Name : Ms. JHUMA MUKHOPADHYAY (46 /F) Date : 25/04/2024

Address

Examined by: Dr.SHARMISTHA MALLIK UHID : AMHL.0002337618

Package: MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE AHC No: AMHLAH204021

FEMALE HCK



For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,

Hypertension,

Dyslipidemia, Thyroid disorder, Heart disease,

Stroke, Asthma



NO KNOWN ALLERGY :25/04/2024



Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 5.4.24; Periods - irregular, regular; No of Children - 2; Last child birth - 10 yrs; Deliveries - normal vaginal delivery

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

Knee (bilateral) - pain; - on medication

Skin

- Nil Significant



Past medical history - nil significant

Jaundice - yes



Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No Chews tobacco - No

Physical activity - Sedentary



Father - has expired

Mother - alive
Coronary artery - none

disease

Cancer - None

PHYSICAL EXAMINATION



General

 Build
 - obese

 Height
 - 155

 Weight
 - 81

 BMI
 - 33.71

 Pallor
 - No

 Oedema
 - no

Cardiovascular system

Heart rate (Per minute) - 84
Rhythm - Regular

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- B.P. Sitting

Systolic(mm of Hg) - 114

Diastolic(mm of Hg) - 80

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath

sounds



Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Opthalmology consultation

Opthalmology findings - UCVA:RE:6/9 LE:6/9P

NVA:RE:N8P LE:N8P

OCULAR MOVEMENT:WNL

ANT.SEG:WNL

ACCPT: SPECTACLE PWR

RE:+0.50DS(6/6)

LE:+0.50/+0.50X40*(6/6) ADD(BE):+1.75DSPH(N6) ADVICE:*Glass Rx.*Review

after 1yr/SOS

Printed By: Benazir Begaum

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COMPLETE HAEMO					Casts:	Not Fou	ınd		
Test Name	Result		Level	Range	Crystals:	Not Fou	ınd		
Hemoglobin	11.2 *	g/dl	/	12.0-15.0	URINE SUGAR - POS	T DDAN	ואום		
RBC COUNT	4.26	ul	on/	3.8-4.8	(QUALITATIVE)	IFRAN	DIAL		
Hematocrit - Hct:	35.3 *	%		36-46	Test Name	Result	Unit	Level	Range
MCV	82.8 *	fl	•	83-101	URINE	Nil			
MCH	26.3 *	pg		27-32	GLUCOSE(POST PRANDIAL)				
MCHC	31.8	%		31.5-34.5	LIDINE OLICAD, FACT		A	-IV (=\	
RDW	15.6 *	%		11.8-14.0	URINE SUGAR- FAST Test Name	TING(QUALITATIVE) Result Unit Level Range			
WBC Count	7400	/cu n	nm 🗨	4000-10000		Nil	Oilit	Levei	Range
Platelet Count	2.46	lacs/ mm	cu •	1.5-4.0					
Neutrophils	58	%		40-80	BLOOD GROUPING A		•		•
Lymphocytes	35	%		20-40	Test Name		Unit	Level	Range
Monocytes	05	%		2-10	ABO Group:	AB	_		
Eosinophils	02	%		01-06	Rh (D) Type:	POSITI	VE		
Basophils	00	%		0-0	LIVER FUNCTION TE	ST (PAC	KAGE)	
RBC:	Normoc	ytic No	rmochro	mic cells	Test Name	Result		Level	Range
Platelets:	Adequa	te.			ALT(SGPT) - SERUM	18	U/L		0-35
ERYTHROCYTE SEDIMENTATION	27 *	mm/	1st 🗨	0-20	ALBUMIN - SERUM	4.3	g/dL	•	3.5-5.1
RATE (ESR)					ALKALINE PHOSPHATASE -	77	U/L	•	33-98
JRINE ROUTINE AN	D MICRO	SCOF	Υ		SERUM				
Test Name	Result	Unit	Level	Range					
Volume:	20	mL			AST (SGOT) - SERUM	19	U/L		0-35
Colour:	Pale Str	Pale Straw			BILIRUBIN TOTAL -	0.7	mg/dl	•	0.3-1.2
Appearance	Slightly	Slightly Turbid			SERUM	• • • • • • • • • • • • • • • • • • • •	J		0.0
Specific Gravity	1.020	1.020			LIPID PROFILE TEST (PACKAGE)				
pH:	6.0				Test Name	Result		Level	Range
Albumin:	Not Det	ected			CHOLESTEROL -	177	mg/dl	_	0-200
Glucose	Not Detected				SERUM				
Ketone:	Not Det	ected			CREATININE - SERUI	М			
Bile Pigments	Not Det	ected			Test Name	Result	Unit	Level	Range
RBC	Nil	/hpf			CREATININE - SERUM	8.0	mg/dl		0.6-1.1
Pus Cells	2-4	/hpf			LIVER FUNCTION TE	ST (DAC	KAGE	`	
Epithelial Cells	1-2 /h.p.	f /hpf			Test Name	•		•	Range

Name : Ms. JHUMA MUKHOPADHYAY (46 /F) UHID : AMHL.0002337618 **Date** : 25/04/2024 Package: MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK AHC No: AMHLAH204021 20 U/L 0.94 ng/ml **GGTP: GAMMA** 0-38 TOTAL T3: TRI 0.87-1.78 **GLUTAMYL IODOTHYRONINE -**TRANSPEPTIDASE -SERUM **SERUM** TOTAL T4: 14.8 * µg/dL 5.48-14.28 **GLUCOSE - PLASMA (FASTING)** THYROXINE - SERUM **Test Name** Result Unit Level Range LIPID PROFILE TEST (PACKAGE) mg/dL GLUCOSE - PLASMA 93 70-99 (FASTING) **Test Name** Result Unit Level Range TRIGLYCERIDES -77 mg/dL 0-150 GLUCOSE - PLASMA (POST PRANDIAL) **SERUM Test Name** Result Unit Level Range THYROID PROFILE - I(T3,T4 AND TSH) mg/dL **GLUCOSE - PLASMA** 148 * 70-140 (POST PRANDIAL) **Test Name** Result Unit Level Range TSH: THYROID 2.73 μIU/mL 0.38-5.33 **HBA1C (GLYCOSYLATED** STIMULATING HAEMOGLOBIN)-WHOLE BLOOD HORMONE - SERUM **Test Name** Result Unit Level Range **URIC ACID - SERUM** HBA1C 5.7 * % Nondiadetic: 4 (GLYCOSYLATED - 5.6 % **Test Name** Result Unit Level Range HAEMOGLOBIN)-WHO Prediabetics: **URIC ACID - SERUM** 4.3 mg/dL 2.4-5.7 LE BLOOD 5.7 - 6.4% Diabetes LIVER FUNCTION TEST (PACKAGE) >/= 6.5% **Test Name** Result Unit Level Range ADA Theraputic goal **BILIRUBIN** 0.2 mg/dL 0.0-0.2 : <7% **CONJUGATED** (DIRECT) - SERUM LIPID PROFILE TEST (PACKAGE) **BUN (BLOOD UREA NITROGEN) Test Name** Result Unit Level Range **Test Name** Result Unit HDI CHOLESTEROL -48 mg/dL 30-70 Level Range **SERUM** mg/dL BUN (BLOOD UREA 7.5 7.0-18.0 NITROGEN) LDL CHOLESTEROL 123 * mg/dL 0-100 LIVER FUNCTION TEST (PACKAGE) -SERUM Result Unit **Test Name** Level Range VLDL CHOLESTEROL mg/dL 0-35 A/G - RATIO SERUM (Calculated) 1.5 1.0 - 2.0LIVER FUNCTION TEST (PACKAGE) **BUN/CREATININE RATIO** Result Unit **Test Name** Level Range **Test Name** Result Unit Level Range g/dL PROTEIN TOTAL -7.2 6.4-8.3 **BUN/CREATININE** 9.7 **SERUM RATIO** GLOBULIN: 2.9 g/dL 1.8-3.6 (CALCULATED) -PAP SMEAR /CERVICAL SMEAR **SERUM** Ref No: AG01.C2403496 THYROID PROFILE - I(T3,T4 AND TSH) SPECIMEN TYPE:

Borderline High/Low

Conventional cervical smear (Papanicolaou stain) x 1

Out of Range

Test Name

Result Unit

Within Normal Range

Level Range

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SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no

organism

Seen in Consultation With:

DR. SANJIBAN PATRA

MBBS (CAL), MD (PATHOLOGY),

DM (ONCOPATHOLOGY)

SENIOR CONSULTANT.

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Cholesterolosis.
- * Bulky uterus.

Dr. ARKADEEP DEY DNB RESIDENT In consultation with

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

* BIRADS – 1.

BIRADS Category:

0= Requires additional evaluation

- 1 = Negative
- 2 = Benign findings
- 3 = Intermediate
- 4 = Suspicious malignancy
- 5 = Highly suggestive of malignancy
- 6 = Histologically proven malignancy

DR. RASHMI CHAND DMRD, DNB (Radiology)

Fellowship: Oncoradiology and Interventions (TMC)

Consultant Radiologist Reg. No. 74810(WBMC)

CARDIOLOGY

TREADMILL TEST / STRESS TEST



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Dr.SHARMISTHA MALLIK

Printed By: AHC Physician / Consultant Internal Medicine

Note: The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Moderate Risk	6	4

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment
- It is recommended that you visit your physician every 6 months if you have:
 - Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515