

Name : Mr. AJAY SINGHAL (38 /M)

Date : 23/03/2024

Address :

Examined by:

UHID : AMHL.0002319558

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH201301



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder



DRUG ALLERGY

NO KNOWN ALLERGY

:23/03/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes; Glasses
for - refractive error

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
Diet - Vegetarian
Alcohol - consumes alcohol
occasionally
Smoking - Yes
Type - Cigarette
Number - 2
Frequency - daily
Chews tobacco - No
Physical activity - Mild
- level ground walking



Family history

Father - alive
Mother - alive
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 167
Weight - 82
BMI - 29.4
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 126
Diastolic(mm of Hg) - 88
Heart sounds - S1S2+

Name : Mr. AJAY SINGHAL (38 /M)

UHID : AMHL.0002319558

Date : 23/03/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH201301

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6P LE:6/6P
NVA:RE:N6P LE:N6P
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ADVICE:*To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

Printed By : Benazir Begaum

Name : Mr. AJAY SINGHAL (38 /M)

UHID : AMHL.0002319558

Date : 23/03/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH201301

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.0	g/dl	●	13.0-17.0
RBC COUNT	5.19	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.9	%	●	41-53
MCV	88.5	fl	●	83-101
MCH	28.9	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	14.6 *	%	●	11.8-14.0
WBC Count	10700 *	/cu mm	●	4000-10000
Platelet Count	1.69	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	34	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	6	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	51 *	U/L	●	0-50
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	94	U/L	●	43-115

AST (SGOT) - SERUM	42	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.7 *	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	196	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. AJAY SINGHAL (38 / M)

UHID : AMHL.0002319558

Date : 23/03/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH201301

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 37 U/L ● 0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.11 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 10.79 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 79 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 176 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 123 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.88 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.4 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.6 mg/dL ● 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 40 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 146 * mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 10 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.2 g/dL ● 1.8-3.6

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 7.5 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3 ● 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 7.6

ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. AJAY SINGHAL (38 /M)

UHID : AMHL.0002319558

Date : 23/03/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH201301

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

Name : Mr. AJAY SINGHAL (38 /M)

UHID : AMHL.0002319558

Date : 23/03/2024

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH201301

Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

5

ACCEPTABLE SCORE

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515