

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mrs. Karshan Landhe Date: 23/3/24

Age: 33 Sex: M Weight: 64 kg Height: 157 inc BMI: 25.9

BP: 127/74 mmHg Pulse: 75 bpm RBS: _____ mg/dl

SpO2: 100%

LMP: 6/3/24

Non HT, Non DM

Ch
Lp
P/A

Im.

HB - 10.9

HDL - 29

Adv.

Diet control (as advised)

Daily exercise

Wt. Loss

T. sugar x T 1 2
ABF (30)

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No.: 2014/01/0113

Dr. Rahul Atara
BDS, MDS (Endodontics)
Sr. Consultant Dental Surgeon
Reg. No: A-16347



Name : Mrs Kanchan Londhe Date : 23 03 24

Age : 33yo Sex : M/F Weight : _____ kg Height : _____ inc BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

Abpachion c 64/4

Av Restoration c 64/4

Nisha



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

KANCHAN ROSHAN LONDHE 1Y(S) 3M(S) 21D(S)/F KH125780 9752682112	CONSULT DATE : 23-03-2024 CONSULT ID : OPC2324128463 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Eye	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% WV						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 -0.50 155 6/6

LEFT EYE 00 -0.50 45 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :23-03-2024 10:38:26

REMARK-



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. Kanchan Roshan Londhe	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:02 am	Report Date : 23-Mar-24 11:57 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	10.9	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		34.3	36.0 - 46.0 %	Calculated
RBC Count		4.48	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		77	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		24.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		31.8	31.5 - 35.0 g/l	Calculated
RDW		18.6	11.5 - 14.0 %	Calculated
Platelet count		277	150 - 450 10^3 /cumm	Impedance
WBC Count		6300	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		58.9	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		35.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.6	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3710.7	2000 - 7000 /cumm	Flow Cytometry/Light microscopy Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2249.1	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		113.4	20 - 500 /cumm	Calculated
Absolute Monocyte Count		226.8	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		16	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. Kanchan Roshan Londhe **Age /Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:00 am **Report Date** : 23-Mar-24 11:59 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	95	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		73	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.1	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST
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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	157 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		104 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		<u>29</u> > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		104.43 < 100 mg/dl	Enzymatic
VLDL Cholesterol		21 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		5 3 - 5	Calculation

Initiate therapeutic

	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

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Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:02 am
Report Date : 23-Mar-24 11:59 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.31	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.21	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.10	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		67	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		18	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		23	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.92	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.41	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.50	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.3		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Kanchan Roshan Londhe	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:02 am	Report Date : 23-Mar-24 11:59 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.47	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.13	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.69	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**DR. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. Kanchan Roshan Londhe
Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:02 am
Report Date : 23-Mar-24 11:59 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	12	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.5	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		126.9	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		147	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.84	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY


Patient Name : Mrs. Kanchan Roshan Londhe
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 11:21 am
Report Date : 23-Mar-24 12:15 pm

URINE SUGAR

Parameter
Urine Glucose
NOTE:

Result Values
Negative
Urine sugar Postmeal
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss
Verified By : : 11100400
Test results related only to the item tested.
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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. Kanchan Roshan Londhe
Bill No/ UMR No : BIL2324087554/KH125780
Received Dt : 23-Mar-24 10:14 am

Age / Gender : 33 Y(s)/Female
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 23-Mar-24 11:31 am

USF(URINE SUGAR FASTING)

Parameter
Urine Glucose

Specimen
Urine

Result Values
Negative

Biological Reference

Method
STRIP

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. Kanchan Roshan Londhe	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:14 am	Report Date : 23-Mar-24 11:31 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		6.0	4.6 - 8.0 Indicators
Specific gravity		1.005	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	
R.B.C.		Absent	0 - 4 /hpf Manual
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	0 - 4 /hpf Absent



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. Kanchan Roshan Londhe
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:14 am
Report Date : 23-Mar-24 11:31 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. Kanchan Roshan Londhe	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087554/KH125780	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:02 am	Report Date : 23-Mar-24 12:37 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O " Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)
		*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	KANCHAN ROSHAN LONDHE	AGE /SEX:	YRS/FEMALE
UMR NO:	KH125780	BILL NO:	BIL2324087554-10
REF BY	DR. VIMMI GOEL	DATE:	23/03/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- **No pleuro-parenchymal abnormality seen.**



**DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]**

PATIENT NAME:	MRS. KANCHAN LONDHE	AGE /SEX:	31 Yrs/Female
REFERRED BY:	DR. VIMMI GOEL	REPORT DATE:	23/03/2024
REG NO:	Kh125780		

USG WHOLE ABDOMEN

LIVER is normal in size shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture. No evidence of calculus or hydronephrosis seen. URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is normal.

No mass lesion in either adnexa.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

KIMS-KINGSWAY HOSPITALS

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Kanchan Roshan Londhe
 Age : 33 years / Female
 UMR : KH125780
 Date : 23/03/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 127/74 mm Hg (Right arm, Supine position)
 BSA : 1.67 m²

Impression:

Normal chambers dimensions
Borderline left ventricular hypertrophy
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.8
E/E' is 9.1 (Normal filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. Borderline left ventricular hypertrophy. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 101 cm/s, A Velocity is 56 cm/s. E/A is 1.8. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 9.7 cm/sec & at lateral mitral annulus is 12.6 cm/sec. E/E' is 9.1 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	33
Aortic root	20-37	7-28	20
LVIDd	35-55	8-47	39
LVIDs	23-39	6-28	21
IVS (d)	6-11	4-8	11
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

33 Years

Male

FHC DEPT.

Rate 69 Sinus rhythm.....normal P axis, V-rate 50-99

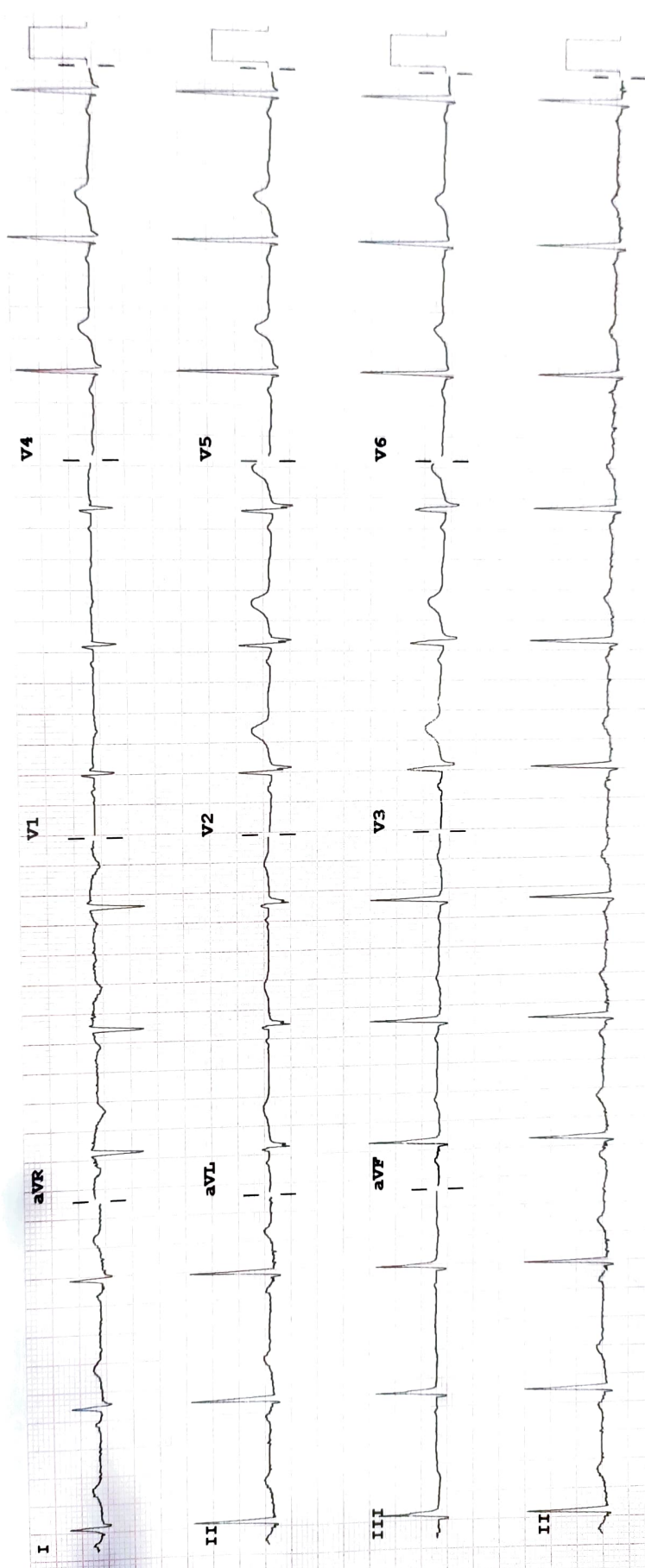
PR 134
QRSD 100
QT 405
QTc 434

--AXIS--
P 35
QRS 72
T 10

12 Lead; Standard Placement

-- NORMAL ECG --

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CI

P?