


Name : Mrs. MEENAKSHI J Address : MYSORE Plan : ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT	Age: 47 Y Sex: F	UHID: CMYS 0000059980  OP Number: CMYSOPV123231 Bill No : CMYS-OCR-22605 Date : 09.03.2024 08:28
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324	
✓ 1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	2 D ECHO → P	
✓ 3	LIVER FUNCTION TEST (LFT)	
✓ 4	GLUCOSE, FASTING	
✓ 5	HEMOGRAM + PERIPHERAL SMEAR	
6	GYNACOLOGY CONSULTATION → P	HC-149
7	DIET CONSULTATION → P	HL-734
✓ 8	COMPLETE URINE EXAMINATION	
9	URINE GLUCOSE (POST PRANDIAL)	
✓ 10	PERIPHERAL SMEAR	HP-110/30
✓ 11	ECG	
12	LBC PAP TEST- PAPSURE Skip	
✓ 13	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
14	DENTAL CONSULTATION	
15	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
✓ 16	URINE GLUCOSE (FASTING)	
17	SONO MAMMOGRAPHY - SCREENING	
✓ 18	HbA1c, GLYCATED HEMOGLOBIN	
✓ 19	X-RAY CHEST PA	
20	ENT CONSULTATION → P	
21	FITNESS BY GENERAL PHYSICIAN → P	
✓ 22	BLOOD GROUP ABO AND RH FACTOR	
✓ 23	LIPID PROFILE	
24	BODY MASS INDEX (BMI)	
25	OPHTHAL BY GENERAL PHYSICIAN	
✓ 26	ULTRASOUND - WHOLE ABDOMEN	
✓ 27	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

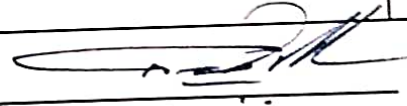
CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Meenakshi J on 9/3/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. 

Medical Officer

The Apollo Clinic Mysore

23, 1st Floor,

Kalbasahalli Road, Mysore - 02

Ph : 0821-4006040/41

This certificate is not meant for medico-legal purposes.

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Date : 09-03-2024
MR NO : CMYS.0000059980
Name : Mrs. MEENAKSHI J
Age/ Gender : 47 Y / Female

Department : GENERAL
Doctor :
Registration No : Dr Praveen Kumar
Qualification : MSc (Ear)

Consultation Timing: 08:27

Height : 149	Weight : 73.91	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Come for regular health checkup

H/o Hard of hearing @

O/E

Ear - bilateral IM @

Nose - nasal mucosa @

oral cavity & oropharynx - @

neck @

Aa

pure tone audiogram & group
file

Follow up date :

Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 09-03-2024
MR NO : CMYS.0000059980

Department : GENERAL Diabetics
Doctor : Madhura. B.P

Name : Mrs. MEENAKSHI J
Age/ Gender : 47 Y / Female

Registration No :
Qualification : M.Sc Nutrition & Diabetics
PhD*

Consultation Timing: 08:27

IBW - 42kg

Height : 149	Weight : 73.4	BMI : 33 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp : 10	B.P : 110/70


General Examination /
Allergies History

HB - 11.5
ESR - 70
FBS - 124
HbA1c - 6.2%
Pre-diabetic

Clinical Diagnosis & Management Plan

→ Advised diabetic diet with fiber rich.
→ ~~XX~~ Fruits like Mango, papaya, Jackfruit, custard apple & big banana needs to be avoided.
→ Dietary guideline chart is given.

Follow up date :

Doctor Signature  B.P
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41
9/3/2024

Date : 09-03-2024
 MR NO : CMYS.0000059980
 Name : Mrs. MEENAKSHI J
 Age/ Gender : 47 Y / Female

Department : GENERAL
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 08:27

Height : 149	Weight : 73.4	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 110/72

General Examination /
 Allergies History

Clinical Diagnosis & Management Plan

ml → 2 hrs

B12 - FTND
 Rubele mixed

PH - RS

menopausal 4 yrs back.

7H - ~~MS~~ DM +

O/E OA soft.

mammogram

aremal study.

adv: regular walk.
 avoid sunb roch.

USG - fundal fibroid.

simple cyst left ovary

↓
 Follow up plan.
June 2024.

Follow up date :

[Signature]
 Doctor Signature

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MRS MEENAKSHI J

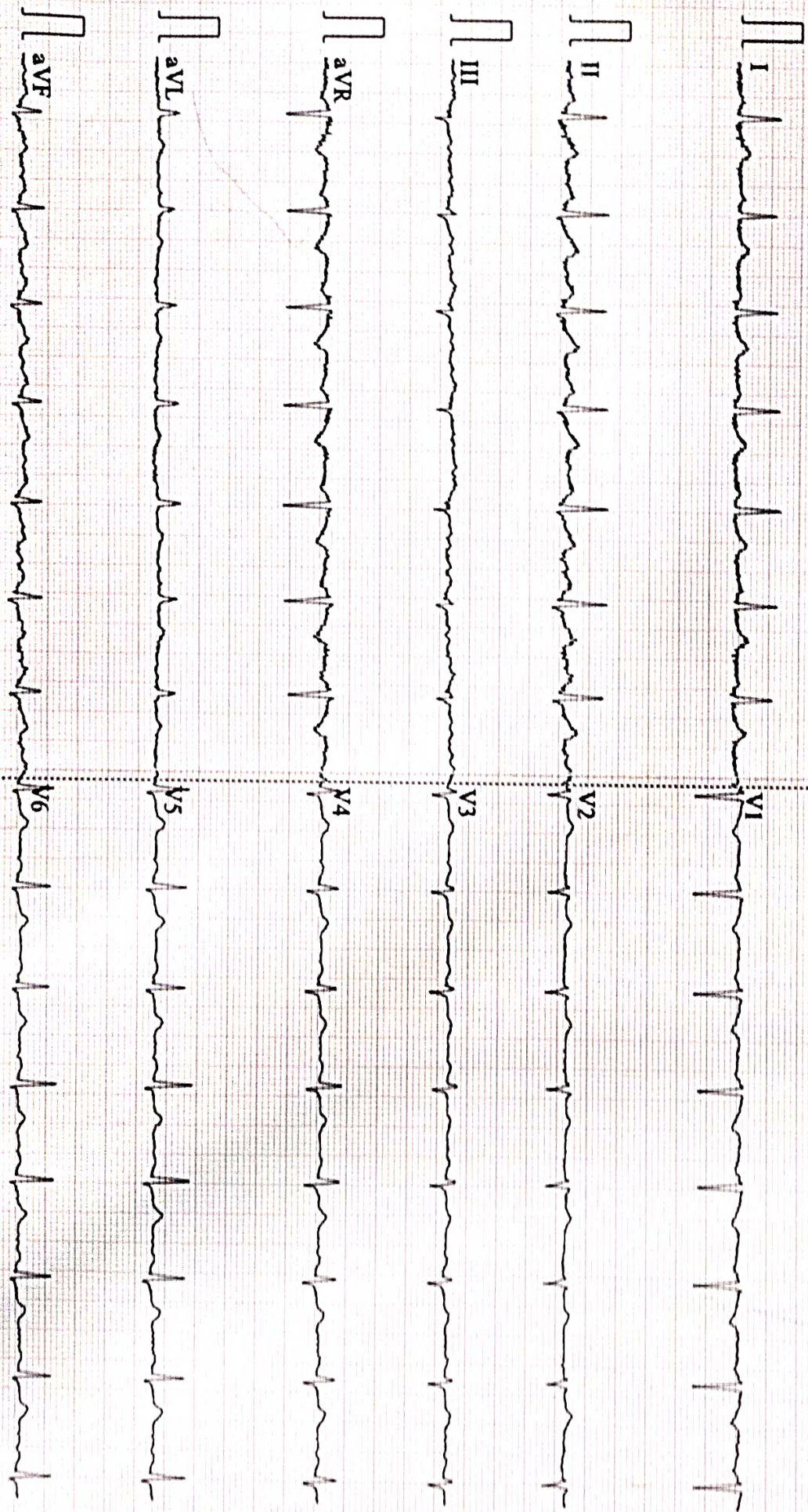
Female 47Years

149cm 73kg 110/70 mmHg

Diagnosis Information:

Unconfirmed Report.

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Patient Name	: Mrs. MEENAKSHI J	Age	: 47 Y F
UHID	: CMYS.0000059980	OP Visit No	: CMYSOPV123231
Reported on	: 09-03-2024 15:51	Printed on	: 09-03-2024 15:51
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

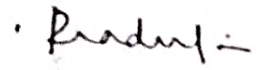
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY .



Printed on:09-03-2024 15:51

---End of the Report---

Dr. PRADEEP KUMAR C N
MBBS DNB(RADIOLOGY)
Radiology

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

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TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name: Mrs. Meenakshi J	Date : 09.03.2024	Referring Doctor: Dr .Self
Age / Sex:47Yrs/Female	UHID NO: 59980	Location : OP
ULTRASONOGRAPHY- ABDOMEN & PELVIS		

LIVER: It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is well distended and normal. No calculi seen.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 94x42mm with parenchymal thickness of 11mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 102x45 mm with parenchymal thickness of 13mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 62x33x36 mm with ET=6 mm. It is normal in size, outline and echotexture. Hypoechoic lesion measuring 23x30 mm seen in fundal region

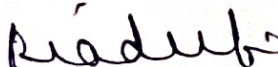
Rt. OVARY: It measures 20x19 mm. It is normal. No mass lesion seen.

Lt. OVARY: Small cystic lesion measuring 30x31mm seen, contents are clear

RIF: No evidence of focal collection or mass lesion seen. Appendix is not visualized.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION: FUNDAL FIBROID; SIMPLE CYST LEFT OVARY.


Dr. Pradeep Kumar C N, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name: Mrs. Meenakshi J	Date : 09.03.2024	Referring Doctor: Dr .Self
Age / Sex:47Yrs/Female	UHID NO: 59980	Location : OP
ULTRASONOGRAPHY- BREAST		

RIGHT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

No e/o axillary lymphadenopathy.

IMPRESSION: NORMAL STUDY.

Pradeep

Dr. Pradeep Kumar C N, DNB.
Consultant Radiologist.

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mrs .Meenakshi J	Age & Sex; 47Yrs /Female
Date : 09.03.2024	UHID No:059980

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 62 %
- No clots. No pericardial effusion
-

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

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TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mrs .Meenakshi J	Age & Sex; 47Yrs /Female
Date : 09.03.2024	UHID No:059980

Measurements

AO : 2.9 cm
LA : 2.5 cm

RV : 2.2 cm
LVIDd 4.63 cm
LVIDs : 3.08 cm
IVSd : 0.92 cm
IVSs : 1.21 cm
PWd : 0.92 cm
PWs : 1.17 cm
EF : 62.0 %
FS : 33.0 %

Doppler
MV TV AV PV
E 0.83 m/s E --- m/s V max 1.52 m/s V max 1.01 m/s
:
A: 0.62 m/s A --- m/s

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Health and Lifestyle Limited

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TO BOOK AN APPOINTMENT

1860 500 7788

Informed Consent/Declaration For Test Exclusion

Patient Name: Mrs Meenakshi Age: 47

UHID Number: 59980

Please tick and sign the relevant part

I certify that I will skip Pap smear + Ophthal Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature [Signature] Date 9/3/24

Witness signature: [Signature] Date: 9/3/24

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