



: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID

: SPUN.0000047003 : SPUNOPV62414

Ref Doctor

: Dr.SELF

: 78784 Emp/Auth/TPA ID

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:40PM

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: 26/Mar/2024 02:03PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	11.8	g/dL	12-15	Spectrophotometer
PCV	34.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.06	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	85.9	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	33.8	g/dL	31.5-34.5	Calculated
R.D.W	13.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,350	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	57.3	%	40-80	Electrical Impedance
LYMPHOCYTES	33.1	%	20-40	Electrical Impedance
EOSINOPHILS	1.8	%	1-6	Electrical Impedance
MONOCYTES	7.1	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3065.55	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1770.85	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	96.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	379.85	Cells/cu.mm	200-1000	Calculated
BASOPHILS	37.45	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.73		0.78- 3.53	Calculated
PLATELET COUNT	170000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25	mm at the end of 1 hour	0-20	Modified Westergrer
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic

WBC's are normal in number and morphology

Platelets are Adequate

No hemoparasite seen.

Page 1 of 15



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

This Apollo Speciality of Apital a Private Lienite Rd-Sadashiv Peth Pune, Diagnostics Lab

(Formely known as a Nova Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414

Regd Off: 1-10-62/62, 5th Floor, Ashoka RaghupathiChambers,

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: 26/Mar/2024 02:03PM

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FAC	TOR , WHOLE BLOOD EDT.	4		
BLOOD GROUP TYPE	В			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

Page 3 of 15



Dr Sneha Shah MBBS MD (Pathology) Consultant Pathologist

SIN No:BED240082569

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab Apollo Speciality Hospitals Private Limited

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Visit ID

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: 26/Mar/2024 11:22AM

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Result	Unit	Bio. Ref. Range	Method
96	mg/dL	70-100	HEXOKINASE

Comment:

As ner American Diabetes Guidelines 2023

As per American Diabetes Guidennes, 2025	
Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	89	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

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Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist SIN No:PLP1437684

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN), WA	HOLE BLOOD EDTA	<u>'</u>		<u>'</u>
HBA1C, GLYCATED HEMOGLOBIN	5.5	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %		
NON DIABETIC	<5.7		
PREDIABETES	5.7 – 6.4		
DIABETES	≥ 6.5		
DIABETICS			
EXCELLENT CONTROL	6 – 7		
FAIR TO GOOD CONTROL	7 – 8		
UNSATISFACTORY CONTROL	8 - 10		
POOR CONTROL	>10		

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 15



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240038026

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	177	mg/dL	<200	CHO-POD
TRIGLYCERIDES	41	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	54	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	123	mg/dL	<130	Calculated
LDL CHOLESTEROL	114.45	mg/dL	<100	Calculated
VLDL CHOLESTEROL	8.18	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.25		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High Very
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240
TRIGLYCERIDES	<150	150 - 199	$\begin{vmatrix} 200 - \\ 499 \end{vmatrix} \ge 500$
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	$\begin{vmatrix} 160 - \\ 189 \end{vmatrix} \ge 190$
HDL	≥ 60 °		
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219 >220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

Page 6 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab Apollo Speciality Hospitals Private Limited

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 7 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method			
LIVER FUNCTION TEST (LFT), SERUM							
BILIRUBIN, TOTAL	0.41	mg/dL	0.3–1.2	DPD			
BILIRUBIN CONJUGATED (DIRECT)	0.09	mg/dL	<0.2	DPD			
BILIRUBIN (INDIRECT)	0.32	mg/dL	0.0-1.1	Dual Wavelength			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	14.1	U/L	<35	IFCC			
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15.0	U/L	<35	IFCC			
ALKALINE PHOSPHATASE	70.28	U/L	30-120	IFCC			
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret			
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN			
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated			
A/G RATIO	1.35		0.9-2.0	Calculated			

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated. ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 8 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.63	mg/dL	0.55-1.02	Modified Jaffe, Kinetic
UREA	16.28	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	7.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.32	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	8.83	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.05	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139.94	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.0	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	108.12	mmol/L	101–109	ISE (Indirect)
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.35		0.9-2.0	Calculated

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Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	10.91	U/L	<38	IFCC

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Unit Bio. Ref. Range	
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM			<u>'</u>
TRI-IODOTHYRONINE (T3, TOTAL)	0.74	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	8.52	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	1.091	μIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- **1.** TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 11 of 15



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:SPL24055659

This Apollo Speciality Hospital Rariyate Lienite Rd-Sadashiv Peth Pune, Diagnostics Lab

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62 ,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

'Additess(U P.No. 9 & 10a, S.NO.2/64, Renata Chambers, Saras Baug Road, Vijayanagar Colony, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra





: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID

: SPUN.0000047003

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID

: Dr.SELF : 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:33PM

Reported

: 26/Mar/2024 12:45PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	<5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	Y		
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 12 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:UR2316307

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

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Address: P.No.9 & 10a, S.NO.2/64, Renata Chambers, Saras Baug Road, Vijayanagar Colony, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra





: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID

: Dr.SELF : 78784

Collected

: 26/Mar/2024 11:22AM

Received

: 26/Mar/2024 12:33PM

Reported

: 26/Mar/2024 12:55PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Page 13 of 15



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

This Apollo Special itself a spital a Parivate Lienite Ad-Sadashiv Peth Pune, Diagnostica Lab

(Formely known as a Nova Speciality Hospitals Private Limited)
CIN- U85100TG2009PTC099414

Regd Off: 1-10-62/62, 5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

P.No.9 & 10a, S.NO.2/64, Renata Chambers, Saras Baug Road, Vijayanagar Colony, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra





: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID

: SPUN.0000047003 : SPUNOPV62414

Ref Doctor

: Dr.SELF

: 78784 Emp/Auth/TPA ID

Collected

: 26/Mar/2024 08:41AM

Received Reported : 26/Mar/2024 12:33PM

Status

: 26/Mar/2024 12:45PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick	

Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:UF011460

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

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Page 14 of 15





: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No : 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 27/Mar/2024 10:28AM

Reported

: 28/Mar/2024 04:59PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

	CYTOLOGY NO.	7432/24
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS
d	COMMENTS	SATISFACTORY FOR EVALUATION
Π	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology.
		Inflammatory cells, predominantly neutrophils.
		Negative for intraepithelial lesion/malignancy.
П	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
\mathbf{V}	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***







SIN No:CS077683

This Apollo Speciality Hospital Edivate Limited, Global Reference Laboratory, Hyderabad

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off: 1-10-62/62, 5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

'Address' Cota P.No.9 & 10a, S.NO.2/64, Renata Chambers, Saras Baug Road, Vijayanagar Colony, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra



POLLO SPECTRA HOSPITALS

Opp. Sanas Sports Ground, Saras Baug, Sadashiv Peth, Pune, Maharashtra - 411 030. Ph. No: 020 6720 6500 www.apollospectra.com

Name : Mrs. Swadha Upadhyay

Age: 37 Y

Sex: F

Address: Nagpur

Plan

: ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN

INDIA OP AGREEMENT

UHID:SPUN.0000047003

OP Number:SPUNOPV62414 **Bill No :**SPUN-OCR-10567

	INDIA OP AGREEMEN I	Date	e :	26.03.202	24 08:37	
Sno	Serive Type/ServiceName				Department	
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK	- FEM	MAL	E - 2D EC	CHO - PAN INDIA - FY2324	
J	GAMMA GLUTAMYL TRANFERASE (GGT)					
13	2 D ECHO					
<u></u>	LIVER FUNCTION TEST (LFT)					
4	GLUCOSE, FASTING					
	HEMOGRAM + PERIPHERAL SMEAR					
~	GYNAECOLOGY CONSULTATION					
1	DIET CONSULTATION					
8	COMPLETE URINE EXAMINATION					
1 9	URINE GLUCOSE(POST PRANDIAL) [1:15 Am					
10	PERIPHERAL SMEAR					
11	ECG					
12	LBC PAP TEST- PAPSURE					
13	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)					
× 14	DENTAL CONSULTATION					
	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	har				
16	URINE GLUCOSE(FASTING)					
4	HbA1c, GLYCATED HEMOGLOBIN					
_	X-RAY CHEST PA					
	ENT CONSULTATION					
120	FITNESS BY GENERAL PHYSICIAN					
21	BLOOD GROUP ABO AND RH FACTOR					
-	LIPID PROFILE					
23	BODY MASS INDEX (BMI)					
24	OPTHAL BY GENERAL PHYSICIAN					
125	ULTRASOUND - WHOLE ABDOMEN					
20	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)					

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of	Swadha Upadhyay on 26/03/29	
	reviewing the medical history and on clinical examination it has been found ae/she is	
		Tick
•	Medically Fit	1
•	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
	1	
	2	
	3	
	However the employee should follow the advice/medication that has been communicated to him/her.	
	Review after	
•	Currently Unfit.	
	Review afterrecommended	
•	Unfit	
	Dr. Samest show	

General Physician Apollo Spectra Hospital Pune

This certificate is not meant for medico-legal purposes

Dr. Samrat Shah
MBBS MD
Reg No 19197302
Consultant Internal Medicing
Apollo Speciality Hospital



Specialists in Surgery

Date

: 26/03/2024

MRNO

Name Swadha Upadhgay

371F

Department:

Consultant :

Reg. No

Do samoat st

Qualification:

Consultation Timing:

Sport 98-1.

Pulse: 80 un 20 4 20160 B.P: \ Resp: Temp: Weight: 66.3149 Height: 157 BMI: Waist Circum: -

General Examination / Allergies History

Clinical Diagnosis & Management Plan

A notecen Reports Noted Mossonal

found for to join duty

Follow up date:

Dr. Samrat Shah Reg No. 2021097302
Consultant Internative Hospital
Apollo Speciality Hospital

Apollo Spectra Hospitals

Opp. Sanas Sport Ground, Saras Baug, Sadashiv Peth, Pune, Maharashtra - 411030 BOOK YOUR APPOINTMENT TODAY!

Ph.: 020 6720 6500 Fax: 020 6720 6523 www.apollospectra.com



Date MRNO 26/03/2024

Name

swadta upadhyay

Age/Gender Mobile No

3715

Department:

ENT

Consultant :

MBBS, MS (ENT), Head & Neck Surgeon

Reg. No. 2010030364 (MMC)

Mob.: 9890250205

Reg. No

Dr. Shirprakash Qualification:

Consultation Timing:

Pulse:	B.P:	Resp:	Temp:
Weight :	Height:	BMI:	Waist Circum :

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature



Date

26/03/24

MRNO

Name Age/Gender :

Mobile No

Swodha upadhyay

37 IF

Department:

Gyhec

Consultant :

Reg. No

Dr. sayali

Qualification:

karibogam

Consultation Timing:

Pulse:	B.P:	Resp:	Temp:
Weight :	Height:	BMI:	Waist Circum :

General Examination / Allergies History

Clinical Diagnosis & Management Plan

37/185.

MS: 13 185 MIH- Regular elo white discharge LMP-10/3/24.

PILI - 10485.

Breast- Soft

P/A- NAIS.

Plan & healthy

PIVO NAD.

Follow up date:

Doctor Signature







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:40PM : 26/Mar/2024 02:03PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	11.8	g/dL	12-15	Spectrophotometer
PCV	34.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.06	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	85.9	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	33.8	g/dL	31.5-34.5	Calculated
R.D.W	13.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,350	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	57.3	%	40-80	Electrical Impedance
LYMPHOCYTES	33.1	%	20-40	Electrical Impedance
EOSINOPHILS	1.8	%	1-6	Electrical Impedance
MONOCYTES	7.1	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3065.55	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1770.85	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	96.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	379.85	Cells/cu.mm	200-1000	Calculated
BASOPHILS	37.45	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.73		0.78- 3.53	Calculated
PLATELET COUNT	170000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25	mm at the end of 1 hour	0-20	Modified Westergre
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic

WBC's are normal in number and morphology

Platelets are Adequate

No hemoparasite seen.

Page 1 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240082569

This test has been performed at







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F : SPUN.0000047003

UHID/MR No Visit ID

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID Dr SELE

: Dr.SELF : 78784 Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:40PM

Reported Status : 26/Mar/2024 02:03PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Page 2 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240082569

This test has been performed at Apollo Health and Lifestyle Itd-Sadashiv Peth Pune, Diagnostics Lab

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID : SPUN.0000047003 : SPUNOPV62414

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 78784

Collected

: 26/Mar/2024 08:41AM

Received Reported : 26/Mar/2024 12:40PM : 26/Mar/2024 04:19PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACT	TOR , WHOLE BLOOD EDTA			
BLOOD GROUP TYPE	В			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

Page 3 of 14



Dr Sneha Shah MBBS MD (Pathology) Consultant Pathologist

SIN No:BED240082569

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784

Collected

: 26/Mar/2024 11:22AM

: 26/Mar/2024 12:29PM

Received Reported

: 26/Mar/2024 01:22PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dL	70-100	HEXOKINASE
Comment: As per American Diabetes Guidelines, 2023				
Fasting Glucose Values in mg/dL	Interpretation			
70-100 mg/dL	Normal			
100-125 mg/dL	Prediabetes			
≥126 mg/dL	Diabetes		750000000000000000000000000000000000000	
<70 mg/dL	Hypoglycemia			

Note:

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	89	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 14

MBBS MD (Pathology) Consultant Pathologist

SIN No:PLP1437684

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

www.apollodiagnostics.in

^{1.} The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

Ref Doctor

: SPUN.0000047003

Visit ID

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:40PM

Reported Status

: 26/Mar/2024 03:01PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , $W\!H$	OLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.5	%	F	IPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL	C	alculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 – 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 14

DR.Saniay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240038026

This test has been performed at Apollo Health and Lifestyle ltd







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

Ref Doctor

: SPUN.0000047003

Visit ID

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:30PM

Reported Status

: 26/Mar/2024 01:28PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE, SERUM				
TOTAL CHOLESTEROL	177	mg/dL	<200	CHO-POD
TRIGLYCERIDES	41	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	54	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	123	mg/dL	<130	Calculated
LDL CHOLESTEROL	114.45	mg/dL	<100	Calculated
VLDL CHOLESTEROL	8.18	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.25		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	< 0.01		< 0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	< 0.11	0.12 - 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

Page 6 of 14

Dr Sheha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No

: 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:30PM

Reported Status

: 26/Mar/2024 01:28PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 7 of 14



MBBS MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

www.apollodiagnostics.in







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID
Ref Doctor

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784 Collected

: 26/Mar/2024 08:41AM : 26/Mar/2024 12:30PM

Received Reported

: 26/Mar/2024 01:28PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.41	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.09	mg/dL	< 0.2	DPD
BILIRUBIN (INDIRECT)	0.32	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	14.1	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	70.28	U/L	30-120	IFCC
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.35		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- · AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 8 of 14

Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SER	RUM		
CREATININE	0.63	mg/dL	0.55-1.02	Modified Jaffe, Kinetic
UREA	16.28	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	7.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.32	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	8.83	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.05	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139.94	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.0	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	108.12	mmol/L	101-109	ISE (Indirect)
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.35		0.9-2.0	Calculated

Page 9 of 14



Dr Sneha Shah MBBS MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID : SPUN.0000047003 : SPUNOPV62414

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID

: 78784

Collected

: 26/Mar/2024 08:41AM

: 26/Mar/2024 12:30PM

Received Reported

: 26/Mar/2024 01:28PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	10.91	U/L	<38	IFCC

Page 10 of 14



Dr Sheha Shah (Pathology)
Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784 Collected

: 26/Mar/2024 08:41AM

Received Reported : 26/Mar/2024 12:30PM : 26/Mar/2024 01:24PM

Status

20/1VIa1/2024 01.24F1

Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH),	SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	0.74	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	8.52	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	1.091	μIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions	
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis	
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.	
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism	
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy	
Low	N	N	N	Subclinical Hyperthyroidism	
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism	
Low	N	High	High	Thyroiditis, Interfering Antibodies	
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes	
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma	

Page 11 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:SPL24055659

This test has been performed at Apollo Health and Lifestyle ltd-Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784 Collected

: 26/Mar/2024 08:41AM

Received Reported : 26/Mar/2024 12:33PM : 26/Mar/2024 12:45PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	<5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	LEUCOCYTE ESTERASE NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Υ		
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 12 of 14



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:UR2316307

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No : 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 78784

Collected

: 26/Mar/2024 11:22AM

Received Reported : 26/Mar/2024 12:33PM : 26/Mar/2024 12:55PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick	

Page 13 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UPP017395

This test has been performed at Apollo Health and Lifestyle ltd-Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No : 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID

Ref Doctor

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received Reported : 26/Mar/2024 12:33PM : 26/Mar/2024 12:45PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***

Result/s to Follow:

LBC PAP TEST (PAPSURE)

Page 14 of 14



Consultant Pathologist SIN No:UF011460

Dr Sneha Shah

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

MBBS, MD (Pathology)



2D ECHO / COLOUR DOPPLER

Name: Mrs. Swadha Upadhyay Age: 37YRS / F Ref by: HEALTH CHECKUP Date: 26/03/2024

LA - 32

AO - 26

IVS - 10

PW - 10

LVIDD - 37

LVIDS - 25

EF 60 %

Normal LV size and systolic function.

No diastolic dysfunction

Normal LV systolic function, LVEF 60 %

No regional wall motion abnormality

Normal sized other cardiac chambers.

Mitral valve has thin leaflets with normal flow.

Aortic valve has three thin leaflets with normal structure and function. No aortic regurgitation. No LVOT gradient

Normal Tricuspid & pulmonary valves.

No tricuspid regurgitation.

PA pressures Normal

Intact IAS and IVS.

No clots, vegetations, pericardial effusion noted.

IMPRESSION:

NORMAL LV SYSTOLIC AND DIASTOLIC FUNCTION. NO RWMA. NO PULMONARY HTN NO CLOTS/VEGETATIONS

DR.SAMRAT SHAH MD, CONSULTANT PHYSICIAN

Apollo Spectra Hospitals: Saras Baug Road, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra - 411030 Ph No: 022 - 6720 6500 | www.apollospectra.com



Name	Mrs Swadha . Upadhyay	Age	37 Years	
Patient ID	DD/263/2023-2024/1626	Gender	FEMALE	
Ref By	Dr. Apollo Spectra Hospital	Date	26/03/2024	

USG ABDOMEN AND PELVIS.

The liver appears normal in size, shape and echotexture. No focal lesion is seen. The hepatic venous radicals and intrahepatic biliary tree appear normal. The portal vein and CBD appears normal.

The gall bladder is distended with a normal wall thickness and there are no calculi seen in it. No pericholecystic collection seen.

The pancreas appear normal in size and echotexture. No focal lesion seen.

The spleen appears normal in size and echotexture. No focal lesion seen.

The right kidney measures 10.2x4.8cms and the left kidney measures 10x5.0cms. Both kidneys appear normal in size, shape & echotexture. There is no hydronephrosis or calculus seen on either side.

The urinary bladder distends well and is normal in shape and contour. No intrinsic lesion or calculus is seen in it. The bladder wall is of normal thickness.

The uterus is bulky and measures 8.1x5.1x4.8cms in size. The myometrium appears uniform in echotexture. The endometrium measures 14 mm

Both ovaries are normal in size, shape and echotexture. No adnexal mass is seen.

There is no free fluid or paraaortic lymphadenopathy seen. The aorta and IVC appear normal.

IMPRESSION:

Bulky uterus.

No significant abnormality is seen.

Dr. Lalitkumar S Deore MD(Radiology) (2001/04/1871)

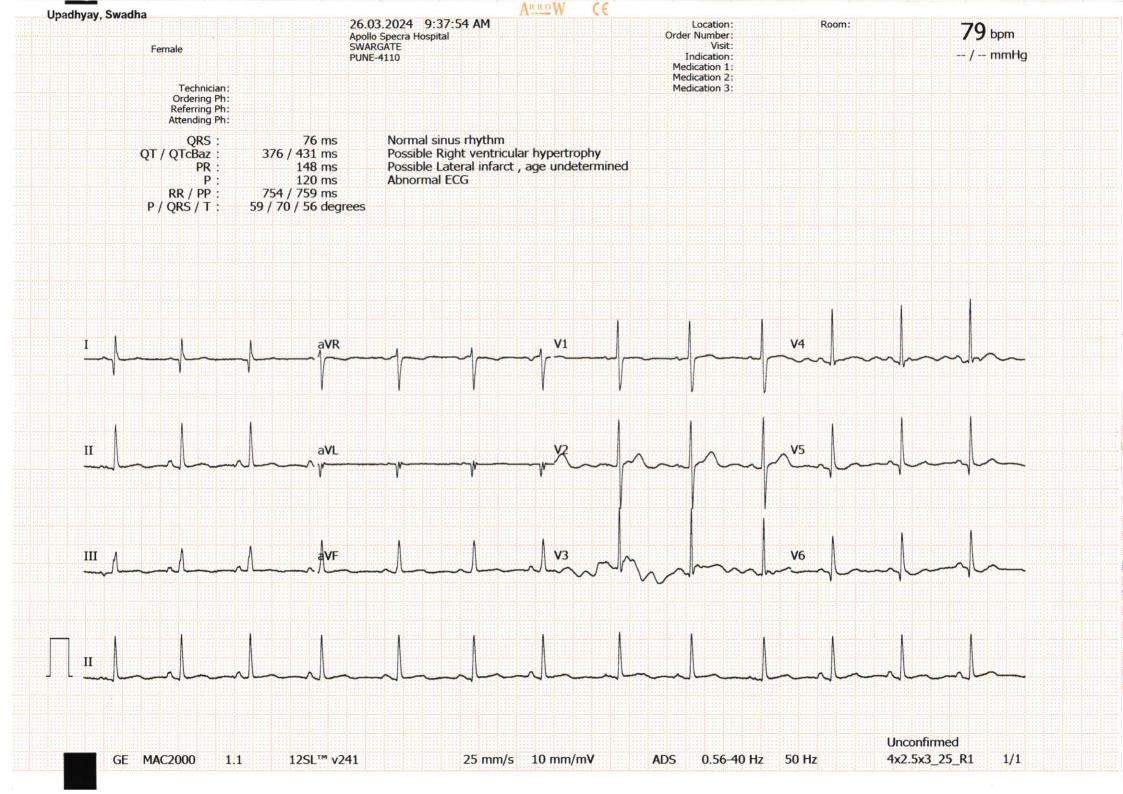




Apollo Clinic

CONSENT FORM

Patient Name: Swadha Upadhyayge: 371 F
UHID Number: Company Name: Arwein:
IMr/Mrs/Ms Swadha Upadhemployee of Arcofem.
(Company) Want to inform you that I am not interested in getting
Tests done which is a part of my routine health check package.
And I claim the above statement in my full consciousness.
Dental Doctor not available
Patient Signature: Date: 26 03 2024



EYE REPORT



ASH/PUN/OPTH/06/02-0216

	Date: 26-3-2020
--	-----------------

Name: miser swadba Upadhya

Ref No.:

Complaint: No. Cotoplaint

R 6/6

Examination

Coldy Vision

L 6/6

NO. HT.N

NO. D.N.

Constacle Rx

	Right Eye					Lef	t Eye	
ne ex	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis
Distance	616	-5.75			6/6	-4:50	-	6
Read	M	-			LX			-
	Sphere	CYI	Axis	Vision	Sphere	CYI	Axis	Vision

Remarks: Make a along R

Medications:	BE COLOUR U'IS	sion test	Norm.
Trade Name	Frequency	Duration	
		-	

Follow up: one year

Consultant:

Apollo Spectra Hospitals

Opp. Sanas Sports Ground, Saras Baug, Sadashiv Peth, Pune, Maharashtra- 411030 Ph: 020 67206500 | Fax: 020 67206523 | www.apollospectra.com



MRS.SWADHA UPADHYAY MR No:

37Y

Age: 37 Years

Location:

Apollo Spectra Hospital Pune

(Swargate)

SPUN.000

Gender:

F

Physician:

SELF

Image Count:

1

Date of Exam:

26-Mar-2024

Arrival Time:

26-Mar-2024 09:35

Date of Report: 26-Mar-2024 9:42

X-RAY CHEST P.A VIEW

HISTORY: Health check up

FINDINGS

Normal mediastinum. No hilar or mediastinal lymphadenopathy.

Cardia is normal in size.

Right Lung field: No focal mass lesion. No collapse. No consolidation.

Left Lung field: No focal mass lesion. No collapse. No consolidation.

The apices, costo and cardiophrenic angles are free. No pleural effusion

No pericardial effusion.

No destructive osseous pathology is evident.

IMPRESSION:

No significant abnormality is seen.

Dr.V.Pavan Kumar.MBBS,DMRD. Consultant Radiologist Reg.No: 57017

A	pointment ld	Corporate Name	Name	Email id	Mobile	Agreement	Ac	tion	
	127941	PHASORZ TECHNOLOGIES PRIVATE L	Pratik Madge	Pratik.Madge@Cognizant.Com	9967246094	PHASORZ COGNIZANT AHC	0	8	C
	127662	VISIT HEALTH PRIVATE LIMITED	Mr. Suraj Hange	arko.sarkar@getvisitapp.com	7350323739	VISIT HEALTH NB DIAGON	0	8	C
	127649	ARCOFEMI HEALTHCARE LIMITED	MR. BIPIN KUMAR TIWARI	bipintiwari@gmail.com	9899686440	ARCOFEMI MEDIWHEEL MAI	0	8	C
	127641	ARCOFEMI HEALTHCARE LIMITED	SWADHA UPADHYAY	bipintiwari@gmail.com	9899686440	ARCOFEMI MEDIWHEEL FEN	0	8	œ
	127282	WILLIAMS CONTROLS INDIA PRIVAT	Devidas Talla	kulkarnin@curtisswright.in	8888849947	WILLIAMS CONTROLS INDI.	0	8	C
	127150	WABTEC INDIA INDUSTRIAL PRIVAT	Nandini Dusane	npdusane@gmail.com	9096300110	WABTEC INDIA INDUSTRIAL	•	8	C
	124863	VISIT HEALTH PRIVATE LIMITED	Ms. AISHWARYA GOKHALE	arko.sarkar@getvisitapp.com	8087494596	VISIT HEALTH NB DIAGON	0	8	C
	124587	ACCENTURE SOLUTIONS PRIVATE LI	Ashwini Gujar	s.chandrakant.gujar@accenture.com	9881739501	ACCENTURE SOLUTIONS AF	0	8	C
	124586	ACCENTURE SOLUTIONS PRIVATE LI	Shrikant Gujar	s.chandrakant.gujar@accenture.com	09881739501	ACCENTURE SOLUTIONS AF	0	8	œ





भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार Unique Identification Authority of India Government of India

नामांकन क्रम / Enrollment No.: 0000/00354/24446

To स्वधा उपाध्याय Swadha Upadhyay D/O,A N Upadhyay F No 101 2nd Floor Shivgiri Himalaya Valley Hindustan Colony Amravati Road University Campus University Campus Nagpur Maharashtra 440033

9654723668 MD632060112FH



आपका आधार क्रमांक / Your Aadhaar No. :

4173 3241 8078

मेरा आधार, मेरी पहचान



भारत सरकार Government of India



स्वधा उपाध्याय Swadha Upadhyay जन्म तिथि / DOB : 06/07/1986 महिला / Female



4173 3241 8078

मेरा आधार, मेरी पहचान



Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:40PM
Reported : 26/Mar/2024 02:03PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	11.8	g/dL	12-15	Spectrophotometer
PCV	34.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.06	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	85.9	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	33.8	g/dL	31.5-34.5	Calculated
R.D.W	13.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,350	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	(DLC)			
NEUTROPHILS	57.3	%	40-80	Electrical Impedance
LYMPHOCYTES	33.1	%	20-40	Electrical Impedance
EOSINOPHILS	1.8	%	1-6	Electrical Impedance
MONOCYTES	7.1	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3065.55	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1770.85	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	96.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	379.85	Cells/cu.mm	200-1000	Calculated
BASOPHILS	37.45	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.73		0.78- 3.53	Calculated
PLATELET COUNT	170000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic WBC's are normal in number and morphology Platelets are Adequate No hemoparasite seen.

Page 1 of 15



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240082569



Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM Received : 26/Mar/2024 12:40PM

Reported : 26/Mar/2024 12:40PM : 26/Mar/2024 02:03PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Page 2 of 15

DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist



Age/Gender : 37 Y 8 M 20 D/F UHID/MR No : SPUN.0000047003 Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM Received : 26/Mar/2024 12:40PM

Reported : 26/Mar/2024 04:19PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

Status

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR	R, WHOLE BLOOD EDTA			
BLOOD GROUP TYPE	В			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

Page 3 of 15



Dr Sneha Shah



Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 11:22AM
Received : 26/Mar/2024 12:29PM

Reported : 26/Mar/2024 01:22PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	96	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	89	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 15

Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:PLP1437684



Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:40PM

Reported : 26/Mar/2024 03:01PM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) ,	NHOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.5	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 15

DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240038026



 Age/Gender
 : 37 Y 8 M 20 D/F

 UHID/MR No
 : SPUN.0000047003

 Visit ID
 : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:30PM
Reported : 26/Mar/2024 01:28PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
LIPID PROFILE , SERUM					
TOTAL CHOLESTEROL	177	mg/dL	<200	CHO-POD	
TRIGLYCERIDES	41	mg/dL	<150	GPO-POD	
HDL CHOLESTEROL	54	mg/dL	40-60	Enzymatic Immunoinhibition	
NON-HDL CHOLESTEROL	123	mg/dL	<130	Calculated	
LDL CHOLESTEROL	114.45	mg/dL	<100	Calculated	
VLDL CHOLESTEROL	8.18	mg/dL	<30	Calculated	
CHOL / HDL RATIO	3.25		0-4.97	Calculated	
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated	

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

Page 6 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804



Age/Gender : 37 Y 8 M 20 D/F UHID/MR No : SPUN.0000047003 Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784

Collected : 26/Mar/2024 08:41AM Received : 26/Mar/2024 12:30PM

Reported : 26/Mar/2024 01:28PM

: Final Report Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

Status

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 7 of 15

Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804



Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:30PM
Reported : 26/Mar/2024 01:28PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
LIVER FUNCTION TEST (LFT), SERUM					
BILIRUBIN, TOTAL	0.41	mg/dL	0.3-1.2	DPD	
BILIRUBIN CONJUGATED (DIRECT)	0.09	mg/dL	<0.2	DPD	
BILIRUBIN (INDIRECT)	0.32	mg/dL	0.0-1.1	Dual Wavelength	
ALANINE AMINOTRANSFERASE (ALT/SGPT)	14.1	U/L	<35	IFCC	
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15.0	U/L	<35	IFCC	
ALKALINE PHOSPHATASE	70.28	U/L	30-120	IFCC	
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret	
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN	
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated	
A/G RATIO	1.35		0.9-2.0	Calculated	

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated. ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

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Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804



 Age/Gender
 : 37 Y 8 M 20 D/F

 UHID/MR No
 : SPUN.0000047003

 Visit ID
 : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:30PM
Reported : 26/Mar/2024 01:28PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM					
CREATININE	0.63	mg/dL	0.55-1.02	Modified Jaffe, Kinetic	
UREA	16.28	mg/dL	17-43	GLDH, Kinetic Assay	
BLOOD UREA NITROGEN	7.6	mg/dL	8.0 - 23.0	Calculated	
URIC ACID	5.32	mg/dL	2.6-6.0	Uricase PAP	
CALCIUM	8.83	mg/dL	8.8-10.6	Arsenazo III	
PHOSPHORUS, INORGANIC	3.05	mg/dL	2.5-4.5	Phosphomolybdate Complex	
SODIUM	139.94	mmol/L	136–146	ISE (Indirect)	
POTASSIUM	4.0	mmol/L	3.5–5.1	ISE (Indirect)	
CHLORIDE	108.12	mmol/L	101–109	ISE (Indirect)	
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret	
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN	
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated	
A/G RATIO	1.35		0.9-2.0	Calculated	

Page 9 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804



Age/Gender : 37 Y 8 M 20 D/F UHID/MR No : SPUN.0000047003 Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM Received : 26/Mar/2024 12:30PM Reported : 26/Mar/2024 01:28PM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	10.91	U/L	<38	IFCC

Page 10 of 15





Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:30PM

Reported : 26/Mar/2024 01:24PM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
THYROID PROFILE TOTAL (T3, T4, TSH), SERUM					
TRI-IODOTHYRONINE (T3, TOTAL)	0.74	ng/mL	0.7-2.04	CLIA	
THYROXINE (T4, TOTAL)	8.52	μg/dL	5.48-14.28	CLIA	
THYROID STIMULATING HORMONE (TSH)	1.091	μIU/mL	0.34-5.60	CLIA	

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions	
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis	
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.	
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism	
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy	
Low	N	N	N	Subclinical Hyperthyroidism	
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism	
Low	N	High	High	Thyroiditis, Interfering Antibodies	
N/Low	High	N	N	Γ3 Thyrotoxicosis, Non thyroidal causes	
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma	

Page 11 of 15





Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 26/Mar/2024 12:33PM
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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
COMPLETE URINE EXAMINATION (COMPLETE URINE EXAMINATION (CUE) , URINE					
PHYSICAL EXAMINATION						
COLOUR	PALE YELLOW		PALE YELLOW	Visual		
TRANSPARENCY	CLEAR		CLEAR	Visual		
pH	<5.5		5-7.5	DOUBLE INDICATOR		
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue		
BIOCHEMICAL EXAMINATION						
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR		
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE		
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION		
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE		
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION		
NITRITE	NEGATIVE		NEGATIVE	Diazotization		
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE		
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Y				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy		
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY		
RBC	NIL	/hpf	0-2	MICROSCOPY		
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY		
CRYSTALS	ABSENT		ABSENT	MICROSCOPY		

Page 12 of 15



Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 78784

Collected : 26/Mar/2024 11:22AM Received : 26/Mar/2024 12:33PM

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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Page 13 of 15





Age/Gender : 37 Y 8 M 20 D/F
UHID/MR No : SPUN.0000047003
Visit ID : SPUNOPV62414

Ref Doctor : Dr.SELF

Emp/Auth/TPA ID : 78784

Collected : 26/Mar/2024 08:41AM Received : 26/Mar/2024 12:33PM

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Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

Page 14 of 15



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:UF011460



 Age/Gender
 : 37 Y 8 M 20 D/F

 UHID/MR No
 : SPUN.0000047003

 Visit ID
 : SPUNOPV62414

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : 78784 Collected : 26/Mar/2024 08:41AM
Received : 27/Mar/2024 10:28AM
Reported : 28/Mar/2024 04:59PM

Status : Final Report

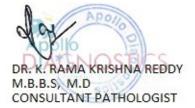
Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CYTOLOGY

LBC PA	BC PAP TEST (PAPSURE) , CERVICAL BRUSH SAMPLE					
	CYTOLOGY NO.	7432/24				
I	SPECIMEN					
a	SPECIMEN ADEQUACY	ADEQUATE				
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)				
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR				
c	ENDOCERVICAL-TRANSFORMATION ZONE	PRESENT WITH ENDOCERVICAL CELLS				
d	COMMENTS	SATISFACTORY FOR EVALUATION				
П	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/malignancy.				
Ш	RESULT					
a	EPITHEIAL CELL					
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN				
	GLANDULAR CELL ABNORMALITIES	NOT SEEN				
b	ORGANISM	NIL				
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY				

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***





SIN No:CS077683



POLLO SPECTRA HOSPITALS

Opp. Sanas Sports Ground, Saras Baug, Sadashiv Peth, Pune, Maharashtra - 411 030. Ph. No: 020 6720 6500 www.apollospectra.com

Name : Mrs. Swadha Upadhyay

Age: 37 Y

Sex: F

Address: Nagpur

Plan

: ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN

INDIA OP AGREEMENT

UHID:SPUN.0000047003

OP Number:SPUNOPV62414 **Bill No :**SPUN-OCR-10567

	INDIA OP AGREEMEN I	Date	e :	26.03.202	24 08:37	
Sno	Serive Type/ServiceName				Department	
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK	- FEM	MAL	E - 2D EC	CHO - PAN INDIA - FY2324	
J	GAMMA GLUTAMYL TRANFERASE (GGT)					
13	2 D ECHO					
<u></u>	LIVER FUNCTION TEST (LFT)					
4	GLUCOSE, FASTING					
	HEMOGRAM + PERIPHERAL SMEAR					
~	GYNAECOLOGY CONSULTATION					
1	DIET CONSULTATION					
8	COMPLETE URINE EXAMINATION					
1 9	URINE GLUCOSE(POST PRANDIAL) [1:15 Am					
10	PERIPHERAL SMEAR					
11	ECG					
12	LBC PAP TEST- PAPSURE					
13	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)					
× 14	DENTAL CONSULTATION					
	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	har				
16	URINE GLUCOSE(FASTING)					
4	HbA1c, GLYCATED HEMOGLOBIN					
_	X-RAY CHEST PA					
	ENT CONSULTATION					
120	FITNESS BY GENERAL PHYSICIAN					
21	BLOOD GROUP ABO AND RH FACTOR					
-	LIPID PROFILE					
23	BODY MASS INDEX (BMI)					
24	OPTHAL BY GENERAL PHYSICIAN					
125	ULTRASOUND - WHOLE ABDOMEN					
20	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)					

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of	Swadha Upadhyay on 26/03/29	
	reviewing the medical history and on clinical examination it has been found ae/she is	
		Tick
•	Medically Fit	1
•	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
	1	
	2	
	3	
	However the employee should follow the advice/medication that has been communicated to him/her.	
	Review after	
•	Currently Unfit.	
	Review afterrecommended	
•	Unfit	
	Dr. Samest show	

General Physician Apollo Spectra Hospital Pune

This certificate is not meant for medico-legal purposes

Dr. Samrat Shah
MBBS MD
Reg No 19197302
Consultant Internal Medicing
Apollo Speciality Hospital



Specialists in Surgery

Date

: 26/03/2024

MRNO

Name Swadha Upadhgay

371F

Department:

Consultant :

Reg. No

Do samoat st

Qualification:

Consultation Timing:

Sport 98-1.

Pulse: 80 un 20 4 20160 B.P: \ Resp: Temp: Weight: 66.3149 Height: 157 BMI: Waist Circum: -

General Examination / Allergies History

Clinical Diagnosis & Management Plan

A notecen Reports Noted Mossonal

found for to join duty

Follow up date:

Dr. Samrat Shah Reg No. 2021097302
Consultant Internative Hospital
Apollo Speciality Hospital

Apollo Spectra Hospitals

Opp. Sanas Sport Ground, Saras Baug, Sadashiv Peth, Pune, Maharashtra - 411030 BOOK YOUR APPOINTMENT TODAY!

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Date MRNO 26/03/2024

Name

swadta upadhyay

Age/Gender Mobile No

3715

Department:

ENT

Consultant :

MBBS, MS (ENT), Head & Neck Surgeon

Reg. No. 2010030364 (MMC)

Mob.: 9890250205

Reg. No

Dr. Shirprakash Qualification:

Consultation Timing:

Pulse:	B.P:	Resp:	Temp:
Weight :	Height:	BMI:	Waist Circum :

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature



Date

26/03/24

MRNO

Name Age/Gender :

Mobile No

Swodha upadhyay

37 IF

Department:

Gyhec

Consultant :

Reg. No

Dr. sayali

Qualification:

karibogam

Consultation Timing:

Pulse:	B.P:	Resp:	Temp:
Weight :	Height:	BMI:	Waist Circum :

General Examination / Allergies History

Clinical Diagnosis & Management Plan

37/185.

MS: 13 185 MIH- Regular elo white discharge LMP-10/3/24.

PILI - 10485.

Breast- Soft

P/A- NAIS.

Plan & healthy

PIVO NAD.

Follow up date:

Doctor Signature







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:40PM : 26/Mar/2024 02:03PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	11.8	g/dL	12-15	Spectrophotometer
PCV	34.90	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.06	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	85.9	fL	83-101	Calculated
MCH	29	pg	27-32	Calculated
MCHC	33.8	g/dL	31.5-34.5	Calculated
R.D.W	13.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,350	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	57.3	%	40-80	Electrical Impedance
LYMPHOCYTES	33.1	%	20-40	Electrical Impedance
EOSINOPHILS	1.8	%	1-6	Electrical Impedance
MONOCYTES	7.1	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3065.55	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1770.85	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	96.3	Cells/cu.mm	20-500	Calculated
MONOCYTES	379.85	Cells/cu.mm	200-1000	Calculated
BASOPHILS	37.45	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.73		0.78- 3.53	Calculated
PLATELET COUNT	170000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	25	mm at the end of 1 hour	0-20	Modified Westergre
PERIPHERAL SMEAR				

RBC's are Normocytic Normochromic

WBC's are normal in number and morphology

Platelets are Adequate

No hemoparasite seen.

Page 1 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240082569

This test has been performed at







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F : SPUN.0000047003

UHID/MR No Visit ID

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID Dr SELE

: Dr.SELF : 78784 Collected

: 26/Mar/2024 08:41AM

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: 26/Mar/2024 12:40PM

Reported Status : 26/Mar/2024 02:03PM

Sponsor Name

: Final Report : ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Page 2 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240082569

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Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID : SPUN.0000047003 : SPUNOPV62414

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : 78784

Collected

: 26/Mar/2024 08:41AM

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ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACT	TOR , WHOLE BLOOD EDTA			
BLOOD GROUP TYPE	В			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

Page 3 of 14



Dr Sneha Shah MBBS MD (Pathology) Consultant Pathologist

SIN No:BED240082569

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

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: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784

Collected

: 26/Mar/2024 11:22AM

: 26/Mar/2024 12:29PM

Received Reported

: 26/Mar/2024 01:22PM

Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dL	70-100	HEXOKINASE
Comment: As per American Diabetes Guidelines, 2023				
Fasting Glucose Values in mg/dL	Interpretation			
70-100 mg/dL	Normal			
100-125 mg/dL	Prediabetes			
≥126 mg/dL	Diabetes		750000000000000000000000000000000000000	
<70 mg/dL	Hypoglycemia			

Note:

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	89	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 4 of 14

MBBS MD (Pathology) Consultant Pathologist

SIN No:PLP1437684

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

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^{1.} The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

Ref Doctor

: SPUN.0000047003

Visit ID

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:40PM

Reported Status

: 26/Mar/2024 03:01PM

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , $W\!H$	OLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.5	%	F	IPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	111	mg/dL	C	alculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 – 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 – 10	
POOR CONTROL	>10	

Note: Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 5 of 14

DR.Saniay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240038026

This test has been performed at Apollo Health and Lifestyle ltd







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Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

Ref Doctor

: SPUN.0000047003

Visit ID

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received

: 26/Mar/2024 12:30PM

Reported Status

: 26/Mar/2024 01:28PM

: Final Report

Sponsor Name

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE, SERUM				
TOTAL CHOLESTEROL	177	mg/dL	<200	CHO-POD
TRIGLYCERIDES	41	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	54	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	123	mg/dL	<130	Calculated
LDL CHOLESTEROL	114.45	mg/dL	<100	Calculated
VLDL CHOLESTEROL	8.18	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.25		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	< 0.01		< 0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	< 0.11	0.12 - 0.20	>0.21	

Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.

Page 6 of 14

Dr Sheha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804







: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No

: 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

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: 26/Mar/2024 12:30PM

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: 26/Mar/2024 01:28PM : Final Report

Sponsor Name

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 7 of 14



MBBS MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

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: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID
Ref Doctor

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784 Collected

: 26/Mar/2024 08:41AM : 26/Mar/2024 12:30PM

Received Reported

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Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT), SERUM				
BILIRUBIN, TOTAL	0.41	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.09	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.32	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	14.1	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	15.0	U/L	<35	IFCC
ALKALINE PHOSPHATASE	70.28	U/L	30-120	IFCC
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.35		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

1. Hepatocellular Injury:

- · AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 8 of 14

Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:SE04675804







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

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: Dr.SELF

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Reported

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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SER	RUM		
CREATININE	0.63	mg/dL	0.55-1.02	Modified Jaffe, Kinetic
UREA	16.28	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	7.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.32	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	8.83	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.05	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	139.94	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.0	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	108.12	mmol/L	101-109	ISE (Indirect)
PROTEIN, TOTAL	7.05	g/dL	6.6-8.3	Biuret
ALBUMIN	4.05	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.00	g/dL	2.0-3.5	Calculated
A/G RATIO	1.35		0.9-2.0	Calculated

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Dr Sneha Shah MBBS MD (Pathology) Consultant Pathologist

SIN No:SE04675804

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

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: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No Visit ID : SPUN.0000047003 : SPUNOPV62414

Ref Doctor

: Dr.SELF

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: 78784

Collected

: 26/Mar/2024 08:41AM

: 26/Mar/2024 12:30PM

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Status

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Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	10.91	U/L	<38	IFCC

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Dr Sheha Shah (Pathology)
Consultant Pathologist

SIN No:SE04675804







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF : 78784 Collected

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20/1VIa1/2024 01.24F1

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH),	SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	0.74	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	8.52	μg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	1.091	μIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- 4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 11 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:SPL24055659

This test has been performed at Apollo Health and Lifestyle ltd-Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender

: 37 Y 8 M 20 D/F

UHID/MR No

: SPUN.0000047003

Visit ID Ref Doctor : SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

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Status

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Sponsor Name

: Final Report

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: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	<5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Υ		
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 12 of 14



Dr Sneha Shah MBBS, MD (Pathology) Consultant Pathologist

SIN No:UR2316307

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: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No : 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID

: SPUNOPV62414

Ref Doctor Emp/Auth/TPA ID : Dr.SELF

: 78784

Collected

: 26/Mar/2024 11:22AM

Received Reported : 26/Mar/2024 12:33PM : 26/Mar/2024 12:55PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick	

Page 13 of 14



DR.Sanjay Ingle M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UPP017395

This test has been performed at Apollo Health and Lifestyle ltd-Sadashiv Peth Pune, Diagnostics Lab







: Mrs.SWADHA UPADHYAY

Age/Gender UHID/MR No : 37 Y 8 M 20 D/F : SPUN.0000047003

Visit ID

Ref Doctor

: SPUNOPV62414

Emp/Auth/TPA ID

: Dr.SELF

: 78784

Collected

: 26/Mar/2024 08:41AM

Received Reported : 26/Mar/2024 12:33PM : 26/Mar/2024 12:45PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

*** End Of Report ***

Result/s to Follow:

LBC PAP TEST (PAPSURE)

Page 14 of 14



SIN No:UF011460

Dr Sneha Shah

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

MBBS, MD (Pathology) Consultant Pathologist



2D ECHO / COLOUR DOPPLER

Name: Mrs. Swadha Upadhyay Age: 37YRS / F Ref by: HEALTH CHECKUP Date: 26/03/2024

LA - 32

AO - 26

IVS - 10

PW - 10

LVIDD - 37

LVIDS - 25

EF 60 %

Normal LV size and systolic function.

No diastolic dysfunction

Normal LV systolic function, LVEF 60 %

No regional wall motion abnormality

Normal sized other cardiac chambers.

Mitral valve has thin leaflets with normal flow.

Aortic valve has three thin leaflets with normal structure and function. No aortic regurgitation. No LVOT gradient

Normal Tricuspid & pulmonary valves.

No tricuspid regurgitation.

PA pressures Normal

Intact IAS and IVS.

No clots, vegetations, pericardial effusion noted.

IMPRESSION:

NORMAL LV SYSTOLIC AND DIASTOLIC FUNCTION. NO RWMA. NO PULMONARY HTN NO CLOTS/VEGETATIONS

DR.SAMRAT SHAH MD, CONSULTANT PHYSICIAN

Apollo Spectra Hospitals: Saras Baug Road, Opp. Sanas Play Ground, Sadashiv Peth, Pune, Maharashtra - 411030 Ph No: 022 - 6720 6500 | www.apollospectra.com



Name	Mrs Swadha . Upadhyay	Age	37 Years	
Patient ID	DD/263/2023-2024/1626	Gender	FEMALE	
Ref By	Dr. Apollo Spectra Hospital	Date	26/03/2024	

USG ABDOMEN AND PELVIS.

The liver appears normal in size, shape and echotexture. No focal lesion is seen. The hepatic venous radicals and intrahepatic biliary tree appear normal. The portal vein and CBD appears normal.

The gall bladder is distended with a normal wall thickness and there are no calculi seen in it. No pericholecystic collection seen.

The pancreas appear normal in size and echotexture. No focal lesion seen.

The spleen appears normal in size and echotexture. No focal lesion seen.

The right kidney measures 10.2x4.8cms and the left kidney measures 10x5.0cms. Both kidneys appear normal in size, shape & echotexture. There is no hydronephrosis or calculus seen on either side.

The urinary bladder distends well and is normal in shape and contour. No intrinsic lesion or calculus is seen in it. The bladder wall is of normal thickness.

The uterus is bulky and measures 8.1x5.1x4.8cms in size. The myometrium appears uniform in echotexture. The endometrium measures 14 mm

Both ovaries are normal in size, shape and echotexture. No adnexal mass is seen.

There is no free fluid or paraaortic lymphadenopathy seen. The aorta and IVC appear normal.

IMPRESSION:

Bulky uterus.

No significant abnormality is seen.

Dr. Lalitkumar S Deore MD(Radiology) (2001/04/1871)

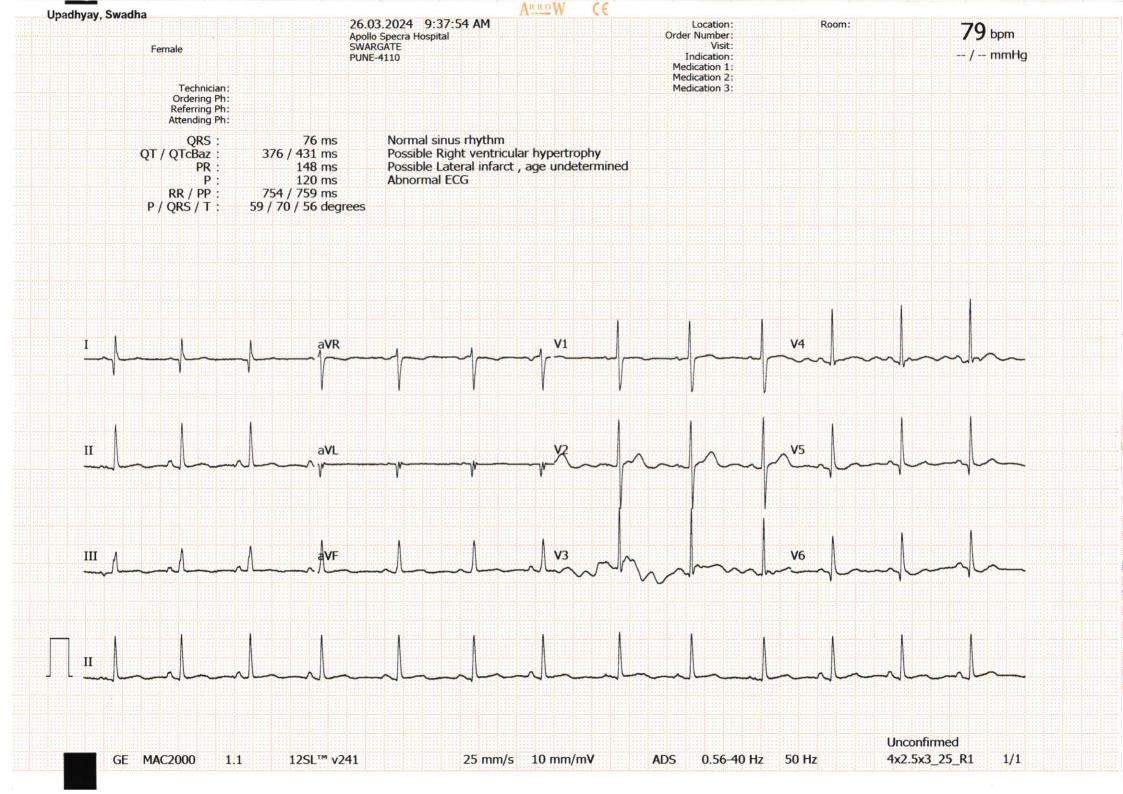




Apollo Clinic

CONSENT FORM

Patient Name: Swadha Upadhyayge: 371 F
UHID Number: Company Name: Arwein:
IMr/Mrs/Ms Swadha Upadhemployee of Arcofem.
(Company) Want to inform you that I am not interested in getting
Tests done which is a part of my routine health check package.
And I claim the above statement in my full consciousness.
Dental Doctor not available
Patient Signature: Date: 26 03 2024



EYE REPORT



ASH/PUN/OPTH/06/02-0216

	Date: 26-3-2020
--	-----------------

Name: miser swadba Upadhya

Ref No.:

Complaint: No. Cotoplaint

R 6/6

Examination

Coldy Vision

L 6/6

NO. HT.N

NO. D.N.

Constacle Rx

		Right Eye				Left Eye			
ne ex	Vision	Sphere	Cyl.	Axis	Vision	Sphere	Cyl.	Axis	
Distance	616	-5.75			6/6	-4:50	-	6	
Read	M	-			LX			-	
	Sphere	CYI	Axis	Vision	Sphere	CYI	Axis	Vision	

Remarks: Make a along R

Medications:	BE COLOUR U'IS	sion test	Norm.
Trade Name	Frequency	Duration	
		-	

Follow up: one year

Consultant:

Apollo Spectra Hospitals

Opp. Sanas Sports Ground, Saras Baug, Sadashiv Peth, Pune, Maharashtra- 411030 Ph: 020 67206500 | Fax: 020 67206523 | www.apollospectra.com



MRS.SWADHA UPADHYAY MR No:

37Y

Age: 37 Years

Location:

Apollo Spectra Hospital Pune

(Swargate)

SPUN.000

Gender:

F

Physician:

SELF

Image Count:

1

Date of Exam:

26-Mar-2024

Arrival Time:

26-Mar-2024 09:35

Date of Report: 26-Mar-2024 9:42

X-RAY CHEST P.A VIEW

HISTORY: Health check up

FINDINGS

Normal mediastinum. No hilar or mediastinal lymphadenopathy.

Cardia is normal in size.

Right Lung field: No focal mass lesion. No collapse. No consolidation.

Left Lung field: No focal mass lesion. No collapse. No consolidation.

The apices, costo and cardiophrenic angles are free. No pleural effusion

No pericardial effusion.

No destructive osseous pathology is evident.

IMPRESSION:

No significant abnormality is seen.

Dr.V.Pavan Kumar.MBBS,DMRD. Consultant Radiologist Reg.No: 57017

A	pointment ld	Corporate Name	Name	Email id	Mobile Agree		nt Action		
	127941	PHASORZ TECHNOLOGIES PRIVATE L	Pratik Madge	Pratik.Madge@Cognizant.Com	9967246094	PHASORZ COGNIZANT AHC	0	8	C
	127662	VISIT HEALTH PRIVATE LIMITED	Mr. Suraj Hange	arko.sarkar@getvisitapp.com	7350323739	VISIT HEALTH NB DIAGON	0	8	C
	127649	ARCOFEMI HEALTHCARE LIMITED	MR. BIPIN KUMAR TIWARI	bipintiwari@gmail.com	9899686440	ARCOFEMI MEDIWHEEL MAI	0	8	C
	127641	ARCOFEMI HEALTHCARE LIMITED	SWADHA UPADHYAY	bipintiwari@gmail.com	9899686440	ARCOFEMI MEDIWHEEL FEN	0	8	œ
	127282	WILLIAMS CONTROLS INDIA PRIVAT	Devidas Talla	kulkarnin@curtisswright.in	8888849947	WILLIAMS CONTROLS INDI.	0	8	C
	127150	WABTEC INDIA INDUSTRIAL PRIVAT	Nandini Dusane	npdusane@gmail.com	9096300110	WABTEC INDIA INDUSTRIAL	•	8	C
	124863	VISIT HEALTH PRIVATE LIMITED	Ms. AISHWARYA GOKHALE	arko.sarkar@getvisitapp.com	8087494596	VISIT HEALTH NB DIAGON	0	8	C
	124587	ACCENTURE SOLUTIONS PRIVATE LI	Ashwini Gujar	s.chandrakant.gujar@accenture.com	9881739501	ACCENTURE SOLUTIONS AF	0	8	C
	124586	ACCENTURE SOLUTIONS PRIVATE LI	Shrikant Gujar	s.chandrakant.gujar@accenture.com	09881739501	ACCENTURE SOLUTIONS AF	0	8	œ





भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार Unique Identification Authority of India Government of India

नामांकन क्रम / Enrollment No.: 0000/00354/24446

To स्वधा उपाध्याय Swadha Upadhyay D/O,A N Upadhyay F No 101 2nd Floor Shivgiri Himalaya Valley Hindustan Colony Amravati Road University Campus University Campus Nagpur Maharashtra 440033

9654723668 MD632060112FH



आपका आधार क्रमांक / Your Aadhaar No. :

4173 3241 8078

मेरा आधार, मेरी पहचान



भारत सरकार Government of India



स्वधा उपाध्याय Swadha Upadhyay जन्म तिथि / DOB : 06/07/1986 महिला / Female



4173 3241 8078

मेरा आधार, मेरी पहचान

Customer Pending Tests
DENTAL DOCTOR NOT AVAILABLE HENCE CONSULTATION NOT DONE