

38 Years

KURUP, KANIKA  
Female

23-Mar-24 9:26:29 AM

Rate 56

PR 148

QRSD 92

QT 416

QTc 402

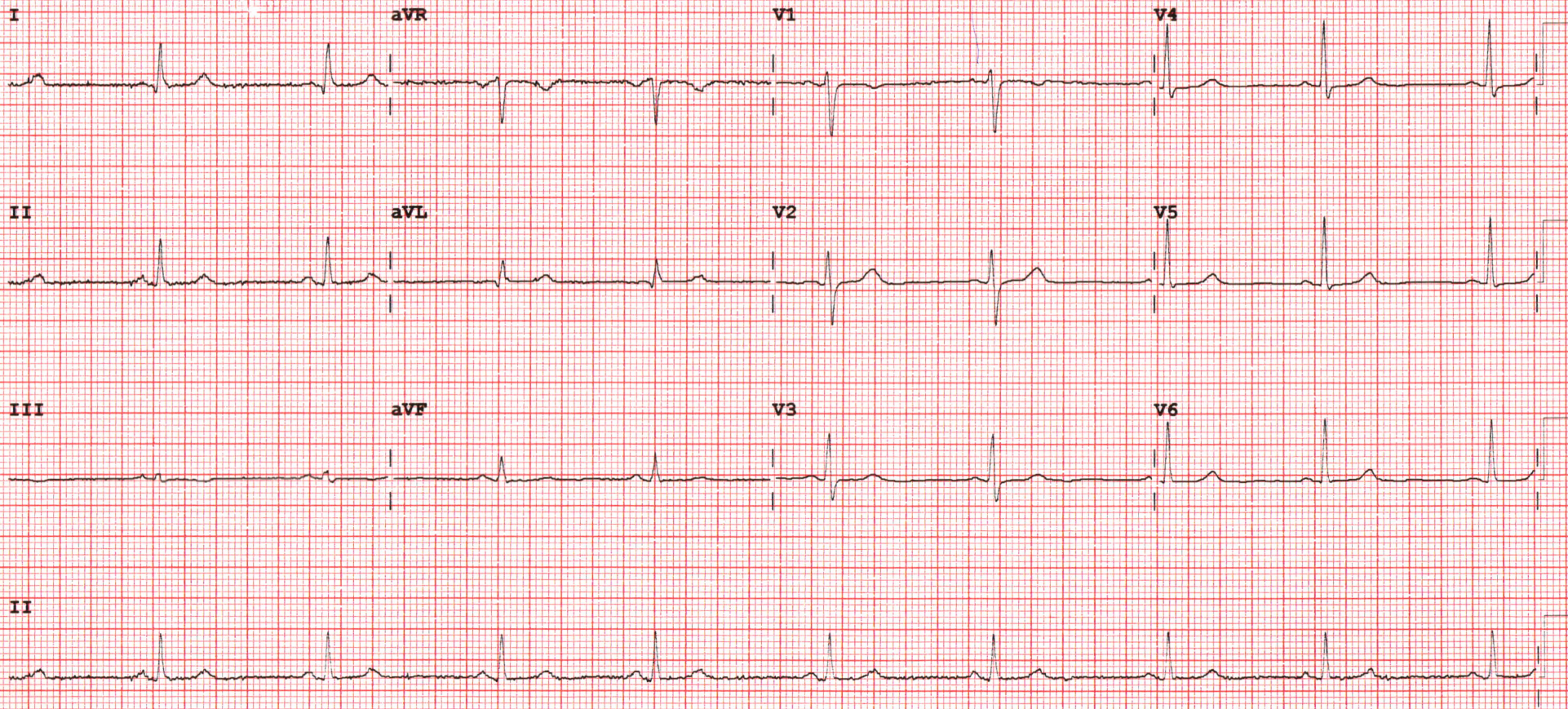
--AXIS--

P 57

QRS 35

T 22

12 Lead; Standard Placement



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

PH09

P?





## **2D-ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT**

**NAME: KANIKA KURUP**

**AGE/SEX: 38 YRS/FEMALE**

**DATE: 23/03/2024**

**REF BY: DIRECT**

### **OBSERVATION:**

- NORMAL LV SIZE AND NORMAL LV SYSTOLIC FUNCTION. LVEF = 60% (VISUAL).
- NO RWMA AT REST.
- GRADE I LV DIASTOLIC DYSFUNCTION.
- MILD MR. NO MS.
- NO AR. NO AS.
- MILD TR. NO PAH. RVSP : 27 MMHG
- NORMAL SIZED LA, RA & RV WITH NORMAL RV SYSTOLIC FUNCTION.
- NORMAL SIZED MPA, RPA & LPA.
- IAS : THIN & ANEURYSMAL, INTACT IVS.
- NO E/O INTRACARDIAC CLOT/VEGETATION/PE.
- NORMAL IVC.
- NORMAL PERICARDIUM.

**LA: 33MM**

**AO: 22MM**

**IVS: 10/13MM**

**LVPW: 11/14MM**

**LVID: 46/29MM**

### **CONCLUSION:**

- NORMAL LV/RV SIZE AND SYSTOLIC FUNCTION.
- NO RWMA AT REST.
- LVEF = 60% (VISUAL).

**DR.NIRAV BHALANI**  
[CARDIOLOGIST]

**DR.ARVID SHARMA**  
[CARDIOLOGIST]



PATIENT NAME: KANIKA KURUP

AGE/SEX: 38 YRS/F

DATE: Saturday, 23 March 2024

**ULTRASOUND OF ABDOMEN & PELVIS**

**LIVER** appears normal in size and shows raised parenchymal echogenicity. No evidence of focal lesion. No evidence of dilated IHBR or portal vein. CBD appears normal.

**GALL BLADDER** is distended. No evidence of abnormal wall thickening or any significant calculus within.

**PANCREAS** appears normal. MPD is WNL.

**SPLEEN** appears normal in size and shows normal parenchymal echogenicity. No evidence of focal lesion.

**BOTH KIDNEYS** appear normal in size, shape and position.

Show normal cortical echogenicity. Corticomedullary differentiation is maintained.

No evidence of calculus or hydronephrosis on either side.

**URINARY BLADDER** is partially full. No evidence of abnormal wall thickening or any significant calculus within.

**UTERUS** appears normal in size and position. CET is 5.6 mm WNL. No evidence of focal lesion noted.

No evidence of focal or obvious adnexal mass lesion noted.

**BOWEL LOOPS** appear normal and show normal peristalsis.

No evidence of LYMPHADENOPATHY noted.

No evidence of ASCITES noted.

**IMPRESSION:**

- Grade I Fatty Liver.

  
DR SHARAD RUNGTA (MD & DNB)  
CONSULTANT RADIOLOGIST

*Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.*



**PATIENT NAME: KANIKA KURUP**

**AGE/SEX: 38 YRS/F**

**DATE: Saturday, 23 March 2024**

**CHEST X-RAY (PA)**

Both lung fields appear normal.

Both hila appear normal

Bilateral costo-phrenic angles appear grossly clear

Mediastinum and cardiac shadow appear normal

Bony thorax appears unremarkable

No evidence of free gas under domes of diaphragm

**IMPRESSION:**

- NO SIGNIFICANT ABNORMALITY NOTED IN LUNG FIELDS
- NORMAL CARDIAC SHADOW

  
**DR SHARAD RUNGTA (MD & DNB)**  
**CONSULTANT RADIOLOGIST**

*Not all pathologies can be detected on ultrasound in each scan. Further radiographic evaluation is suggested if required.*





Patient Name : Kanika . Kurup

Sample No. : 20240314632



Patient ID : 20240309093

Visit No. : OPD20240328989

Age / Sex : 38y/Female

Call. Date : 23/03/2024 09:35

Consultant : DR SAURABH JAIN

S. Coll. Date : 23/03/2024 11:34

Ward : -

Report Date : 23/03/2024 17:25

### Blood Group

Investigation	Result	Normal Value
<b>BLOOD GROUP :</b>		
ABO	O	
Rh	Positive	

### RENAL FUNCTION TEST

Investigation	Result	Normal Value
Creatinine :	0.6 mg/dl	0.6 - 1.4 mg/dl
Urea :	24 mg/ dl	13 - 45 mg/dl
Uric Acid :	4.5 mg/dl	3.5 - 7.2 mg/dl
Calcium :	8.1 mg/dl	8.5 - 10.5

Dr.Mehul Desai  
M.B.D.C.P  
Reg.No.G-9521



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### LFT (Liver Function Test)

Investigation	Result	Normal Value
Total Bilirubin :	0.6 mg/dl	0.2 to 1.0 mg/dl
Direct Bilirubin :	0.4 mg/dl	0.0 to 0.2 mg/dl
Indirect Bilirubin :	0.2 mg/dl	0.0 to 0.8 mg/dl
AST (SGOT) :	10 U/L	5 to 34 U/L
ALT (SGPT) :	15 U/L	0 to 55 U/L
Total Protein (TP) :	5.1 g/dL [L]	6.4 to 8.3, g/dl
Albumin (ALB) :	3.6 g/dl	3.5 to 5.2 g/dl
Globulin :	1.5 g/dl	2.3 to 3.5 g/dl
A/G Ratio :	2.4	
Alkaline Phosphatase (ALP) :	90 U/L	40 to 150 U/L
GAMMA GT. :	12 U/L	7 to 35 U/L

Dr. Mehul Desai  
M.B.D.C.P  
Reg.No.G-9521





Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020  
 Unipath Specialty Laboratory (Baroda) LLP - Platinum Complex, Opp. HDFC Bank, Nr. Radha Krishna char rasta, Akota, Vadodara - 390020  
 Mobile: 7228800500 / 8155028222 | Email: info.baroda@unipathllp.in  
 Home Visit / OPD Reception : 9998724579



TEST REPORT

Reg. No. : 40301014678      Reg. Date : 23-Mar-2024 12:13      Collected On : 23-Mar-2024 12:13  
 Name : Ms. KANIKA KURUP      Approved On : 23-Mar-2024 13:23  
 Age : 38 Years      Gender : Female      Ref. No. :      Dispatch At :  
 Ref. By :      Tele No. :  
 Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

Test Name	Results	Units	Bio. Ref. Interval
<b>THYROID FUNCTION TEST</b>			
T3 (triiodothyronine) <i>Method:CLIA</i>	0.99	ng/mL	0.6 - 1.81
T4 (Thyroxine) <i>Method:CLIA</i>	8.50	µg/dL	4.5 - 12.6
TSH ( ultra sensitive) <i>Method:CLIA</i>	1.987	µIU/mL	0.55 - 4.78
Sample Type:Serum			

Comments:

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

----- End Of Report -----

This is an electronically authenticated report.

Test done from collected sample.

Printed On: 23-Mar-2024 13:23

We are open 24 x 7 & 365 days

Dr. Vishal Jhaveri  
M.B.B.S, D.C.P

Reg. G-13041  
LLP Identification Number: AAN-8932  
Page 1 of 1



Patient Name : Kanika . Kurup

Sample No. : 20240314632



Patient ID : 20240309093

Visit No. : OPD20240328989

Age / Sex : 38y/Female

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### Urine R/M

Investigation	Result	Normal Value
Quantity - :	20 ml	
Colour - :	Pale Yellow	
Reaction (pH) :	6.0	4.6-8.0
Turbidity :	Clear	
Deposit :	Absent	Absent
Sp.Gravity :	1.010	1.005-1.010
Protein :	Absent	Absent
Glucose :	Absent	Absent
Bile Salts :	Absent	Absent
Bile pigments :	Absent	Absent
Ketones :	Absent	Absent
Urobilinogen :	Absent	
Blood :	Absent	Absent
Pus Cells :	0-1 /hpf	0-5/hpf
Red Blood Cells :	0-1 /hpf	Absent
Epithelial Cells :	3-4 /hpf	

**Dr.Mehul Desai**  
M.B.D.C.P  
Reg.No.G-9521





Patient Name : Kanika . Kurup

Sample No. : 20240314632



Patient ID : 20240309093

Visit No. : OPD20240328989

Age / Sex : 38y/Female

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### Lipid Profile

Investigation	Result	Normal Value
Sample :	Fasting	
Sample Type :	Normal	
Cholesterol (Chol) :	148 mg/dl	Low risk : < 200 Moderate risk : 200 - 239 High risk : > or = 240
Triglyceride :	63 mg/dl	Normal : < 200.0 High : 200 - 499 Very High : > or = 500
HDL Cholesterol :	49 mg/dl	Low risk : >or = 60 mg/dL High risk : Up to 35 mg/dL
LDL :	86.4 mg/dl [L]	131.0 to 159.0(N) < 130.0(L) > 159.0(H)
VLDL :	12.6 mg/dl	Up to 0 to 34 mg/dl
LDL/HDL Ratio :	1.76	Low risk : 0.5 to 3.0 Moderate risk : 3.0 to 6.0 Elevted level high > 6.0
Total Chol / HDL Ratio :	3.02	Low Risk : 3.3 to 4.4 Average Risk : 4.4 to 7.1 Moderate Risk : 7.1 to 11.0 High Risk : > 11.0
Total Lipids :	560 mg/dl	400 to 700 mg/dl

**Note :-** Lipemic samples give high triglyceride value and falsely low LDL value.

**Dr.Mehul Desai**  
M.B.D.C.P  
Reg.No.G-9521



Patient Name : Kanika . Kurup

Sample No. : 20240314632



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### CBC, ESR

Investigation	Result	Normal Value
Hemoglobin :	<u>10.8</u> gm/dl [L]	12.5 to 16.0 gm/dl
P.C.V. :	35.7 % [L]	37.0 to 47.0 %
M.C.V. :	58 fL [L]	78 to 100 fL
M.C.H. :	17.6 pg [L]	27 to 31 pg
M.C.H.C. :	30.3 g/dl [L]	32 to 36 g/dl
RDW :	13.1 %	11.5 to 14.0 %
RBC Count :	6.15 X 10 <sup>6</sup> / cumm [H]	4.2 to 5.4 X 10 <sup>6</sup> / cumm
Polymorphs :	65 %	38 to 70 %
Lymphocytes :	30 %	15 to 48 %
Eosinophils :	3 %	0 to 6 %
Monocytes :	2 % [L]	3 to 11 %
Basophils :	0 %	0.0 to 1.0 %
Total :	100	< 100 > 100
WBC Count :	6100 /cmm	4000 to 10000 /cmm
Platelets Count :	444000 /cmm	1,50,000 to 4,50,000 /cmm
ESR - After One Hour :	11 mm/hr	1 to 20 mm/hr

Dr.Mehul Desai  
M.B.D.C.P  
Reg.No.G-9521





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Reg. No. : 40301014678 Reg. Date : 23-Mar-2024 12:13 Collected On : 23-Mar-2024 12:13
Name : Ms. KANIKA KURUP Approved On : 23-Mar-2024 13:23
Age : 38 Years Gender : Female Ref. No. : Dispatch At :
Ref. By : Tele No. :
Location : SAVITA SUPERSPECIALTY HOSPITAL @ WAGHODIYA ROAD

Table with 4 columns: Test Name, Results, Units, Bio. Ref. Interval. Rows include T3 (triiodothyronine), T4 (Thyroxine), and TSH (ultra sensitive) with their respective values and units.

Comments: Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4).

- TSH levels During Pregnancy :
• First Trimester : 0.1 to 2.5 µIU/mL
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This is an electronically authenticated report. Test done from collected sample.

Dr. Vishal Jhaveri
M.B.B.S, D.C.P

Printed On: 23-Mar-2024 13:23

We are open 24 x 7 & 365 days

Reg. G-13041
LLP Identification Number: AAN-8932
Page 1 of 1



Patient Name : Kanika . Kurup

Sample No. : 20240314632



Patient ID : 20240309093

Visit No. : OPD20240328989

Age / Sex : 38y/Female

Call. Date : 23/03/2024 09:35

Consultant : DR SAURABH JAIN

S. Coll. Date : 23/03/2024 11:34

Ward : -

Report Date : 23/03/2024 18:53

### FBS & PPBS

Investigation	Result	Normal Value
Blood Sugar (FBS) :	96 mg/dl	74 - 100 mg/dl
Urine Sugar ( FUS ) :	Nil	
Blood Sugar (PP2BS) :	104 mg/dl	70 to 120 mg/dl
Urine Sugar ( PP2US ) :	Nil	

### HBA1C

Investigation	Result	Normal Value
Glycosylated Hb :	5.8 %	Near Normal Glycemia : 6 to 7 Excellent Control : 7 to 8 Good Control : 8 to 9 Fair Control : 9 to 10 Poor Control : > 10
Average Plasma Glucose of Last 3 Months :	119.76	

Dr.Mehul Desai  
M.B.D.C.P  
Reg.No.G-9521



**Examination by Ophthalmologist**

Name: KANIKA KURUP

Reg. No: 20240309093

Age/ Sex: 38/FEMALE

DOE: 23/03/2024

routine check up

**Medical History:**

Nil

**Examination of Eye:**

	<u>Right</u>	<u>LEFT</u>
External Examination:	<u>(N)</u>	<u>(N)</u>
Anti seg Examination:	<u>(N)</u>	<u>(N)</u>
Schiot Tonometry IOP:	<u>12</u>	<u>12</u>
Fundus:	<u>(N)</u>	<u>(N)</u>
Without Glass Distant Vision:	<u>6/6</u>	<u>6/6</u>
Near Vision:	<u>N/6</u>	<u>N/6</u>
With Glass Distant Vision:	<u>        </u>	<u>        </u>
Near Vision:	<u>        </u>	<u>        </u>
Colour Vision (With Ishihara Chart):	<u>(N)</u>	<u>(N)</u>

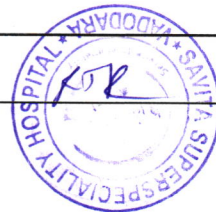
**Impression:**

Normal

**Advice:**

Signature: \_\_\_\_\_







**Examination by Physician**

Name: KANIKA KURUP

Reg. No: 20240309093

Age/ Sex: 38/FEMALE

DOE: 23/03/2024

**Physical Examination**

Height: 155 Weight: 90.1kg BMI: 37.46

Temperature: Normal Pulse: 82 BP: 120/82

**Chief Complaints:**

*sp2-99.1.*

No complaint

**Past History:**

NAD

**Examination:**

General Examination:

NAD

Systemic Examination:

NAD

**Investigation:**

RBS \_\_\_\_\_

ECG \_\_\_\_\_

Others \_\_\_\_\_

Advice: cap. curtin 1-0-0 x 30 days

Signature \_\_\_\_\_





### SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	KANIKA KURUP
DATE OF BIRTH	16-07-1985
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	23-03-2024
BOOKING REFERENCE NO.	23M78436100100034S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KURUP SANUP JAI KISHAN
EMPLOYEE EC NO.	78436
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	VADODARA, UNIVERSITY CAMPUS
EMPLOYEE BIRTHDATE	25-02-1985

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **14-03-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))