



Name : Mr. RAJARSHI ROY (38 /M)

Date : 30/01/2024

AHC MEDICAL SUMMARY

Address : C/O-GARGEE ROY, H.NO-9, NABAGRAHA ROAD, SILPUKHURI, GUWAHATI, KAMRUP(M), ASSAM, INDIA

Examined by : Dr .PRABIN KUMAR SAIKIA

UHID : AHLG.000425307

Package : MediWheel Full Body Health Check up-Male below 40Yrs

AHC No : APHCAH21183



CHIEF COMPLAINTS

Package Name: MediWheel Full Body Health Check up-Male below 40Yrs



DRUG ALLERGY

NO KNOWN ALLERGY :09/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Root stumps present

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Nature - intermittent; Peptic ulcer - no; Bowel habits - regular; Piles - no

Genitourinary system

- Nil Significant

Central nervous system

Dizziness - no; Concentration - good; Sleep - good

Musculoskeletal system

Spine and joints

- Nil Significant

Weight

- stable



Surgical history

Surgical history - Nil

Immunization history

- Precaution Dose



Personal history

Marital status

- Married

No. of children

- 1

Female

- 1

Diet

- Non Vegetarian

Alcohol

- consumes alcohol occasionally

Smoking

- No

Chews tobacco

- No

Physical activity

- Moderate



Family history

Father

- has expired

Aged

- 54 yrs

- heart attack

Mother

- alive

Aged

- 71 yrs

Sisters

- 1

Diabetes

- mother,uncle,aunt

Hypertension

- mother,uncle,aunt

Coronary artery disease

- father,uncle

Cancer

- maternal grandmother

CVA

- aunt

PHYSICAL EXAMINATION



General

Height

- 168

Weight

- 81

BMI

- 28.7

Waist circumference

- 100

Hip

- 102

Waist/ Hip ratio

- 0.98

Pallor


- No

Oedema

- no

SpO2

- 99% RA

 **Head and ENT**


Others - Ear Right impacted wax.
Nose Bilateral HIT+

 **Cardiovascular system**

Heart rate (Per minute) - 86
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Rate of respiration(per minute) - 20
Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No

 **Eyes**

Eye vision - Normal
Eye vision - BE 6/6. N6
Colour vision - Normal
Pupil - Normal
Intraocular pressure - 19 mmHg (R), 17 mmHg (L)
Advice for spectacle - No

Printed By : SAMIMA YASMIN

Executive Summary



- 1. Overweight (BMI 28.7)
- 2. Subclinical hypothyroid (TSH 7.0 uIU/ml)
- 3. Fatty liver Grade I
- 4. Gall bladder polyp (4 mm)

Recommended Follow-up Tests

| Test Name | Test Schedule | Repeat Frequency | Remarks |
|-----------------|------------------|------------------|---------|
| VITAMIN D-SERUM | Immediate/Urgent | | |

Follow-up and Review Plan



Repeat TSH after 6 months.



Scan the QR code in AskApollo App to book your follow-up appointments and investigations

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHHM
 Registration No.-7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. RAJARSHI ROY Age : 38Yr 11Mth 18Days Gender : Male MC-3480
 UHID : AHLG.000425307 / APHCAH21183 W/BNo/RefNo : AHC
 SIN \ LRN : 123186442 \ 123186547 \ 123186544 \ 10264167
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 30-JAN-2024 11:17:06 AM Received on : 30-JAN-2024 11:54:54 AM Reported on : 30-JAN-2024 01:08:20 PM

MediWheel Full Body Health Check up-Male below 40Yrs

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|---|--------|---|-------|
| ALT(SGPT) - SERUM (UV With P5P-IFCC) | 39 | Healthy Males:-16-63 U/L | U/L |
| ALBUMIN - SERUM (Brom Cresol Green) | 4.1 | Healthy Adults-3.5-5.2 | g/dL |
| GLOBULIN-SERUM(Calculated) | 3.9 * | Healthy Adults :1.8 - 3.6 | |
| ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated) | 1 * | 0 - 0 | |
| ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC | 95 | Healthy Adults:40-150 | U/L |
| AST (SGOT) - SERUM (UV With P5P-IFCC) | 28 | Healthy Adults:15 - 37 | U/L |
| BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.) | 0.7 | Healthy Adults:<=1.0 | mg/dL |
| CHOLESTEROL - SERUM (Cholesterol Oxidase) | 169 | Desirable:<200 Borderline:200 - 240 High Risk:>=240 | mg/dL |
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitranilide) | 26 | Healthy Men:15 - 85 | U/L |

CONSULTANTS

DR. I. KALITA, MD DR. T. SARMA, DCP DR. P. GOSWAMI, MD DR. M. SAIKIA, MD(BIOCHEMISTRY)
 DR. A. VERMA, DCP DR. M. BARMAN, MD DR. D.J. LAHON, MD (MICRO) DR. M. SARMA, MD (MICRO)

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MC-3480

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GLUCOSE -PLASMA (FASTING)

Hexokinase 81 Non-Diabetic: <=100 mg/dL
 Pre-Diabetic: 100-125
 Diabetic: >=126

HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)

42 Low: <40 mg/dL
 High: >=60
 Desirable :< 4.5

TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)

4.0

LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)

125 * mg/dL
 Optimal:<100
 Near Optimal:100-129
 Borderline High:130-159
 High:160-189
 Very High:>=190

PROTEIN, TOTAL - SERUM (Biuret)

8.0 mg/dl
 Healthy Adults:6.4-8.3

TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)

83 mg/dL
 Normal : <150
 Borderline High :150-199
 High : 200-499
 Very High : >=500

UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)

28 mg/dL
 <50 years:19-44

URIC ACID - SERUM (Modified Uricase)

5.7 mg/dL
 Healthy Men: 3.5 - 7.2

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VLDL CHOLESTEROL - SERUM

| | | | |
|--|---------|---|--------|
| CALCULATED. | 17 | Desirable:<30 | |
| BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof) | 0.1 | Healthy Adults:0.0-0.5 | mg/dL |
| CREATININE - SERUM JAFJE METHOD | 0.8 | Healthy Men: 0.72 - 1.25 | mg/dL |
| TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia) | 2.2 | Healthy Adults Euthyroid: 1.2-3.1 | nmol/L |
| TOTAL T4: THYROXINE - SERUM (Eclia) | 102 | Healthy Adults Euthyroid: 66-181 | nmol/L |
| TSH: THYROID STIMULATING HORMONE - SERUM (Eclia) | 7.000 * | Healthy Adults Euthyroid:0.270 - 4.20 | uIU/mL |
| GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase | 103 | Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200 | mg/dL |

Report Status:Final

* END OF REPORT *

CHECKED BY 1078429
1078550

Printed On : 31-JAN-2024 10:38:40 AM

Dr. MOUSHUMI SAIKIA,
MBBS,MD
REG NO.14979 AMC
CONSULTANT BIOCHEMIST

CONSULTANTS

- | | | | |
|-------------------|-------------------|----------------------------|---------------------------------|
| DR. I. KALITA, MD | DR. T. SARMA, DCP | DR. P. GOSWAMI, MD | DR. M. SAIKIA, MD(BIOCHEMISTRY) |
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Name : Mr. RAJARSHI ROY Age : 38Yr 11Mth 18Days Gender : Male 480
 UHID : AHLG.000425307 / APHCAH21183 W/BNo/RefNo : AHC
 SIN \LRN : 123186543 \ 123186546 \ 10264167
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 30-JAN-2024 11:17:06 AM Received on : 30-JAN-2024 01:23:06 PM Reported on : 30-JAN-2024 01:27:19 PM

MediWheel Full Body Health Check up-Male below 40Yrs

| TEST NAME | RESULT | BIOLOGICAL REFERENCE INTERVALS | UNITS |
|----------------------------------|--------------|--------------------------------|------------|
| URINE- BENCE JONES PROTEINS | Negative | Negative | |
| URINE ROUTINE (CUE) | | | |
| Color,: | Pale yellow | Pale Yellow/amber | |
| Transparency: | Clear | Clear | |
| Specific Gravity(Strip Method) | 1.010 * | 1.016 - 1.026 | |
| pH(Strip Method+ Ph Paper) | 6.0 | 4.6 - 8 | |
| Glucose:(Benedicts+Strip Method) | Nil | Negative | |
| Protein :(Strip+Heat Method) | Nil | Negative | |
| DEPOSITS:(Microscopy) | | | |
| RBC | Not seen | Upto 3 Cells/hpf | |
| WBC/Pus Cells | 1-2/HPF | Upto to 5 Cells/hpf | |
| Squamous epithelial cells | 0-2/HPF | Up to 20 | |
| Casts:(Microscopy) | Not Detected | Absent | /lpf |
| Crystals: | Not Detected | Absent | /lpf |
| Nitrite | Negative | Negative | |
| URINE SUGAR | Nil | | |
| HEMOGRAM(CBC+ESR+RECTIC+PS) | | | |
| Hemoglobin | 13.8 | 13.0 - 18.0 | g/dl |
| RBC COUNT | 4.81 | 4.5 - 5.5 | Million/ul |
| MCV | 86.5 | 82.0 - 92.0 | fl |
| MCH | 28.7 | 26.0 - 32.0 | pg |
| MCHC | 33.2 | 31.0 - 36.0 | g/dl |
| RDW-CV | 14.2 * | 11.6 - 14 | % |
| RETICULOCYTE COUNT | 1.13 | Healthy Adult -:0.5-2.5% | % |

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Name : Mr. RAJARSHI ROY Age : 38Yr 11Mth 18Days Gender : Male
 UHID : AHLG.000425307 / APHCAH21183 W/BNo/RefNo : AHC
 SIN ILRN : 123186543 \ 123186546 \ 10264167
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 30-JAN-2024 11:17:06 AM Received on : 30-JAN-2024 01:23:06 PM Reported on : 30-JAN-2024 01:27:19 PM

| | | | |
|--------------------------------------|--|-----------|---|
| Corrected TLC/WBC Count | 4.94 | | |
| Platelet Count | 183 | 150 - 400 | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 15 * | 0 - 10 | 10 ³ /mm ³ mm/1st hr |
| Differential Count | | | |
| Neutrophils | 69.1 | 45 - 75 | % |
| Lymphocytes | 26.1 | 20 - 40 | % |
| Eosinophils | 1.6 | 1 - 6 | % |
| Monocytes | 2.8 | 2 - 10 | % |
| Basophils | 0.4 | 0 - 2 | % |
| PERIPHERAL SMEAR | | | |
| RBC: | Normocytic & normochromic | | |
| WBC: | Total and Differential counts are within normal limits | | |
| Platelets: | Adequate on the smear | | |
| Hemoparasites | No hemoparasites | | |
| PACKED CELL VOLUME [PCV] | 41.6 | 40 - 50 | % |
| Report Status:Final | | | |

* END OF REPORT *

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Dr.Pooja Keshan MBBS,MD
Reg No 21460 AMC

CONSULTANTS

DR. I. KALITA, MD

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DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

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Name : Mr. RAJARSHI ROY Age : 38Yr 11Mth 18Days Gender : Male
UHID : AHLG.000425307 / APHCAH21183 W/BNo/RefNo : AHC
SIN \LRN : 123186545 \ 10264167
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 30-JAN-2024 11:17:06 AM Received on : 30-JAN-2024 12:36:10 PM Reported on : 30-JAN-2024 02:21:00 PM

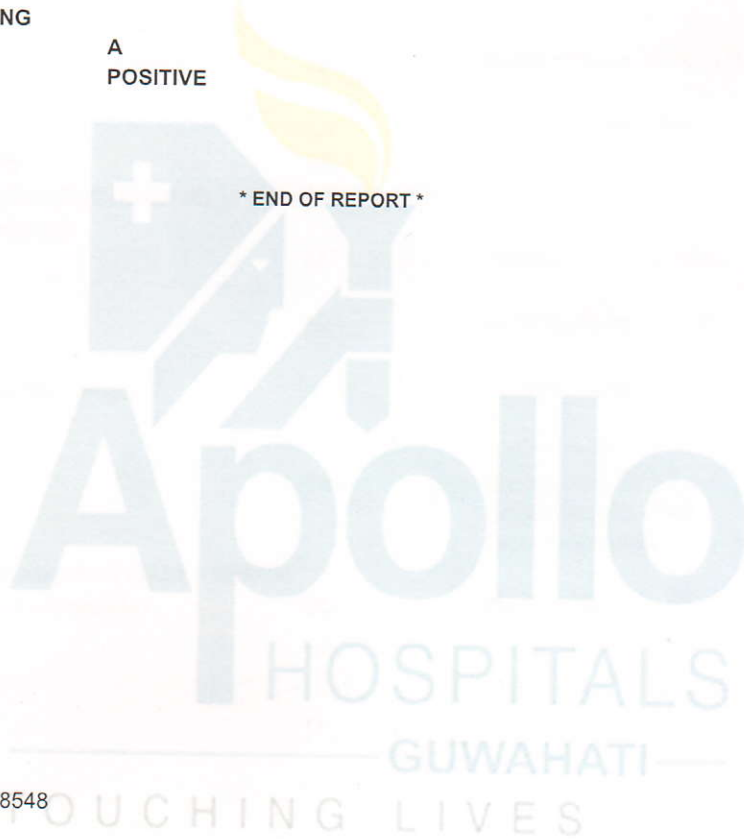
TEST NAME

RESULT

BLOOD GROUPING AND TYPING

ABO Group: A
Rh (D) Type: POSITIVE
Report Status:Final

* END OF REPORT *



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First Report Printed On : 30-JAN-2024 02:21:10 PM

Printed On : 30-JAN-2024 02:22:26 PM

CONSULTANTS

DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

| | | | |
|----------------------|---------------------|---------------|--------------|
| Patient ID: | AHLG000425307 | Patient Name: | RAJARSHI ROY |
| Age: | 38 Years | Sex: | M |
| Accession Number: | 17002.124025770 | Modality: | DX |
| Referring Physician: | Prabin Kumar Saikia | Study: | Chest PA |
| Study Date: | 30-Jan-2024 | | |

CHEST PA VIEW

- No active parenchymal lesion is seen in the lung fields.
- Hilar shadows are normal.
- Cardiac size is normal.
- Hemidiaphragms are normal. CP angles are normal.
- Bony thorax is intact.



Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 30-Jan-2024 12:11:08

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

| | | | |
|----------------------|----------------|---------------|--------------|
| Patient ID: | 000425307 | Patient Name: | RAJARSHI ROY |
| Age: | 38 Years | Sex: | M |
| Accession Number: | | Modality: | US |
| Referring Physician: | DR P KR SAIKIA | Study: | W/A |
| Study Date: | 30-Jan-2024 | | |

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with slightly increased parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. **Tiny** mildly echogenic focus measuring about 4 mm seen attached to the medial wall of GB suggestive of polyp. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 112 mm

Left kidney measures – 105 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

PROSTATE

The prostate gland is normal in size. It measures 35 x 33 x 28 mm in size and weighs about 17 gms.

SEMINAL VESICLE

Both the seminal vesicles appear normal.

No ascites is seen.

Impression:

- **Subtle grade – I hepatic steatosis.**
- **Tiny gall bladder wall polyp.**



Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 30-Jan-2024 12:27:21

APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MR. RAJARSHI ROY,
Patient ID: 19534
Height:
Weight:

DOB: 12.02.1985
Age: 38yrs
Gender: Male
Race: Indian

Study Date: 30.01.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

| Phase Name | Stage Name | Time in Stage | Speed (km/h) | Grade (%) | HR (bpm) | BP (mmHg) | Comment |
|------------|------------|---------------|--------------|-----------|----------|-----------|---------|
| PRETEST | SUPINE | 00:28 | 0.00 | 0.00 | 80 | 120/80 | |
| | STANDING | 00:37 | 0.00 | 0.00 | 74 | | |
| | WARM-UP | 00:06 | 1.00 | 0.00 | 75 | | |
| EXERCISE | STAGE 1 | 03:00 | 2.70 | 10.00 | 113 | 130/80 | |
| | STAGE 2 | 03:00 | 4.00 | 12.00 | 144 | 140/80 | |
| | STAGE 3 | 01:03 | 5.50 | 14.00 | 162 | 150/80 | |
| RECOVERY | | 03:09 | 0.00 | 0.00 | 103 | 120/80 | |

The patient exercised according to the BRUCE for 7:02 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 75 bpm rose to a maximal heart rate of 162 bpm. This value represents 89 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.


Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA

Physician


DR. MOTREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Technician

Patient Details : Mr. RAJARSHI ROY | Male | 38Yr 11Mth 18Days

UHID : AHLG.000425307

Patient Location: AHC

Patient Identifier: APHCAH21183



DRN : 100018813

Completed on : 30-JAN-2024 11:41


Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---


DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospital Guwahati
Unit: Internal Medicine