

- COMPU. PATHOLOGY • ALLERGY TESTING
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- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS EMAN MONIKA LAKRA
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 39 Years
Collected At : THAKUR VILLAGE MAIN BRANCH

Lab No. : LEB5365 *LEB5365*
Reg. Date : 11-May-2024 8:59 am
Report Date : 11-May-2024 8:00 pm
Print Date : 13-May-2024 3:24 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	14.00		5 - 20 mg/dl
CREATININE	0.77	mg/dl	0.5 - 1.3 mg/dl
Serum Uric Acid	5.60	mg%	Female : 2.6 - 6.0 mg%
Age of the Patient	39		
eGFR	88.70	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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BLOOD GROUP

TEST	RESULT
Blood Group	'AB'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	97.1	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	81.6	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	9.4	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes (Total RBCs)	4.56	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	34.7	%	Female : 32 - 47 %
MCV	76.10	fl	80- 96 fl
MCH	20.60	pg	27 - 32 pg
MCHC	27.10	gm%	32 - 37 gm%
RDW	21.8	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	5960	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	67	%	40 - 75
Lymphocytes	27	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	120000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Hypo(+)Micro(+)Aniso(+)		
WBC Morphology	Normal		
Platelets Morphology	Megaplatelets Seen		
ESR (westergren's method)	30	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.5	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	111.15		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not be used in diagnosis of Diabetes Mellitus and are markers of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	181	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	103.6	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	39.8	mg / dl	35.3 - 79.5 mg / dl
VLDL	20.72	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	120.48	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	4.55		< 5
LDL / HDL	3.03		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1.42	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.58	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.84	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	41.20	U / L	Up to 45 U / L
S.G.O.T.	27.60	U / L	Up to 46 U / L
Alkaline Phosphatase	84.00	U/I	4 - 15 Years: 54 - 369 U/I 20 - 59 Years: 42 - 98 U/I > 60 Years: 53 - 141 U/I
Total Proteins	7.56	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.25	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.31	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.28		1.0- 2.3
GGT	23.9	IU/L	55 IU/L

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T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	154.295	ng/dl	91.14 - 237.61 ng/dl HYPOTHYROID : Less than 35 ng/dl HYPERTHYROID : Above 193 ng/dl
T4 [Thyroxine]	9.070	ug/dl	4.71 - 13.20 ug/dl µg/dl HYPOTHYROID : Less than 4.87 µg/dl HYPERTHYORID : Above 11.72 µg/dl
TSH [Thyroid Stimulating Hormone]	3.951	uIU/mL	0.3 - 4.3 uIU/ml Hypothyroid > 15.0 Hyperthyroid : < 0.35 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

Printed By : RIYA

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

BORIVALI CENTRE 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MRS EMAN MONIKA LAKRA
Referred By Dr : MEDIWHEEL
Sex : FEMALE Age : 39 Years
Collected At : THAKUR VILLAGE MAIN BRANCH

Lab No. : LEB5365 *LEB5365*
Reg. Date : 11-May-2024 8:59 am
Report Date : 11-May-2024 3:19 pm
Print Date : 13-May-2024 3:24 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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Checked By
JAY

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 "Home Visit Facility Call On 76667 66307"

**Health Check up Booking Confirmed Request(bobS17440),Package Code-
PKG10000475, Beneficiary Code-296597**

2 messages

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Wed, May 1, 2024 at 4:10 PM



Mediwheel
...Your wellness partner

011-41195959

Hi **Healthcare Medical Centre and Diagnostic**,

The following booking has been confirmed. It is requested to honor the said booking & provide priority services to our client

Hospital Package Name : Mediwheel Full Body Health Checkup Female Below 40

Patient Package Name : Mediwheel Full Body Health Checkup Female Below 40

Hospital Address : SHOP NO.44/49, EMP 71, OPP. RAHEJA REFLECTIONS BLDG., 120 FEET
ROAD,THAKUR VILLAGE, EVERSHINE MILLENNIUM PARADISE,
KANDIVALI EAST -400101

Contact Details : 9930489460

Appointment Date : 11-05-2024

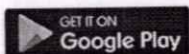
Confirmation Status : Booking Confirmed

Preferred Time : 09:00 am-09:30 am

Member Information		
Booked Member Name	Age	Gender
Eman Monika lakra	39 year	Female

We request you to facilitate the employee on priority.

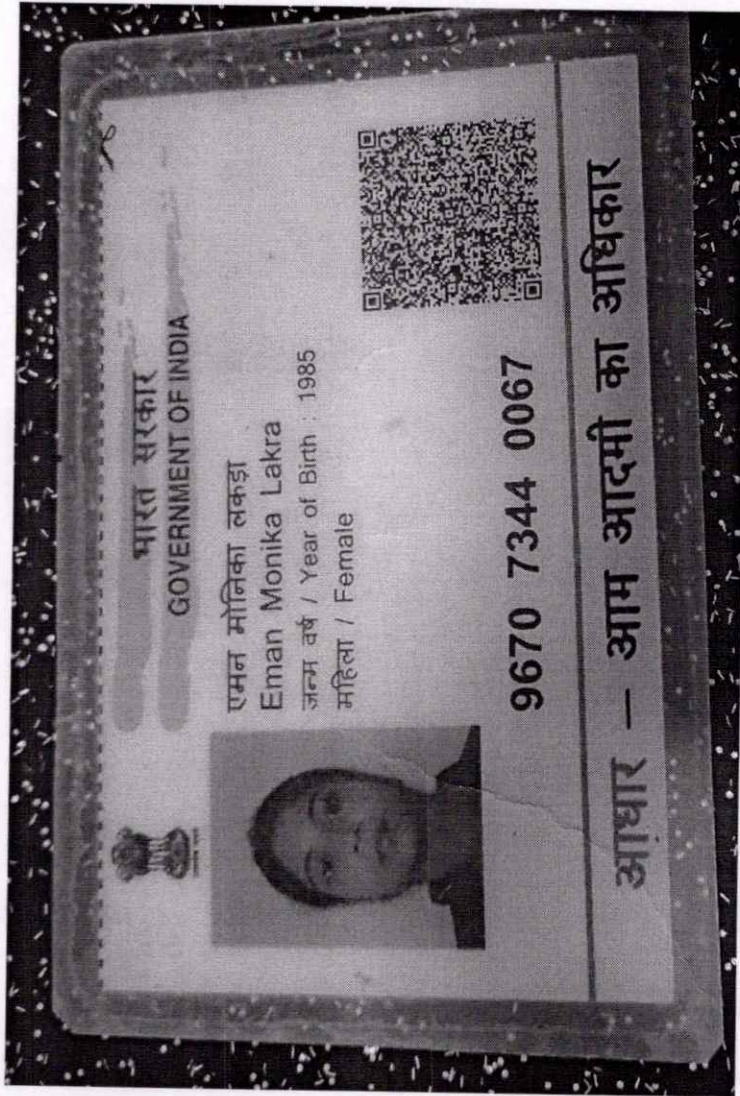
Thanks,
Mediwheel Team
Please Download Mediwheel App



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Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115643



Monika Lakra

**HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS**

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MRS EMAN MONIKIA LAKRA	DATE	11/05/2024
HEIGHT: 167 CM	WEIGHT : 97.4KG	AGE	39 YRS
REFERRED BY	MEDIWHEEL	SEX	FEMALE

PRESENT COMPLAINT : NONE

CURRENT MEDICATION: NONE

PAST HISTORY : LSCS – MCH 1 IN 2015 , 2 IN 2020 FCH

ALLERGY: NONE APPETITE : GOOD HABITS : NONE

BLADDER: NAD BOWEL: NAD SLEEP : SOUND

**FAMILY HISTORY : MOTHER – PASSED AWAY BY COVID
FATHER - LIVER CIRROHOSIS**

GENERAL EXAMINATION:

ADVICE-

P: 85/MIN BP: 100/80 MMHG

PALLOR: NIL ICTERUS: NIL

OEDEMA: NIL OTHERS: NAD

RS: NAD CNS : NAD

PA : SOFT,NAD

INVESTIGATION :

*Tab Polica 5mg
0-0-1 x 3 months*

*Tab Omega XT 0-0-1
x 3 months*

Fit for employment

HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS
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DR. KUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
DR. Y. MEHTA 18115643

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EYE CHECK UP & COLOUR VISION

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NAME: <i>MRS EMAN MANIKA</i>		DATE: <i>11/05/24</i>	
REF. BY: <i>MEDIWHEEL</i>	AGE: <i>39</i>	SEX: <i>Female</i>	

	RIGHT EYE	LEFT EYE
CORNEA	<i>NORMAL</i>	<i>NORMAL</i>
<i>PUPIL</i> - NORMAL	<i>NORMAL</i>	<i>NORMAL</i>
SCLERA	<i>NORMAL</i>	<i>NORMAL</i>
EYE MOVEMENTS	<i>NORMAL</i>	<i>NORMAL</i>
REFRACTIVE ERROR	<i>NIG</i>	<i>NIG</i>
COLOUR VISION	<i>NORMAL</i>	<i>NORMAL</i>

DR. SIGNATURE

**HEALTHCARE
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DATE: 11/05/24

TO,

MEDIWHEEL

This is regarding your client Miss/Mrs./Mr. EMAN

MONIKA LAKRA

Proposal number

Visited to our centre at Kandivali for her/his proposed tests.

All tests are done as scheduled except

Pending/skipped tests: Stool Examination, ECG, TMT, X-RAY, USG

Reason: Not willing

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Eman Monika Lakra

Client's sign

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGIST
Reg. No.: 2018115

Medical Examiner
HEALTHCARE
MEDICAL CENTRE & DIAGNOSTICS
Shop No.78, Venus CHS, Elna Naga
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