

**भारत सरकार**  
**GOVERNMENT OF INDIA**




मंजु सैनी  
Manju Saini

जन्म वर्ष / Year of Birth : 1970  
महिला / Female



**8243 3871 5646**

आधार – आम आदमी का अधिकार

**भारतीय विशिष्ट पहचान प्राधिकरण**  
**UNIQUE IDENTIFICATION AUTHORITY OF INDIA**

पता: W/O लाल चंद सैनी, हैप्पी हार्ट्स  
भवन, गुडा रोड, विज्ञान नगर, गुडा फाटक  
के पास, झुंझुनू, राजस्थान,  
333001

Address: W/O Lal Chand Saini,  
HAPPY HEARTS BHAWAN,  
GUDHA ROAD, VIGYAN NAGAR,  
near gudha fatak, Jhunjhunu,  
Jhunjhunu, Rajasthan, 333001

  
1947  
1800 1947 1947

  
help@uidai.gov.in

  
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P.O. Box No.1947,  
Bengaluru-560 001

मंजु

  
**Rajasthan Diagnostic &  
Medical Research Centre**  
**Jhunjhunu**

9529666795



Name: Manju Saini  
Patient ID: Bobs14363

Date of birth: 04.02.1970  
Gender: Female  
Height:  
Weight:  
Ethnicity:  
Pharmaker:  
Underlined:  
Unknown:

Visit ID:  
Room:  
Medication:  
Order ID:  
Ord. prov.  
Ord. prot.

Indication:  
Remark:

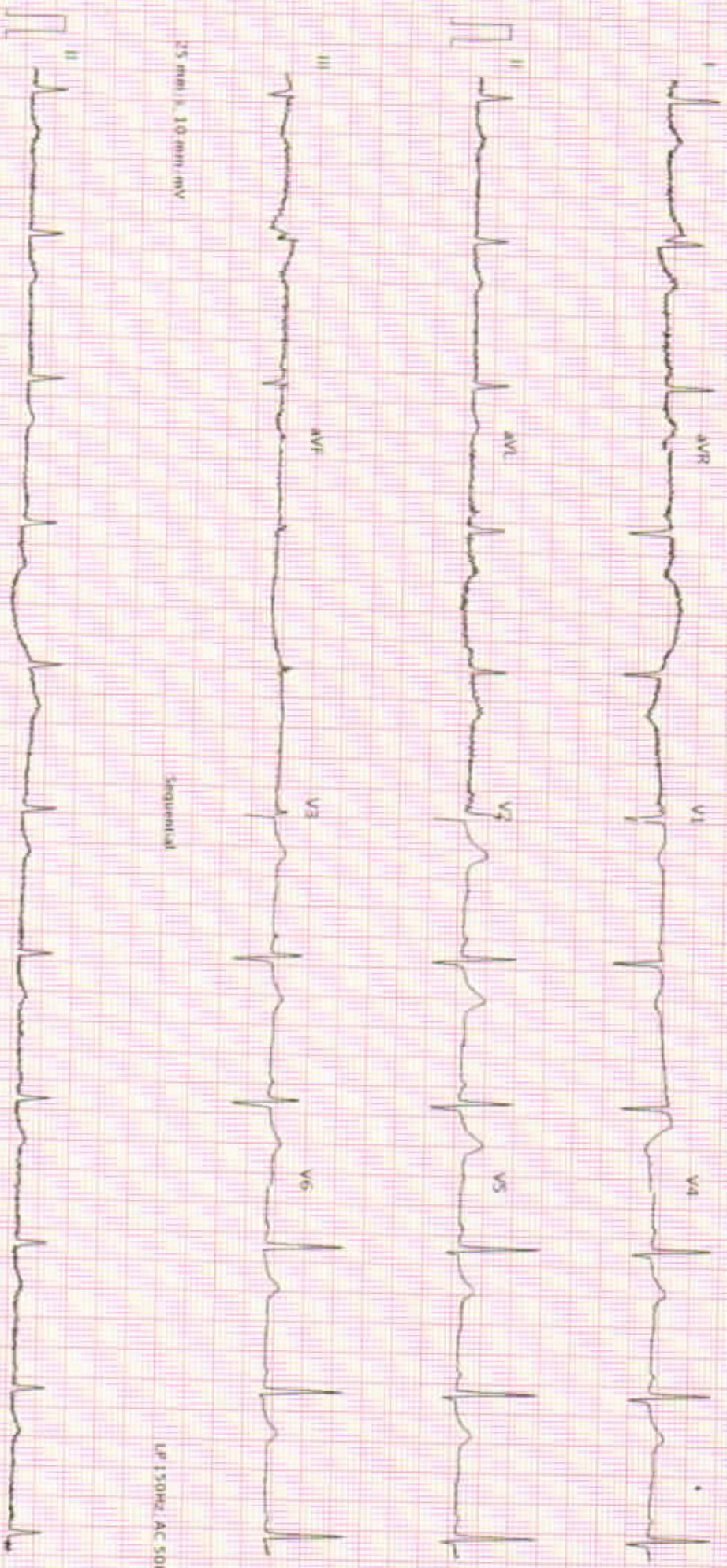
09.03.2024 10:47:42  
Standard 12-Lead

HR 62 bpm  
RR 97.3 ms  
PR 86 ms  
QRS 137 ms  
QT 76 ms  
QTc 39.7 ms  
QTcB 40.2 ms  
P axis: 1.8  
QRS axis: 1.1  
T axis: 1.1

Rajasthan Diagnostic & MR Centre  
B-110, Subhash Marg, Jindia Nagar, Mandawa Road  
Jhunjhunu (Raj.)

Sinus rhythm  
Normal electrical axis  
Normal ECG  
Uncorrferred report

Normal



25 mm/s, 10 mm/mV  
AT 102.C2 1.2.0 (1080 009831)

Printed on 09.03.2024 10:47:58

IP 150Hz AC 50Hz







# RAJSTHANI DIAGNOSTIC & MR CENTRE

## FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MAMOGRAPHY

NAME	MANJU SAINI	AGE-	SEX: F
REF/BY:	BOB HEALTH CHECKUP	DATE	9-Mar-24

### ULTRASONOGRAPHY WHOLE ABDOMEN

**Liver:** is normal in size, shape and echotexture. No IHBR dilatation is seen. No focal mass seen. Portal vein and hepatic veins are normal in diameter. Common bile duct is normal in diameter and lumen is clear.

**Gall bladder:** is normal in size shape, location with echo free lumen. Wall thickness is normal. No echogenic shadow suggestive of calculus is seen. No focal mass or lesion is seen.

**Pancreas:** is normal in size, shape and echotexture. No focal mass or lesion is detected. Pancreatic duct is not dilated.

**Rt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/ hydronephrosis is seen.

**Lt. Kidney:** is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/ hydronephrosis is seen.

**Spleen:** is normal in size, regular in shape and echo texture. No focal lesion is seen. Splenic vessels are normal.

**Urinary Bladder:** is well distended. Outline of bladder is regular. Wall thickness is normal. No focal mass is seen. No echogenic shadow suggestive of calculus is seen.

**Uterus:** is atrophic.

No evidence of ascites is seen. No significant Lymphadenopathy is seen. No obvious bowel pathology is seen. Retroperitoneum including aorta, IVC are unremarkable.

### IMPRESSION:

❖ NORMAL SONOGRAPHY STUDY.

Advised: clinicopathological correlation

**DR. ANUSHA MAHALAWAT**  
MD RADIODIAGNOSIS

Dr. Anusha Mahalawat  
MD (Radiodiagnosis )  
(RMC. 38742/25457 )



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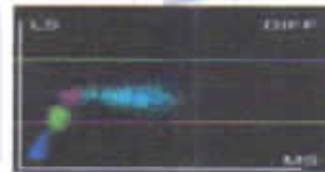
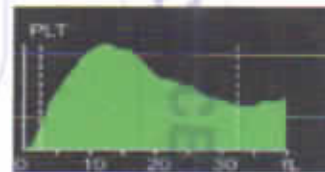
## Hematology Analysis Report

First Name: MANJU SAINI  
Last Name:  
Gender: Female  
Age: 53 Year

Sample Type:  
Department:  
Med Rec. No.:

Sample ID: 6  
Test Time: 09/03/2024 10:03  
Diagnosis:

Parameter	Result	Ref. Range	Unit
1 WBC	4.14	4.00-10.00	10 <sup>3</sup> /uL
2 Neu%	60.5	50.0-70.0	%
3 Lym%	31.4	20.0-40.0	%
4 Mon%	5.5	3.0-12.0	%
5 Eos%	2.0	0.5-5.0	%
6 Bas%	0.6	0.0-1.0	%
7 Neu#	2.51	2.00-7.00	10 <sup>3</sup> /uL
8 Lym#	1.30	0.80-4.00	10 <sup>3</sup> /uL
9 Mon#	0.23	0.12-1.20	10 <sup>3</sup> /uL
10 Eos#	0.08	0.02-0.50	10 <sup>3</sup> /uL
11 Bas#	0.02	0.00-0.10	10 <sup>3</sup> /uL
12 RBC	4.49	3.50-5.00	10 <sup>6</sup> /uL
13 HGB	9.2	L 11.0-15.0	g/dL
14 HCT	33.9	L 37.0-47.0	%
15 MCV	75.4	L 80.0-100.0	fL
16 MCH	20.5	L 27.0-34.0	pg
17 MCHC	27.1	L 32.0-36.0	g/dL
18 RDW-CV	13.0	11.0-16.0	%
19 RDW-SD	40.6	35.0-56.0	fL
20 PLT	149	100-300	10 <sup>3</sup> /uL
21 MPV	12.0	6.5-12.0	fL
22 PDW	23.6	H 9.0-17.0	fL
23 PCT	0.180	0.108-0.282	%
24 P-LCR	54.5	H 11.0-45.0	%
25 P-LCC	81	30-90	10 <sup>3</sup> /uL



Dr. Mamta Khuteta  
M.D. (Path.)  
RMC No : 4720/16260

Submitter: Operator: admin Approver:  
Draw Time: 09/03/2024 10:03 Received Time: 09/03/2024 10:03 Validated Time:  
Report Time: 09/03/2024 15:12 Remarks:

\*The Report is responsible for this sample only. If you have any questions, please contact us in 24 hours



समस्याओं के लिए

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Reg. No. : 51/PNDT/CMHO/JJN/2020

# RAJASTHANI DIAGNOSTIC & MEDICAL RESEARCH CENTRE

Fully Computerised Pathology Laboratory

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MEMOGRAPHY



Patient Name: **MANJU SAINI**  
 Sr. No. : **3235**  
 Patient ID No.: **3047**  
 Age : **53** Gender : **FEMALE**  
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



Registered on : **09-03-2024 11:08 AM**  
 Collected On : **09-03-2024 11:08 AM**  
 Received On : **09-03-2024 11:08 AM**  
 Reported On : **09-03-2024 03:16 PM**  
 Bar Code   
 LIS Number **2 9 6 5**

## HAEMATOLOGY

Test Name	Observed Values	Units	Reference Intervals
ESR (Erythrocyte Sedimentation Rate)	15	mm/hr	20
BLOOD GROUPING (ABO & Rh)	B- Negative		



TECHNOLOGIST

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PATHOLOGIST

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MRI

CT SCAN

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MC - 5348

Patient Name: **MANJU SAINI**  
 Sr. No. : **3235**  
 Patient ID No.: **3047**  
 Age : **53** Gender : **FEMALE**  
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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**HAEMATOLOGY****HbA1c(Glycosylated hemoglobin)**

Test Name	Observed Values	Units	Reference Intervals
HbA1c(Glycosylated hemoglobin)	4.99	%	< 6.50 Non-Diabetic 6.50 - 7.00 Very Good Control 7.10 - 8.00 Adequate Control 8.10 - 9.00 Suboptimal Control 9.10 - 10.00 Diabetic Poor Control > 10.00 Very Poor Control
eAG (Estimated Average Glucose)	96.51	mg/dL	
eAG (Estimated Average Glucose)	5.36	mmol/L	

**Method : Fluorescence Immunoassay Technology****Sample Type : EDTA Blood****Test Performed by:-**

Fully Automated (EM 200 ) ERBA MANNHEIM.

**Remarks :**

*Glycosylated Hemoglobin Testing is Recommended for both (a) Checking Blood Sugar Control in People who might be Pre-Diabetic. (b) Monitoring Blood Sugar Control in patients in more elevated levels, termed Diabetes Mellitus. The American Diabetic Association suggests that the Glycosylated Hemoglobin Test be Performed atleast Two Times in Year in Patients with Diabetes that are meeting Treatment Goals (and That have stable glycemic Control) and Quarterly in Patients with Diabetes whos therapy has changed or that are not meeting Glycemic Goals.*

*Glycosylated Hemoglobin measurement is not appropriate where there has been change in diet or Treatment within 6 Weeks. Hence people with recent Blood Loss, Hemolytic Aneamia, or Genetic Differences in the Hemoglobin Molecule (Hemoglobinopathy) such as Sickle-cell Disease and other Conditions, as well as those that have donated Blood recently, are not suitable for this Test.*



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MRI

CT SCAN

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MC - 5340

Patient Name: **MANJU SAINI**  
 Sr. No. : 3235  
 Patient ID No.: 3047  
 Age : 53 Gender : FEMALE  
 Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP



Registered on : 09-03-2024 11:08 AM  
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 LIS Number 2 9 6 5

**BIO-CHEMISTRY**

Test Name	Observed Values	Units	Reference Intervals
Glucose Fasting (Method: GOD-POD)	86.00	mg/dL	Glucose Fasting Cord: 45-96 New born, 1d: 40-60 New born, >1d: 50-80 Child: 60-100 Adult: 74-100 >60 Y: 82-115 >90 Y: 75-121

**KIDNEY FUNCTION TEST**

Test Name	Observed Values	Units	Reference Intervals
Blood Urea (Method: Urease-GLOH)	30.00	mg/dL	Adults Women < 50 years : 13-40 Women > 50 years : 21-43 Men < 50 years : 19-45 Men > 50 years : 18-55 Children 1-3 years : 11-36 4-13 years : 15-36 13-19 years : 18-45
Creatinine (Method: Enzymatic Creatinase)	1.02	mg/dL	0.6-1.30
Calcium	9.62	mg/dL	8.5-11
Uric Acid (Method: Uricase-POD)	4.12	mg/dL	2.4-7.2
Gamma glutamyl transferase (GGT)	29.74	IU/L	15.0-85.0



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Patient Name: **MANJU SAINI**  
 Sr. No. : **3235**  
 Patient ID No.: **3047**  
 Age : **53** Gender : **FEMALE**  
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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### BIO-CHEMISTRY

#### Liver Function Test

Test Name	Observed Values	Units	Reference Intervals
SGOT/AST(Tech.:UV Kinetic)	36.00	U/L	5-40
SGPT/ALT(Tech.:UV Kinetic)	24.00	U/L	5-40
Bilirubin(Total) (Method: Diazo)	0.95	mg/dL	Adults: 0-2, Cord < 2 Newborns, premature 0-1 day :1-8, 1-2 days : 6-12, 3-5 days : 10-14 Newborns, full term 0-1 day: 2-6, 1-2 days : 6-10, 3-5 days : 4-8
Bilirubin(Direct)	0.15	mg/dL	0-0.3
Bilirubin(Indirect)	0.80	mg/dL	0.1-1.0
Total Protein (Method: BIURET Method)	7.01	g/dL	Adults : 6.4 - 8.3 Premature : 3.6 - 6.0 Newborn : 4.6 - 7.0 1 Week : 4.4 - 7.6 7-12 months : 5.1 - 7.3 1-2 Years : 5.6 - 7.5 > 2 Years : 6.0 - 8.0
Albumin(Tech.:BCG) (Method: BCG)	3.79	gm/dL	0-4 days:2.8-4.4 4d-14 yrs: 3.8-5.4 14y-18y : 3.2-4.5 Adults 20-60 yrs : 3.5-5.2 60-90 yrs: 3.2-4.6
Globulin(CALCULATION)	3.22	gm/dL	2.5-4.5
A/G Ratio(Tech.:Calculated)	L <b>1.18</b>		1.2 - 2.5
Alkaline Phosphatase(Tech.:Pnp Amp Kinetic)	164.0	U/L	108-306



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 R-110, Subhash Marg, Indira Nagar, Jhunjhunu (Baj.) Ph. No. : 1592-294977

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Patient Name: **MANJU SAINI**  
Sr. No. : 3235  
Patient ID No.: 3047  
Age : 53 Gender : FEMALE  
Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP



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**BIO-CHEMISTRY  
LIPID PROFILE**

Test Name	Observed Values	Units	Reference Intervals
Cholesterol (Method: CHOD-PAP)	193.00	mg/dL	Adults- Desirable: <200 Borderline: 200-239 High: >239 Children- Desirable: <170 Borderline: 170-199 High: >199
HDL Cholesterol	51.01	mg/dL	35-65
Triglycerides (Method: GPO)	152.00	mg/dL	Recommended triglycerides levels for adults: Normal: <161 High: 161-199 Hypertriglycerdemic: 200-499 Very high: >499
LDL Cholesterol	111.59	mg/dL	10-150
VLDL Cholesterol	30.40	mg/dL	0-40

  
24  
Ashish Sethi  
Consultant Biochemist

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Namita Khush  
M.D (Path.)  
BMC No. : 47207

TECHNOLOGIST

PATHOLOGIST

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MRI

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MC - 5348

Patient Name: **MANJU SAINI**  
 Sr. No. : **3235**  
 Patient ID No.: **3047**  
 Age : **53** Gender : **FEMALE**  
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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 Bar Code   
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**THYROID HORMONES**  
**T3,T4,TSH (THYROID PROFILE)**

Test Name	Observed Values	Units	Reference Intervals
T3 (Total Triiodothyronine)	0.87	ng/ML	0.5 - 1.5 ng/ML
T4 (Total Thyroxine)	9.52	µg/dL	4.60-12.50 µg/dL
TSH (Thyroid Stimulating Hormone)	1.58	µIU/mL	0.35 – 5.50 µIU/mL

Sample Type : **Serum**

Test Performed by:-

Fully Automated Chemi Luminescent Immuno Assay (**ARCHITECT- i1000 PLUS**) Abbott USA

Remarks :

Primary malfunction of the Thyroid gland may result in excessive (hyper) or Low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity.

Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 and T4 in the blood, in Primary Hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick syndrome, multiple alterations in serum thyroid function test findings have been recognized.

JHUNJHUNU (RAJ.)



Dr. Anshu Sethi  
 Consultant Biochemist

TECHNOLOGIST



Dr. Manvi Khurana  
 M.D (Path.)  
 BMC No. : 4730/15000

PATHOLOGIST

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Patient Name: **MANJU SAINI**  
 Sr. No. : 3235  
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 Age : 53 Gender : FEMALE  
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### URINE EXAMINATION URINE COMPLETE

Test Name	Observed Values	Units	Reference Intervals
-----------	-----------------	-------	---------------------

#### PHYSICAL

Quantity		ml	
Colour	Yellow		
Appearance / Transparency	Clear		
Specific Gravity	1.025		
PH	5.0		4.5-6.5

#### CHEMICAL

Reaction	Acidic		
Albumin	trace		
Urine Sugar	Nil		

#### MICROSCOPIC

Red Blood Cells	Nil	/h.p.f.	
Pus Cells	6-8	/h.p.f.	
Epithelial Cells	2-3	/h.p.f.	
Crystals	Nil	/h.p.f.	
Casts	Nil	/h.p.f.	
Bacteria	Nil	/h.p.f.	
Others	Nil	/h.p.f.	

Test Name	Observed Values	Units	Reference Intervals
URINE SUGAR FASTING	Nil		

<<< END OF REPORT >>>

>>> Results relate only to the sample as received. Kindly correlate with clinical condition. <<<

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आमंत्रणपत्रिका संख्या

TECHNOLOGIST



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# RAJASTHANI DIAGNOSTIC & MEDICAL RESEARCH CENTRE

Fully Computerised Pathology Laboratory

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MEMOGRAPHY



NAME : MANJU SAINI	AGE 53 /SEX F
REF.BY :BOB HEALTH CHECK UP	DATE: 09.03.2024

## X-RAY CHEST PA

- Both lung fields appear normal in under view
- No e/o consolidation or cavitations is seen.
- Both costo-phrenic angles appear clear.
- Cardiac size is within normal limits.
- Both domes of diaphragm appear normal.
- Bony thoracic cage & soft tissue shadow appear normal.

IMPRESSION :- NORMAL X-RAY CHEST (PA)

DR. ANUSHA MAHALAWAT

MD (RADIOLOGIST)

RMC -38742/25457  
Dr. Anusha Mahalawat  
MD (Radiodiagnosis )  
(RMC. 38742/25457)



आपका स्वास्थ्य हमारा धर्म है

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B-110, Subhash Marg, Indira Nagar, Jhunjhunu (Raj.) Ph. No. : 1592-294977

Email:

Report



MANJU SAINI / 54 Yrs / F / 155 Cms / 57 Kg  
Date: 09 - 03 - 2024 Technician : NIKITA Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:26	0:26	00.0	00.0	01.0	077	46 %	128/82	098	00	
Standing	01:29	1:03	00.0	00.0	01.0	075	45 %	128/82	096	00	
HV	02:32	1:03	00.0	00.0	01.0	075	45 %	128/82	096	00	
Warm Up	03:36	1:04	00.0	00.0	01.0	082	49 %	128/82	104	00	
ExStart	04:40	1:04	01.0	00.0	01.0	091	55 %	130/82	118	00	
BRUCE Stage 1	07:40	3:00	01.7	10.0	04.7	110	66 %	132/82	145	00	
BRUCE Stage 2	10:40	3:00	02.5	12.0	07.1	121	73 %	134/84	162	00	
BRUCE Stage 3	13:40	3:00	03.4	14.0	10.2	181	109 %	138/90	249	00	
PeakEx	13:42	0:02	03.4	14.0	10.3	181	109 %	138/90	249	00	
Recovery	14:12	0:30	01.1	00.0	07.3	176	106 %	138/90	242	00	
Recovery	14:42	1:00	01.1	00.0	04.3	146	88 %	142/94	207	00	
Recovery	15:42	2:00	00.0	00.0	01.0	103	62 %	136/88	140	00	
Recovery	16:42	3:00	00.0	00.0	01.0	093	56 %	134/84	124	00	
Recovery	17:26	3:44	00.0	00.0	01.0	090	54 %	128/82	115	00	

**REPORT :**

Sample Name: Stress Test Graded Exercise Treadmill  
 Description: Chest pain, Chest wall tenderness occurred with exercise.  
 INDICATIONS: Chest pain.  
 PROCEDURE DONE: Graded exercise treadmill stress test.  
 STRESS ECG RESULTS: The initial HR was recorded as 75.0 bpm, and the maximum predicted Target Heart Rate 166.0. The BP increased at the time of generating report as 138.0/90.0 mmHg The Max Dep went upto 0.0. 0.0 Ectopic Beats were observed during the Test.  
 The Test was completed because of Test Complete, Heart Rate Activated.  
**CONCLUSIONS:**  
 1. Stress test is negative for Ischemia.  
 2. Chest wall tenderness occurred with exercise.  
 3. Blood pressure response to exercise is normal.



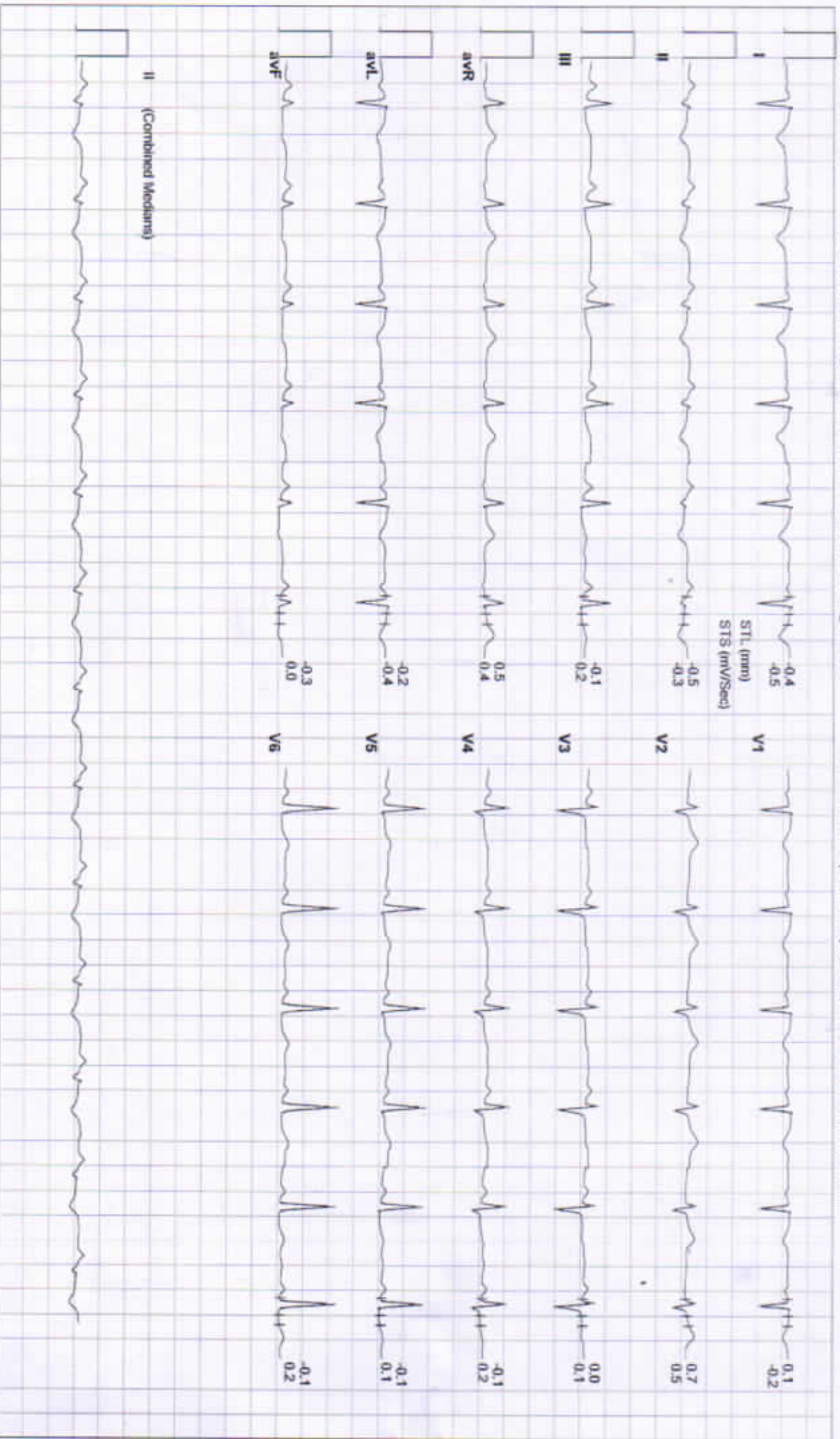
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

6X2 Combine Medians + 1 Rhythm  
BRUCE:Supine(0:26)



Date: 09 - 03 - 2024 METs : 1.0 HR : 77 Target HR : 46% of 166 BP : 120/82 Post J @BDRnSec

ExtTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV



MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm

BRUCE: Standing(1:03)

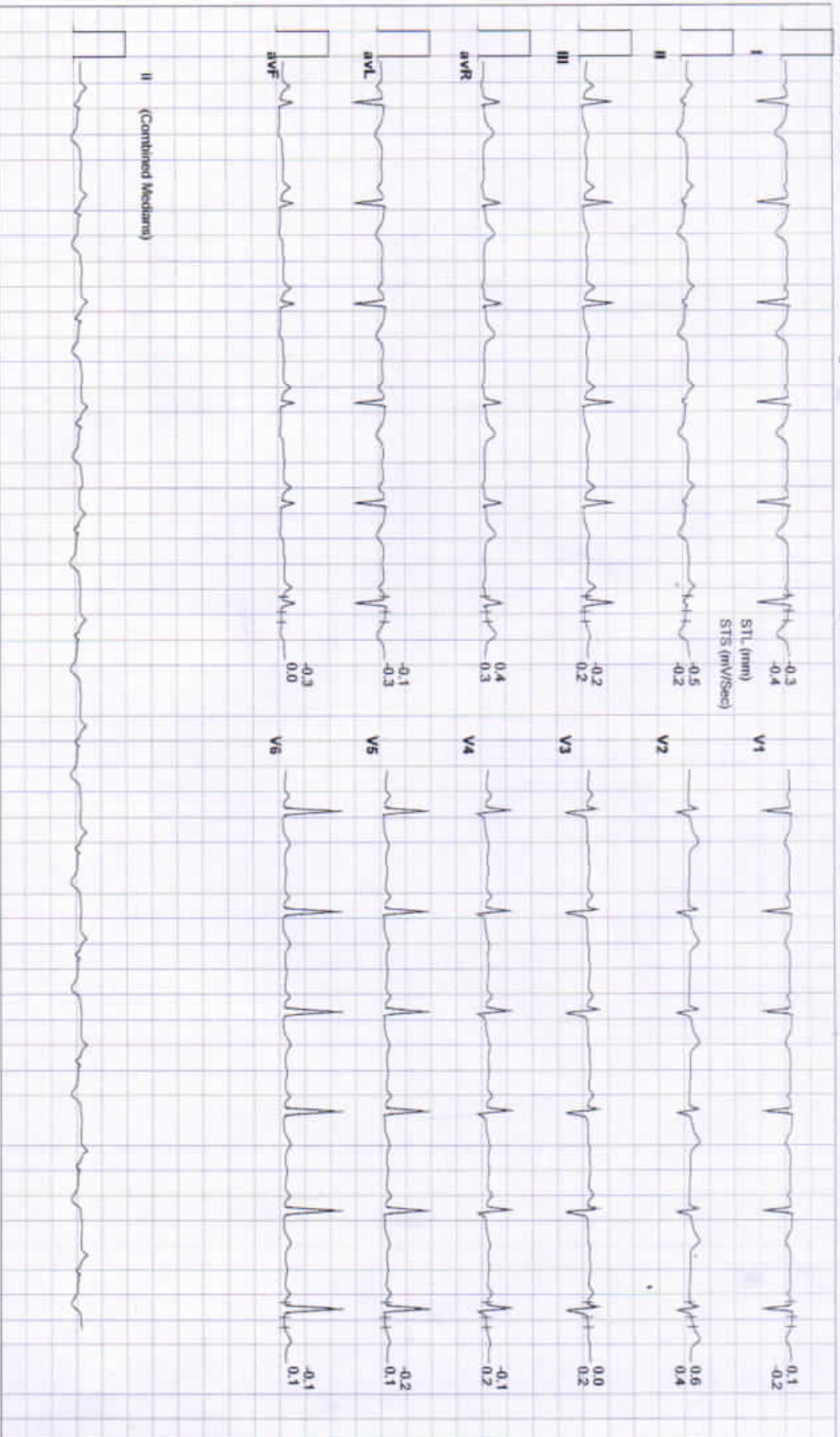


Date: 09 - 03 - 2024

MEIs : 1.0 HR : 75 Target HR : 45% of 166 BP : 128/82 Post J @90mSec

ExTime: 00:00

Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





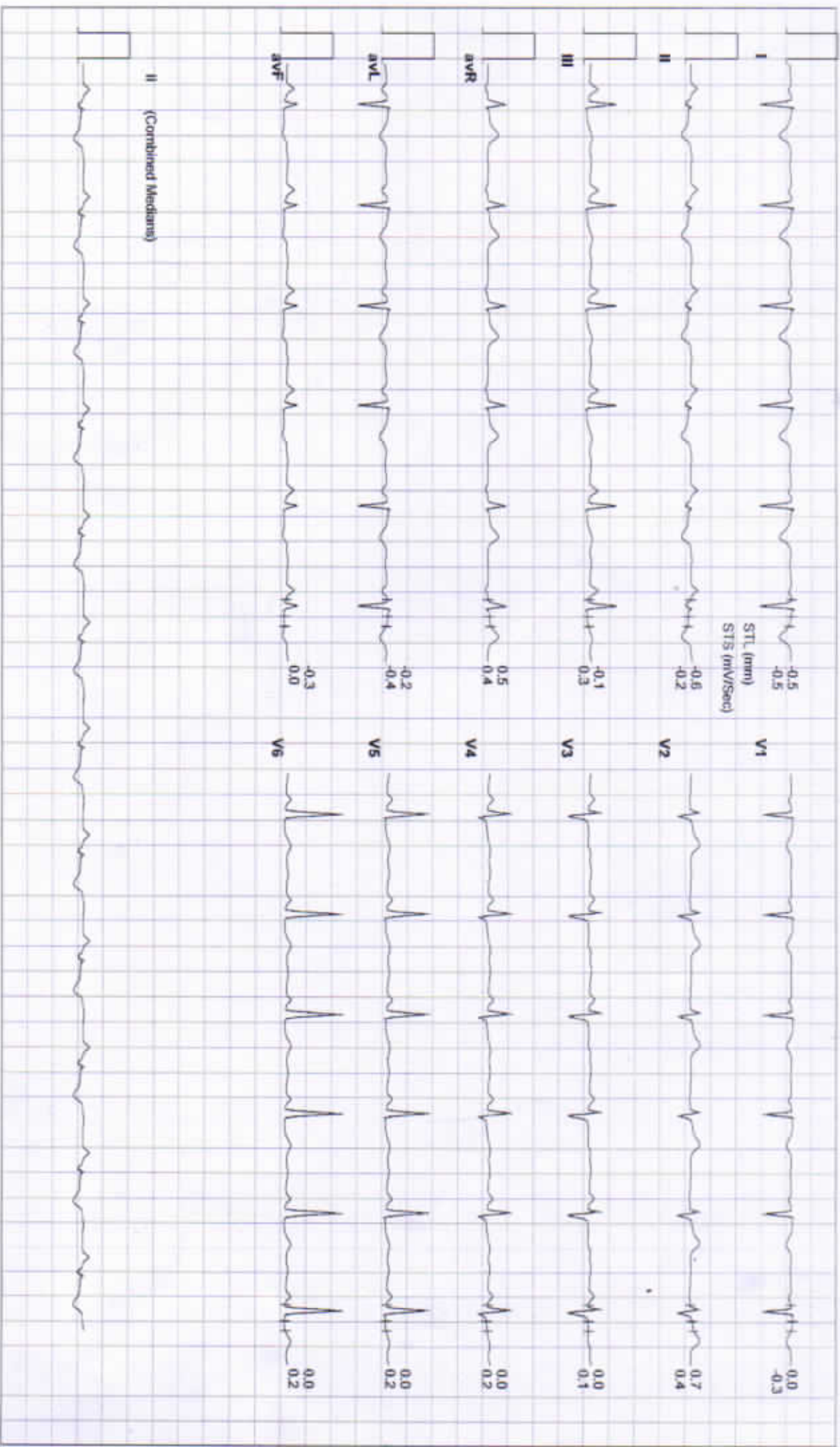
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm



Date: 09 - 03 - 2024 METs : 1.0 HR : 75 Target HR : 45% of 166 BP : 120/62 Post J @60umSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

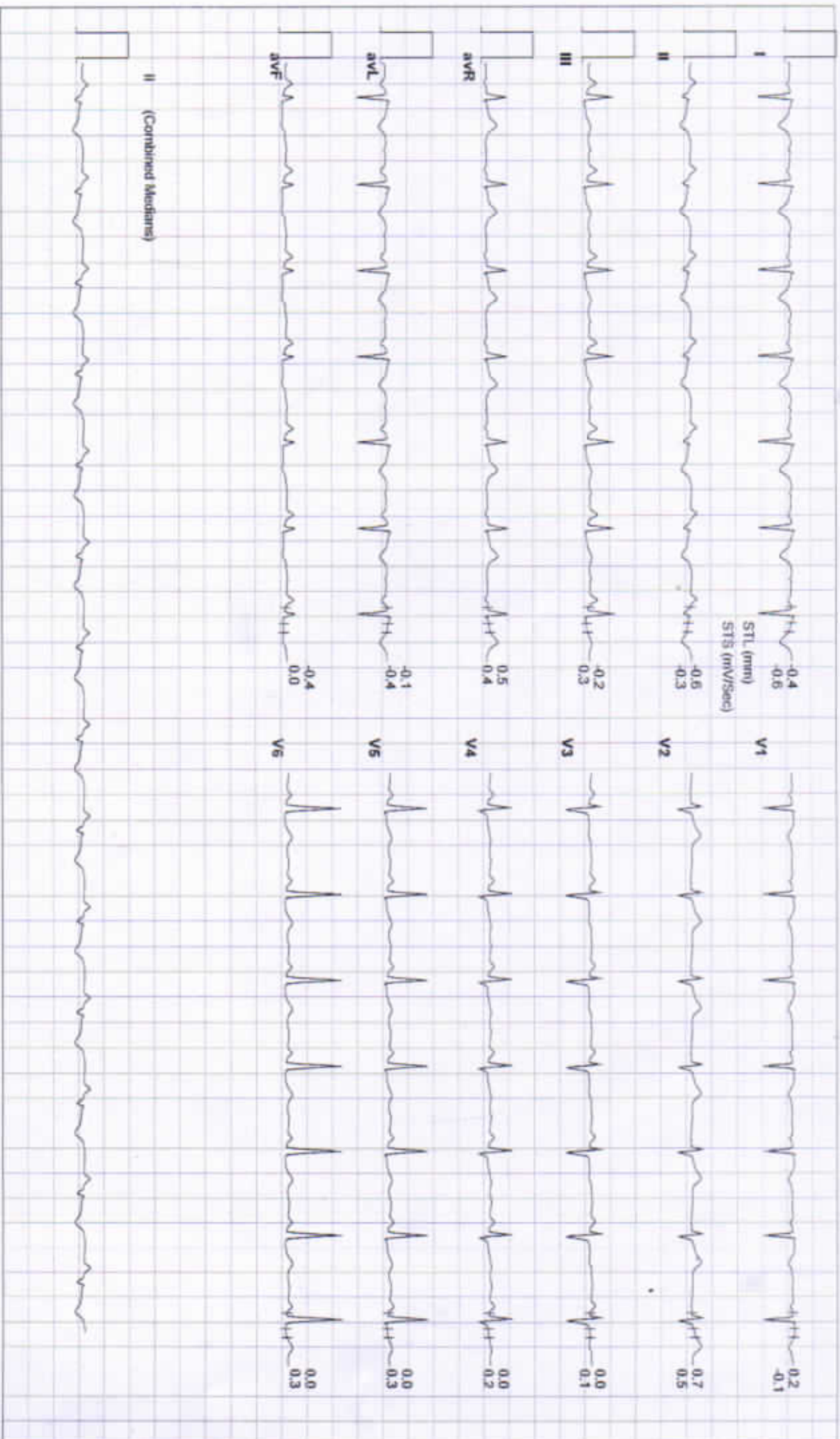
### 6X2 Combine Medians + 1 Rhythm

BRUCE: Warm Up(1:04)



Date: 09 - 03 - 2024 METs : 1.0 HR : 82 Target HR : 49% of 166 BP : 126/82 Post J @60mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec - 1.0 Cm/mV





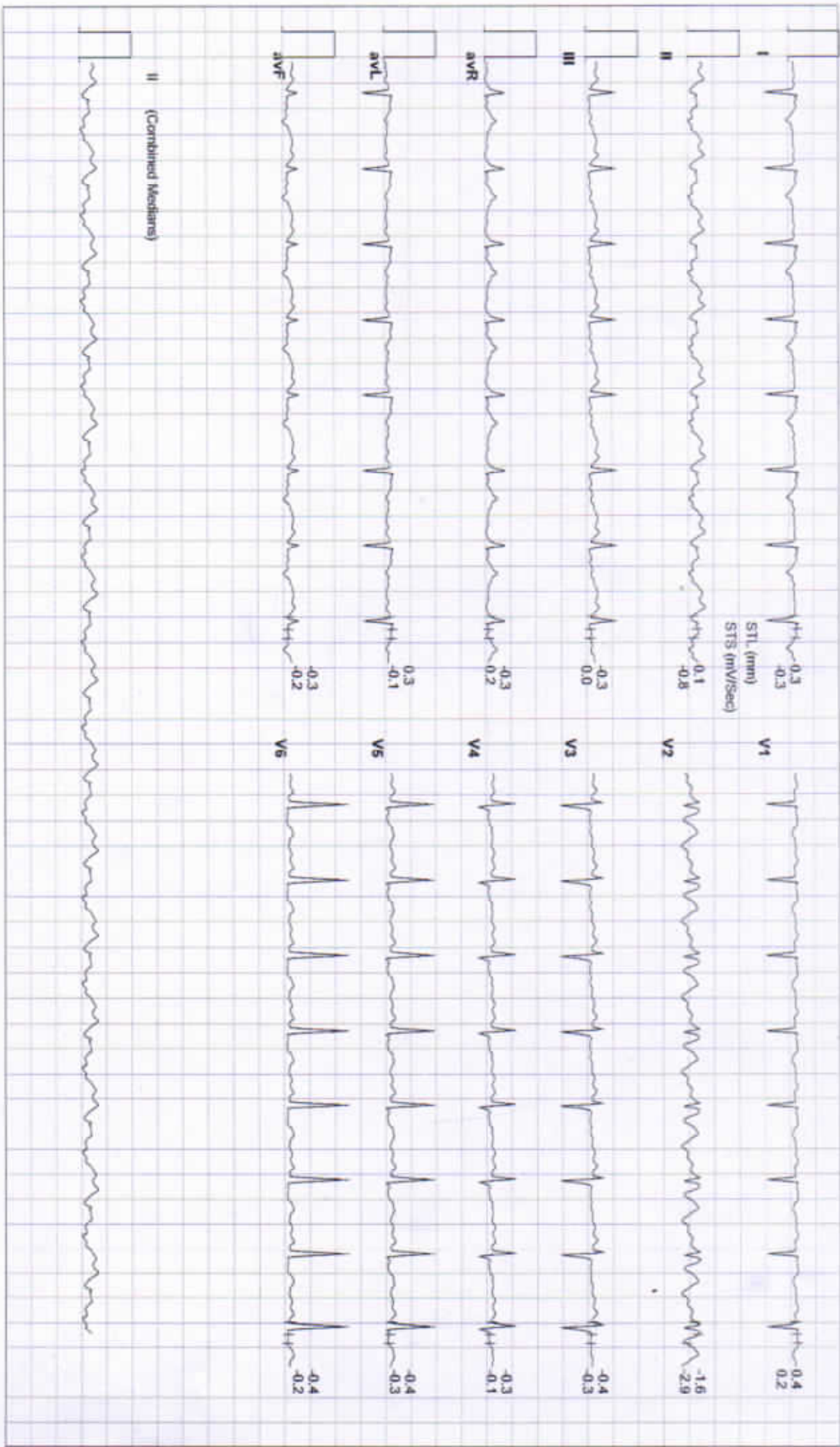
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm ExStart



Date: 09 - 03 - 2024      METs : 1.0 HR : 91 Target HR : 55% of 166 BP : 130/82 Post J @60mSec

ExTime: 00:00      Speed: 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



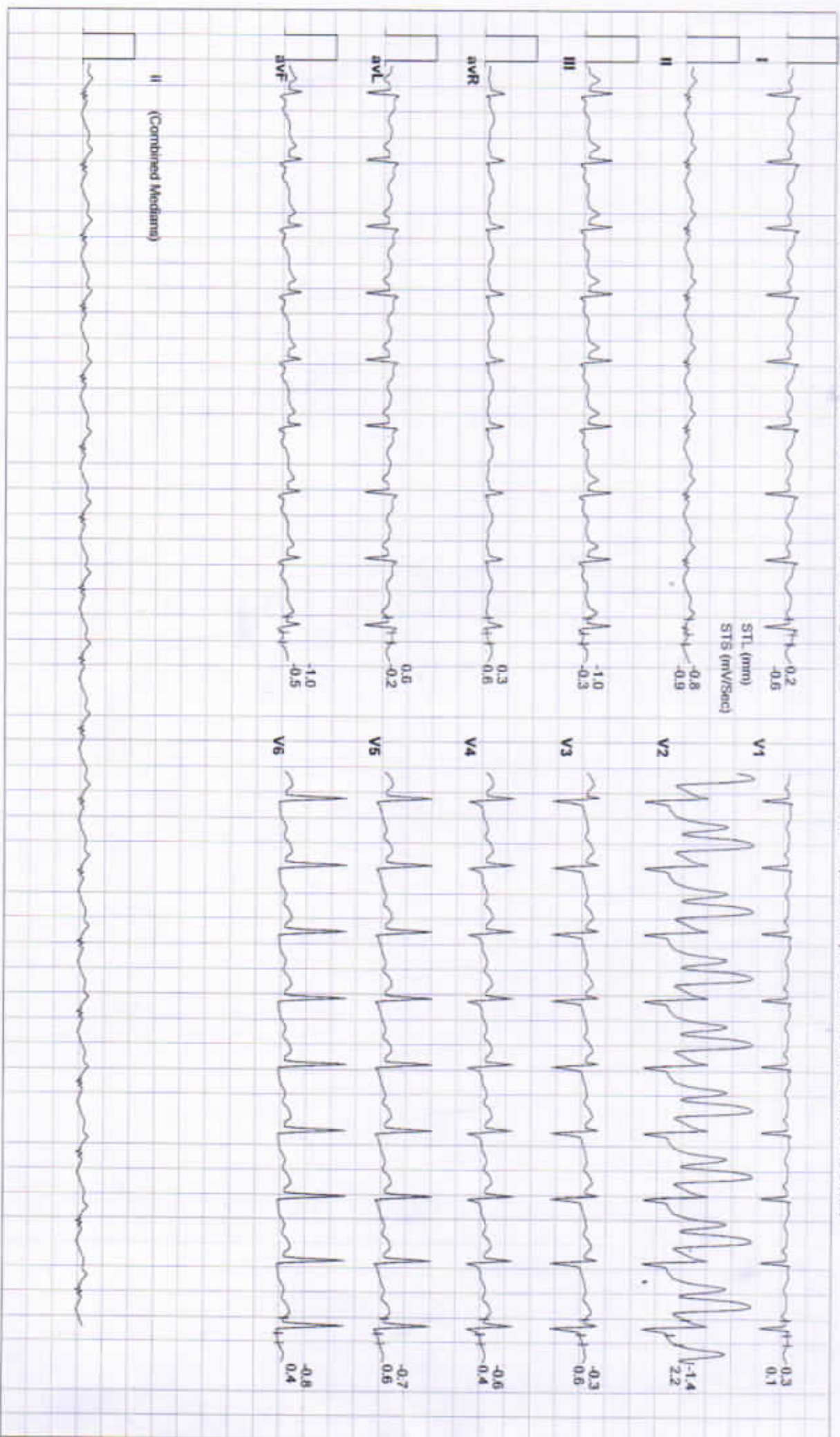
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

6X2 Combine Medians + 1 Rhythm  
BRUCE: Stage 1(3:00)



Date: 09 - 03 - 2024 METs : 4.7 HR : 110 Target HR : 66% of 166 BP : 132/112 Post J @10mSec

ExTime: 03:00 Speed: 1.7 mph Grade: 10.00 % 25 mm/Sec 1.0 Cm/mV





MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

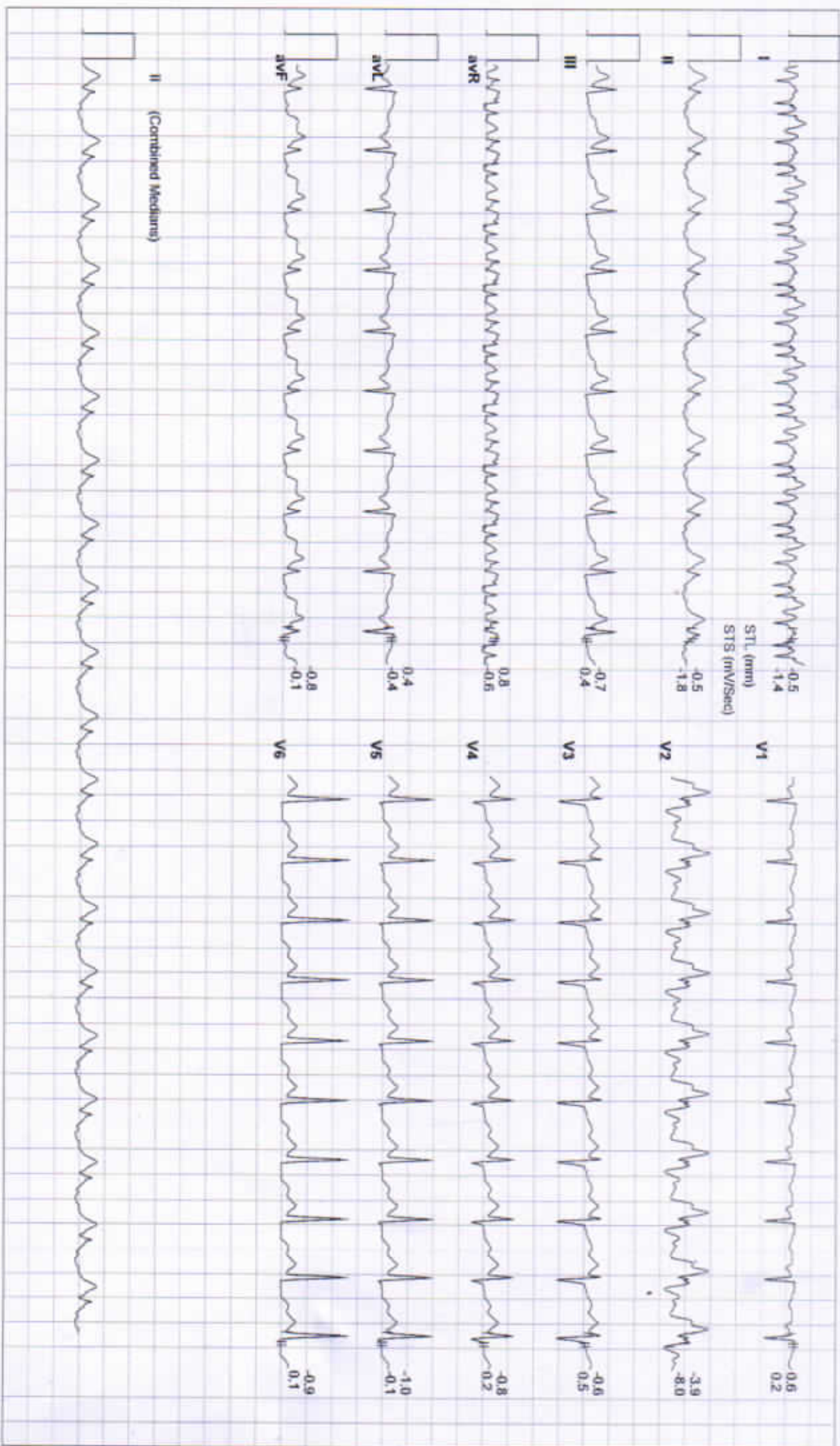
### 6X2 Combine Medians + 1 Rhythm

BRUCE:Stage 2(3:00)



Date: 09 - 03 - 2024 METs : 7.1 HR : 121 Target HR : 73% of 166 BP : 134/84 Post J @40m50c

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec: 1.0 Cm/mV



MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

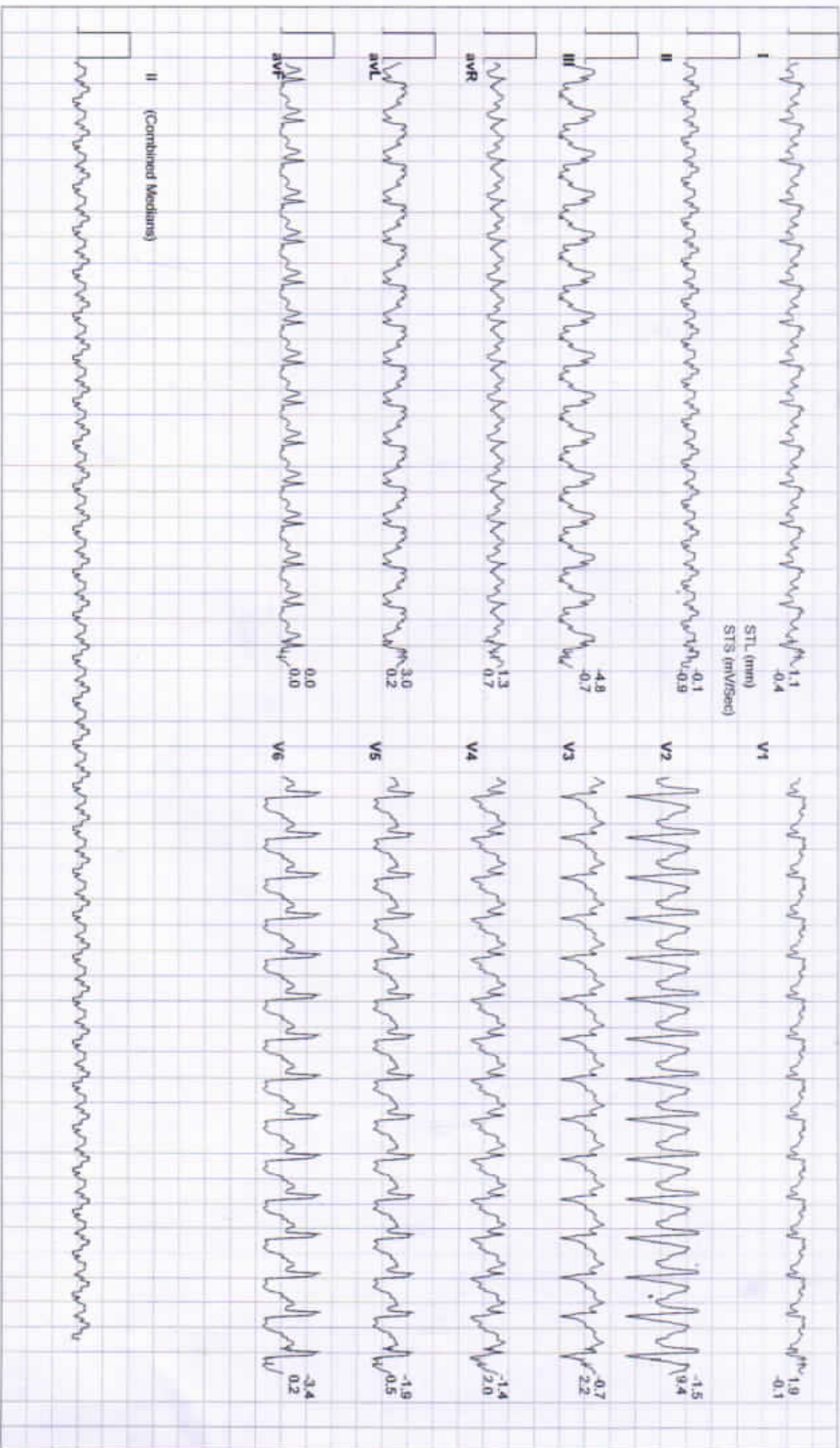
### 6X2 Combine Medians + 1 Rhythm

BRUCE:Stage 3(3:00)



Date: 09 - 03 - 2024 METs : 10.2 HR : 181 Target HR : 169% of 160 BP : 136/90 Post J @60mSec

ExTime: 09:00 Speed: 3.4 mph Grade : 14.00 % 25 mmV/Sec 1.0 Cm/mV





MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm PeakEx



Date: 09 - 03 - 2024 METs : 10.3 HR : 181 Target HR : 109% of 166 BP : 130/90 Post J @60mSec

EXTIME: 09:00 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec: 1.0 Cm/mV



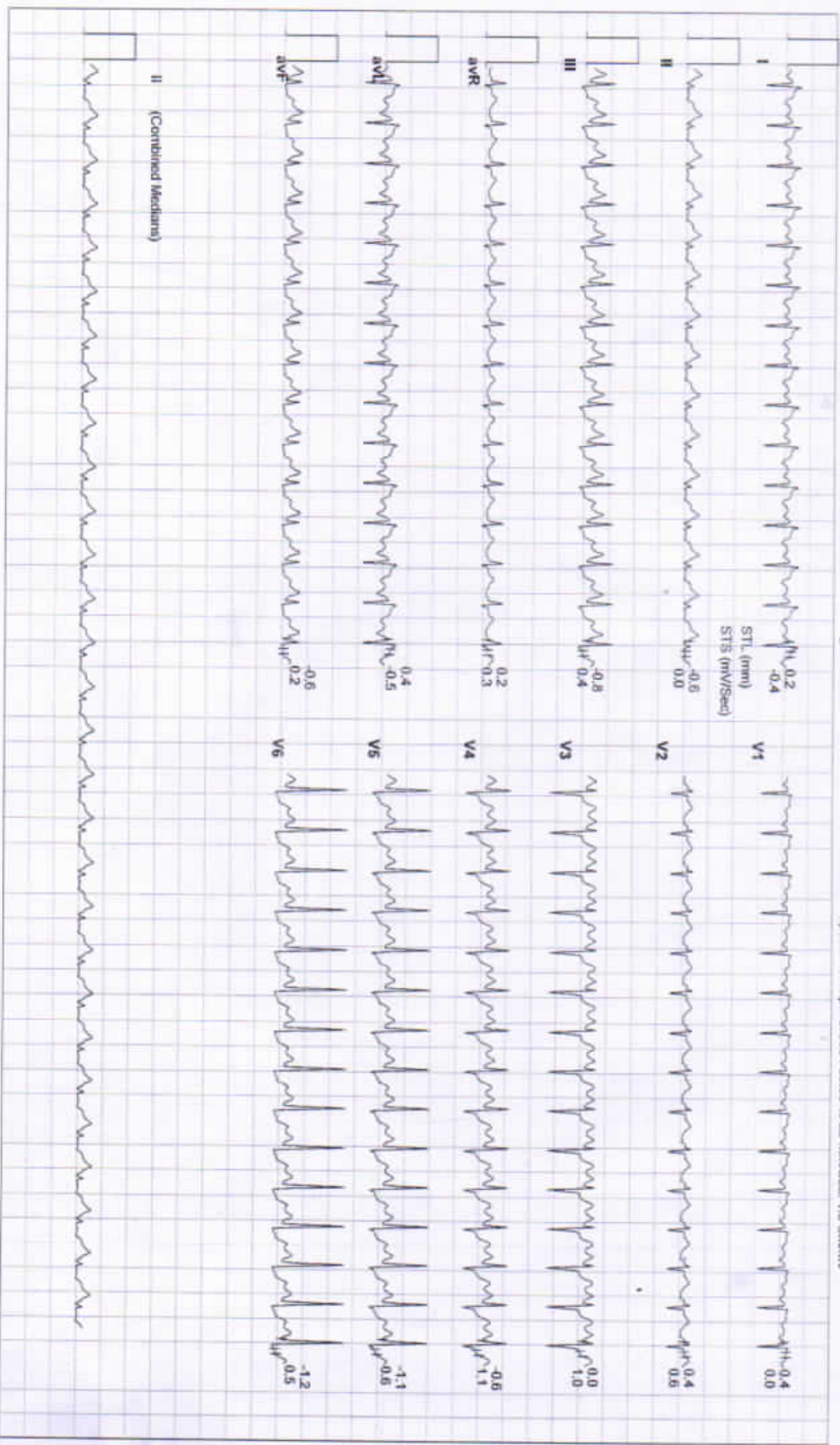
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

**6X2 Combine Medians + 1 Rhythm**  
Recovery(0:30)



Date: 09-03-2024 METs : 7.3 HR : 176 Target HR : 106% of 166 BP : 138/90 Post J @00mSec

EXTime: 09:02 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





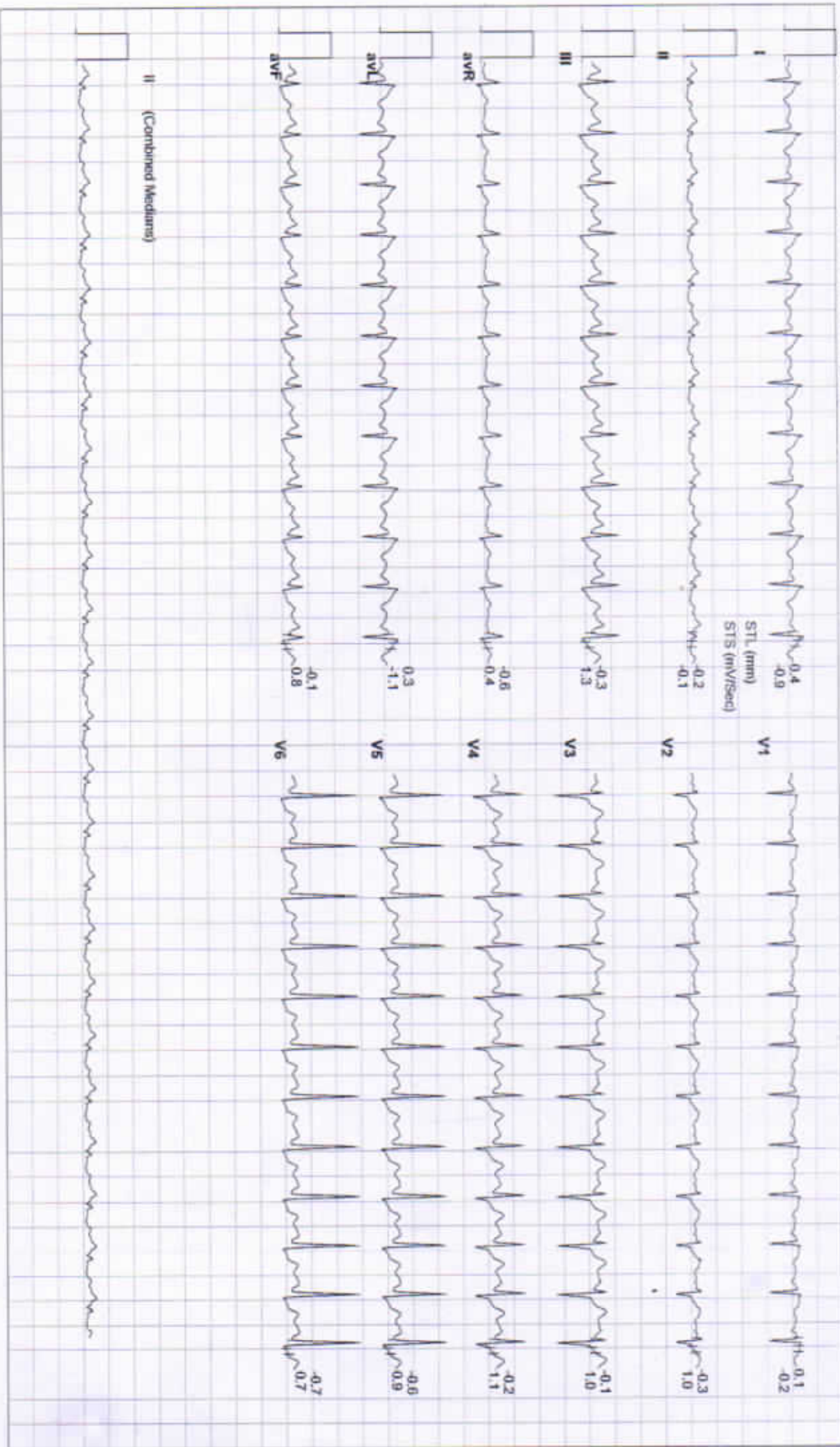
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm Recovery(1:00)



Date: 09 - 03 - 2024 METs : 4.3 HR : 146 Target HR : 88% of 166 BP : 142/94 Post J @00mSec

ExTime: 09:02 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



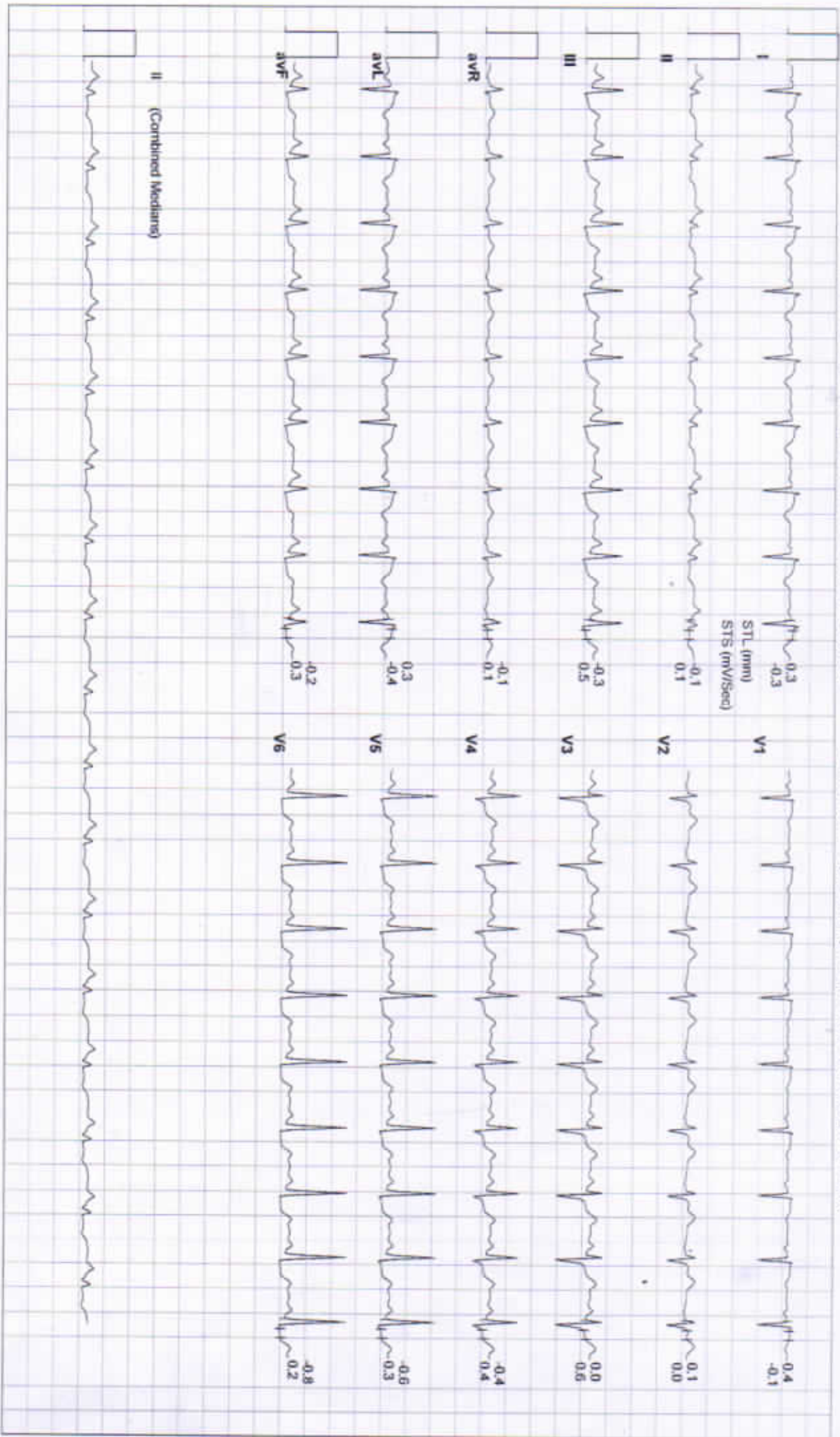
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

Date: 09 - 03 - 2024 METS : 1.0 HR : 103 Target HR : 62% of 166 BP : 130/88 Post J @00mSec

ExTime: 09:02 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV

### 6X2 Combine Medians + 1 Rhythm

Recovery(2:00)





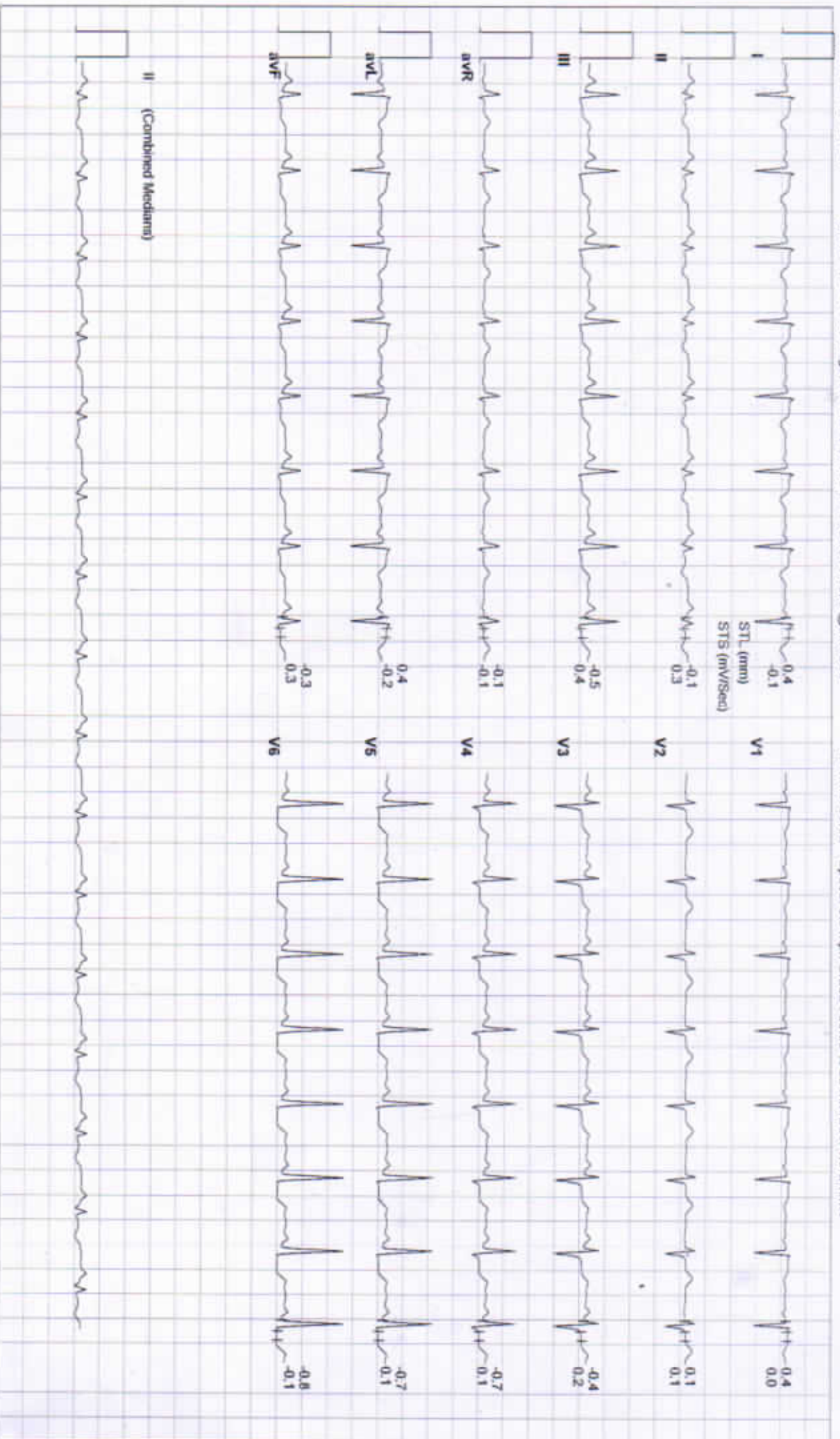
MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm



Date: 09 - 03 - 2024 METs : 1.0 HR : 93 Target HR : 95% of 166 BP : 134/94 Post J @60mSec

ExTime: 09:02 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV



MANJU SAINI / 54 Yrs / Female / 155 Cm / 57 Kg

### 6X2 Combine Medians + 1 Rhythm Recovery(3:44)



Date: 09 - 03 - 2024

METs : 1.0 HR : 90 Target HR : 54% of 166 BP : 128/82 Post J @60mSec

ExTime 09:02

Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV

