

MER- MEDICAL EXAMINATION REPORT

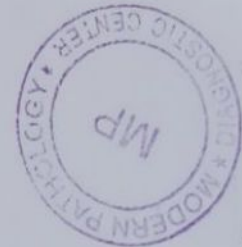
Date of Examination	27/3/24		
NAME	ANJU ARSNE		
AGE	38	Gender	F.
HEIGHT(cm)	156	WEIGHT (kg)	49 Bms 20.1
B.P.	106/68		
ECG	normal		
X Ray	normal		
Vision Checkup	—		
Present Ailments	None		
Details of Past ailments (If Any)	No		
Comments / Advice : She /He is Physically Fit	Medicines fit		

Sharma

Signature with Stamp of Medical Examiner
 Dr. Shilpa K. S. S.
 MBBS, DCP
 Reg. No. 37370

भारत सरकार
Anju Arshi
जन्म तिथि/ DOB: 16/03/1986
महिला / FEMALE
5642 9346 7515
आधार - आम आदमी का अधिकार

आधार प्राधिकरण
INDIA
पता: D/O मोनिस बेगम, 261, सुरक्षा एन्क्लेव-2, राय बरेली रोड, एन्डिको- कालोनी, लखनऊ, लखनऊ, उत्तर प्रदेश - 226025
Address: D/O Monis Begum, 261, Suraksha Enclave-2, Rai Bareilly Road, Eldeco- Colony, Lucknow, Lucknow, Uttar Pradesh - 226025
5642 9346 7515
1800 300 1947 help@uidai.gov.in www.uidai.gov.in P.O. Box No. 1947, Bhopal-466 001





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

CLINIC :
1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Date	: 27-Mar-2024		
Name	: Mr. ANJU ARSHI	Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Haemoglobin	9.9	gm%	14 - 17
Total Leucocyte Count	4200	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	54	%	45 - 70
Lymphocytes	34	%	20 - 45
Eosinophils	05	%	0 - 6
Monocytes	07	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	18	mm in 1st Hr.	0 - 9
PCV	33.7	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 9
Platelet Count	0.86	lakh/cumm.	1.5 - 4.0
Red Cells Count	3.98	million/cmm	3.90 to 5.80
Absolute values			
MCV	84.6	fL	77 - 97
MCH	27.8	pg	27 - 31
MCHC	29.4	gm /dl	31 - 34

Dr. Sanjay Rastogi
Page 11 End Of Report
M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.
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Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 27-Mar-2024	Age	: 38 Yrs.
Name	: Mr. ANJU ARSHI	Sex	: Male
Ref.By	: APOLLO HEALTH		

Plasma Glucose - F GOD-POD Method	85	mg/dl	70 - 110
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Plasma Glucose - PP GOD POD Method	112	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

KFT			
UREA	19.2	mg %	15 - 50
CREATININE	0.68	mg %	0.5 - 1.5
URIC ACID	5.4	mg %	2 - 7
CALCIUM	9.6	mg %	8.8 - 10.0

Blood Group & Rh	"B" Positive		
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LFT T&D			
Total Bilirubin	0.49	mg%	0.2 - 1.0
Direct Bilirubin	0.16	mg%	0.0 to 0.40
Indirect Bilirubin	0.33	mg%	0.10 to 0.90
S.G.P.T	10	IU/L	5 - 40
S.G.O.T	06	IU/L	5 - 50
ALP	76	IU/L	40 to 129

Serum Gamma G.T.	18	IU/L	11 - 50
------------------	----	------	---------

Urine Sugar (Fasting)	NIL		
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Urine Sugar (PP)	NIL		
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Date : 27-Mar-2024	Age : 38 Yrs.
Name : Mr. ANJU ARSHI	Sex : Male
Ref.By : APOLLO HEALTH	

LIPID PROFILE

Triglycerids	100	mg%	70 - 190
S. Cholestrol S.	169	mg%	130 - 230
S. HDL Cholestrol	40.6	mg%	35 - 75
S. LDL Cholestrol	108.4	mg%	75 - 150
VLDL	20	mg%	0 - 34
Chol / HDL factor	4.16		
LDL / HDL Factor	2.67		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lowers LDL and raises HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Beta-blocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date : 27-Mar-2024
Name : **Mr. ANJU ARSHI** Age : 38 Yrs.
Ref.By : APOLLO HEALTH Sex : Male

THYROID TEST

Tri-iodothyronine (T3)	1.90	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	3.32	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 27-Mar-2024		
Name	: Mr. ANJU ARSHI	Age	: 38 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.3	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0 %		
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

Dr. Sanjay Rastogi
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Date : 27-Mar-2024

Name : Mr. ANJU ARSHI

Age : 38 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.020	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	0-1	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

Page 5 (Continued)
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Mob.: 7618884441, 9450389932, 8177069371



TEST REQUEST ID :012403270032	SAMPLE DATE	:27/Mar/2024 09:17AM
NAME :Mrs. ANJU ARSHI	SAMPLE REC. DATE	:27/Mar/2024 09:17AM
AGE/SEX :38 YRS/FEMALE	REPORTED DATE	:27/Mar/2024 11:24AM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01270032

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (122 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (105 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 98 x 38 mm & LK -95 x 42 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus is normal in size (73 x 52 x 39 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal 5.9 mm. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

Bilateral Ovaries and adnexae Both ovaries are normal in size, shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: NORMAL STUDY.

*** End Of Report ***

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M.B.B.S., DCP, CRIAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

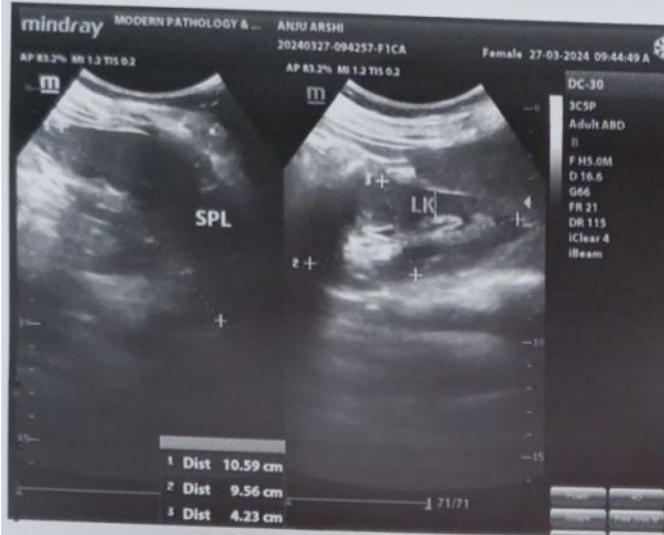
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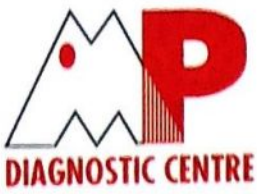
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TEST REQUEST ID :012403270032	SAMPLE DATE	:27/Mar/2024 09:17AM
NAME :Mrs. ANJU ARSHI	SAMPLE REC. DATE	:27/Mar/2024 09:17AM
AGE/SEX :38 YRS/FEMALE	REPORTED DATE	:27/Mar/2024 12:28PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01270032

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

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DMRD
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Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mrs Anju Arshi
Ref By. Apollo Health

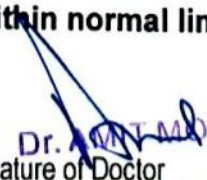
Age/Sex 38/F
27/03/2024

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	64/mt
3. Ventricular Rate	:	64/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.


Signature of Doctor MD
Reg. No. 44559

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Name ANJU ARSHI

Age --- Yrs

M/F CARDIO 10mm/mV

25mm/s

0.1-35 Hz

BLC

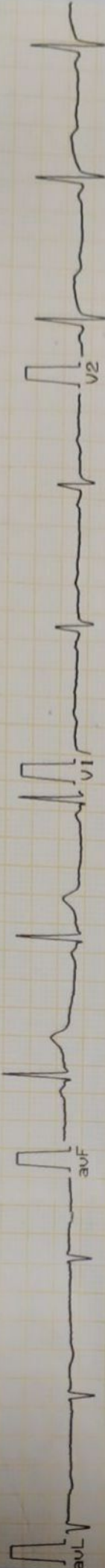


Adv

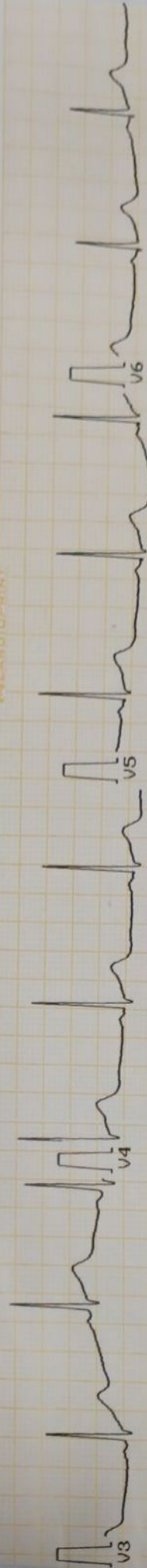
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Dr. ---

EKG CARDIOPRINT



EKG CARDIOPRINT



Dr. AMIT MOHAN

Reg. No. ~~44558~~



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SAMPLE DATE : 27/03/2024
NAME : Mrs Anju Arshi
AGE/SEX : 38/YRS/FEMALE
REFERRED BY : Apollo Health

Test Name	Result	Bio. Ref. Range	Unit
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CLINICAL PATHOLOGY TEST REPORT

PAP

GROSS:

Smears collected from the ecto and the endo cervix. Slides prepared and stained with PAP stain.

MICROSCOPIC:

Smears studied show adequate representing material, comprising mainly of squamous epithelial cells. These cells have abundant pale pink eosinophilic cytoplasm and normal appearing round to oval nuclei. Smears from the endocervix show fair number of "stripped nuclei" of the endometrial cells. Occasional small cluster of the endometrial cells are seen. These cells have indistinct cellular borders, scanty basophilic cytoplasm and oval nuclei with clumped chromatin. Smears from both the sites are mildly infiltrated with inflammatory cells, mostly polymorphs

IMPRESSION: SMEARS SUGGESTIVE OF NORMAL PAP SMEAR WITH MODERATE INFLAMMATION

*** End Of Report ***

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Gomti Nagar Lucknow

Report



ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg
 Date: 27 - 03 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	069	38 %	106/68	073	00	
Standing	00:07	0:04	00.0	00.0	01.0	069	38 %	106/68	073	00	
HV	00:11	0:04	00.0	00.0	01.0	070	38 %	106/68	074	00	
ExStart	00:41	0:30	00.0	00.0	01.0	077	42 %	106/68	081	00	
BRUCE Stage 1	03:41	3:00	02.7	10.0	04.7	130	71 %	106/68	137	00	
BRUCE Stage 2	06:41	3:00	04.0	12.0	07.1	143	79 %	124/82	177	00	
PeakEx	07:42	1:01	05.5	14.0	08.2	159	87 %	140/92	222	00	
Recovery	08:42	1:00	00.0	00.0	01.1	126	69 %	136/90	171	00	
Recovery	09:42	2:00	00.0	00.0	01.0	103	57 %	128/88	131	00	
Recovery	10:42	3:00	00.0	00.0	01.0	098	54 %	124/84	121	00	
Recovery	10:55	3:14	00.0	00.0	01.0	094	52 %	122/80	114	00	

FINDINGS :

Exercise Time : 07:01
 Max HR Attained : 159 bpm 87% of Target 182
 Max BP Attained : 140/92 (mm/Hg)
 Max WorkLoad Attained : 8.2 Fair response to induced stress
 Test End Reasons : Test Complete , Fatigue , Stopped By Client

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.

Dr. ANANT MOHAN
 Reg. No: 4559

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BRUCE:Supine(0:05)

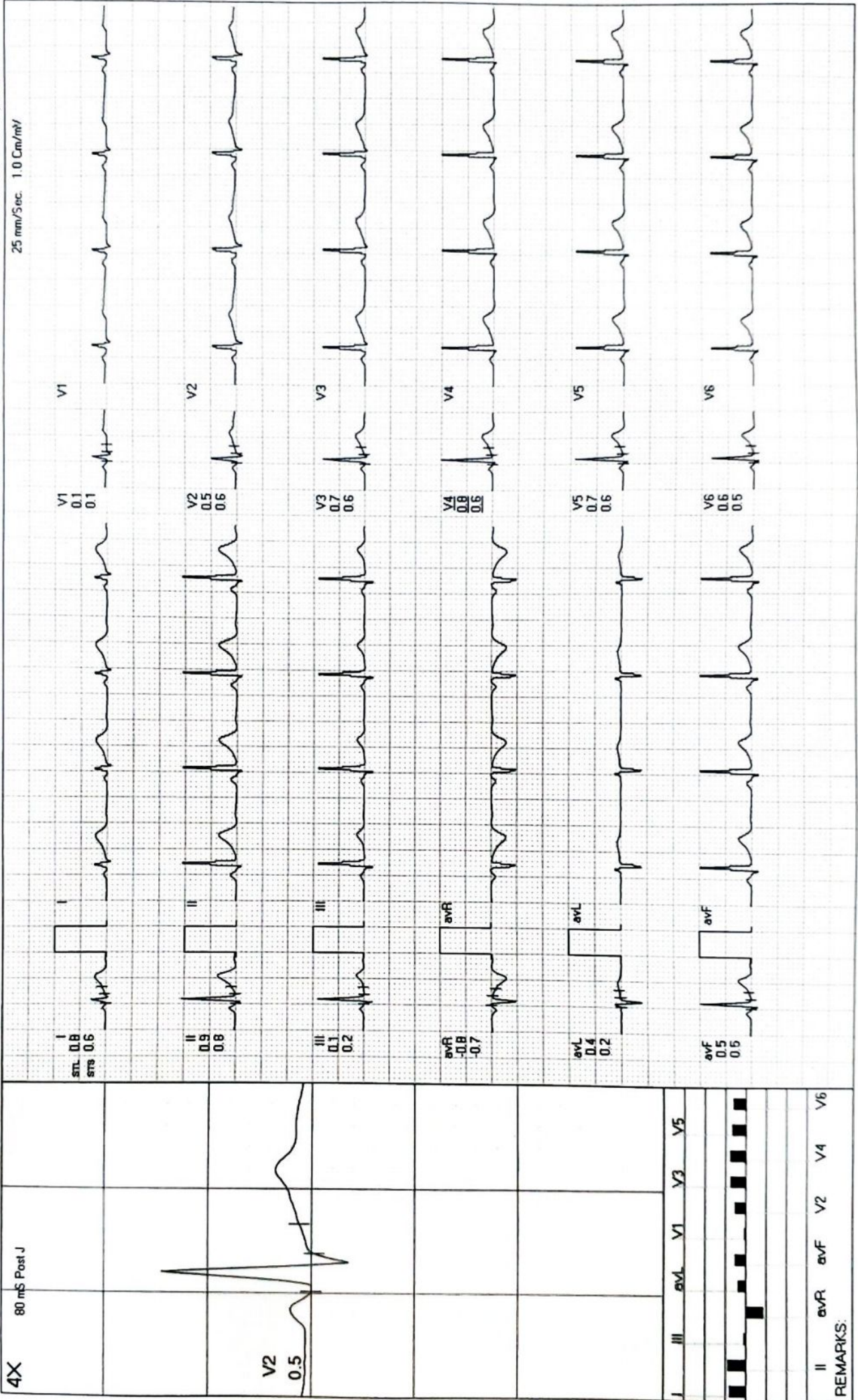


ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 69

Date: 27-03-2024

METS: 1.0/69 bpm 38% of THR BP: 106/68 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph. 0.0%



REMARKS:

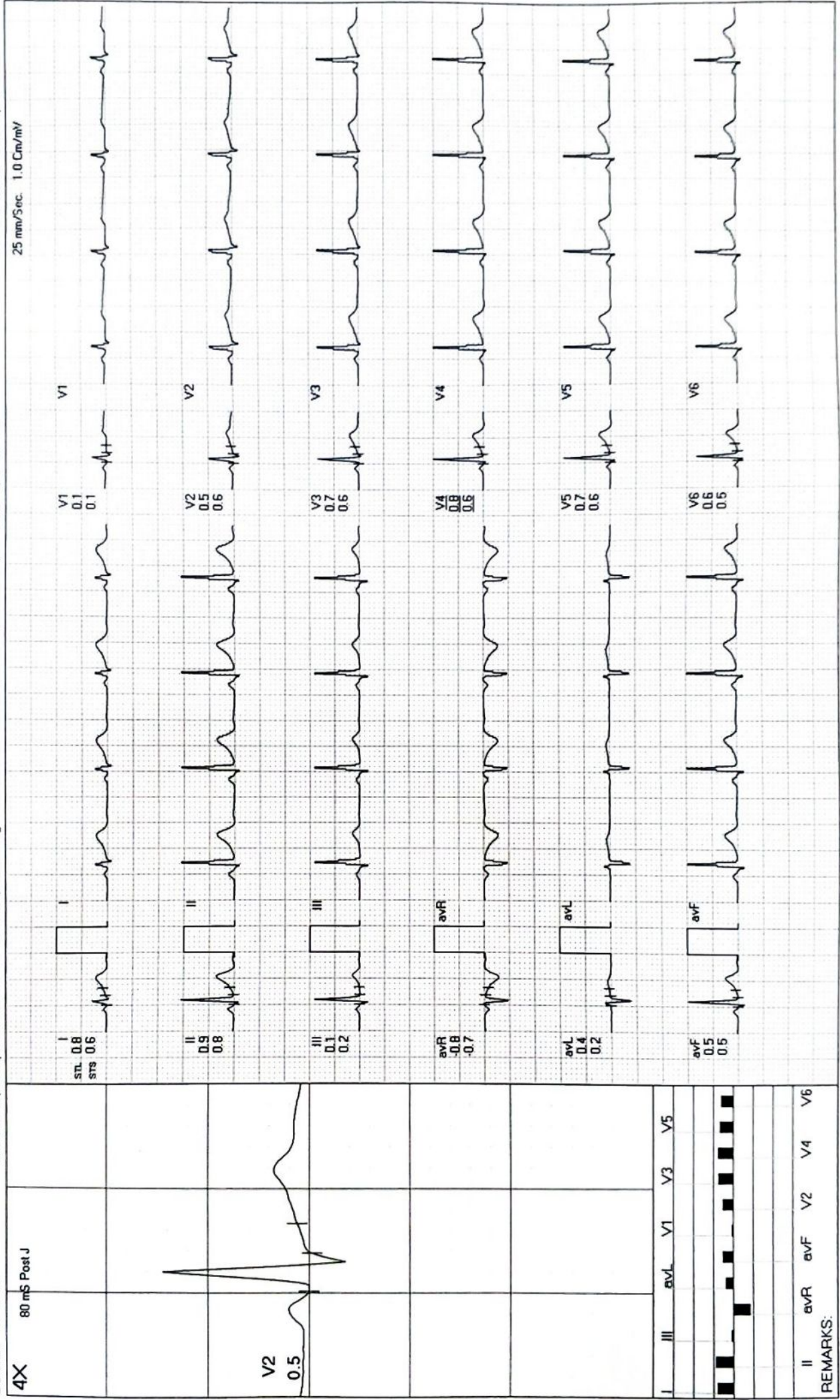
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BRUCE: Standing(0:04)



ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 69

Date: 27 - 03 - 2024 METS: 1.0/ 69 bpm 38% of THR BP: 106/68 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Kmph. 0.0%



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 77

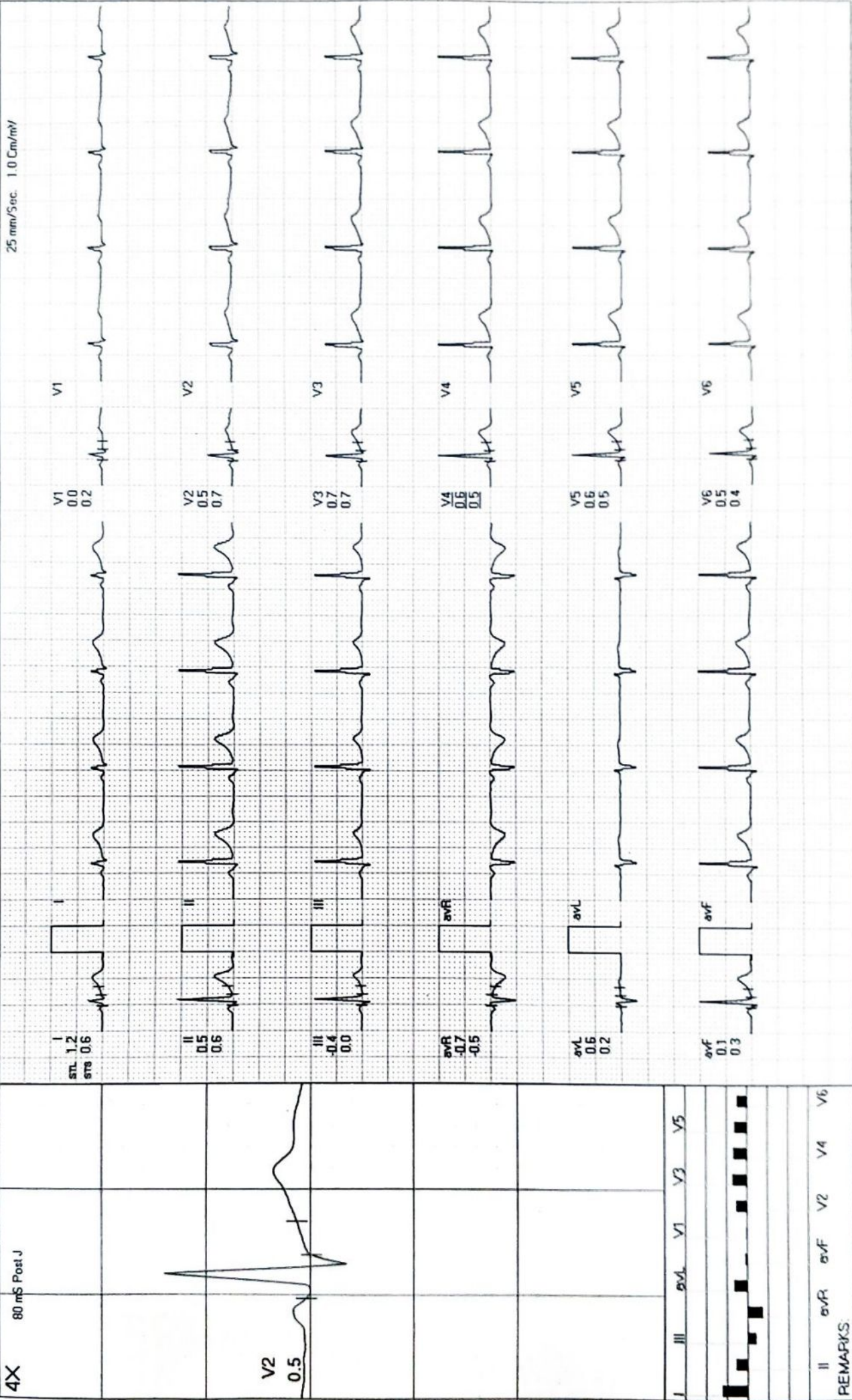
ExStart



Date: 27 - 03 - 2024

METS: 1.0/77 bpm 42% of THR BP: 106/68 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph, 0.0%



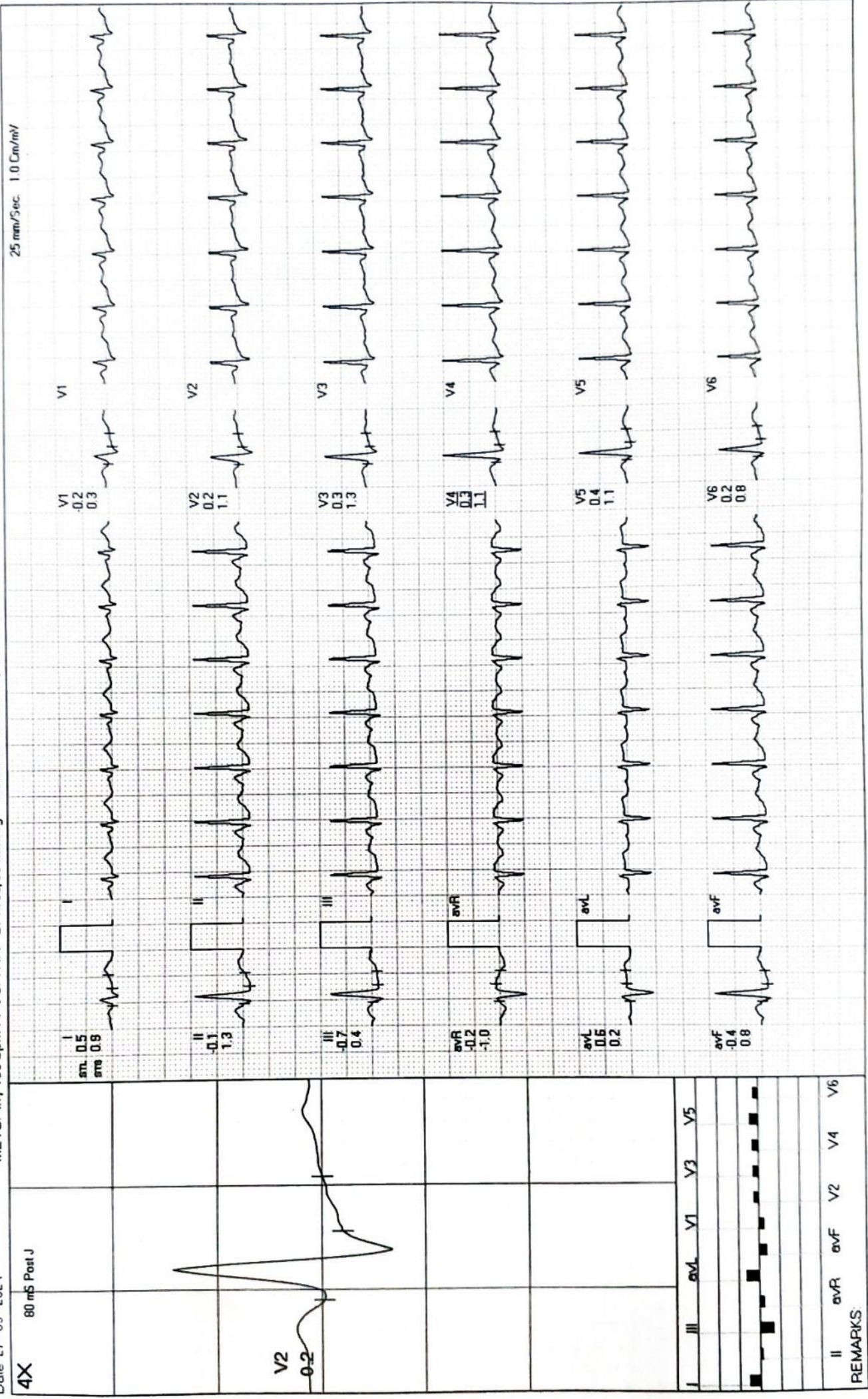
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BRUCE: Stage 1(3:00)



ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 130

Date 27-03-2024 METS: 4.7/130 bpm 71% of THR BP: 106/68 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime 03:00 2.7 Kmph. 10.0%



REMARKS
II aVR aVF V2 V4 V6

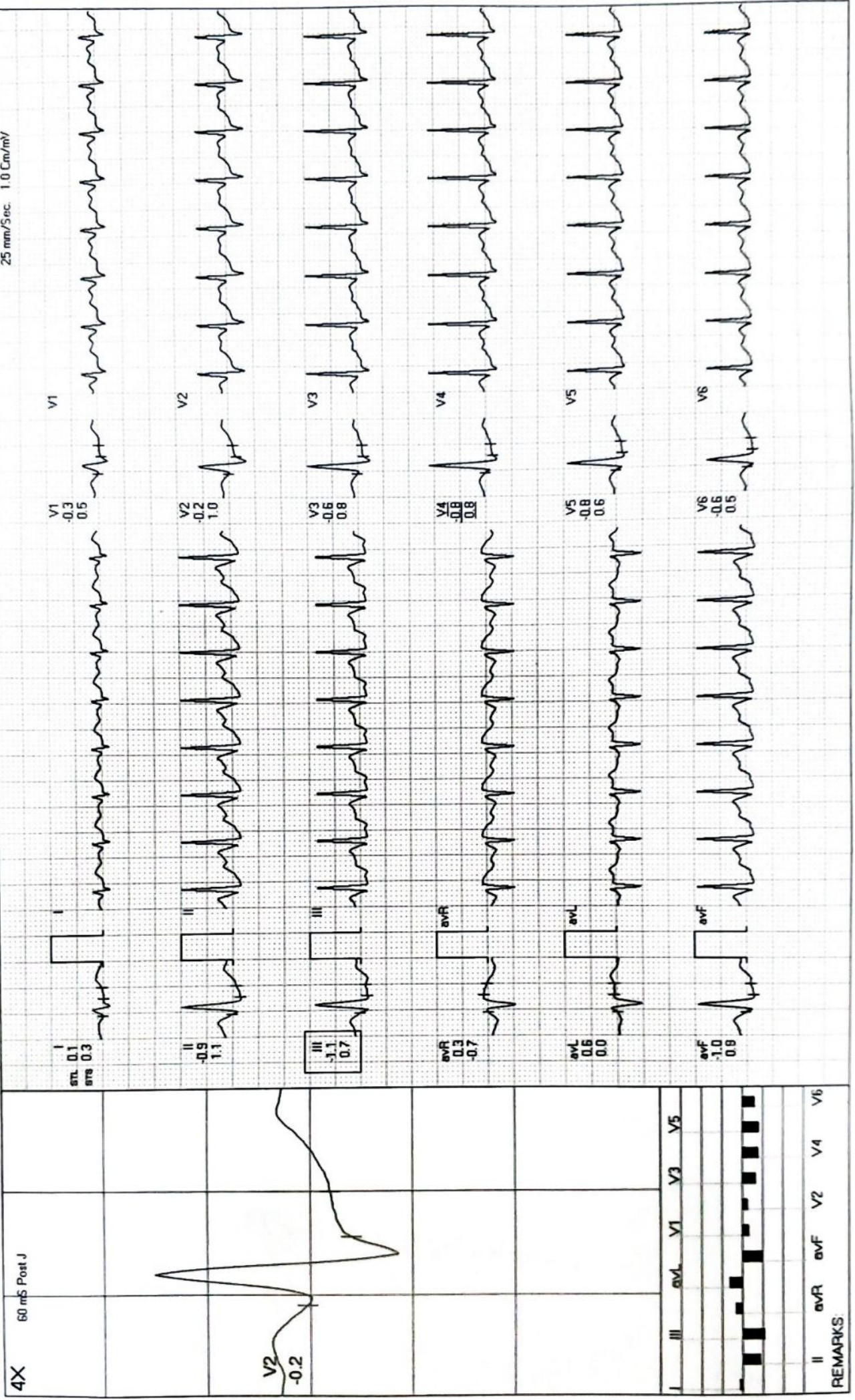
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 143

BRUCE: Stage 2(3:00)



Date 27 - 03 - 2024 METS: 7.1/143 bpm 79% of THR BP: 124/82 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 06:00 4.0 Kmph. 12.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS

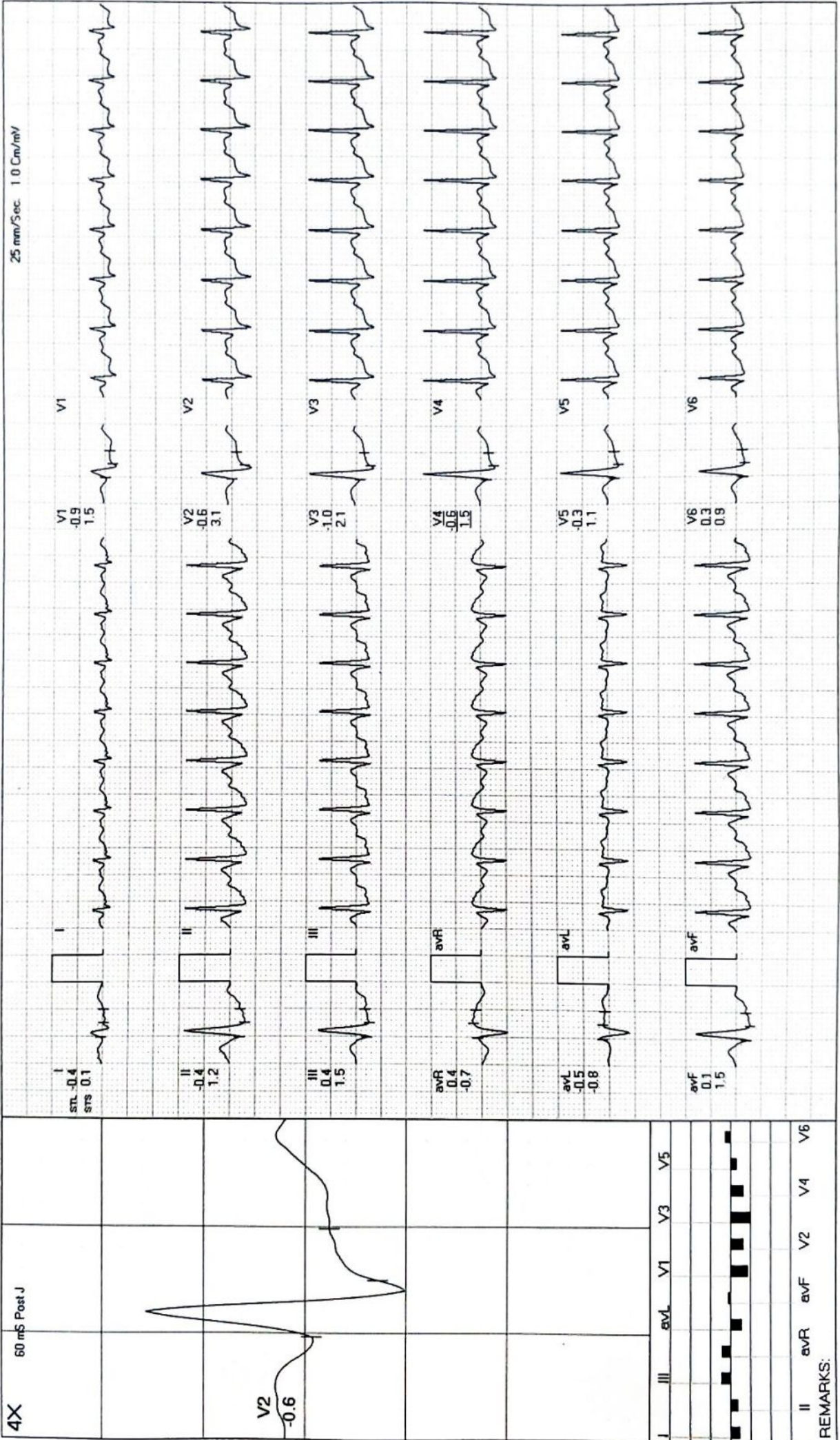
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 159

PeakEx



Date: 27-03-2024 METS: 8.2/159 bpm 87% of THR BP: 140/92 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz ExTime 07:02 5.5 Kmph. 14.0%



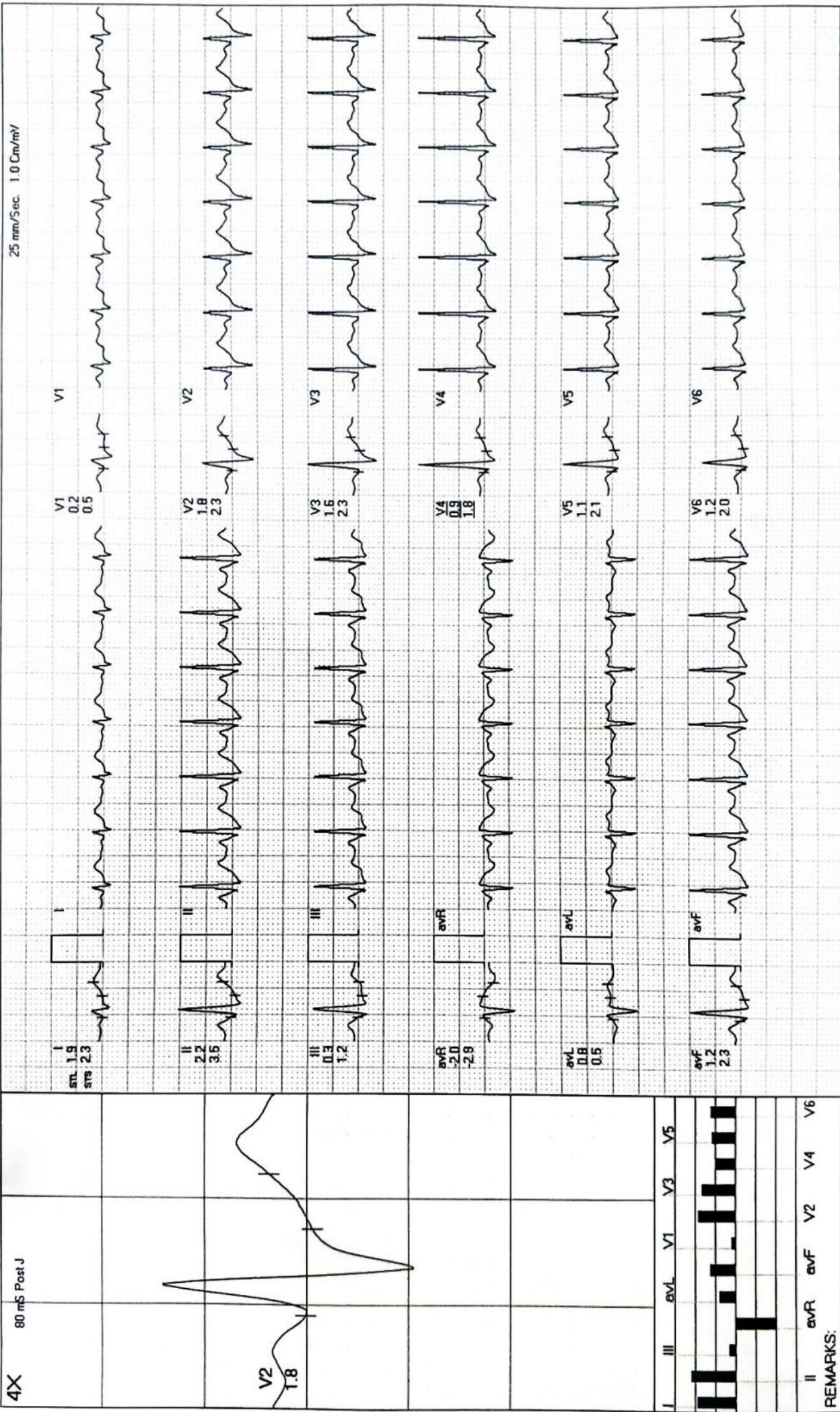
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 126

Recovery(1:00)

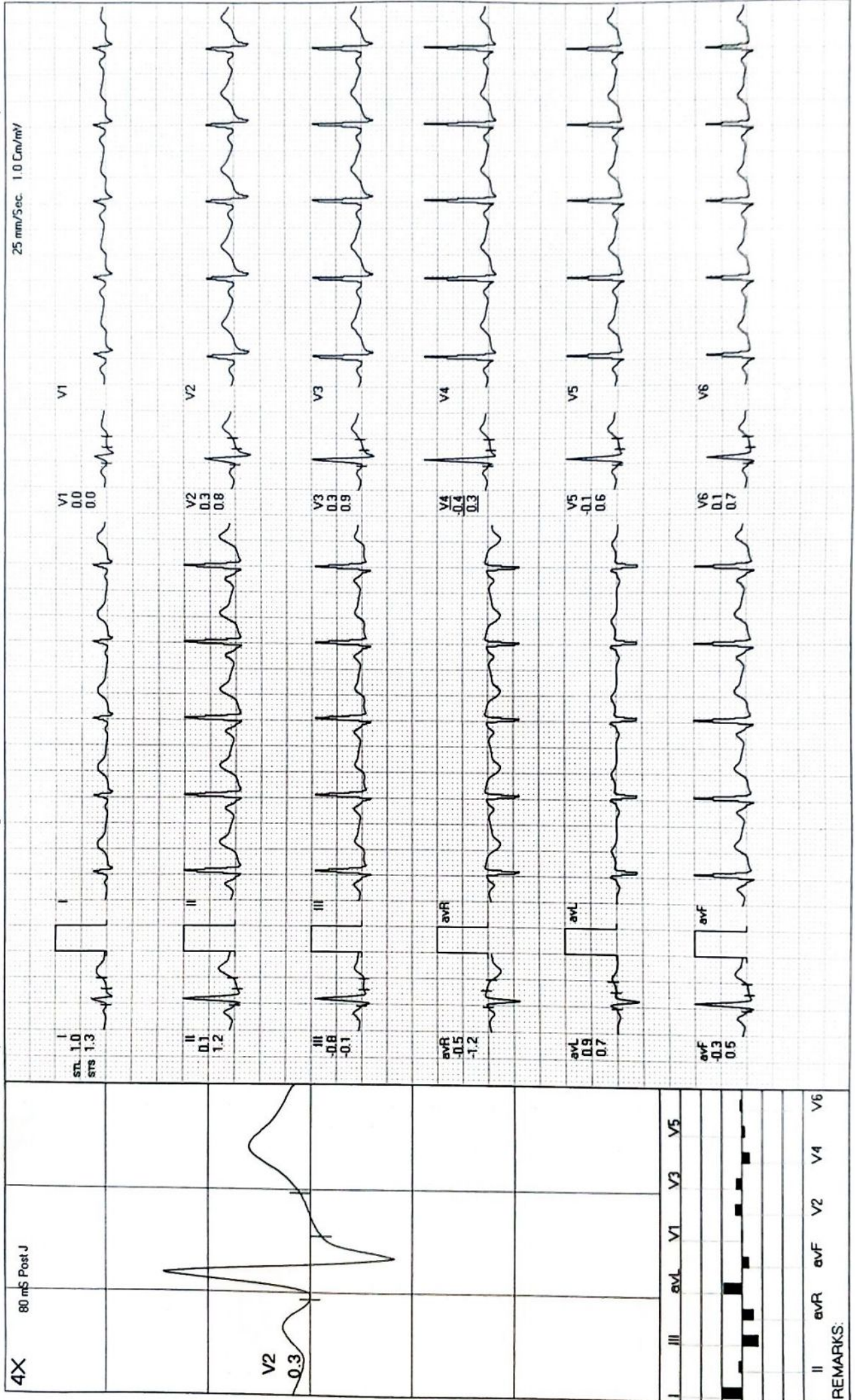


Date: 27-03-2024 METS 1.1/126 bpm 69% of THR BP 136/90 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime 07:01 0.0 Kmph 0.0%





Date 27-03-2024 METS: 1.0/103 bpm 57% of THR BP: 128/88 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 07:01 0.0 Kmph. 0.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS:

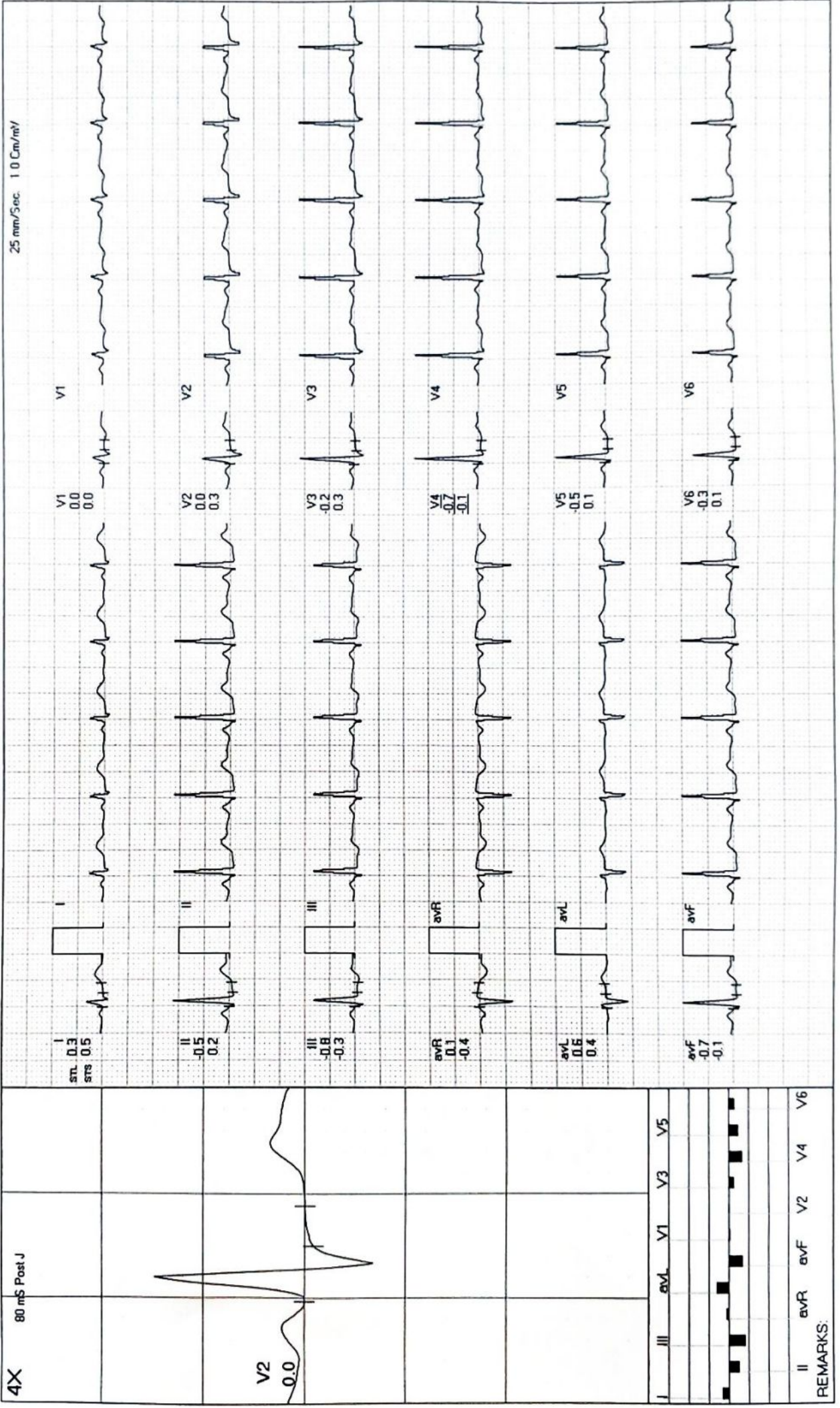
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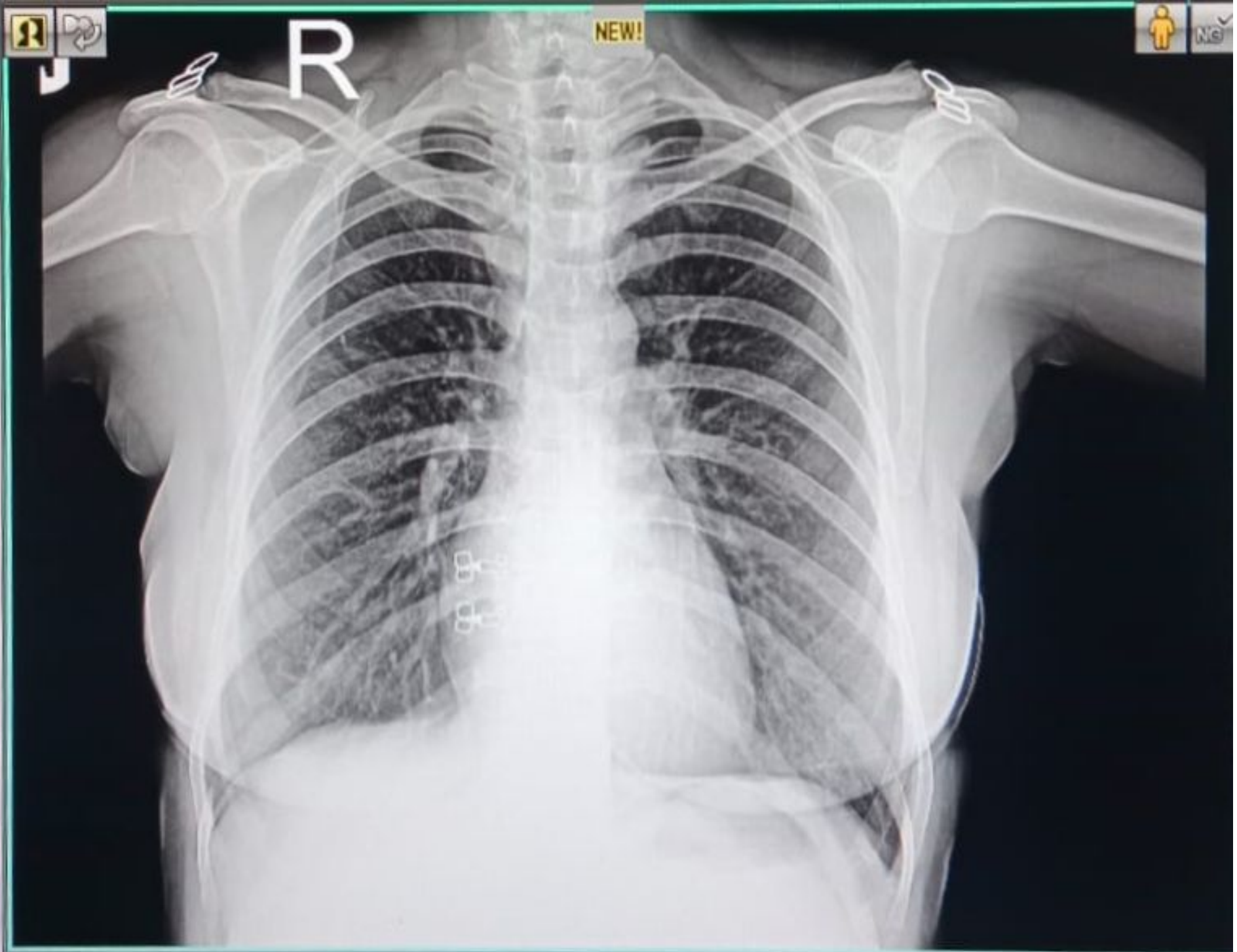
*** ANJU ARSHI / 38 Yrs / F / 156 Cms / 49 Kg / HR : 94**

Recovery(3:14)



Date 27-03-2024 METS: 1.0/94 bpm 52% of THR BP: 122/80 mmHg Combined Medions/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 07:01 0.0 Kmph. 0.0%





24032703961 MRS ANJU ARSHI 00 YRS F DR SELF CHEST PA
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