

Name : Mrs. MANISHA SANTU KUKADE (36 /F)

Date : 29/03/2024

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr .AHC DOCTOR

UHID : MHN1.0000162156

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH39762



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:29/03/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No

allergies?

Do you have any drug - No

allergies?

Past medical history - nil significant

Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1,Covid Dose2



Personal history

Marital status - Married

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Family history - Nil significant

Coronary artery
disease - none

Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal

Build - normal

Height - 155

Weight - 76.5

BMI - 31.84

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 78

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 60

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No

Tenderness - No

Printed By : Shweta Sharad Shardul

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URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Nil			
Sugar:	Nil			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	1-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	03	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	26 *	U/L	●	30-65
ALBUMIN - SERUM	3.8	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	0.0	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *		●	1.1-1.8

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	11.4	g/dl	●	11.0-16.0
Haematocrit	33.0 *	%	●	34.0-48.0
RBC COUNT	4.48	Million/ul	●	3.7-5.6
MCV	78.1	fl	●	75.0-95.0
MCH	25.4 *	pg	●	26.0-32.0
MCHC	32.5	g/dl	●	31.0-36.0
RDW	15.5	%	●	11-16
Platelet Count(Optical/Impedance)	195	10 ⁹ /m ³	●	140-440
TLC Count	12.27 *	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	71	%	●	40-75
Lymphocytes	25	%	●	20-45
Eosinophils	01	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	82	U/L	●	0-100
AST (SGOT) - SERUM	22	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	1.1 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	158	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.6	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM 17 U/L ● 0-50

TOTAL T3: TRI
IODOTHYRONINE -
SERUM 146 ng/dL ● Healthy Adults:
69 - 215
Pregnant
Women:
1st
Trimester:121-
308
2nd & 3rd
Trimesters:152-
362

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name Result Unit Level Range
Glucose - Plasma 95 mg/dL ● 70-100
(Fasting)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
Glucose - Plasma 95 mg/dL ● 70-140
(POST PRANDIAL)

TOTAL T4:
THYROXINE - SERUM 7.9 µg/dL ● Healthy Adults:
5.2 - 12.7

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range
Glycosylated 6.1 * % ● 0.0-6.0
Hemoglobin (HbA1c)
Mean Plasma Glucose 139.8600 mg/dL
(MPG) Estimate:

Pregnancy:1stT
rimester:7.8 -
16.2
2nd & 3rd
Trimesters: 9.1
- 18.3

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
Triglycerides - Serum 123 mg/dL ● 0-150
VLDL 24.6000
SERUM-CALCULATED

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - 37 * mg/dL ● 40-60
SERUM / PLASMA
TOTAL 4.3 ● 0.0-4.5
CHOLESTEROL/HDL
CHOLESTEROL
RATIO(Calculated)
LDL Cholesterol (Direct 129 mg/dL
LDL)

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID 2.6 uIU/mL ● Euthyroid: 0.3 -
4.5
Hypothyroid:
7.1 - >75.0
Pregnancy(All
Trimesters):0.2
-3.5

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN, TOTAL - 7.5 g/dL ● 6.4-8.2
SERUM / PLASMA
PROTEIN, TOTAL - 7.5 g/dL ● 6.4-8.2
SERUM / PLASMA

UREA - SERUM / PLASMA

Test Name Result Unit Level Range
UREA - SERUM / 21 mg/dL ● 15-38
PLASMA
UREA NITROGEN 10 mg/dL ● 7-18
SERUM/PLASMA:
(Calculated)

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.0 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

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Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.9 *	mg/dL	●	0.0-0.7

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

ALBUMIN - SERUM

ALKALINE PHOSPHATASE - SERUM/PLASMA

ALT(SGPT) - SERUM / PLASMA

AST (SGOT) - SERUM

BILIRUBIN CONJUGATED (DIRECT) - SERUM

BILIRUBIN, TOTAL - SERUM

Blood Bank - 2 Services

BLOOD GROUPING AND TYPING (ABO and Rh)

Haematology

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

Biochemistry

CHOLESTEROL - SERUM / PLASMA

CREATININE - SERUM / PLASMA

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

GLUCOSE - SERUM / PLASMA (FASTING)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

HDL CHOLESTEROL - SERUM / PLASMA

LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)

PROTEIN, TOTAL - SERUM / PLASMA

Haematology

STOOL ROUTINE

Biochemistry

TOTAL T3: TRI IODOTHYRONINE - SERUM

TOTAL T4: THYROXINE - SERUM

TRIGLYCERIDES - SERUM

TSH: THYROID STIMULATING HORMONE - SERUM

UREA - SERUM / PLASMA

URIC ACID - SERUM

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● Borderline High/Low

● Out of Range

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Haematology

URINE ROUTINE (CUE)

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Printed By :

Dr.AHC DOCTOR

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

3

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515