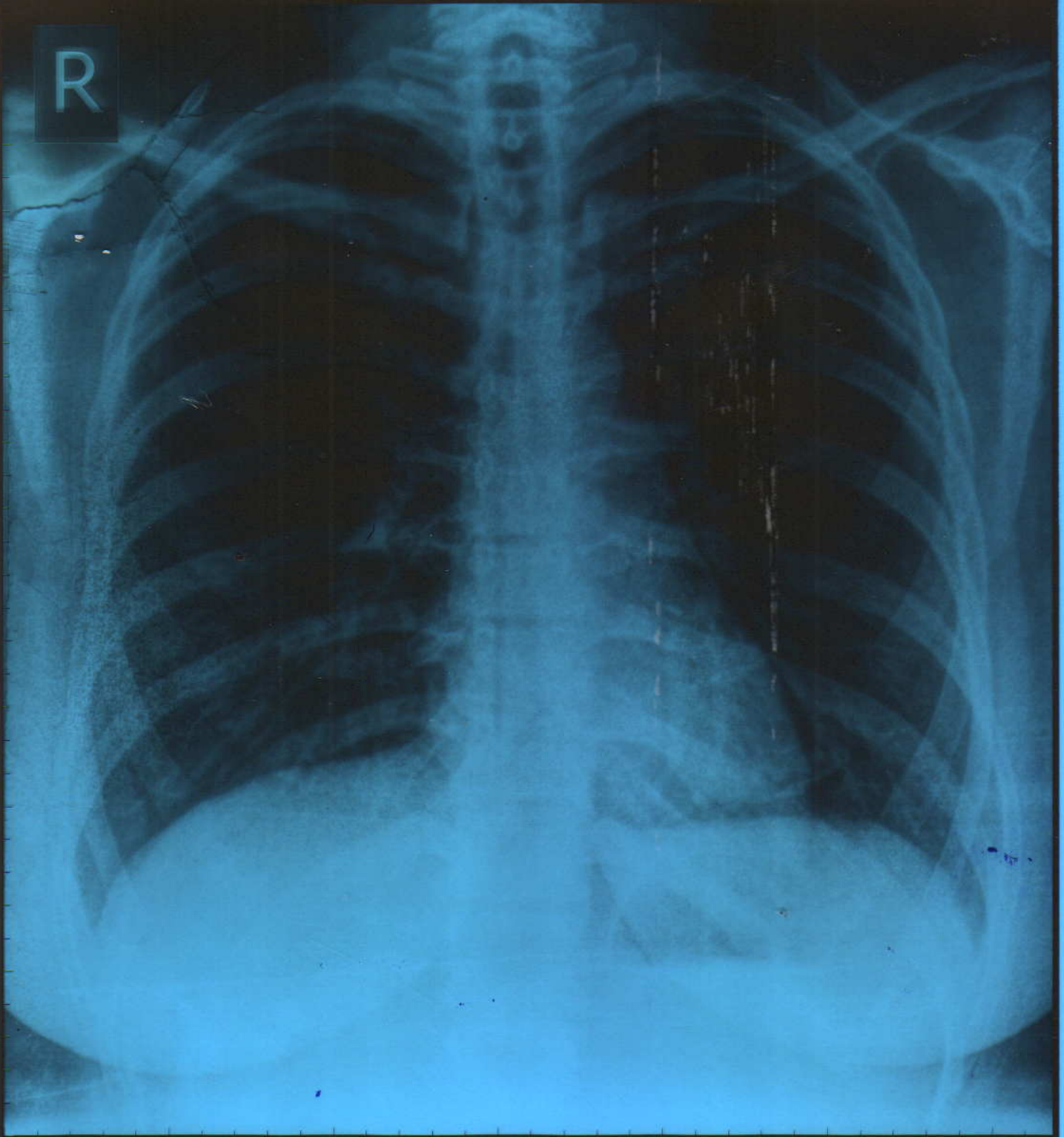


R



RUCHIKA N GHEWARE Female / 30 YRS

Chest PA

29/03/2024 01:00:29 PM

SHRI DASHABHUJA X-RAY CLINIC. PUNE. 020-25468187.



SHRI DASHABHUJA
X-RAY CLINIC

Digital X-Ray (CR System) Available
OPG Facility Available

GANGAVATARANA, Ground Floor, Plot
No. 7, S. No. 42 A/1A/2F, Dashbhujja
Ganesh Colony, Near Dashbhujja
Ganesh Temple, Karve Rode,
Pune. 411038. 1.txt
Clinic : 2546 8187, 8308839383
Res : 2422 1359, 9822041859

Dr. LALIT P. PATHAK

M. D. Radiologist
Reg. No. 52382

Timing : 9.00 a.m. To 1.30 p.m.
4.30 p.m. To 8.30 p.m.

SUNDAY CLOSED

NAME: MRS RUCHIKA GHEWARE.

DATE: 29 03 2024.

REF BY: DR VIVEK NADKARNI.

X RAY CHEST PA VIEW.

Both the domes of the diaphragm are clear & at normal position.
The heart, the aorta, the mediastinum & the pulmonary vasculature
reveal no abnormality.

Lungs show no acute or active parenchymal pathology.

Pleural sinuses are clear on both sides.

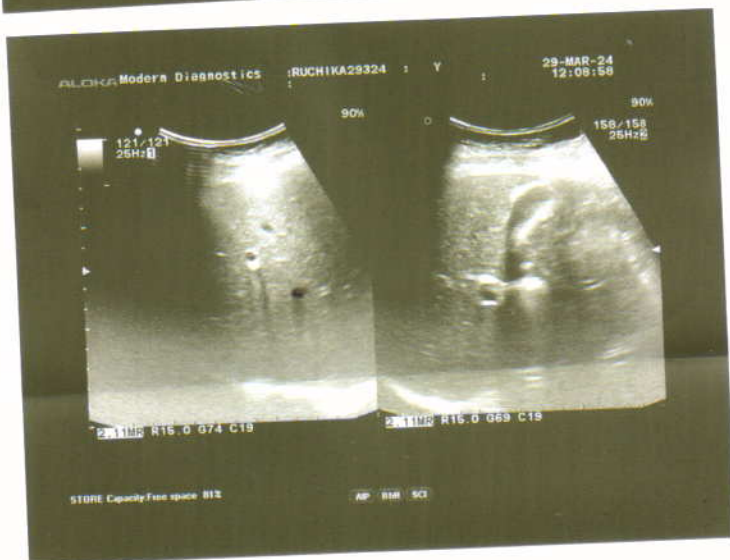
There is no evidence of any hilar or mediastinal lymphadenopathy.
No pathology is evident in the thoracic bony cage &
the soft tissues.

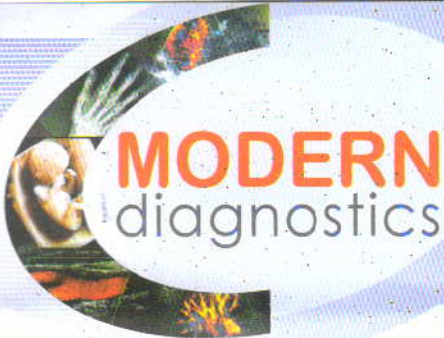
CONCLUSION: NORMAL X RAY CHEST PA VIEW.

Dr. Lalit P. Pathak
Reg. No. 52382 M.D. (Radiology)
Shri Dashabhujja X-Ray Clinic
Near Dashabhujja Ganesh Temple,
Pune. 411038.

CBCT, OPG & PORTABLE X-RAY FACILITY AVAILABLE

(P.T.O)





MODERN
diagnostics

• DIGITAL X-RAY • SONOGRAPHY • COLOUR DOPPLER

Dr. Prashant Naik

M.D. (Radiology)

Reg. No. 58314

Time : 6.00 pm to 8.00 pm

Patient's Name Mrs Ruchika Gheware
Ref By Dr Dr V.M.Nadkarni
Date March 29, 2024

USG ABDOMEN & PELVIS

Liver normal in size, shape & outline & reveals normal echo-texture.
No focal lesion seen. Intra hepatic biliary and portal vein radicles normal.
Gall bladder physiologically distended & shows clear contents. No calculi. No e/o cholecystitis.
Portal vein & CBD normal. No calculus in CBD.
Spleen & visualized pancreas show normal size & echoanatomy. Tail of pancreas not visualized due to unavoidable bowel gas.
Both kidneys normal in size, shape, outline & position.
Right kidney :- 94mm x 37mm.
Left kidney :- 101mm x 36mm
No calculus, hydronephrosis or hydroureter on either side.
Cortico-medullary differentiation normal.
Urinary bladder is well filled. No mural or luminal pathology seen.
Uterus is normal in size, shape and echopattern. It measures 71x36x46 mm. The endometrial is central and measures 5 mm. No focal lesion is seen.
Both the ovaries are normal in size, shape and echopattern,
RO - 30x20 mm. LO - 28x20 mm.
No adnexal lesion is seen. No free fluid is seen in pouch of Douglas.
Aorta & IVC normal. No lymphadenopathy. No loculated or free fluid collection seen in abdomen or pelvis. No abnormally dilated bowel loops seen.

IMPRESSION

No abnormality is seen on ultrasound study.

Dr. Kedar Athawale

DMRD, DNB

Thanks for referral

DR. KEDAR ATHAWALE

DMRD DNB (Radiology)

Reg. No. 84908

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024

Report time : 10:20 am

PHASE TIME : 08:21

SPEED : 0.0 kmph

STAGE DURATION : 08:00

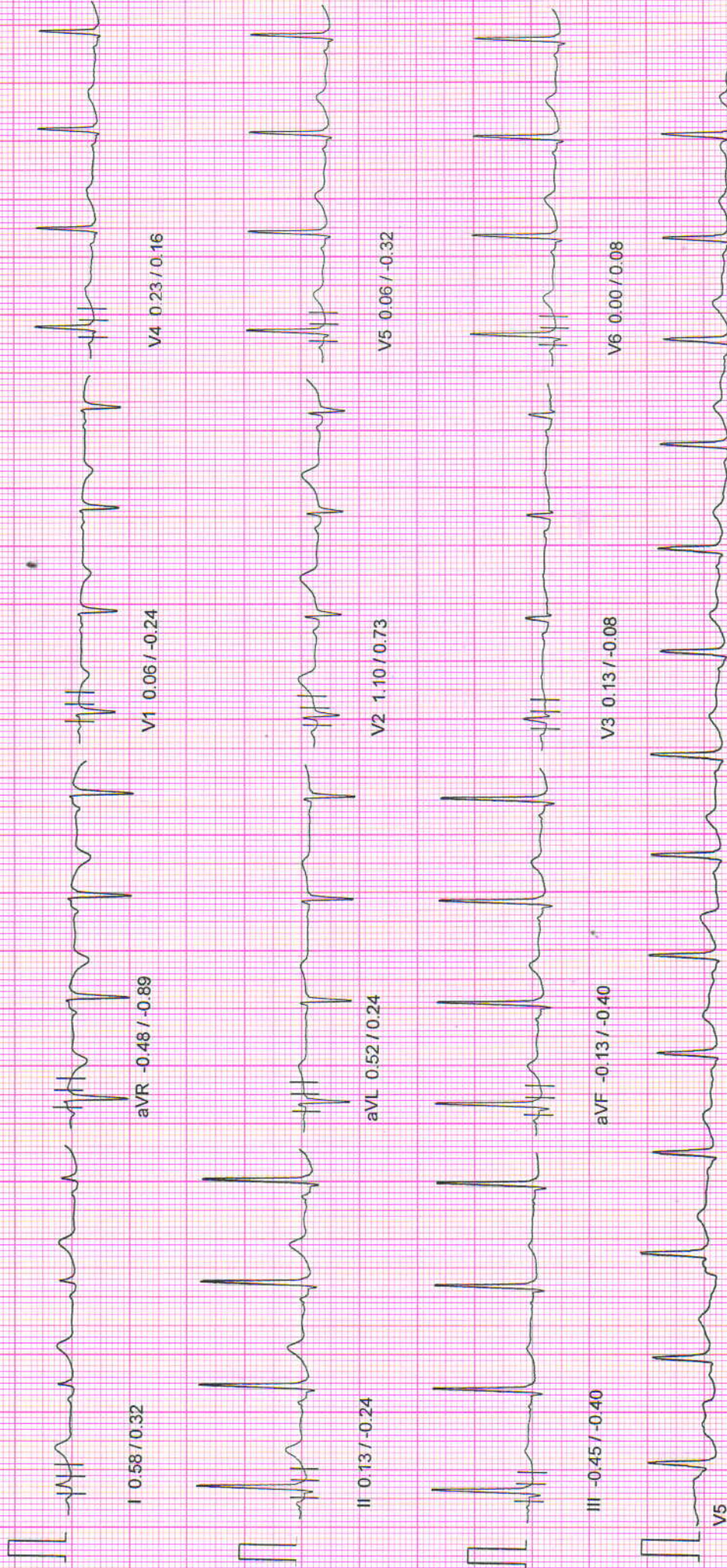
GRADE : 0.0

HR : 86 bpm

BP : 120 / 80 mmHg

QRS Lead : V5

METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

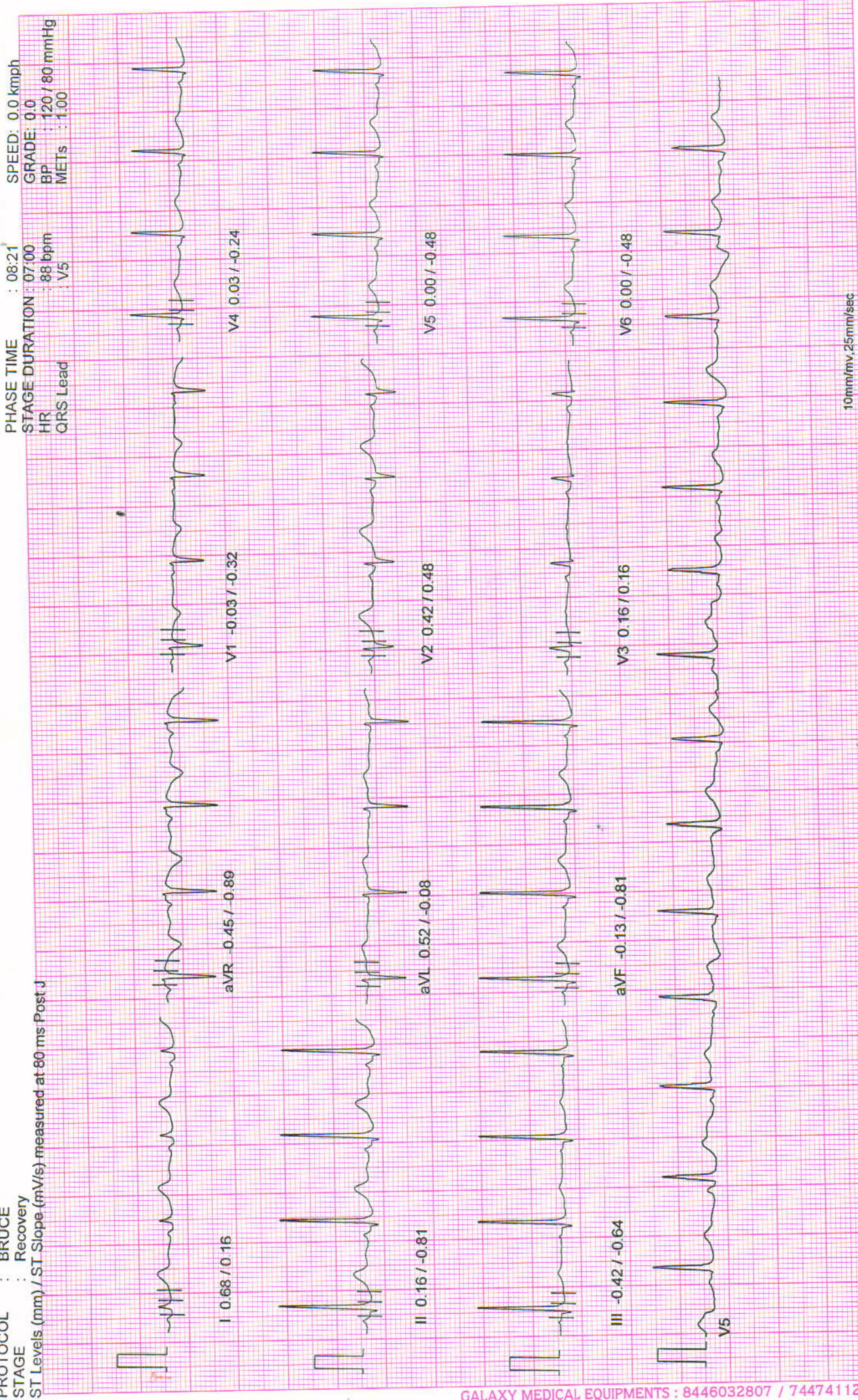
PATIENT ID : 3457/2024
PATIENT NAME : Mrs Gheware Ruchika 30/F
PROTOCOL : BRUCE
STAGE : Recovery

HEIGHT : 167 Cm
WEIGHT : 80.00 Kg
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 08:21
STAGE DURATION : 07:00
HR : 88 bpm
QRS Lead : V5

SPEED: 0.0 kmph
GRADE: 0.0
BP : 120 / 80 mmHg
METS : 1.00

March 29, 2024 10:02 am
Report time : 10:19 am



10mm/mv, 25mm/sec

100 Hz

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Recovery

Linked Median Report

March 29, 2024

10:02 am

Report time

10:18 am

PHASE TIME : 08:21

SPEED: 0.0 kmph

STAGE DURATION : 06:00

GRADE: 0.0

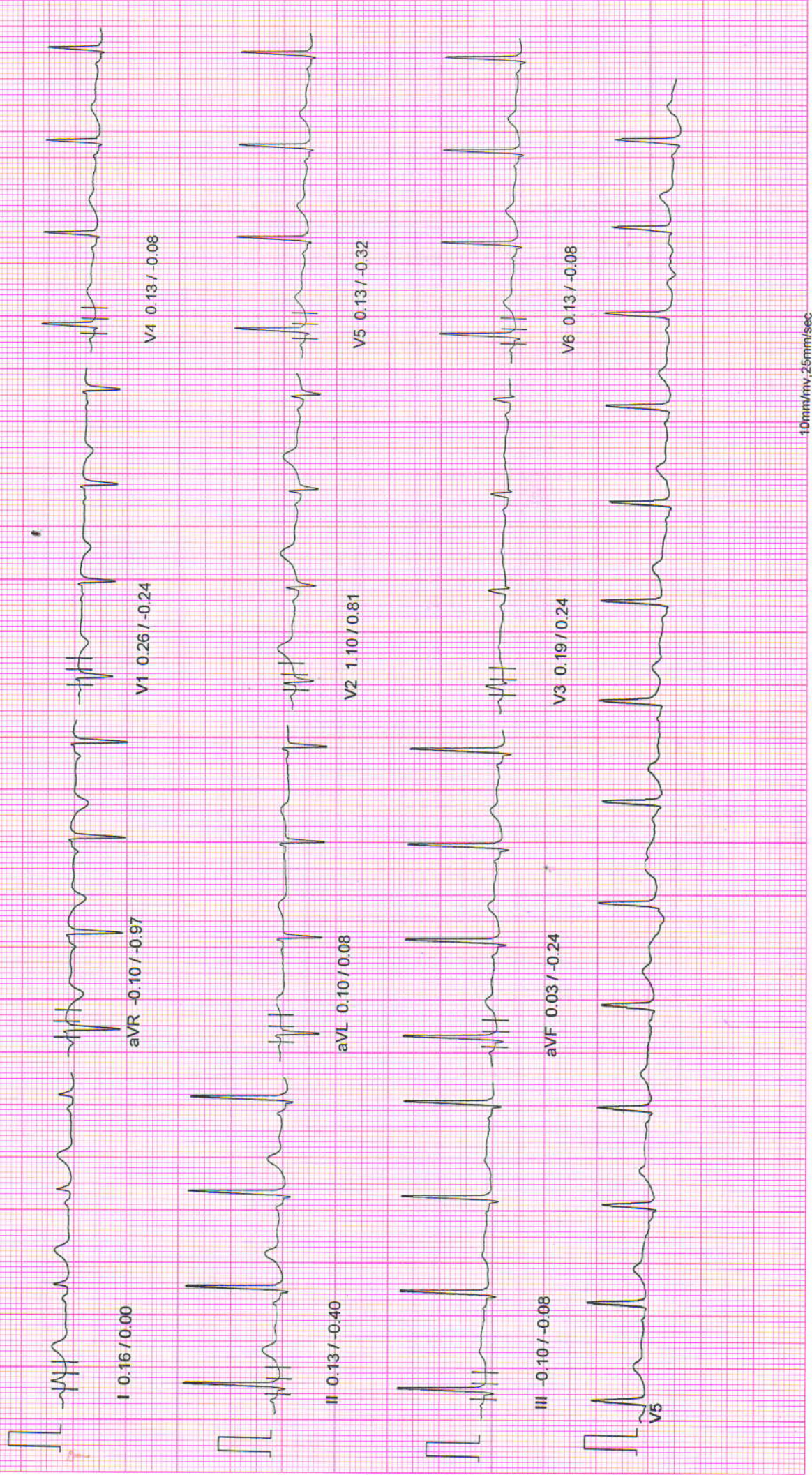
HR : 85 bpm

BP : 120 / 80 mmHg

QRS Lead : V5

METs : 1.00

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



10mm/mv, 25mm/sec

100 HZ

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024 10:02 am

Report time : 10:17 am

PHASE TIME : 08:21

SPEED: 0.0 kmph

STAGE DURATION : 05:00

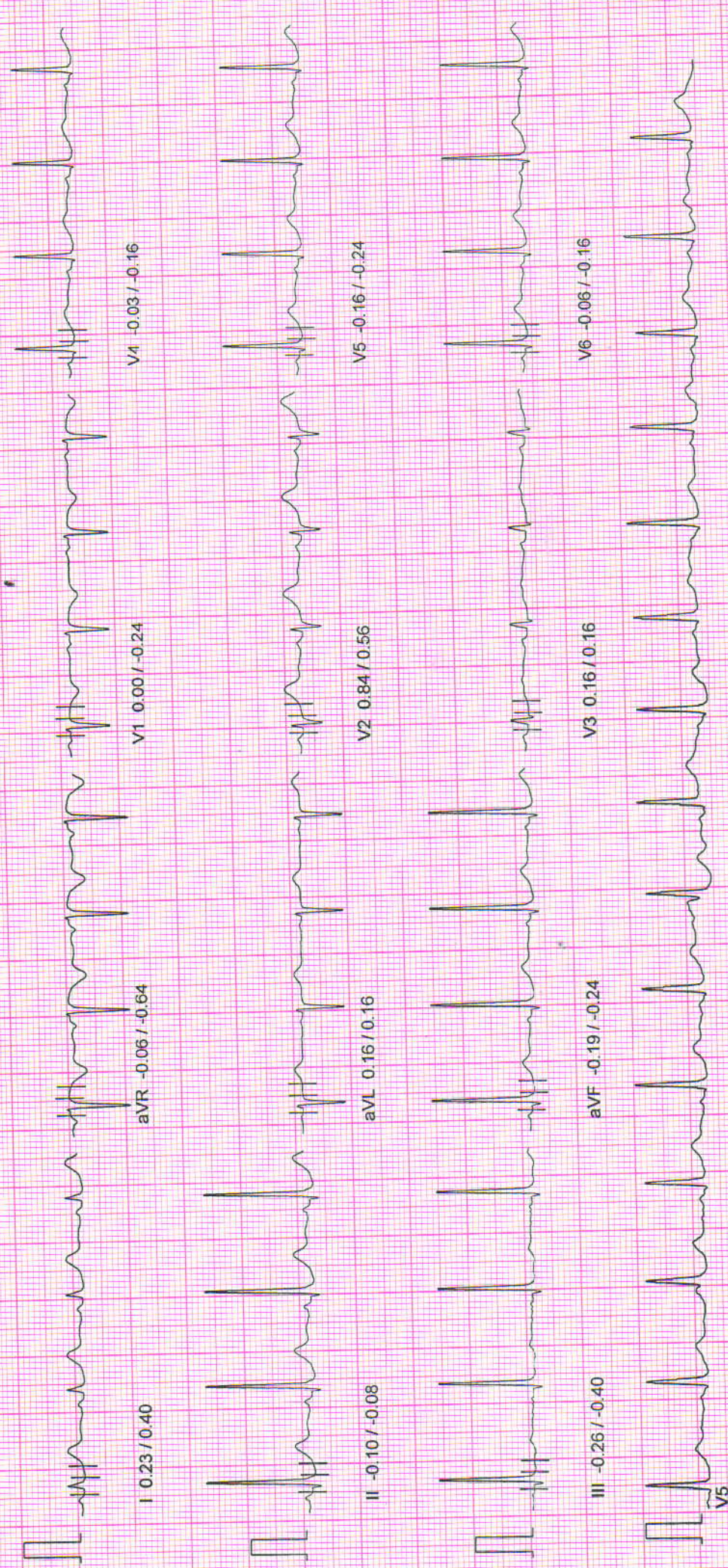
GRADE: 0.0

HR : 88 bpm

BP : 120 / 80 mmHg

QRS-Lead : V5

METs : 1.00



I 0.23 / 0.40

aVR -0.06 / -0.64

V1 0.00 / -0.24

V4 -0.03 / -0.16

II -0.10 / -0.08

aVL 0.16 / 0.16

V2 0.84 / 0.56

V5 -0.16 / -0.24

III -0.26 / -0.40

aVF -0.19 / -0.24

V3 0.16 / 0.16

V6 -0.06 / -0.16

10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

Linked Median Report

March 29, 2024 10:02 am

Report time : 10:16 am

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 08:24

SPEED : 0.0 kmph

STAGE DURATION : 04:00

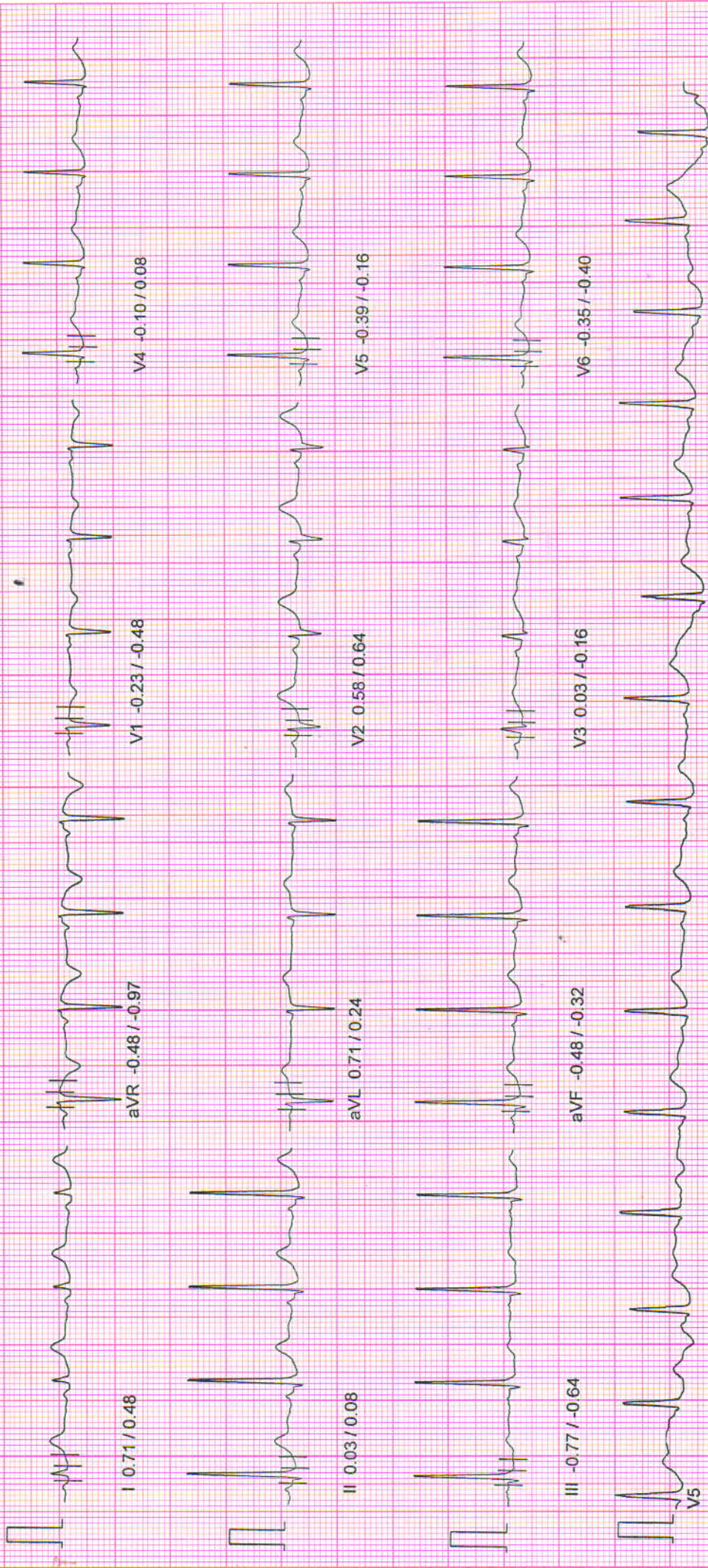
GRADE : 0.0

HR : 96 bpm

BP : 120 / 80 mmHg

QRS Lead : V5

MET's : 1.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

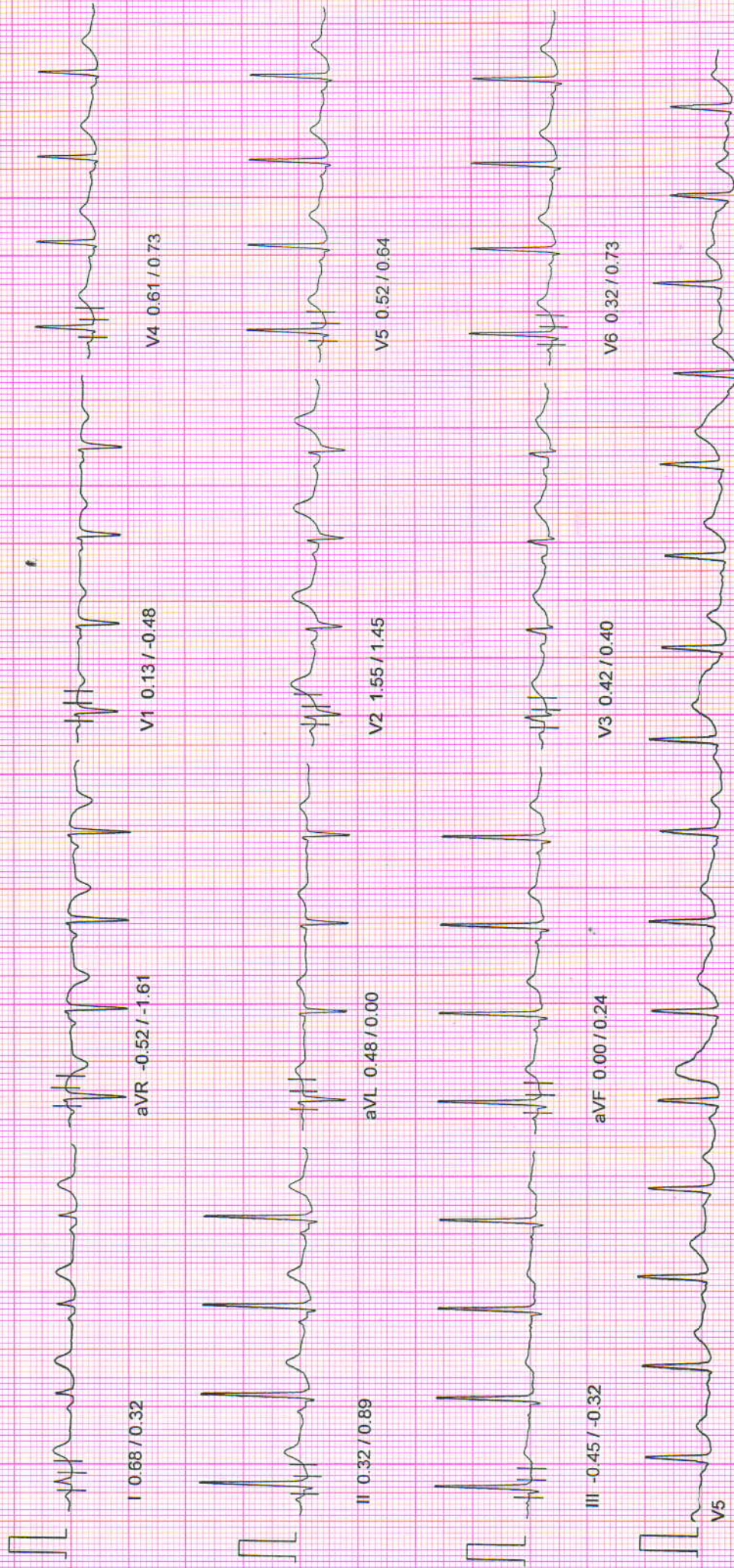
PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024 10:02 am
Report time : 10:15 am

PHASE TIME : 08:21 SPEED : 0.0 kmph
STAGE DURATION : 03:00 GRADE : 0.0
HR : 100 bpm BP : 120 / 80 mmHg
QRS Lead : V5 METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

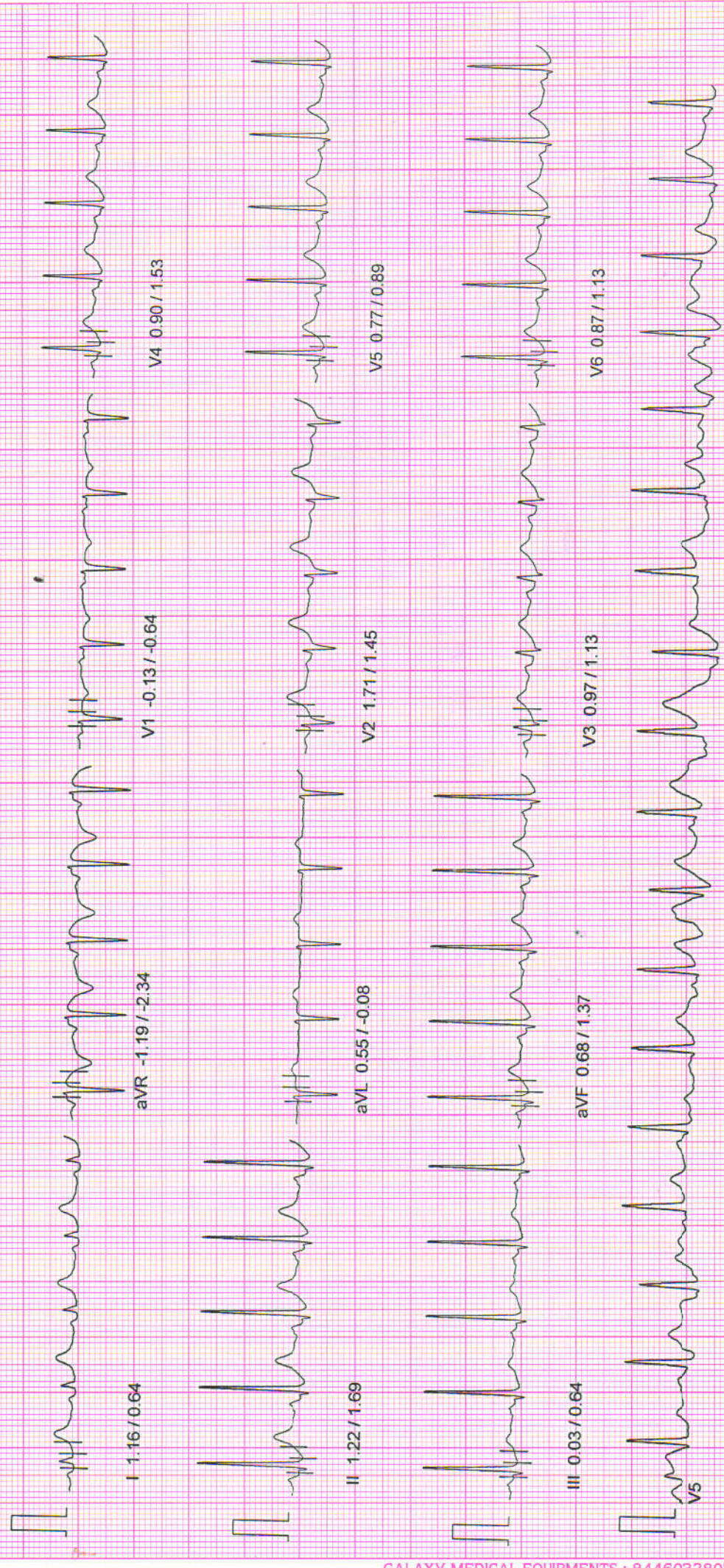
PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE
STAGE : Recovery

March 29, 2024 10:02 am
Report time : 10:14 am

PHASE TIME : 08:21
STAGE DURATION : 02:00
HR : 119 bpm
QRS Lead : V5
SPEED : 0.0 kmph
GRADE : 0.0
BP : 130 / 82 mmHg
METS : 1.00

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J



10mm/kmv, 25mmr/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Recovery

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024

10:02 am

Report time :

10:13 am

PHASE TIME : 08:21

STAGE DURATION : 01:00

HR : 144 bpm

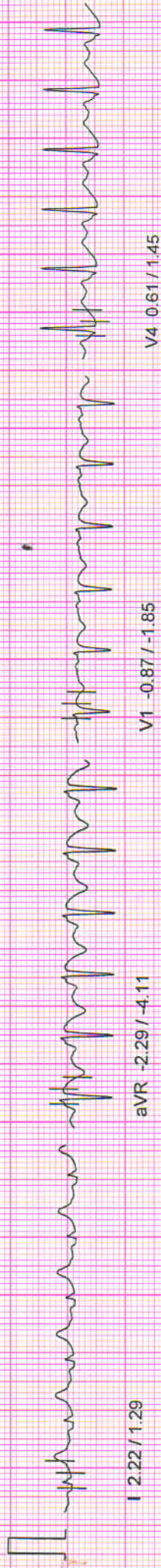
QRS Lead : V5

SPEED : 0.0 kmph

GRADE : 0.0

BP : 130 / 82 mmHg

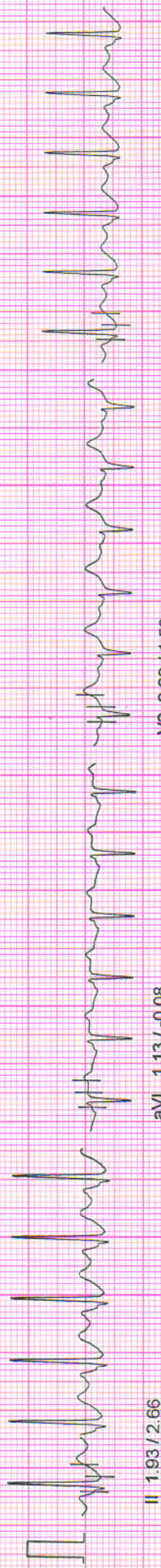
METS : 1.00



aVR -2.29 / -4.11

V1 -0.87 / -1.85

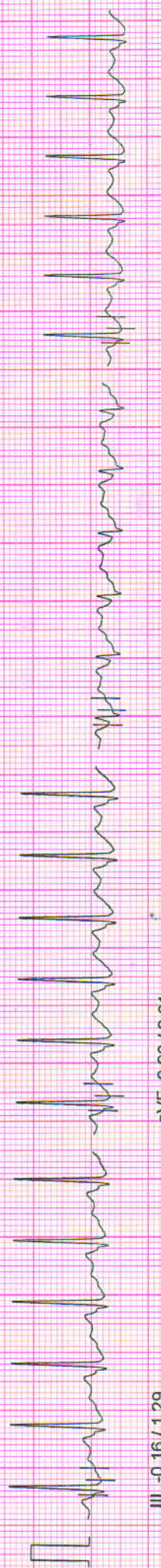
V4 0.61 / 1.45



aVL 1.13 / -0.08

V2 2.29 / 1.53

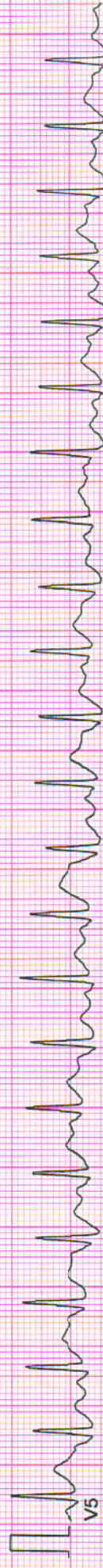
V5 0.90 / 1.85



aVF 0.90 / 2.01

V3 0.48 / 1.05

V6 0.77 / 1.45



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

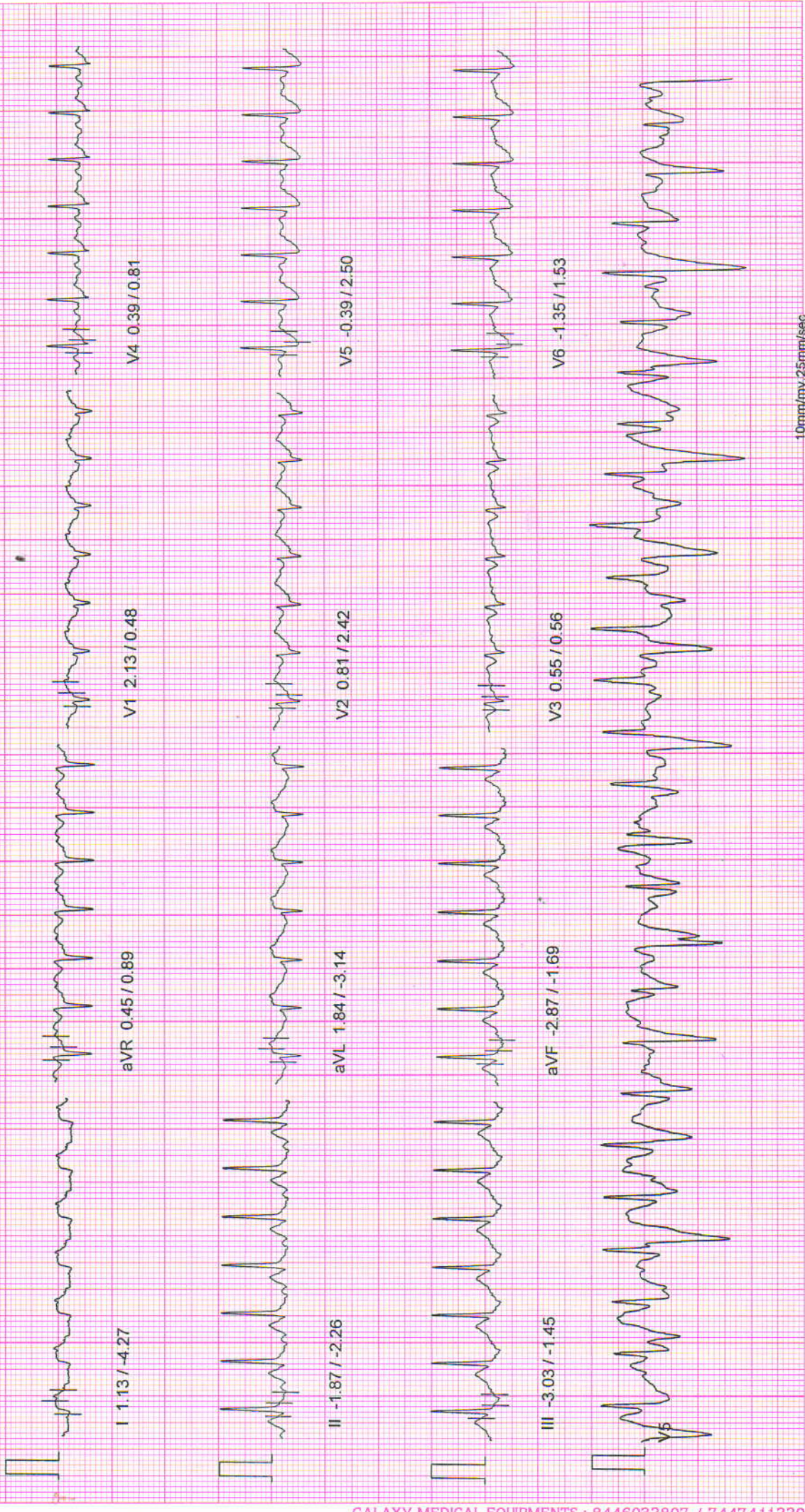
STAGE : Peak Exercise

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024 10:02 am

Report time : 10:12 am

PHASE TIME : 08:21 SPEED : 5.5 kmph
 STAGE DURATION : 02:21 GRADE : 14.0
 HR : 157 bpm BP : 140 / 84 mmHg
 QRS Lead : V5 METs : 10.00



10mm/mv, 25mm/sec

100 HZ

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Exercise Stage 2

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

Linked Median Report

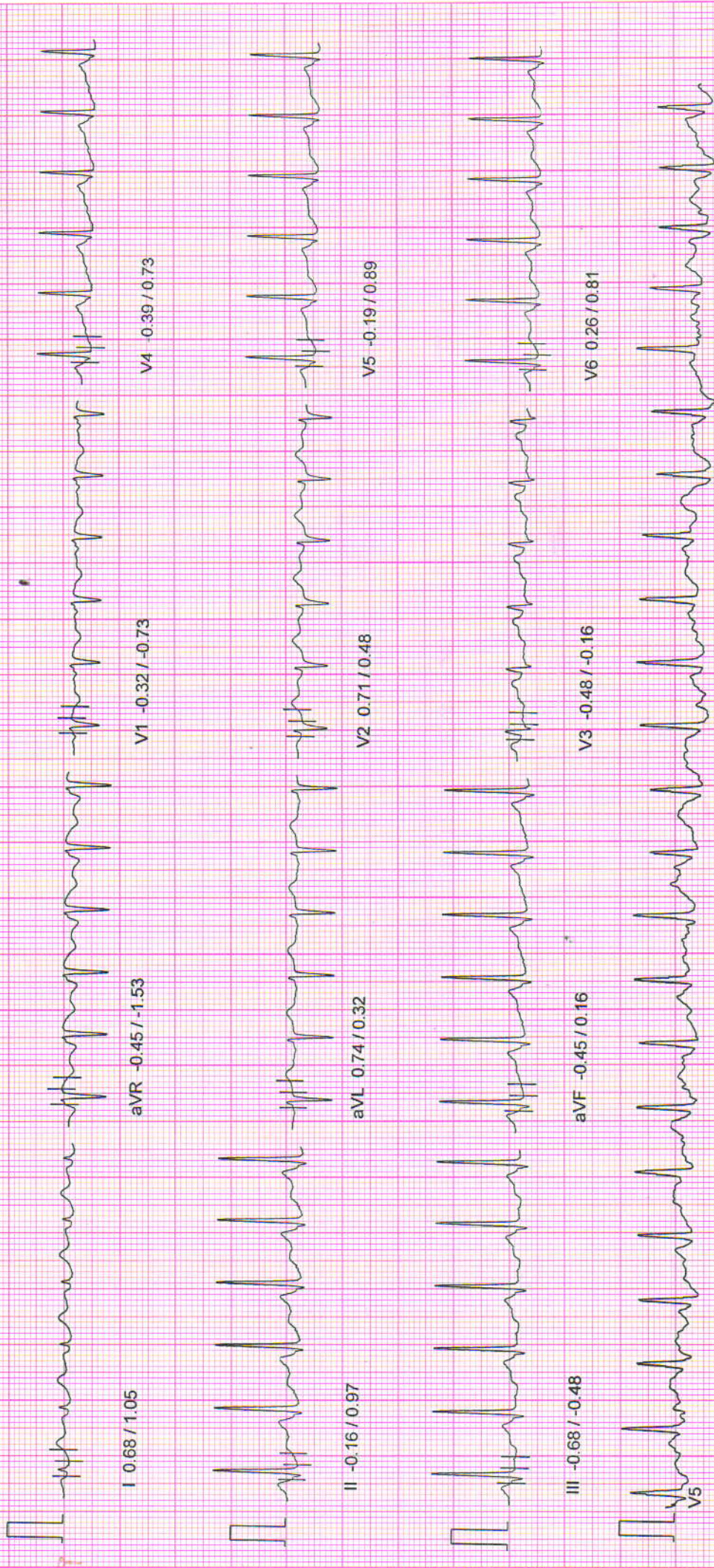
March 29, 2024

10:02 am

Report time

10:09 am

PHASE TIME : 06:00
STAGE DURATION : 03:00
HR : 135 bpm
QRS Lead : V5
SPEED : 4.0 kmph
GRADE : 12.0
BP : 130 / 82 mmHg
METs : 8.00



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Exercise Stage 1

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

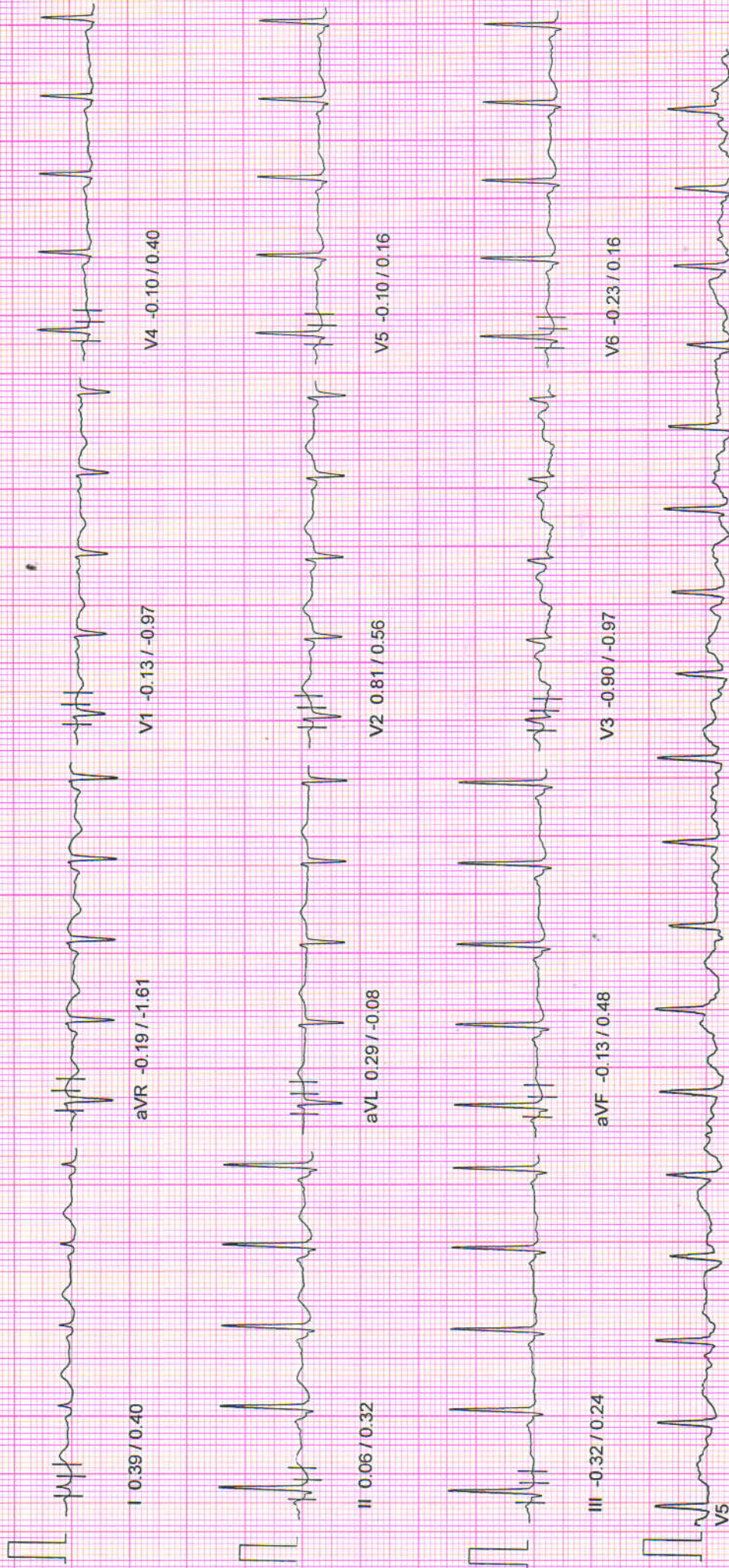
March 29, 2024

10:02 am

Report time

10:06 am

PHASE TIME : 03:00 SPEED: 2.7 kmph
STAGE DURATION : 03:00 GRADE: 10.0
HR : 111 bpm BP : 120 / 80 mmHg
QRS Lead : V5 METs : 5.70



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL.6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

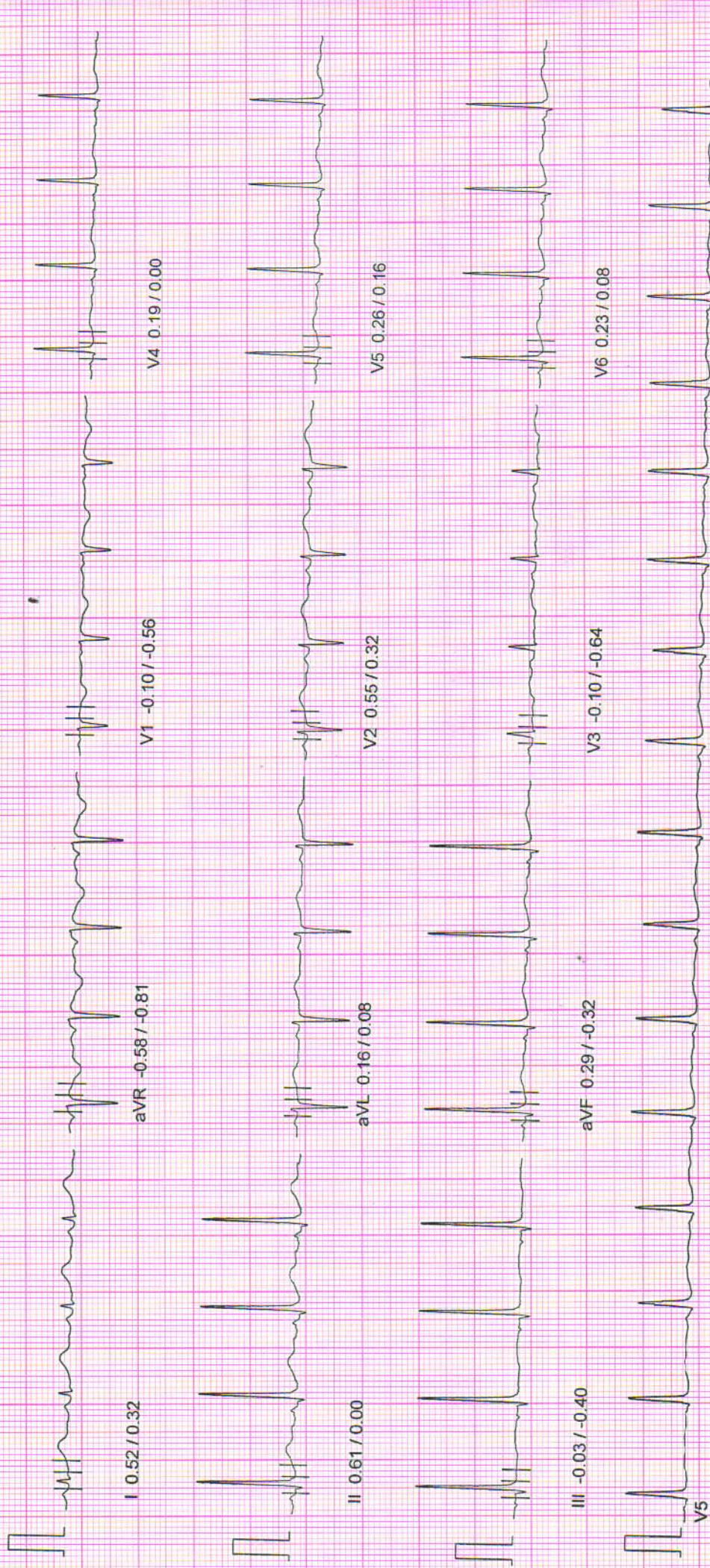
Linked Median Report

March 29, 2024 10:02 am

Report time : 10:03 am

PATIENT NAME : Mrs Gheware Ruchika 30/F
PROTOCOL : BRUCE
STAGE : Wait For Exercise
ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

PHASE TIME : 01:31 SPEED: 0.0 kmph
STAGE DURATION : 00:00 GRADE: 0.0
HR : 91 bpm BP : 120/80 mmHg
QRS Lead : V5 METs : 3.40



10mm/mv, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : HyperVentilation

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024

Report time : 10:03 am

PHASE TIME : 01:20

SPEED : 0.0 kmph

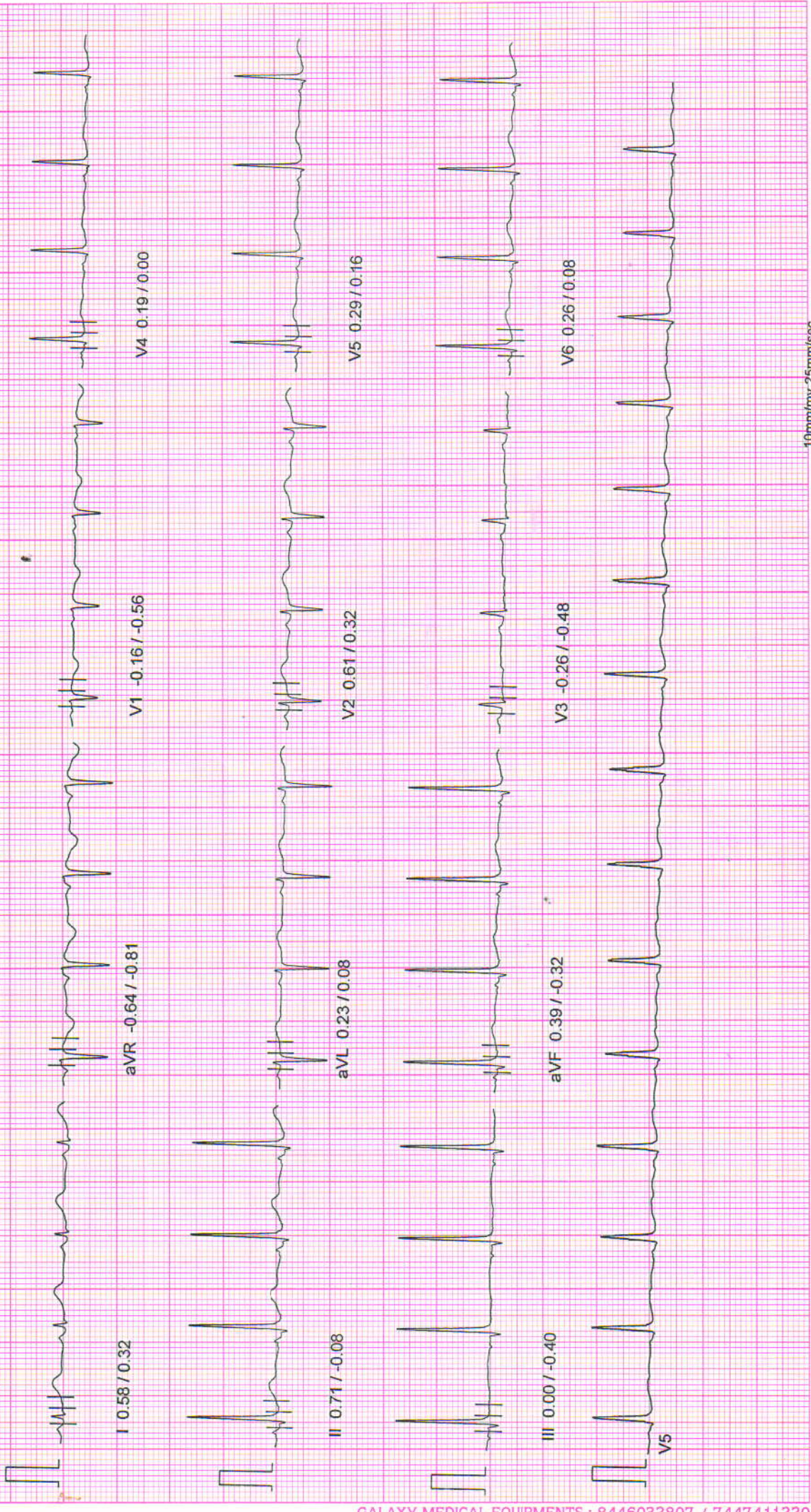
STAGE DURATION : 00:00

GRADE : 0.0

HR : 89 bpm

BP : 120 / 80 mmHg

QRS Lead : V5



10mm/mV, 25mm/sec

100 Hz

NASAN (C) ST-Win Standard BL 6.91, Unit Ver 4.10

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

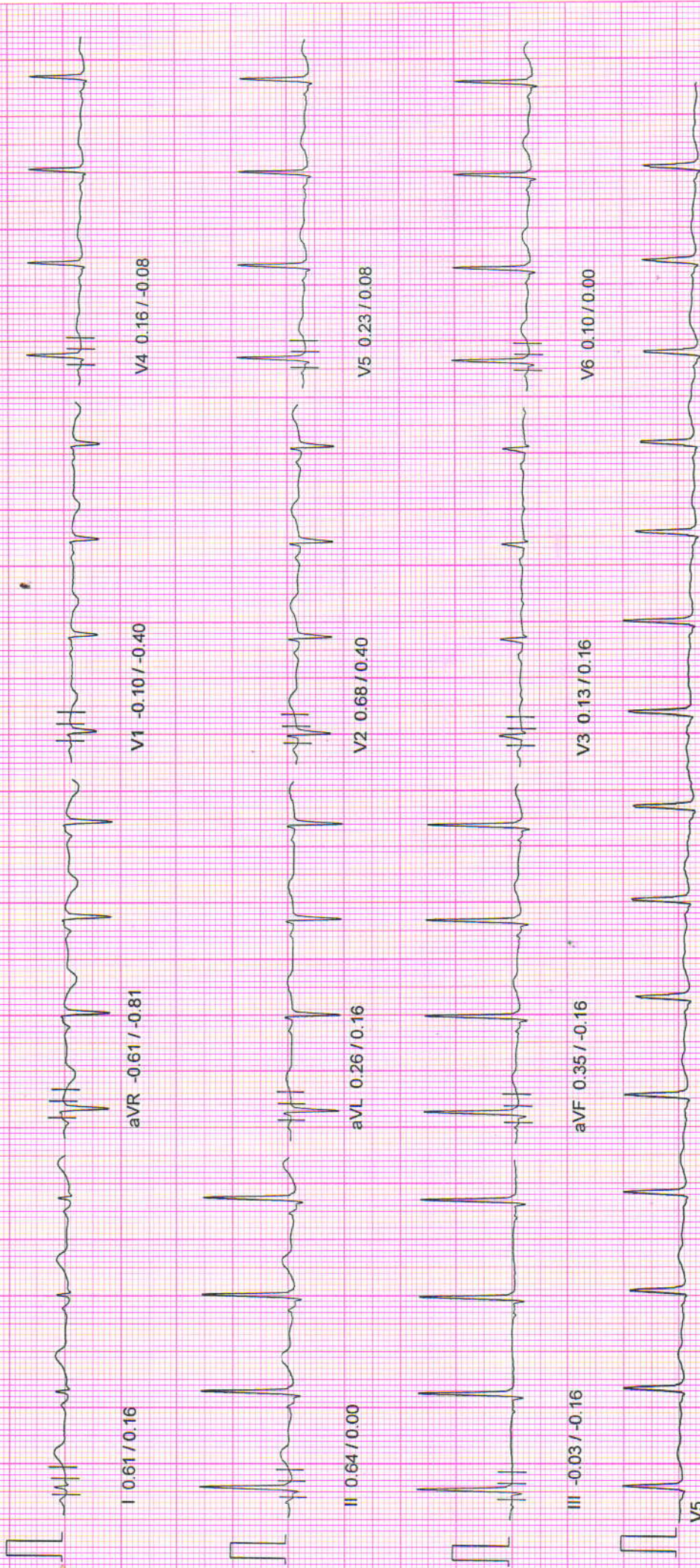
PROTOCOL : BRUCE

STAGE : Standing

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024 10:02 am
Report time : 10:03 am

PHASE TIME : 01:04 SPEED : 0.0 kmph
STAGE DURATION : 00:00 GRADE : 0.0
HR : 89 bpm BP : 120 / 80 mmHg
QRS Lead : V5 MEIs : 1.00



10mm/mv, 25mm/sec

100 Hz

NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024
PATIENT NAME : Mrs Gheware Ruchika 30/F

HEIGHT : 167 Cm
WEIGHT : 80.00 Kg

PROTOCOL : BRUCE
STAGE : Supine

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

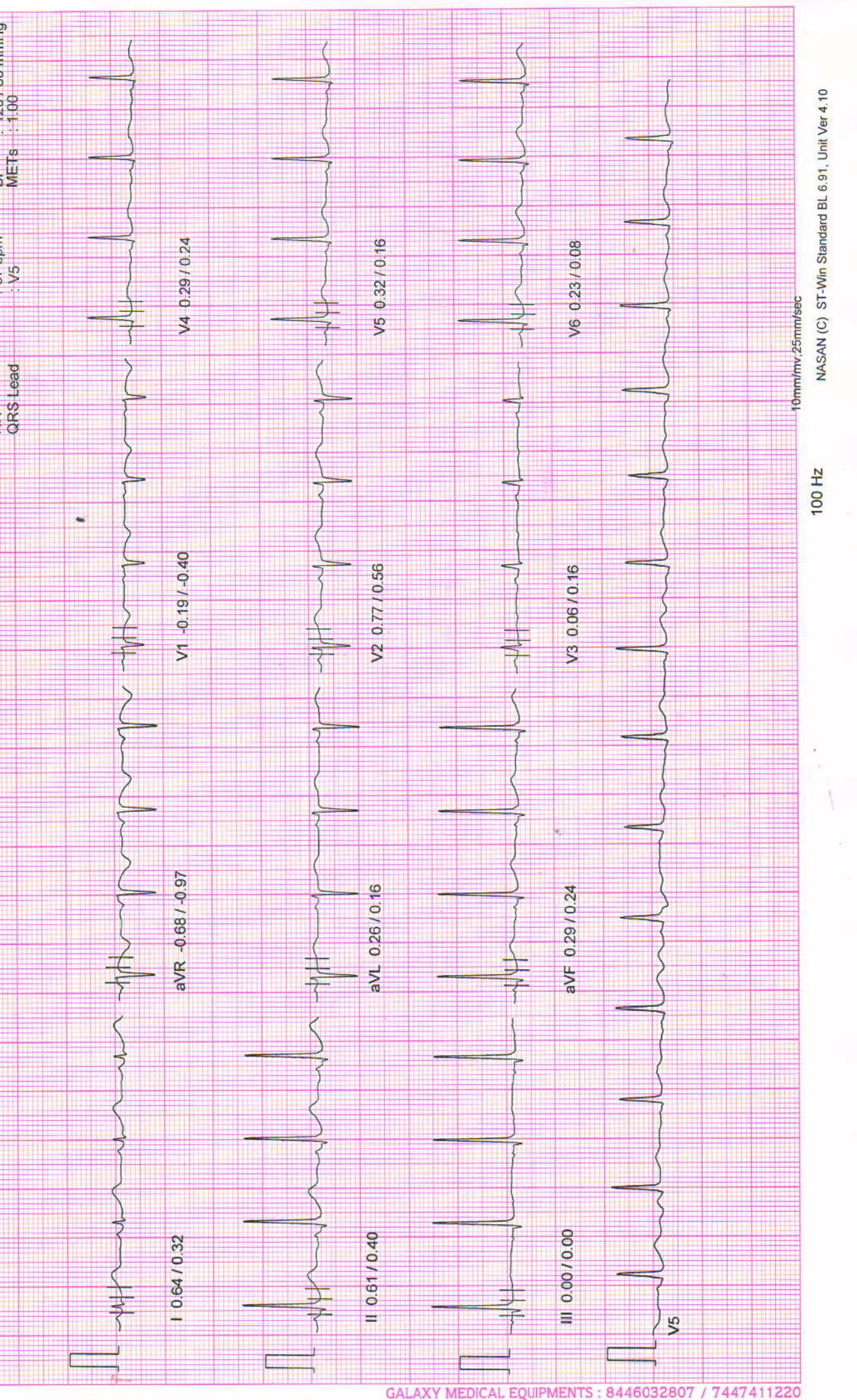
March 29, 2024
10:02 am

Report time : 10:03 am

PHASE TIME : 00:46
STAGE DURATION : 00:00

HR : 87 bpm
QRS Lead : V5

SPEED : 0.0 kmph
GRADE : 0.0
BP : 120 / 80 mmHg
METs : 1.00



NADKARNI PATHOLOGY LABORATORY

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

STAGE : Pre-Test

ST Levels (mm) / ST Slope (mV/s) measured at 80 ms Post J

March 29, 2024

10:02 am

Report time

10:02 am

PHASE TIME : 00:27

SPEED: 0.0 kmph

STAGE DURATION : 00:00

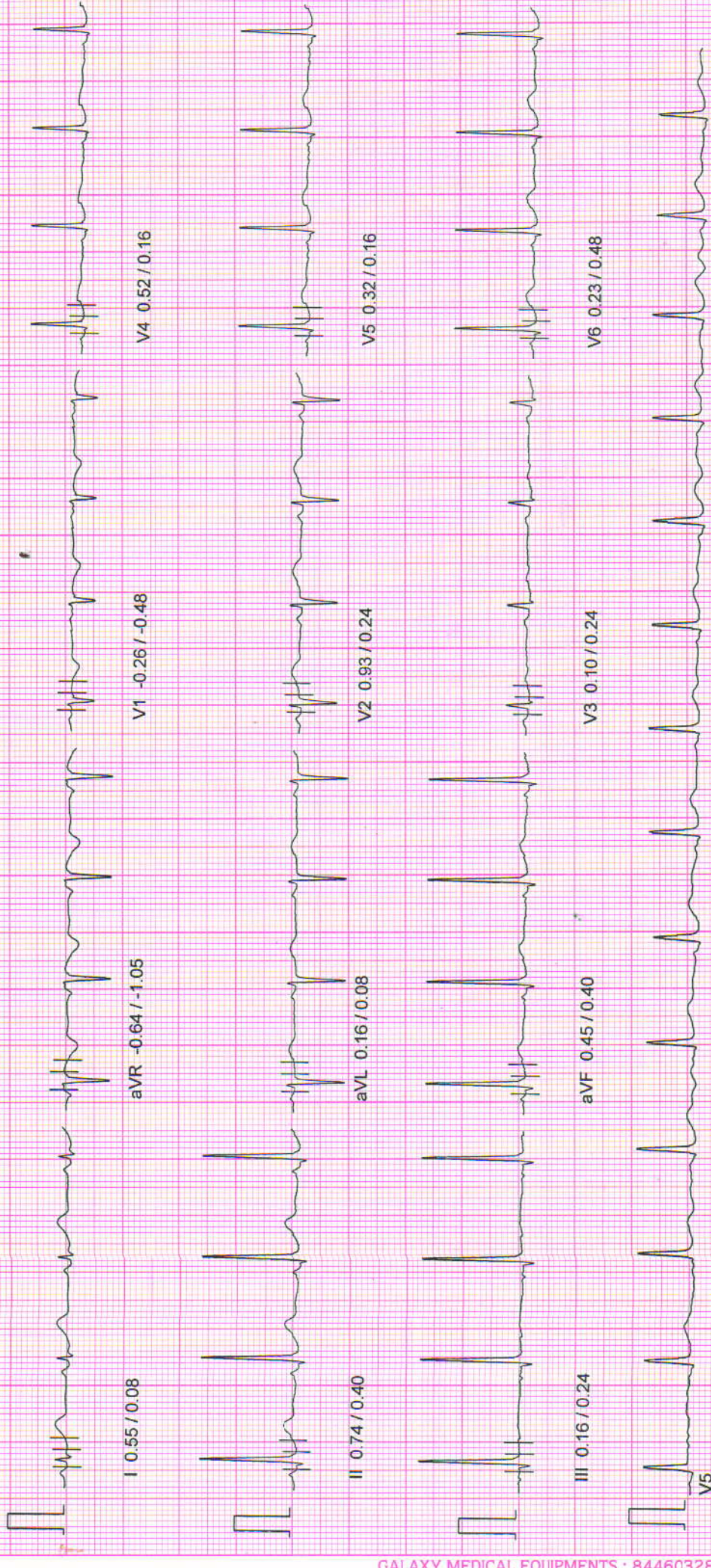
GRADE: 0.0

HR : 85 bpm

BP : 120 / 80 mmHg

QRS Lead : V5

METs : 1.00



10mm/mv, 25mm/sec

100 Hz

NADKARNI PATHOLOGY LABORATORY

March 29, 2024 10:02 am
Report time 10:02 am

PATIENT ID : 3457/2024 HEIGHT : 167 Cm WEIGHT : 80.00 Kg
PATIENT NAME : Mrs Gheware Ruchika 30/F

ST Tables

PROTOCOL : BRUCE

ST LEVELS

Phase	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Pre-Test	0.3	0.5	0.1	-0.5	0.1	0.3	-0.1	0.9	0.2	0.6	0.3	0.1
Supine	0.6	0.6	0.1	-0.7	0.3	0.4	-0.3	0.9	0.0	0.3	0.4	0.2
Standing	0.6	0.6	-0.0	-0.6	0.3	0.4	-0.1	0.7	0.1	0.2	0.2	0.1
HyperVentilation	0.6	0.7	0.0	-0.6	0.2	0.4	-0.2	0.6	-0.2	0.2	0.3	0.3
Wait For Exercise	0.6	0.7	-0.0	-0.6	0.2	0.3	-0.2	0.6	-0.2	0.2	0.3	0.2
Exercise Stage 1	0.5	-0.0	-0.5	-0.3	0.5	-0.3	-0.1	0.9	-0.5	0.0	-0.0	-0.3
Exercise Stage 2	0.7	-0.2	-0.7	-0.4	0.8	-0.5	-0.2	0.9	-0.5	-0.4	-0.3	0.1
Peak Exercise	0.9	-1.4	-2.4	0.2	1.5	-2.3	2.3	0.7	1.0	0.5	-0.1	-1.0
Recovery 1	1.5	1.5	0.0	-1.7	0.6	0.7	-0.6	1.7	0.6	0.6	0.8	0.5
Recovery 3	0.6	0.4	-0.4	-0.5	0.4	0.1	0.1	1.6	0.5	0.5	0.6	0.4
Recovery 6	0.1	-0.0	-0.0	0.0	0.0	-0.1	0.4	1.1	0.4	0.1	0.0	0.2

ST SLOPES

Phase	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
Pre-Test	-0.2	0.0	0.0	-0.8	0.0	0.1	-0.4	0.3	0.3	0.1	-0.1	0.0
Supine	0.3	0.3	0.1	-0.9	0.2	0.3	-0.4	0.6	0.2	0.2	0.2	0.2
Standing	0.2	0.0	-0.2	-0.8	0.2	-0.2	-0.4	0.4	0.2	-0.1	0.1	0.0
HyperVentilation	0.3	-0.1	-0.4	-0.8	0.1	-0.3	-0.6	0.3	-0.2	0.0	0.2	0.1
Wait For Exercise	0.3	0.0	-0.4	-0.8	0.1	-0.3	-0.6	0.3	-0.6	0.0	0.2	0.1
Exercise Stage 1	0.2	0.3	0.2	-1.0	-0.1	0.2	-0.8	0.3	-1.1	-0.2	0.2	0.0
Exercise Stage 2	1.0	1.3	-0.2	-1.6	0.1	0.4	-1.1	0.6	-0.2	0.6	0.7	0.4
Peak Exercise	-4.3	-2.3	-1.5	0.9	-3.1	-1.7	0.5	2.4	0.6	0.8	2.5	1.5
Recovery 1	0.7	2.3	1.5	-3.7	-0.5	1.9	-1.6	1.4	0.8	1.4	1.4	1.5
Recovery 3	0.2	1.0	-0.3	-1.6	0.0	0.3	-0.5	1.5	0.5	0.6	0.7	0.7
Recovery 6	-0.2	-0.5	-0.2	-0.7	0.1	-0.3	-0.3	0.6	0.2	-0.2	-0.5	-0.2

NADKARNI PATHOLOGY LABORATORY

Indraprasth Chamber, Ground Floor, Karve Road, Pune 411038

PATIENT ID : 3457/2024

PATIENT NAME : Mrs Gheware Ruchika 30/F

PROTOCOL : BRUCE

PATIENT HEIGHT : 167 Cm PATIENT WEIGHT : 80.00 Kg

PATIENT ADD. : pune

Ref. By : MEDIWHEEL
(MEDWHEEL)

Summary Report

Report time
March 29, 2024
10:02 am
10:02 am

Stage	StageSpeed (Kmph) / Time Grade (%)	HR bpm	BP mmHg	R.P.P. X 1000	METS	ST Level I	Stage Comments
Pre-Test	00:27 0.00 / 0.00	85	120 / 80	10	1.00	0.32	
Supine	00:18 0.00 / 0.00	87	120 / 80	10	1.00	0.64	
Standing	00:18 0.00 / 0.00	89	120 / 80	10	1.00	0.61	
HyperVentilation	00:15 0.00 / 0.00	89	120 / 80	10	1.00	0.58	
Wait For Exercise	00:11 0.00 / 0.00	91	120 / 80	10	1.00	0.58	
Exercise Stage 1	03:00 2.70 / 10.00	111	120 / 80	13	5.70	0.52	
Exercise Stage 2	03:00 4.00 / 12.00	135	130 / 82	17	8.00	0.71	
Peak Exercise	02:20 5.50 / 14.00	167	140 / 84	23	10.00	0.93	
Recovery 1	01:00 0.00 / 0.00	144	130 / 82	18	1.00	1.55	
Recovery 3	03:00 0.00 / 0.00	100	130 / 82	13	1.00	0.61	
Recovery 6	06:00 0.00 / 0.00	83	120 / 80	9	1.00	0.10	

TOTAL EXER TIME : 8 : 20 min

MAX HR : 167 bpm (87.89 % of 190 bpm)

MAX BP : 140 / 84 mmHg

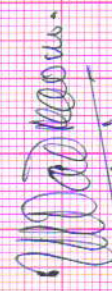
MAX WORKLOAD : 10.00

DISTANCE COVERED : 0.55 Km

DOUBLE PRODUCT : 23380.00

Jf. Vivekanand M. Nadkarni
B.S., D.T.M. & H. (Lon.), FCCP, MIOS.
MMC Reg. No. 42322
Physician

Health Care Clinic
Varun Complex, Nimbalkar Chowk,
Kothrud, Pune-411 038.



DR. VIVEKANAND M. NADKARNI
MBBS., D.T.M. & H.

NADKARNI PATHOLOGY LABORATORY

Indraprasth Chember, Ground Floor, Karve Road, Pune 411038

PATIENT ID : 3457/2024

PATIENT NAME : Mrs. Gheware Ruchika 30/F

Summary Report

Report time
March 29, 2024
10:02 am
10:02 am

PROTOCOL : BRUCE

PATIENT HEIGHT : 167 Cm

PATIENT WEIGHT : 80.00 Kg

PATIENT ADD. : pune

† Ref. By : MEDIWHEEL
(MEDWHEEL)

OBJECT OF TEST

RISK FACTOR

ACTIVITY

MEDICATION

BRIEF HISTORY

OTHER INVESTIGATION

REASON FOR TERMINATION

EXERCISE TOLERANCE

EXERCISE INDUCED ARRHYTHMIA

HAEMO RESPONSE

CHRONO RESPONSE

FINAL IMPRESSION

: Routine check up

:

: Sedentary

: none

: job profile Housewife

:

: Max HR

: Good

: No

: Normal

: Normal

: Stress test is negative for exercise induced Ischaemic heart disease.

Good Effort tolerance.

No Arrhythmias seen during test period.

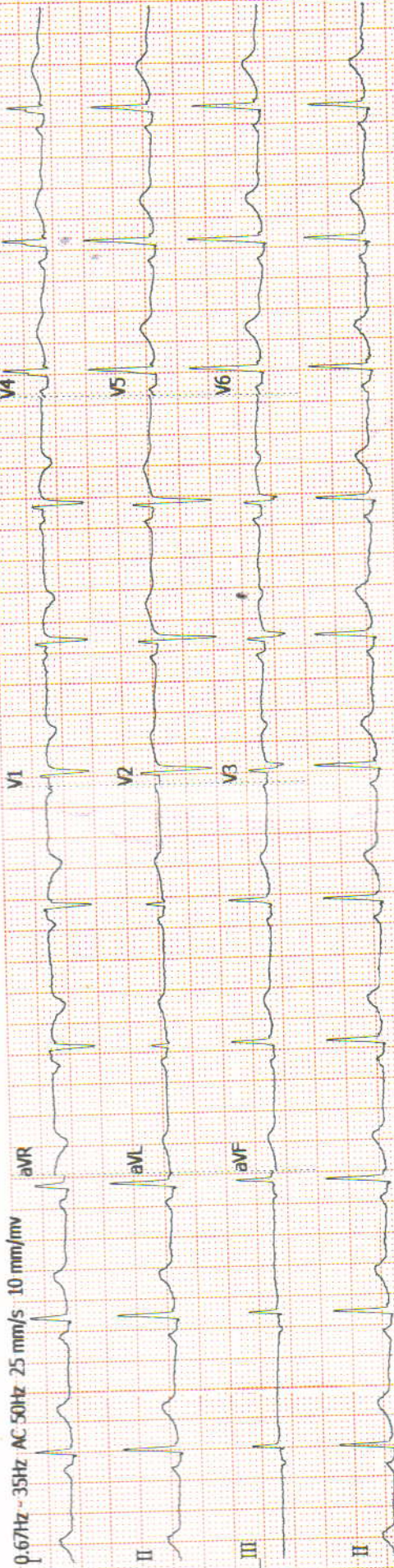
Normal Haemodynamic and Chronotropic responses

Dr. Vivekanand M. Nadkarni
B.B.S., D.T.M. & H. (Lon.), FCCP, MIOS
MMC Reg. No. 42322

Physician
Health Care Clinic
Varun Complex, Nimbalkar Chowk,
Kothrud, Pune-411 038.

Dr. VIVEKANAND M. NADKARNI
MBBS, D.T.M. & H.

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv



UNI-EM V03.3.11(20180817)

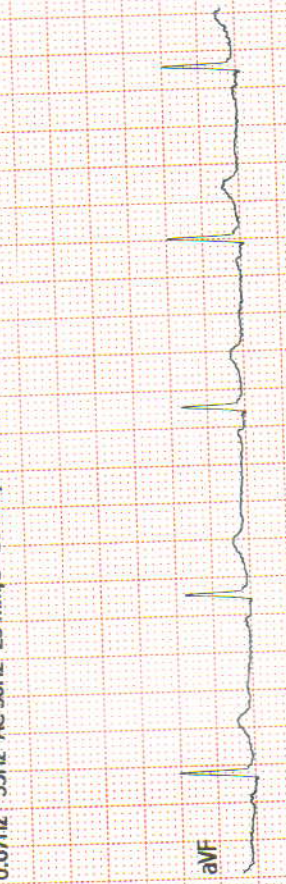
Healthcare Clinic

Name: GHEWARE,

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:

Name: GHEWARE, RU

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:



Ruchika

UNI-EM V03.3.11(20180817)

Healthcare Clinic

UNI-EM V03.3.11(20180817)

Healthcare Clinic

ID:
 Name: GHEWARE, RUCHIKA
 Age: 30yrs
 Sex: Female
 Hospital:
 Department:
 40

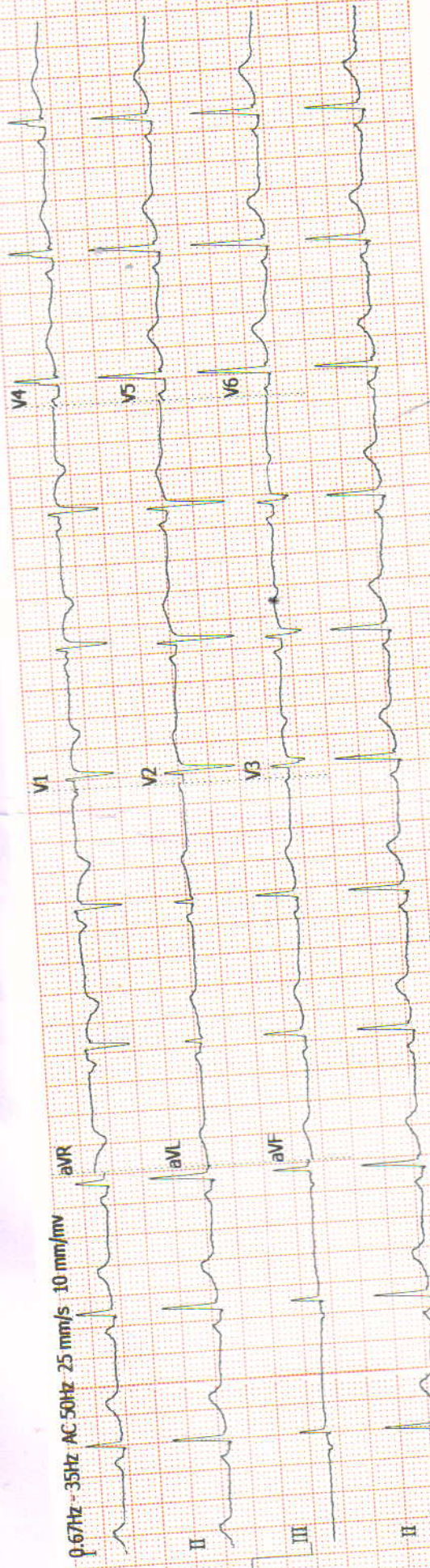
29-03-2024 09:36:05 AM

<< Analysis Result >>

** normal ECG **

Sinus rhythm

69 bpm



0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv

UNI-EM V03.3.11(20180817)

Healthcare Clinic

Name: GHEWARE,

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:

Name: GHEWARE, RU

0.67Hz - 35Hz AC 50Hz 25 mm/s 10 mm/mv ID:



Ruths

UNI-EM V03.3.11(20180817)

Healthcare Clinic

UNI-EM V03.3.11(20180817)

Healthcare Clinic

ID: Name: GHEWARE, RUCHIKA
 Age: 30yrs
 Sex: Female
 Hospital:
 Department:

29-03-2024 09:36:05 AM

<< Analysis Result >>
 ** normal ECG **
 Sinus rhythm
 69 bpm

CLINICAL HISTORY:

RATE: 70/min

RHYTHM: regular

MECHANISM: Sinus

P WAVE: 0-08sec

P R: 0.13sec
Normal time of deflection

QRS: 0.12sec

CONCLUSIONS: Normal ECG

ST: isoelectric

T WAVE: Normal upright

Q WAVE: No. abnormal Q wave

AXIS: +55 degree

POSITION OF HEART: Semi vertical

PRECARDIAL LEADS: Normal R progression

B.P: 120/80 mmHg

DRUGS:

[Handwritten Signature]

Client's Signature

[Handwritten Signature]

Doctor's Signature

Dr. Vivekanand M. Nadkarni
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MMC Reg.No.42322
Physician,
Health Care Clinic
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Pune-411 038.

► *Health Care Clinic*
Varun Complex, Office No. 1,
Near Swapnashilp Complex, Kothrud, Pune 411038.
Timing : 10.30 a.m. to 1.00 p.m.
4.30 pm to 6 pm (By Appt.)
Tel : 65003646, 2545 7347

► *Health Care Clinic*
7/1, Anand Nagar, Paud Road,
Kothrud, Pune 411038.
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.
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E-mail : nadviv@yahoo.com

Dr. Vivekanand M. Nadkarni

M.B.B.S.; D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician

- Family Medicine
- Tropical Medicine
- Occupational Health
- ACLS Instructor

DATE

24/03/24

ELECTROCARDIOGRAM

NAME Ruchika N. Chaware AGE 30

REF. BY Mediwheel B.P. 120/80 mmHg



SINCE 1984

NADKARNI

PATHOLOGY LABORATORY

Dr. Mrs. Sangeeta V. Nadkarni

Consulting Pathologist (MMC Reg. No. 53839)

Add Reg. No. : 1872/2000

E-mail : healthcare.nadkarni@gmail.com

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MAIN LABORATORY : 1, Indraprastha Chambers, Ground Floor, Near Amber Hall, Karve Road, Pune 411 038. Ph. : 97635 93646, 8983 7777 93 • Timings : Monday to Saturday 7 am to 8 pm

Reg No : 202403091430451 / OPD
 Name : Mrs. RUCHIKA GHEWARE
 Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
 Reg Date : 29/03/2024 11:39 AM
 Report Date : 29/03/2024 12:04 PM

CLINICAL PATHOLOGY

Test Name	Result	Unit	Reference Range
URINE ANALYSIS REPORT			
Quantity	10	ml	
Colour	Pale Yellow		
Appearance	Clear		
Specific Gravity	1.012		
Chemical Examination			
Albumin	Absent		
Sugar	Absent		
Bile Pigments	Absent		
Urobilinogen	NORMAL		
Reaction	Acidic		
Acetone-Ketone	Negative		
Nitrite	Negative		
Microscopic Examination			
RBCs	Absent	/hpf	
PUS Cells	2-3	/hpf	
Epithelial Cells	3-4	/hpf	
Casts	Absent		
Other Findings	NIL		

End of Report

Sangeeta V. Nadkarni
 Dr. Mrs Sangeeta Nadkarni
 Consultant Pathologist
 MD(Path) MMC Reg No-53839

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Sex / Age : Female / 30Y

Name : Mrs. RUCHIKA GHEWARE

Reg Date : 29/03/2024 11:39 AM

Referred Dr : MEDIWHEEL

Report Date : 29/03/2024 01:20 PM

BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
HbA1C			
HbA1C	4.8	%	Non Diabetic :04 -06 Excellent Control : 06 -07 % Fair Control : 07 - 08% Unsatisfactory : 08 - 10% Poor Control: Above 10%
Estimated Mean Glucose (eAg)	91.06	mg%	70 - 140
Method	Nephelometry & Photometry By Mispa I3, Specific Protein Analyser (Automated)		

Interpretation :

Glycosylated Haemoglobin is accurate and true index of the " Mean Blood Glucose Level in the body for the previous 2-3 months.

HbA1c is an indicator of glycemic control. HbA1c represent average glycemia over the past six to eight weeks.

Glycation of hemoglobin occurs the entire 120 days life span of the red blood cell, but with in this 120 days.

Recent glycemia has the largest influence on the HbA1c value.

Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months 2-4.

End of Report

Dr. Mrs Sangeeta Nadkarni
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MD(Path) MMC Reg No-53839

Checked

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 Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
 Reg Date : 29/03/2024 11:39 AM
 Report Date : 29/03/2024 01:53 PM

SPECIAL TEST

Test Name	Result	Unit	Reference Range
Thyroid Panel - I			
Serum T3 (Tri-Iodothyronine)	0.92	ng/mL	0.70 - 2.04 Pregnancy: 1st Trimester : 0.81 - 1.90 2nd Trimester: 1.00 - 2.60 3rd Trimester : 1.00 - 2.60
Serum T4 (Thyroxine)	9.24	ug/dL	5.5 - 12.5
Thyroid Stimulating Hormones (Ultra TSH)	1.33	uIU/mL	0.35 - 5.50 Pregnancy: 1st Trimester : 0.10 - 2.50 2nd Trimester: 0.20 - 3.00 3rd Trimester : 0.30 - 3.00
Method	ENZYME LINKED FLOURSCENT ASSAY(ELFA)MINT VIDAS BLUE.		

End of Report

S. V. Nadkarni
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Name : Mrs. RUCHIKA GHEWARE
Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
Reg Date : 29/03/2024 11:39 AM
Report Date : 29/03/2024 01:20 PM

BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
LIPID PROFILE			
S. Cholesterol <i>CHOD-PAP</i>	127	mg/dl	Desirable Chol:200mg/dl ,Borderline Chol:200-239mg/dl High Chol: >240mg/dl
S. Triglycerides <i>GPO</i>	89	mg/dl	Upto 190
HDL Cholesterol <i>DIRECT</i>	32	mg/dL	30 - 70
LDL Cholesterol	77.2	mg/dl	Upto 150
VLDL Cholesterol	17.8	mg/dL	07 to 35
S.Cholesterol/HDL Ratio	3.97		< 5.0
LDL Chole/HDL Chole	2.41		LOW RISK - 0.5 To 3.0 MODERATE RISK - 3.0 TO 6.0 HIGH RISK - >6.0
S.Triglycerides/HDL Chole	2.78		Desirable : < 3.00
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

Note :

Cholesterol : CHOD PAP; HDL Cholesterol: Direct ; LDL:Direct Measurement ; Triglycerides :GPO;
(**The Above Reference range is Desirable/Optimal Range)

End of Report

S. Nadkarni
Dr. Mrs Sangeeta Nadkarni
Consultant Pathologist
MD(Path) MMC Reg No-53839

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Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
Reg Date : 29/03/2024 11:39 AM
Report Date : 29/03/2024 01:20 PM

BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Liver Function Test			
Bilirubin- Total	0.68	mg/dl	0.1 - 1.2
Bilirubin- Direct	0.37	mg/dL	0.0 - 0.4
Bilirubin- Indirect	0.31	mg/dL	0.1 - 0.8
SGPT	11.0	IU/L	05 - 40
SGOT	16.0	IU/L	05 - 40
Alkaline Phosphatase	87	IU/L	Female : 42 -98 Child : 54 -369 Neo: 54-369
Total Proteins	6.9	gm/dl	6.0-8.0
Serum Albumin	4	gm/dl	3.2 -5.5
Serum Globulin	2.9	gm/dl	2.3 -3.5
A/G ratio	1.38		1.0 -2.3
GGTP	14		05 -50
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS)		

End of Report

S. V. Nadkarni
Dr. Mrs Sangeeta Nadkarni
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Name : Mrs. RUCHIKA GHEWARE
Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
Reg Date : 29/03/2024 11:39 AM
Report Date : 29/03/2024 01:20 PM

BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Blood Urea			
Blood Urea <small>UREASE-GLDH</small>	16	mg/dl	13 - 45
Blood Urea Nitrogen Instrument Used	7.47	mg/dl	10 - 20 Fully Automated EM200 (TRANSASIA BIOMEDICALS)
Serum Creatinine			
Serum Creatinine <small>JAFFE'S KINETIC</small> Instrument Used	0.9	mg/dl	0.4 - 1.4 Fully Automated EM200 (TRANSASIA BIOMEDICALS)
Serum Uric Acid			
Serum Uric Acid <small>URICASE</small> Instrument Used	4.5	mg/dl	2.5 to 7.2 Fully Automated EM200 (TRANSASIA BIOMEDICALS)

End of Report

S. Nadkarni
Dr. Mrs Sangeeta Nadkarni
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NADKARNI

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 Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
 Reg Date : 29/03/2024 11:39 AM
 Report Date : 29/03/2024 02:02 PM

BIOCHEMISTRY

Test Name	Result	Unit	Reference Range
Blood Glucose Fasting and Post Prandial			
Blood Glucose (Fasting)	78	mg/dl	Normal : < 99 Prediabetic : 100.0 - 125.0 Diabetic : > 125.0
Post Prandial Glucose	97	mg/dl	90 - 140 mg/dL
Instrument Used	Fully Automated EM200 (TRANSASIA BIOMEDICALS).		

End of Report



S. V. Nadkarni

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Name : Mrs. RUCHIKA GHEWARE
Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
Reg Date : 29/03/2024 11:39 AM
Report Date : 29/03/2024 12:34 PM

HAEMATOLOGY

Test Name	Result	Unit	Reference Range
Blood Group			
ABO Type	O		
Rh (D) Type	POSITIVE		

End of Report

S. Nadkarni

Dr. Mrs Sangeeta Nadkarni
Consultant Pathologist
MD(Path) MMC Reg No-53839



Verified & Checked

- Transasia EM 200 Fully Automated Random Access Clinical Chemistry Analyser • TMT • E.C.G. • Semi Automated Biochemistry Analyser Erba Chem 5 V2 Plus
- Automated Haematology Analyser H 360 • Mispa I3 Nephelometer • Clinical Pathology • Microbiology • Cytology • Histopathology • Minividas Blue

ALL CREDIT AND DEBIT CARDS ACCEPTED & GPAY

HOME VISIT AVAILABLE BY APPOINTMENT

COLLECTION CENTRE 1 : 1, Varun Complex, Opp. Nimbalkar Horse Riding School,
Off. Karve Road, Kothrud, Pune - 38. Ph. : **8983 7777 92**
Timing : MONDAY TO SATURDAY : Morning : 8 am to 1 pm, Evening : 4 pm to 7 pm

COLLECTION CENTRE 2 : Bldg. No. 7, Health Care Clinic, Anandnagar,
Paud Road, Kothrud, Pune - 38. Ph. : **8983 7777 95**
Timing : MONDAY TO SATURDAY : Morning : 8 am to 1 pm, Evening : 5 pm to 8 pm



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NADKARNI PATHOLOGY LABORATORY

Dr. Mrs. Sangeeta V. Nadkarni

Consulting Pathologist (MMC Reg. No. 53839)

Add Reg. No. : 1872/2000

E-mail : healthcare.nadkarni@gmail.com

Website : www.nadkarnipathlab.com

Consultant Pathologist • SHASHWAT HOSPITAL



MAIN LABORATORY : 1, Indraprastha Chambers, Ground Floor, Near Amber Hall, Karve Road, Pune 411 038. Ph. : 97635 93646, 8983 7777 93 • Timings : Monday to Saturday 7 am to 8 pm

Reg No : 202403091430451 / OPD
 Name : Mrs. RUCHIKA GHEWARE
 Referred Dr : MEDIWHEEL

Sex / Age : Female / 30Y
 Reg Date : 29/03/2024 11:39 AM
 Report Date : 29/03/2024 12:23 PM

HAEMATOLOGY

Test Name	Result	Unit	Reference Range
HAEMOGRAM ON CELL COUNTER			
HAEMOGLOBIN	13.1	gm/dl	12-16
RBC COUNT	4.5	mill/cmm	4.5 - 6.5
PACKED CELL VOLUME (PCV)	39	%	32 - 47
MCV	87.44	fL	82 - 98
MCH	29.37	pgms	27 - 33
MCHC	33.59	%	32 - 36
Total WBC count <i>Impedance Method</i>	7500	/cmm	4000- 11000
Differential Leucocytes Counts			
Neutrophil	70	%	50 - 70
Lymphocytes	27	%	20 - 40
Monocytes	01	%	00 - 12
Eosinophils	02	%	02 - 06
Platelet Count <i>Impedance Method</i>	294000	/cmm	150000 - 450000
RBC Morphology	NORMOCYTIC & NORMOCHROMIC		
WBC Morphology	NO WBC ABNORMALITY SEEN		
Platelet Morphology	PLATELETS ARE ADEQUATE		
Peripheral Smear Examination	NEGATIVE FOR MALARIAL PARASITE		
E.S.R.	6		M : 0 mm to 7 mm F : 0 mm to 15 mm (by Wintrobe's)
Instrument Used	Fully Automated Biosystem Cell Counter ERBA H360		

End of Report

Dr. Mrs Sangeeta Nadkarni
 Consultant Pathologist
 MD(Path) MMC Reg No-53839

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COLLECTION CENTRE 2 : Bldg. No. 7, Health Care Clinic, Anandnagar,
 Paud Road, Kothrud, Pune - 38. Ph. : 8983 7777 95
 Timing : MONDAY TO SATURDAY : Morning : 8 am to 1 pm, Evening : 6 pm to 8 pm

आयकर विभाग
 INCOME TAX DEPARTMENT


भारत सरकार
 GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड
 Permanent Account Number Card
DHXP4560G



नाम / Name
RUCHIKA NIKHIL GHEWARE

पिता का नाम / Father's Name
DNYANESHWAR SHANKAR PARANKAR

जन्म की तारीख /
 Date of Birth
12/09/1993

25092020

FAN Application Digitally Signed, Card Not Valid unless Physically Signed

N *Ruchika Ghaware*

M. Nadkarni

Dr. Vivekanand M. Nadkarni
M.B.B.S., D.T.M. & N. (Lon.), FCGP, MCGP
MMC Reg.No. 42322
Physician
Health Care Clinic
Ward Complex, Kulkarni Marg, Kedaure,
Pune-411 038.



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NADKARNI PATHOLOGY LABORATORY

1 Indraprastha Chambers, Ground Floor,
Near Amber Hall, Karve Road, Pune-38

Ph. : 9763593646

Time : Monday to Saturday 7:00 am to 8:00 pm

SUNDAY CLOSED

GPS Map Camera

Pune, Maharashtra, India

Varun Complex, Gulawani Maharaj Road, Kothrud, Pune, Maharashtra
411038, India

Lat 18.500152°

Verified & Checked

- Transasia BM 200 Fully Automated Random Access Clinical Chemistry Analyser • TMT • E.C.G. • Semi Automated Biochemistry Analyser Erba Chem 5 V2 Plus
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Google

29/03/24 09:28 AM GMT +05:30

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Feedback – Pre Policy Life Insurance Medical Checks
HEALTH CARE CLINIC
NADKARNI LABORATORY

Ph. 8983777192

This is to confirm & certify that I have gone through the medical examination through Medical Center situated at _____ / Home Visit _____ to complete the requisite medical formalities towards my application for life insurance from _____ Insurance Company vide Proposal Form bearing no _____ dated _____.

**Varun Complex, of Karve Road
Kothrud, Pune-38**

09/3/24

I do confirm specifically that the following medical activities have been performed for me:

- 1. Full Medical Report (Medical Questionnaire) Yes No
- 2. Sample Collection
 - a. Blood Yes No
 - b. Urine Yes No
- 3. Electro Cardio Gram (ECG) Yes No
- 4. Treadmill Test (TMT) Yes No
- 5. Others _____

I have furnished my ID Proof 016000 XXXX XXXX 5437 bearing ID No. _____ at the time of my medical.

Feedback Form

• **Behavior and cooperation of staff**

Reception/ Clinic/ Hospital Good Average Poor

Technician/ Doctors Good Average Poor

• **Time Management** Good Average Poor

• **Upkeep of hospital** Good Average Poor

• **Technology & Skills** Good Average Poor

• **Please remark if the medical check procedure was satisfactory** Yes No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

• **If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions**

<p><u>[Signature]</u> Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <hr/> <p>Name of the Life to be Insured with date (Proposer (in case of Life insured being minor))</p>	<p><u>[Signature]</u> Signature of Visiting/Attending Doctor</p> <hr/> <p>Name of Visiting/Attending Doctor Dr. Vivekanand M. Nadkarni # B.B.S., D.T.M. & H. (Lon.), FCGP, MICO MC Registration No. 42322 Physician Health Care Clinic Doctor Stamp with date Varun Complex, Kulkarni Marg, Kothrud, Pune-411 038.</p>
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FOR COMPLETION BY EXAMINING DOCTOR (N=Normal A= Abnormal)

	N	A	(Leave blank if unassessed)
MEDICAL	✓		01. Eyes
	✓		02. Ears, Nose, Throat
	✓		03. Respiratory
HISTORY	✓		04. Cardiovascular
	✓		05. Gastro-Intestinal
PRESENT	✓		06. Genito-Urinary
	✓		07. Musculo-Skeletal
SYMPTOMS	✓		08. Nervous System
	✓		09. Skin & Allergies
	✓		10. Endocrine
	✓		11. Other

PHYSICAL	✓		01. Eyes & Pupils	air entry bilaterally equal.
	✓		02. E.N.T.	
	✓		03. Teeth & Mouth	
	✓		04. Lungs & Chest	
	✓		05. Cardiovascular Sys.	
	✓		06. Abdo. Viscera	
	✓		07. Hernial Orifices	
EXAMINATION	✓		08. Genito - Urinary	
	✓		09. Musculo-Skeletal	
	✓		10. Skin & Vericose Vns.	
	✓		11. C.N.S.	
	✓		12. Other	

Chest : Insp. 107 / Exp. 102 / Abd. 92

Investigations: Hb-13.1 wbc-7500 platelet-294000. Cr-0.8 urea-16 creat-0.9 vitc acid-4.5
 BSL-f / PP-f-78 & PP-97 urea-16 creat-0.9 vitc acid-4.5
 LFT- Billi.T-0.68 Billi.D-0.37 SGOT-16 SGPT-11 ALP-87
 Pro-6.9 Alb-4.0. Chol-127 Tg-89 HDL-32
 TFT-0.92 19.24 / 1.33 HbA1C-4.8 urine - Normal PC-B3 electrolyte

HEIGHT	WEIGHT	BMI	B.P.	PULSE	HEARING	VISION	DISTANT	NEAR	COLOUR VISION	BLOOD GROUP
167 cm	80 kg	28.7 kg/m ²	120/80 mmHg	76 /min	(N)	(N)	Uncorrected (N)	(N)	(N)	O+ve
							Corrected			

Assessment

Regular

Dr. Vivekanand M. Nadkarni
 M.B.B.S., D.T.M. & H. (Lon.), FCGP, MRCGP
 MMC Reg.No. 42322
 Physician
 Health Care Clinic
 Keshavnagar, Kulkarni Marg, Keshavnagar
 Phone-411 838.

(Signature)

Dr. V.M. Nadkarni

(Handwritten mark)

► *Health Care Clinic*

Varun Complex, Office No. 1,
Near Swapnashilp Complex, Kothrud, Pune 411038.
Timing : 10.30 a.m. to 1.00 p.m.
4.30 pm, to 6 pm (By Appt.)
Tel : 65003646, 2545 7347

► *Health Care Clinic*

7/1, Anand Nagar, Paud Road,
Kothrud, Pune 411038.
Timing : 9 a.m. to 10.30 a.m. & 6.00 p.m. to 8.30 p.m.
Tel. : 65003650 Mob.: 9970171939
E-mail : nadviv@yahoo.com

Dr. Vivekanand M. Nadkarni

M.B.B.S., D.T.M. & H. (Lon), FCGP, MIOSH (U.K.)

MMC Reg. No. 42322

Physician, Tropical & Family Medicine,
Occupational Health

MEDICAL EXAMINATION REPORT

No.:

Date:

Surname: Gheware Name: ~~A~~ Ruchika

Age: 30 yrs. Sex: F. Birth Date: 12/9/1993

Address: Warje

Occupation: Home-maker

Personal History: - Tobacco: - Alcohol: -

Misc.: Allergy: Not known

Immunization History: covid-19 vaccination done.

Previous Medical History: No major illness, injury or surgery. Clinically normal.