CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of

- Diabetes mellitus, Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer

DRUG ALLERGY

NO KNOWN ALLERGY   :23/03/2024

SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Past medical history

Do you have any allergies?	- No
Covid 19	- Yes
	- 2021
Hospitalization for Covid 19	- No
Oxygen support	- No

Surgical history

Surgical history	- Nil

Immunization history

- Covid Dose1,Covid Dose2

Personal history

Marital status	- Married
Diet	- Vegetarian
Alcohol	- does not consume alcohol
Smoking	- No
Chews tobacco	- No
Physical activity	- Active

Family history

Father	- alive
Mother	- alive
Brothers	- 1
Sisters	- 1
Coronary artery disease	- none
Cancer	- None

PHYSICAL EXAMINATION

General

Height	- 147
Weight	- 48
BMI	- 22.21
Pallor	- No
Oedema	- no
Temperature	- 96.3
SpO2	- 99

Cardiovascular system

Heart rate (Per minute)	- 74
Rhythm	- Regular
	- B.P. Supine
Systolic(mm of Hg)	- 110
Diastolic(mm of Hg)	- 70
Heart sounds	- S1S2+

Respiratory system

Breath sounds	- Normal vesicular breath sounds

Abdomen

Organomegaly	- No
Tenderness	- No

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005 *		🔴	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.0		🟢	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	🟢	0-2
WBC/Pus Cells	0-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	3-4/hpf	/hpf		

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	🟢	11.0-16.0
Haematocrit	39.0	%	🟢	34.0-48.0
RBC COUNT	4.54	Million/ul	🟢	3.7-5.6
MCV	90.3	fl	🟢	75.0-95.0
MCH	29.8	pg	🟢	26.0-32.0
MCHC	32.9	g/dl	🟢	31.0-36.0
RDW	13.1	%	🟢	11-16
Platelet Count(Optical/Impedance)	263	10³/mm³	🟢	140-440
TLC Count	8.51	10³/mm³	🟢	4.0-11.0
Neutrophils	62	%	🟢	40-75
Lymphocytes	30	%	🟢	20-45
Eosinophils	04	%	🟢	1-6
Monocytes	04	%	🟢	1-10
Basophils	00	%	🟢	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	🟢	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	19 *	U/L	🔴	30-65
ALBUMIN - SERUM	3.8	g/dL	🟢	3.5-5
GLOBULIN - SERUM: (Calculated)	3.5	g/dL	🟢	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.1		🟢	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	94	U/L	🟢	0-100
AST (SGOT) - SERUM	25	U/L	🟢	15-37
BILIRUBIN, TOTAL - SERUM	0.9	mg/dL	🟢	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	152	mg/dL	🟢	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	1.0	mg/dL	🟢	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range

🟢 Within Normal Range   🟡 Borderline High/Low   🔴 Out of Range

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	15	U/L	🟢	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	88	mg/dL	🟢	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	113	mg/dL	🟢	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.1	%	🟢	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	104.2600	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	39 *	mg/dL	🔴	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.9		🟢	0.0-4.5
LDL Cholesterol (Direct LDL)	124.9	mg/dL		

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.3	g/dL	🟢	6.4-8.2
PROTEIN, TOTAL - SERUM / PLASMA	7.3	g/dL	🟢	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range

TOTAL T3: TRI IODOTHYRONINE - SERUM	126	ng/dL	🟢	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362
TOTAL T4: THYROXINE - SERUM	7.7	µg/dL	🟢	Healthy Adults: 5.2 - 12.7 Pregnancy:1stTrimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	69	mg/dL	🟢	0-150
VLDL SERUM-CALCULATED	13.8000			

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.1	uIU/mL	🟢	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	24	mg/dL	🟢	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	11	mg/dL	🟢	7-18

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.0	mg/dL	🟢	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

🟢 Within Normal Range   🟡 Borderline High/Low   🔴 Out of Range

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	🟢	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.7	mg/dL	🟢	0.0-0.7

CERVICAL/VAGINAL SMEAR II SLIDE

Brief Clinical History:
last menstrual period-9/3/2024
SOURCE OF SPECIMEN :
Cervical Smear-Conventional
I. Specimen Adequacy
Satisfactory for evaluation
II. General Categorization :
Negative for intraepithelial lesion or malignancy
Other non neoplastic findings:
Smears show Intermediate and few parabasal
squamous cells. Moderate neutrophilic infiltrate is seen.
There is no evidence of dysplasia or malignancy. There
is no evidence of candida or trichomonas. Negative for
intraepithelial lesion or malignancy suggests benign
cellular changes of inflammation.
Epithelial abnormalities:
Absent
Comments :

X-RAY CHEST PA

No significant abnormality is detected.

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

🟢 **Within Normal Range**   🟡 **Borderline High/Low**   🔴 **Out of Range**

Dr.AHC DOCTOR

AHC Physician / Consultant Internal Medicine

Printed By :

Note :- **The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.**

AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	1	3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515