



Name : Mr. DEBAJIT CHOUDHURY (36 /M)
 Address : NAYANPUR, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Date : 25/01/2024
AHC MEDICAL SUMMARY

Examined by : Dr .PRABIN KUMAR SAIKIA

UHID : AHLG2.0000027188

Package : MediWheel Full Body Health Check up-Male below 40Yrs

AHC No : APHCAH20905



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health
 Check up-Male below 40Yrs



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

Cough - yes, dry cough

Oral and dental

- Dental staining; - Adv - Scaling

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia -
 yes; Nature - intermittent; Peptic ulcer - no; Bowel
 habits - regular; Piles - no

Genitourinary system

Frequency - increased

Central nervous system

Dizziness - no; Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints
 - Nil Significant

Weight

- stable



Surgical history

Others - LEFT LEG ROD 2017
 (ACCIDENT)

Immunization history

- Covid Dose2



Personal history

Marital status - Married

No. of children - 1
 Female - 1
 Diet - Non Vegetarian
 Alcohol - does not consume alcohol
 Smoking - No
 Chews tobacco - No
 Physical activity - Mild



Family history

Father - alive
 Aged - 70 YRS
 Mother - alive
 Aged - 64 YRS
 Sisters - 1
 Diabetes - father,mother
 Hypertension - father,mother
 Coronary artery
 disease - none
 Cancer - None

PHYSICAL EXAMINATION



General

Height - 173
 Weight - 74
 BMI - 24.73
 Waist circumference - 89
 Hip - 94
 Waist/ Hip ratio - 0.95
 Pallor - No
 Oedema - no
 SpO2 - 99% RA



Head and ENT

Nose - Deviation of septum to right
 Others - Nose Bilateral HIT +




Cardiovascular system

Heart rate (Per minute) - 70
 Rhythm - Regular
 - B.P. Sitting

Systolic(mm of Hg) * - 120
 Diastolic(mm of Hg) - 90
 Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 18
 Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
 Tenderness - No

 **Eyes**

Eye vision - Normal
 Eye vision - BE 6/6. N6
 Colour vision - Normal
 Pupil - Normal
 Intraocular pressure - 18 mmHg (R), 17 mmHg (L)
 Advice for spectacle - Yes

Executive Summary

1. Fatty liver Grade I

Wellness Prescription

Advice On Diet :-

Dietician consultation

Advice On Physical Activity :-

Regular exercise

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
VITAMIN D-SERUM	Immediate/Urgent		

Dr. PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
MD (Gen Medicine), FCGP, FICP, PGDHHM
Registration No.-7523, Assam
Consultant Physician, APHC
Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. DEBAJIT CHOUDHURY Age : 36Yr 11Mth 0Days Gender : Male
 UHID : AHLG2.0000027188 / APHCAH20905 W/BNo/RefNo : AHC
 SIN \ LRN : 123146773 \ 123146778 \ 123146775 \ 10249824
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:44:13 AM Received on : 25-JAN-2024 11:53:06 AM Reported on : 25-JAN-2024 01:00:44 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
ALT(SGPT) - SERUM (UV With P5P-IFCC)	60	Healthy Males-:16-63 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.4	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.3	Healthy Adults :1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	103	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	27	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	0.3	Healthy Adults:<=1.0	mg/dL
CHOLESTEROL - SERUM (Cholesterol Oxidase)	166	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide)	59	Healthy Men:15 - 85	U/L



MC-3480

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GLUCOSE -PLASMA (FASTING)

Hexokinase **84** Non-Diabetic: <=100 mg/dL
 Pre-Diabetic: 100-125
 Diabetic: >=126

HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)

42 Low: <40 mg/dL
 High: >=60

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)

4.0 Desirable :< 4.5

LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)

110 * Optimal:<100 mg/dL
 Near Optimal:100-129
 Borderline High:130-159
 High:160-189
 Very High:>=190

PROTEIN, TOTAL - SERUM (Biuret)

7.7 Healthy Adults:6.4-8.3 mg/dl

TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)

166 * Normal : <150 mg/dL
 Borderline High :150-199
 High : 200-499
 Very High : >=500

UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)

28 <50 years:19-44 mg/dL

URIC ACID - SERUM (Modified Uricase)

5.4 Healthy Men: 3.5 - 7.2 mg/dL

Page 2 of 3
CONSULTANTS

DR. I. KALITA, MD

DR. T. SARMA, DCP

DR. P. GOSWAMI, MD

DR. M. SAIKIA, MD(BIOCHEMISTRY)

DR. A. VERMA, DCP

DR. M. BARMAN, MD

DR. D.J. LAHON, MD (MICRO)

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VLDL CHOLESTEROL - SERUM CALCULATED.	33 *	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.1	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFFE METHOD	1.00	Healthy Men: 0.72 - 1.25	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	121	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	2.0	Healthy Adults Euthyroid: 1.2-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	86	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	2.15	Healthy Adults Euthyroid:0.270 - 4.20	uIU/mL

Report Status:Final

* END OF REPORT *

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M. Saikia
Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

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DR. I. KALITA, MD

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 SIN ILRN : 123146774 \ 123146777 \ 10249824
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:44:13 AM Received on : 25-JAN-2024 03:53:16 PM Reported on : 25-JAN-2024 04:18:38 PM

MediWheel Full Body Health Check up-Male below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	15.5	13.0 - 18.0	g/dl
RBC COUNT	5.51 *	4.5 - 5.5	Million/ul
MCV	88.9	82.0 - 92.0	fl
MCH	28.1	26.0 - 32.0	pg
MCHC	31.6	31.0 - 36.0	g/dl
RDW-CV	13.5	11.6 - 14	%
RETICULOCYTE COUNT	1.12	Healthy Adult -:0.5-2.5%	%
Platelet Count	149 *	150 - 400	10 ⁹ /mm ³
TLC/WBC Count	5.14	4.0 - 11.0	10 ⁹ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	0 - 10	mm/1st hr
Differential Count			
Neutrophils	62.1	45 - 75	%
Lymphocytes	30.5	20 - 40	%
Eosinophils	3.5	1 - 6	%
Monocytes	3.5	2 - 10	%
Basophils	0.4	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Normocytic & normochromic		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	49	40 - 50	%

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URINE- BENCE JONES PROTEINS	Negative	Negative
URINE ROUTINE (CUE)		
Color,:	Pale yellow	Pale Yellow/amber
Transparency:	Clear	Clear
Specific Gravity(Strip Method)	1.020	1.016 - 1.026
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8
Glucose:(Benedicts+Strip Method)	Nil	Negative
Protein :(Strip+Heat Method)	Nil	Negative
DEPOSITS:(Microscopy)		
RBC	Not seen	Upto 3 Cells/hpf
WBC/Pus Cells	1-2/HPF	Upto to 5 Cells/hpf
Squamous epithelial cells	0-1/HPF	Up to 20
Casts:(Microscopy)	Not Detected	Absent /lpf
Crystals:	Not Detected	Absent /lpf
Nitrite	Negative	Negative
URINE SUGAR	Nil	
Report Status:Final		

* END OF REPORT *

APOLLO HOSPITALS
GUWAHATI
TOUCHING LIVES

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DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

CONSULTANTS

- | | | | |
|-------------------|-------------------|----------------------------|---------------------------------|
| DR. I. KALITA, MD | DR. T. SARMA, DCP | DR. P. GOSWAMI, MD | DR. M. SAIKIA, MD(BIOCHEMISTRY) |
| DR. A. VERMA, DCP | DR. M. BARMAN, MD | DR. D.J. LAHON, MD (MICRO) | DR. M. SARMA, MD (MICRO) |

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UHID : AHLG2.0000027188 / APHCAH20905 W/BNo/RefNo : AHC
SIN \LRN : 123146776 \ 10249824
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 25-JAN-2024 10:44:13 AM Received on : 25-JAN-2024 03:13:11 PM Reported on : 25-JAN-2024 04:28:37 PM

TEST NAME

RESULT

BLOOD GROUPING AND TYPING

ABO Group:

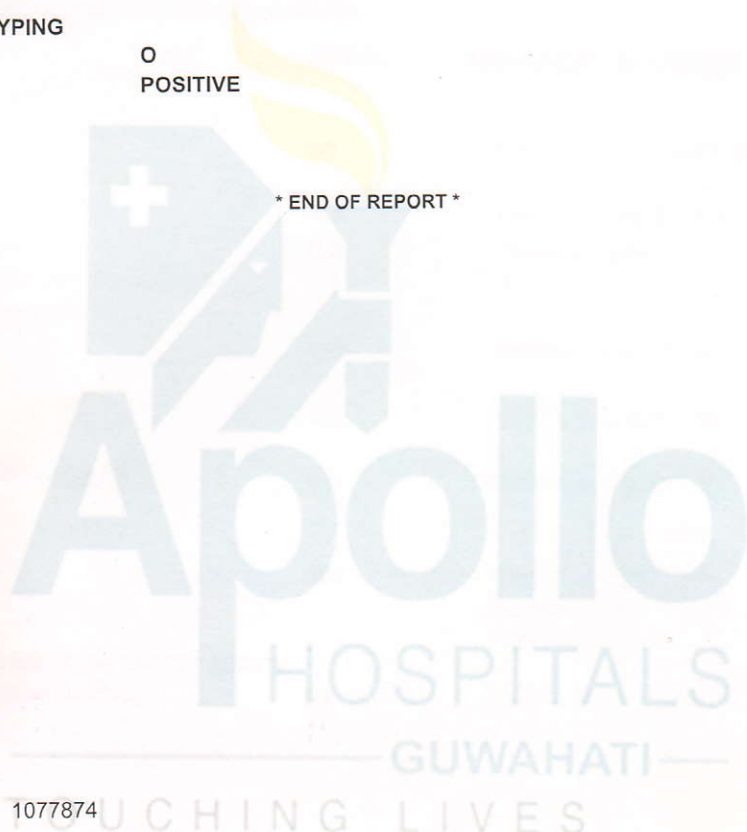
O

Rh (D) Type:

POSITIVE

Report Status:Final

* END OF REPORT *



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CONSULTANTS

DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	AHLG20000027188	Patient Name:	DEBAJIT CHOUDHURY
Age:	36 Years	Sex:	M
Accession Number:	17002.124021557	Modality:	DX
Referring Physician:	Prabin Kumar Saikia	Study:	Chest PA
Study Date:	25-Jan-2024		

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.



Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 25-Jan-2024 12:02:21

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MR. DEBAJIT, CHOUDHURY
Patient ID: 02718
Height:
Weight:

DOB: 01.02.1987
Age: 36yrs
Gender: Male
Race: Indian

Study Date: 25.01.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:50	0.00	0.00	70	110/80	
	STANDING	00:32	0.00	0.00	82		
EXERCISE	WARM-UP	00:06	1.00	0.00	70		
	STAGE 1	03:00	2.70	10.00	109	120/80	
	STAGE 2	03:00	4.00	12.00	120	130/80	
	STAGE 3	03:00	5.50	14.00	139	140/80	
	STAGE 4	01:41	6.80	16.00	162	150/80	
RECOVERY		03:06	0.00	0.00	91	120/80	

The patient exercised according to the BRUCE for 10:40 min:s, achieving a work level of Max. METS: 13.50. The resting heart rate of 64 bpm rose to a maximal heart rate of 164 bpm. This value represents 89 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician

JR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Technician



APOLLO HOSPITALS GUWAHATI

Unit : International Hospital
(A unit of Assam Hospitals Ltd.)

CHECKED AND VERIFIED BY

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	0000027188	Patient Name:	DEBAJIT CHOUDHURY
Age:	36 Years	Sex:	M
Accession Number:		Modality:	US
Referring Physician:	DR P KR SAIKIA	Study:	W/A
Study Date:	25-Jan-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 97 mm

Left kidney measures – 105 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

PROSTATE

The prostate gland is normal in size. It measures 33 x 29 x 26 mm in size and weighs about 14 gms.

SEMINAL VESICLE

Both the seminal vesicles appear normal.

No ascites is seen.

Impression:

- **Grade – I hepatic steatosis.**
- **No other significant abnormality is noted on this scan.**

Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 25-Jan-2024 12:24:52

S Hazanka, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

Patient Details : Mr. DEBAJIT CHOUDHURY | Male | 36Yr 11Mth 0Days

UHID : AHLG2.0000027188

Patient Location: AHC

Patient Identifier: APHCAH20905



DRN : 100015520

Completed on : 25-JAN-2024 10:47


Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---


DR. MOITREYEE BARUA
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital