

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)

Sr. Consultant Non Invasive Cardiology

Reg. No: MMC-2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

 **KIMS-KINGSWAY**  
HOSPITALS

Name: Mrs. chetana Awachat Date: 28/3/24.Age: 33y Sex: M/F Weight: 65.4 kg Height: 154.1 inc BMI: 27.5BP: 110/57 mmHg Pulse: 85 bpm RBS: \_\_\_\_\_ mg/dlSpO2: 98%LMP: 9/3/24

33/F

- F/A - HT+ Both parents
- Hb - 10.8
- Ren inv → wored

O/E

JVP°

Cr	/ N.
U	
P/A	

Adv.

Diet as advised

Daily exercise

  
**Dr. VIMMI GOEL**  
MBBS, MD  
Sr. Consultant Non Invasive Cardiology  
Reg.No.: 2014/01/0113

Dr. Aashee Parganiha (Chandak)

MBBS, DNB (OBGY),

Fellowship in Urogynaecology, Fellowship in Laparoscopy

Sr. Consultant Urogynaecology, Obstetrics & Gynaecology

Pelvic Floor Reconstruction, Vaginal & Laparoscopic Surgeon

Reg. No: 12-12332

Name: Chetna Awachat

Date: 28/3/24

Age: 33 F

Sex: M/F

Weight: \_\_\_\_\_ kg

Height: \_\_\_\_\_ inc

BMI: \_\_\_\_\_

~~No~~ complaint of

Pain in Rt axilla. ~~increasing~~ periods.

Adx OTB

GDx: P-PE<sup>r</sup> focal

Ⓡ Axilla. Tenderness, no lump felt

2. Axilla  
 Ⓢ BIL Breast - well

PA soft-

P/S co neg Ⓢ

PLW. - wt Alu.

8 weeks.

Adnexa free

keep 9.3.24.

3-5/22/20-Ⓡ

N-flow.

OH

P.L. xsc

♀ Breeds

Using Barrier  
 well

uh NLS.

SM - xsc

- Left Breast  
 - Superficial  
 - Benign  
 3y

PH father  
 mother / KATN.

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>CHETANA AWACHAT</b> 33Y(S) 0M(S) 0D(S)/F UMR2324042092 8087332876 MARRIED	<b>CONSULT DATE</b> : 28-03-2024 <b>CONSULT ID</b> : OPC2324129917 <b>CONSULT TYPE</b> : <b>VISIT TYPE</b> : NORMAL <b>TRANSACTION TYPE</b> :	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
- °F - /min - %RA - /10 - cms

Weight : BMI :  
- kgs -

**CHIEF COMPLAINTS**

ROUTINE EYE CHECKUP

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

**NEAR ADDITION**

RIGHT EYE			00	N6
LEFT EYE			00	N6

**REMARK-**

*Ashish Kamble*

**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :28-03-2024 15:17:01

**Dr. Rahul Atara**  
BDS, MDS (Endodontics)  
Sr. Consultant Dental Surgeon  
Reg. No: A-16347



Name: Mrs. Chetana Awachat Date: 28/03/24.

Age: 33yrs. Sex: M/F Weight: \_\_\_\_\_ kg Height: \_\_\_\_\_ inc BMI: \_\_\_\_\_

BP: \_\_\_\_\_ mmHg Pulse: \_\_\_\_\_ bpm RBS: \_\_\_\_\_ mg/dl

Routine dental checkup.

:- Good oral hygiene.

Dr. Megha.





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. CHETANA AWACHAT	<b>Age /Gender</b> : 33 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324088598/UMR2324042092	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Mar-24 09:54 am	<b>Report Date</b> : 28-Mar-24 02:42 pm

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	<b>10.8</b>	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		<b>33.5</b>	36.0 - 46.0 %	Calculated
RBC Count		4.22	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		<b>79</b>	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		<b>25.6</b>	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.3	31.5 - 35.0 g/l	Calculated
RDW		<b>16.8</b>	11.5 - 14.0 %	Calculated
Platelet count		443	150 - 450 $10^3$ /cumm	Impedance
WBC Count		6700	4000 - 11000 cells/cumm	Impedance

**DIFFERENTIAL COUNT**

Neutrophils	56.6	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	37.9	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	1.2	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	4.3	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3792.2	2000 - 7000 /cumm	Calculated



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. CHETANA AWACHAT	<b>Age /Gender</b> : 33 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324088598/UMR2324042092	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2539.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		80.4	20 - 500 /cumm	Calculated
Absolute Monocyte Count		288.1	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b><u>PERIPHERAL SMEAR</u></b>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
<b>E S R</b>		13	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation \* If necessary, Please discuss

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Test results related only to the item tested.

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. CHETANA AWACHAT	<b>Age / Gender</b> : 33 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324088598/UMR2324042092	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Mar-24 09:54 am	<b>Report Date</b> : 28-Mar-24 11:38 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	83	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		80	< 140 mg/dl	GOD/POD, Colorimetric

**GLYCOSYLATED HAEMOGLOBIN (HBA1C)**

<b>HbA1c</b>	4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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\*\*\* End Of Report \*\*\*

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**Dr. VAIDEHEE NAIK, MBBS,MD**

**CONSULTANT PATHOLOGIST**

SPANV Medisearch Lifesciences Private Limited  
44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100  
CIN: U74999MH2018PTC303510





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. CHETANA AWACHAT	<b>Age /Gender</b> : 33 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324088598/UMR2324042092	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**LIPID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	158 < 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		62 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		<b>38</b> > 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		95.02 < 100 mg/dl	Enzymatic
VLDL Cholesterol		12 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		4 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 <130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 <160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. CHETANA AWACHAT      **Age / Gender** : 33 Y(s)/Female  
**Bill No/ UMR No** : BIL2324088598/UMR2324042092      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Mar-24 09:54 am      **Report Date** : 28-Mar-24 11:38 am

**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.64	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.16	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.48	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		39	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		13	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		17	13 - 35 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		6.88	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		3.94	3.5 - 5.0 gm/dl	Calculated
Globulin		2.94	2.0 - 4.0 gm/dl	
A/G Ratio		1.3		
*** End Of Report ***				

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**Dr. VAIDEHEE NAIK, MBBS,MD**

**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. CHETANA AWACHAT      **Age / Gender** : 33 Y(s)/Female  
**Bill No/ UMR No** : BIL2324088598/UMR2324042092      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Mar-24 09:54 am      **Report Date** : 28-Mar-24 11:38 am

**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	22	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.7	0.52 - 1.04 mg/dl	Enzymatic ( creatinine amidohydrolase)
GFR		117.0	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		143	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.76	3.5 - 5.1 mmol/L	Direct ion selective electrode

\*\*\* End Of Report \*\*\*

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mrs. CHETANA AWACHAT  
**Age / Gender** : 33 Y(s)/Female  
**Bill No/ UMR No** : BIL2324088598/UMR2324042092  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Mar-24 09:54 am  
**Report Date** : 28-Mar-24 11:38 am

**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.29	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.95	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.77	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mrs. CHETANA AWACHAT	<b>Age / Gender</b> : 33 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324088598/UMR2324042092	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Mar-24 12:43 pm	<b>Report Date</b> : 28-Mar-24 02:10 pm

**URINE SUGAR**

**Parameter**  
**Urine Glucose**  
**NOTE:**

**Result Values**  
Negative  
Urine sugar Postmeal  
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**





**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mrs. CHETANA AWACHAT	<b>Age / Gender</b> : 33 Y(s)/Female
<b>Bill No/ UMR No</b> : BIL2324088598/UMR2324042092	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 28-Mar-24 10:07 am	<b>Report Date</b> : 28-Mar-24 11:24 am

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Volume	Urine	20 ml	
Colour.		Yellow	
Appearance		Slightly Hazy	Clear
<b><u>CHEMICAL EXAMINATION</u></b>			
Reaction (pH)		5.0	4.6 - 8.0
Specific gravity		1.020	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Epithelial Cells		2-4	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. CHETANA AWACHAT  
**Age / Gender** : 33 Y(s)/Female  
**Bill No/ UMR No** : BIL2324088598/UMR2324042092  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Mar-24 10:07 am  
**Report Date** : 28-Mar-24 11:24 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mrs. CHETANA AWACHAT      **Age / Gender** : 33 Y(s)/Female  
**Bill No/ UMR No** : BIL2324088598/UMR2324042092      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Mar-24 10:07 am      **Report Date** : 28-Mar-24 11:06 am

**USF(URINE SUGAR FASTING)**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
*** End Of Report ***				

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

**Patient Name** : Mrs. CHETANA AWACHAT  
**Age / Gender** : 33 Y(s)/Female  
**Bill No/ UMR No** : BIL2324088598/UMR2324042092  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 28-Mar-24 09:54 am  
**Report Date** : 28-Mar-24 12:19 pm

**BLOOD GROUPING AND RH**

**Parameter**  
BLOOD GROUP.

**Specimen** **Results**

EDTA Whole " A "  
Blood &  
Plasma/  
Serum

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD**  
**CONSULTANT PATHOLOGIST**



PATIENT NAME:	MRS. CHETANA AWACHAT	AGE /SEX:	33 YRS/F
UMR NO:	23224042092	BILL NO:	2324088598
REF BY	DR. VIMMI GOEL	DATE:	28/03/2024

**X-RAY CHEST PA VIEW**

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

**IMPRESSION -**

- No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA  
MBBS, MD [076125]  
SENIOR CONSULTANT RADIOLOGIST**

PATIENT NAME:	MRS. CHETANA AWACHAT	AGE /SEX:	33 YRS/F
UMR NO:	23224042092	BILL NO:	2324088598
REF BY	DR. VIMMI GOEL	DATE:	28/03/2024

**USG WHOLE ABDOMEN**

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is minimally distended.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.  
No evidence of calculus or hydronephrosis seen.  
URETERS are not dilated.

URINARY BLADDER is empty.

Uterus is anteverted and normal.  
No focal myometrial lesion seen.  
Endometrial echo-complex appear normal.

Bilateral ovaries are not visualized due to empty bladder.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:**

**No significant abnormality seen.**



**DR POONAM CHIDDARWAR**  
MBBD, MD  
Consultant Radiologist

**2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT**

Patient Name : Mrs. Chetana Awachat  
 Age : 33 years / Female  
 UMR : UMR2324042092  
 Date : 28/03/2024  
 Done by : Dr. Vimmi Goel  
 ECG : NSR, WNL  
 Blood pressure: 110/57 mm Hg (Right arm, Supine position)  
 BSA : 1.67 m<sup>2</sup>

**Impression: Normal 2D Echocardiography Study**

**Normal chambers dimensions**  
**No RWMA of LV at rest**  
**Good LV systolic function, LVEF 70%**  
**Normal LV diastolic function**  
**E/A is 2.0**  
**E/E' is 7.7 (Normal filling pressure)**  
**Valves are normal**  
**Trivial MR**  
**No pulmonary hypertension**  
**IVC is normal in size and collapsing well with respiration**  
**No clots or pericardial effusion**

**Comments:**

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 104 cm/s, A Velocity is 50 cm/s. E/A is 2.0. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.  
 E' at medial mitral annulus is 12.2 cm/sec & at lateral mitral annulus is 16.7 cm/sec.  
 E/E' is 7.7 (Average).

**M Mode echocardiography and dimension:**

	Normal range (mm)	Observed (mm)
	(adults)	(children)
Left atrium	19-40	7-37
Aortic root	20-37	7-28
LVIDd	35-55	8-47
LVIDs	23-39	6-28
IVS (d)	6-11	4-8
LVPW (d)	6-11	4-8
LVEF %	~ 60%	~60%
Fractional Shortening		70%
		40%

**Dr. Vimmi Goel**  
**MD, Sr. Consultant**  
**Non-invasive Cardiology**  
**Fellow Indian Academy of Echocardiography (FIAE)**

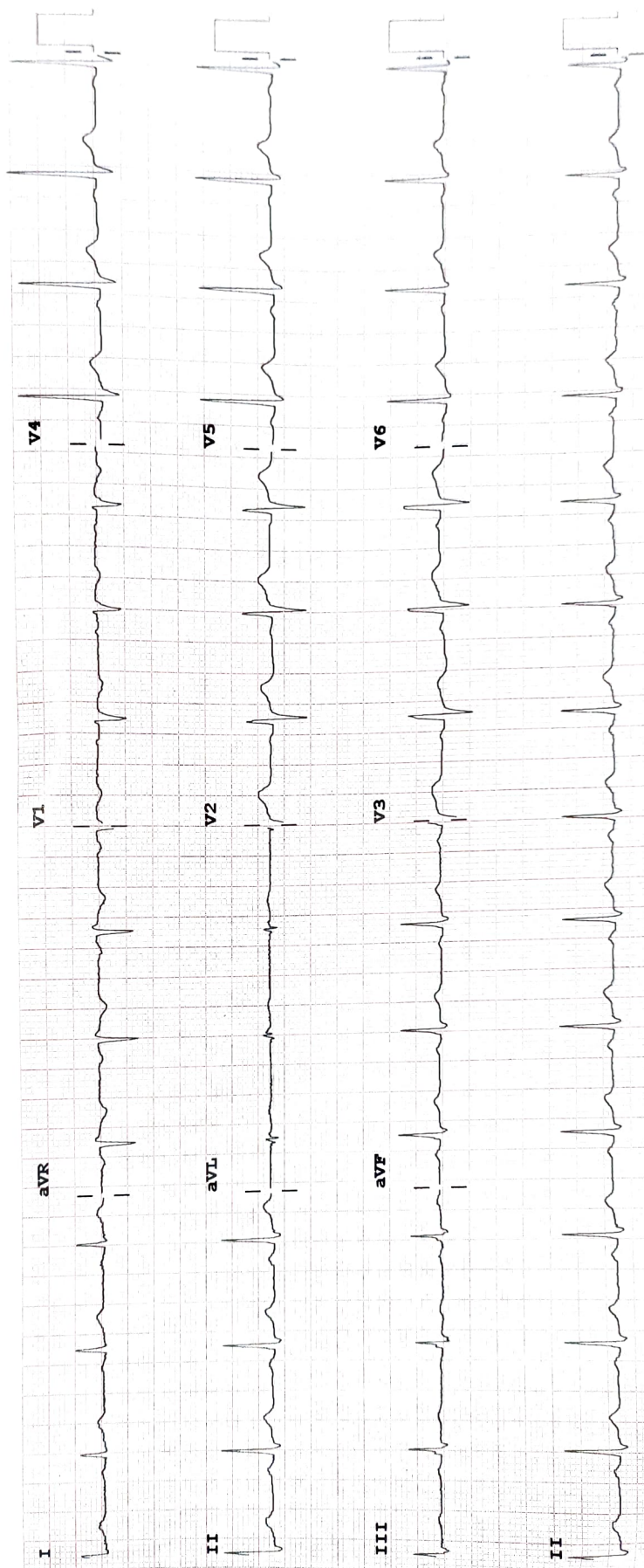
33 Years

Rate 85 Sinus rhythm.....normal P axis, V-rate 50-99

PR 148  
QRS 90  
QT 338  
QTc 402  
--AXIS--  
P 48  
QRS 53  
T 39  
12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?