

Name : Ms. PAMPA SIKDAR (42 /F)

Date : 29/03/2024

Address :

Examined by:

UHID : AMHL.0002322566

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE
FEMALE HCK

AHC No : AMHLAH201869



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:29/03/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;
Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 20/3/2024; Periods - regular;
No of Children - 1; Deliveries - normal vaginal
delivery

Eyes

Vision - defective; Glasses - no

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
Neck - pain

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - alive
Brothers - 2
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

Build - obese
Height - 157
Weight - 75
BMI - 30.43

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Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 80
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 114
Diastolic(mm of Hg) - 78
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/12 LE:6/9
NVA:RE:N8P LE:N8P
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:+1.00X180*(6/6)
LE:+1.00/-1.00X80*(6/6)
ADD(BE):+1.50DSPH(N6)
ADVICE: *Glass Rx.*Detail
dilated Funduscopy *Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.1 *	g/dl	●	12.0-15.0
RBC COUNT	4.20	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.4 *	%	●	36-46
MCV	84.3	fl	●	83-101
MCH	26.4 *	pg	●	27-32
MCHC	31.3 *	%	●	31.5-34.5
RDW	15.5 *	%	●	11.8-14.0
WBC Count	9400	/cu mm	●	4000-10000
Platelet Count	1.54	lacs/cu mm	●	1.5-4.0
Neutrophils	70	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Occasional NRBCs seen.			
RBC:	Predominantly Normocytic Normochromic RBCs with minor population of mildly hypochromic RBCs.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	48 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

RBC	Occasional/hpf
Pus Cells	3-5 /hpf
Epithelial Cells	4-6 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	12	U/L	●	0-35
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	116 *	U/L	●	33-98
AST (SGOT) - SERUM	19	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	201 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range
 ● Borderline High/Low
 ● Out of Range

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CREATININE - SERUM 0.7 mg/dL ● 0.6-1.1

GLOBULIN: (CALCULATED) - SERUM 3.5 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM, 16, U/L, ●, 0-38

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TOTAL T3: TRI IODOTHYRONINE - SERUM, 1.35, ng/ml, ●, 0.87-1.78

GLUCOSE - PLASMA (FASTING)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (FASTING), 89, mg/dL, ●, 70-99

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TRIGLYCERIDES - SERUM, 213 *, mg/dL, ●, 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: GLUCOSE - PLASMA (POST PRANDIAL), 126, mg/dL, ●, 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: TSH: THYROID STIMULATING HORMONE - SERUM, 1.37, μIU/mL, ●, 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD, 5.4, %, ●, Nondiabetic : 4 - 5.6 %

URIC ACID - SERUM

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: URIC ACID - SERUM, 3.3, mg/dL, ●, 2.4-5.7

LIPID PROFILE TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: HDL CHOLESTEROL - SERUM, 52, mg/dL, ●, 30-70

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BILIRUBIN CONJUGATED (DIRECT) - SERUM, 0.1, mg/dL, ●, 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BUN (BLOOD UREA NITROGEN), 9.8, mg/dL, ●, 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: PROTEIN TOTAL - SERUM, 7.5, g/dL, ●, 6.4-8.3

LIVER FUNCTION TEST (PACKAGE)

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: A/G - RATIO, 1.2, ●, 1.0-2.0

BUN/CREATININE RATIO

Table with 5 columns: Test Name, Result, Unit, Level, Range. Row 1: BUN/CREATININE RATIO, 14.5

● Within Normal Range ● Borderline High/Low ● Out of Range

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PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2402666

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with metaplastic squamous cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy with Bacterial vaginosis

ECG

SINUS RHYTHM.

LOW VOLTAGE "QRS" & T WAVES.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

* Bulky uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515