

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)

Sr. Consultant Non Invasive Cardiology

Reg. No. MMC- 2014/01/0113

Preventive Health Check up

KIMS Kingsway Hospitals

Nagpur

Phone No.: 7499913052



KIMS-KINGSWAY
HOSPITALS

Name : Mrs. Shital Rathod Date : 23/3/24

Age : 33y Sex : M F Weight : 64 kg Height : 164 inc BMI : 23.8

BP : 107/66 mmHg Pulse : 83/m bpm RBS : _____ mg/dl

SpO2: 99%

LMP-9/3/24

KIMS
CUDDLERS™
MOTHER & CHILD CENTRE

Dr. Rita Bang

MS, DNB, OBGY, FMAS,
DMAS, High Risk Obstetrician,
Gynaec Endoscopic Surgeon and Infertility Specialist
Reg. No: MMC-2010/06/2306

Name: Ms. Shital Rathod Date: 23/03/24
Age: 33yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

33yrs P/L | FTUS | ♀ - 54w.

H/o Lap + Hyst. Myomectomy in past.

LMP - 9/3/24.

USG of Ut Bulky
Adenomyosis.

P/s. Cx | (H) |
vg |

Planning for 2nd child.

Adv

Pap's Smear

• T. folivite (5mg)

1 →

Bang

• T. Pause MF / Etosys MF

1 → 1x 2 days.

(for bleeding
& pain).

Bang

Dr. Rahul Atara
BDS, MDS (Endodontics)
Sr. Consultant Dental Surgeon
Reg. No: A-16347

Name: Mrs. Shital Rathod Date: 23/03/24

Age: 33 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Checkup

PMH - NRH

PDH - 4/0 prosthesis \bar{c} $\frac{4}{1}$

C/E -

- Spacing \bar{c} 0/4 ant.
- Pit Caries \bar{c} $\frac{18}{17}$
- Calculus +
- Stains +

Advice - Orthodontic t/t.
Restoration \bar{c} $\frac{18}{17}$
Oral Prophylaxis.

Dr. Sidnyasa



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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Maharashtra, India - 440001.

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Email : assistance@kimshospitals.com | **Website :** www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

SHITAL JAYDEEP RATHOD 33Y(S) 0M(S) 0D(S)/F UMR2324041670 9422839935 MARRIED	CONSULT DATE : 23-03-2024 CONSULT ID : OPC2324128521 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : - °F **Pulse :** - /min **BP (mmHg) :** **spO2 :** -- %RA **Pain Score :** -- /10 **Height :** -- cms
Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	MAXMOIST 10ML DROPS	Eye	1-1-1-1	Every Day	NA	2 months
		Instructions : -				
		Composition : D-PANTHENOL 50MG+HYALURONIC ACID 1MG				

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE -0.50 00 00 6/6

LEFT EYE -0.50 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-CAN CONT. OLD GLASS

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 23-03-2024 12:19:11



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. SHITAL JAYDEEP RATHOD
Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:56 am
Report Date : 23-Mar-24 12:05 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	7.6	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		25.7	36.0 - 46.0 %	Calculated
RBC Count		3.88	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		66	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		19.7	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		29.8	31.5 - 35.0 g/l	Calculated
RDW		19.8	11.5 - 14.0 %	Calculated
Platelet count		378	150 - 450 10^3 /cumm	Impedance
WBC Count		5700	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		64.6	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		30.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.3	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.0	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3682.2	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD **Age / Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:55 am **Report Date** : 23-Mar-24 12:01 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	84	< 100 mg/dl	GOD/POD,Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c		5.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD

SPANV CONSULTANT PATHOLOGIST
MediSearch Lifesciences Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 01:02 pm	Report Date : 23-Mar-24 01:59 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	95	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

- Diabetes Mellites If,
- Fasting \geq 126 mg/dl
- Random/2Hrs. OGTT \geq 200 mg/dl
- Impaired Fasting = 100-125 mg/dl
- Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:56 am	Report Date : 23-Mar-24 12:01 pm

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	168 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		70 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		64 > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		79.56 < 100 mg/dl	Enzymatic
VLDL Cholesterol		14 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<160

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:56 am	Report Date : 23-Mar-24 12:01 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.49	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.24	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.07	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD
Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:56 am
Report Date : 23-Mar-24 12:01 pm

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.30	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.14	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.16	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		89	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		15	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		24	13 - 35 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.34	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.14	3.5 - 5.0 gm/dl	Calculated
Globulin		3.20	2.0 - 4.0 gm/dl	
A/G Ratio		1.3		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:56 am	Report Date : 23-Mar-24 12:01 pm

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	14	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.5	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		126.9	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.25	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:26 am	Report Date : 23-Mar-24 12:14 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:26 am	Report Date : 23-Mar-24 12:14 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.010	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Negative	Negative
		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	Normal
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	0 - 4 /hpf
			Absent



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. SHITAL JAYDEEP RATHOD	Age /Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 10:26 am	Report Date : 23-Mar-24 12:14 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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**Dr. Anuradha Deshmukh, MBBS,MD
CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. SHITAL JAYDEEP RATHOD
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087576/UMR2324041670
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 09:56 am
Report Date : 23-Mar-24 12:37 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "

Gel Card Method

Rh (D) Typing.
Note

" Negative "(-Ve)
Suggested weak Rh D,Du testing.
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

PATIENT NAME:	MRS. SHITAL RATHOD	AGE /SEX:	33 YRS/FEMALE
UMR NO:	2324041670	BILL NO:	2324087576
REFERRED BY	DR. VIMMI GOEL	DATE	23/03/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MRS. SHITAL RATHOD	AGE /SEX:	33 YRS/FEMALE
UMR NO:	2324041670	BILL NO:	2324087576
REFERRED BY	DR. VIMMI GOEL	DATE	23/03/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus appears bulky.

Shows heterogeneous echotexture with loss of endomyometrial interface – suggestive of adenomyosis.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal.

Bilateral ovaries are normal. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

F/s/o Adenomyosis.

No other significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



DR. ANIKET KUSRAM

MBBS, MD, DNB

CONSULTANT RADIOLOGIST

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Shital , Rathod
Patient ID: 041670
Height:
Weight:
Study Date: 23.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 29.12.1989
Age: 34yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:24	0.00	0.00	99	110/70	
EXERCISE	WARM-UP	00:10	1.00	0.00	93		
	STAGE 1	03:00	1.70	10.00	148		
	STAGE 2	03:00	2.50	12.00	171	120/70	
RECOVERY	STAGE 3	00:58	3.40	14.00	181		
		01:00	0.00	0.00	155	140/70	
		02:00	0.00	0.00	106	130/70	
		00:16	0.00	0.00	109		

The patient exercised according to the BRUCE for 6:57 min:s, achieving a work level of Max. METS: 9.90. The resting heart rate of 89 bpm rose to a maximal heart rate of 181 bpm. This value represents 97 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 140/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: RBBB.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Baseline RBBB seen.

Rate 83 . Sinus arrhythmia.....V-rate 68- 94, variation>10%
 . Right bundle branch block.....QRSd>120, terminal axis(90,270)

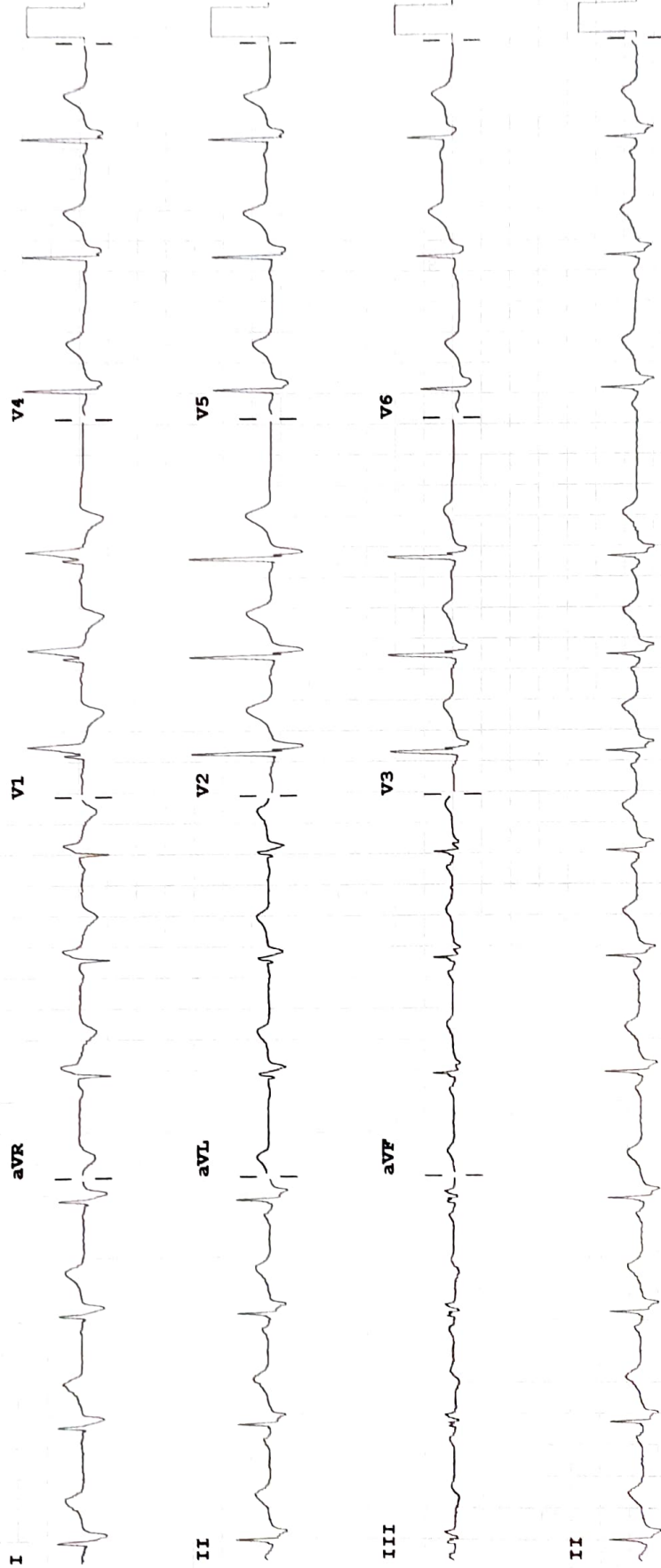
PR 135
 QRSD 123
 QT 419
 QTc 493

--AXIS--
 P 80
 QRS 75
 T 24

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?