



Name : Ms. PUTLI BRAHMA (30 /F)

Date : 10/02/2024

AHC MEDICAL SUMMARY

Address : BANK OF BARODA, BONGAIGAON, BONGAIGAON, ASSAM, INDIA

Examined by : Dr .PRABIN KUMAR SAIKIA

UHID : AHLG2.000003739

Package : MediWheel Full Body Health Check up-Female below 40Yrs

AHC No : APHCAH21538



CHIEF COMPLAINTS

MediWheel Full Body Health Check up-Female below 40Yrs

Pain right shoulder and neck



DRUG ALLERGY

NO KNOWN ALLERGY

:10/02/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Abdominal pain - no; Dyspepsia - yes; Bowel habits - regular, constipation; Piles - no

Genitourinary system

Dysuria/burning micturition - yes

Gynaec history

Last menstrual period - 26-01-24

Central nervous system

Head ache - yes; Dizziness - yes; Concentration - good; Sleep - disturbed

Musculoskeletal system

Spine and joints

- Nil Significant

Weight

- stable



Surgical history

Surgical history - Nil



Personal history

Marital status

- Married

Diet

- Non Vegetarian

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

- Mild



Family history

Father

- alive

Aged

- 65 years

Mother

- alive

Aged

- 60 years

Brothers

- 2

Sisters

- 1

Coronary artery disease

- none

Cancer

- None

PHYSICAL EXAMINATION



General

Height

- 154

Weight

- 55

BMI

- 23.19

Waist circumference

- 86

Hip

- 89

Waist/ Hip ratio

- 0.97

Pallor

- No

Oedema

- no

SpO2

- 99% RA



Head and ENT

Others

- Nose Spur (L), Bilateral HIT +



Cardiovascular system

Heart rate (Per minute)

- 106

Rhythm

- Regular

- B.P. Sitting

Systolic(mm of Hg)

- 110

Diastolic(mm of Hg)

- 70

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AHC MEDICAL SUMMARY

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AHC No : APHCAH21538

Heart sounds : - S1S2+

Respiratory system

Rate of respiration(per minute) : - 22

Breath sounds : - Normal vesicular breath sounds

Abdomen

Organomegaly : - No

Tenderness : - No

Medications

NO MEDICATIONS

Recommended Follow-up Tests

1. Hemoglobin & Hematocrit (Hb & Hct) - 10/02/2024

2. Serum Ferritin - 10/02/2024


3. Serum Iron - 10/02/2024

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Note - This Health Check up, health advice and routine investigations have certain limitations and may not be able to detect all the diseases. Any signs or persisting symptoms should be reported to the attending physician. Additional tests, consultations and follow up may be required in some cases.

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Executive Summary

-  1. Hypochromic microcytic anaemia (Hb 9.8 g/dl) haemoglobinopathy (HbA1c 0.0)

Wellness Prescription

Advice On Diet :-



Dietician consultation

Advice On Physical Activity :-



Regular exercise

Medications

- 1. TAB FOLVITE 5 MG 1 tab once daily at bedtime x continue

Recommended Follow-up Tests

Test Name	Test Schedule	Repeat Frequency	Remarks
HB ELECTROPHORESIS	Immediate/Urgent		

Dr.PRABIN KUMAR SAIKIA

AHC Physician / Consultant Internal Medicine

Printed By : HEALTH CHECK REPORT

Dr. Prabin Kumar Saikia
 MD (Gen Medicine), FCGP, FICP, PGDHHM
 Registration No.-7523, Assam
 Consultant Physician, APHC
 Apollo Hospitals Guwahati-781005

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Ms. PUTLI BRAHMA Age : 30Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000037394 / APHCAH21538 W/BNo/RefNo : AHC
 SIN \ LRN : 123295284 \ 123295291 \ 123295286 \ 10301444
 Specimen : Serum
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 10-FEB-2024 11:11:02 AM Received on : 10-FEB-2024 12:14:19 PM Reported on : 10-FEB-2024 01:59:18 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
TOTAL T3: TRI IODOTHYRONINE - SERUM (Eclia)	1.4	Healthy Adults Euthyroid:1.3-3.1	nmol/L
TOTAL T4: THYROXINE - SERUM (Eclia)	125	Healthy Adults Euthyroid: 66-181	nmol/L
TSH: THYROID STIMULATING HORMONE - SERUM (Eclia)	0.937	Healthy Adults Euthyroid: 0.270-4.20	uIU/mL
ALT(SGPT) - SERUM (UV With P5P-IFCC)	29	Healthy Females:14-59 U/L	U/L
ALBUMIN - SERUM (Brom Cresol Green)	4.2	Healthy Adults-3.5-5.2	g/dL
GLOBULIN-SERUM(Calculated)	3.3	Healthy Adults: 1.8 - 3.6	
ALBUMIN:GLOBULIN-SERUM(RATIO)(Calculated)	1 *	0 - 0	
ALKALINE PHOSPHATASE - SERUM PNPP,AMP Buffer-IFCC	67	Healthy Adults:40-150	U/L
AST (SGOT) - SERUM (UV With P5P-IFCC)	25	Healthy Adults:15 - 37	U/L
BILIRUBIN, TOTAL - SERUM (Modified Doumas Ref. method/Jendrassik & Grof.)	1.0	Healthy Adults:<=1.0	mg/dL

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CHOLESTEROL - SERUM (Cholesterol Oxidase)	131	Desirable:<200 Borderline:200 - 240 High Risk:>=240	mg/dL
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM (L-gamma-glutamyl-3-carboxy-4-nitrilide)	18	Healthy Women:5 - 55	U/L
GLUCOSE -PLASMA (FASTING) Hexokinase	85	Non-Diabetic: <=100 Pre-Diabetic: 100-125 Diabetic: >=126	mg/dL
HDL CHOLESTEROL - SERUM / PLASMA (Direct Measurement)	52	Low: <40 High: >=60	mg/dL
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	2.5	Desirable :< 4.5	
LDL CHOLESTEROL - SERUM(DIRECT LDL) (Homogenous Method)	67	Optimal:<100 Near Optimal:100-129 Borderline High:130-159 High:160-189 Very High:>=190	mg/dL
PROTEIN, TOTAL - SERUM (Biuret)	7.5	Healthy Adults:6.4-8.3	mg/dl

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TRIGLYCERIDES - SERUM (Glycerol Phosphate Oxidase)	65	Normal : <150 Borderline High :150-199 High : 200-499 Very High : >=500	mg/dL
UREA - SERUM (Enzymatic,Urease-GLDH) (Urease)	17	<50 years:15-40	mg/dL
URIC ACID - SERUM (Modified Uricase)	2.9	Healthy Women:2.6 - 6.0	mg/dL
VLDL CHOLESTEROL - SERUM CALCULATED.	13	Desirable:<30	
BILIRUBIN CONJUGATED (DIRECT) - SERUM (Jendrassik & Grof)	0.3	Healthy Adults:0.0-0.5	mg/dL
CREATININE - SERUM JAFTE METHOD	0.5 *	Healthy Women: 0.57 - 1.11	mg/dL
GLUCOSE - PLASMA (POST PRANDIAL) Hexokinase	122	Normal: <140 Pre-Diabetic: 140-199 Diabetic :->=200	mg/dL

ApollO
HOSPITALS
GUWAHATI
TOUCHING LIVES

Page 3 of 4

CONSULTANTS

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DR. A. VERMA, DCP

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DR. D.J. LAHON, MD (MICRO)

DR. M. SARMA, MD (MICRO)

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MC-3480

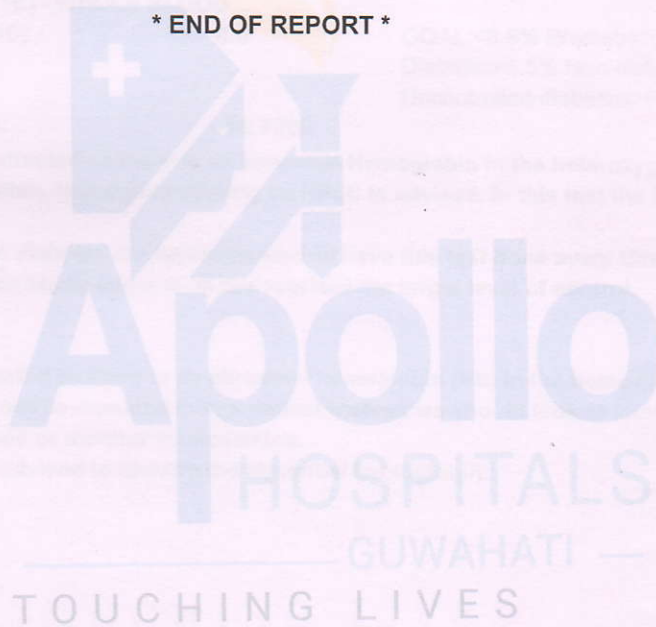
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Report Status:Final

* END OF REPORT *



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Printed On : 12-FEB-2024 11:10:54 AM

Dr. MOUSHUMI SAIKIA,
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REG NO.14979 AMC
CONSULTANT BIOCHEMIST

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Name : Ms. PUTLI BRAHMA
 UHID : AHLG2.0000037394 / APHCAH21538
 SIN \ LRN : 123295289 \ 10301444
 Specimen : Whole blood
 Ref Doctor : Dr. Prabin Kumar Saikia

Age : 30Yr 0Mth 0Days
 Gender : Female
 W/BNo/RefNo : AHC



Collected on : 10-FEB-2024 11:11:02 AM
 Received on : 10-FEB-2024 12:14:02 PM
 Reported on : 10-FEB-2024 02:27:53 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD	0.0	GOAL:<6.5% Prediabetic:5.7-6.4% Diabetic:>6.5% Non-diabetic:<5.7% Uncontrolled-diabetics>8%	%
Mean Plasma Glucose (MPG) Estimate:	-46.7000		mg/dL

Comments : Note: HbA1C may be affected as there is an abnormal Hemoglobin in the heterozygous form. To identify the abnormal Hemoglobin, Hemoglobin typing by HPLC is advised. In this test the HbA1C value obtained will be accurate.

Comment: People with diabetes are recommended to have this test done every three months to determine whether their blood sugar level has reached the target level of control.

HbA1C cannot be reported as there is an abnormal hemoglobin (Hb) in the homozygous form. HbA1C by HPLC method should not be repeated in this patient instead we should look at total Glycoted Hb by boronate affinity method or monitor fructosamine.
 Hb typing by HPLC is advised to identify the abnormal hemoglobin.

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UHID : AHLG2.0000037394 / APHCAH21538 W/BNo/RefNo : AHC
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Specimen : Whole blood
Ref Doctor : Dr. Prabin Kumar Saikia



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Report Status:Final

* END OF REPORT *



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DR. TRIDIB SARMA, D.C.P
CONSULTANT PATHOLOGIST

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MC-3480

Name : M^s. PUTLI BRAHMA Age : 30Yr 0Mth 0Days Gender : Female
 UHID : AHLG2.0000037394 / APHCAH21538 W/BNo/RefNo : AHC
 SIN ILRN : 123295285 \ 123295288 \ 10301444
 Specimen : Urine
 Ref Doctor : Dr. Prabin Kumar Saikia



Collected on : 10-FEB-2024 11:11:02 AM Received on : 10-FEB-2024 01:07:52 PM Reported on : 10-FEB-2024 01:17:12 PM

MediWheel Full Body Health Check up-Female below 40Yrs

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
URINE- BENCE JONES PROTEINS	Negative		
URINE ROUTINE (CUE)			
Color,:	Pale yellow	Pale Yellow/amber	
Transparency:	Clear	Clear	
Specific Gravity(Strip Method)	1.015 *	1.016 - 1.026	
pH(Strip Method+ Ph Paper)	6.0	4.6 - 8	
Glucose:(Benedicts+Strip Method)	Nil	Negative	
Protein :(Strip+Heat Method)	Nil	Negative	
DEPOSITS:(Microscopy)			
RBC	Not seen	Upto 3 Cells/hpf	
WBC/Pus Cells	1-2 /HPF	Upto to 5 Cells/hpf	
Squamous epithelial cells	+	Up to 20	
Casts:(Microscopy)	Not Detected	Absent	/lpf
Crystals:	Not Detected	Absent	/lpf
Nitrite	Negative	Negative	
URINE SUGAR	Nil		
HEMOGRAM(CBC+ESR+RECTIC+PS)			
Hemoglobin	9.8 *	12.0 - 15.0	g/dl
RBC COUNT	5.13 *	3.8 - 4.8	Million/ul
MCV	60.4 *	82.0 - 92.0	fl
MCH	19.1 *	26.0 - 32.0	pg
MCHC	31.6	31.0 - 36.0	g/dl
RDW-CV	16.4 *	11.6 - 14	%
RETICULOCYTE COUNT	1.75	Healthy Adult -:0.5-2.5%	%

Page 1 of 2
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UHID : AHLG2.0000037394 / APHCAH21538
SIN \LRN : 123295285 \ 123295288 \ 10301444
Specimen : Urine
Ref Doctor : Dr. Prabin Kumar Saikia

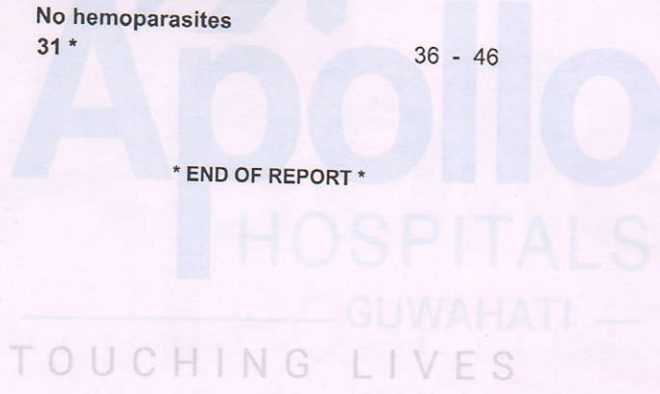
Age : 30Yr 0Mth 0Days Gender : Female
W/BNo/RefNo : AHC



Collected on : 10-FEB-2024 11:11:02 AM Received on : 10-FEB-2024 01:07:52 PM Reported on : 10-FEB-2024 01:17:12 PM

Platelet Count	118 *	150 - 400	
TLC/WBC Count	5.83	4.0 - 11.0	10 ³ /mm ³
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	0 - 20	10 ³ /mm ³ mm/1st hr
Differential Count			
Neutrophils	68	40 - 70	%
Lymphocytes	27.1	20 - 40	%
Eosinophils	3.1	1 - 6	%
Monocytes	1.5 *	2 - 10	%
Basophils	0.3	0 - 2	%
PERIPHERAL SMEAR			
RBC:	Anisopoikilocytosis, hypochromia & microcytosis mild		
WBC:	Total and Differential counts are within normal limits		
Platelets:	Adequate on the smear		
Hemoparasites	No hemoparasites		
PACKED CELL VOLUME [PCV]	31 *	36 - 46	%
Report Status:Final			

* END OF REPORT *



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Pooja Keshan

Printed On : 12-FEB-2024 11:11:56 AM

Dr. Pooja Keshan MBBS, MD
Reg No 21460 AMC

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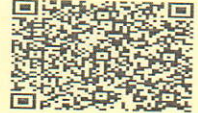
- DR. I. KALITA, MD
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- DR. D.J. LAHON, MD (MICRO)
- DR. M. SARMA, MD (MICRO)

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Name : Ms. PUTLI BRAHMA
UHID : AHLG2.0000037394 / APHCAH21538
SIN \LRN : 123295290 \ 10301444
Specimen : Blood
Ref Doctor : Dr. Prabin Kumar Saikia

Age : 30Yr 0Mth 0Days Gender : Female

W/BNo/RefNo : AHC



Collected on : 10-FEB-2024 11:11:02 AM Received on : 10-FEB-2024 01:23:09 PM Reported on : 10-FEB-2024 01:40:45 PM

TEST NAME

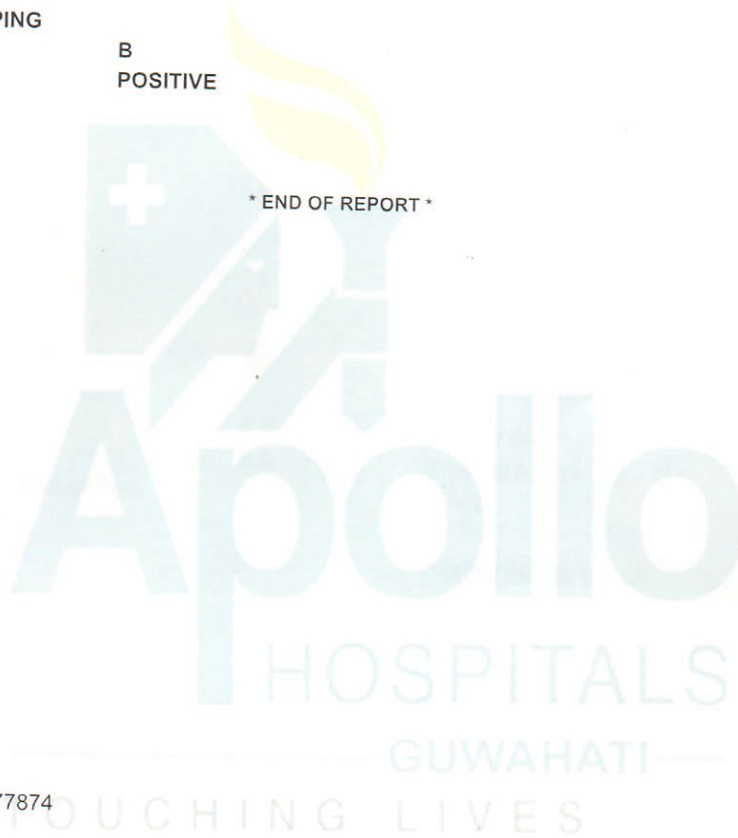
RESULT

BLOOD GROUPING AND TYPING

ABO Group:
Rh (D) Type:
Report Status:Final

**B
POSITIVE**

* END OF REPORT *



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CONSULTANTS
DR. DEEPA BHUYAN
MOIC, BLOOD BANK

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APOLLO HOSPITALS GHY
RG BARUAH ROAD
GUWAHATI

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: MS. PUTLI BRAHMA,
Patient ID: 61035
Height:
Weight:

DOB: 18.12.1993
Age: 30yrs
Gender: Female
Race: Indian

Study Date: 10.02.2024
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: --
Technician: --

Medications:

--

Medical History:

--

Reason for Exercise Test:

--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:44	0.00	0.00	70	110/70	
	STANDING	00:41	0.00	0.00	97		
	WARM-UP	00:07	1.00	0.00	100		
EXERCISE	STAGE 1	03:00	2.70	10.00	127	120/70	
	STAGE 2	03:00	4.00	12.00	155	130/70	
	STAGE 3	02:01	5.50	14.00	184	130/70	
RECOVERY		03:22	0.00	0.00	100	110/70	

The patient exercised according to the BRUCE for 8:00 min:s, achieving a work level of Max. METS: 10.20. The resting heart rate of 72 bpm rose to a maximal heart rate of 190 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

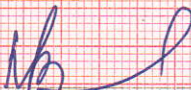
BP Response to Exercise: normal resting BP - appropriate response.

Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA.

Physician


DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital

Technician

DEPARTMENT OF RADIOLOGY & IMAGING

Division of Colour Doppler & Ultrasonography

Patient ID:	0000037394	Patient Name:	PUTLI BRAHMA
Age:	30 Years	Sex:	F
Accession Number:		Modality:	US
Referring Physician:	DR P K SAIKIA	Study:	W/A
Study Date:	11-Feb-2024		

USG OF WHOLE ABDOMEN

LIVER

The liver is normal in size with homogenous midlevel parenchymal echotexture. No focal lesion is seen. The intrahepatic portal and hepatic venous system are normal. The intrahepatic bile ducts are not dilated.

GALL BLADDER

The gall bladder is normally distended and shows smooth contour. There is no obvious echoreflexive calculus in the gall-bladder. GB wall thickness is within normal limit.

CBD

The CBD is normal in course and calibre. No obvious luminal pathology in visualized portion.

SPLEEN

The spleen is normal in size and echotexture. No focal lesion is noted.

PANCREAS

The pancreas is normal in size and echotexture. No focal lesion is seen. Pancreatic duct is not dilated.

KIDNEYS

Both the kidneys are normal in size, shape, position and echotexture. Cortico-medullary differentiation is maintained. No evidence of calculi or calyceal dilatation on either side. Ureters are not dilated.

Right kidney measures – 108 mm

Left kidney measures – 104 mm

URINARY BLADDER

The urinary bladder is normal in capacity and contour. The wall is not thickened. No intraluminal calculus or mass is seen.

UTERUS

The uterus is normal in size and is anteverted in position. The midline endometrial echo is normal. The myometrium shows homogenous echotexture. No focal myometrial lesion is seen. Cervix appears normal. Uterus measures about 81 x 59 x 38 mm.

ADNEXAE

Both the ovaries are normal in size and echoanatomy. There is no evidence of any abnormal solid or cystic lesion in the ovaries.

No ascites is seen.

Impression: No significant abnormality is noted on this scan.

Utpal Das

Dr. Utpal Das, MD (Radiodiagnosis)
Senior Consultant Radiologist
Reg No-13621 (AMC)

Date: 11-Feb-2024 12:12:47

S Hazarika, MD R. Baruah, DMRD P. Hatimota, MD R. Sarmah, MD A. Agarwal, MD M. Gohain, MD, S. Choudhury, MD Zohaib Hussain MD DNB
Discrepancy or transcription error if detected should be sent for correction

Patient Details : Ms. PUTLI BRAHMA | Female | 30Yr 0Mth 0Days

UHID : AHLG2.0000037394

Patient Location: AHC

Patient Identifier: APHCAH21538



DRN : 100027749

Completed on : 10-FEB-2024 11:06

Ref Doctor : Dr. Prabin Kumar Saikia

ECG

IMPRESSION .:

ECG TRACING IS WITHIN NORMAL LIMITS

--- END OF THE REPORT ---

DR. MOITREYEE BARUAH
MBBS, PGDCC
Jr. Consultant Cardiologist
Apollo Hospitals, Guwahati
Unit: International Hospital