Apollo TOUCHING LIVES

Apollo Clinic VASHI

MEDICAL SUMMARY

NAME:	Radhika Bhatt	UHID:	
AGE:	39 yrs	DATE OF HEALTHCHECK:	24/2/2024
GENDER:			

HEIGHT:	155	MARITAL STATUS:	M.
WEIGHT:	45.5	NO OF CHILDREN:	1.
BMI:	18.9		

C/O: Cold since 1 day
No fever, cough
Breathlessness

K/C/O:

PRESENT MEDICATION: - No.

P/M/H: - No

P/S/H: LSCS

ALLERGY: - No.

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

ALCOHOL:

TOBACCO/PAN: } NAD

FAMILY HISTORY FATHER: - } - DM.

MOTHER: - }

O/E:

BP: 100/70 PULSE: 80/min

TEMPERATURE: NAD SCARS:

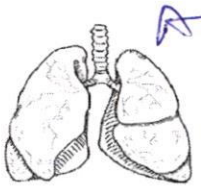
LYMPHADENOPATHY:

PALLOR/ICTERUS/CYNOSIS/CLUBBING: } NAD

OEDEMA:

S/E:

RS: AE BG



P/A: - NAD

CVS: S1 S2 +

Extremities & Spine: - NAD

CNS: Conscious, Oriented

ENT: } NAD

Skin: }

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Vashi : **M/S. Indira Health & Lifestyle Pvt. Ltd.** The Emerald, 1st Floor, Plot No. 195, Sector - 12, Besides Neel Siddhi Tower, Vashi - Navi Mumbai - 400703.
Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com

Name: Radhika R. Bhatt	Age: 39y	Date of Health check-up: 24/02/2024

Findings and Recommendation:

Findings:-

- Hb 7.4
- PC - 6.8
- queue in Atleast

Recommendation:-

Cardiac consult & USG

Signature:

Consultant –

DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

Apollo

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OPHTHALMIC EVALUATION

UHID No.: _____ Date : 24/2/24.

Name : Miss Rachita Age : 39 Gender : Male/Female

Without Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 N6 Left Eye 6/6 N6

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	-0.75	-0.50	90°			-0.75	-0.50	88°		
Near										

Colour Vision : N

Anterior Segment Examination : N / BE

Pupils : _____

Fundus : _____

Intraocular Pressure : 14 mmHg (2).

Diagnosis : _____

Advice : _____

Re-Check on 6 mths. (This Prescription needs verification every year)

Dr. _____

(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON
REG. No.: 3262 / 09/ 02

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DENTAL CHECKUP

Name: Radhika b hatt.	**MR NO:**
Age/Gender : 39/F	**Date:** 24/2/24.

Medical history: ☐ Diabetes ☐ Hypertension ☐ _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains				
Mobility			✓	✓
Caries (Cavities)	✓			
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVICED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction	✓			

Oral Prophylaxis: ☑ Scaling & polishing
Orthodontic Advice for Braces: ☐ Yes / ☐ No
Prosthetic Advice to Replace Missing Teeth: ☐ Denture ☐ Bridge ☐ Implant
Oral Habits: ☐ Tobacco ☐ Cigarette ☐ Others since ____ years
☐ Advice to quit any form of tobacco as it can cause cancer.
Other Findings: _____

- Scaling & polishing - 900.
- Extraction @ 8+ ..

DR. AQSA SHAIKH
B. D. S
Reg. No: A 42611

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Name : Radhika Bhatt Age : 39 Sex : F UHID No. : _____ Date : 24/2/24

39 year / P, 4 (LSCS)

No complain, willing for PAP smear

LMP - 1/2/2024

O/E

G Crani

Afebrile

P - 88/min

PA - SFFN

P/S. Cx } Healthy
Vg

(PAP smear taken)

Dr. _____

DR. TRUPTI VIJAY SHINDE
MBBS, M.S. (OBS & GYNAE)
REG. NO. : 2014/07/3301

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■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

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Apollo TOUCHING LIVES | MC-2364 | Apollo Clinic VASHI

Name	: Mrs. Radhika Rajat Bhatt	Gender	: Female	Age	: 39 Years
UHID	: FVAH 10753.	Bill No	:	Lab No	: V-3242-23
Ref. by	: SELF	Sample Col.Dt	: 24/02/2024 10:45		
Barcode No	: 9920	Reported On	: 24/02/2024 18:07		

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)			
Haemoglobin(Colorimetric method)	**11.1**	g/dl	11.5 - 15
RBC Count (Impedance)	4.63	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	**34.8**	%	35 - 55
MCV:(Calculated)	**75.1**	fl	78 - 98
MCH:(Calculated)	**23.9**	pg	26 - 34
MCHC:(Calculated)	31.8	gm/dl	30 - 36
RDW-CV:	**17**	%	10 - 16
Total Leucocyte count(Impedance)	9740	/cumm.	4000 - 10500
Neutrophils:	71	%	40 - 75
Lymphocytes:	22	%	20 - 40
Eosinophils:	03	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	**4.54**	Lakhs/c.mm	1.5 - 4.5
MPV	7.6	fl	6.0 - 11.0
ESR(Westergren Method)	15	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination) RBCs:	Hypochromasia(Mild),Microcytosis(Mild),Anisocytosis(+)		
WBCs:	Normal		
Platelets	Increased		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

Neha More
Entered By

Ms Kaveri Gaonkar
Verified By

End of Report
Results are to be correlated clinically

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TEST	RESULTS
Blood Grouping (ABO & Rh)-WB(EDTA) Serum	
ABO Group:	**:B:**
Rh Type:	**Positive**
Method :	Matrix gel card method (forward and reverse)
------	----------

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	87	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Method :	Hexokinase		

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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
HbA1c(Glycosylated Haemoglobin)WB-EDTA			
(HbA1C) Glycosylated Haemoglobin :	5.5	%	Normal <5.7 % Pre Diabetic 5.7 - 6.5 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evalution of therapy > 8.0 %
Mean Blood Glucose :	111.15	mg/dL	

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method — High Performance Liquid Chromatography (HPLC).

INTERPRETATION

* The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
* Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LIPID PROFILE - Serum			
S. Cholesterol(Oxidase)	168	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	72	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	14.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	46.7	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	106.9	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	3.6		3.5 - 5
Ratio of LDL/HDL	**2.3**		2.5 - 3.5

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LFT(Liver Function Tests)-Serum			
S.Total Protein (Biuret method)	7.33	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.25	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.08	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.38		0.9 - 2
S.Total Bilirubin (DPD):	0.43	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.17	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.26	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	16	U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P):	10	U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic):	89	U/L	35 - 105
S.GGT(IFCC Kinetic):	15	U/L	07 - 32

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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY		
S.Urea(Urease Method)	11.1	mg/dl	10.0 - 45.0
BUN (Calculated)	5.18	mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.74	mg/dl	0.50 - 1.1
BUN / Creatinine Ratio	Z		9:1 - 23:1
S.Uric Acid(Uricase Method)	3.1	mg/dl	2.4 - 5.7

Vasanti Gondal
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.71	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	97.01	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	1.59	□IU/ml	Euthyroid :0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyrodism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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URINE REPORT

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION		
QUANTITY	20 mL	
COLOUR	Pale Yellow	
APPEARANCE	Slightly Hazy	Clear
SEDIMENT	Absent	Absent
CHEMICAL EXAMINATION(Strip Method)		
REACTION(PH)	6.0	4.6 - 8.0
SPECIFIC GRAVITY	1.005	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent
MICROSCOPIC EXAMINATION		
PUS CELLS	**6 - 8 / hpf**	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	**18 - 20 / hpf**	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	**Present(Few)**	Absent

Anushka Chavan
Entered By

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STOOL EXAMINATION

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION		
COLOUR	Brown	
CONSISTENCY	Semi Solid	
MUCUS	Absent	Absent
CHEMICAL EXAMINATION		
OCCULT BLOOD (Guaiac method)	Absent	Absent
PH(Litmus paper)	Acidic	Acidic/Alkaline
MICROSCOPIC EXAMINATION		
PUS CELLS	Absent	0 - 1
EPITHELIAL CELLS	Absent	Absent
RED BLOOD CELLS	Nil /HPF	Absent
FAT GLOBULES	Absent	Absent
VEGETABLE FIBRES	Present	Present
YEASTS	Absent	Absent
CYST	Absent	Absent
VEGETATIVE FORMS	Absent	Absent
OVA	Absent	Absent
LARVAE	Absent	Absent

Dilpreetkaur S Singh
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Radhika, Bhatt
10753

Female

39 Years

24.02.2024 12:07:48
Apollo Clinic
1st Flr,The Emerald,Sector-12,
Vashi, Mumbai-400703.

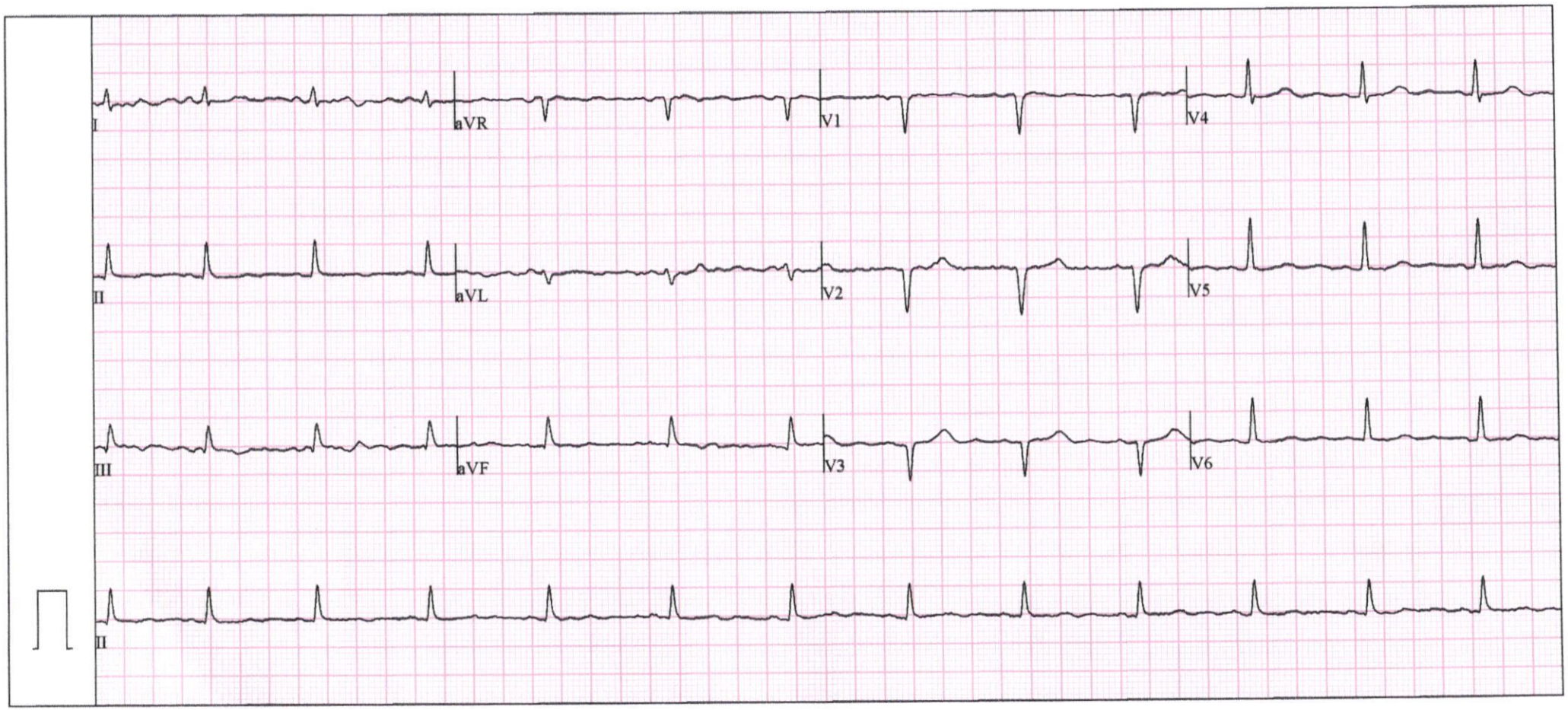
77 bpm
-- / -- mmHg

QRS :	68 ms
QT / QTcBaz :	374 / 423 ms
PR :	128 ms
P :	76 ms
RR / PP :	780 / 779 ms
P / QRS / T :	22 / 76 / 89 degrees

Normal sinus rhythm
Septal infarct , age undetermined
Abnormal ECG

- q s in Ant leads
- Correlate clinically

Dr. ANIRBAN DASGUPTA
M.B.,B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920



GE MAC2000 1.1 12SL™ v241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz Unconfirmed 4x2.5x3_25_R1 1/1

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TOUCHING LIVES

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VASHI

PATIENT'S NAME	RADHIKA R BHATT	AGE :- 39Y/F
UHID	10753	DATE :- 24-02-24

2D Echo and Colour Doppler Report

All cardiac chambers are normal in dimension

No obvious resting regional wall motion abnormalities (RWMA)

Interatrial and Interventricular septum – Appears Normal

Valves – Structurally normal

Good biventricular function.

IVC is normal.

Pericardium is normal.

Great vessels - Origin and visualized proximal part are normal.

No coarctation of aorta.

Doppler study

Normal flow across all the valves.

No pulmonary hypertension.

No diastolic dysfunction.

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Measurements

Aorta annulus	17 mm
Left Atrium	25 mm
LVID(Systole)	16 mm
LVID(Diastole)	30 mm
IVS(Diastole)	10 mm
PW(Diastole)	10 mm
LV ejection fraction.	55-60%

Conclusion

- Good biventricular function
- No RWMA
- Valves – Structurally normal
- No diastolic dysfunction
- No PAH

Dasgupta

Performed by: Dr. Anirban Dasgupta
D.N.B. Internal Medicine, Diploma Cardiology (PGDCC-IGNOU).

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PATIENT'S NAME	RADHIKA R BHATT	AGE :- 39 Y/M
UHID	10753	DATE :-.26 Feb. 24

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- **No significant abnormality seen.**

DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

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PATIENT'S NAME	RADHIKA R BHATT	AGE :- 39/F
UHID	10753	24 Feb 2024

USG ABDOMEN AND PELVIS (TAS)

Liver is normal in size, shape and echotexture. There is no focal lesion seen. The portal vein and common bile duct are normal in course and caliber. There is no evidence of intra-hepatic biliary duct dilatation seen.

Gall Bladder is partially distended. No calculus, abnormal wall thickening or pericholecystic fluid collection is seen.

The visualized **Pancreas** is normal in size, shape and echotexture. There is no focal lesion seen.

Spleen is normal in size, shape and echotexture. There is no focal lesion seen.

Right Kidney measures 9.6 x 3.5 cm. **Left Kidney** measures 10.4 x 4.2 cm.
Both kidneys are normal in size, shape and echotexture. No evidence of any focal lesion is noted. No hydronephrosis, hydroureter or calculus is noted in both kidney. Cortico medullary differentiation is well maintained.

Urinary Bladder is well distended. There is no evidence of focal lesion. No evidence of any calculus is seen.

Uterus is normal in size and echotexture. No evidence of any focal lesion. It measures about 8.4 x 3.3 x 3.2 cm in size. The endometrium measures 10.1 mm. Both ovaries are unremarkable.

There is no free fluid or abdominal lymphadenopathy.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED AT PRESENT STUDY.

Clinico-haematological correlation and imaging follow-up is recommended.

Thanking you for the referral,
With regards,

DR. SIDDHI PATIL
Con. Radiologist

• ANDHERI • COLABA • NASHIK • VASHI

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Apollo TOUCHING LIVES

MC-2364

Apollo Clinic VASHI

Name	: Mrs. Radhika Rajat Bhatt	Gender	: Female	Age	: 39 Years
UHID	: FVAH 10753.	Bill No	:	Lab No	: V-3359-23
Ref. by	: SELF	Sample Col.Dt	: 24/02/2024 15:10		
Barcode No	: 38	Reported On	: 26/02/2024 14:18		

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Post Prandial Plasma Glucose :	**149**	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)

Method : Hexokinase

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically