

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME: Mr / Mrs Bhajat Chauhan

DATE: 17/03/24

AGE: 32 YRS/M

SEX: Male / Female

NMU: NMU00048272

DOCTOR'S NAME:

| | | | | | |
|---------|-------------|-----|----------|---------------|------|
| TEMP : | <u>97.6</u> | ° f | BP : | <u>117/72</u> | mmHg |
| PULSE : | <u>65</u> | b/m | HEIGHT : | <u>167</u> | cm |
| RR : | <u>20</u> | b/m | WEIGHT : | <u>70.8</u> | kg |
| SPO2 : | <u>98</u> % | | HGT: | <u>—</u> | |

REMARK:

DEPARTMENT OF LABORATORY

| | |
|---|---|
| Patient Name : Mr. BHARAT GAUR | Age / Gender : 32 Y(s)/Male |
| Bill No/ UMR No : NMBC62412/NMU0048272 | Referred By : Dr. DMO |
| Received Dt : 17-Mar-24 10:45 am | Report Date : 18-Mar-24 09:31 am |

FINAL REPORT

| <u>Parameters</u> | <u>Specimen</u> | <u>Result</u> | <u>Biological Reference Intervals</u> | <u>Method</u> |
|--|-----------------|---|---------------------------------------|--|
| CUE(COMPLETE URINE EXAMINATION) | | | | |
| <u>PHYSICAL EXAMINATION</u> | | | | |
| VOLUME | Urine | 30 ML | | |
| COLOUR | | PALE YELLOW | PALE YELLOW | |
| APPEARANCE | | SLIGHTLY HAZY | CLEAR | |
| DEPOSIT | | ABSENT | ABSENT | |
| <u>CHEMICAL EXAMINATION</u> | | | | |
| SPECIFIC GRAVITY | Urine | 1.005 | 1.000 - 1.030 | Dipstick |
| PH | | 7.0 | 5.0 - 8.0 | Dipstick |
| PROTEIN | | NEGATIVE | NEGATIVE | Dipstick/Heat coagulation test |
| GLUCOSE | | ABSENT | ABSENT | Dipstick/Benedict's test |
| UROBILINOGEN | | NORMAL | NORMAL | Dipstick |
| KETONE | | NEGATIVE | NEGATIVE | Dipstick/Rothera's Nitroprusside test. |
| BLOOD | | NEGATIVE | NEGATIVE | Dipstick/Microscopy |
| BILIRUBIN | | NEGATIVE | NEGATIVE | Dipstick/Fouchet's test |
| BILE SALT | | NEGATIVE | NEGATIVE | Hay's sulphur powder test |
| BILE PIGMENT | | NEGATIVE | NEGATIVE | Fouchet test |
| NITRITE | | NEGATIVE | NEGATIVE | Dipstick |
| LEUCOCYTE ESTERASE | | NEGATIVE | NEGATIVE | |
| <u>MICROSCOPIC EXAMINATION</u> | | | | |
| PUS CELLS | Urine | 2-3 | 0 - 5 /hpf | |
| RBC | | NIL | 0 - 5 /hpf | |
| EPITHELIAL CELLS | | 1-2 | 0 - 5 /hpf | |
| CRYSTALS | | NIL | NIL | |
| CASTS | | NIL | NIL | |
| BACTERIA | | ABSENT | | MICROSCOPIC EXAMINATION |
| YEAST | | ABSENT | | MICROSCOPIC EXAMINATION |
| AMORPHOUS DEPOSITS | | ABSENT | | MICROSCOPIC EXAMINATION |
| MUCUS THREAD | | ABSENT | | MICROSCOPIC EXAMINATION |
| NOTE | | Microscopic examination of urine is carried out on centrifuged urinary sediment.. | | |



MEDICOVER HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

| | |
|---|---|
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Parameters **Specimen** **Result** **Biological Reference In Method**

*** End Of Report ***





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. BHARAT GAUR **Age / Gender** : 32 Y(s)/Male
Bill No/ UMR No : NMBC62412/NMU0048272 **Referred By** : Dr. DMO
Received Dt : 17-Mar-24 10:45 am **Report Date** : 18-Mar-24 08:32 am

FINAL REPORT

| <u>Parameter</u> | <u>Specimen</u> | <u>Result Values</u> | <u>Biological Reference</u> | <u>Method</u> |
|----------------------------------|-----------------|----------------------|-------------------------------|---------------------|
| COMPLETE BLOOD COUNT | | | | |
| <u>RBC</u> | | | | |
| R B C COUNT | Blood | 5.03 | 4.5 - 5.5 $10^6/\mu\text{L}$ | |
| HEMOGLOBIN | | 14.5 | 13.0 - 17.0 g/dl | |
| PCV/HCT | | 42.7 | 40 - 50 % 36 - 46 % | |
| MCV | | 85 | 83 - 101 fl 83 - 101 fl | |
| MCH | | 28.8 | 27 - 32 pg | |
| MCHC | | 33.9 | 31.5 - 34.5 g/dL | |
| RDW(cv) | | 12.8 | 11.6 - 14.0 % | |
| <u>PLATELETS</u> | | | | |
| PLATELET COUNT | Blood | 334 | 150 - 400 $10^3/\mu\text{L}$ | |
| MPV | | 8.2 | 7.5 - 11.5 fl | |
| <u>WBC</u> | | | | |
| TC (TOTAL LEUCOCYTE COUNT) | Blood | 5.1 | 4.0 - 11.0 $10^3/\mu\text{l}$ | |
| <u>DIFFERENTIAL COUNT</u> | | | | |
| NEUTROPHILS | Blood | 51 | 40 - 80 % | |
| LYMPHOCYTES | | 34 | 20 - 40 % | |
| MONOCYTES | | 08 | 02 - 10 % | |
| EOSINOPHILS | | 07 | 00 - 06 % | |
| BASOPHILS | | 00 | 00 - 01 % | |
| ESR | CITRATED BLOOD | 02 | 0 - 10 mm/1st hour | WESTERGREN`S METHOD |

*** End Of Report ***





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|---|-----------------|----------------------|--|---------------------------------------|
| FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE) | | | | |
| FASTING BLOOD GLUCOSE | | 95 | Normal Range : 70 - 99 mg/dL | Hexokinase |
| FASTING URINE SUGAR | | NIL | | |
| T3,T4 AND TSH | | | | |
| T3 | | 168.5 | 70 - 204 ng/dL | Method : ECLIA |
| T4 | | 11.28 | 5.1 - 14.1 ug/dL | Method : ECLIA |
| TSH(THYROID STIMULATING HORMONE) | | 1.33 | 0.270 - 4.20 uIU/mL | |
| HBA1C (GLYCOSYLATED HAEMOGLOBIN) | | | | |
| HBA1C | | 5.4 | < 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic % | |
| MPG(Mean Plasma Glucose) | | 108 | Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL | |
| SERUM CREATININE | | | | |
| CREATININE | | 0.94 | 0.8 - 1.3 mg/dl | Method : jaffe |
| BUN / CREATININE RATIO | | | | |
| BUN (Blood Urea Nitrogen.) | | 9 | 7.0 - 21.0 mg/dL | Calculated |
| SERUM CREATININE | | 0.94 | 0.8 - 1.3 mg/dL | |
| BUN / CREATININE RATIO | | 9.6 | 10 - 20 | |
| LFT(LIVER FUNCTION TEST) | | | | |
| TOTAL BILIRUBIN | | 0.6 | < 1.2 mg/dL | Method : Diazo Method |
| DIRECT BILIRUBIN | | 0.2 | <= 0.20 mg/dL | Method: Diazo Method |
| INDIRECT BILIRUBIN | | 0.4 | <= 1.0 mg/dL | |
| SGPT (ALT) | | 116 | <= 41 U/L | Method : UV without P5P |
| SGOT (AST) | | 48 | <= 40 U/L | Method : UV without P5P |
| ALKALINE PHOSPHATASE (ALP) | | 58 | 40 - 129 U/L 35 - 105 U/L | Method : PNPP, AMP Buffer - IFCC Ref. |
| TOTAL PROTEINS | | 8.2 | 6.0 - 8.0 g/dL | Method : Biuret method |
| SERUM ALBUMIN | | 4.9 | 3.5 - 5.2 g/dL | Method : Bromcresol Green (BCG) |
| GLOBULINS | | 3.3 | 2.5 - 3.5 g/dL | |
| A/G RATIO | | 1.48 | 1.2 - 2.5 | |





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| Received Dt : 17-Mar-24 10:45 am | Report Date : 18-Mar-24 08:32 am |

| <u>Parameters</u> | <u>Specimen</u> | <u>Result</u> | <u>Biological Reference In</u> | <u>Method</u> |
|---|-----------------|---------------|---|---|
| GAMMA GLUTAMYL TRANSFERASE(GGT) | | 27 | 10 - 71 U/L | Method : G-glutamyl-carboxy-nitr oanilide - IFCC Ref. |
| BUN(BLOOD UREA NITROGEN) | | | | |
| BUN (Blood Urea Nitrogen.) | | 9 | 7.0 - 21.0 mg/dL | Calculated |
| TOTAL PROTEIN | | | | |
| TOTAL PROTEINS | | 8.2 | 6.0 - 8.0 g/dL | Method : Biuret method |
| LIPID PROFILE | | | | |
| TOTAL CHOLESTEROL | | 157 | Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL | METHOD : Enzymatic colorimetric |
| HDL CHOLESTEROL | | 42 | Low : : < 40 mg/dL High : : > 60 mg/dL | Homogeneous enzymatic colorimetric |
| LDL CHOLESTEROL | | 102 | Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL | Direct-Enzymatic colorimetric |
| VLDL | | 18 | | |
| SERUM TRYGLYCERIDES | | 90 | < 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL | METHOD: Enzymatic colorimetric |
| CHO/HDL RATIO | | 3.74 | Normal : - < 3.5 High Risk : - > 5.0 | |
| LDL/HDL RATIO | | 2.43 | | |
| SERUM URIC ACID | | 6.8 | 3.4 - 7.0 mg/dL | uricase |
| PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR) | | | | |
| PLBS (POST LUNCH BLOOD GLUCOSE) | | 89 | 110 - 180 mg/dL | Hexokinase |
| URINE SUGAR | | NIL | | Dipstick |

*** End Of Report ***





MEDICOVER HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

| | |
|---|---|
| Patient Name : Mr. BHARAT GAUR | Age / Gender : 32 Y(s)/Male |
| Bill No/ UMR No : NMBC62412/NMU0048272 | Referred By : Dr. DMO |
| Received Dt : 17-Mar-24 01:17 pm | Report Date : 18-Mar-24 08:32 am |

| <u>Parameter</u> | <u>Specimen</u> | <u>Result Values</u> | <u>Biological Reference</u> | <u>Method</u> |
|------------------|-----------------|----------------------|-----------------------------|---------------|
|------------------|-----------------|----------------------|-----------------------------|---------------|

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Head of Laboratory Services

Verified By : : 022633

Test results related only to the item tested.

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| | | | |
|-----------------------------|--------------------|----------------------|--------------------|
| Patient ID: | NMU0048272 | Patient Name: | BHARAT GAUR |
| Age: | 32 Years | Sex: | M |
| Accession Number: | NMBC62412 | Modality: | DX |
| Referring Physician: | DR.DMO | Study: | CHEST |
| Study Date: | 17-Mar-2024 | | |

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

No significant abnormality is seen.



Dr. Ashwin Y.
M.D. (Radio-Diagnosis)



MEDICOVER
HOSPITALS

NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOUR DOPPLER

Name : Mr. Bharat Gaur

Date:-17/03/2024

Age / Sex : 32 Yrs / Male

UMR No. 0048272

Referred By : Health check up

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- No mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.
PASP = 25 mm Hg.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- No RWMA.
- Trivial TR. No PH.
- Normal LV and RV systolic function.

DR. RISHI BHARGAVA
MD DM CARDIOLOGY





MEDICOVER
HOSPITALS

NAVI MUMBAI

M-MODE MEASUREMENTS:

| | | |
|-------------|----|----|
| LA | 35 | mm |
| AO root | 29 | mm |
| AO CUSP SEP | 18 | mm |
| LVID(s) | 31 | mm |
| LVID(d) | 43 | mm |
| IVS(d) | 11 | mm |
| LVPW(d) | 10 | mm |
| RVID(d) | 29 | mm |
| RA | 32 | mm |
| LVEF | 60 | % |

| | PEAK | MEAN | Vmax | Gradient of Regurgitation |
|-----------|------|------|------|---------------------------|
| MITRAL | N | | | Nil |
| AORTIC | 6.2 | | | Nil |
| TRICUSPID | 25 | | | Trivial |
| PULMONERY | 4.1 | | | Nil |



NMU0048272
32 Years

BHARAT GAUR
Male

3/17/2024 11:03:10 AM

Rate 67 . Sinus rhythm.....normal P axis, V-rate 50- 99
. Baseline wander in lead(s) V2

PR 121
QRSD 80
QT 375
QTc 396

*WNL
P-*

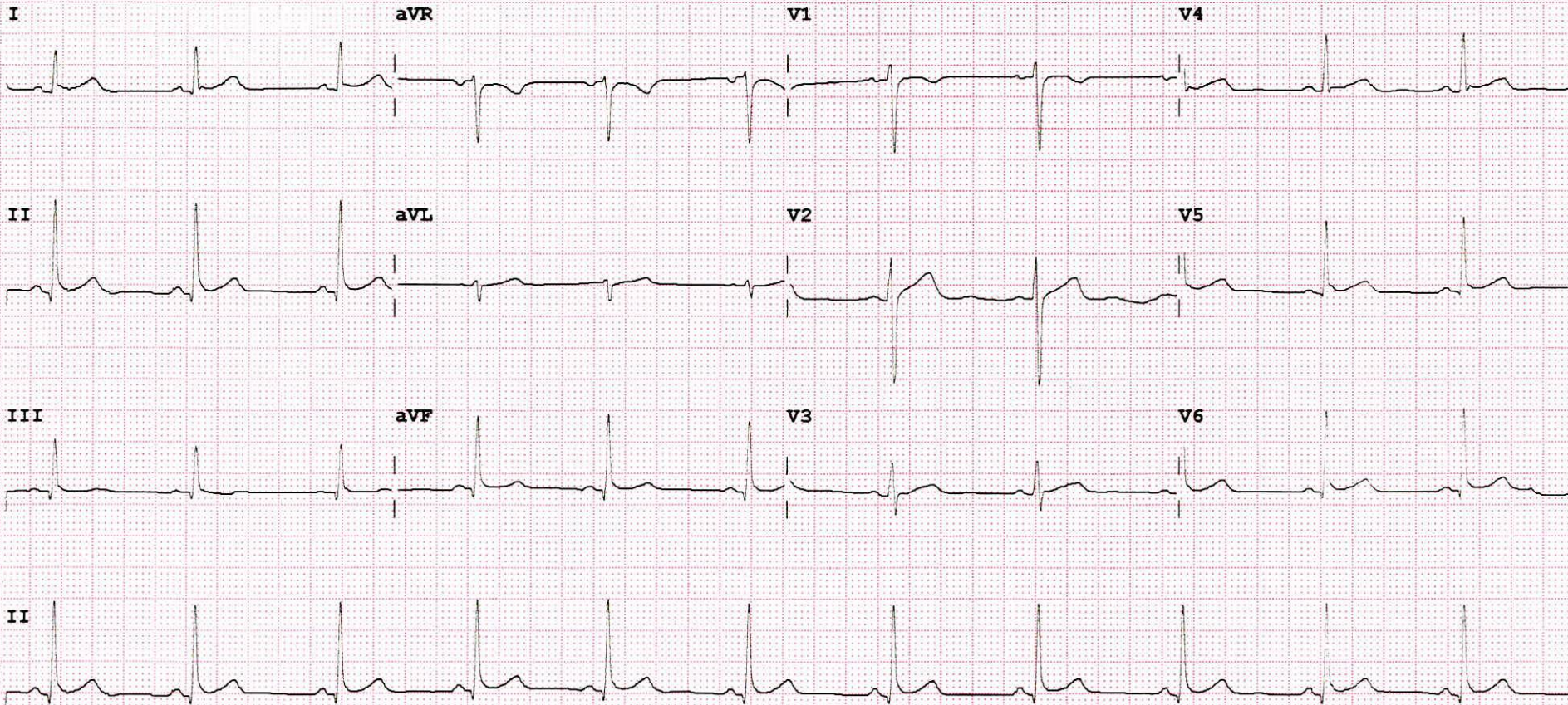
--AXIS--

P 46
QRS 60
T 30

- NORMAL ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60~ 0.15-100 Hz

100B CL

P?

| | | | |
|----------------------|-------------|---------------|----------|
| Patient ID: | NMU0048272 | Patient Name: | BHARAT G |
| Age: | 32 YRS | Sex: | M |
| Accession Number: | | Modality: | US |
| Referring Physician: | DR. DMO | Study: | |
| Study Date: | 20-Mar-2024 | Study Time: | 09:39:32 |

USG WHOLE ABDOMEN

LIVER is normal in size, normal in shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears partially distended with normal wall thickness. There is no obvious calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

Urinary Bladder is adequately distended; no e/o wall thickening or mass or calculi seen. Post-void residue is not significant.

PROSTATE is normal in size, shape & echotexture.

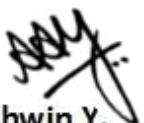
Visualised bowel loops appear normal. There is no free fluid seen.

NB:- This scan does not rule out all pathologies related to bowel and appendix.

IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



Dr. Ashwin Y.
M.D. (Radio-Diagnosis)



DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

Date: 20-Mar-2024 10:22:11