

8, 9, 12

Name : Mr. JAYDIP KOLE

Age: 37 Y

UHID:CMYS.0000060154

Sex: M



Address : MYSORE

OP Number:CMYSOPV123705

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN
INDIA OP AGREEMENT

Bill No :CMYS-OCR-22751

Date : 22.03.2024 09:02

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
✓1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	2 D ECHO P	
✓3	LIVER FUNCTION TEST (LFT)	
✓4	GLUCOSE, FASTING	
✓5	HEMOGRAM + PERIPHERAL SMEAR	
6	DIET CONSULTATION P	
✓7	COMPLETE URINE EXAMINATION	
8	URINE GLUCOSE(POST PRANDIAL)	
✓9	PERIPHERAL SMEAR	HE-167
✓10	ECG	wt 59.6
✓11	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
12	DENTAL CONSULTATION	
13	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	BP → 160/100
✓14	URINE GLUCOSE(FASTING)	
✓15	HbA1c, GLYCATED HEMOGLOBIN	
✓16	X-RAY CHEST PA	
17	ENT CONSULTATION P	
✓18	FITNESS BY GENERAL PHYSICIAN P	
✓19	BLOOD GROUP ABO AND RH FACTOR	
✓20	LIPID PROFILE	
✓21	BODY MASS INDEX (BMI)	
22	OPHTHAL BY GENERAL PHYSICIAN P	
23	ULTRASOUND - WHOLE ABDOMEN P	
✓24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

Date : 22-03-2024
MR NO : CMYS.0000060154

Department : GENERAL
Doctor : Dr Venkatesh H03

Name : Mr. JAYDIP KOLE

Registration No : 67084
Qualification : MBBS - MD

Age/ Gender : 37 Y / Male

Consultation Timing: 09:01

Height : 167	Weight : 59.6	BMI :	Waist Circum :
Temp :	Pulse : 70	Resp : 24	B.P : 106/70

General Examination /
Allergies History

CVS /
RS /
PAB /

Clinical Diagnosis & Management Plan

Adv

F Azator E2 - (30)
001

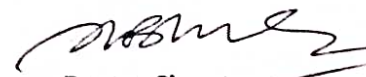
F Lipoglyn - 4mg - (30)
001

Regular Exercise

F Pantocid 2 tabs BIF (10)

1.35.000

Follow up date :


Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41



Date : 22-03-2024
 MR NO : CMYS.0000060154

Department : GENERAL Dietetics
 Doctor : Madhura. B.P

Name : Mr. JAYDIP KOLE

Registration No :

Age/ Gender : 37 Y / Male

Qualification : M.Sc Nutrition & Dietetics
 PhD*

Consultation Timing: 09:01

IBW - 67 kg

Height : 167	Weight : 59.6	BMI : 21 (optimal)	Waist Circum :
Temp :	Pulse :	Resp : 12	B.P : 160/72

General Examination /
 Allergies History

FBS - 117
 PPBS - 174
 HbA1c - 5.7 %
 Total cholesterol - 258
 Triglycerides - 1030
 HDL - 25
 NON HDL - 232
 VLDL - 205.98
 chol/HDL - 10.27

Clinical Diagnosis & Management Plan

dx - Grade I Fatty Liver.
 → Advised low fat diet with fiber rich foods.
 → Take small frequent meals, do not skip meals.
 → Include all variety of seasonal fruits, vegetables and green leafy vegetables.
 → Include nuts like Almonds & walnuts daily
 → Include seeds like Flax seeds, Pumpkin seeds, sunflower seeds, watermelon seeds & Sesame seeds - 1 teaspoon each, dry roasted.
 → * Avoid seed meat.

Follow up date :

Doctor Signature - B.P

→ Avoid alcohol, sugar, too much of salt, baking soda & creams completely.

Date : 22-03-2024
MR NO : CMYS.0000060154

Department : GENERAL
Doctor :

Name : Mr. JAYDIP KOLE

Registration No :

Age/ Gender : 37 Y / Male

Qualification :

Consultation Timing: 09:01

Height : 167	Weight : 59.6	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100 / 70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Oral speck

Ear - bc tm - Normal.

Nose - NAD

Oral cavity - Caries tooth 43

Pharynx - NAD.

Follow up date :

Doctor Signature

Dr. Anitha

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 22-03-2024
MR NO : CMYS.0000060154

Department : GENERAL
Doctor :

Name : Mr. JAYDIP KOLE

Registration No :

Age/ Gender : 37 Y / Male

Qualification :

Consultation Timing: 09:01

Height :	Weight :	BMI :	Waist Circum :
Temp : (N)	Pulse : 90/min	Resp : 20/m	B.P : 150/70

General Examination /
Allergies History

NO-

Clinical Diagnosis & Management Plan

Wearing Corrected vision
Spectacle
since 7 yrs

NO HTN, HTN | T₁ & DM

H₀ T₁ & DM - In parents -

vision

(R)

(L)

Far

Near.

6/6

6/6

Colour.

Not affected

Follow up date :

Doctor Signature

Apole-Clinic

23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Regular check up

Date : 22-03-2024
MR NO : CMYS.0000060154
Name : Mr. JAYDIP KOLE
Age/ Gender : 37 Y / Male

Department : GENERAL Dental
Doctor : Dr. Jyothishree
Registration No :
Qualification :

Consultation Timing: 09:01

Height : 167	Weight : 57.6	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 100/70

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

Carri SE++

Asymptomatic Prophylosis

Jyothishree

Follow up date :

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Patient Name	: Mr. JAYDIP KOLE	Age	: 37 Y M
UHID	: CMYS.0000060154	OP Visit No	: CMYSOPV123705
Reported on	: 22-03-2024 16:50	Printed on	: 22-03-2024 16:50
Adm/Consult Doctor	:	Ref Doctor	: SELF

DEPARTMENT OF RADIOLOGY


X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION :NORMAL STUDY .

Printed on:22-03-2024 16:50

---End of the Report---


Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
Radiology

Apollo Health and Lifestyle Limited

REGD. OFFICE: URS 1107/020009/C/115819

REGD. OFFICE: 1, 10th & 12, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No: (041 4934 7777 Fax No: 4934 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Saravanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Koramangala | Nanjappa Road | Mysore: VV Mohalla

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient Name: Mr. Jayadip Kole	Date: 22.03.2024	Referring Doctor: Self
Age / Sex :37yrs /Male	UHID :60154	
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is partially distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 11.3x3.3 cm with parenchymal thickness of 1.1 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 10.3x4.4 cm with parenchymal thickness of 1.4 cm. It is normal in size, outline and echotexture. No e/o hydronephrosis seen. **Calculus measuring 4 mm is seen in the lower pole.**

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION:

- **GRADE I FATTY LIVER.**
- **NON OBSTRUCTIVE LEFT RENAL CALCULUS.**

Dr. Chetan H, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

ICPN: URS1107G2000PLC1158191

Regd. Office: 1-10-60/62, A.V. Hoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: (040) 4904 7777 Fax No: 4904 7744 | E-mail ID: enquiry@apollohi.com | www.apollohi.com

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mr. Jaydip Kole

Age & sex : 37Yrs /Male

Date : 22.03.2024

UHID No : 60154

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chamber volumes
- Normal left ventricular function. EF 61%
- No regional wall motion abnormality
- Normal valves
- No clots. No pericardial effusion

Findings

Left Ventricle:	Normal
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

(CIN) U85110TG2000PLC115819

Regd Office: 1, 1D to 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Dr. C.B. KESHAVAMURTHY MD, DM, DNB

APOLLO CLINICS NETWORK KARNATAKA
CONSULTANT CARDIOLOGIST
Bangalore | Mysore | Kolar | Channarayana | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

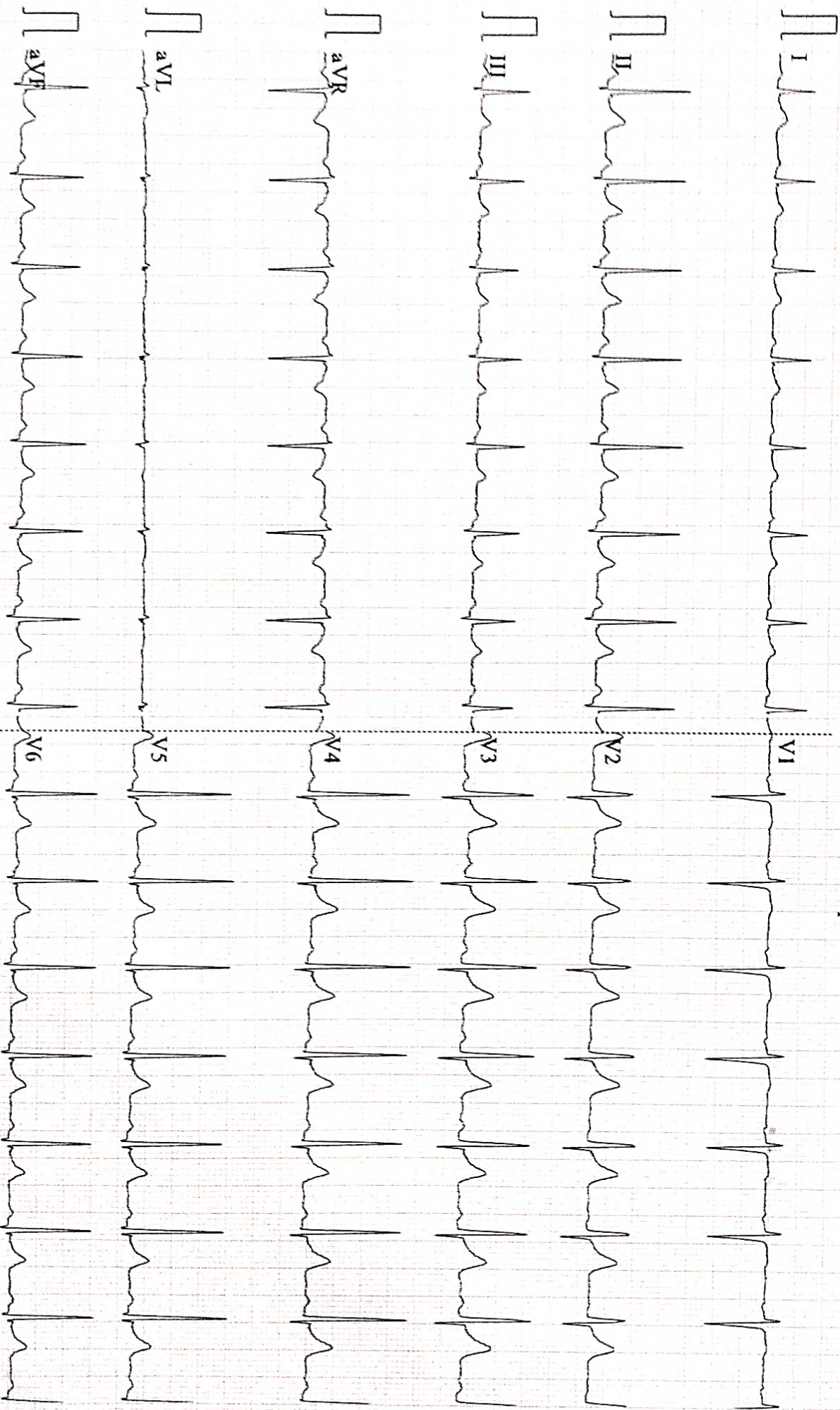
MR JAYDIP KOLE
Male 37years
167cm 59kg 100/70 mmHg

22-03-2024 11:11:12 AM

Diagnosis Information:

Unconfirmed Report.

APOLLO CLINIC
23, 1st Floor,
Kallidasa Road, Mysore - 02
Ph : 0821-4006040/41



0.5-45Hz AC50 25mm/s 10mm/mV 2*5.0s 92 CARDIART 8 D V1.43 Glasgow V28.60 APOLLO CLINIC MYSURU