**Name** : Mrs. AINDRILA SINHA (32 /F) Date : 09/03/2024

**Address** : 9 MAKALTALA LANE, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

: AMHL.0002311189 **Examined by: UHID** 

Package: MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK **AHC No: AMHLAH199354** 



For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Hypertension,

Dyslipidemia, Thyroid

disorder



NO KNOWN ALLERGY :09/03/2024



## Cardiovascular system

- Nil Significant

## Respiratory system

- Nil Significant

## Gastrointestinal system

- Nil Significant

## Genitourinary system

- Nil Significant

## **Gynaec history**

Last menstrual period - 3/3/24; Periods - regular; No of Children - 1; Deliveries - LSCS

## Central nervous system

- Nil Significant

## **Eyes**

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error

## **ENT**

- Nil Significant

## Musculoskeletal system

Spine and joints

- Nil Significant

## Skin

- Nil Significant



## Past medical history

Past medical history - nil significant



## Surgical history

Caesarian section - yes

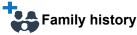


## Personal history

Marital status Married Diet - Mixed Diet

Alcohol - does not consume alcohol

**Smoking** - No Chews tobacco - No Physical activity - Mild



Father - alive Mother - alive Hypertension - mother Coronary artery - none

disease

Cancer - aunt

- Endometrial Type

#### PHYSICAL EXAMINATION



## General

Build - obese - 156 Height - 90 Weight BMI -36.98Pallor - No Oedema - no



## Cardiovascular system

Heart rate (Per minute) - 72 Rhythm - Regular Name : Mrs. AINDRILA SINHA (32 /F) UHID : AMHL.0002311189 Date : 09/03/2024

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Systolic(mm of Hg) - 122
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

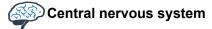
## Respiratory system

Breath sounds - Normal vesicular breath

sounds



Organomegaly - No Tenderness - No



- No neurological deficit

Printed By: Benazir Begaum

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COMPLETE HAEMO			E.		Casts:	Not Fou	ınd		
Test Name	Result		Level	Range	Crystals:	Not Fou	ınd		
Hemoglobin RBC COUNT	12.6 4.01	g/dl Millic	on/	12.0-15.0 3.8-4.8	NOTE : - Urine protein rechecked and confirmed by sulphosalicylic a				
		ul				test	-		
Hematocrit - Hct:	38.3	%		36-46	URINE SUGAR - POS	TDDAN	DIAI		
MCV	95.4	fl		83-101	(QUALITATIVE)	IPKAN	DIAL		
MCH	31.5	pg		27-32	Test Name	Result	Unit	Level	Range
MCHC	33.0	%		31.5-34.5	URINE	Nil			
RDW	13.9	%		11.8-14.0	GLUCOSE(POST PRANDIAL)				
WBC Count	6700	/cu n	nm 🗨	4000-10000	T TONDIAL)				
Platelet Count	1.93	lacs/ mm	cu •	1.5-4.0	URINE SUGAR- FAST Test Name	ING(QU Result		-	Range
Neutrophils	60	%		40-80	URINE	Nil			
Lymphocytes	35	%		20-40	GLUCOSE(FASTING)				
Monocytes	04	%		2-10	BLOOD GROUPING A	ND TYF	PING (A	ABO A	ND RH
Eosinophils	01	%		01-06	Test Name		Unit		
Basophils	00	%		0-0	ABO Group:	Α			
RBC:	Normoc	Normocytic Normochromic cells		Rh (D) Type:	POSITI	VE			
Platelets:	Adequa	Adequate.		LIVER FUNCTION TEST (PACKAGE)					
	00.4	,			Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	26 *	mm/	1st ●	0-20	ALT(SGPT) - SERUM	38 *	U/L	•	0-35
JRINE ROUTINE AN	ID MICPO	اجراد	v		ALBUMIN - SERUM	4.5	g/dL		3.5-5.1
Test Name	Result			Range	ALKALINE	65	U/L		33-98
Volume:	40	mL		· tuiligo	PHOSPHATASE -	03	0/L		33-30
Colour:	Pale Str				SERUM				
Appearance	Slightly				AST (SGOT) - SERUM	25	U/L		0-35
Specific Gravity	1.005	ranbia			AST (SGOT) - SERUM	25	U/L		0-33
pH:	6.5				BILIRUBIN TOTAL -	0.5	mg/dL	•	0.3-1.2
Albumin:	Trace				SERUM				
Glucose		octod			LIPID PROFILE TEST	(PACK	AGE)		
Ketone:		Not Detected  Not Detected		Test Name	Result	•	Level	Range	
					CHOLESTEROL -	198	mg/dL	•	0-200
Bile Pigments	Not Det				SERUM				
RBC	25-30	/hpf			CREATININE - SERUM	И			
Pus Cells	2-4	/hpf			Test Name	Result	Unit	Level	Range
Epithelial Cells	8-10 /h.	p.†/hpf			CREATININE - SERUM	0.6	mg/dL	•	0.6-1.1

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Test NameResultUnitLevelRangeGGTP: GAMMA29U/L●0-38GLUTAMYLTRANSPEPTIDASE -<br/>SERUM

## **GLUCOSE - PLASMA (FASTING)**

Test NameResultUnitLevelRangeGLUCOSE - PLASMA98mg/dL●70-99(FASTING)

## **GLUCOSE - PLASMA (POST PRANDIAL)**

Test NameResultUnitLevelRangeGLUCOSE - PLASMA109mg/dL●70-140(POST PRANDIAL)

# HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

**Test Name** Result Unit Level Range HBA1C 4.7 % Nondiadetic: 4 (GLYCOSYLATED - 5.6 % HAEMOGLOBIN)-WHO Prediabetics: LE BLOOD 5.7 - 6.4% Diabetes >/= 6.5% **ADA** Theraputic goal

## LIPID PROFILE TEST (PACKAGE)

**Test Name** Result Unit Level Range HDL CHOLESTEROL -47 mg/dL 30-70 **SERUM** LDL CHOLESTEROL 126 \* mg/dL = 0-100 -SERUM mg/dL VLDL CHOLESTEROL -25 0-35 SERUM (Calculated)

## LIVER FUNCTION TEST (PACKAGE)

**Test Name** Result Unit Level Range PROTEIN TOTAL -7.7 g/dL 6.4 - 8.3**SERUM** g/dL 1.8-3.6 GLOBULIN: 3.2 (CALCULATED) -**SERUM** 

## THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

TOTAL T3: TRI 1.47 ng/ml ■ 0.87-1.78

IODOTHYRONINE - SERUM

TOTAL T4: 11.88 μg/dL • 5.48-14.28 THYROXINE - SERUM

## LIPID PROFILE TEST (PACKAGE)

Test NameResultUnitLevelRangeTRIGLYCERIDES -<br/>SERUM184 \*mg/dL●0-150

## THYROID PROFILE - I(T3,T4 AND TSH)

Test NameResultUnitLevelRangeTSH: THYROID4.02μIU/mL0.38-5.33STIMULATING<br/>HORMONE - SERUM

## **URIC ACID - SERUM**

Test NameResultUnitLevelRangeURIC ACID - SERUM5.2mg/dL●2.4-5.7

#### LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangeBILIRUBIN0.1mg/dL●0.0-0.2CONJUGATED<br/>(DIRECT) - SERUM

## **BUN (BLOOD UREA NITROGEN)**

Test NameResultUnitLevelRangeBUN (BLOOD UREA8.6mg/dL■7.0-18.0NITROGEN)

## LIVER FUNCTION TEST (PACKAGE)

Test NameResultUnitLevelRangeA/G - RATIO1.41.0-2.0

## **BUN/CREATININE RATIO**

Test Name Result Unit Level Range
BUN/CREATININE 13.4
RATIO

**ECG** 

Within Normal Range
Borderline High/Low
Out of Range

: <7%

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SINUS RHYTHM. POOR R WAVE PROGRESSION.

#### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

## **ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade I fatty liver.
- \* Cholelithiasis.
- \* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

## X-RAY CHEST PA

\*Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

## Histopathology

PAP SMEAR /CERVICAL SMEAR

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Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## **AICVD RISK SCORE REPORT**

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
High Risk	4	3

## Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

## Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 3 months if you have:
  - o Uncontrolled high blood pressure
  - o Diabetes
  - o Dyslipidemia
  - o Coronary heart disease
- You will be referred to a cardiologist.

#### DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515