

CID# TESTING . HE 2405522087

Name

: MRS.AMBARI KASHYAP

Age / Gender : 36 Years/Female

Consulting Dr. :

Reg.Location : Andheri West (Main Centre)

Collected

: 24-Feb-2024 / 09:42

E

Reported

: 26-Feb-2024 / 11:59

# PHYSICAL EXAMINATION REPORT

# **History and Complaints:**

Asymptomatic

### **EXAMINATION FINDINGS:**

Height (cms):

163 cms

Weight (kg):

65 kgs

Temp (0c):

Afebrile

Skin:

Normal

Blood Pressure (mm/hg): 110/70 mm of hg

Nails:

Normal

Pulse:

85/min

Lymph Node:

Not palpable

**Systems** 

Cardiovascular: S1S2 audible

Respiratory:

**AEBE** 

Genitourinary:

NAD

GI System:

Liver & Spleen not palpable

CNS:

NAD

### IMPRESSION:

Altered bilirubin levels,

Borderline high total cholesterol.,

Rest reports appears to be in normal limits.

### ADVICE:

Kindly consult your family physician with all your reports,

Therapeutic life style modification is advised.

### CHIEF COMPLAINTS:

1) Hypertension:

No

2) IHD

No

3) Arrhythmia

No



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4)	Diabetes Mellitus	No
5)	Tuberculosis	No
6)	Asthama	No
7)	Pulmonary Disease	No
8)	Thyroid/ Endocrine disorders	No
9)	Nervous disorders	No
-,	GI system	No
	Genital urinary disorder	No
	Rheumatic joint diseases or symptoms	No
100	Blood disease or disorder	No
- 6	Cancer/lump growth/cyst	No
	Congenital disease	No
-	Surgeries	No
- /	Musculoskeletal System	No

# PERSONAL HISTORY:

1)	Alcohol	No
2)	Smoking	No
3)	Diet	Mixed
4)	Medication	No

\*\*\* End Of Report \*\*\*

Sangerta Manwani

Dr.Sangeeta Manwani M.B.B.S. Reg.No.71083

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R E P O R

Date: - 24 02 2024 Name: - AMBARI KASHYAP

CID: 2409922087

Sex / Age: 7 / 36.

EYE CHECK UP

Chief complaints:

systemic Diseases:

Ni

Past history:

**Unaided Vision:** 

\_

Aided Vision:

Refraction:

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn	
Distance	_			- 616				6/6	
Near				NS				NS	

Colour Vision: Normal / Abnormal

Remark:

Normal

vi Sconi

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: MRS.AMBARI KASHYAP Name

: 36 Years / Female Age / Gender

Consulting Dr.

: Andheri West (Main Centre) Reg. Location

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: 24-Feb-2024 / 09:47 :24-Feb-2024 / 12:36

METHOD

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

CBC (Complete Blood Count), Blood BIOLOGICAL REF RANGE

PARAMETER	<u>RESULTS</u>	BIOLOGICAL REF RANGE	METHOD
RBC PARAMETERS			
Haemoglobin	14.1	12.0-15.0 g/dL	Spectrophotometric
RBC	4.89	3.8-4.8 mil/cmm	Elect. Impedance
PCV	42.7	36-46 %	Calculated
MCV	87.2	80-100 fl	Measured
MCH	28.8	27-32 pg	Calculated
MCHC	33.0	31.5-34.5 g/dL	Calculated
RDW	14.7	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	4090	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND A	ABSOLUTE COUNTS		
Lymphocytes	30.7	20-40 %	
Absolute Lymphocytes	1260	1000-3000 /cmm	Calculated
Monocytes	7.7	2-10 %	
Absolute Monocytes	310	200-1000 /cmm	Calculated
Neutrophils	57.7	40-80 %	
Absolute Neutrophils	2360	2000-7000 /cmm	Calculated
Eosinophils	2.6	1-6 %	
Absolute Eosinophils	110	20-500 /cmm	Calculated
Basophils	1.3	0.1-2 %	
Absolute Basophils	50	20-100 /cmm	Calculated

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PLATELET PARAMETERS

Elect. Impedance 150000-400000 /cmm 312000 Platelet Count Measured 6-11 fl 9.2 MPV Calculated 11-18 % 17.7 PDW

RBC MORPHOLOGY

Absolute Basophils

Immature Leukocytes

Hypochromia

Microcytosis

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: 2405522087

: MRS.AMBARI KASHYAP

: 36 Years / Female

Macrocytosis

CID

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Age / Gender

Anisocytosis

Poikilocytosis

Polychromasia **Target Cells** 

Basophilic Stippling

Normoblasts

Normocytic, Normochromic Others

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR

2-20 mm at 1 hr.

Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

#### Limitations:

- It is a non-specific measure of inflammation.
- The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

### Reference:

- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

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AERFOC	AMI HEALTHCARE BE	LOW 40 MALE/FEMALE	
PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	87.1	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	52.1	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	1.46	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.41	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	1.05	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.6	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.8	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.8	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.7	1 - 2	Calculated
SGOT (AST), Serum	19.9	5-32 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	21.8	5-33 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	20.6	3-40 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	55.2	35-105 U/L	Colorimetric
BLOOD UREA, Serum	21.4	12.8-42.8 mg/dl	Kinetic
BUN, Serum	10.0	6-20 mg/dl	Calculated
CREATININE, Serum	0.76	0.51-0.95 mg/dl	Enzymatic



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eGFR, Serum

104

(ml/min/1.73sqm)

Normal or High: Above 90 Mild decrease: 60-89

Mild to moderate decrease: 45-

59

Moderate to severe decrease:30

Severe decrease: 15-29

Kidney failure:<15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum

3.7

2.4-5.7 mg/dl

Enzymatic

Calculated

Urine Sugar (Fasting)

Absent

Absent

Urine Ketones (Fasting)

Absent

Absent

Urine Sugar (PP) Urine Ketones (PP) Absent Absent Absent Absent

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Dr.JYOT THAKKER

M.D. (PATH), DPB Pathologist and AVP( Medical

Services)



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### AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

**PARAMETER** 

### RESULTS

**BIOLOGICAL REF RANGE METHOD** 

Glycosylated Hemoglobin (HbA1c), EDTA WB - CC

5.4

Non-Diabetic Level: < 5.7 %

**HPLC** 

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Estimated Average Glucose (eAG), EDTA WB - CC

108.3

mg/dl

Calculated

#### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

#### Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
TANAMETER	RESOLIS	BIOLOGICAL REI RANGE	METHOD
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	8.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	50		
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	0-1	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	1-2		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	+(>20/hpf)	Less than 20/hpf	
Others			

Kindly rule out contamination.





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Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

Protein (1 + = 25 mg/dl, 2 + = 75 mg/dl, 3 + = 150 mg/dl, 4 + = 500 mg/dl)

Glucose(1+ = 50 mg/dl, 2+ =100 mg/dl, 3+ =300 mg/dl, 4+ =1000 mg/dl)

Ketone (1 + = 5 mg/dl, 2 + = 15 mg/dl, 3 + = 50 mg/dl, 4 + = 150 mg/dl)

Reference: Pack inert

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE **BLOOD GROUPING & Rh TYPING**

**PARAMETER** 

RESULTS

**ABO GROUP** 

В

Rh TYPING

**Positive** 

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

: 2405522087

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: 36 Years / Female

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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: 2405522087

: MRS.AMBARI KASHYAP

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

	L	IPID PROFILE	
PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	242.7	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	131.1		GPO-POD
HDL CHOLESTEROL, Serum	88.1	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	154.6	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	129.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	25.6	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO,	2.8	0-4.5 Ratio	Calculated
Serum LDL CHOL / HDL CHOL RATIO, Serum	1.5	0-3.5 Ratio	Calculated

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

PARAMETER	RESULTS	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
Free T3, Serum	4.5	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	12.5	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	5.09	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA





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### Interpretation:

Age / Gender

Consulting Dr.

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A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between high abnormal upto 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors

can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3/T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

#### Limitations:

- Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

### Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

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# X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

# **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

-----End of Report-----

Dr R K Bhandari

RIS Season

MD, DMRE

**MMC REG NO. 34078** 

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: 36 Years/Female

Ref. Dr

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: Mrs AMBARI KASHYAP

# USG WHOLE ABDOMEN

Reg. Date

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### LIVER:

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Name

Age / Sex

The liver is normal in size (13.1cm), shape and smooth margins.

It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal.

No evidence of any intra hepatic cystic or solid lesion seen.

The main portal vein and CBD appears normal.

# ALL BLADDER:

The gall bladder is physiologically distended and appears normal.

No evidence of gall stones or mass lesions seen

# **PANCREAS:**

The pancreas is well visualised and appears normal.

No evidence of solid or cystic mass lesion.

# KIDNEYS:

Both the kidneys are normal in size shape and echotexture.

No evidence of any calculus, hydronephrosis or mass lesion seen.

Right kidney measures 9.5 x 4.0cm. Left kidney measures 9.4 x 4.5cm.

The spleen is normal in size (8.6cm) and echotexture. No evidence of focal lesion is noted. SPLEEN:

There is no evidence of any lymphadenopathy or ascites.

# **URINARY BLADDER:**

The urinary bladder is well distended and reveal no intraluminal abnormality.

### UTERUS:

The uterus is anteverted and appears normal.

It measures 5.6 x 5.3 x 3.8cm in size.

The endometrial thickness is 7.4mm.

### **OVARIES:**

Both the ovaries are well visualised and appears normal.

There is no evidence of any ovarian or adnexal mass seen.

The right ovary measures 3.1 x 2.3 x 1.5cm. and ovarian volume is 6.1cc.

The left ovary measures 2.6 x 2.5 x 1.6cm. and ovarian volume is 5.7cc.

Click here to view images http://3.111.232.119/iRISViewer/NeoradViewer?AccessionNo=2024022409431717

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**IMPRESSION:**-

Reg. Location

No significant abnormality is seen.

-----End of Report-----

CHELLEN

DR. NIKHIL DEV M.B.B.S, MD (Radiology) Reg No – 2014/11/4764 Consultant Radiologist E P O R

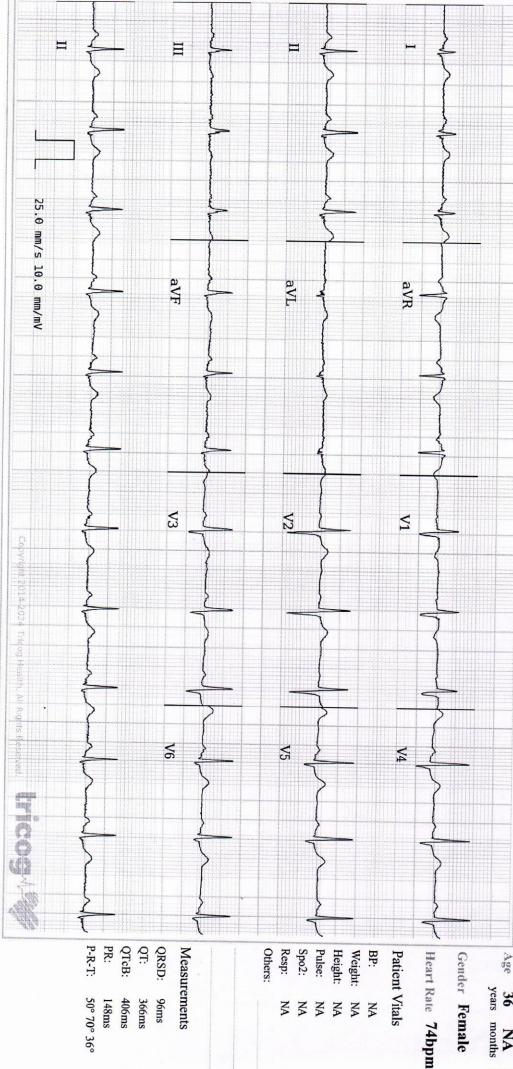
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PRECISE TESTING . HEALTHIER LIVING

Patient ID: Patient Name: AMBARI KASHYAP 2405522087

Date and Time: 24th Feb 24 11:22 AM

POLICE - WINDLEN MEST



300 years months 36 NA NA days

Gender Female

**Patient Vitals** 

Weight: NA

Pulse: NA NA

Spo2:

Measurements

QRSD: 96ms

406ms 366ms

P-R-T: 50° 70° 36°

148ms

REPORTED BY

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Dr Nitin Sonavane M.B.B.S.AFLH, D.DIAB, D.CARD Consultant Cardiologist 87714

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

# SUBURBAN DIAGNOSTICS

Time: 11:50:47

Height: 163 cms

Patient Details Date: 24-Feb-24

Name: AMBARI KASHYAP ID: 2405522087

Age: 36 y Sex: F

Clinical History: NONE

Medications: NONE

**Test Details** 

Protocol: Bruce

Pr.MHR: 184 bpm

THR: 156 (85 % of Pr.MHR) bpm

Weight: 65 Kgs

Total Exec. Time: 7 m 1 s

Max. HR: 158 ( 86% of Pr.MHR )bpm

Max. Mets: 10.20

Max. BP: 160 / 70 mmHg

Max. BP x HR: 25280 mmHg/min Min. BP x HR: 5880 mmHg/min

Test Termination Criteria: Target HR attained

rotocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0:36	1.0	0	0	85	110 / 70	-0.42 aVR	1.42
Standing	0:6	1.0	0	0	84	110 / 70	-0.42 III	1.42
Hyperventilation	0:31	1.0	0	0	97	110 / 70	-1.06 aVR	3.18 II
1	3:0	4.6	1.7	10	123	120 / 70	-2.34 aVR	2.48 II
2	3:0	7.0	2.5	12	145	130 / 70	-1.27 II	2.83 II
Peak Ex	1:1	10.2	3.4	14	158	160 / 70	-1.27 II -2.97 II	
Recovery(1)	1:0	1.8	1	0	129	140 / 70		5.66
Recovery(2)	1:0	1.0	0	0	101		-1.27 III	4.25
Recovery(3)	0:58	1.0	0	0	97	120 / 70 110 / 70	-0.85 aVR -0.42 III	2.83

### Interpretation

GOOD EFFORT TOLERANCE

NORMAL CHRONOTROPIC RESPONSE

NORMAL INOTROPIC RESPONSE

NO ANGINA/ ANGINA EQUIVALENTS

NO ARRHYTHMIAS

NO SIGNIFICANT ST-T CHANGES FROM BASELINE

IMPRESSION:STRESS TEST IS NEGATIVE FOR STRESS INDUCIBLE

**ISCHAEMIA** 

Disclaimer. Negative stress test does not rule out Coronary Artery Disease. Positive stress test is suggestive but not confirmatory of Coronary Artery Disease.

Hence clinical correlation is mandatory

DR. ASMITA CHATURVEDI M.B.B.S., M. D(MED). 2003/03/1460

Doctor: DR ASMITA CHATURVEDI

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Ref. Doctor: ACROFEMI HEALTHCARE LIMITED

( Summary Report edited by user)

