

Medical

110 - Nagpur

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)

Sr. Consultant Non Invasive Cardiology

Reg. No: MMC-2014/01/0113

Preventive Health Check up

KIMS Kingsway Hospitals

Nagpur

Phone No.: 7499913052



KIMS-KINGSWAY
HOSPITALS

Name: Mr Abhijeet Sudame

Date: 29/03/24

Age: 33 yr Sex: M / F Weight: 74.8 kg Height: 168.8 inc BMI: 26.3

BP: 136/90 mmHg Pulse: 97/min bpm RBS: _____ mg/dl
SpO2 - 97%

Name: Mr. Abhijeet Gudame. Date: 29/03/24

Age: 33 yrs Sex: M/F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Checkup

PMH - NRH

PDH - H/O extraction $\bar{e} \frac{8}{6}$

CE -

- Missing tooth $\bar{e} \frac{1}{6}$
- Pit Caries $\bar{e} \frac{9}{1}$
- Calculus +
- Stains +

Advice -

Implant $\bar{e} \frac{1}{6}$
Restoration $\bar{e} \frac{9}{1}$
Oral Prophylaxis.

Dr. Sidhvasi



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)

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Maharashtra, India - 440001.

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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

ABHIJEET SUDAME 33Y(S) 0M(S) 0D(S)/M UMR2324042227 9168199938	CONSULT DATE : 29-03-2024 CONSULT ID : OPC2324130375 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
-- °F -- /min -- %RA -- /10 -- cms

Weight : BMI :
-- kgs --

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	-0.75	85	6/6
LEFT EYE	00	-0.75	90	6/6

NEAR ADDITION

RIGHT EYE		00	N6
LEFT EYE		00	N6

REMARK-BLUE CUT GLASS

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 29-03-2024 12:40:05



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ABHIJEET SUDAME	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am	Report Date : 29-Mar-24 11:01 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	16.5	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		47.6	40.0 - 50.0 %	Calculated
RBC Count		5.42	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		88	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		30.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.6	31.5 - 35.0 g/l	Calculated
RDW		14.2	11.5 - 14.0 %	Calculated
Platelet count		266	150 - 450 10^3 /cumm	Impedance
WBC Count		5500	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	52.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	40.3	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	1.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	5.7	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	2865.5	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ABHIJEET SUDAME **Age / Gender** : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am **Report Date** : 29-Mar-24 11:01 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2216.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		99	20 - 500 /cumm	Calculated
Absolute Monocyte Count		313.5	200 - 1000 /cumm	Calculated
Absolute Basophil Count		5.5	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic		
WBC		As Above		
Platelets		Adequate		
ESR		06	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100131

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ABHIJEET SUDAME
Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am
Report Date : 29-Mar-24 10:39 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	87	< 100 mg/dl	GOD/POD,Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	4.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

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CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ABHIJEET SUDAME
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 11:36 am
Report Date : 29-Mar-24 12:50 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post Prandial Plasma Glucose	Plasma	117	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting \geq 126 mg/dl

Random/2Hrs.OGTT \geq 200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

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DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ABHIJEET SUDAME	Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am	Report Date : 29-Mar-24 11:24 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	199	Enzymatic(CHE/CHO/PO D)
Triglycerides		98	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		30	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		140.78	Enzymatic
VLDL Cholesterol		20	Calculated
Tot Chol/HDL Ratio		7	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160
No additional major risk or one additional major risk factor		>190, optional at 160-189

*** End Of Report ***

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. ABHIJEET SUDAME
Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am
Report Date : 29-Mar-24 11:24 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.87	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.30	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.57	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric pNPP/AMP buffer
Alkaline Phosphatase		63	38 - 126 U/L	Kinetic with pyridoxal 5 phosphate
SGPT/ALT		24	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		24	15 - 40 U/L	Biuret (Alkaline cupric sulphate)
Serum Total Protein		7.95	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.53	3.5 - 5.0 gm/dl	Calculated
Globulin		3.42	2.0 - 4.0 gm/dl	
A/G Ratio		1.3		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ABHIJEET SUDAME	Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am	Report Date : 29-Mar-24 11:24 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.51	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.30	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.14	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. ABHIJEET SUDAME **Age / Gender** : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am **Report Date** : 29-Mar-24 11:24 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	19	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.8	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		119.8	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		148	136 - 145 mmol/L	Direct ion selective electrode
Potassium		5.34	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ABHIJEET SUDAME
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:45 am
Report Date : 29-Mar-24 11:17 am

Method

Parameter
Crystals

Specimen

Results

Absent

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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Page 2 of 2

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ABHIJEET SUDAME
Age /Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:45 am
Report Date : 29-Mar-24 11:17 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative *** End Of Report ***		STRIP

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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DR. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. ABHIJEET SUDAME
Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:27 am
Report Date : 29-Mar-24 12:11 pm

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

<u>Specimen</u>	<u>Results</u>
EDTA Whole Blood & Plasma/ Serum	" B "

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

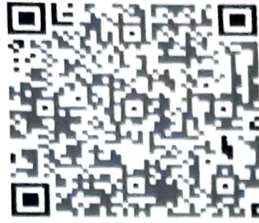
Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. ABHIJEET SUDAME Age / Gender : 33 Y(s)/Male
Bill No/ UMR No : BIL2324088940/UMR2324042227 Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Mar-24 09:45 am Report Date : 29-Mar-24 11:17 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>		<u>Method</u>
<u>PHYSICAL EXAMINATION</u>				
Volume	Urine	20 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<u>CHEMICAL EXAMINATION</u>				
Reaction (pH)		5.0	4.6 - 8.0	Indicators
Specific gravity		1.020	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>				
Epithelial Cells		0-1	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	

PATIENT NAME:	MR. ABHIJEET SUDAME	AGE /SEX:	33 YRS/FEMALE
REF BY	DR. VIMMI GOEL	DATE:	29/03/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION-

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MR. ABHIJEET SUDAME	AGE /SEX:	33 YRS/M
UMR NO:	2324042227	BILL NO:	2324098894
REF BY	DR. VIMMI GOEL	DATE:	29/03/2024

USG WHOLE ABDOMEN

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.


Prostate is normal in size, shape and echotexture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant abnormality seen.

Suggest clinical correlation / further evaluation.


DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Abhijeet, Sudame
Patient ID: 042227
Height:
Weight:
Study Date: 29.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 27.11.1990
Age: 33yrs
Gender: Male
Race: Indian
Referring Physician: -- Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:08	0.00	0.00	88	130/80	
	STANDING	00:01	0.00	0.00	88		
	WARM-UP	00:04	0.00	0.00	88		
EXERCISE	STAGE 1	03:00	1.70	10.00	121	130/80	
	STAGE 2	03:00	2.50	12.00	146	130/80	
	STAGE 3	01:00	3.40	14.00	169		
RECOVERY		01:00	0.00	0.00	127	140/80	
		02:00	0.00	0.00	108	120/80	
		00:45	0.00	0.00		120/80	

The patient exercised according to the BRUCE for 7:00 min:s, achieving a work level of Max. METS: 10.00. The resting heart rate of 90 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg.No. 2014/0170115

33 Years

MR ABHIJEET SUDAMI
Male

29-May-24 11:54:27 AM

KIMS-KINGSWAY HOSPITALS

PBC DEPT.

Rate 83 . Sinus rhythm.....
 . ST elev, probable normal early repol pattern.....normal P axis, V-rate 50- 99
 . Baseline wander in lead(s) V2,V3.....ST elevation, age<55

PR 129
 QRSd 87
 QT 336
 QTc 395

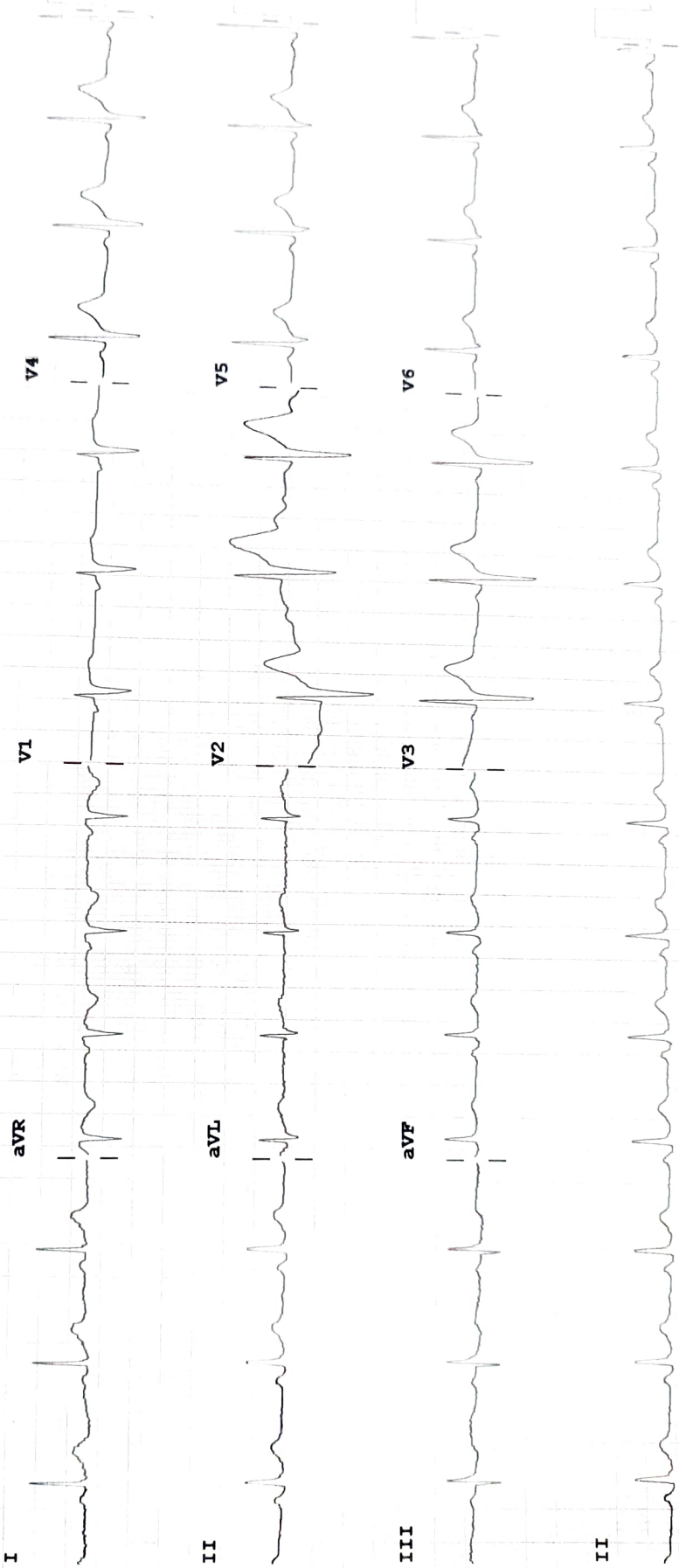
--AXIS--

P 57
 QRS 44
 T 30

12 Lead; Standard Placement

-- NORMAL ECG --

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?