

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. SMIJESH S
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	41 20.05.1983 Gender: M F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height 1.71 (cms)	b. Weight 80 (Kgs)	c. Girth of Abdomen 82 (cms)
d. Pulse Rate 72 (/Min)	e. Blood Pressure: 110/80	Systolic Diastolic
	1 st Reading	
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		NS	
Mother	69	PTCA, CVA	
Brother(s)		/NS	45 Pneumonia
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	✓

PERSONAL HISTORY

- | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. Y/N | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N |
| b. Have you undergone/been advised any surgical procedure? Y/N | d. Have you lost or gained weight in past 12 months? Y/N |

Have you ever suffered from any of the following?

- | | |
|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| • Psychological Disorders or any kind of disorders of the Nervous System? Y/N | • Any disorder of Gastrointestinal System? Y/N |
| • Any disorders of Respiratory system? Y/N | • Unexplained recurrent or persistent fever, and/or weight loss Y/N |
| • Any Cardiac or Circulatory Disorders? Y/N | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N |
| • Enlarged glands or any form of Cancer/Tumour? Y/N | • Are you presently taking medication of any kind? Y/N |
| • Any Musculoskeletal disorder? Y/N | |

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY NA

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

Y/N

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

Y/N

➤ Are there any points on which you suggest further information be obtained?

Y/N

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

Adv. medical consult

➤ Do you think he/she is **MEDICALLY FIT** or **UNFIT** for employment.

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Dr. GEORGE THOMAS
MD, FCSI, FIAE
MEDICAL EXAMINER
Reg: 86614

Seal of Medical Examiner :

Name & Seal of DDRC SRL Branch :



Date & Time :

15/04/2024

 भारत सरकार
GOVERNMENT OF INDIA

Smijesh S
DOB: 20/05/1983
Male

4442 8712 0873

Aadhaar - Aam Aadmi ka Adhikar

Smijesh S



 भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

Address:
S/O: G Sukumara Pillai, Mittathullil Pranavam, Near
Maraparambu Temple Cheranallur, Cheranallur, Ernakulam
Kerala, 682034

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1800 300 1947

 help@uidai.gov.in

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 P.O. Box No. 1947,
Bengaluru-560 001

no need of motion test and Dental
checkup

Smijesh,
Munayya





PATIENT NAME : SMIJESH.S		REF. DOCTOR : DR. MEDIWHEEL	
CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	ACCESSION NO : 4126XD003907	AGE/SEX : 40 Years	Male
	PATIENT ID : SMIJM2005834126	DRAWN :	
	CLIENT PATIENT ID:	RECEIVED : 13/04/2024 08:07:51	
	ABHA NO :	REPORTED : 13/04/2024 16:27:24	


Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO


OPHTHAL

OPHTHAL

COMPLETED


DR.SMITHA PAULSON,MD
(PATH),DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY


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(Reg No - TCMC:47450)
CONSULTANT PATHOLOGIST


DR.TEJAS PRASAD
VIDWANS ,MBBS MD(PATH)(Reg
No -MMC 2017/08/3919)
CONSULTANT PATHOLOGIST



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ERNAKULAM, 682036
KERALA, INDIA
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Patient Ref. No. 666000008533853



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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

ECG WITH REPORT

REPORT

COMPLETED

USG ABDOMEN AND PELVIS

REPORT

COMPLETED

CHEST X-RAY WITH REPORT

REPORT

COMPLETED

2D - ECHO WITH COLOR DOPPLER

REPORT


COMPLETED


HAEMATOLOGY


MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD

HBA1C	5.5	Normal	: 4.0 -	%
		5.6%.		
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	
		Glycemic control goal		
		More stringent goal	: < 6.5 %.	
		General goal	: < 7%.	


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Patient Ref. No. 66600000853853



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Less stringent goal : < 8%.

Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.
 < 116.0 mg/dL

MEAN PLASMA GLUCOSE 111.2 mg/dL

BLOOD COUNTS,EDTA WHOLE BLOOD


HEMOGLOBIN	16.7	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.59 High	4.50 - 5.50	mil/μL
WHITE BLOOD CELL COUNT	5.77	4.0 - 10.0	thou/μL
PLATELET COUNT	248	150 - 410	thou/μL


RBC AND PLATELET INDICES


HEMATOCRIT	51.3 High	40.0 - 50.0	%
MEAN CORPUSCULAR VOL	91.8	83.0 - 101	fL
MEAN CORPUSCULAR HGB.	29.9	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.6	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	12.8	11.60 - 14.0	%
MENTZER INDEX	16.4		
MEAN PLATELET VOLUME	8.4	6.80 - 10.90	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	56	40.0 - 80.0	%
LYMPHOCYTES	37	20.0 - 40.0	%
MONOCYTES	5	2.0 - 10.0	%
EOSINOPHILS	2	1.0 - 6.0	%
BASOPHILS	0	0.0 - 1.0	%
ABSOLUTE NEUTROPHIL COUNT	3.23	2.0 - 7.0	thou/μL


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ABSOLUTE LYMPHOCYTE COUNT	2.13	1.0 - 3.0	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.29	0.20 - 1.0	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.12	0.02 - 0.50	thou/ μ L
ABSOLUTE BASOPHIL COUNT	0.00	0.00 - 0.10	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.5		

ERYTHROCYTE SEDIMENTATION RATE (ESR), EDTA BLOOD

SEDIMENTATION RATE (ESR)	04	0 - 14	mm at 1 hr
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METHOD : WESTERGREN METHOD

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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IMMUNOHAEMATOLOGY


MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO


ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP	TYPE O
RH TYPE	POSITIVE

Interpretation(s)


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Test Report Status **Final**

Results

Units

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY**MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO****BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	13	Adult(<60 yrs) : 6 to 20	mg/dL
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BUN/CREAT RATIO

BUN/CREAT RATIO	12		
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CREATININE, SERUM


CREATININE	1.09	18 - 60 yrs : 0.9 - 1.3	mg/dL
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GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA	113	Diabetes Mellitus : > or = 200. Impaired Glucose tolerance/ Prediabetes : 140 - 199. Hypoglycemia : < 55.	mg/dL
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LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL	0.50	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.21	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.29	General Range : <0.85	mg/dL
TOTAL PROTEIN	7.7	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.8	20-60yrs : 3.5 - 5.2	g/dL


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MC-5897

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LOBULIN		2.9	g/dL
		General Range : 2 - 3.5	
		Premature Neonates : 0.29 - 1.04	
ALBUMIN/LOBULIN RATIO		1.7	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		27	U/L
		Adults : < 40	
ALANINE AMINOTRANSFERASE (ALT/SGPT)		17	U/L
		Adults : < 45	
ALKALINE PHOSPHATASE		78	U/L
		Adult (<60yrs) : 40 -130	
GAMMA GLUTAMYL TRANSFERASE (GGT)		44	U/L
		Adult (Male) : < 60	
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN		7.7	g/dL
		Ambulatory : 6.4 - 8.3	
		Recumbant : 6 - 7.8	
URIC ACID, SERUM			
URIC ACID		6.2	mg/dL
		Adults : 3.4-7	
GLUCOSE FASTING, FLUORIDE PLASMA			
FBS (FASTING BLOOD SUGAR)		99	mg/dL
		Diabetes Mellitus : > or = 126.	
		Impaired fasting Glucose/	
		Prediabetes : 101 - 125.	
		Hypoglycemia : < 55.	

BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO


LIPID PROFILE, SERUM



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CHOLESTEROL		317 High	Desirable : < 200 Borderline : 200-239 High : > or= 240 mg/dL
TRIGLYCERIDES		140	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499 mg/dL
HDL CHOLESTEROL		38 Low	General range : 40-60 mg/dL
LDL CHOLESTEROL, DIRECT		259 High	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : > or= 190 mg/dL
NON HDL CHOLESTEROL		279 High	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220 mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO		28.0	</= 30.0 mg/dL
CHOL/HDL RATIO		8.3	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0
LDL/HDL RATIO		6.8	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0


SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

THYROID PANEL, SERUM

T3	115.00	Adult : 80-200	ng/dL
T4	8.34	Adults : 4.5-12.1	µg/dl


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TSH 3RD GENERATION		4.600	21-50 yrs : 0.4 - 4.2 µIU/mL

SPECIALISED CHEMISTRY - TUMOR MARKER

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

PROSTATE SPECIFIC ANTIGEN, SERUM

PROSTATE SPECIFIC ANTIGEN	0.253	Age Specific :- <49yrs : <2.5 50-59yrs : <3.5 60-69yrs : <4.5 >70yrs : <6.5	ng/mL
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CLINICAL PATH - URINALYSIS


MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO


PHYSICAL EXAMINATION, URINE


COLOR	AMBER
APPEARANCE	CLEAR

CHEMICAL EXAMINATION, URINE

PH	5.0	4.8 - 7.4
SPECIFIC GRAVITY	1.025	1.015 - 1.030
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL


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NITRITE		NOT DETECTED	
LEUKOCYTE ESTERASE		NOT DETECTED	
MICROSCOPIC EXAMINATION, URINE			
RED BLOOD CELLS		1 - 2	
WBC		1-2	/HPF
EPITHELIAL CELLS		2-3	/HPF
CASTS		NOT DETECTED	/HPF
CRYSTALS		NOT DETECTED	
BACTERIA		NOT DETECTED	
YEAST		NOT DETECTED	

****End Of Report****
Please visit <https://ddrcagilus.com> for related Test Information for this accession


DR.NISHA G,MBBS MD(PATH),
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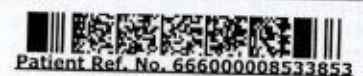


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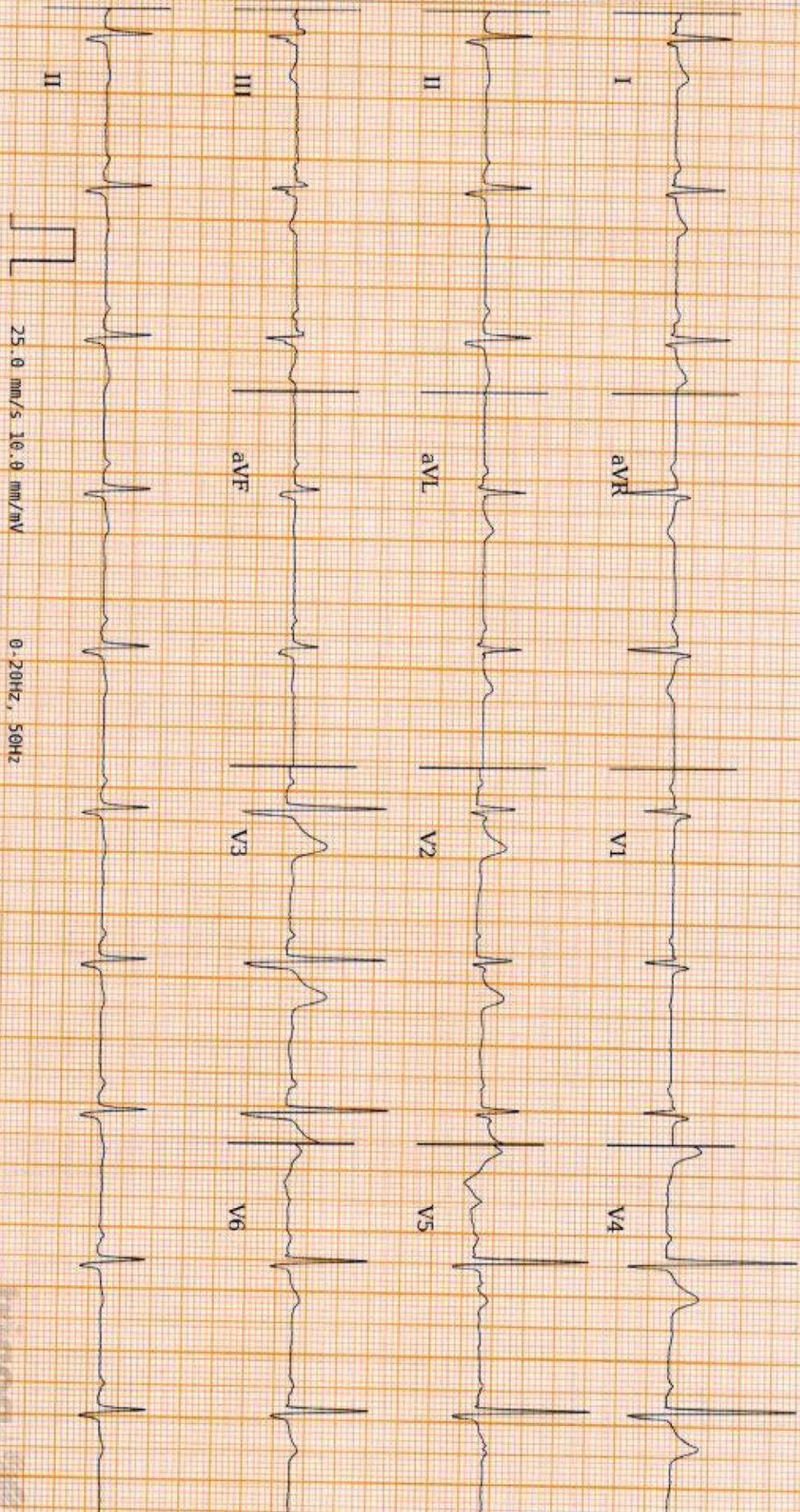


Patient Ref. No. 666000008533853



Age / Gender: 40/Male
Patient ID: xd003907
Patient Name: Smijesh s

Date and Time: 13th Apr 24 8:25 AM



AR: 62bpm VR: 62bpm QRSD: 96ms QT: 366ms QTcB: 372.05ms PRT: 172ms P-R-T: 36° 5' NA

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.



REPORTED BY



Dr. Prashant Sood
MBBS, MD

Name : Smijesh S

40M

Date: 13/04/2024

Ref : Mediwheel

Accession No:4126XD003907

ECHOCARDIOGRAPHY REPORT

Cardiac ultrasound examination was done using *GE* Voluson S8 machine with 5P1 transducer. Imaging and Doppler studies including Colour Flow Mapping (CFM) were performed (images and measurements attached) Relevant observations are summarized as follows:

- Normal LV size and contractility (EF: 70%)
- No regional wall motion abnormalities
- Normal valves
- No abnormal flow patterns on CFM
- No intracardiac clots
- No pericardial effusion



Dr. George Thomas
Cardiologist

Fellow, Indian Academy of Echocardiography

Ultrasound reports are not 100% specific and can vary significantly depending on the clinical conditions. The report has to be correlated clinically and is not for medico-legal purposes.

Thanks for the referral. Your feedback is appreciated.



NAME: MR SMIJESH S	STUDY DATE: 13/04/2024
AGE / SEX : 40 YRS / M	REPORTING DATE :13/04/2024
REFERRED BY: MEDIWHEEL	ACC NO:4126XD003907

X - RAY - CHEST PA VIEW

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

IMPRESSION - NORMAL STUDY.**Kindly correlate clinically**


Dr. HRISHIKESH C MBBS DMRD
Consultant Radiologist



Date...13/4/24

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : Smijesh S. Aged...40 and his / her

visual standards is as follows :

Visual Acuity:

For far vision

R: 6/6

L: 6/6

For near vision

R: Ng

L: Ng

Color Vision : Normal


CIYA MARY P ROCKY
(OPTOMETRIST)



NAME	MR SMIJESH S	AGE	40 YRS
SEX	MALE	DATE	April 13, 2024
REFERRAL	MEDIWHEEL	ACC NO	4126XD003907

USG ABDOMEN AND PELVIS

LIVER	Measures ~ 14 cm, shows increased echoes Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber .
GB	Shows 2 mm polyp along dependent wall.
SPLEEN	Measures ~ 10.4 cm, normal to visualized extent. Splenic vein normal.
PANCREAS	Obscured.
KIDNEYS	RK: 9.7 x 4.5 cm, appears normal in size and echotexture LK: 10.2 x 5.1 cm, appears normal in size and echotexture. Two soft calculi of size ~ 4-5 mm in left kidney noted. Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
BLADDER	Poorly distended.
PROSTATE	Normal in volume and echopattern.
FLUID	Nil to visualized extent.
BOWEL	Visualized bowel loops appear normal
IMPRESSION	<ul style="list-style-type: none"> ↓ Grade I/II Fatty liver. ↓ Tiny GB polyp. ↓ Small left renal soft calculi.

Kindly correlate clinically.


Dr. HRISHIKESH C MBBS DMRD
Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.
In case of typing error please bring the report back correction.



