

Patient Name	: Mr.FAROOQ AHMED JEELANI	Collected	: 20/Apr/2024 09:19AM
Age/Gender	: 40 Y 3 M 3 D/M	Received	: 20/Apr/2024 10:18AM
UHID/MR No	: CMYS.0000060533	Reported	: 20/Apr/2024 12:17PM
Visit ID	: CMYSOPV124652	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 660244382038		

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:BED240106590



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UHID/MR No	: CMYS.0000060533	Reported	: 20/Apr/2024 12:49PM
Visit ID	: CMYSOPV124652	Status	: Final Report
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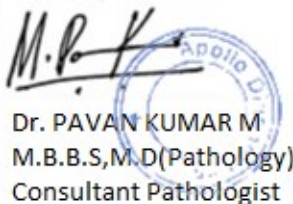
DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	15.1	g/dL	13-17	Spectrophotometer
PCV	45.20	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.24	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	86	fL	83-101	Calculated
MCH	28.7	pg	27-32	Calculated
MCHC	33.3	g/dL	31.5-34.5	Calculated
R.D.W	13.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	9,700	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	53.2	%	40-80	Electrical Impedance
LYMPHOCYTES	31.1	%	20-40	Electrical Impedance
EOSINOPHILS	9.2	%	1-6	Electrical Impedance
MONOCYTES	6	%	2-10	Electrical Impedance
BASOPHILS	0.5	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	5160.4	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	3016.7	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	892.4	Cells/cu.mm	20-500	Calculated
MONOCYTES	582	Cells/cu.mm	200-1000	Calculated
BASOPHILS	48.5	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.71		0.78- 3.53	Calculated
PLATELET COUNT	258000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

R.B.C: Majority are normocytic normochromic.

Page 2 of 15



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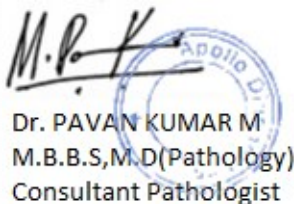
ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

W.B.C: normal in number with normal morphology and increase in eosinophils.

Platelets: normal in number and are seen in singles and clumps.

Hemoparasites: Not seen.

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH EOSINOPHILIA.



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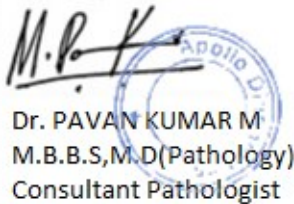


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Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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Patient Name : Mr.FAROOQ AHMED JEELANI	Collected : 20/Apr/2024 11:46AM
Age/Gender : 40 Y 3 M 3 D/M	Received : 20/Apr/2024 01:58PM
UHID/MR No : CMYS.0000060533	Reported : 20/Apr/2024 02:28PM
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	93	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

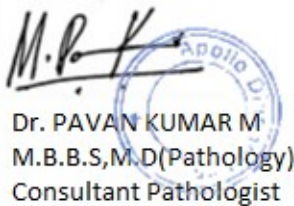
- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	101	mg/dl	70-140	GOD, POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



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SIN No:PLP1447004



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	5.0	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	97	mg/dL		Calculated

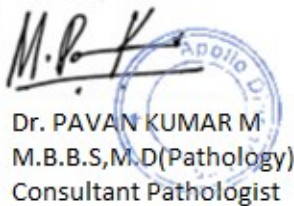
Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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SIN No:EDT240048664



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	231	mg/dl	0-200	CHOD
TRIGLYCERIDES	358	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	34	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	197	mg/dL	<130	Calculated
LDL CHOLESTEROL	125.1	mg/dL	<100	Calculated
VLDL CHOLESTEROL	71.67	mg/dL	<30	Calculated
CHOL / HDL RATIO	6.75		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.66		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 – 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 7 of 15



Dr. PAVAN KUMAR M
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SIN No:SE04700749



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.
- 7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.54	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.16	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.38	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	18	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	19.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	61.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.00	g/dl	6.4-8.3	Biuret
ALBUMIN	4.39	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.61	g/dL	2.0-3.5	Calculated
A/G RATIO	1.68		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

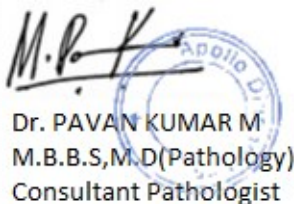
- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment:

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.98	mg/dL	0.67-1.17	Enzymatic colorimetric
UREA	28.95	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	13.5	mg/dl	6-20	Urease, UV
URIC ACID	7.40	mg/dL	3.5-7.2	Uricase
CALCIUM	10.65	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	4.97	mg/dl	2.7-4.5	Molybdate
SODIUM	142	mmol/L	135-145	Direct ISE
POTASSIUM	4.4	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	104	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.00	g/dl	6.4-8.3	Biuret
ALBUMIN	4.39	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.61	g/dL	2.0-3.5	Calculated
A/G RATIO	1.68		0.9-2.0	Calculated



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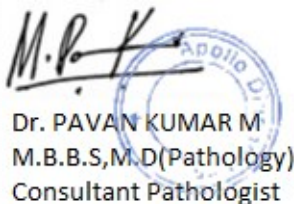


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Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	32.00	U/l	0-55	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

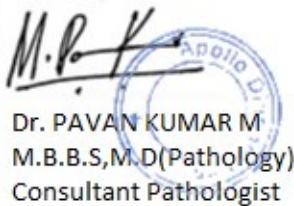
Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.02	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	5.67	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	1.720	µIU/mL	0.35-4.94	CMIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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DEPARTMENT OF IMMUNOLOGY

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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UR2334301



Patient Name : Mr.FAROOQ AHMED JEELANI	Collected : 20/Apr/2024 09:19AM
Age/Gender : 40 Y 3 M 3 D/M	Received : 20/Apr/2024 10:57AM
UHID/MR No : CMYS.0000060533	Reported : 20/Apr/2024 12:11PM
Visit ID : CMYSOPV124652	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 660244382038	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UF011657



Patient Name : Mr. FAROOQ AHMED JEELANI

Age/Gender : 40 Y/M

UHID/MR No. : CMYS.0000060533

OP Visit No : CMYSOPV124652

Sample Collected on :

Reported on : 26-04-2024 12:07

LRN# : RAD2305588

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 660244382038

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

LIVER: It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 12x4.9 cm with parenchymal thickness of 2.0 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 12.7x4.8cm with parenchymal thickness of 1.7cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

LOSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: GRADE I FATTY LIVER.

Chetan H, DNB

Consultant Radiologist.

Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)

Radiology

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr FAROOQ AHMED JEELAN on 24/04/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> Medically Fit 	✓
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. Review after _____ recommended Unfit 	

Dr. W. M. Mude
Medical Officer
The Apollo Clinic, Mysore

Apollo Health and Lifestyle Limited

CIN: URS1107G2000PLC115819

Regd. Office: 110-60-62, Ashoka Raghupathi Chandra Street, 1st Floor, 85th Cross, 8th Mile, Mysore - 570 016

Ph. No: (082) 4904 7777 Fax No: 4904 7744 | E-mail: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinics.com

This certificate is not meant for medico-legal purposes

Apollo Clinic
#23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41
TO BOOK AN APPOINTMENT

1860/500 7788

Date : 20-04-2024
MR NO : CMYS.0000060533

Department : GENERAL
Doctor : Dr. Umair H3

Name : Mr. FAROOQ AHMED JEELANI

Registration No : 67084

Age/ Gender : 40 Y / Male

Qualification : MBBS. MD

Consultation Timing: 09:18

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse : 70/4	Resp : 70/4	B.P : 140/50

General Examination /
Allergies History

CS
RS
PT } w/d3

Clinical Diagnosis & Management Plan

All

Regular Exercise / wt reduction



Follow up date :


Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 20-04-2024
MR NO : CMYS.0000060533

Department : GENERAL
Doctor :

Name : Mr. FAROOQ AHMED JEELANI
Age/ Gender : 40 Y / Male

Registration No : H. Praveen Kumar R
Qualification : MS (EM)

Consultation Timing: 09:18

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Came for regular health check

Ear : Bilateral gm. normal

Nose : nasal mucus @

oral cavity in oropharynx. @

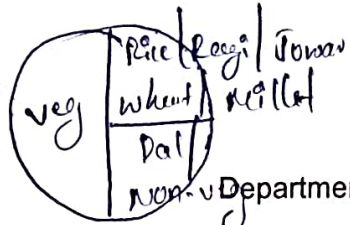
neck @

As
measured

fb

Follow up date :

Doctor Signature
Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41



Date : 20-04-2024
MR NO : CMYS.0000060533

Department : Diet GENERAL Department
Doctor :

Name : Mr. FAROQ AHMED ALI

Registration No :

Age/ Gender : 40 Y / Male

Qualification :

Consultation Timing: 09:18

IBW - 71 kg

Height : 176 cms	Weight : 115 kg	BMI : 37 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

4th - Grade I Fatty liver.

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Total cholesterol - 231
Triglycerides - 358
HDL - 34
NON-HDL - 197
LDL - 195
VLDL - 71.67
chol (HDL) - 6.75

- Advised low fat diet with fiber rich foods
- Take small frequent meals, do not skip meals.
- Cooking oil - 1/2 liter/person/month. Use the combination of oils like Groundnut oil, Rice bran oil, Gingely oil, Mustard oil, coconut oil & ghee. But don't mix the oils & oil of.
- Include seeds like Flax seeds, Pumpkin seed, Sesame seeds, Sunflower seeds & watermelon seeds - dry roasted, 1 teaspoon each.
- Avoid seed meats.
- Regular physical exercise is compulsory.
- Include all variety of seasonal fruits, vegetables & green leafy vegetables.

Follow up date :

Doctor Signature

R.P 24/4/2024

Patient Name: Mr. FAROOQ AHMED JEELANI	Date: 24.04.2024	Referring Doctor: Self
Age / Sex : 40yrs / Male	UHID : 060533	
ULTRASONOGRAPHY – ABDOMEN & PELVIS		

LIVER: It is normal in size, outline and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: It is distended and normal. No evidence of calculi.

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal in size, outline and echopattern.

RIGHT KIDNEY: It measures 12x4.9 cm with parenchymal thickness of 2.0 cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

LEFT KIDNEY: It measures 12.7x4.8cm with parenchymal thickness of 1.7cm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

URINARY BLADDER: It is well distended. The UB wall is normal. No e/o calculi.

PROSTATE: It is normal in size, outline and echotexture.

No e/o free fluid in the abdomen.

IMPRESSION: GRADE I FATTY LIVER.

Dr. Chetan H, DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No. 0471 4704 7777 Fax No. 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavanagudi | Bellandur | Electronic City | Fraser Town | MSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Koramangala | Sarjapur Road | Mysore (VV Mahalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient's Name : Mr. FAROOQ AHMED JEELANI	Age & Sex; 40Yrs /Male
Date : 24.04.2024	UHID No:060533

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 67 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

(CIN: U85110TG2000PLC115819)

Regd. Office: 1, 10, 60, 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph. No. (04) 4904 7777 Fax No. 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Koramangala | Sarjapur Road | **Mysore** - (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mr. FAROOQ AHMED JEELANI	Age & Sex; 40Yrs /Male
Date : 24.04.2024	UHID No:060533

Measurements

AO : 3.0 cm
LA : 2.5 cm

RV : 2.6 cm
LVIDd : 5.7 cm
LVIDs : 3.52 cm
IVSd : 0.83 cm
IVSs : 1.68 cm
PWd : 1.14 cm
PWs : 1.37 cm
EF : 67.0 %
FS : 37.0 %

Doppler

MV		TV		AV		PV	
E	0.71 m/s	E	---	V max	1.04 m/s	V max	1.29 m/s
A:	0.57 m/s	A	---				

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Apollo Health and Lifestyle Limited

ICD No: UDS11DTG200005C115819

Regd. Office: 1-10-60/12, Atrika Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph: No: (0474) 434 7777 Fax: No: 4904 7744 | Email: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavahally | Bellandur | Electronic City | Fraser Town | MSR Layout | Indra Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road | **Mysore:** VV Mohalla

Online appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name : Mr. FAROOQ AHMED JEELANI

Age/Gender : 40 Y/M

UHID/MR No. : CMYS.0000060533

OP Visit No : CMYSOPV124652

Sample Collected on :

Reported on : 20-04-2024 16:24

LRN# : RAD2305588

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 660244382038

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

IMPRESSION : NORMAL STUDY.

Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
Radiology

Name: Mr. FAROOQ AHMED JEELANI
Age/Gender: 40 Y/M
Address: MYSORE
Location: MYSORE, KARNATAKA
Doctor:
Department: GENERAL
Rate Plan: MYSORE_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000060533
Visit ID: CMYSOPV124652
Visit Date: 20-04-2024 09:18
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

Chief Complaints

COMPLAINTS:::: For Routine Health Checkup,

SYSTEMIC REVIEW

**Weight

--->: Stable,

Number of kgs: 84,

HT-HISTORY

Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

**Cancer: NILL,

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

IMPRESSION

Finding Category : within normal limits,

EKG

: NORMAL,

X-Ray

: NORMAL,

RECOMMENDATION

Fitness Report

Fitness.: YES,

DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in

some cases.,

Doctor's Signature



सत्यमेव जयते
भारत सरकार



ಭಾರತ ಸರ್ಕಾರ
Government of India

ಭಾರತೀಯ ವಿಶಿಷ್ಟ ಗುರುತು ಪ್ರಾಧಿಕಾರ
Unique Identification Authority of India

ನೋಂದಣಿ ಸಂಖ್ಯೆ / Enrollment No.: 1037/11498/00254

To

ಫರೋಕ್ ಅಹಮದ್ ಜೀಲಾನಿ

Farooq Ahmed Jeelani

S/O Javed Ahmed Jeelani,

#17 Arch Gate Mysore-Bangalore Road

Lashkar Mohalla

VTC: Mysore,

District: Mysore,

State: Karnataka,

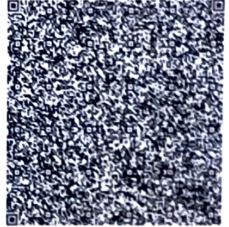
PIN Code: 570007,

Mobile: 9980780996

34535973



UA075959462IN



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :

6602 4438 2038

ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



ಭಾರತ ಸರ್ಕಾರ

Government of India



ಫರೋಕ್ ಅಹಮದ್ ಜೀಲಾನಿ

Farooq Ahmed Jeelani

ಜನ್ಮ ದಿನಾಂಕ / DOB : 17/10/1984

ಪುರುಷ / MALE

Issue Date : 26/04/2012

6602 4438 2038

ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



Government of India



ಮಾಹಿತಿ

- ಆಧಾರ್ ಗುರುತಿಸಿ ಪುರಾವೆಯೇ ಹೊರತು ಪೌರತ್ವದಲ್ಲ
- ಸುರಕ್ಷಿತ ಕ್ಯೂಆರ್ ಕೋಡ್/ಆಫ್ಲೈನ್ XML / ಆಫ್ಲೈನ್ ದೃಢೀಕರಣ ಬಳಸಿ ಗುರುತನ್ನು ಪರಿಶೀಲಿಸಿ.

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- ಆಧಾರ್ ನ್ನು ನಿಮ್ಮ ಸ್ಮಾರ್ಟ್ ಫೋನ್ ನಲ್ಲಿ ಕೊಂಡೊಯ್ಯಿರಿ- mAadhaar ಅಪ್ಲಿಕೇಶನ್ ಬಳಸಿ.
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Unique Identification Authority of India



ವಿಳಾಸ: S/O Javed Ahmed Jeelani, #17,
Arch Gate Mysore-Bangalore Road,
Lashkar Mohalla, Mysore, Mysore,
Karnataka, 570007



Address: S/O Javed Ahmed Jeelani, #17,
Arch Gate Mysore-Bangalore Road,
Lashkar Mohalla, Mysore, Mysore,
Karnataka, 570007

6602 4438 2038

Print Date : 13/10/2020

Your appointment is confirmed

noreply@apolloclinics.info <noreply@apolloclinics.info>

Thu 18-04-2024 14:47

To:Fahima_fiza@yahoo.co.in <Fahima_fiza@yahoo.co.in>

Cc:Mysore Apolloclinic <mysore@apolloclinic.com>;Yogeesh KV <mkt.mysore@apolloclinic.com>;Syamsunder M <syamsunder.m@apollohl.com>



Dear FAROOQ AHMED JEELANI,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2024-04-20** at **08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.

Contact No: (0821) 400 6040 - 41.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,
Apollo Clinic

Name : Mr. FAROOQ AHMED JEELANI

Age: 40 Y

Sex: M

UHID:CMYS.0000060533



OP Number:CMYSOPV124652

Bill No :CMYS-OCR-23018

Date : 20.04.2024 09:18

Address : MYSORE

Plan : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN
INDIA OP AGREEMENT

Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
1	GAMMA GLUTAMYL TRANSFERASE (GGT)	
2	D ECHO → P	
3	LIVER FUNCTION TEST (LFT)	
4	GLUCOSE, FASTING	
5	HEMOGRAM + PERIPHERAL SMEAR	
6	DIET CONSULTATION → P	
7	COMPLETE URINE EXAMINATION	
8	URINE GLUCOSE(POST PRANDIAL)	
9	PERIPHERAL SMEAR	116 → 176
10	ECG	W → 115.
11	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
12	DENTAL CONSULTATION	Bp → 140/80
13	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	
14	URINE GLUCOSE(FASTING)	
15	HbA1c, GLYCATED HEMOGLOBIN	
16	X-RAY CHEST PA	
17	ENT CONSULTATION → P	
18	FITNESS BY GENERAL PHYSICIAN → P	
19	BLOOD GROUP ABO AND RH FACTOR	
20	LIPID PROFILE	
21	BODY MASS INDEX (BMI)	
22	OPHTHAL BY GENERAL PHYSICIAN	
23	ULTRASOUND - WHOLE ABDOMEN → P	
24	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	

Date : 20-04-2024
 MR NO : CMYS.0000060533
 Name : Mr. FAROOQ AHMED JEELANI
 Age/ Gender : 40 Y / Male

Department : GENERAL [Ophthal]
 Doctor :
 Registration No :
 Qualification :

Consultation Timing: 09:18

Height : 176	Weight : 115	BMI :	Waist Circum :
Temp : (N)	Pulse : 92/min	Resp : 30/min	B.P : 140/80

General Examination /
 Allergies History

NO -

Clinical Diagnosis & Management Plan

Not wearing spectacles
 since childhood.

Not on any treatment.

Not a R/C [O THY I DM] [HTN].

vision	(R)	(L)
Far	6	6
Near	6/6	6/6
colour	(N)	(N)

Follow up date :

Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph: 0821-4006040/41

- Regular eye check

Date : 20-04-2024

Department : GENERAL *Dental*

MR NO : CMYS.0000060533

Doctor :

Name : Mr. FAROOQ AHMED JEELANI

Registration No :

Age/ Gender : 40 Y / Male

Qualification :

Consultation Timing: 09:18

Height : 176	Weight : 115	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 140/80

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

Cut +, St + +
Killo smoked.

$\frac{6}{6}$ Hlo RT + Crown present
Asymptomatic

Follow up date :

Jasodhishe
Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

ID: 60533

20-04-2024 11:03:43 AM

MR FARROO AHMED JEELANI

Male 40Years

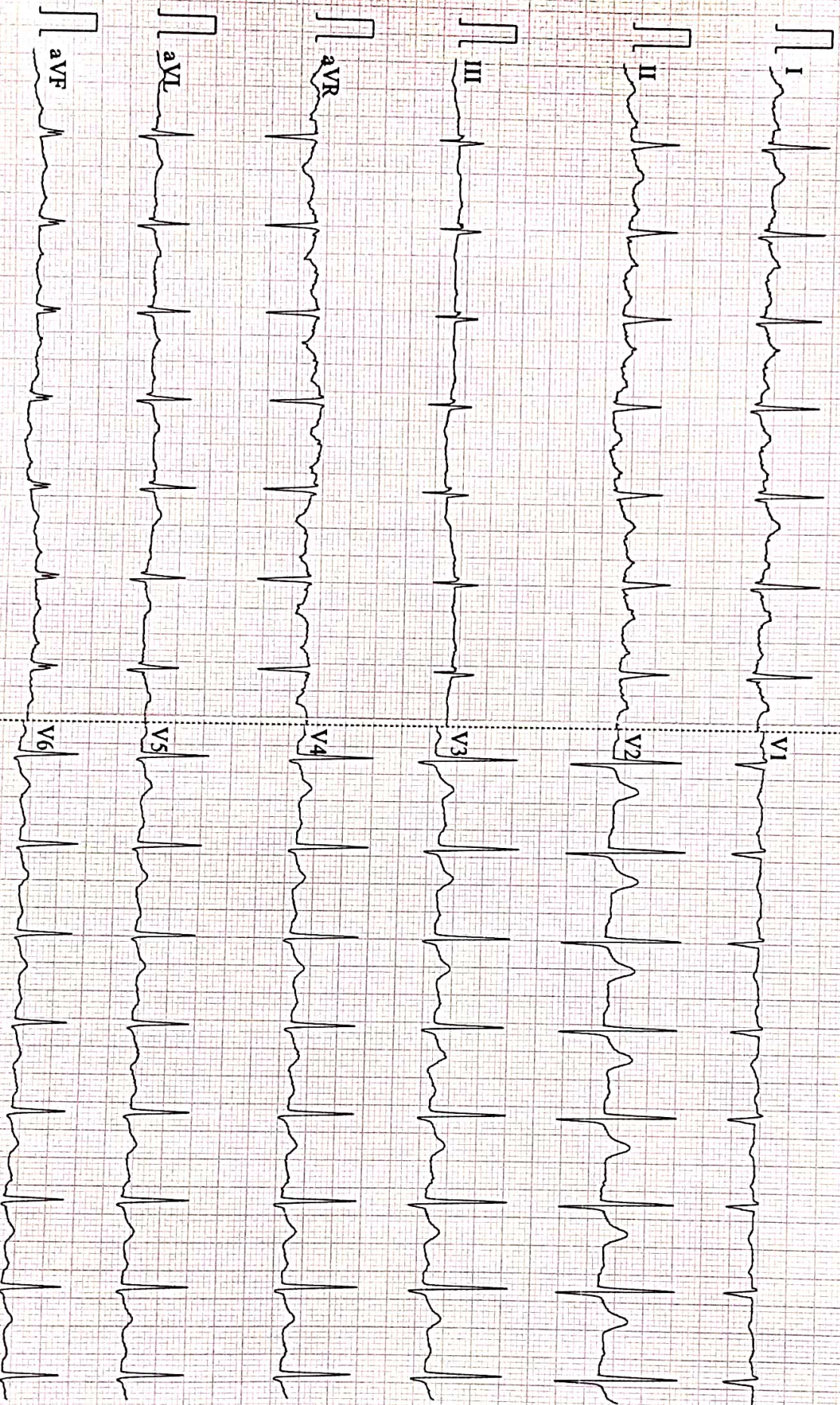
176cm 115kg 140/80 mmHg

Apollo Clinic
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Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Diagnosis Information:

Unconfirmed Report.

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0.5-45Hz AC50 25mm/s 10mm/mV 2*5.0s ♡91 CARDIART

D V143 Glasgow V28.60 APOLLO CLINIC MYSURU

Patient Name : Mr. FAROOQ AHMED JEELANI
UHID : CMYS.0000060533
Reported on : 20-04-2024 16:23
Adm/Consult Doctor :
Age : 40 Y M
OP Visit No : CMYSOPV124652
Printed on : 20-04-2024 16:24
Ref Doctor : SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .
No obvious active pleuro-parenchymal lesion seen .
Both costophrenic and cardiophrenic angles are clear .
Both diaphragms are normal in position and contour .
Thoracic wall and soft tissues appear normal.

IMPRESSION : NORMAL STUDY.

Printed on:20-04-2024 16:23

---End of the Report---


Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
Radiology

Apollo Health and Lifestyle Limited

ICM# UB5110TG2000PLC115819
Regd Office: 110/63/02, Ashoka Raghupathi Chambers, 5th Floor Begumpet, Hyderabad, Telangana - 500 016
Ph No: (040) 4904 7777 Fax No: 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |
Koramangala | Sarjapur Road | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Informed Consent/Declaration For Test Exclusion

Patient Name: Mr. Farooq Ahmed Jeelani Age: 40 years / male

UHID Number: 60533

Please tick and sign the relevant part

I certify that I will skip diat, Echo, Phy, usg, ENT Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature: [Signature] Date: 20/4/24

Witness signature: [Signature] Date: 20/4/24

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

[Faint red stamp]
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