

Name : Mrs. SAKTHI VADIVU (47 /F)

Date : 24/02/2024

Address : C/O BANK OF BARODA 145-C, RAM BUILDING TRICHY ROAD,NAMAKKAL,
NAMAKKAL, NAMAKKAL, TAMIL NADU, INDIA

Examined by :

UHID : AT01.0000088314

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE ABOVE
40YRS

AHC No : TRYMH56806



CHIEF COMPLAINTS

For Annual health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer, Impaired Glycemia



DRUG ALLERGY

NO KNOWN ALLERGY

:22/06/2019



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - NOV 2023; Periods -
irregular

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant

General symptoms

- Nil Significant

Mind Health screening

Emotional Wellness
Assessment (PHQ9)
Score - 0
Depression Level -
None-Minimal

Anxiety Assessment
(GAD7) Score - 0
Anxiety Level - No to
Low risk level

Sleep Assessment

Sleep Score:0-2
Risk Level:
Low risk of Obstructive
sleep apnea



Present medications

On immunosuppressive - No



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Covid 19 - Yes

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Hospitalization for Covid 19 - Yes

Oxygen support - No

Thyroidectomy - Partial - 1999

Immunization history

- Covid Dose1,Covid Dose2

Personal history

Marital status - Married

No. of children - 2

Female - 1

Male - 1

Occupation - house wife

Diet - Mixed Diet

Consumption of Smoked or Preserved Meat regularly - No

Alcohol - does not consume alcohol

Smoking - No

E-cigarettes, vaping, hookah or water-pipe? - No

Chews tobacco - No

Uses snuff - No

Physical activity - Mild

Family history

Father - has expired

Aged - 50

Mother - alive

Brothers - 2

Sisters - 1

Coronary artery disease - none

Cancer - mother

Type - Breast

General appearance - normal

Build - obese

Height - 157

Weight - 80.05

BMI - 32.48

Pallor - No

Oedema - no

SpO2 - 98%

Cardiovascular system

Heart rate (Per minute) - 70

Rhythm - Regular

Systolic(mm of Hg) - 100

Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No

Tenderness - No

PHYSICAL EXAMINATION

General

Printed By : Sankar S

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016 - 1.026
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	5 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./dL		
RBC	4-6 /h.p.f	/hpf		0-5
Pus Cells	2-4 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

ALT(SGPT)	16	U/L	●	Adult Female : <34
Globulin - Serum: (Calculated)	2.7	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	59	U/L	●	ADULT(MALE) < 129 ADULT(FEMALE) < 104
AST (SGOT)	18	U/L	●	Adult Female: <31
Bilirubin, Total - Serum	0.6	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	220 *	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CBC

Test Name	Result	Unit	Level	Range
Hemoglobin	11.1 *	gm%	●	11.5-16.5
Packed cell volume(Calculated)	35.4 *	%	●	37-47
WBC Count	9.15	10 ⁹ /m ³	●	4-11
Platelet Count	335	10 ⁹ /m ³	●	150-450
ESR	17	mm/hr	●	0-20
Neutrophils	45	%	●	40-80
Lymphocytes	48 *	%	●	20-40
Eosinophils	03	%	●	01-06
Monocytes	04	%	●	2-10

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.7	mg/dL	●	Female: 0.6 - 1.1

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	23	U/L	●	Female: < 38

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	85	mg/dL	●	70 - 100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	113	mg/dL	●	< 140

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
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GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range	Triglycerides - Serum	126	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	4 - 6 % (NGSP)					

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range	Total Cholesterol / HDL Cholesterol Ratio (Calculated)	4.6 *		●	< 4.5
HDL Cholesterol	48	mg/dL	●	Low: <40 High: >=60					

LDL Cholesterol (Direct LDL)	133 *	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190
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TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	2.03	µIU/mL	●	Adults(21 - 54 Years): 0.5 - 5.0 Pregnancy: First Trimester: 0.3 - 4.5 Second Trimester: 0.5 - 4.6 Third Trimester: 0.8 - 5.2

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Protein Total - Serum	6.8	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.1	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Urea	21	mg/dL	●	Adult: 13 - 43

TOTAL T3 T4 TSH

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	114	ng/dL	●	Adults(20-50 Yrs Female): 70 - 204 Pregnancy:First Trimester: 81-190 Second Trimester : 100 - 260 Third Trimester: 100 - 260
TOTAL T4: THYROXINE - SERUM	10.8	µg/dL	●	Adults(15-60 Yrs Female): 5.5 - 11.0

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	5.9	mg/dL	●	Adult Female: 2.6 - 6.0

LIVER FUNCTION TEST WITH GGTP

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.1	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.5	mg/dL	●	0.0-1.0

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.8	mg/dL	●	Adult : 6 - 20

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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TRIGLYCERIDES/HDL 2.6
CHOLESTROL

2D-ECHO WITH COLOUR DOPPLER

NO REGIONAL WALL MOTION ABNORMALITY
LEFT VENTRICLE NORMAL IN SIZE
NORMAL LEFT VENTRICULAR FUNCTION
NO LV CLOT
TRIVIAL MITRAL REGURGITATION
TRIVIAL TRICUSPID REGURGITATION
NO PULMONARY ARTERY HYPERTENSION
NO PERICARDIAL EFFUSION
IAS/IVS INTACT

MAMMOGRAPHY

- Right breast: Tiny simple cyst at 9'0 clock position – BIRADS 2 (Benign).
- Left breast: No obvious focal lesion – BIRADS 1 (Normal).

Adv: Annual screening mammogram

ULTRASOUND - WHOLE ABDOMEN

IMPRESSION:

- Grade I fatty liver.

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

X Ray

X-RAY CHEST PA

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Moderate Risk

5

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. Note: The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515