



UHID	PT210811	LAB No.	XRY2311733
Name	Mrs. NISHA SINGH	Regn. No.	GEN2401561
Age / Sex	39 Yrs / F	Receiving Dt/Time	13-Apr-2024 09:51
		Reporting Dt/Time	13-Apr-2024 05:50 PM



XRAY

CHEST (PA)
Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

Advised....please correlate clinically.

***** END OF REPORT *****

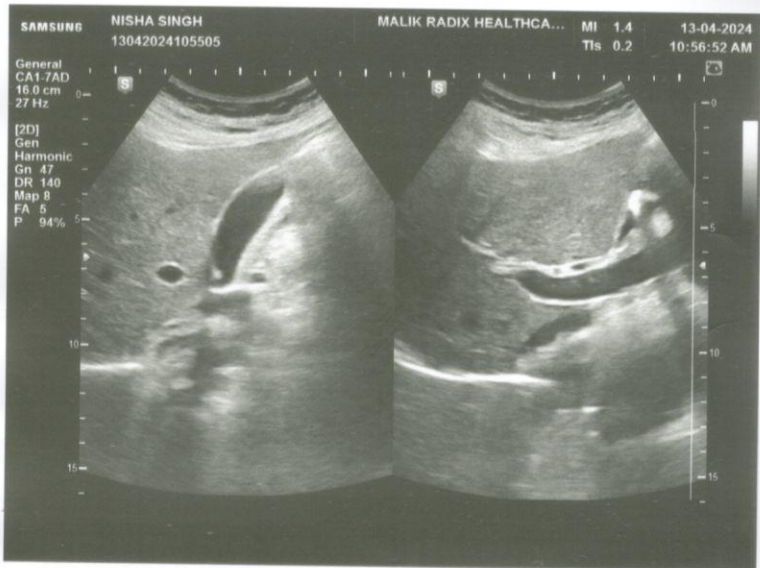
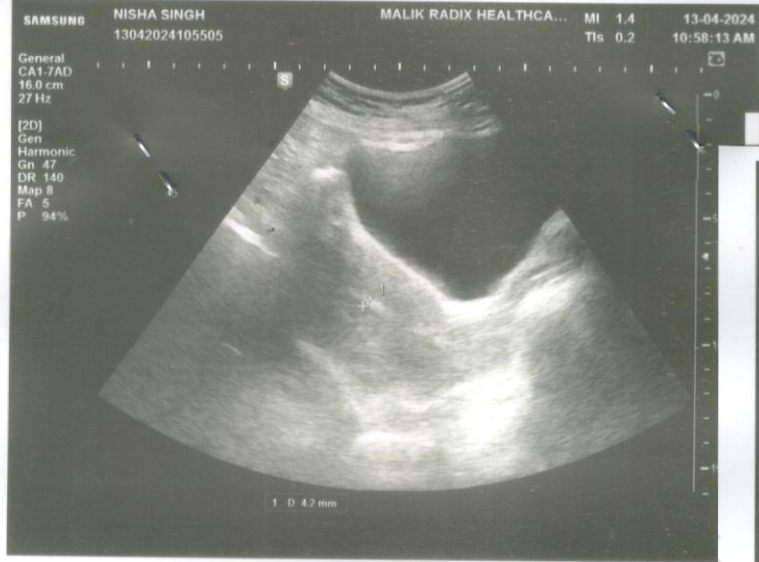
DR. K.K. SINHA
M.B.B.S., D.M.R.D.
SENIOR CONSULTANT
Reg. No. 25437 (DMC)

DR. RAJESH MALHOTRA
MBBS, MD (RADIOLOGY)
CONSULTANT RADIOLOGY
Reg.No.DMC9299

DR. T. K VOHRA
MD (RADIOLOGY)
SENIOR CONSULTANT
Reg. No. 3272 (DMC)

DR. MUKESH KOSHAL
MBBS, MD (RADIOLOGY)
CONSULTANT RADIOLOGY
Reg.No.DMC10407

DR. SHREYASH TIWARY
MBBS, MD (RADIOLOGY)
CONSULTANT RADIOLOGY
Reg.No.DMC85802





NAME	MRS NISHA SINGH	AGE	39 Y/F
REFD. BY.	HEALTH CHECK UP	DATE	13.04.24

Ultrasound Examination of Whole Abdomen & Pelvis:

Liver: Liver is normal in size (14.2 cm) with normal outlines and shows normal parenchymal echotexture. No focal lesion is seen. IHBR & portal radicles are normal.

Gallbladder: Gallbladder is well distended. No evidence of cholecystitis or cholelithiasis seen. Common bile duct is normal in course & caliber.

Pancreas: Pancreas shows normal size, outlines & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: Spleen shows normal size (8.8 cm), outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No calculus/ hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

Right kidney measures –8.7 X 4.1cm

Left kidney measures – 9.4 X 5.7cm

Great abdominal vessels are normal.

No ascites seen.

No para-aortic lymph nodes seen.

Urinary bladder: Urinary bladder is well distended. Walls and lumen appear normal.

Uterus is normal in size outline and echotexture. No focal lesion is seen. Endometrium is central and measures 4.2 mm. Cervix appears normal.

Both adnexa appear unremarkable.

IMPRESSION: Normal study

Dr Shreyash Tiwary MD (Rad- diag)

Regn. No. DMC 85802

RADIOLOGIST :

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 ECHO - Plastic Surgery

11

39


भारत सरकार
Government of India


निशा सिंह
Nisha Singh
जन्म वर्ष / Year of Birth : 1984
महिला / Female




2645 5232 4440

आधार - आम आदमी का अधिकार

Nisha


MALIK RADIX HEALTH CARE PVT. LTD.
C-217, C-218, Nirman Vihar,
Delhi-110092
Ph.: 011-43207456, 011-61361379
Regd. No. 607



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India


पता: D/O: रामदास सिंह, एस-189, स्ट्रीट न-4, मोहित मार्बल शॉप, स्कूल ब्लॉक शकरपुर, शकर पुर बरामद, शकरपुर, पूर्वी दिल्ली, दिल्ली, 110092

Address: D/O: Ramdas Singh, S-189, Street No-4, Mohit Marble Shop, School Block Shakarpur, Shakar Pur Baramad, Shakarpur, East Delhi, Delhi, 110092

2645 5232 4440

 1947
 1800 300 1947

 help@uidai.gov.in

 www.uidai.gov.in

MALIK RADIX HEALTHCARE PVT LTD

UNI-EMC-217/218 NIRMAN VIHAR VIKAS MARG

DELHI 110092

NISHA SINGH

ID : 3154

AGE/SEX : 39 Yr / F

HT/WT : /

DATE : 13-04-2024 12:37:15 PM

REF BY : Dr

MACHINE INTERPRETATION : Anterior Myocardial Ischemia To Be Ruled out . Sinus Rhythm.

P Duration : 102 ms

PR Duration : 122 ms

QRS Duration : 79 ms

QT Interval : 340 ms

QTc Interval : 385 ms

RATE : 87 bpm

BP : N/A

P Axis : 60 deg.

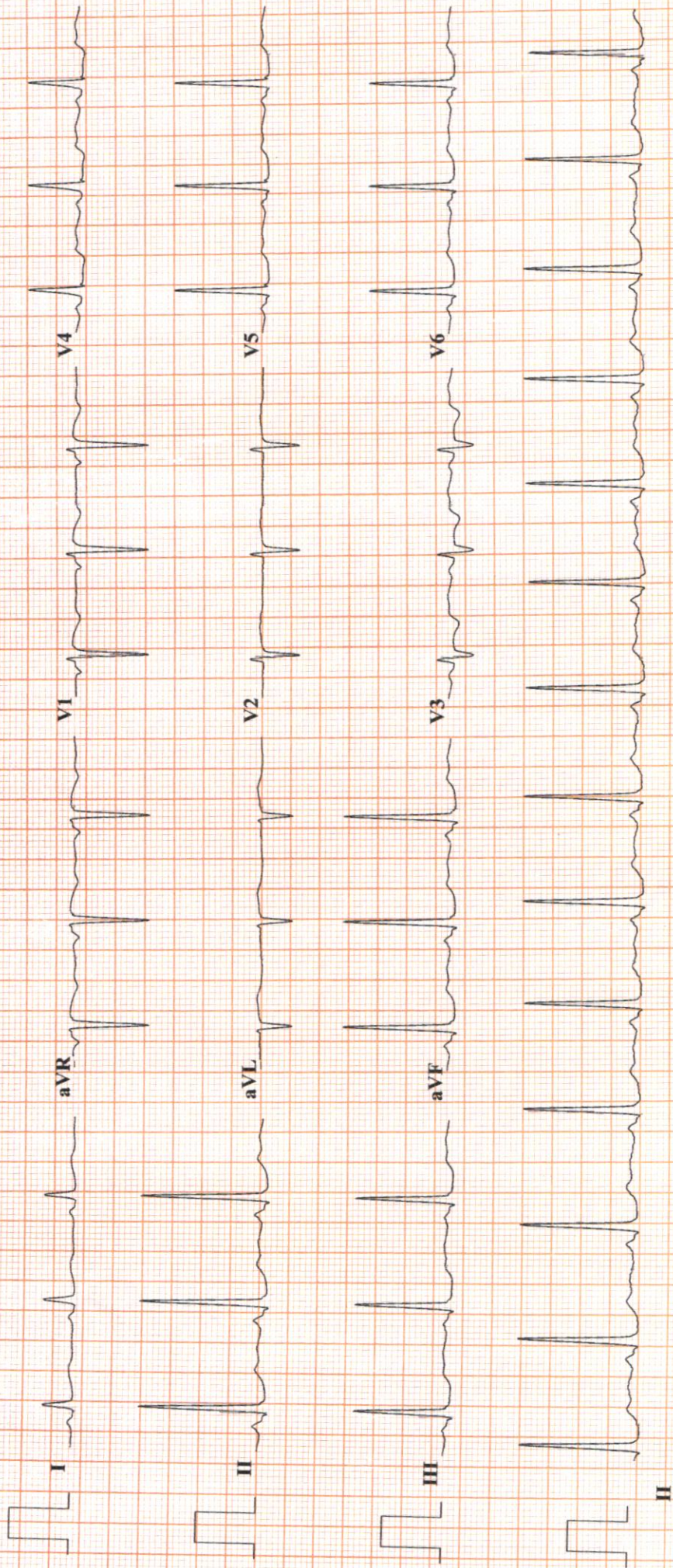
QRS Axis : 75 deg.

T Axis : 32 deg.

Linked Median

Speed : 25 mm/s

Sensitivity : 10 mm/mV



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NIRMAN VIHAR DELHI 110092

TREADMILL TEST REPORT

NISHA SINGH

ID : 2638
 DATE : 13-04-2024
 AGE/SEX : 39 / F
 HT/WT : 0 / 0
 REF. BY :

PROTOCOL : Bruce
 HISTORY :
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mm/Hg	RPP x100	ST LEVEL (MM)			METS	
								II	V1	V5		
SUPINE												
STANDING					86	120 / 80	103	-0.4	0.2	-0.4		
HYPERTENT					86	120 / 80	103	-0.4	0.2	-0.5		
Stage 1	0:8				86	120 / 80	103	-0.4	0.2	-0.4		
PK-EXERCISE	2:55		2.7	10	133	124 / 80	164	-1.8	1	-1.8		4.67
RECOVERY	5:15		4	12	159	130 / 82	206	-3.7	1.4	-3.2		6.53
RECOVERY	8:15				101	130 / 82	131	-1.5	0.6	-1.3		
RECOVERY	11:15				97	128 / 80	124	-0.9	0.3	-0.6		

RESULTS

EXERCISE DURATION : 5:15
 MAX HEART RATE : 159 bpm
 MAX BLOOD PRESSURE : 130 / 82 mm Hg
 REASON OF TERMINATION : ECG changes at peak & recovery stage.

MAX WORK LOAD : 6.53 METS

BP RESPONSE : None,
 ARRHYTHMIA : None,
 H.R. RESPONSE : None

IMPRESSIONS
 ECG changes at peak exercise & recovery stage. To be correlate by cardiologist opinion.

Dr. SHEIKH NAZIR AHMED
 M.D. Physician
 PGDCC
 DMC-46499

Technician :

RADIX MALIK HOSPITAL

NISHA SINGH

I.D. 2638

Age 39/F

Date 13-04-2024

RATE 86bpm

B.P. 120/80

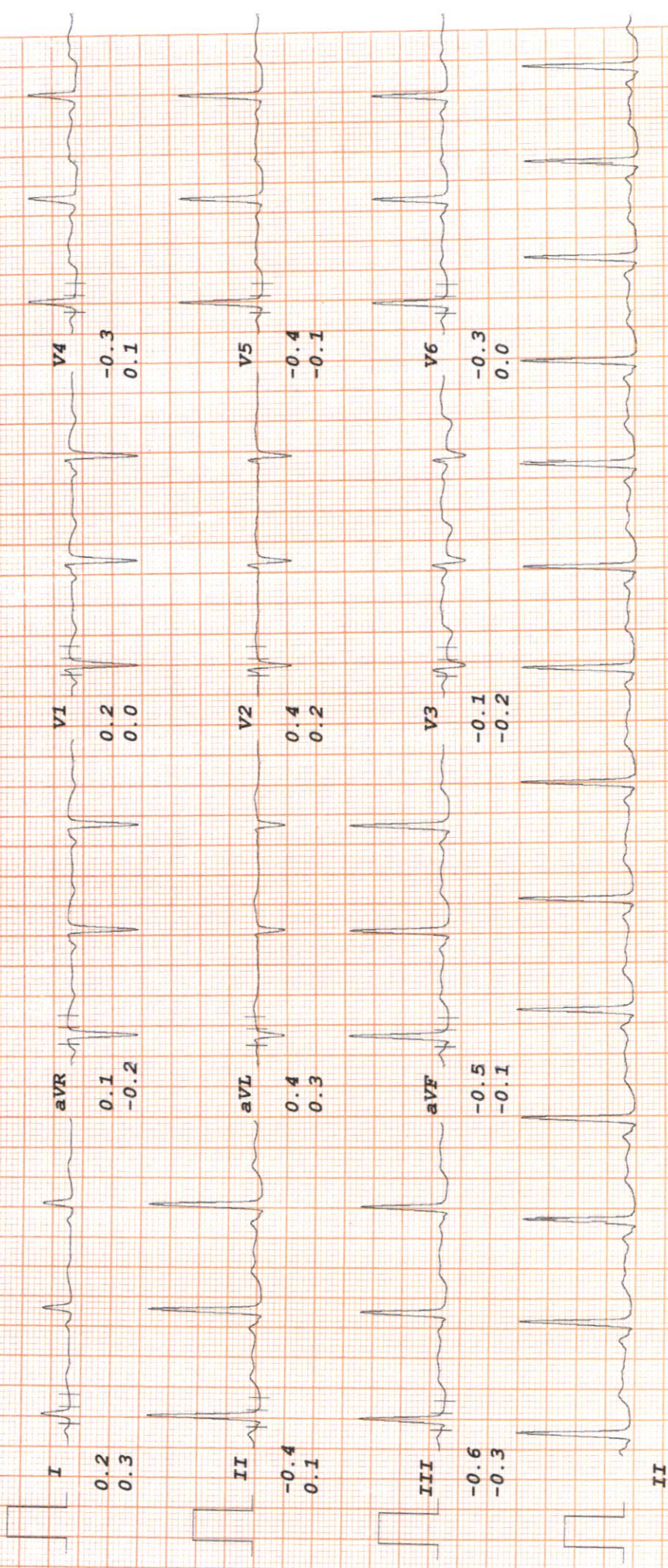
PRETEST

SUFINE

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



RADIX MALIK HOSPITAL

NISHA SINGH

I.D. 2638

Age 39/F

Date 13-04-2024

RATE 86bpm

B.P. 120/80

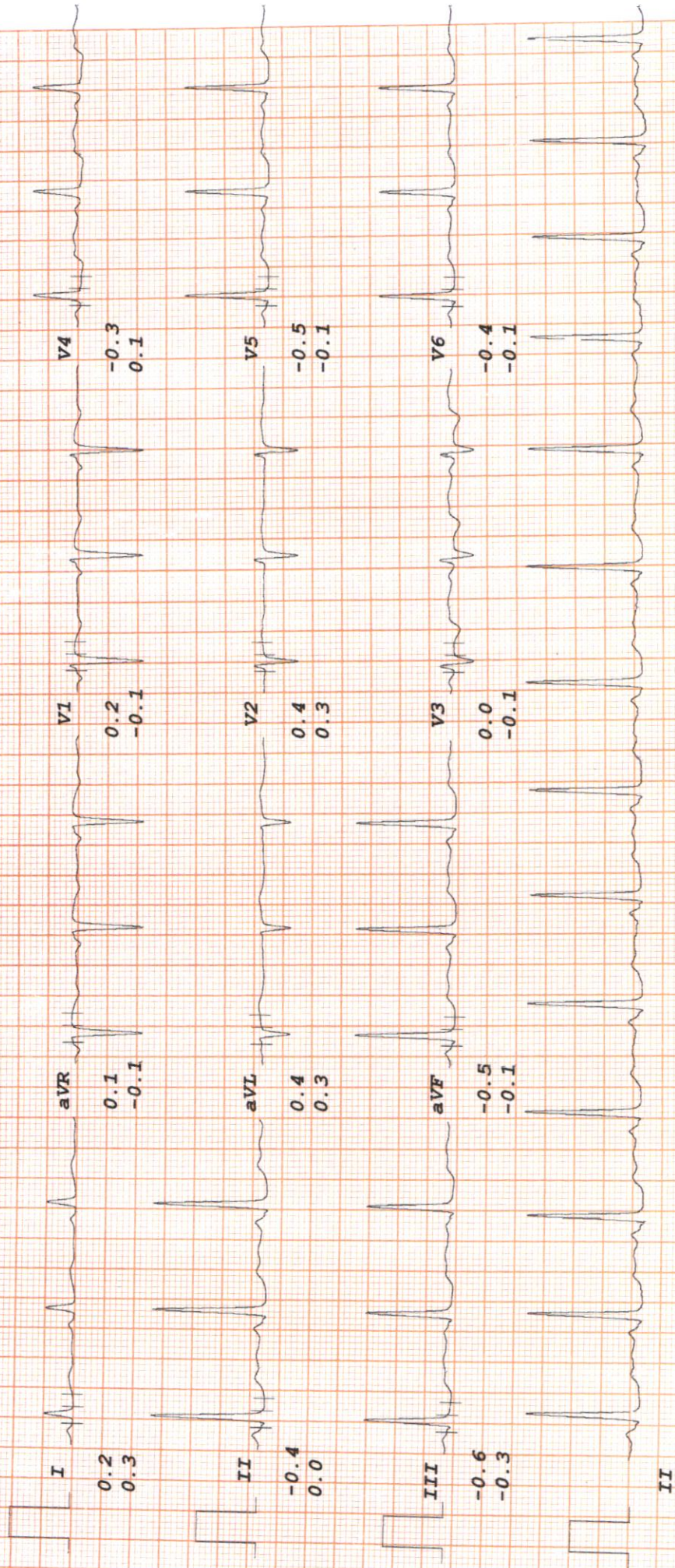
ST @ 10mm/mV

80ms PostJ

PRETEST

STANDING

LINKED MEDIAN



RADIX MALIK HOSPITAL

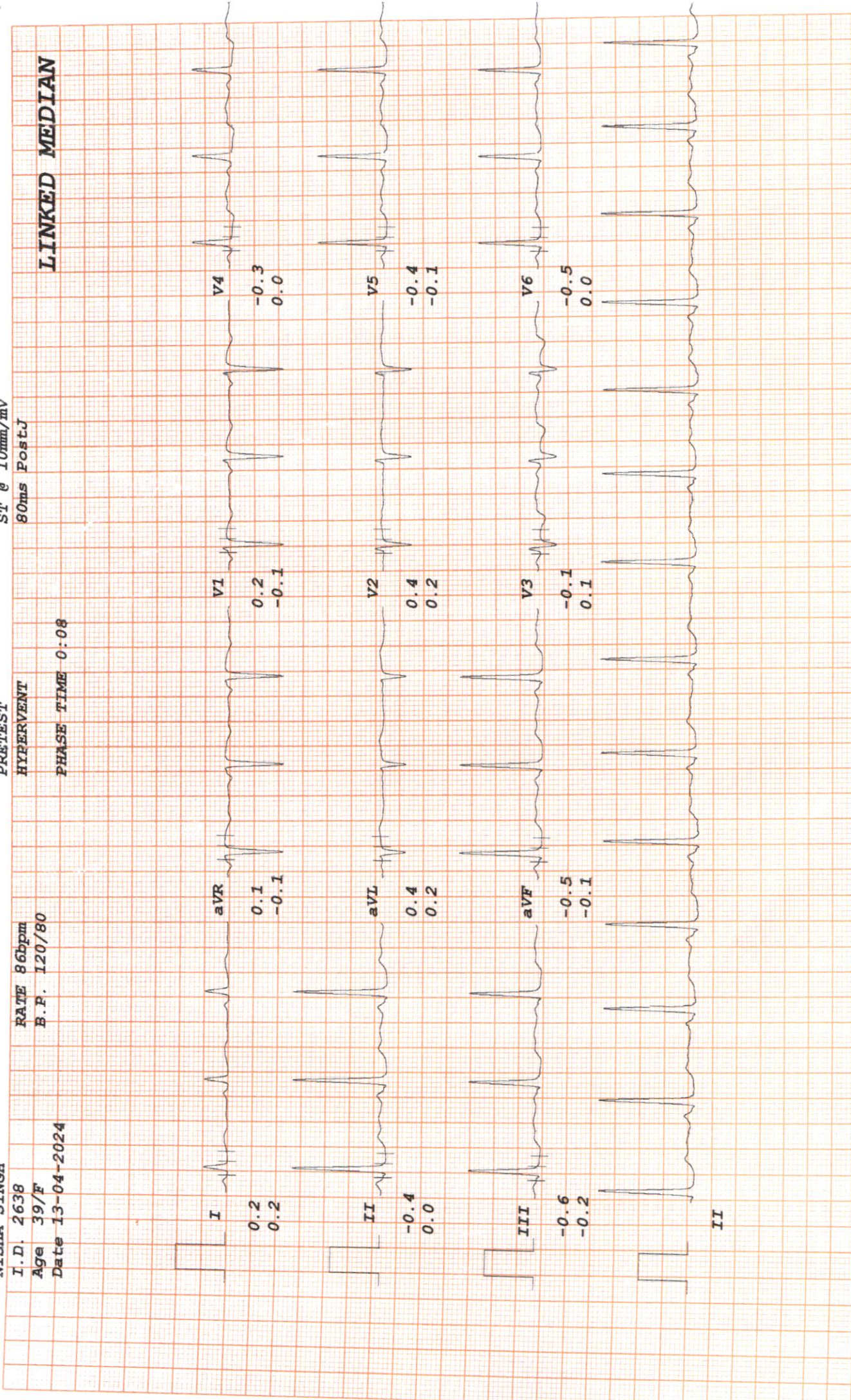
NISHA SINGH

I.D. 2638
Age 39/F
Date 13-04-2024

PRETEST
HYPERVENT
PHASE TIME 0:08

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



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NISHA SINGH

I.D. 2638

Age 39/F

Date 13-04-2024

ST @ 10mm/mV

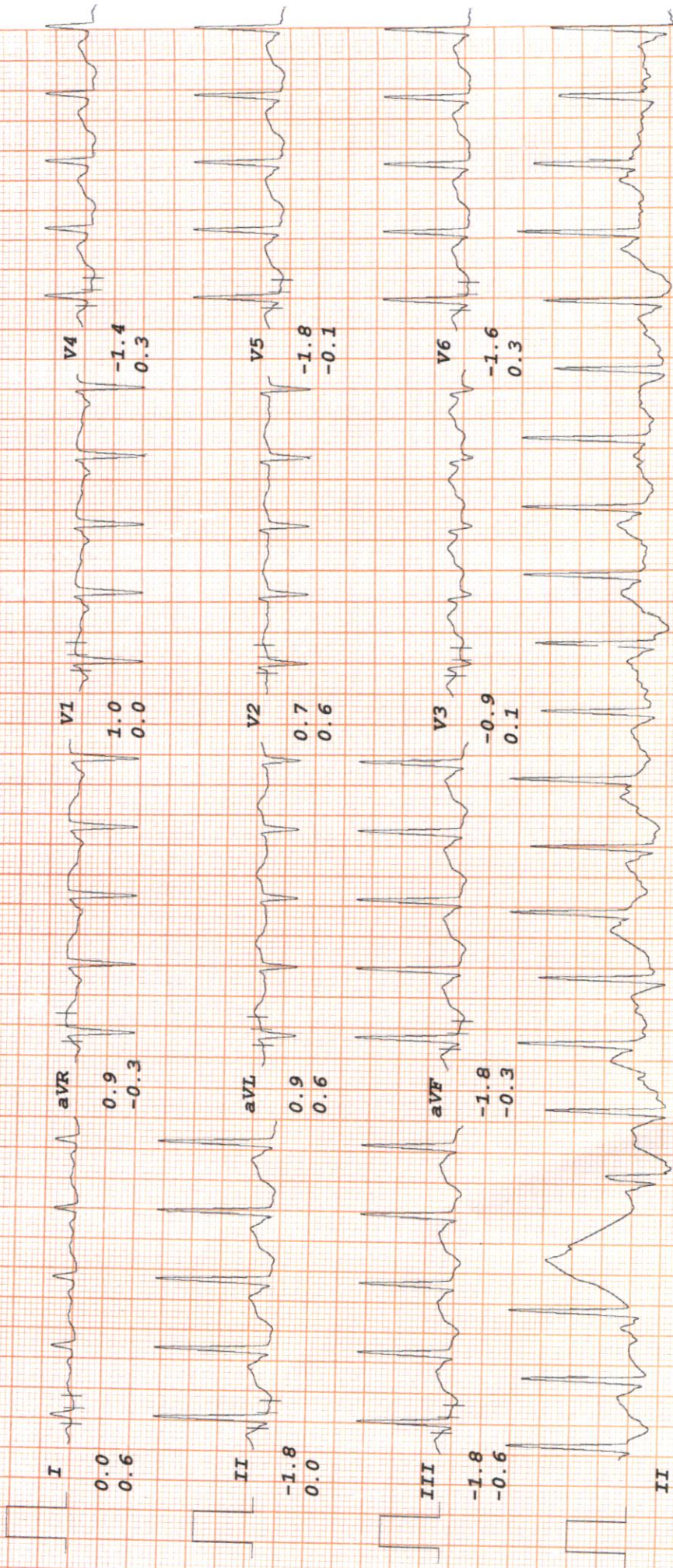
80ms PostJ
Speed 2.7 km/hr
SLOPE 10 8

Bruce

Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

RATE 133bpm
B.P. 124/80

LINKED MEDIAN



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NISHA SINGH

I.D. 2638

Age 39/F

Date 13-04-2024

Bruce

RATE 159bpm

B.P. 130/82

PK-EXERCISE

TOTAL TIME 5:15

PHASE TIME 2:15

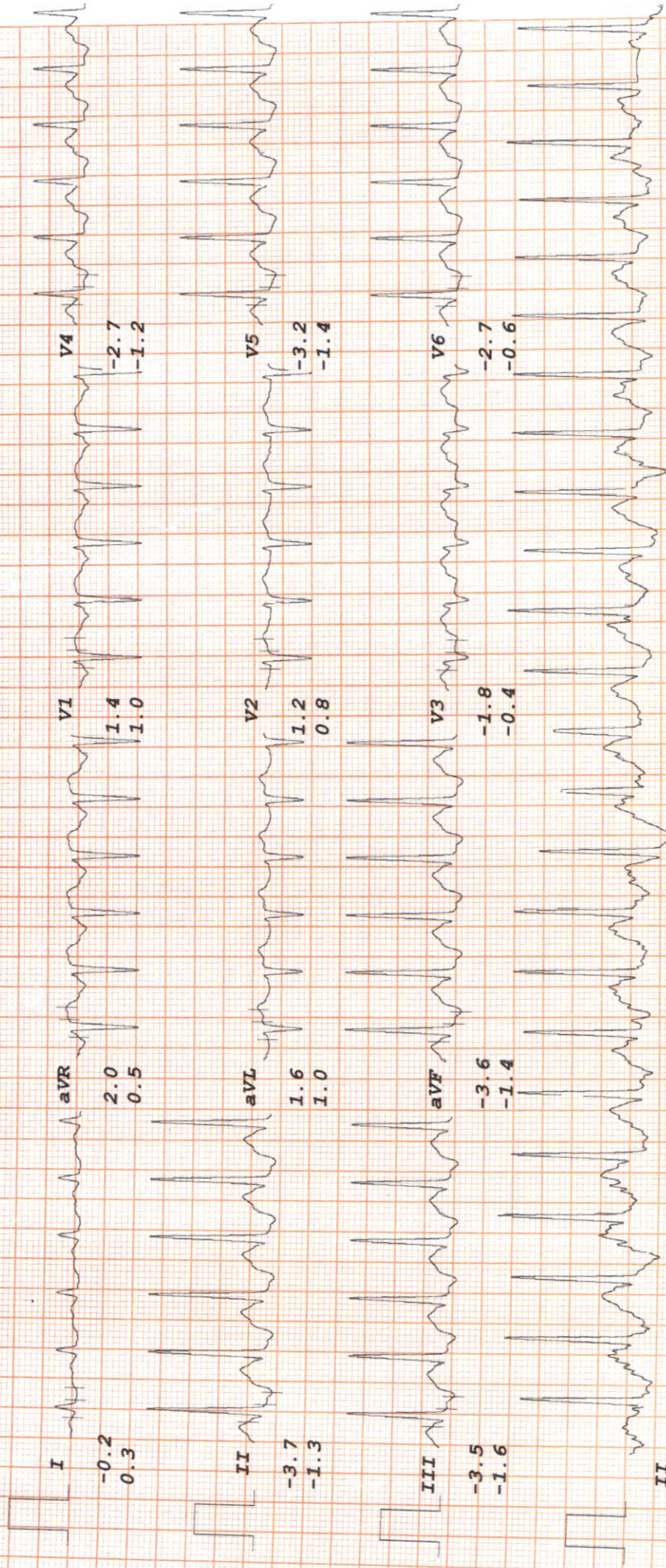
ST @ 10mm/mV

80ms PostJ

Speed 4 km/hr

SLOPE 12 %

LINKED MEDIAN



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NISHA SINGH

I.D. 2638

Age 39/F

Date 13-04-2024

Bruce

RATE 101bpm

B.P. 130/82

RECOVERY

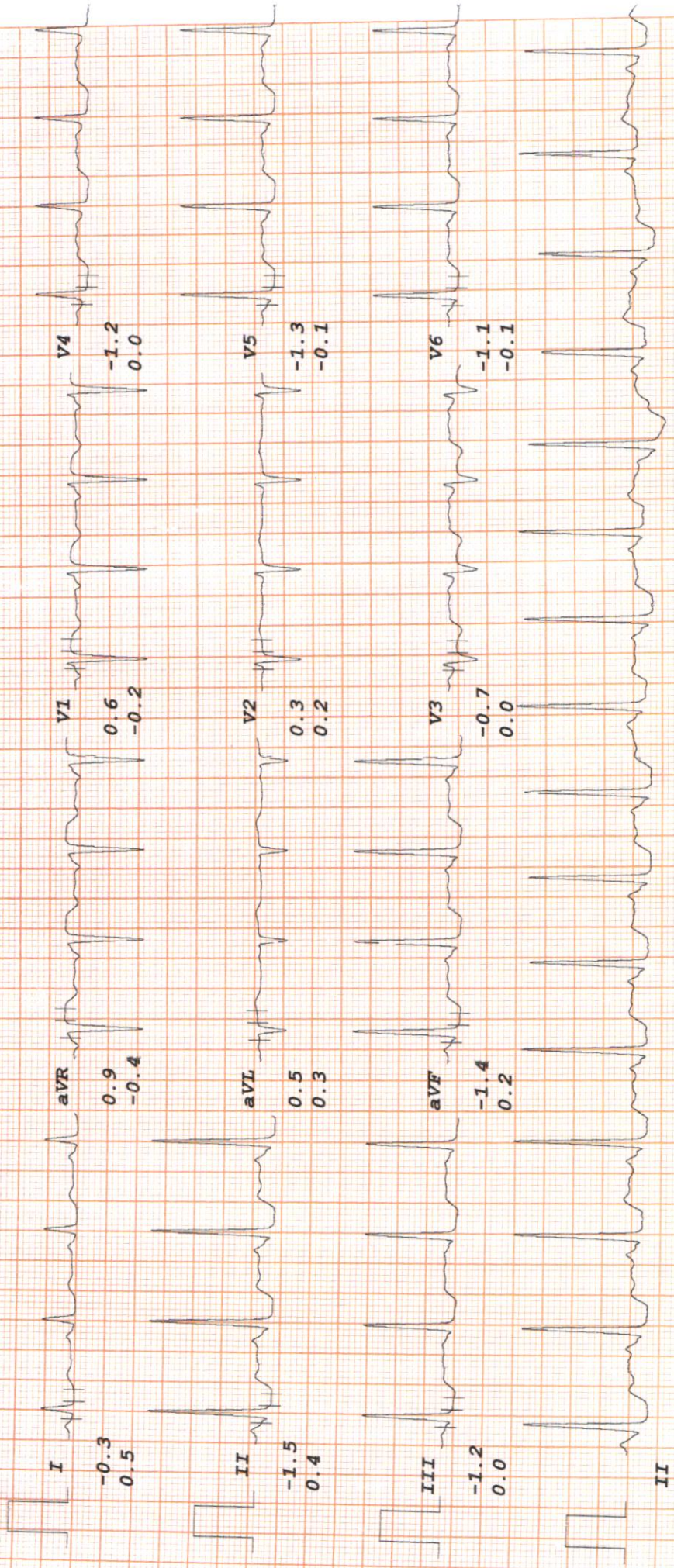
TOTAL TIME 8:15

PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN



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NISHA SINGH

I.D. 2638
Age 39/F
Date 13-04-2024

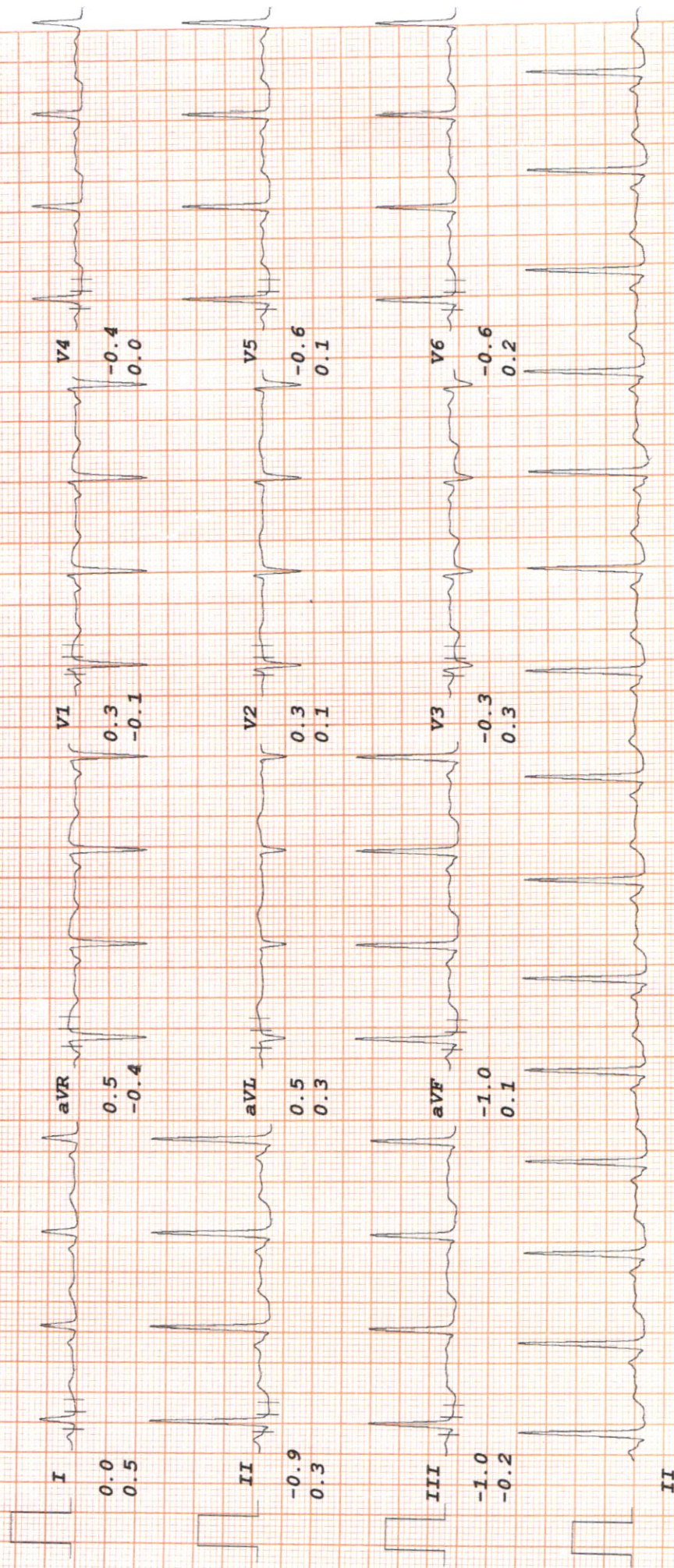
RATE 97bpm
B.P. 128/80

Bruce

RECOVERY
TOTAL TIME 11:15
PHASE TIME 5:55

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



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Whatsapp No. - 9811550650
E-mail: info@radixhealthcare.org
Website: www.radixhealthcare.org



ANNUAL HEALTH CHECK UP

NAME: *Mrs. Nisha Singh*

AGE/GENDER: *39yrs / F*

DATE *13/4/24*

Wt 65 kg
65 kg

Last checked
1 mt back

Heart *NS*
NS

Cola *wml*

Dr. Nisha Gupta
MBBS, MS, DNB
Casualtant Ophthalmologist
Malik Radix Healthcare Pvt. Ltd.
DMC No. 12151

Facilities Available

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Whatsapp No. - 9811550650
E-mail: info@radixhealthcare.org
Website: www.radixhealthcare.org



ANNUAL HEALTH CHECK UP

NAME: Mrs. Nisha Singh AGE/GENDER: 39y/1F

DATE 13/04/24

Dental checkup

O/E

Stains +

Calculus +

Missing $\frac{\quad}{6}$

Ellis' Class II fracture $\frac{\quad}{2}$

Adv:

- Oral Prophylaxis
- OPG

Rx

Periogard mouthwash - 20 ml \rightarrow 3 months

Annex

Facilities Available

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130005	DOB.	
Name	MRS. NISHA SINGH	Gender	F	Perm. ID	
Age	39 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:30:06
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
MEDIWHEEL ANNUAL PLUS CHECK			

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	10.4	gm/dl	12 - 15
TOTAL LEUCOCYTE COUNT (TLC)	6,400	/cumm	4000 - 11000

DIFFERENTIAL LEUCOCYTE COUNT (DLC)

NEUTROPHIL	64	%	40 - 80
LYMPHOCYTE	28	%	28 - 55
MONOCYTE	05	%	02 - 10
EOSINOPHIL	03	%	01 - 06
BASOPHIL	00	%	0 - 0
ESR (WESTEGREN'S METHOD)	30	mm/1st hr.	0 - 15
R B C COUNT	3.88	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	33.5	%	35 - 45
M C V	86.3	fl.	80 - 100
M C H	26.8	Picogram	27.0 - 31.0
M C H C	31.0	gm/dl	33 - 37
PLATELET COUNT	2.65	Lakh/cu mm	1.50 - 4.50
BLOOD GROUP ABO	" A "		
RH TYPING	Positive		
BLOOD SUGAR FASTING	85.03	mg/dl	70 - 100
BLOOD SUGAR PP	144.0	mg/dl	90 - 140

THYROID PROFILE

Free T3 ELFA	3.31	ng/ml	02 - 04
Free T4 ELFA	1.16	ug/dl	0.8 - 2.7

Checked by : _____
Page 1 Contd...2

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130005	DOB.	
Name	MRS. NISHA SINGH	Gender	F	Perm. ID	
Age	39 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:30:06
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
TSH Serum/ELFA	0.830	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	153.90	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	127.90	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	52.34	mg/dL	42.0 - 60.0 (<40->59)
V L D L	25.6	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	76.0	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	2.9		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	1.5		1.5 - 3.5

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL	1.25	mg/dl	0.2 - 1.2
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Checked by : _____
 Page 2 Contd...3

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130005	DOB.	
Name	MRS. NISHA SINGH	Gender	F	Perm. ID	
Age	39 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:30:06
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
CONJUGATED (D. BILIRUBIN)	0.27	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	0.98	mg/dl	0.2 - 0.9
SGOT / AST	17.90	IU/L	0 - 35
SGPT / ALT	17.4	IU/L	0 - 35
ALKALINE PHOSPHATASE	90.00	U/L	64 - 306
TOTAL PROTEIN	7.23	gm/dl	6.0 - 8.3
ALBUMIN	4.01	gm/dl	3.2 - 5.0
GLOBULIN	3.22	gm/dl	2.5 - 5.6
A/G RATIO	1.25		0.9 - 2.0
GAMMA GT	20.20	IU/L	0.0 - 35.0
SERUM CREATININE	0.80	mg/dl	0.6 - 1.2
SERUM URIC ACID	3.85	mg/dl	2.4 - 6.0
BLOOD UREA NITROGEN (BUN)	9.20	mg/dl	6.0 - 21.0
BUN/CREAT RATIO	11.5	mg/dl	10 - 20

Urine Routine Examination

PHYSICAL EXAMINATION

QUANTITY	30	ml.	
COLOUR	Pale Yellow		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.025		
PH	6.0		

CHEMICAL EXAMINATION

ALBUMIN	Nil
SUGAR	Nil

MICROSCOPIC EXAMINATION

PUS CELLS	2-3	/HPF
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Checked by : _____
Page 3 Contd...4

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LAB REPORT

Reg. Date	13/04/2024	Patient Id	2404130005	DOB.	
Name	MRS. NISHA SINGH	Gender	F	Perm. ID	
Age	39 Yrs.	Panel	MEDIWHEEL	Reported	13/04/2024 17:30:06
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
RBC'S	Nil	/HPF	
CASTS	Nil		
CRYSTALS	NIL		
EPITHELIAL CELLS	2-3	/HPF	
BACTERIA	Nil		
OTHERS	Nil		

Dr. Reema Dahiya
DR. REEMA DAHIYA
 M.B.B.S, MD (Path.)
 Checked by
 Malik Radix Healthcare Pvt. Ltd.
 C-217, C-218, Nirman Vihar,
 Delhi-92

DR. MEENU AGGARWAL
 M.B.B.S, MD (Path.)

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

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Patient Name : Ms NISHA SINGH
 DOB/Age/Gender : 39 Y/Female
 Patient ID / UHID : 7928282/OF7928282
 Referred By : Dr. DR SELF
 Sample Type : Whole blood EDTA
 Sample Collected : Apr 13, 2024, 03:15 PM
 Report Date : Apr 13, 2024, 07:13 PM
 Barcode No : HY458391
 Report Status : Final Report



Test Description	Value(s)	Unit(s)	Reference Range
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HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	5.3	%	<5.7
Estimated Average Glucose	105.41	mg/dL	Refer Table Below

Interpretation:

Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

Comments :

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

*** End Of Report ***

Sohini Sengupta

Dr. Sohini Sengupta
 MD (Cl Biochemistry), DNB,
 FNB (Lab Medicine)
 Medical Laboratory Director
 HOD (Biochemistry & Special Assays)

Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg
 Processing Lab - Redcliffe Lifetech Pvt. Ltd, H-55, Sector-63, Noida, Uttar Pradesh - 201301

Processing Lab - Redcliffe Lifetech Pvt. Ltd, H-55, Sector-63, Noida, Uttar Pradesh - 201301
 Email: csupport@redcliffelabs.com Website: www.redcliffelabs.com

All Lab results are subject to clinical interpretation by qualified medical professional and this report is not subject to use for any medico-legal purpose.

