Delay Wound Healing Lethargy Decrease Mobility

Pain Scale



OPD Timing : 10:00 AM - 6:00 PM (Sunday Closed)



SHRI BALAJI AROGYAM HOSPITAL

KURUKSHETRA

Patient Demographics

BALRAJ

Patient ID: 232416917

Gender: M

Performed By: DR RISHABH

Comments

NORMAL CHAMBER DIMENSIONS
 IAS/IVS INTACT
 AORTIC ROOT/MPA NORMAL
 NORMAL VALVE MORPHOLOGY
 NO SIGNIFICANT REGURGITATION
 NO RWMA
 NORMAL SYSTOLIC FUNCTION
 NORMAL DIASTOLIC FUNCTION
 NO CLOT/VEG/PE
 IVC- NORMAL

Adult Echo: Measurements and Calculations

2D

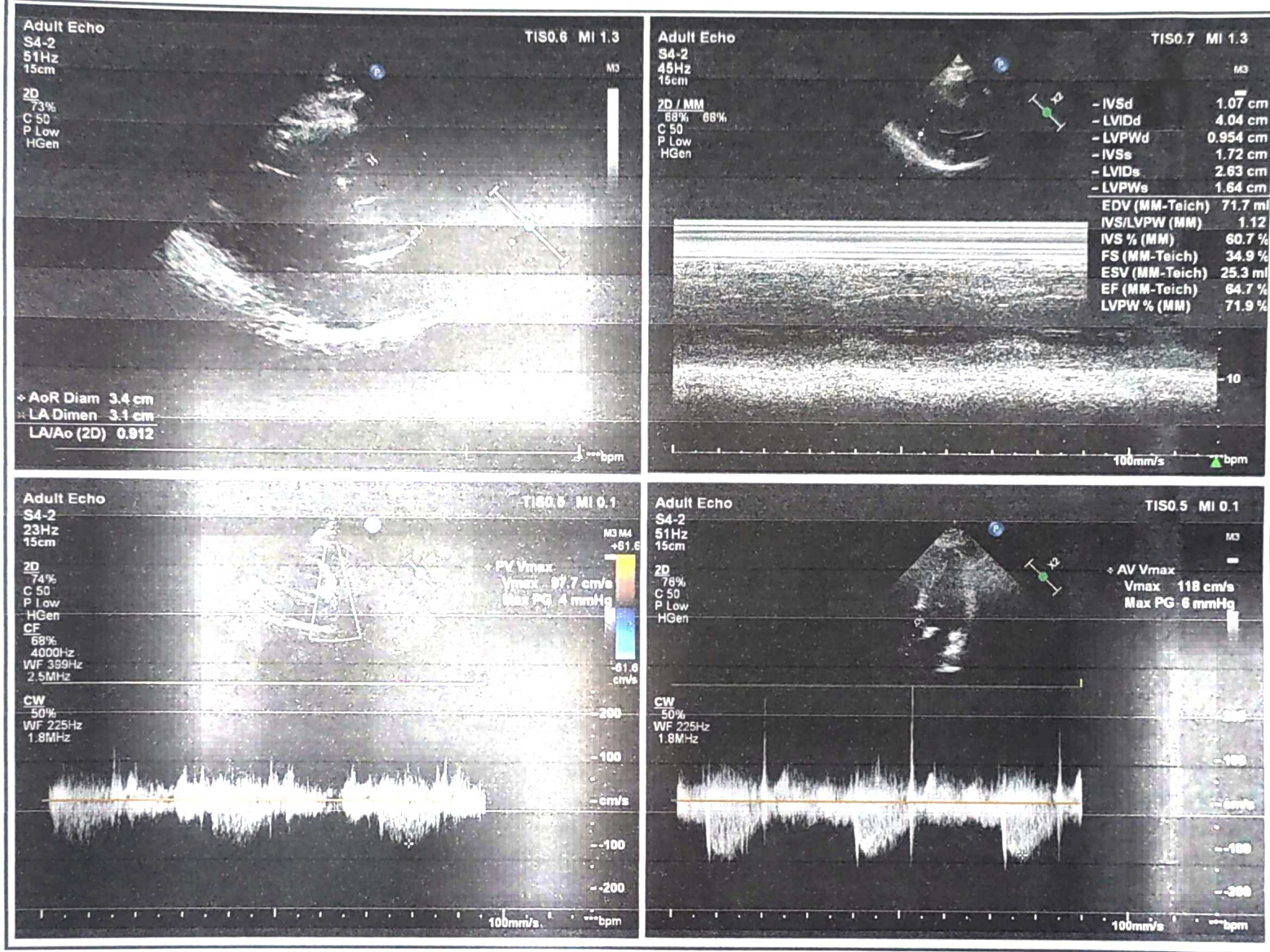
LV Mass (Cubed)	131 g	LA/Ao (2D)	0.912
LA Dimen (2D)	3.1 cm	AoR Diam (2D)	3.4 cm

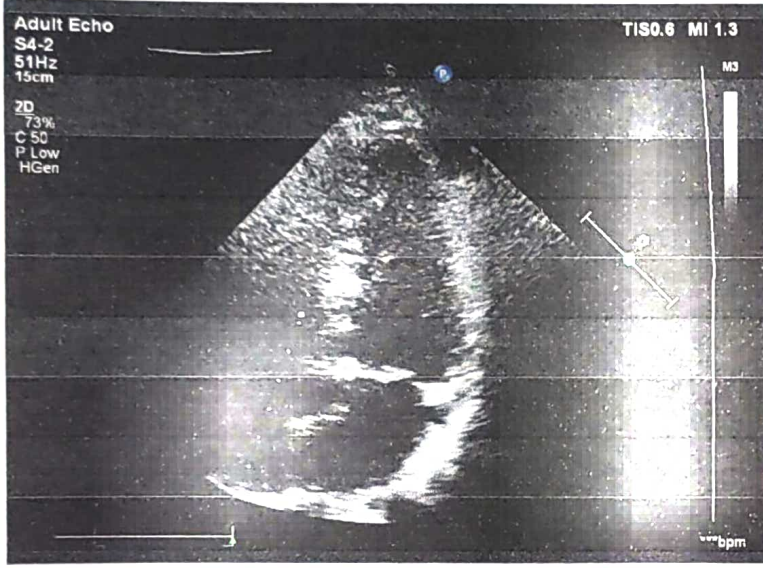
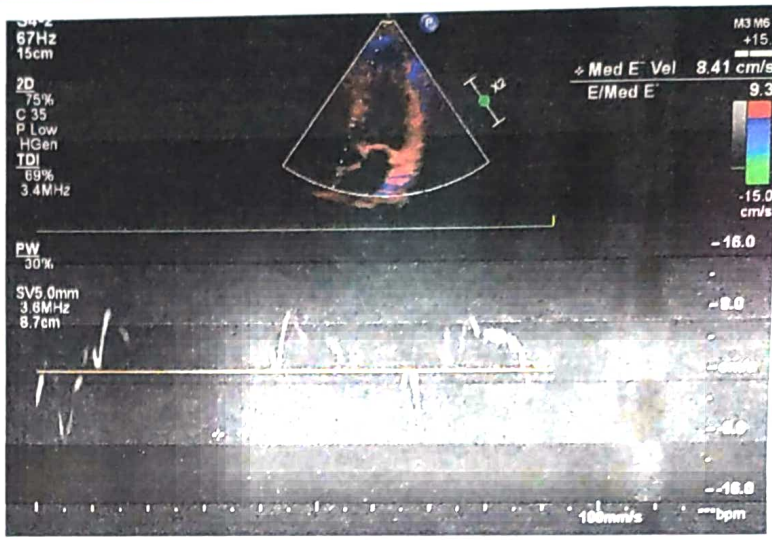
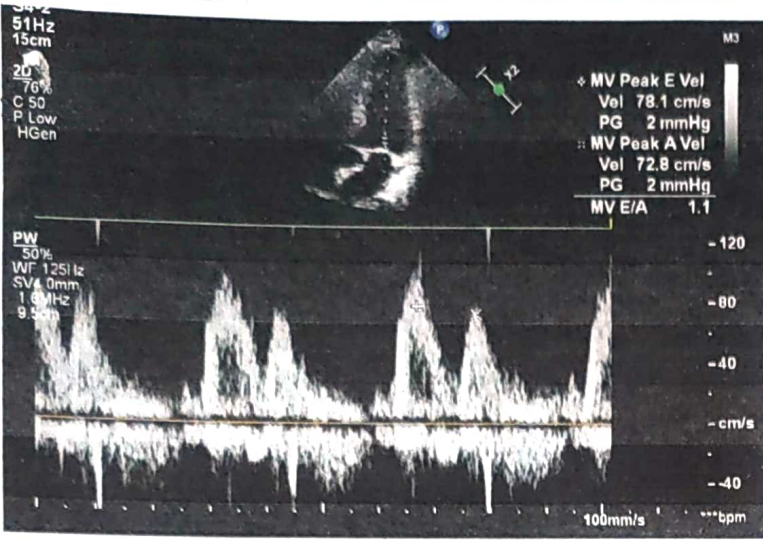
MMode

IVSd (MM)	1.07 cm	EDV (MM-Teich)	71.7 ml	SV (MM-Cubed)	47.7 ml
LVIDd (MM)	4.04 cm	ESV (MM-Teich)	25.3 ml	EF (MM-Cubed)	72.4 %
LVPWd (MM)	0.954 cm	SV (MM-Teich)	46.4 ml	FS (MM-Cubed)	34.9 %
IVSs (MM)	1.72 cm	FS (MM-Teich)	34.9 %	IVS % (MM)	60.7 %
LVIDs (MM)	2.63 cm	EF (MM-Teich)	64.7 %	LVPW % (MM)	71.9 %
LVPWs (MM)	1.64 cm	EDV (MM-Cubed)	65.9 ml		
IVS/LVPW (MM)	1.12	ESV (MM-Cubed)	18.2 ml		

AV Vmax		MVE/A	1.1	PV Vmax	
Max PG	6 mmHg			Max PG	4 mmHg
Vmax	118 cm/s			Vmax	97.7 cm/s
MV Peak E Vel		Med E` Vel	8.41 cm/s		
Vel	78.1 cm/s				
PG	2 mmHg				
MV Peak A Vel		E/Med E`	9.3		
Vel	72.8 cm/s				
PG	2 mmHg				

Images





Signature

Signature:
Name(Print):

Dr. RISHABH MARWAH
MD DM Cardiology
Consultant Interventional
Cardiology
Shri Bala Ji Aarogyam Hospital,
Reg.No. HN8708

Date: 27-01-2024



SHRI BALAJI AAROGYAM HOSPITAL PVT. LTD

01744-270255
99926-30762
99964-44762



Regd. off.: BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkk@gmail.com

CIN : U93000HR2018PTC074193

Typed by: Kajal

Patient Name	MR. BALRAJ	Age/Sex	36 Y / MALE
Referred By:	SELF	Date	27.01.2024

USG WHOLE ABDOMEN

LIVER:-Is normal in size measuring 14.7 cm and is **mildly coarse in echotexture** with normal outline. No focal lesion is seen in the liver parenchyma. IHBR's are not dilated. The PV is normal.

GALL BLADDER: - normal in size and distensibility. **An echogenic focus with casting faint posterior acoustic shadowing measuring 4.5 mm is seen in the GB lumen - suggestive of micro calculi.** The wall thickness is normal. No evidence of any peri-cholecystic collection is seen.

CBD is normal in course and caliber.

PANCREAS:-Head and proximal body of pancreas are normal in outline and echotexture. Rest of the pancreas obscured by bowel shadows.

SPLEEN: - is normal in size measuring 10.7 cm and echotexture. No focal lesion is seen.

RIGHT KIDNEY:-It is normal in size measuring 9.8 x 4.5 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

LEFT KIDNEY:-It is normal in size measuring 9.5 x 4.6 cm, normal in position and echotexture. CMD is maintained. The pelvi-calyceal system is compact. No evidence of calculus or hydronephrosis is seen.

URINARY BLADDER:-Is partially distended, normal in size and capacity. No calculus is seen in its lumen. The wall thickness is within normal limits.

PROSTATE: - is normal in size. Echotexture is normal. No free fluid is seen in abdomen and pelvis. No evidence of any mesenteric lymphadenopathy noted. Visualized bowel loops appear unremarkable.

IMPRESSION:

- > **MILD COARSELY ECHOTEXTURED LIVER (SUGGESTED: LFT CORRELATION).**
 - > **GB MICRO CALCULI.**
- Please Correlate Clinically.

DR. ISHA GOYAL,
DMRD (CMC LUDHIANA)
Ex. Fortis Hospital Ludhiana
Consultant Radiologist

Not valid for Medico Legal Purposes. Advised further clinical correlations.





SBAH PATH LAB



INSIDE SHRI BALAJI AAROGYAM HOSPITAL Pvt. Ltd.
BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkkr@gmail.com

462775994

UHID No :- UD-232416917 **Reg No** :- 232416917 **Print Date** : 27-Jan-2024 02:36 PM
Receipt No :- 23240022258 **Receipt Date** :- 27 Jan 2024
Patient Name :- Mr Balraj **Father** :- Ved parkash **Age/Sex** :- 36 Y/M
Mobile No :- 9468190306 **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- NEW HOUSING BOARD , MAKAAAN NO . 783 , Jind

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Sample No:232442666

Sample Gnt At: (27 Jan 2024 12:45 PM) ,Sample Rvd At (27 Jan 2024 12:45 PM) ,Report Gnt At : (27 Jan 2024 2:36 PM)

HAEMATOLOGY

CBC

WBC	7.79	4.00 - 11.00	10 ³ /mm ³
RBC <i>Methology / Carm</i>	5.41	4.00 - 5.50	million/cumm
HAEMOGLOBIN	14.7	13.00 - 16.00	gm/dl
HCT <i>DefaultMethodTwo / test Machine</i>	48.1	35.00 - 50.00	%
MCV(MEAN CELL VOLUME)	88.91	83.00 - 101.00	fl
MCH(MEAN CELL HAEMOGLOBIN)	27.17	27.00 - 32.00	pg
MCHC	30.56	31.50 - 35.00	gm%
RDW-CV <i>Method1 / test Machine</i>	12.9	12.00 - 18.00	%
RDW-SD	49.4	37.00 - 56.00	fl
MIC <i>Methology / test Machine</i>	2.0	0.00 - 20.00	%
MAC	4.1	2.00 - 10.00	%
PLATELETS	150	150.00 - 450.00	×10 ³ /μL
MPV	11.4	7.40 - 11.00	fl
PCT <i>Test Method</i>	0.17	0.15 - 0.40	%
PDW	21.1	11.00 - 20.00	fL
P-LCC	77	44.00 - 140.00	10 ⁶ /mm ³
P-LCR	51.38	18.00 - 50.00	%
DLC DIFFERENTIAL LEUCOCYTE COUNT			
NEUTROPHILS	60.6	40.00 - 75.00	%
LYMPHOCYTES	30.4	20.00 - 45.00	%
MONOCYTES	7.0	2.00 - 10.00	%
EOSINOPHILS	2.0	1.00 - 6.00	%
BASOPHILS	0.0	0.00 - 1.00	%

Remarks :-

Sample No:232442667

(Technologist)

Not valid for Medico Legal Purposes. Advised further clinical correlations

Charu Sethi
Dr. Charu Sethi Sharma
 MD-Pathology
 Reg. No. HN-19861



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BEHIND OLD BUS STAND, KURUKSHETRA

E-mail : aarogyamkk@gmail.com

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Address :- NEW HOUSING BOARD , MAKAAAN NO . 783 , Jind		

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HAEMATOLOGY

ESR	10	0.00 - 15.00	mm at 1 hr
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Remarks :-

Sample No:232442668

Sample Gnt At: (27 Jan 2024 12:46 PM) , **Sample Rvd At** (27 Jan 2024 12:46 PM) , **Report Gnt At** : (27 Jan 2024 2:36 PM)

BIOCHEMISTRY

BLOOD SUGAR FASTING & PP

BLOOD SUGAR FASTING	83	70.00 - 110.00	mg/dl
BLOOD SUGAR PP	105	70.00 - 150.00	mg/dl

COMPLETE LIPID PROFILE

TOTAL CHOLESTROL	204	120.00 - 200.00	mg/dl
TRIGLYCERIDES	265	35.00 - 160.00	mg/dl
HDL	40	30.00 - 70.00	mg/dl
LDL	111.00	0.00 - 100.00	mg/dl
VLDL CHOLESTEROL	53.00	0.00 - 35.00	mg/dL

BLOOD UREA

21	12.00 - 40.00	mg/dl
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CREATININE

1.0	0.70 - 1.40	mg/dl
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LFT

TOTAL BILIRUBIN	0.66	0.30 - 1.00	mg/dl
DIRECT BILIRUBIN	0.17	0.00 - 0.30	mg/dl
INDIRECT BILIRUBIN	0.49	0.20 - 0.80	mg/dl
SGOT	24	0.00 - 40.00	U/L
SGPT	33	0.00 - 40.00	U/L
TOTAL PROTIENS	7.0	6.60 - 8.70	gm/dl
ALBUMIN	5.6	3.50 - 5.00	mg/dl
GLOBULIN	1.40	1.50 - 3.60	gms/dl
ALKALINE PHOSPHATE	105	57.00 - 111.00	U/L

HAEMATOLOGY

SERUM URIC ACID	6.1	2.50 - 6.00	mg/dl
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(Technologist)

Charu Sethi

Not valid for Medico Legal Purposes. Advised further clinical correlations

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861



SBAH PATH LAB



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BEHIND OLD BUS STAND, KURUKSHETRA

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Mobile No :- 9468190306 **Consultant** :- Dr ANURAG KAUSHAL (MD)
Address :- NEW HOUSING BOARD , MAKAAAN NO . 783 , Jind

Final Report

Investigations	Observations	Biological Reference Interval	Unit
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Remarks :-

Sample No:232442669

Sample Gnt At: (27 Jan 2024 12:46 PM) , Sample Rvd At (27 Jan 2024 12:46 PM) , Report Gnt At : (27 Jan 2024 2:36 PM)

URINE EXAMINATION

URINE ROUTINE

PHYSICAL EXAMINATION

COLOUR <i>Methology</i>	YELLOW	CLEAR YELLOW	
VOLUME	25		ML
SPECIFIC GRAVITY	1.02	1.00 - 1.03	

CHEMICAL EXAMINATION

PH	6.0	4.60 - 8.00	
PROTEIN.	Negative	NEGATIVE	
GLUCOSE	Negative	NEGATIVE	
KETONE	Negative	NEGATIVE	

MICROSCOPIC EXAMINATION

EPIITHELIAL CELLS	Negative		
PUS CELLS	2-4	2.00 - 3.00	/HPF
RBC <i>Methology / Carm</i>	Negative	4.00 - 5.50	million/cumm
CRYSTALS	Negative	ABSENT	
BACTERIA	Negative	ABSENT	
OTHERS	Negative		

MICROSCOPIC EXAMINATION

CASTS	Negative	ABSENT	
AMORPHOUS DEPOSITS	Negative		

Remarks :-

Type of Sample :- SERUM,WHOLE BLOOD,URINE SPOT,

* END OF REPORT *

(Technologist)

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Charu Sethi

Dr. Charu Sethi Sharma
MD-Pathology
Reg. No. HN-19861

Name	: Mr. BALRAJ	Age	: 36 Years
Lab No.	: 462775994	Gender	: Male
Ref By	: SHRI BALAJI AAROgyAM HOSPITAL	Reported	: 27/1/2024 4:20:19PM
Collected	: 27/1/2024 2:08:00PM	Report Status	: Final
A/c Status	: P	Processed at	: Dr. Lal PathLabs Ltd.
Collected at	: SHRI BALAJI AAROgyAM HOSPITAL C/O Aarogyam Hospital, Behind Old Bus Stand Thanesar, Kurukshetra-136118		: Kurukshetra-136118, Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD (HPLC)			
HbA1c	5.6	%	4.00 - 5.60
Estimated average glucose (eAG)	114	mg/dL	

Interpretation

HbA1c result is suggestive of non diabetic adults (≥ 18 years)/ well controlled Diabetes in a known Diabetic

Interpretation as per American Diabetes Association (ADA) Guidelines

Reference Group	Non diabetic adults ≥ 18 years	At risk (Prediabetes)	Diagnosing Diabetes	Therapeutic goals for glycemic control
HbA1c in %	4.0-5.6	5.7-6.4	≥ 6.5	< 7.0

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH HbA1C MEASUREMENT	FACTORS THAT AFFECT INTERPRETATION OF HbA1C RESULTS
Hemoglobin variants, elevated fetal hemoglobin (HbF) and chemically modified derivatives of hemoglobin (e.g. carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1c measurements	Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g., recovery from acute blood loss, hemolytic anemia, HbSS, HbCC, and HbSC) will falsely lower HbA1c test results regardless of the assay method used. Iron deficiency anemia is associated with higher HbA1c



Name : Mr. BALRAJ
 Lab No. : 462775994
 Ref By : SHRI BALAJI AAROGYAM HOSPITAL
 Collected : 27/1/2024 2:08:00PM
 A/c Status : P
 Collected at : SHRI BALAJI AAROGYAM HOSPITAL
 C/O Aarogyam Hospital, Behind Old Bus Stand
 Thanesar, Kurukshetra-136118

Age : 36 Years
 Gender : Male
 Reported : 27/1/2024 4:20:19PM
 Report Status : Final
 Processed at : Dr. Lal PathLabs Ltd.
 Kurukshetra-136118, Haryana

Test Report

Test Name	Results	Units	Bio. Ref. Interval
THYROID PROFILE, TOTAL, SERUM (ECLIA)			
T3, Total	1.24	ng/mL	0.80 - 2.00
T4, Total	7.31	µg/dL	5.10 - 14.10
TSH	1.89	µIU/mL	0.27 - 4.20

Note

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.
2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.
3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration
4. Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals

BLOOD GROUP, ABO & RH TYPING

(Tube & Slide Agglutination)

ABO Group : B
 Rh Factor : Negative

- Note:**
1. Both forward and reverse grouping performed
 2. Test conducted on EDTA whole blood





SHRI BALAJI AAROGYAM HOSPITAL PVT LTD

DIET CHART FOR HIGH FIBER DIET

7:00 AM : गिलास नींबू पानी + 2 glass पानी //

6:30 AM : बादाम + अखरोट + काजू + किशमिश + अंजीर + 1 cup चाय

9:30 AM : गिलास दूध + 1 BOWL (2) रोटी + 1 कटोरी सब्जी + 1 कटोरी दही // चाय 1 cup

सब्जी दलिया / सब्जी ओट्स / सब्जी पोहा / उबले अंडे का सफेद हिस्सा /

10-11:00 AM : सेब / पपीता / संतरा / नाशपाती / अमरूद / अनार - (1)

12:00 AM : 1 प्लेट सलाद

2:00 PM : (2) चपाती + दाल + दही / 1 BOWL NUTRI KEEMA / PANEER BHURJI Salad [1 Plate] //

4:00 PM : चाय - 1 cup

5:00 PM : 1 गिलास दूध - भुना हुआ मखाना

7:00 PM : टोकला / भुने हुए चने / MIXED SEEDS (2 SPOON) / उबले हुए काले चने की चाट / BREAD PEANUT BUTTER + गुड़

या

अंडे का सफेद हिस्सा / 100 ग्राम उबला हुआ चिकन / उबली हुई मछली

8:00 PM : (2) चपाती + सब्जी - 1 कटोरी //

या

सब्जी खिचड़ी / सब्जी दलिया / सब्जी ओट्स 9:30 PM - 1/2 glass दूध + 1 चम्मच ISDAGOI //

DIET GUIDELINES

- बेकरी आइटम (बिस्कुट, नमकीन, रस्क, पेस्ट्री) से बचें ,
- ठंडे पेय, डिब्बाबंद जूस, अन्य पेय पदार्थों से बचें
- तले हुए भोजन (मक्खन, पकौड़ा, पूड़ी, परांठा) से बचें
- शराब, सिगरेट से बचें //

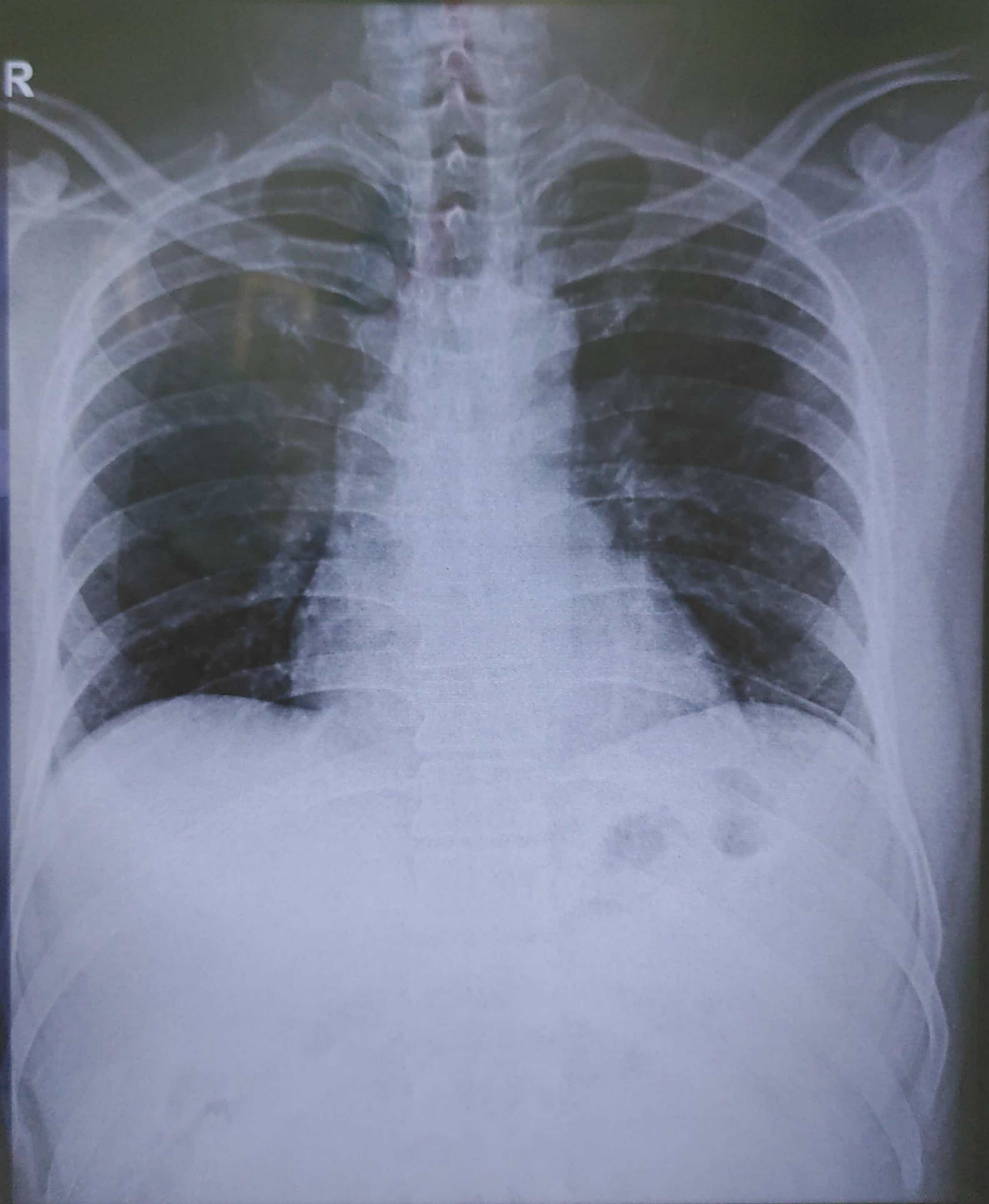
* मखन, मलाई, घी (Desi)
 * पूरी, परांठा, मिठाई
 से परहेज रखें

MILK - 500 ML

OIL - 3-4 SPOONS

WATER INTAKE - (4 liter) //

PHYSICAL ACTIVITY - 1/2 घंटा //

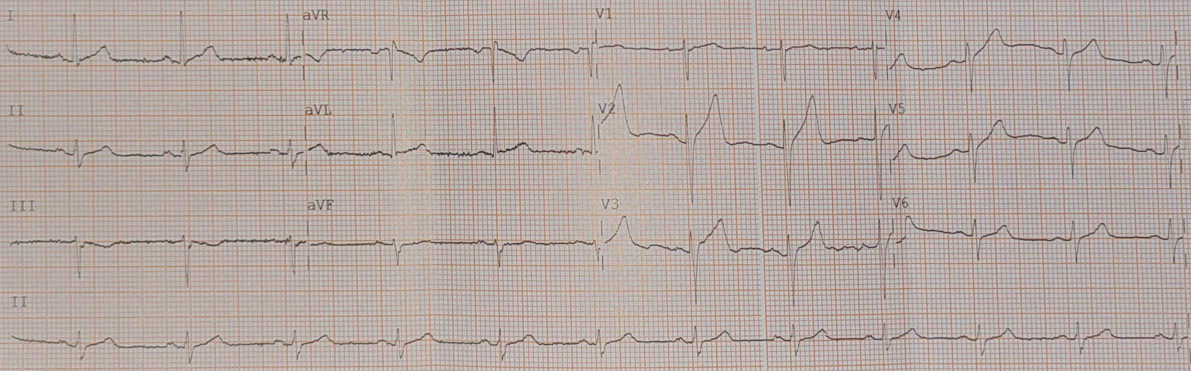


BALRAJ 36/Y 22259 M CHEST PA 27-Jan-24 12:16 PM
SHRI BALAJI AAROGYAM HOSPITAL, KURUKSHETRA

12 Lead; Standard Placement

Normal

Rate	74	QT	364
PR	151	QTc	393
QRSD	84		



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10 mm/mV F: 60~0.15~100 Hz PH10 CL P? PH10 CL P?